

PORT LUDLOW VOICE

All About Monsters and Ghosts , pg. 4
Biology of Fear, pg. 7
Performing Arts Features PEAR, pg. 13

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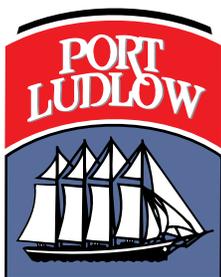
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The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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The Voice Online

Breaking News and Announcements: Find information that was not available when the *Voice* went to press.

Expanded Articles: Read complete versions of articles and articles only appearing online, found on the Announcements Page.

Local Artists: See examples of local artists' work and get contact information. See the Performing Arts Schedule.

Letters to the Editor: Read comments, criticisms, and suggestions from other readers on Read Online.

Advertising Information: Find out how to place classified and display ads. Access advertising websites from ads.

Voice Archive: Locate current and any previous issue of the *Voice* with Read Online. Scan for specific topics using our search engine (Home Page).

Web Cams: Get up-to-date weather and road information (Home Page).

Do it all on *plvoice.org*, your guide to events in and around Port Ludlow.

ON THE FRONT COVER

Fall Migration.

Anonymous

ON THE BACK COVER

Trick or Treat Dilemma.

Submitted photo

Feature Articles

From the Editor's Keyboard

by Beverly Browne, Managing Editor



Beverly Browne.

Halloween, also known as “All-hallows Eve” and “All Saints’ Day,” is observed by a number of countries, including the U.S., on October 31. Originally the eve of a western Christian feast, Halloween was dedicated to remembering dead saints, martyrs, and faithful believers. In most places, it has morphed

into a child’s evening of trick or treat, scary masks and costumes, and horror movies. I remember my childhood Halloweens as jolly good times, going from house to house with a small gang of rag-tag neighborhood kids collecting goodies. In those days, no one worried about sugar, whether the handouts would be tainted, or whether costumes would catch fire. I’m not saying this was good; I am saying it was an evening free of adult supervision and we liked it.

A big part of the fun was scaring the heck out of yourself and other kids. The masks and costumes were part of that, but more important factors were darkness (which turned familiar streets into creepy pathways bordered by skeletal trees) and the ability to imagine ghosts in the shadows. We didn’t think of “Freddie” or “Jason” because those terrifying characters had not hit the silver screen. Chainsaw and ax murders were pretty far from our minds. There was a lot to be afraid of without them.

In honor of those glorious days of yesteryear, the *Voice* staff has focused on the topic of fear for this October issue. We have tried to look at fear from a number of perspectives. You will find articles that address biological, psychological, and social aspects of fear. We have included a discussion of horror and why people are so attracted to it. We have also examined our experiences and presented them in a group article. Perhaps you will remember similar experiences as you read this collection of short accounts.

Last, I would like to put in a plug for fear as an emotion. Fear is often viewed as negative. Of course, it can be when it is unreasonable and interferes with the conduct of one’s life – as in the case of phobias. But imagine what a dangerous place a world without fear would be. Fear

serves an important function in survival of individuals and groups and without it we would be unlikely to avoid danger and inclined to put ourselves in peril. None of that explains the enormous attraction people have to the eerie or dangerous, but we hope there will be insights in the pages to come.

The opinions in this editorial are those of the author. Comments may be sent to the Voice Managing Editor. Letters will be posted on the Voice website, plvoice.org.

Ghost Stories

by Gayle Refbord, Contributing Writer

Ghost stories were told to me by my father, mother, uncles, and aunts, as well as listened to on the radio. As a young girl with a vivid imagination, these scary ghost stories could keep me awake at night. I remember a Halloween party we had at my house at which my mom told ghost stories in a dark kitchen. I can’t remember what the tale was exactly, but I distinctly remember that the eyeball being passed around was actually a peeled grape, and the green bean was supposed to be the witch’s boney finger. And, even today, ghost stories are always told around a campfire.

Since ancient times, ghost stories have been passed down from generation to generation. The belief in ghosts is based on the idea that a person’s spirit exists separately from one’s body and continues to exist after death. Because of this belief, many societies used funeral rituals as a way of ensuring that the dead person’s spirit wouldn’t return to haunt the living.

Ghost stories exist in most cultures in one form or another. Some are told to keep children from staying out at night, wandering in the woods, or simply being wary of strangers. Or, maybe, just to scare them.

Ghost stories are always appealing. They fill us with fear and dread but when they’re over, we can grip each other’s arms for dear life, share our fears, and then sometimes, laugh. Some stories are so good they demand to be told over and over again. They become our favorites because they are scary, but predictable, something life rarely is. There is the anticipation, drama, wild screams, and a predictable climax. And, after the story ends, we can slip safely back to the comfort of our friends and family as the story fades from memory.

Perhaps we love ghost stories because they offer us some control over our terror. Perhaps that’s why we hang on

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to them and tell them to our children and grandchildren. As we become the story teller, instead of the listener, and watch the same reactions we had play out around a campfire, we realize that though the faces have changed, the reactions are universal. They help us to bond, ride the rush of adrenaline and create memories on starry nights with those we love and care about and, ultimately, leave us feeling better ourselves.

Where Have All the Monsters Gone?

by Rick Refbord, Contributing Writer

Every time I turn around it seems I am reading about zombies, hearing about zombies on the radio, watching trailers of zombie movies on television. Even the Pentagon has a contingency plan for a worldwide zombie apocalypse in an unclassified document found by CNN entitled *CONOP 8888*. Enough with the zombies already!

Horror movies have come a long way since the silent vampire movie *Nosferatu: A Symphony of Horror* was released in 1922. But even in a silent movie, this had a monster viewers could really sink their teeth into. The classic monsters that began appearing on the big screen back in the 1930's in black and white had a strong literary background. *Frankenstein* by Mary Shelley, *Dracula* by Bram Stoker, *The Wolf Man* by Curt Siodmak and, of course, all the great stories written by Edgar Allen Poe. These monsters and demons had a more personal approach to terror than a horde of mindless brain-eating zombies.

I could feel the anguish that Lon Chaney Jr. portrayed as he realized that it was the night of the full moon and the change into the hideous wolf man was upon him. Let's not forget the angst that was almost tangible when Boris Karloff, as the Frankenstein monster, tried to go outside the castle and be normal, only to find the villagers chasing him with pitchforks and torches. I'll bet none of us can ever forget the manner in which Bela Lugosi spoke the line, "Good Evening," which became the definitive line that comics, actors, and kids playing monster in the backyard still use today. I'll wager that no one reading this article can remember even one of the actors from *Night of the Living Dead*, of those that bothered to watch it at all.

In the good old days, movies were special; they were an event, something we could look forward to for weeks as we waited for *The Creature from the Black Lagoon* to come to town. TV was in its infancy and 80" flat screens were not even an idea. Society seemed to hold movies in higher esteem then and appreciated the skill in which the actors actually became the creatures. It was entertainment at its finest. Today however, movies are all around us in every form imaginable. Horror movies have become a

time-filler, something to do until something better comes along. We record them for later viewing at our leisure, we carry laptops where we stream them, we view them on flat screens in every room of the house, or in cars and vans, heck, even our smart phones. It's no longer special, it's the norm.

Zombie movies are low-budget, low-risk, high-reward investments, not art. The art of scaring the audience has almost disappeared, I fear. For me, classic horror films in black and white, with poor sound quality, viewed with popcorn at hand, and the lights out will always be the best.

The Yeti among Us

Partly Adapted from Erik Lactis, "Bigfoot Believers," *Seattle Times*

There are legends of a race of giant hairy creatures known as Sasquatch or, alternatively, Bigfoot hiding in the forests of Washington. There have been sightings on the Olympic Peninsula, particularly in the area of Lake Cushman. People purport to have heard, smelled and seen them. Foggy pictures and videos of the creatures have been taken. But are they real, a figment of over-active imaginations, or a hoax?

Rhettman Mullis, a Bellevue psychologist, estimates that there are 100,000 Bigfoot living in North America. He claims to have actually seen one. He has samples of hair and casts of footprints to prove it. He is co-authoring a book with Bryan Sykes, a human genetics professor, on the topic. Mullis claims that, when he was 10, he saw a Bigfoot taking a swim.

Sykes went to the extent of having hair samples analyzed at the University of Oxford. They joined other samples from across the world. It took two years but results were announced in July 2014. The hairs were all from known species, raccoons, bear, cows, wolves and horses. It's a discouraging result but not one that disproves the existence of an unknown species.

Pearl Prihoda, Granite Falls Bigfoot historian, claims to have seen a Sasquatch. She claims it was an 8 foot tall dark creature covered with hair. This squares with the fuzzy photos, all of which show an ape-like creature with long swinging arms.

Kathleen Adams, a former resident of Gibsons on the Sunshine Coast of British Columbia and a friend of one of the Voice Staff, swears to have seen one. On a "dark and stormy night," she was driving down the main road in that area when a tall creature with long red-brown hair came out of the woods and crossed in front of her car. She said it was very upright with a long stride and was in no way bear-like. She reports that her body reacted instantly, with

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Yeti continued from previous page

the hair on her arms standing straight up way before she was able to form the conscious thought, “Sasquatch.”

No Bigfoot body has ever been found which is interesting if the projected population estimates are correct. No hunter has ever trapped or shot one. Nevertheless, Skamania County has adopted the creature. Don’t shoot one there. It is a felony. North Bonneville has a Bigfoot Bash and Bounty celebration to attract tourists.

Jim Claus, professor of classics at University of Washington says he think of Bigfoot as a protohuman. It’s a concept that has been around since antiquity, the idea of creatures that existed before that were larger and more ferocious. What do you think?

Things that Scared Me

There are lots of things that terrify people. Some of them are rational; some are not. Some of the *Voice* staff volunteered to share some of their scary moments. Do you have any of your own?

Barb Berthiaume: I signed up for swimming lessons when I was 11; the final test was to dive off the high diving board. The instructor assured me that all I had to do was relax and I would float to the top. I dove in and sat on the bottom of the pool and waited to bob up. I waited until I thought my lungs would burst. In a panic, I clawed my way towards the surface believing I was going to drown. The next thing I remembered was the lifeguard hovering over me. For me, swimming is not a sport; it is survival.

Bev Browne: When we were living in South Africa, there was a little shopping center close by and a trail across the veldt to get there. Or you could drive. One nice afternoon I decided to walk to the store via the shortcut. Veldt is mostly grass, but this was tall grass. I couldn’t even see around the bend in the trail. South Africa had a stupendous crime rate at that time. Coming from a safe place, I didn’t worry about walking when I started out. But, as I was lah-de-dahing down the path, I got to thinking that it was very isolated and taking the shortcut might not have been a very good decision. That spooked me. I took the long way back.

Janet Force: When I was about four years old, I shared a bedroom with my three older sisters. One night they found me sleepwalking, rummaging through the drawers in their dresser and proceeded to wake me up. That was a terrifying experience that still makes me shudder when recalled. It felt like I was being pulled up from a deep-deep pit, dropped down, time after time, until I was

certain I’d never rise again. The anti-climax, when asked what I was looking for, I told them, “the line to put the pickles on.”

Autumn Pappas: What scares me? Snakes. High Stakes. Clowns. Frowns. Rocky airline flights. My clothes fitting too tight. Bad dentists. A bold menace. Lies. Loud cries. Public speaking. Harsh critiquing. Large alligators. Broken elevators. Extreme heights. Long dark nights. Procrastination. Vaccination. Outer space. Becoming part of the rat race. Indecision. Cloudy vision. Getting lost. Climbing costs. Horror movies. Contracting cooties!

Rick Refbord: One memory stands out the best. After failing to catch a single fish in an ice fishing derby in Iowa, my partner’s young nephew broke through the ice in 12 feet of water. Even though he could swim, he only came up twice. I wasn’t waiting for another, so I jumped in and got him pushed over to a safety line his uncle was holding. When I was running towards him, my feet had just left the ice when I thought to myself “Oh this is going to hurt”. I really didn’t panic until I could not get up on the ice, since it was crumbling away, but after about two minutes (seemed like an hour), I was able to get back on solid ice. I rolled until I hit the rocks on the shore. I haven’t been ice fishing since.

Gayle Refbord: The worst thing for me in my childhood near the Mississippi was the summer shadflies. They spend up to a year underwater before they emerge as adults and take flight. Millions of them appear at the same time and rest on every available surface, houses, cars, roads, and even people. I was extremely afraid of them and freaked out when one was near me, although they aren’t dangerous and only live for about 24 hours. I remember camping when an emergence occurred. The sky was literally black with shadflies. They covered the tent, our towels, chairs, trees, and the guy across the road asleep on a lawn chair. I remember swatting them away as they tried to land on me. I was terrified they would get in my hair. The thought of them still makes me shudder and squirm.

Mary Ronen: Scary movies, especially the Stephen King ones. Violence, either in real life or in the movies. The thought of walking in the woods and meeting up with a cougar. Heights. Rickety wood bridges. Crazy drivers.

Bev Rothenborg: Once upon a time when I was young and fearless, I traveled alone to England intending to visit a friend who was living there. While traveling around the country, I lost my suitcase and was told to check at Victoria Station because I had been on one of the trains. The male attendant there said that he would take me to their storage area for lost luggage. We descended in an old lift. I was getting rather nervous. When we hit the bottom

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and the doors opened and I saw hundreds of pieces of lost luggage, I started to have a panic attack. Here I was beneath London with a strange man among towering racks of moldering luggage. What a perfect place to hide a body, I thought. And my family would never know what had happened to me.

The Squeaking Door

by Linda Karp, Contributing Writer



Remember the old Philco?

Submitted photo

I still remember the most frightening experiences of my childhood. On certain evenings after dinner, when my father went off to a meeting and we were alone, my mother and I would sit at the kitchen table listening to our Zenith Bakelite radio.

My mother and I would hold hands across the table as the sound of the squeaking door filled the room. “Slowly the shadowy figure came down the basement steps as I cowered in the corner.” On this particular night it was *Inner Sanctum*, but it could just as easily have been *Suspense*.

In my dreams I still experience the masked ball I heard on *Suspense* one night. Everyone entered the ballroom dressed in silk and damask, their faces covered with decorated masks. At midnight everyone unmasked. They were headless. Horror is much more intense when it exists only in your mind’s eye.

The whole nation reacted with panic to the “Invasion from Mars,” when Orson Welles presented the program the day before Halloween, October 30, 1938. The performance that evening was an adaptation of the novel, *War of the Worlds* by H.G. Wells.

The problem with this performance was that Welles had, in order to heighten the dramatic effect, changed the play so that it would sound like a newscast about an invasion from Mars. It began with lovely dance music interrupted a number of times by fake news bulletins reporting a huge flaming object falling from the sky. The actors presented themselves as witnesses and reporters. “Good heavens, something’s wriggling out of the shadows like a gray snake,” they said. They described the creature as black, shiny, with tentacles, and with saliva dripping from its rimless lips.

There had been a short explanation at the beginning of the program that it was a radio play and another explanation 40 minutes into the program. Both were missed by most of the audience.

The reaction was panic. People hid in cellars, packed the roads, loaded guns and even wrapped their heads in wet towels to protect themselves against the Martians’ poison gas. These panicked people were ridiculed for confusing fiction with fact. Radio had allowed them to see the invasion with their imagination as absolutely real — in their minds’ eyes.

Fear and Assessment of Danger in Everyday Life

by Beverly Browne, Managing Editor

They are many explanations for why people fear certain things. Some fears, such as fear of serpents and spiders, may have evolutionary causes or be rooted in personal experience and culture. Cognitive explanations stress the effects of an individual’s perceptions of amount of risk associated with being in a particular situation. In the latter case, fear results from a subjective judgment about the severity of risk to an individual or group. These judgments may or may not be based on fact. When people are in situations they deem risky, they are likely to feel fearful. These feelings may cause them to escape the situation or avoid it in the future.

A common fear is fear of flying. The traveler may have been told that flying is thousands of times safer than driving, but he or she still feels anxious. The same is true of public perceptions of nuclear energy. Although the public is told that it is safe, they don’t trust it. Irrational fears, such as these, are persistent and hard to change. More and better information may not do the trick. The question is why?

Psychologists have found that personal control over the event is a factor in perception of danger. People will

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accept a much larger risk without fear if it contains an element of personal control than they will if it does not. Driving a car is a voluntary action on the part of the driver and generally not regarded as terribly risky by him or her. In lower risk air travel, the traveler has no control over the operation of the plane. As a result, anxiety about the flight is likely to be higher.

When humans judge risk, they often depend on short cut rules called heuristics. One important one is availability. When an event or thing is highly available, it can be easily brought to mind. Both the size of the damage when things go wrong and media coverage of the event affect availability and the perception of future risk. Airplanes that crash killing large numbers of people receive extensive coverage compared to car crashes. Similarly, nuclear disasters such as Chernobyl or Three Mile Island create a lot of damage over long periods of time and get press. This leads to greater perception of risk and greater fear that there may be future negative consequences. Such events are salient and easily remembered.

People are not good at long-range thinking. They generally are more concerned when problems are immediately observable than when the effects are far in the future. Thus, above ground hazardous waste disposal which can be seen will cause more concern than burying the same material underground, even though the containers may be leaking. Slow moving dangers, such as climate change cause the least concern. Those dangers sneak up on us.

Stress as a Response to Fear

by Jamie Deering, Contributing Writer

Stress has taken over from infectious diseases, heart disease, cancer, and stroke as the number one cause of death in the United States and most of the Western world. Most of us know that stress causes the body to release biochemicals like cortisol and adrenaline. Prolonged presence of these chemicals in the body from constant stress initiates a breakdown of the immune system.

Essentially, stress is a response to fear. When someone is in a fearful state, he is said to be “stressed out.” The body cannot be relaxed (peaceful) and fearful at the same time. When the fear response is activated, the body goes into a survival state, drawing resources away from the outer portions of the body, i.e. hands and feet, to the torso where vital organs are stored. This is handy if you are being pursued by a bear as it gives you the needed rush to run (although this might not be the wisest response to a bear chasing you.)

The problem arises when the body never returns to a relaxed state; when the perception of danger is ever-present. Most of our stress comes from imaginary threats — not enough time or money — rather than actual threats. The body does not distinguish between the two, becomes trapped in fear, and begins to break down, less able to fight off those ever-invading pathogens. Muscles remain tight and frozen in stress. They impinge on nerves and lack the oxygen they need to function properly.

We live in a culture reticent to promote relaxation. Yet, this is the necessary practice to counter the effects of our fearful perceptions. The natural healing process of the body is initiated in a relaxed state. Reducing stress comes through removing oneself from the constant barrage of stimulation and by learning ways to transform the habit of perceiving danger.

Here are some simple ways to develop a relaxed mind and body:

- Practice soft and gentle breathing during the day. Set a timer and when it goes off, take 3-5 gentle deep breaths, and then reset the timer.
- Practice yoga.
- Use massage to develop body awareness of your body and experience a relaxed state.
- Learn basic muscle relaxation techniques.
- Regularly unplug from your technical devices. Never sleep with them.
- Take a vacation.
- Let meals be a break from work.
- Walk regularly, paying attention to and enjoying your surroundings.
- Practice grateful thinking; list five things for which you are grateful at the start and end of you day.

Port Gamble Ghost Conference, Ghost Walk, and Special Investigation

by Rick Refbord, Sports Editor and Contributing Writer

Port Gamble is a hotspot for paranormal groups, psychics, and investigators. It is home to the Walker-Ames house, allegedly the most haunted building in the state of Washington. With recorded evidence going back to the 1950's, there are stories from nearly every building in town. According to the website, anyone who has walked the streets after dark, explored Buena Vista cemetery, or

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Port Gamble continued from previous page

joined in a ghost walk or investigation doesn't need to stay too long before they know that Port Gamble is the place to go for paranormal activity.

In 2007, Port Gamble started offering a Candlelight Mystery Tour, which was soon changed to the Port Gamble Ghost Walk. It is a guided tour highlighting the town's history of the paranormal and includes tours of the more active buildings in town. It starts at 7:00 p.m. at the historic Port Gamble Museum and ends at 9:30 p.m. The dates run from October through March. You must be 16 or older to attend, cost is \$20 per person and reservations are required. Call 360-297-8074 for reservations and availability.

In 2010, the annual Port Gamble Ghost Conference was established. It is a 3-day conference starting **Friday, October 24** and ending **Sunday, October 26**. The cost is \$55 and includes classes, panel discussions, tours, and investigations of the paranormal activities in Port Gamble. It is held at the Hood Canal Vista Pavilion. There is a registration form available on their website which lists the schedule of events, the conference speakers, and options for investigations at one of five locations for additional fees. They will also be holding a silent auction at the conference and will announce the winners on **Sunday, October 26**. All proceeds of the auction benefit the Port Gamble Cemetery Headstone Restoration Project. Visit the website at portgamble.wix.com/pt-gamble-paranormal.

In 2012, special investigations were added, giving the opportunity to spend 2-1/2 hours investigating the paranormal at the Walker-Ames house with a knowledgeable staff member. It is suggested that you bring a flashlight and recording equipment for this opportunity. You must be 16 or older to attend, the cost is \$30 per person, and reservations are required. Call 360-297-8074 for dates, reservations, and availability.

Ask Doc: What Should You Know About Breast Cancer?

by the Physicians and Staff of Jefferson Healthcare

October is breast cancer awareness month. The American Cancer Society 2014 estimates for breast cancer in women in the US are:

- About 232,570 new cases of invasive breast cancer.
- About 62,570 new cases of carcinoma in situ (CIS), a non-invasive, early form of breast cancer.
- About 40,000 deaths from breast cancer.

Based on the findings from the Jefferson County 2014 Community Health Needs Assessment, the primary cause of more than 1 in 4 Jefferson County deaths was cancer. The most frequent new cancers among Jefferson County residents were prostate cancer, followed by breast cancer. The most common new cancer in the state is breast cancer.

In the US, the chance of a woman having invasive breast cancer during her life is about 1 in 8. The chance of dying from breast cancer is about 1 in 36. Breast cancer death rates have been going down. This is probably the result of finding the cancer earlier and better treatment. Right now there are more than 2.8 million breast cancer survivors in the United States.

Breast cancer is one of the more treatable cancers with early detection. In August, 2014 researchers from the University of Washington and Swedish Cancer Institute in Seattle sought to evaluate the characteristics and outcomes of women 75 years and older with mammography-detected breast cancer. The results showed that in this group, mammography detection of cancers increased from 49 percent to 70 percent, most often at stage I. The authors concluded that mammography was equally as important for cancer detection for older women as for younger women.

There is no sure way to prevent breast cancer. For most women, you can lower your risk of breast cancer by changing the risk factors. Being overweight, lack of physical activity, and poor diet have all been linked to breast cancer. The best advice is, to reduce the risk of breast cancer get regular physical activity, reduce weight gain with fewer calories, and avoid or limit alcohol intake.

If you have questions that you would like addressed in future columns, please submit them via email to kburke@jhg.org or mail them to Kate Burke, Jefferson Healthcare, 834 Sheridan, Port Townsend WA 98368.

How Can I be Gone if I'm Still Here?

by Beverly Browne, Managing Editor

There are 566 Native American tribes recognized by the U.S. government. However, there are at least 200 that are not. That doesn't sit well with the tribal members who are in an excluded group. One such tribe is the Chinook, the tribe that helped Louis and Clark discover the Northwest. Other Washington tribes that have not received recognition are the Duwamish, the Snohomish, the Mitchell Band Nooksacks, the Whidbey Island Snoqualmie, the Steilacoom and others.

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Non-recognition has large effects on what tribal members can do and the benefits they receive. Among them are federal grants and the right to run a casino. Non-recognized don't receive federal reservation land. Without a land-base, economic success is difficult to achieve. There is also the issue of identity and the maintenance of tradition. Both are in jeopardy when cultural heritage is denied.

Thus, it is no surprise that there is strong support among the First Nations for liberalizing the rules. The process currently begins with a letter of intent presenting the historical, anthropological, social, political, genealogical, and other evidence supporting the claim of being a Native American. A majority of the tribe must be descendants of tribal ancestors dating back to at least 1900. The tribe's cultural heritage must be continuous.

Obtaining the information required for recognition is difficult, time consuming and expensive to put together. A complicating factor is that a tribe may be recognized by a state but not by the federal government. Also, a tribe can be eliminated by bureaucratic fiat if deemed small enough. That is what happened to the Chinook 12 years ago.

The Obama Administration has proposed new rules that would create a faster track toward recognition. The public has until September 30 to comment on the rule changes. The rules and revisions are available on the internet.

The Unbreakable Bond

by Rick Refbord, Sports Editor

There exists a special, unbreakable bond between a hunter and his dog. Oh, I know what you are thinking. What about the bond between a husband and wife, or between a child and a parent? I am lucky enough to have a bond like that with my wife, Gayle, and thank my lucky stars, I have also shared that special bond with two hunting dogs in my life.

There are two schools of thought for keeping a hunting breed, inside or outside. It's inside only for us. My first hunting dog came with Gayle, as well as a cat, boat, and a very "sweet" 1976 Trans Am.

Our first dog was part Labrador and part Blue Tick hound. He and his litter mate had been abandoned and were found on an island in the Mississippi river by a friend of Gayle's. They jumped in the water and swam for all they were worth to get saved. They were little balls of greasy fluff. Ours was given the name Crisco, but was called Cris. He had long legs, a great nose and he loved to hunt

game birds. He would naturally stay about 20 yards ahead of me, flushing pheasants out of the tall grass. He also loved his people and was a great protector. He would start the night on the foot of the bed, then hop down to lay at the top of the stairs and guard us as we slept. He passed at the age of 14 and we mourned for seven years until there was room in our hearts for another.



Shadow.

Photo by Gayle Refbord

Our next dog was a female black lab named Shadow. I just think females are smarter, but that is another story. She came home with us at 7 weeks old with the understanding that she was to be an outside dog. I built the kennel with a dog house and cement floor so it was easy to keep clean. When Shadow was three months old, Gayle left on business for a week and I found myself lonely, so I brought Shadow in the house.

I was busted when Gayle found black hair in the bed. She finally relented and Shadow was officially an inside dog. She was large for a female at 100 lbs., but had a very gentle disposition. She was a great duck hunting dog but also did exceptionally well in the field as a bird dog. Sadly, she passed at age ten from complications of diabetes. She was almost completely blind.

I asked a lot from both dogs in the field or in the marsh and they asked a lot from me. It was never about "limiting out," but more about the time spent enjoying the outdoors. It was important to get at least one bird per trip so the dogs

continued on next page

Bond continued from previous page

and I could feel we had done what we had set out to do. If I should miss, they each had their own way of showing their displeasure. Cris would turn back, run around me and stop for just a second, long enough to give that “look.” When I missed a duck, Shadow would jump and push me with her front feet as if to say, “Hey, don’t miss!”

While remembering all the things we did together, all the hunting trips get fuzzy with details out of focus and hard to pin down. They were both trained with love and positive reinforcement. They both hunted with me out of that love, and the desire to please, to get that congratulatory pat on the head and the “atta boy” or “atta girl.”

In writing this, I realize it comes directly from my heart, and I have shared many smiles and tears with Gayle. If this story has brought you a smile, or even a tear or two, then I have successfully shared with you the absolutely unbreakable bond between a hunting dog and its master.

Lost Crab Pots Trouble Puget Sound

Crabbing has been good this year, judging from the number of free crabs I’ve been offered. They were delicious but there is a dark side to the business of catching them. Crabbers sometimes don’t come back with all their pots.

Over 12,000 crab pots are lost in Washington state’s Puget Sound every year, costing an estimated \$700,000 in lost harvest revenue, and more poignantly, damaging the sea floor environment. Using sonar to find the pots, divers and scientists venture into the waters to clean up and learn why pots are lost.

Recreational and commercial crabbing in Washington’s inland waters is a popular pastime and an important seafood industry. But thousands of crab pots are lost every year, abandoned on the sea floor. The lost pots continue to attract Dungeness and red-rock crabs for up to two years, trapping them until they die. The dead crabs then attract more crabs. “It just keeps on self-baiting itself,” said Joan Drinkwin, programs director at the Northwest Straits Foundation, which spearheaded the crab pot cleanup project a decade ago.

Crabs are not an endangered or threatened species, so what’s the issue? Scientists have estimated that a derelict crab pot can impact up to 30 square feet of the sea floor around it, depending on where the pot landed. For example, a pot digging out cavities in the sea floor can damage eel grass beds. “If you think about 12,000

pots sitting out there every year, and you add that up, the numbers are pretty alarming in terms of the kind of impact they are having on marine habitat,” Drinkwin said.

Research by the Northwest Straits Foundation has found a variety of reasons why pots are left behind. Lines attached to the pots can be cut by boats, a problem exacerbated when people place pots in heavily used waterways. Badly tied knots can come undone. Pots are left in water that’s too deep for the line. And sometimes, even sabotage among competing fishermen is a cause.

After using sonar to pinpoint crab pots on the sea floor, a diver plunges into the cold, dark Puget Sound waters using a rope with a weight thrown near the located pot as a guide. Once the pot is found, it’s tied to the rope and reeled in. The team uses divers in an attempt to minimize the impact on the sea floor. In a 2010 trip to Boundary Bay near the U.S.-Canada border, the team found over 1,000 pots in a six-square-mile area. “When the divers went down to remove them, they tripped over the pots,” Drinkwin said.

More than 336,000 animals from more than 240 species have been found in derelict fishing nets and crab pots according to the foundation. The nets have killed porpoise, sea lions, Chinook salmon, and many more species. Since 2002, the Northwest Strait Foundation teams have removed 4,700 nets and 3,400 crab pots from the Puget Sound. The law requires fishing vessels to report a lost net without penalty.

Crabbing is relatively easy and accessible, but that also leads to people setting up pots without knowing how to do it well. Finding every lost pot is impossible, so divers focus on areas with high concentrations of pots. The program includes some targeted removals in ecologically sensitive areas and prevention campaigns to educate crabbers. The Northwest Straits Foundation would also like crab pots used in Puget Sound to have appropriate escape mechanisms.

Did You Know?

In Ireland and Scotland, the turnip has traditionally been carved during Halloween. Immigrants to North America used the native pumpkin, which is both much softer and larger, and easier to carve than a turnip. The American tradition of carving pumpkins is recorded in 1837 and was originally associated with harvest time in general, not becoming specifically associated with Halloween until the mid-to-late 19th century.

Eating Around: Point Hudson Café

by Mary Ronen, Voice Production Editor

If you haven't already done so, go to Point Hudson Café in Port Townsend. It is located at 130 Hudson Street in Point Hudson Marina. You may have known it as Otter Crossing some years ago.

The café is open seven days a week for breakfast and lunch, from 8:00 a.m. until 3:00 p.m. Breakfast is served until 11:30. Sunday brunch is offered until 2:00 p.m. It doesn't take reservations. It does accept meal sharing. The atmosphere is warm and friendly, with a nice view of the marina. Local art is hanging on the walls. Beer and wine are available.

The day my friend and I chose to go it was too late for breakfast, so we decided to try the lunch. There was plenty to choose from: a variety of soups and salads, sandwiches and burgers. Other lunch specialties include clams and pan-fried oysters. My friend decided on a beautifully-done broiled salmon, which was glazed with sweet chili sauce along with rice pilaf and salad for \$16. I had the crab cakes which were accompanied by a very nice coleslaw and home-fried potatoes for \$15.

We decided to make a second trip, this time for breakfast. The breakfast menu features an array of scrambles, hash, waffles and pancakes, along with traditional breakfasts. We both chose a prawn frittata which was filled with prawns, green chiles and bacon, and topped with parmesan cheese. A choice of home-fried potatoes or black beans was offered; we chose the potatoes.

Both visits to the Café were pleasing and the food was delicious. Try it!

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Arts and Entertainment

This section features news on Port Ludlow arts and entertainment events, as well as a performing arts calendar for Jefferson, Clallam and Kitsap Counties. Submit news and calendar items to Beverly Rothenborg, editor, at bevrothenborg@broadstripe.net by the 10th of the preceding month.

PEAR Creating a Buzz on the Country Scene

by Barbara Wagner-Jauregg, Guest Writer



Lynae and Denis Dufresne are PEAR, and indeed are a pair, as witnessed by their obvious chemistry.

Provided photo

Two terrific musicians, Lynae and Denis Dufresne, began their professional touring career in 1997 as members in the cast of Barrage, the most successful fiddle show in the world. After finishing with the show in 2003, they joined a host of top country, folk, and rock music acts lending their fiddle, mandolin, guitar, and vocal abilities. They quickly became two of the most sought-after live and session players in Canada. After taking time off the road and settling in Calgary, Alberta, they soon grew antsy and formed PEAR. Port Ludlow Performing Arts is pleased to present this award-winning duo at the Bay Club on **Saturday, October 25**, at 7:30 p.m. Doors open at 6:30 p.m. for seat selection and an informal social with wine and other beverages available for purchase.

Married in life and music, with Lynae as the songstress and Denis as the musical backbone, these world-class fiddlers and multi-instrumentalists (songwriters, too), found PEAR quickly developing a grassroots following in Canada, Europe, and the U.S.

Their music received a standing ovation at a Canadian Country Music Association (CCMA) brunch for the music industry in 2011, and in 2012 won the International Songwriting Competition for country. In addition, Denis has received multiple nominations and two wins from CCMA in the category of Fiddle Player of the Year and Mandolin Player of the Year; both of them were nominated in 2012 for Fiddle Player, the first time a husband and wife were nominated against each other. PEAR was nominated for a 2012 Canadian Folk Music Award, for English Songwriters of the Year; and the Association of Country Music in Alberta named PEAR the Group of the Year in both 2012 and 2013.

Denis and Lynae have opened for a truly diverse group of performers including Alanis Morissette, Alan Jackson, Barenaked Ladies, Tim McGraw, Martina McBride, Tammy Wynette, Paul Brandt, and Counting Crows.

Concert attendees are urged to visit Alan Ahtow's unique collection of digital images infused on metal, a process that gives a photograph a distinctive dimension and visual resonance. A new Port Ludlow resident, Ahtow is a member of the Port Ludlow Artists' League. The collection is displayed in the Bay Club's Gallery.

The Bay Club has 100 General Admission tickets available at \$24. Another option is to save \$2 on each ticket with the purchase of a six-ticket Flex Pass at \$132. A Flex Pass must be exchanged in advance at the Bay Club, while tickets remain. They can be ordered by mail. Download an application at portludlowperformingarts.com and mail with your check to the address provided. Individual credit card ticket purchases can be placed at the website as well.

LVP November Auditions

by Val Durling, Director

Ludlow Village Players is announcing auditions for the spring play to be performed at the Bay Club the last weekend in **March 2015**. Auditions will be held on **Tuesday, November 18**, from 6:00 to 9:00 p.m. at the Beach Club and on **Thursday, November 20**, 5:00 to 7:45 p.m. at the Bay Club. Rehearsals begin early January 2015.

The Play Selection Committee wrapped up two months of research and read over thirty plays in early September. The committee included Val Durling, Lenetta Johnson, Kathleen LaBelle, Jane Navone, Kathleen Peron Matthews, and Judy Thomas with staging consultation by Ken Evans and Jim Gormly.

It will be a drama this time. Two plays wound up in a dead heat, and both will be auditioned. Whichever casts the best will be performed in March. Both plays were inspired by real life events.

Night of January 16th, by Ayn Rand, is a courtroom trial with the jury chosen from the audience. There are speaking parts and a few non-speaking court personnel. This is a classic drama written in the 1930's about power, corruption, and greed in high places — still relevant today.

Cat's Cradle, by Leslie Sands, is a crime revisited after many years because it was never solved and the lead detective cannot let it go. In this gripping mystery, with a huge surprise at the end, there are strong roles for four men and four women, in need of one younger male and one younger female in their 30's.

Audition packets will be available at both clubs and will include an application form, plot and character descriptions, and excerpts of the scripts for reading at auditions. The packets will be available for pickup at both clubs after **October 15**. If you've always wanted to try something like this, now is the time. Contact Val at 360-437-2861 or at rkd@waypoint.com, or just show up at auditions on **November 18** and/or **20**. You'll be glad you did.

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Performing Arts Calendar

Thursdays, Fridays, Saturdays, and Sundays, October 2 through 26

A rotating repertory of two solo shows which can be seen in one weekend: *Returning the Bones* is based on the true story of a young medical student facing a choice only she can make; *The Odyssey* is Homer's famous myth re-imagined in a faithful, accessible format, 7:30 p.m. with 2:30 p.m. Sunday matinees, 360-385-KCPT, Key City Public Theatre, Port Townsend, keycitypublictheatre.org.

Fridays, Saturdays, and Sundays, October 3 through 11

In This House is a brand new musical in which a young couple falling out of love has a chance encounter with an older couple that is rediscovering their relationship, which leaves all of them forever changed, 7:30 p.m. with 2:00 p.m. Sunday matinees, 360-697-3138, Poulsbo's Jewel Box Theatre, jewelboxpoulsbo.org.

Saturday, October 4

The Hot Sardines take hot jazz and sultry standards from the 20s, 30s, and 40s, sprinkle in rich Dixieland sounds, add a dash of wartime Paris flavor and vibrant surprises; dinner 6:00 p.m., show 7:30 p.m., Admiral Theatre, Bremerton, 360-373-6743, admiraltheatre.org.

Saturday, October 4

A group of multi-talented performers entertains in a totally improvised evening of comedy and song when The EDGE Improv takes the stage at Bainbridge Performing Arts, 7:30 p.m., 206-842-8569, bainbridgeperformingarts.org.

Saturday, October 4

The Simple Wisdom of Robert Fulghum is the topic for PT Shorts, a free event in conjunction with monthly Gallery Walk, Pope Marine Building, Port Townsend, 7:30 p.m., 360-385-KCPT, keycitypublictheatre.org.

Friday and Saturday, October 10 and 11

Port Angeles Symphony Chamber Orchestra performs a concert including music by Mozart, Scarlatti, Holst, Haydn, and Beethoven, 7:00 p.m., Holy Trinity Lutheran Church, Port Angeles (Friday), Sequim Worship Center (Saturday), 360-457-5579, portangelessymphony.org.

Friday and Sunday, October 10 and 12

Join pianist Sandy and violinist Alan Rawson when the duo returns with their first home concert after a summer break. Music selections are tending toward Hungarian, concert followed by an extraordinary reception, 2:00 p.m., \$25 advance paid reservations, checks mailed to Dr. Alan Rawson, 10318 Rhody Drive, Chimacum, 360-379-3449, rawsonduo@gmail.com.

Fridays and Sundays, October 10 through 26

With tongue firmly planted in cheek, *Little Shop of Horrors* comes to Bainbridge Performing Arts with this affectionate spoof of 1950s sci-fi movies. Charming, tuneful, and hilarious, 7:30 p.m. Fridays and Saturdays, 3:00 p.m. Sundays, 206-842-8569, bainbridgeperformingarts.org. Pay-What-You-Can Preview, **Thursday, October 9, 7:30 p.m.**

Saturday, October 18

The Bremerton Symphony season concert opener will feature music by Tchaikovsky, Rachmaninov, Prokofiev, Glinka, and Mussorgsky, pre-concert chat 6:30 p.m., music 7:30 p.m., Bremerton Performing Arts Center, 360-373-1722, bremertonsymphony.org.

Friday, October 24

During the late 1930s, Gene Krupa emerged as a national phenomenon. Now the new Gene Krupa Orchestra brings the music back to life for a whole new generation, dinner 6:00 p.m., show 7:30 p.m., Admiral Theatre, Bremerton, 360-373-6743, admiraltheatre.org.

Saturday, October 25

Pull up your fishnets, starch your gold shorts and become a creature of the night when *The Rocky Horror Picture Show* comes to the Admiral Theatre's big screen, Bremerton, 11:59 p.m., 360-373-6743, admiraltheatre.org. Rated R.

Saturday, October 25

PEAR, an award-winning husband/wife duo who perform country pops with vocals and multi-instruments, doors open at 6:30 p.m. for seat selection, wine bar and art viewing, show begins at 7:30 p.m., Port Ludlow Performing Arts, Bay Club, 360-437-2208, For sound and video samples visit PortLudlowPerformingArts.com.

Thursday, October 30

2011 Rock and Roll Hall of Fame Inductee Leon Russell is a legendary musician and songwriter performing southern boogie piano rock, blues, and country music, dinner 5:30 p.m., show 7:00 p.m., Bremerton's Admiral Theatre, 360-373-6743, Admiraltheatre.org.



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Collage Artist at Artists' League Meeting



Detail from "Venus de Minnow" — a page from the art book, *Figmentosum Oceanum* by Donna Snow, in the collection of Cynthia Sears. The image is composed of handmade paper, fabric, and clipped book images, machine-stitched onto heavy, handmade paper and then overpainted.

Submitted photo

The general meeting of the Port Ludlow Artists' League (PLAL) will be held on **Wednesday, October 15** from 1:00 to 3:00 p.m. at the Beach Club. Guest speaker will be Donna Snow, whose newest pieces in the past few years include a half dozen art books of which one, *Figmentosum Oceanum*, is on display at the Bainbridge Museum of Art.

Snow has a Masters in Art from San Francisco State University and has taught elementary through college art, including adult education classes in Germany. She has been an assistant curator of public programs for the Fine Arts Museums in San Francisco, has had exhibitions in Europe and the United States, and has completed numerous commissions. Her work is currently on display

at Port Townsend's Waterman Katz Building and at the Bainbridge Arts and Crafts Gallery.

Snow says, "My mixed-media narrative collages blend repeating themes from a lifetime of painting, printmaking and crafts, as well as ideas frequently inspired by Asian and Middle Eastern arts and crafts. They are constructed from cut and dyed papers, used books, ink-transfer paper, and my own recycled art. Once formed, they are then over-painted with acrylics." At the meeting, Snow will demonstrate ink transfer, using Citrasolv, and discussing other collage techniques. Examples of her work may be seen on her website at timbuctooties.com.

Guests are welcome to attend the monthly meeting for a suggested guest fee of \$5. For more information contact President Judy Danberg at 360-437-0342, or email short-line@cablespeed.com. For examples of members' art, go to portludlowart.com.

Double Your Pleasure with Two Artists of the Month

Two outstanding Port Ludlow Artists' League (PLAL) members exhibit their art during October. Judy Danberg has been sewing since she was five. A quilted vest for a grand-daughter inspired her to start our local Quilters-by-the-Bay, and she's been on a roll ever since. Susan Yesunas, a potter living on Marrowstone Island, works with stoneware and porcelain clay in her home studio. Their exhibit will be on display through October at the Port Ludlow Branch of Sound Bank. An opening reception will be held on **Wednesday, October 8**, from 4:00 to 5:00 p.m. in the lobby of the bank and from 5:00 to 6:00 p.m. in the PLAL Gallery next door. Refreshments will be served.

After retiring to Port Ludlow, Danberg has been making quilts for family members, friends, and community organizations. She prefers bold and vivid colors for her less-than traditional quilts. In recent years, she has been working with yarns and hooks to pick up crocheting skills after a 50 plus-year lapse. Danberg's entry in the juried 2014 Wearable Art Show, entitled Neptune's Daughter, has been reworked to form a wall-hanging and will be displayed for the show. The crocheted reef train on the gown emphasizes fragile ecosystems.

Yesunas, a military spouse who has lived and traveled all over the world, graduated from Pennsylvania State University with a BA in graphic design. After a 10-year career working in that field, she longed to change to a different creative endeavor. Yesunas began working with clay while taking a pottery class in Belgium. After returning to the U.S., she honed her skills to pass the time

continued on next page

Artist of the Month continued from previous page

and calm her nerves when her husband was deployed to Afghanistan. Inspired by her extensive travels and the natural environment, she strives to create beautiful and unique, but functional art. Her work may be viewed on the website etsy.com/shop/MovingMudPottery.

The monthly drawing for an original piece of artwork will be held toward the end of the reception. Tickets are \$2 and may be purchased at the gallery. All proceeds go to the student scholarship fund. Other PLAL members' art may be viewed at portludlowart.org.

Northwind Arts Center Call for Artists

Northwind Arts Center is calling out to all artists for their upcoming October art show titled, "Art and the Word."

Artists will take creative license in interpreting the use of language, as in the written word, in their art form. The visual element of words, whether one or many, foreign, symbolic or merely suggested, may add an intriguing dynamic.

The show is open to all media: original, entirely the work of the entrant, executed within the last three years, and without the supervision of an instructor. Two and three dimensional works are accepted.

Entries are juried from the original works. Juror Alan Newberg is a full-time artist maintaining a studio in Bremerton and is a founding member of the Collective Visions Gallery. He has exhibited widely in galleries and museums throughout the United States and has received numerous awards and honors. Newberg has over 40 years of experience teaching college level art. The show is open to all media, including jewelry.

Artists may submit their art work on Saturday, September 28, between 4:00 and 6:00 p.m., or on Sunday, September 29, between 10:00 a.m. and 2:00 p.m.

The show opens at Northwind Arts Center, 2409 Jefferson Street, Port Townsend, on **Friday, October 3**. On **Saturday, October 4**, there will be an Opening Reception and the Art Walk. On **Sunday, October 19**, will be the Juror's Presentation at 1:00 p.m.; on **Monday, October 27** the show closes at 5:00 p.m. The curator for this show is Jean-Marie Tarrascio. For more information about this show, call the gallery at 360-379-1086.

Reception Held for Baran-Mickle's New Show



"Flick," by William Baran-Mickle, artist.

Submitted photo

A special artist reception and a fun evening of art, food, and friends will take place in the Bainbridge Performing Arts (BPA) Gallery located at 200 Madison Avenue North, Bainbridge Island, on **Friday, October 3**, from 5:00 to 7:00 p.m.

William Baran-Mickle's recent series, "Gestures," comprises deep metal wall reliefs created by using the ancient techniques of metal smithing in modern ways. He loves hands as a subject for their forms, textures, and their endless array of conscious and unconscious gestures and emotion. Use of the hand is boundless.

The BPA Gallery showcases regional artists in monthly rotating exhibits in the C. Keith Birkenfeld Lobby and regularly participates in the First Fridays Art Walk on the first Friday of each month, from 5:00 to 7:00 p.m. Regular gallery hours are 12:00 to 5:00 p.m. Tuesday through Friday. Contact Dominique Cantwell at 206-842-4560 or find out more about BPA at bainbridgeperformingarts.org.

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Local News

OWSI Surcharge Considered at WUTC Meeting

The Washington Utilities and Transportation Commission (UTC) considered the Olympic Water and Sewer, Inc.'s (OWSI) rate surcharge in an open meeting in August. Present from Port Ludlow were Diana Smeland of Port Ludlow Associates (PLA), Larry Smith of OWSI, and Larry Nobles, Elizabeth Van Zonneveld, and Dave Armitage of Port Ludlow Village Council (PLVC). A letter to the commission regarding the surcharge, prepared by Dave Armitage, Elizabeth Van Zonneveld, and Carol Reichstetter, had been sent prior to the meeting.

The commission heard the staff report and recommendation to accept the revised surcharge request presented by OWSI, followed by PLA's attorney in support of the rate request. The commissioners from those present inquired about the composition of the community of Port Ludlow and the PLVC and citizen representation and the Utilities Committee. They inquired into the background and details of the drilling of well #17 and the contamination that was discovered. In response to their inquiries, Nobles gave a short impromptu history and background of the master planned resort and PLVC origins, Van Zonneveld spoke about the Utilities Committee's interest in utility services and role, and Armitage made a presentation concerning the legal ramifications of Pope Resources and PLA ownership of the contaminated property at Walker Way.

The commission asked about ownership of the property, responsibility for cleanup and discussed the request before them at some length. They decided to defer final action for two weeks (until the date of their next open meeting) in order to pursue further investigation of the legal points raised during the discussion that arose from the PLVC presentation.

Bluebills' Oktoberfest

The Bluebills' Oktoberfest will be held on **Tuesday, October 7**, from 5:00 to 6:30 p.m. at the Beach Club. This will be a time for socializing and providing information on the projects we have been doing so far this year.

We will be serving pulled pork sandwiches with all the trimmings; please R.S.V.P. by **Friday, October 3**.

Respond to Kathy at kroden0408@aol.com or Laura at rlplep@yahoo.com.

Former Astronaut to Share Adventures



John Fabian at the podium.

Submitted photo

Astronaut John Fabian, Colonel, USAF, Retired, will share his stories with photos, slides, and a short video of his adventures on the Space Shuttle. This extraordinary presentation will take place on **Sunday, October 5**, at 2:00 p.m. at the Beach Club.

Fabian logged over 300 hours in space and assisted with the development of the shuttle's robotic arm. His talk will be followed by a short question and answer period. Coffee, snacks, and light refreshments will be served.

The cost of this extraordinary presentation is \$25 to be paid at the door. Proceeds will go to the Jefferson County Democrats (JCD). Payment must be cash or checks made payable to JCD.

Tall Ships Topic of Library Lectures



Tall ship Pilgrim.

Submitted photo

The Jefferson County Library, located at 620 Cedar Avenue in Port Hadlock, will host two lectures presented by Stan Cummings.

Tall Ships and the Rise of the British Empire will be held on **Wednesday, October 22**, at 6:30 p.m. The lecture focuses on tall ships that figured prominently in the rise of the British Empire. Cummings will argue that British domination during the 18th and 19th centuries came about largely due to significant advances in ship design and navigational skills.

Cummings will present, "Pilgrim, the Story of the *Pilgrim*," on **Wednesday, November 5**, at 6:30 p.m. In this second talk, Cummings will focus on the history of the square-rigged sailing ship *Pilgrim* made famous by Richard Henry Dana in his American seafaring classic, *Two Years Before the Mast*. Cummings will highlight his relationship with the ship as he attempts to save a full-scale replica of the *Pilgrim* from the scrap heap and embarks on a three-year effort to learn how to sail a square-rigged ship with 14 sails.

Both talks are co-sponsored by Quimper Unitarian Universalist Fellowship.

SMART Driver Course - Last Chance for Awhile

The last SMART Driver course held this year in East Jefferson County will be at the Beach Club on **Monday, November 10 and Friday, November 14** from 9:00 a.m. to 1:00 p.m., both days. The purpose of the course is to enable drivers to enhance and extend their safe driving experience.

The course, formerly known as AARP Driver Safety and recently redesigned, explores changes in one's physiology as a result of aging and discusses how drivers can compensate for these changes. Also, the course reviews recent changes in traffic laws, the changing driving environment, and the latest in safety equipment in personal vehicles. Motorists 50 years old and older looking to keep their driving skills sharp and their insurance premiums low are encouraged to attend. Washington State has ruled that all drivers age 55 and over will be given a discount on their automobile insurance premiums following completion of the course. There are no exams.

Classes are open to the public. A \$20 fee is charged to cover the cost of materials. AARP members receive a \$5 discount. The course is hosted by the Beach Club which requests a room fee of \$1 per person each day (please bring exact change).

The course is eight hours; attendance is therefore required both days. To reserve a place in the class or to ask for further information, call Russ Henry at 360-437-2250.

Port Ludlow Donates Backpacks to Schools

The Boeing Bluebill program to provide backpacks containing supplies to students of Chimacum Schools was a success once again this year. The program provided fifty-nine urgently needed packs and money for expendables that are consumed during the year and will need replacement. Since each filled backpack averages over forty dollars in cost, it is easy to understand why some parents can be challenged to provide for their child without support from compassionate neighbors.

The materials have been donated to the students. Chimicum Schools sent a letter of thanks to the local Bluebills on behalf of the students and their parents.

Logged Area to Become Residential Site

Many Ludlow residents have asked about the logging that has taken place off Oak Bay Road near the Port Ludlow Community Church. Keith Guise, owner of the property, sent answers to the *Voice* recently. The area is known as the Bluebird Lane timber harvest project. Property owner Guise described the property as a 5.6-acre lot that was half cleared prior to his purchase approximately seven years ago.

According to Guise, the initial plan was to selectively cut the timber on the lower half, but complications dictated an alternate approach. Over the years, some of the larger trees had fallen over the roadway and on neighboring church property. There were two large “leaner” trees. They were snapped at the base and propped up by other trees making those areas too dangerous to approach. A third tree had fallen with approximately 20 feet of the top overhanging Oak Bay Road. Other factors in the alternate approach were that trees in the center of a tightly packed stand can be susceptible to wind load blow-down and many on the lot were showing signs of rot.

Other problems were a large hemlock with a rotten base, measuring approximately 120 feet in height, leaning on an alder towards the Community Church and posing a serious risk to the church building. No less than 10 percent of the stand had suffered serious enough rot to compromise the physical integrity of the trees and endanger personal property and human life.

Future plans for the property include replanting with smaller and more manageable trees. The clean-up and landscaping plan is underway with re-planting lower growing evergreens along Oak Bay Rd. The lot will look similar to other equestrian properties on Osprey Road that are already cleared. Plans will conclude with preparing the lot for building a family home.

Free Insurance Medicare/ Affordable Care Act Counseling Sessions

by Kathleen Traci, Publicity - PLVC Wellness Committee

The Port Ludlow Village Council (PLVC) Wellness Committee is sponsoring a health insurance counseling sessions and health information research training at the Bay Club on **Wednesday, October 15**.

Medicare beneficiaries are welcome to meet with a volunteer from Statewide Health insurance Benefits Advisors

(SHIBA) for free, unbiased, and confidential assistance with Medicare Part D (prescription drug coverage) and Medigap insurance policy choices. Most Medigap policies can be reviewed and changed throughout the year. Individuals who are approaching 65 and new to Medicare may enroll in Part B and D within three months of their birthday. The Open Enrollment period for Part D (drug plan) is from **October 15 to December 7**.

Those under 65 can meet one-on-one with a volunteer In-Person Assister (Navigator), trained and certified through the Washington Health Benefit Exchange, to assist with enrollment in a health insurance plan. Learn if you are eligible for a tax subsidy to reduce your premium or for the expanded Apple Health (Medicaid) program. Through the Affordable Care Act (ACA), also known as Obamacare, most uninsured people under age 65 are required to enroll in a healthcare plan. Open Enrollment period for the ACA is **November 15 through February 15**. Applicants need to bring Social Security numbers, income information and birth dates of all individuals on their tax return (including income information for children under age 18 who are required to file a tax return), name and address of employer, information about current health plans of any family member (Insurance Company, Group # and ID #) and a credit or debit card to pay for first month's premium. For legal immigrants seeking health care coverage, a passport, alien or other immigration number is needed. All personal information shared with In-Person Assisters is confidential and secure.

PLVC Health and Wellness Committee volunteers will be available to train individuals in navigation and utilization of free on-line medical databases and to introduce them to the PLVC Wellness Committee's Health Information Notebooks available at the Beach Club and the Bay Club.

Counseling and training sessions are on a first-come, first-served basis. If you have questions or need additional information, please contact Kathy Traci, 360-301-5378, tracipkt@aol.com.

Trusts and Wills, What Works for You?

A free one-hour estate planning seminar will be held at the Beach Club in the Gallery Room on **Monday, November 10** from 3:00 to 4:00 p.m. The seminar is hosted by Amanda Wilson, Estate Planning Attorney with Olympic Peninsula Law Offices, LLC. Walk-ins are welcome, but a reservation is appreciated. For more information, call 360-437-4172.

Become an IRS-Certified Tax-Aide Volunteer!

AARP Foundation Tax-Aide is looking for new volunteers in the Port Ludlow area to prepare federal income tax returns for the upcoming tax season. Volunteers of all ages and backgrounds are welcome.

If you have basic computer skills, enjoy preparing income tax returns, and, most importantly, enjoy helping others, this could be the perfect volunteer opportunity for you. Anyone can sign up for this educational, challenging, and rewarding experience—become a Tax-Aide volunteer and see what a difference helping others in your community can make in your life.

Training begins in December. All volunteers do an extensive amount of self-study, using training materials and software provided by the Internal Revenue Service (IRS). Volunteers must attend several days of training classes and pass the IRS test before assisting taxpayers during the tax season. Tax-Aide volunteers provide free tax return preparation and electronic filing for low-and-middle-income members of our community. Last year, Tax-Aide was able to help over 400 appreciative taxpayers at the Tri-Area Community Center.

The Tax-Aide program is sponsored by the IRS and the AARP Foundation. You don't need to be an AARP member or retiree to volunteer, or to receive tax preparation services from AARP Foundation Tax-Aide.

To volunteer, complete an online application at www.aarp.org/money/taxes/aarp_taxaide/. Once your application is submitted, our local coordinator will be in touch with you. It's not too early to sign up for the coming tax season.

Port Ludlow Yacht Club Open House

The Port Ludlow Yacht Club (PLYC) will hold their annual fall Open House on **Wednesday, October 22**. The event starts at 5:00 p.m. and will take place at the club's land based facility, the Wreck Room, located at 55 Heron Road near the marina and Inn.

Membership in PLYC has many benefits for boat owners including reciprocal mooring privileges at most of the yacht clubs in the Northwest, marine supply discounts, club sponsored cruises, and boater training/education opportunities. If you are a new boater, or a boater new to cruising the Pacific Northwest, PLYC membership can be an important step in learning how to safely navigate our cruising area.

Boat ownership is not a requirement for membership in PLYC. Many of our members do not own boats. We are a lively social club with many special events scheduled throughout the year. Our Wreck Room is open selected days every week for socializing, watching a game, having a game or two of darts or relaxing.

If you are interested in seeing what PLYC has to offer, please join us and other guests on **October 22**. The bar will be open, appetizers will be served, and the darts will be flying, so come join the fun. Members and flag officers will be available to answer questions about enjoying the benefits of membership in PLYC. For questions about the Open House, please contact Commodore Steve Hall, 951-203-3797.

Utilities Commission Decides OWSI, PSE Cases

by Elizabeth Van Zonneveld, PLVC Utilities Committee

September 11 was a busy day for Port Ludlow on Washington's Utilities and Transportation Commissioners (UTC) agenda. The UTC commissioners decided that Port Ludlow's water company, Olympic Water and Sewer, Inc. (OWSI) would be allowed to charge each ratepayer a surcharge to repay costs associated with drilling a water supply well in contaminated soil. At the same meeting, the commission approved almost \$53 million in credits to Puget Sound Energy (PSE) customers. This amount resulted from profit that was part of the proceeds from sale of PSE energy business acquired by Jefferson Public Utility District in 2010.

In an order filed on September 11, the UTC determined how PSE must distribute the proceeds of the sale of the company's Jefferson County service territory to the Public Utility District No. 1 of Jefferson County (JPUD) between its customers and investors.

In October 2013, PSE initially proposed that the company be allowed to retain all but about \$15 million of the \$109 million in sale proceeds. PSE claimed to be entitled to 100 percent of the gain on the sale, but proposed to return roughly \$15 million to customers as a "voluntary sharing of the proceeds of this sale." State regulators ordered PSE to return \$52.7 million in credits to their current customers from the proceeds of the 2010 Jefferson County utility sale. For more on this matter refer to Docket Number: UE-132027, utc.wa.gov.

Sunfield Opens Pumpkin Patch for Halloween

Looking for a pumpkin to carve up this fall? Sunfield Farm and Waldorf School, located in Port Hadlock, will be opening up their farm fields for pumpkin picking. The pumpkin patch will be open from 10:00 a.m. to 2:00 p.m. every weekend in October. Sunfield's farmer planted the pumpkins with the now sixth and seventh grade classes last spring. This fall, those students will help sell them.

The children will also be throwing a kick-off party at the pumpkin patch on its opening day, **Saturday, October 4**. Come enjoy music, games, and cider around the fire pit. Visit the contact page at www.sunfieldfarm.org for the exact location. See you in the patch.

Did You Know...?



Port Ludlow's totem pole.

Photo by Bob Graham

We have people, as well as animals, on our totem pole down by The Inn At Port Ludlow on Burner Point, and the people were real people!

The men in the bowler hats were Mr. Pope and Mr. Talbot, the pioneering sailor and miller who founded Port Ludlow; the woodsman with an axe represents the loggers and workers; the base consists of six humans (one with a cell phone) who represent our community.

This totem pole was carved by David Boxley, a renowned artist, a native Tsimshian Indian and a resident of Kingston, Washington. Now you know!

Gateway Visitor Center Open House

The Olympic Peninsula Gateway Visitor Center, located at the junction of Highway 104 and Highway 19, invites neighbors in Port Ludlow and Jefferson County to an open house on **Tuesday, October 7** from 1:00 to 4:00 p.m. If you haven't been to the information center, this is a great time to look at all of the Jefferson County and regional, Olympic Peninsula, information available at the center. The volunteers and staff are ambassadors for Jefferson County businesses and the region and are delighted to help you.

Refreshments, along with all the information travelers and local residents need when family or friends visit, and our Visitor Center daily good cheer, will be served. So, come by, take look at the museum exhibits installed by Jefferson County Historical Society, visit with some of your neighbors, and pick up some new ideas about places to see in beautiful Jefferson County. You may even find that you would like to join our Volunteer Ambassadors here at the center. If you need further information, call 360-437-0120, or email at www.gatewayvcr@olympus.net.

SBCA Hosts Craft Show

Grab your shopping bag and make your gift list because you are not going to want to miss this! The SBCA is hosting its pre-holiday craft show. Twenty-five artists and crafters from Port Ludlow and the area will exhibit and sell their work on **Saturday, November 1** at the Bay Club. Doors will open at 10:00 a.m. and close at 3:00 p.m. This event is free and open to all!

Just in time for the holidays, you will find unique treasures of all kinds for everyone on your list. Please note that this is not in connection with the Quilters' Show which will be held on the first Wednesday of November as usual. But some quilters will be exhibiting at the craft show as well. For more information call the Bay Club at 437-2208.

Port Ludlow Fire & Rescue

Alarm Statistics August 2014

Alarms

Fires	9
Rescue/Emergency Medical	44
Service Call	4
Good Intent	7
False Alarm	1
Total Alarms	65

Ambulance Transports

Jefferson Healthcare	5
Harrison Medical Ctr., Bremerton	13
Harrison Medical Ctr., Silverdale	3
Naval	1
Total Transports	22

Aid

Aid Given	12
Aid Received	1
Total Aid	13

Message from Chief Brad Martin

The collective sigh heard from parents throughout the country at this time of year is often one of relief following a busy summer with active children. As of September 22, we give a final salute to that active summer. If you are driving close to any of our schools, be mindful of the reduced speed limits during school hours.

When you see the school buses either picking up the kids or dropping them off, be cautious. Students who ride the bus frequently must cross the roadway in front of the bus to get home. Pay close attention to the flashing red lights and stop signs on the buses.

In Washington State, failure to stop at a flashing red light can bring a fine of up to \$250. In addition, in special circumstances, the fines may be double, such as in construction zones or school zones. Failing to stop for a bus stop flashing red light may also warrant stiffer penalties. These penalties may escalate if an accident occurs because of your failure to stop. A record of violations can result in increased insurance rates and the court can potentially cause the driver to attend traffic school. Accruing four offenses in one year or five offenses in two years leaves potential for authorities to suspend the driver's license. Moving violations and accidents remain on a person's driving record for five years.

A driver who is guilty of committing this violation is likely to have two points added to his or her driver's license record. These points accumulate over time. If you exceed the state limit during a period, you could face

suspension of your driver's privileges or the total loss of them. Higher points also lead to additional charges for insurance premiums.

Our kids are our future. They deserve safe streets as they travel to and from school. As always, I am available should you have any questions, concerns or just want to chat. I can be contacted at 360-437-2236 or by email at brad.martin@plfr.org.

Sheriff's Report

In the month of August, 2014, there were a total of 83 recorded Port Ludlow events known to the sheriff's office.

To help keep events in Port Ludlow in perspective, there were 1059 events county-wide during the same time period. SR 19, Tala Shore Drive, Oak Bay Road, and Olympus Boulevard are the parameters that define Port Ludlow.

Agency Assist	6
Alarm or Incomplete 911 Call	7
Animal Control	5
Assaults	1
Civil Assist	2
Disturbance (unwanted persons, gunshots, etc.)	10
Field Investigations	6
Found Property	2
Harassment	2
Miscellaneous/Informational	2
Patrol Requests	5
Suspicious Vehicle or Person	8
Theft/Burglary	5
Traffic Incident/Complaint	19
Traffic Violations	3

Let's keep our neighborhoods safe. Contact the sheriff's office if you notice any suspicious activity and always call 9-1-1 for an emergency!



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Website: EuropeanAutowerks.com • Email: euro_dad@msn.com

Quilters Hold Annual Sale



Quilt by Doris Lum, dolls by Carol Crump.

Get ready for a shopping trip at the Bay Club on **Wednesday, November 5**, from 10:00 a.m. to 3:00 p.m. Quilters by the Bay will have their beautiful handmade quilts, wall hangings, table runners, and other clever fabric items on display and for sale. This is an opportunity to get fabulous items for yourself and others.

This is the eighteenth year of the show. The sale is in the craft room. Quilts will be displayed in the hallway one week before the show. The quilters donate ten percent of their sales to the Jefferson County Food Bank to help less fortunate persons in our county.



Quilt detail - View of the Pacific Ocean, by Monica Martin. Submitted photos

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Community Meetings

Dine and Discover

Remember “Galloping Gertie?” If that was before your time, Gertie was the Tacoma Narrows suspension bridge that danced and crashed during a winter gale in 1940. The bridge was eventually rebuilt, much stronger and stiffer this time, and now lives up to its updated nickname, “Sturdy Gerdie.”

Very nice to know, however our November program isn’t about the Gerties. Instead, its focus is on the new, nearly 6000-foot sister bridge that opened in 2007 and now spans the Tacoma Narrows with guarantees from Washington Department of Transportation (WDOT) that it will definitely not do the bop-du-wop in a big blow.

Hear the whole story at the Beach Club **Monday, November 3**. You’ll get all the information on the new bridge as presented by Claudia Bingham Baker, Narrows Bridge Project Communications Manager for WDOT. Using colorful animations, Claudia will describe the bridge’s five-year construction process including the building of the caissons, tower construction, how suspension cables were strung, and how decks were lifted into place.

But just so you’ll feel more confident and comfortable the next time you drive over the new super-safe span, Claudia will remind us how good we have it now compared to the once and only Galloping Gertie. You won’t be able to breathe while you watch the amateur movie that made the original Tacoma Narrows Bridge spectacularly infamous.

Make your reservations at the Beach Club beginning **Wednesday, October 1**. Sign up to bring an appetizer, entrée, side dish or dessert for ten people. Remember to bring your table settings of dishes, glasses, utensils, and favorite beverages; \$2 per person will be collected at the door, which opens at 5:30 p.m.

If you have questions, please call Milt Lum, 360-437-5143, or Don Folsom, 360-437-9251.

First Wednesday Luncheon

The next First Wednesday Luncheon will be **Wednesday October 1**, 11:00 a.m. at the Beach Club. Our speaker is Elinor DeWire, a lighthouse enthusiast and author. DeWire has written 16 books and more than 200 articles on the subject of lighthouses. She has also appeared on numerous television and radio shows to share her love of lighthouses. Her presentation to us is titled, “Keepers in Skirts: Women at Lighthouses.”

Encourage all your friends and neighbors to join us. Make your reservations by signing up at either the Bay Club or Beach Club by Monday, September 29. If you are running late with your reservation, please contact Marilyn Durand at 360-437-7677.

These luncheons benefit the Tri-Area Food Bank. The lunch is provided to you by the food committee. In lieu of paying for lunch, we ask that each person make a donation of cash or check for what you would pay when eating at a restaurant, or food to the food bank. Personal hygiene items are always needed. Please make checks payable to Tri Area Food Bank.

Please bring your own complete table service. The less money we spend in expenses, the more money we can donate to the food bank.

Out to Lunch on Bainbridge Island

The Community Enrichment Alliance (CEA) invites you to join us for lunch at the new Bainbridge Island Art Museum Bistro located at 550 Winslow Way East in Winslow. The date is **Wednesday, October 22** and the time is 1:00 p.m. The restaurant is located in the new museum building and prides itself on using fresh organic products from local farms and vendors. We can also enjoy the interesting exhibits and the wonderful small gardens, one of which is even located on the roof.

The bistro is cafeteria style, but we can order from the full posted menu and be seated together. Please make your reservations by **Friday, October 17** by calling Eline Lybarger at 360-437-7701.

Senior Singles

Senior Singles, you always love this restaurant. We will meet for dinner at the Belmont Restaurant, 925 Water Street in Port Townsend on **Monday, October 20** at 5:30 p.m. As usual, we will have the entire area upstairs to ourselves.

The Belmont Restaurant is “Port Townsend’s only remaining 1880’s waterfront restaurant and saloon,” and we always enjoy their fresh seafood and other favorite dishes.

Please call our hostess Peggy by **Monday, October 13**. Call before 1:00 p.m. and let her know if you wish to drive or be a passenger. Be sure to give your driver a few dollars to defray the cost of gas.

Feel free to invite your friends for an enjoyable outing.

Port Ludlow Garden Club

The Garden Club will meet **Wednesday, October 8**, 11:00 a.m. at the Beach Club. Bob Simmons, Olympic Region Water Resources Specialist with the Jefferson County Extension Office will present a program on rain gardens, or landscaping that takes advantage of the rains. He has been providing solutions for residents on practical ways they can protect and improve water quality since 1992.

We will learn how rain gardens function, and the four stages of creating and sustaining one. Manuals will be available for those interested in installing one on their own property. Water-loving gardens like to grow with the flow. Port Ludlow Garden Club's members and guests will learn how to make the most of soggy spots in their lawns and gardens by creating rain gardens.

Port Ludlow Garden Club annual membership is \$20. Please make checks payable to the Port Ludlow Garden Club.

Bring a sack lunch; coffee, tea, and dessert will be provided. Mr. Simmons speaks after lunch.

Stamping and Paper Arts

If you'd like to get a head start on your Valentine's Day décor, our creative teacher, Kari Black, will share her talents in paper arts and show you how at our October meeting. Join the fun at the Bay Club on **Wednesday, October 22** from 10:00 a.m. to noon. Black will demonstrate how to make a lovely, easy-to-make-and-share paper Valentine wreath using just a few supplies. Bring a 12 x 12-inch sheet of double-sided, Valentine themed patterned paper and some narrow ribbon to match, along with a tube of glue, a small paper cutter, scissors, and your creative ideas. For those who want to embellish their wreath with fancy paper or more ribbon, bring that along, too. There will be supplies and paper available, but you can make this wreath with just one sheet of paper. Hope to see many of you there.

Remember to bring "show and tell" cards or paper crafts to share, as well as your bargain-priced, used stamps and supplies. Money for items purchased will be used for mailing boxes of cards for our ongoing Cards for the Troops project.

www.plvoice.org

LATE-BREAKING NEWS, CALENDAR UPDATES
CURRENT ISSUE AND HISTORICAL ISSUES ON-LINE
COLOR PHOTOGRAPHY • LETTERS TO THE EDITOR

Port Ludlow Book Club

Adriana Trigiani's *The Shoemaker's Wife* is an epic tale of immigration, love, and finding life's path. This novel will be the topic of discussion on **Tuesday, October 14**, at 6:30 p.m. at the Bay Club. The story spans three decades, from the early part of the twentieth century to the end of World War II. The story's focus is on Caro and Enza, two young immigrants from the same area of the Italian Alps. They each emigrate to America under different circumstances and their story will take you on a tour of New York's Little Italy, provide insight into some of that city's stately mansions, offer an inside look at the dismal working conditions in a Hoboken, New Jersey dress factory, and will provide a view of the captivating white-capped lakes of northern Minnesota. There is also an inside peek at the workings of the Metropolitan Opera and an intriguing encounter with the legendary Enrico Caruso.

This is a lush and evocative tale, with lovable and unforgettable characters, spanning two continents and many decades. The story is about the times, places, and people who defined immigrant America at the turn of the twentieth century. The sumptuous description of classic Italian food is a delicious addition to this delectable novel.

November's book selection is *Modoc: The True Story of the Greatest Elephant That Ever Lived* by Ralph Helfer. Everyone is welcome. For questions, call Martha Dawson, 360-437-4167.

Halloween Trunk-a-Treat

It's that time again when witches, ghosts, and goblins appear. There don't seem to be as many as there used to be, but Trunk-a-Treaters are here, sprinkled throughout Port Ludlow. Community Enrichment Alliance (CEA) invites you to bring your vehicle and Halloween treats to the former Friday Market parking lot off Breaker Lane on **Friday, October 31** from 4:30 to 6:00 p.m.

This event is open to all Port Ludlow residents. Decorate the trunk of your car for Halloween and point it toward the center of the parking lot. It is suggested that treats be store-bought and individually wrapped. Adult costumes are optional, but do add to the fun as long as they're not too scary. The use of flashlights or battery-operated lighting will enhance the look of the trunks and promote safety for the Trunk-a-Treaters.

In the event of rain, the event will be cancelled. If you have any questions, call Marilyn Durand at 360-437-7677.

Port Ludlow Village Council

Port Ludlow Village Council Report

by Dave Armitage, PLVC Board Secretary

The Port Ludlow Village Council (PLVC) meeting was called to order by President Terry Umbreit. Council members present were Tamra McDearmid, Larry Nobles, Linda Haskin, Rose Hablutzel/Jackson, Elizabeth Van Zonneveld, and David Armitage. Absent were Brett Oemichen, Laury Hunt, and Mike Nilssen. No community reports were given and no guest speakers presented at the September council meeting.

Council Business

Approval of Minutes: The minutes for the July 28 Special Meeting, August 7 General Meeting and the August 12 email vote were approved.

Treasurer's Report: The treasurer reported income for the month of \$325 and expenses of \$1,764. Income for the year is \$2,432 and expenses to date are \$9,825.

Correspondence: Coast Guard insurance requirements for the speed sign in the bay were discussed. Haskin reported that our insurance agent answered the wrong questions. We have sufficient insurance to cover volunteers, but the agent assumed that we would be hiring a contractor. Haskin is to follow up with the agent and get an answer to the correct question.

Utilities Update: The Washington Utility and Transportation Commission met on August 28 in Olympia. Van Zonneveld reported on the meeting. She said that Nobles presented testimony as to the nature of the PLVC and whom it represented. Van Zonneveld and Armitage gave testimony in opposition to the requested surcharge. Their presentations reviewed state law governing who is liable for costs associated with contamination, the chain of ownership of the contaminated property, and why the customer base of the water company, Olympic Sewer and Water, Inc.(OWSI) is not responsible for any of the cost. The commissioners delayed making a decision on approving the surcharge for two weeks while they reviewed the legal issues that were presented.

Election Forums: Given the number of candidate forums that are scheduled in the county, it was decided there is no need for the PLVC to schedule any forums for candidates for upcoming Jefferson County elections.

Port Ludlow Village Council Meetings

General Meeting
Thursday, October 2
3:00 p.m., Bay Club

Workshop Meeting
Tuesday, October 21
3:00 p.m., Bay Club
www.plvc.org

PLVC Preliminary Election Results: Haskin reported receiving 199 ballots to date. Voting was not complete at press time.

Pit-to-Pier: There will be an opportunity for the council and the community to comment on the Pit-to-Pier project at an open meeting to be held by Jefferson County Department of Community Development in October or November. It is anticipated that the open meeting will be a three day meeting in Port Townsend.

Community Welcome Committee: Barbara Berthiaume reported for the Community Welcome Committee and provided a copy of their list of committee members. The events held to date have been successful. In addition to new members to the community, they have engaged longer term members of the community that did not realize all the activities that are available to them. The committee has received good cooperation from both clubs.

Due the size of the meetings, future events will be held at the Bay Club. Berthiaume requested \$500 in funds for next year from PLVC. The South Bay Community Association and the Ludlow Maintenance Commission have committed to providing \$350 each. The next newcomer meeting will be **Thursday November 13**, 5:00 to 7:00 p.m.

Trails Committee: Soozie and Dan Darrow reported that the Trails Committee is waiting for the Department of Natural Resources to respond to a signed document for extension of the Teal Lake trail. The John Deere tractor has been returned from the shop, so maintenance of trails will continue. The Golf Nine trail had a bear sighting. Residents who walk the trail should be aware of their surroundings and take precautions.

continued on next page

PLVC Report continued from previous page

Announcements: Consult the box at the top of the page for future meeting dates. All residents are encouraged to attend the PLVC meetings and become informed about events in the village and its surrounding area. PLVC is Port Ludlow's link to the rest of the county.

Biologist Presentation to be Rescheduled

The presentation scheduled for **Thursday, October 9** by noted biologist Darrell Smith has been cancelled due to scheduling conflicts. The presentation will take place later in the spring. The Port Ludlow Village Council will hold its annual meeting as scheduled.

Speed Limit in Port Ludlow Bay

5 mph

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Village Activities Calendar

Most events are open to everyone in the community unless members-only is indicated, or unless obviously for special-interest groups

October

Wed., October 1

11:00 a.m. – 1:00 p.m., First Wednesday Luncheon, Beach Club
6:00 – 8:00 p.m., PUD Political forum, Beach Club

Thurs., October 2

9:00 a.m. – noon, Bayview Board meeting (members),
Bay Club
10:00 a.m. – noon, CEA meeting, Firehouse
1:00 – 3:00 p.m., KnitWits, Beach Club
3:00 – 5:00 p.m., PLVC General meeting, Bay Club
3:00 – 5:00 p.m., Bluebills meeting, Bay Club

Fri., October 3

8:30 a.m., Hiking Club leaves for Lower Big Quilcene, and
Notch Pass, Bridge Deck
9:00 a.m. – 1:30 p.m., AARP Driver's Class, Beach Club
9:30 – 11:00 a.m., SBCA Board meeting (members), Bay Club

Sat., October 4

5:00 – 8:00 p.m. SBCA Shine On, Harvest Moon Celebration,
Bay Club

Sun., October 5

2:00 – 4:00 p.m., Democratic Fundraiser, Beach Club

Mon., October 6

9:00 a.m. – noon, LOA Board meeting (members), Beach Club
10:30 a.m. – noon, DigitalLife Office SIG, Bay Club
3:00 – 5:00 p.m., Timberton Board meeting (members),
Bay Club
4:00 – 5:00 p.m., WALI 3 meeting, Bay Club
5:30 – 8:30 p.m., Dine and Discover, Bay Club

Tues., October 7

9:00 – 11:00 a.m., Trails meeting, Beach Club
10:00 a.m. – noon, CEA meeting, Firehouse
Noon – 3:00 p.m., Admiral II Homeowners' meeting,
Beach Club
Noon – 5:00 p.m., PLUSH Investment Club, Bay Club
5:00 p.m., Bluebills Fall social, Beach Club

Wed., October 8

10:00 – noon, Inner Harbor Board meeting (members),
Bay Club
11:00 a.m. – 2:00 p.m., Garden Club brown bag lunch,
Beach Club
4:00 – 5:00 p.m., Artist of the Month (AOM), Sound Bank
5:00 p.m., Hiking Club Fall planning meeting, Beach Club
7:00 p.m., USCG Auxiliary General meeting, Fire Station

Thurs., October 9

10:00 a.m. – noon, Drainage District, Beach Club
Noon – 8:00 p.m., Hands on Clay, Bay Club

Fri., October 10

9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club
10:00 a.m. – 1:00 p.m., Flu-shot clinic, Bay Club
5:30 – 7:30 p.m., South Bay monthly Social (members),
Bay Club

Mon., October 13

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay

Tues., October 14

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay
2:00 – 4:00 p.m., SBCA Village Presidents meeting, Bay Club
6:30 – 8:00 p.m., Book Club, Bay Club
6:30 p.m., Reader's Theater, Call 437-2861 for location

Wed., October 15

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay
10:00 – 11:30 a.m., Olympic Terrace Homeowners' meeting
(members), Bay Club
1:00 – 3:00 p.m., Port Ludlow Artists' League, Beach Club
1:00 – 4:00 p.m., SHIBA Medicare enrollment, Bay Club

Thurs., October 16

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay
9:00 a.m. – noon, North Bay Condo #1 meeting, Beach Club
1:00 – 4:00 p.m., LMC Board meeting (members), Beach Club

Fri., October 17

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay
8:30 a.m., Hiking Club leaves for Lower Gray Wolf,
Bridge Deck
9:30 – 11:00 a.m., South Bay ARC meeting, Bay Club

Sat., October 18

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay
6:00 – 9:00 p.m., North Bay Oktoberfest Potluck, Beach Club

Sun., October 19

8:00 a.m. – 5:00 p.m., Autumn clean-sweep, North Bay

Mon., October 20

4:00 – 5:00 p.m., WALI 3 meeting, Bay Club
5:30 p.m., Senior Singles Dine at The Belmont, Port Townsend
6:00 – 7:00 p.m., DigitalLife Mac SIG, Bay Club

Tues., October 21

1:00 – 3:00 p.m., KnitWits, Beach Club
1:00 – 3:00 p.m., Fly Fishers General meeting
3:00 – 5:00 p.m., PLVC Workshop, Bay Club

Wed., October 22

8:30 a.m. – 4:00 p.m., Footcare Clinic, Bay Club
10:00 a.m.–noon, Stamp and Paper Arts Club, Bay Club
1:00 p.m., CEA's Out to Lunch at the Bainbridge Island
Museum Bistro, Winslow
5:00 p.m., Port Ludlow Yacht Club Open House

Thurs., October 23

Noon – 8:00 p.m., Hands on Clay, Bay Club

Fri., October 24

9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club

Sat., October 25

1:00 – 4:00 p.m., GOP Chili Cook-off, Beach Club
6:15 – 6:30 p.m., Port Ludlow Performing Arts (PLPA)
subscribers' seat selection, Bay Club
6:30 – 7:30 p.m., PLPA general admission and wine bar,
Bay Club
7:30 – 9:30 p.m., PLPA presents PEAR, Bay Club

continued on next page

Calendar continued from previous page

Mon., October 27

10:00 a.m. – noon, DigitalLife Photo/Pro Show Gold SIG, Bay Club

Tues., October 28

9:30 a.m., Facilities Committee meeting, Bay Club

Fri., October 31

8:30 a.m., Hiking Club leaves for Port Gamble area trails, Bridge Deck
 4:30 – 6:00 p.m., CEA Trunk-a-Treat, Village Parking Lot

Future Events

Craft Show, November 1, Bay Club
 Quilt Show and Sale, November 5, Bay Club
 Holiday Event, December 13, Bay Club

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Beach Club/North Bay News

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by e-mail to be4547@msn.com
no later than the 10th of the preceding month.

☼ Denotes Beach Club members-only activity

LMC Board Meeting Highlights

by Glee Hubbard, LMC Secretary

The monthly business meeting of the Ludlow Maintenance Commission (LMC) Board of Trustees was held Thursday, August 21, at the Bay View room of the Beach Club. The following are highlights of the meeting.

Sound System Test: The trustees had their first opportunity to try out a hearing assistance system for the Bay View Room. The equipment, on loan to the LMC, consists of an FM transmitter attached to the PA system and five individual headset-receivers (the latter about the size of a cell phone) for individual users to receive amplified sound directly. The system is similar to the hearing assistance system in use in various churches and theaters in our area. It is designed to improve hearing for those with diagnosed hearing deficiencies and others who just find it difficult to hear given the acoustic properties of the Bay View auditorium.

Various trustees donned the headsets, attached the small receiver and listened while their fellow trustees went about the business of the meeting. They walked around the back and sides of the Bay View room, into the kitchen and even out the door. Trustees agreed that it significantly enhanced the clarity and audibility of the amplified voices of the seated trustees speaking into microphones.

If purchased, the cost of the system as proposed is expected to be around \$1,200. While not a requirement for the LMC facility, it was noted that acquisition of the system as proposed would meet the requirement of the American Disabilities Act (ADA) for an auditorium with the seating capacity of the Bay View room (about 100 people).

Committee Reports: Reports and recommendations were received by the board from the Operations, Greenbelt, Communications, Finance, and Elections Service Committees. Covenants and Regulations did not have a meeting in August. Two committees, Architectural Control and Greenbelt, received acknowledgement and

Important Dates

LOA Meeting

Monday, October 6, 9:00 a.m.

E-mail: PortLudlowLOA@yahoo.com
Sign up for the *LOA Bulletin* online at the above address

LMC Board Meeting

Thursday, October 16, 1:00 p.m.

Tel: 437-9201
E-mail: beachclub@olympus.net
Sign up for the *Navigator* online at the above address

Visit www.lmcbeachclub.com for more complete information

All LMC members are welcome.



commendation for noteworthy hard work and good results from Trustees Gregory and Nilssen, respectively.

The regularly scheduled meetings of the LMC Board of Trustees are the workshop held on the second Thursday of the month and the general board meeting on the third Thursday. Both are held at the Beach Club, from 1:00 to 4:00 p.m.

President's Perspective

by Rose Hablutzel/Jackson, LMC President

Gentle breezes scatter dry leaves into abstract patterns as the warm sun highlights their myriad facets of color into brilliant displays of autumn's new dress for fall. The changing of the seasons hints we should prepare for change. The cycle brings new momentum into daily routines as the community looks at the upcoming season of social and business programs.

Talented people meet in different groups to welcome new ideas and get acquainted with neighbors and new residents. They are the mortar that binds the community. Potlucks, luncheons, and excursions into surrounding communities are opportunities for exploration. There is always room for one more person, so join the festivities. The welcome mat is always out.

As the Ludlow Maintenance Commission (LMC) looks at the past year's accomplishments, we are reminded of the trustees' leadership and decision-making skills. We will

President continued from previous page

miss Mari Stuart and appreciate her many talents, leadership qualities, and effectiveness in organizations. She worked tirelessly to strengthen the bonds of commitment and community. She was a proactive leader who listened to ideas others shared and quietly explored ways to make those ideas work for this community. We wish her well.

The goals for the year have been established and are available at the meetings. The LMC continues to look for more effective methods of improving communication and new approaches to facilitate greater involvement of members in different activities. I will continue to extend an invitation to members to attend our workshops and meetings every month. Bring your ideas. Let's talk.

Update from the Manager

by Brian Belmont, General Manager

As we put a wrap on the most beautiful summer in recent memory, we are still busy with several projects in and around the Beach Club.

In September, Maintenance Supervisor Don Baker and his staff repainted the concrete indoor pool deck and performed other pool/spa maintenance during a one-week pool closure. We schedule this work as much as possible in the summer, so our members have the outdoor pool as an alternative during the shut-down.

The outdoor pool will close for the season beginning on **Wednesday, October 1** and will reopen **mid-May 2015**.

I would like to thank Ludlow Maintenance Committee (LMC) member Jackie Rick, who took the lead in sprucing up the outdoor deck furniture on the covered walkway leading to the Gazebo Room here at the Beach Club. Rick helped repaint some of the furniture and found and ordered replacement cushions. Rick found a seamstress and worked with a group of members to select a fabric that was used to reupholster the cushions on the two chairs and love seat in the Gazebo Room. I really appreciate what Rick and the other members did in selecting colors and patterns for the furniture.

Members visiting the Beach Club will notice we have recently cleared approximately 3,200 square feet of heavily overgrown brush that was growing between the clubhouse and the new pickleball courts. Now that we can see what we have to work with, the Operations Committee is developing landscape plans for the area. During the current calendar year, we will plant the area with grass to prevent erosion and have a section of fencing installed above the rock retaining wall for safety purposes. The remaining work will take place next year.

During the first week of October, the exterior of the Bridge Deck building will be painted, but don't be surprised by the color change.

Last but not least, LMC recently had a portion of Kehele Park surveyed so that we know where the park boundaries are. Owners of property adjacent to the park need to be aware of their property lines so that, when landscaping or trimming vegetation, their efforts are limited to their own property and don't include the LMC common property. If you would like to have vegetation trimmed on the park property, please contact me at the Beach Club.

I will keep our membership updated as other projects get scheduled and as always, if you have questions or comments about this article, or the work that is ongoing at the Beach Club, I can be reached at 360-437-9201 or beachclub@olympus.net.

North Bay Oktoberfest Potluck

Willkommen to the North Bay Potlucks' October event. We'll be serving beer and brats along with "Oom Pah Pah" music for your dancing enjoyment. Polkas for sure, maybe even a Zwiefacher or Schuhplattler. This party will be held on **Saturday, October 18** at 6:00 p.m. at the Beach Club. Sign up to bring a dish to share. Bring your beverage of choice and tableware. The cost is \$6 per person.

How often do you have a chance to wear your lederhosen or your dirndl? Invite a friend or neighbor and be there. For information or to help with decorating, food service or clean up, call Fran Bodman at 360-437-5110, or email at franbodman@cablespeed.com. ☺

North Bay October Clean Sweep

by Jerry Purdy, NBLOA Clean Sweep Chair

Autumn is here in all its splendor. What better time to do your clean sweep route than when walking through the neighborhood on a crisp fall day? The North Bay Autumn Clean Sweep is scheduled for the week of **Monday, October 13 to Sunday, October 19**. Please try and complete your routes during this week.

Clean Sweep is a dedicated Lot Owners Association (LOA) committee that never holds meetings, yet gets the work done. Individuals, family groups, and local businesses take responsibility for picking up the roadside litter along a few blocks of the neighborhood. Members are reminded quarterly by email and through the *Voice* that another sweep is due.

continued on next page

Clean Sweep continued from previous page

The committee is in need of volunteers to step up and take responsibility for one of the Clean Sweep routes. We also like to maintain a substitute list. Occasionally, committee members are gone for an extended period of time and would like someone to temporarily take over their route. If you would like to lend a hand, please contact Jerry or Diane Purdy at 360-437-1262. We encourage all community members to help keep our neighborhoods beautiful by picking up trash seen along our roadways between scheduled sweeps.

School-age residents are also encouraged to get involved in their community by picking up trash along the streets in their neighborhoods.

Here's a reminder to dog owners to please carry a plastic bag and clean up after your dog, large or small, so we can all enjoy walking our trails and roadways. ☺

Welcome New Neighbors

Christie Smith-Martinez
Bradley and Angela Miller
Raymond and Maria Carpenter
Ben and Mandy Carver

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Admiralty Lane
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Bay Club/South Bay News

Submit articles to Judy Thomas, 437-7906, Bay Club Editor,
by e-mail at judythomas2@yahoo.com
Janet Force, 437-0419, ludlow4c@gmail.com
is the SBCA Editor.

 Denotes Bay Club members-only activity.

SBCA Important Dates

Monthly Board Meeting
Friday, October 3, 9:30 a.m.

Visit <http://plsbca.org>

All SBCA members are welcome. 

SBCA Meeting Highlights

by Mike Howard, SBCA Board Secretary

The September board meeting of the South Bay Community Association (SBCA) was called to order by President Brett Oemichen on Friday, September 5, at 9:30 a.m.

Board members present included President Brett Oemichen, Vice President Jerry Conover, Secretary Mike Howard, Treasurer Dan Quail, and at-large members Craig Henderson, Bert Loomis, and Steve Shanklin. General Manager Jeremy Bubnick was also present.

Reports and recommendations were received from Treasurer Quail, the Operations, Facilities, and Architectural Control Committees, and the Port Ludlow Village Council. Howard reported no official correspondence, and no meetings were reported for Finance, Human Resources or the Long Range Planning Committee.

Bubnick announced vacancies on the Finance and Communications Committee and solicited volunteers. Oemichen announced board member committee alignments as follows:

- ARC: Shanklin, Henderson, and Loomis (alternate for Shanklin.)
- Communications: Conover, Howard.
- Facilities: Conover, Loomis.
- Finance: Henderson, Quail.
- Human Resources: Oemichen, Shanklin, and Loomis (alternate for Shanklin.)
- Long Range Planning: Quail, Howard.
- Village Council: Oemichen.

Two vacancies on the Facilities Committee were filled by Barb Skinner (Landscape Committee) and Bev Browne (Landscape representative on the Facilities Committee.)

A potential safety hazard to Inner Harbor and Hidden Cove residents, Bay Club employees, and visitors posed by drivers exceeding the posted speed limit of 10

mph along Spinnaker Place was discussed at length. In addition to increased communications and outreach to remind drivers of the legal speed limits, possible installation of increased signage, speed bumps or speed tables were discussed.

A Craft Show is planned for **Saturday, November 1** from 10:00 a.m. to 3:00 p.m. Registration fees are \$15 per table for SBCA members and \$20 per table for non-members.

Volunteers to assist in the upcoming holiday event scheduled for **Saturday, December 13** at the Bay Club would be welcome.

The next Village President's Meeting is scheduled for **Tuesday, October 14** at 2:00 p.m. at the Bay Club conference room.

The next SBCA Board Meeting is scheduled for **Friday, October 3** at 9:30 a.m.

SBCA Meeting Notes

Board and Committee Reports

Treasurer Report: As of August 31, South Bay Community Association (SBCA) had total current assets of \$391,849.93 and total fixed assets of \$30,572.02. Member assessments transferred to reserves in August were \$5,046. Total reserves including the Renovation Account totaled \$320,957.91. The SBCA maintains checking and money market accounts at Sound Bank (previously Columbia Bank). A renovation account and a Reserve Maintenance CD are also maintained at Kitsap Bank. Complete account figures are available to members of the Bay Club.

Operations Report: General Manager Jeremy Bubnick announced the upcoming events to be held at the Bay Club and discussed the arrangements for the group trip to the Islands of New England. The elliptical exercise machine is repaired. He also spoke of fixing the parking

continued on next page

SBCA Meeting Notes continued from previous page

lot and paving the entry road. The latter is expected to be completed by fall.

Architectural Review Committee (ARC): The committee announced the number of applications approved during the month.

Communications: Liz Healy has volunteered to chair the committee. The Communications Committee needs new members. Participation is invited. Prospective members should contact Healy or a board member.

Facilities: Diane Ridgley said that the Landscape Subcommittee had received resignations from Mark Perrin and Dee McConnell. Barb Skinner has volunteered to serve on the subcommittee. Bev Browne has agreed to represent the subcommittee in the Facilities meetings which occur on the fourth Tuesday of each month. Additions were approved.

Upcoming facilities needs include replacement of two water meters (located in the shed and attic). The next project on the slate is the updating of the lobby area. The issue of which chemical to use in the pool is still under consideration. The next meeting of the Facilities committee was to be September 23.

Human Resources (HR): The committee did not meet this month, but now has a full complement of members with the addition of Alice Oliver and Bert Loomis.

Port Ludlow Village Council (PLVC): Dave Armitage, substituting for Oemichen, gave the report. Armitage discussed Pit-to-Pier and the Olympic Water and Sewer (OWSI) surcharge. See the PLVC pages for a report of events.

Other Business

The Policies and Procedures Manual is under review to bring it into compliance with state law. The Long Range Planning Charter needs to be revised to say that two board members are required on each committee.

Member Comments and Announcements

Volunteers to assist in the upcoming holiday event scheduled for **Saturday, December 13** at the Bay Club are being solicited. Interested parties should notify the Bay Club staff or a board member.

Jim Nickless announced that the SBCA has reached its 25 year anniversary.

Sue Oemichen said that the club is looking for volunteers for the Shine On, Harvest Moon event occurring on **Saturday, October 4** at the Bay Club. The menu will include sausages, meatballs, potato salad, and other

comfort food, plus beer and wine. Contact Sue or another board member if you are interested in helping.

Raydean Patterson announced the distribution of a free customized New Testament.

The next Village President’s Meeting is scheduled for **Tuesday, October 14**, 2:00 p.m. at the Bay Club conference room.

The next SBCA Board Meeting is scheduled for **Friday, October 3** at 9:30 a.m. Members are encouraged to attend the SBCA meetings and participate when appropriate.

The meeting adjourned at 10:30 a.m.

Shine On, Harvest Moon...

You have a very few days left to sign up at the Bay Club for our fall harvest celebration on **Saturday, October 4** at 5:00 p.m.

Don’t miss out on our fun-filled evening and delicious food. We are serving tasty appetizers with Port Townsend brew, cider, and wine, gourmet grilled sausages, cole slaw, and pumpkin pie with whipped cream for dessert for \$20 per person. 🍂

South Bay Members’ Social

Our next South Bay Members’ Social will be at the Bay Club at 5:30 p.m. on **Friday, October 10**.

You bring the goodies to munch, beverages are provided. See you there 🍂

New Members in South Bay

Greg and Catherine Pena	Bayview
Dan Norris and Sue McKaig	Woodridge
Patricia Caddey	Edgewood

Welcome, one and all!

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Port Ludlow Associates

Developer News

by Diana Smeland, Port Ludlow Associates (PLA) President



Diana Smeland.

Like many of you, my team and I are always on the lookout for ways that we can improve life in Port Ludlow. One such aspect of life here in Port Ludlow which could be better, and is one we've all experienced, is the regular opening and closing of the Hood Canal Bridge for sea-going vessel

traffic. As you know, this opening and closing can often significantly impact the plans of Olympic Peninsula residents and guests traveling to the airport, ferry terminals, employment centers, medical appointments and numerous other destinations around Western Washington.

While all of us here at Port Ludlow Associates strongly support the US Navy and Coast Guard, and the pleasure craft that use the Hood Canal, we believe that the bridge opening procedure should be modified to allow adequate notice to be given to motorists that regularly use Hwy 104. Currently, the bridge operator provides notice only at the time the bridge is opening for sea-going vessels and again when the bridge is closing which allows the highway to be reopened.

Additionally, it is my understanding that pleasure craft must provide the bridge with 24 hour advance notification if they wish to have the bridge opened. The Coast Guard, on behalf of the US Navy, provides the bridge operator a minimum of eight hours of advance notification and also

advises the State Highway Patrol to allow that agency to provide security for submarines at the bridge. With all of this in mind, we have written to many of our state legislators requesting that this notification process be changed, and a minimum of one hour notice be provided to motorists that subscribe to the WSDOT message service.

A major inconvenience to the 20,000 cars that cross the bridge on a daily basis could be vastly improved through this simple notice procedure. It could utilize the existing WSDOT notice procedure and would require little to no expenditure of funds to implement. If this is something that you also believe would improve your life here in Port Ludlow, I hope you will join us in sending your own letter to our legislators in order to highlight this aspect of peninsula life even more.

As many of you have no doubt observed, construction on our first model home within the Ludlow Cove Cottages has been progressing nicely. With this progress in mind, I am excited to announce a special Port Ludlow Resident Open House on **Friday, October 24**, from 1:00 to 4:00 p.m. We will be inviting the general public to view the home on Saturday and Sunday, however we would like to ensure that Port Ludlow residents have the first opportunity to tour the home and see the newest addition to our community. Be sure to visit LudlowCoveCottages.com for additional information on the neighborhood itself, or simply stop by to see our first of three new model homes at the open house.

I look forward to hearing from you about your thoughts on Port Ludlow, and I encourage you to reach out to me with any ideas that you may have. My direct line is 360-437-8342, and my e-mail address is dsmeland@portludlowassociates.com.



Submarine leaving Hood Canal.

Submitted photo

HAPPENINGS AT THE RESORT

GOLF



October Golf Specials

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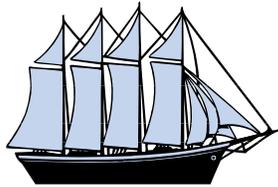
HOME



Ludlow Cove Cottages

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PORT LUDLOW

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SAVE THE DATES

September 29 ~ Wine Tasting with Anne Sackett

October 14 ~ 20 Year Celebration of The Inn

October 24 ~ Brewmasters Dinner

October 24 ~ Port Ludlow Resident Open House at the Ludlow Cove Cottage Home

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Sports & Games

Reflections on the Water

by Rick Refbord, *Sports and Games Editor*

Being sidelined with a bad hip for several months is no doubt painful. Being sidelined with a bad hip during fishing season, well, that pain seems to cut just a bit deeper, but it is the position I find myself in. I was fortunate to have gone on successful shrimping and crabbing trips this year and many thanks to both captains who allowed me to tag along. Any fishing experiences I have this year will be achieved vicariously through others' stories and what I read about.

The vast majority of my fishing past is in freshwater, so when my wife handed me an article of a new Washington state record Tiger Muskie being caught this past July, I read it immediately. David Hickman, of Richland, boated a 37.88 pound, 50.37 inch monster on Curlew Lake in Ferry County. It was more than six pounds heavier than the previous record.

For those of you who may be unfamiliar with the muskie, it is an alpha predator that lies in wait for its unsuspecting prey to come within range and strikes with lightning quickness, applying a mouth full of very formidable teeth. They're definitely at the top of the freshwater food chain. The muskie has been called the fish of ten thousand casts, freshwater barracuda, water wolf, and many more names.

I tried many times to catch one of my own. As fate would have it, I finally did on September 8, 1982 at almost noon. It had been a typical day for northern Minnesota in early fall; overcast, cold, and windy. My arms and shoulders ached from throwing a nine-inch, double bladed red bucktail almost non-stop since early morning, and I felt an empty hole where my stomach used to be. It was so windy that while traveling on the main sections of Leech Lake, I had to stand up in the boat using the anchor rope as a tether to see over the whitecaps.

I was out with a guide named Guy and no, I am not making that up. Realizing there was a bay protected from the wind and waves ahead, Guy suggested we try there for a bit and then have lunch. This sounded just fine to me. We began casting while being pushed by the wind to the far side of the bay and a nice sandy beach; all we had to do was pass a shallow rock bar and a sandwich and a hot cup of coffee awaited. It was then that I realized that the

rock bar was only two feet deep and I should pull the lure in until we passed. It was mere yards from the boat that the largest muskie I'd ever seen shot into my view from seemingly nowhere to grab my bait and the fight began.

I had caught and released several muskies in the past, but nothing over two feet. This, however, was my fish of ten thousand casts, for me to catch or to lose. Nothing is a given in fishing. I was using heavy enough tackle; thirty pound test with a two-foot, 60-pound wire leader, attached to my grandfather's Ambassador levelwind bait caster reel, all mounted on a Shakespeare seven-foot, Ugly Stick rod. After twenty minutes, the fish tired and we were able to bring it in. Unfortunately, he put up such a fight that we were unable to revive him for release so I had him mounted and brought him home.

For many years he hung on our wall in silent testimony for literally giving the fight of his life, and to me as well, for catching that elusive once-in-a-lifetime fish. At 28.2 lbs. and 50 inches long, he's not a state record anywhere. He is, however, a chapter out of my past that I can re-read as often as I want, and in this case, share it with you.

For the Love of Football: Being a Fan

by Beverly Browne, *Managing Editor*

Have you ever wondered why seemingly normal people will paint themselves blue and sit for hours in the cold watching a group of burly guys run up and down a field chasing an oddly-shaped ball? It can be the stuff of comedy. Andy Griffith wrote a terrific monolog about a country boy's introduction to the sport entitled, *What It Was, Was Football*. It turns out that quite a few people have wondered seriously about what creates fans, so many that there is an entire discipline devoted to its study.

Fans are obsessed with their chosen team and despise its rivals. This is apparent in the civil war games between competing college teams, but also occurs in the case of professional teams such as the Seahawks. The former makes some sense (school spirit); the latter makes little. Like bankers, professional players are engaging in a business for which they are over-paid; the fans are shelling out big bucks to deliver profit for an organization that promotes the team and enriches the promoters.

continued on next page

Football continued from previous page

Some believe that this phenomenon is based on identification with players who are doing something the fan would like to do, but can't. This may explain the success of the Twelfth Man slogan. The fan feels reflected glory when his or her team does well. So in that sense, the fan is part of the team (the twelfth man). Watching the game in the presence of other, similarly deluded individuals legitimizes the fan's feelings and actions. There is a sense of community in it all which explains why fans rarely abandon consistently losing teams. They share the team's glory and their misery together.

The team that is likely to engender the affections of the fan is most frequently the one associated with the fan's first community. If the fan grew up in Pittsburgh, it doesn't matter how miserable the season is for the hometown team. The fan will still be on its side. Being on the losing side may not feel as good as when the team wins, but the fan will hang in there and be proud of it. He may also blame outside influences, the weather, the referee, and the unsportsmanlike behavior of the other team for the losses.

When the team wins, oh boy! Studies have shown that the fan responds in a visceral way to wins with changes in hormonal balance and accompanying feelings of well-being. The likelihood is that these feelings are similar to the occasional win at a casino. They reinforce steadfast devotion to the team which has overcome its losing streak. And they prove the fan was right all along.

For those who are interested in exploring this topic, try reading *Sports Fans, Identity and Socialization: Exploring the Fandemonium* by Adam Earnhardt. It's a book that might be especially helpful to all the wives out there who cannot understand the power of her husband's chosen team to turn a normally useful man into an obsessed lunatic, glued to the television clad in his team gear with a bird (or some other animal) on his head.

Summer Crab Season Ends

Summer crab season is over in the marine areas bordering the Olympic Peninsula. Catch reports are due on **October 1**. Catch reports may be submitted to the Washington Department of Fish and Wildlife by mail at CRC Unit, 600 Capitol Way N., Olympia, WA 98501-1091. Catches can also be reported online at www.fishhunt.dfw.wa.gov/wdfw/puget_sound_crab_catch.html.

Crab catch reports are important in setting catch allotments for the next season. Crabbers who neglect to file the report face \$10 fine when they purchase their next license. Those who crab after September 1 record their catches on winter cards. For full information, go to wdfw.wa.gov/fishing/shellfish/crab.

Third Annual Dove House Golf Benefit Successful



Michael and Mea Graham.

Photo by Peggy Lee Flentie

The Olympic Peninsula Bluebills sponsored the Third Annual Dove House Golf Benefit at the Port Ludlow Golf Course this September. The purpose of the golf tournament was to raise awareness and money for victims of domestic violence, sexual abuse, and crime in Jefferson County. Eighty-eight golfers participated in the benefit event.

Michael and Mea Graham organized the tournament; Darren Posey, from the Port Ludlow Golf Course, set up the game and managed its progress. The Grahams acknowledge that this event could not have been done without the help of a cadre of volunteers. There were fantastic sponsors as well and the tournament raised over \$14,000 to support Dove House.

Yoga Body Movement Class

by Jamie Deering, Volunteer Instructor

The Beach Club has a new class called, "Yoga Body Movement." It will be held on Mondays, Wednesdays, and Fridays from 7:30 to 9:00 a.m. in the Squash Court. The class is open to everyone, both men and women; there will be a \$1 fee per class for non-members (no fee for members). No experience is necessary. Taught by volunteer Jamie Deering, the class uses yoga poses and other techniques to explore body movement that increases vitality, expands body awareness, and promotes balance and stamina in a fun, positive environment. Bring your yoga mat, water bottle, and strap. Blocks are provided or you can bring your own. Come and have fun with us.

Duplicate Bridge Winners in August

An American Contract Bridge League (ACBL) sanctioned game is played every Monday at 12:30 p.m. at the Beach Club's Bridge Deck in Port Ludlow. All players are welcome. Just bring a partner and come and enjoy the game. For more information, call Dan Darrow at 360-437-9208. August winners were as follows:

Aug. 4: Ted Wurtz and Bob Wilkinson, first; Dorothy Winter and Shirley Porter, second; Beverly Walker and Michael Walker, third.

Aug. 11: Nancy Conley and Beverly Walker, first; Dan and Soozie Darrow, second; Ted Wurtz and Bob Wilkinson, third.

Aug. 18: Ralph Phillips and Lois Ruggles, first; Ernest and Jean Rothe, second; Ted Wurtz and Bob Wilkinson, third.

Aug. 25: Eleanor Rodin and Sandra Flaherty, first; Ernest and Jean Rothe, second; Lynne Folsom and Shirley Beppler, third.

Women's Golf Association

by Kathy Traci, PLWGA Publicity Chair

The Port Ludlow Women's Golf Association's (PLWGA) new club champion is Lucinda Thompson. The honor earned Thompson a beautifully engraved plaque and a year's extension of her personal parking space in the Port Ludlow Golf Course Parking Lot (she was the PLWGA's 2013 champion, as well). Thompson had low gross for the top flight, scoring 241 for three 18-hole rounds. Bonnie Vahcic was the runnerup, scoring 246 gross. Linda Aho had low net in the same flight with a score of 215.

Fran Gauer was low gross winner of flight two, with a score of 290 and Suzy Lee was low net winner with a score of 224. In flight three, Sheila Schoen was the low gross winner with a score of 310 and Barbara Berthiaume was low net winner with a score of 220. Diane Germain had low net for the field (all three flights) with a score of 214.

Peggy Selby and Darlene Mjoen planned a super End-of-the-Season Couples Golf event in September – with BBQ ribs at the Port Ludlow Yacht Club following an 18 hole round.

In mid-September, PLWGA members with the most season participation points played in the All-Star Cup that featured 3 nine-hole competitions of Match Play between

the Shooting Stars and the Northern Lights. The All-Star Cup party was held at a member's beautiful home and garden on the Port Ludlow Golf Course. The winning team will be announced in the next edition of the *Voice*.

Beth Weaver is chairing the PLWGA Awards Banquet that will be held at the Bay Club on **Wednesday, October 22**. Following the last scheduled day of PLWGA play on **Wednesday, October 28**, event chairperson Sally Grything encourages all members to attend the closing day luncheon.

Friday Play Day/Match Play Friday continues to attract more member participation. For more information, please contact Bonnie Vahcic. PLWGA Captain Turney Oswald encourages all non-members who are interested in joining any of the Port Ludlow golf leagues to contact the Port Ludlow Golf Course Pro Shop.

News from the Lady Niners

by Kathy Traci, Lady Niners' Publicity Chairperson

The Port Ludlow Lady Niners hosted the Olympic Peninsula Invitational in late August. Co-Captain and Chairperson Linda Haskin invited Niner Women Leagues from Sunland, Dungeness, Lakeland, Discovery, and Port Townsend Golf Courses to this nautically-themed golf event. Social chairpersons Sandy McDonald and Judy Smith used nautical decorations for the breakfast at Niblicks and the luncheon at the Bay Club. Port Ludlow Lady Niners dressed in red, white, and blue, and sported sailor hats to welcome the guests. Port Ludlow Lady Niners' Captain Linda Bloemeke awarded the golf prizes. All attendees received a lovely glass sailboat votive holder to commemorate the event.

Upcoming events for the Lady Niners include the October Captain's Luncheon at the Belmont Hotel on **Thursday, October 9** and the End of the Season Banquet on **Thursday, October 16**. The sign-up deadline is **Friday, October 10**. Members need to indicate their entrée choice, prime rib or crab stuffed sole, and leave their check for this event at the Pro Shop desk. Port Ludlow Niner members may invite non-members, but the cost of their dinner is higher due to non-subsidization by annual Niners' membership fees.

Anyone interested in joining the Lady Niners or the Men Niners is welcome to join the league for nine holes of golf on Thursday mornings. Please contact the Port Ludlow Golf Course Pro Shop for more information at 360-437-0272.

Germain wins Club Championship

The annual Port Ludlow Men's Golf Association (PLMGA) Club Championship, held during the week of August 18, had a field of 46 players. Overall winner, in a sudden death playoff, was John Germain. On the second hole of the playoff with Tom Jones, Germain placed a 100-yard shot within two feet of the pin, on the second hole on the Tide Course. Jones out-drove Germain on the tee shot, but his second shot landed short and in the sand trap. Germain had a tap-in for a birdie and the championship.

The club championship tournament had three divisions, based on handicap. Following are winners for low gross and net scores in each division.

First Flight Low Gross: Tom Jones, first; Shelly Washburne, second; Bob Smith, third

First Flight Low Net: John Hart, first; Dick Bozanich, second; Mike Raymond, third

Second Flight Low Gross: Norn Shisler, first; Dave Aho, second; Ray Morris, third

Second Flight Low Net: Don Carlson, first; Jim Lake, second; Dick Durling, third

Third Flight Low Gross: Jim Watson, first; Jack Hirschmann, second; Bob Good, third

Third Flight Low Net: Darrell Fett, first; Dave Wheeler, second; Ken Snider, third

Port Ludlow Golf Schedules

Men's Golf Association Event Schedule

Wed., Oct. 1 Two-man Best ball
 Fri., Oct. 10 Individual Stableford
 Wed., Oct. 15 Individual Low Gross and Net
 Wed., Oct. 22 Five Clubs and Annual Banquet

Women's Golf Association Event Schedule

Fri., Oct. 3 Mix and Match Playoffs, 9:00 a.m.
 Sat., Oct. 4 WSWPLA, Camaloch Camano Island
 Tues., Oct. 7 Game Day
 Tues., Oct. 14 Game Day
 Wed., Oct. 15 Awards Banquet
 Tues., Oct. 21 Game Day

Men's Nifty Niners

Oct. 2 TBA
 Oct. 9 TBA
 Oct. 16 Couple's game; Closing Banquet

Women's Nifty Niners

Oct. 2 TBA, 9:00 a.m., Tide
 Oct. 9 Shotgun October Surprise, Captain's Lunch
 Oct. 16 Couples Game, 12:00 noon, Tide
 TBA Closing Banquet, Bay Club

Nine hole golfers games are on Thursday unless otherwise indicated. Golfers should check at the Club House for times, course, and changes to the schedule. The WGA will have casual play on Fridays during the month of October.

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Regional News

This Month on the Peninsula

First Friday Lecture: Canadian story teller John Adams, author of *Haunting Victoria*, Port Townsend City Hall, **October 3**, 7:00 p.m., 360-385-1003, jchsmuseum.org.

Gateway Visitor Center: Route 19, open 9:00 a.m. to 5:00 p.m. **Memorial through Labor Day.** After Labor Day open 10:00 a.m. to 4:00 p.m. For information or to volunteer, call 360-437-0120 or email gatewayvcr@olympus.net.

Girls Night Out: October 2, Port Townsend, sponsored by the Main Street Program, 360-385-7911, ptmainstreet.org.

Jefferson Museum of Art and History: 540 Water Street, Port Townsend, 11:00 a.m. to 4:00 p.m. General admission: \$4, free to Jefferson County residents on the first Saturday of the month. Call 360-395-1003 for information.

Kinetic Sculpture Race: October 4 and 5, Port Townsend, info@ptkineticrace.org.

Markets: Chimacum, Rte. 19 and Chimacum Road, **Sunday May through October**, 10:00 to 3:00 p.m.; Port Townsend Farmer's Market: **Saturdays through mid-November**, 9:00 a.m. to 2:00 p.m., uptown on Tyler Street, ptfarmersmarket.org.

Marine Science Center (MSC): 532 Battery Way, Fort Worden State Park. Marine and natural history exhibits, Orca display, hands-on activities. Admission: \$5 for adults, \$3 for children, members free. Call 360-385-5582 or go to www.ptmsc.org.

Marrowstone Harvest Festival: October 19, Nordland. Inquire at General Store, 360-385-0777.

Northwest Maritime Center: Wooden Boat Chandlery, 431 Water Street. Tours are available at 2:00 p.m. on Friday, Saturday, and Sunday. Call 360-385-3628.

Parks: Fort Flagler: Marrowstone Island, beach access, hiking, WWII defenses; **Fort Worden:** Port Townsend, beach access, lighthouse, museums, Centrum; **H.J. Carroll:** Highway 19, Port Hadlock, playing fields.

Port Townsend Aero Museum: Jefferson County International Airport, 195 Airport Road, 9:00 a.m. to 4:00 p.m. Admission: \$10 for adults, \$9 for seniors, \$6 for children; free for children ages 7-12. Exhibits feature vintage aircraft. Biplane rides by Goodwin Aviation Company, 360-531-1727.

Puget Sound Coast Artillery Museum: Fort Worden State Park, 10:00 a.m. to 4:00 p.m. Admission: \$3:00 for adults, \$1:00 for children. JCHS members free. Harbor defenses in Puget Sound. Call 360-385-0373 or visit coastartillery.org.

Quilcene Fish Hatchery: 281 Fish Hatchery Road, Quilcene, 10:00 a.m. to 4:00 p.m., call 360-765-3334.

Rothschild Museum: 418 Taylor Street, 11:00 a.m. to 4:00 p.m., **May through September.** Admission.

Trick or Treat Parade: October 31, Downtown Port Townsend, 360-385-7911, ptmainstreet.org.

Charter School Law Questioned

The state Supreme Court will review the charter school system law approved by voters in 2012. They will consider whether the law violates the state constitution. At question is whether taxpayer dollars can be used to fund the operation of the schools. The arguments have been scheduled to take place on **October 28**.

King County Superior Court Judge Jean Rietschel found that parts of the law were unconstitutional last December. The arguments hinge on whether charter schools meet the definition of "common schools." If they don't, they are ineligible for funding.

The coalition bringing the suit consists of the state teacher's union, some Washington state school administrators, the League of Women Voters, El Centro de la Raza, and a group of parents and school advocates.

Gun Initiative Backers Stock War Chests

In a few months Washington voters will weigh in on two gun related measures. Initiative 594 calls for universal background checks for gun transfers including purchases at gun shows and private sales. There are exemptions for antiques and gifts among a family. Initiative 591 would prevent the state from expanding checks above the federal standard and prohibits confiscation of firearms without due process.

Initiative 594 backers have raised over \$3.4 million. Healthy chunks of cash have come from Microsoft executives Steve and Connie Balmer and Bill and Melinda Gates. Venture capitalists Nick and Lenore Hanauer have also pledged support. Initiative 591 is supported by the National Association of America Washingtonians Opposed to 594 and The Citizen's Committee for the Right to Keep and Bear Arms. Both campaigns have spent lavishly to qualify for the ballot and will step up fund-raising as the elections draws closer.

Polls of voters show they favor stricter gun checks. There were voters who said they would vote for both measures. If both passed the matter would go to the courts for resolution.

County Emergency Management Needs Volunteers

The Jefferson County Department of Emergency Management is seeking three volunteers from the community to join the agency's Incident Management Team. While not position-specific, the type of assistance the agency is seeking would include a variety of tasks needed most especially when the Emergency Operation Center (EOC) is activated for any reason.

Interested individuals should be willing to attend bi-weekly meetings, be available for training exercises, and be willing to respond to a call to duty for a 12-hour period of time if the EOC is activated. Volunteers may be asked to deal with multiple phone calls and assist other team members and/or section leaders with tasks related to planning, logistics, and communications. Prior experience in any of those categories is a plus, but not required.

For information about becoming a volunteer, log on to www.jeffcoec.org. Go to Quick Reference and click on Volunteer Opportunities. The Department of Emergency Management is located in Port Hadlock at 81 Elkins Road. For specific questions or additional information, call 360-385-9368.

Hospice Annual Memorial Service to be Held

Hospice of Jefferson Healthcare will hold its annual community memorial service on **Thursday, October 30** starting promptly at 5:00 pm. The service will be held at Quimper Unitarian Universalist Fellowship, 2333 San Juan Avenue, in Port Townsend. There will be refreshments and sharing afterward.

Anyone in East Jefferson County who has experienced the death of a loved one in the past year is invited to join with friends and family. This free, non-denominational service of remembrance emphasizes community and the celebration of life. It is held every autumn before the holiday season, because the holidays are often difficult and lonely, especially during the first year after the death of a loved one.

The service includes music, candle lighting, a program of responsive readings, reflections and sharing and will be officiated by Chaplain Stephanie Tivona Reith. Musical interludes will be provided by harpists Paula Lalish and Shannon Ryan, as well as by members of the Threshold Choir.

During the ceremony a memorial quilt, made by the Cabin Fever Quilters, is displayed and family members and friends are encouraged to add a photo or memento

to honor and remember their loved one. The quilt is used as a symbol of hospice and represents the long-held American traditions of home, family, community, and caring, all hallmarks of hospice care.

The memorial service is made possible by the generosity of the Hospice Foundation of Jefferson Healthcare, a 501(c)(3) non-profit organization. For more information, visit jeffersonhealthcare.org.

Sound Community Bank Completes Acquisitions

Sound Community Bank announced the completed acquisition of three Columbia Bank branches on the North Olympic Peninsula. Sound Community Bank now offers banking services in Port Ludlow and expands its market share in Sequim and Port Angeles. The Port Ludlow branch marks the bank's first presence in Jefferson County. Sound Community Bank received approximately \$22.2 million in deposits and \$1 million in loans from the transaction. Sound Community Bank paid Columbia Bank a 2.35 percent total deposit premium.

Sound Community Bank has six retail offices, the virtual "EZ Branch," and one loan production office. In Port Angeles, Sound Community Bank will operate the current Columbia Bank branch as Sound Community Bank until **Monday, November 10**. It will then consolidate into the existing Sound Community Bank branch, eight blocks east at 110 N. Alder St. In Sequim, the bank permanently closed the original branch at 541 N. 5th Ave. as of September 12. There is no location change in Port Ludlow and this branch will begin Saturday hours, from 9:30 a.m. to 1:00 p.m., **Saturday, October 4**.

Laurie Stewart, President and Chief Executive Officer of Sound Community Bank said, "We are delighted to welcome the clients and employees of Columbia Bank. The acquisition of these Columbia Bank branches helps us expand our market share and our community impact on the peninsula. We are pleased to offer our great products and services, along with our expert client service, to the residents of Clallam and Jefferson Counties."

Sound Community Bank is a full-service bank, providing personal and business banking services in communities across the greater Puget Sound region. The Seattle-based company operates banking offices in King, Pierce, Snohomish, Jefferson, and Clallam Counties, and on the web at www.soundcb.com. Sound Community Bank is a subsidiary of Sound Financial Bancorp, Inc.

Jefferson County Chamber of Commerce

Laura Brackenridge, Meeting and Event Coordinator



New Port Townsend Visitor Center Manager Lorna Mann enjoying her first Chamber After-Hours Mixer at the Port Ludlow Village Center with outgoing Manager Karen Anderson.

Submitted photo

Monday Member Lunch Meetings: Noon to 1:00 p.m. at the Elks Lodge, 555 Otto St., Port Townsend.

October 6: Speaker Scott Wilson, *Port Townsend and Jefferson County Leader*, speaks on “PT’s Earliest Builders.” The 125-year history of the *Leader* and the 140-year history of its building provide a direct link to the first two generations of entrepreneurs who built Port Townsend, some of whom are never mentioned. In this slide show, you’ll also learn how the building’s builder helped launch one of the world’s great banks. Sponsored by The Resort At Port Ludlow.

October 13: No Meeting, Columbus Day.

October 20: Sheriff candidate Forum, Wendy Davis and Dave Stanko will talk about their vision for Jefferson County. Sponsored by Sirens.

October 27: County Commissioner candidates, Kathleen Kler and Dan Toepper. Sponsor TBA.

Other Meetings and Events

Tuesday, October 7: Ambassador Meeting, 5:30 to 7:00 p.m., Manresa Castle, 7th and Sheridan, Port Townsend.

Tuesday, October 14: After Hours Mixer, 5:30 to 7:00 p.m., Resort At Port Ludlow, 1 Heron Rd., Port Ludlow.

Tuesday, October 21: Board of Directors Meeting, 4:00 to 6:00 p.m., Hope Roofing, 105 Louisa St., Port Townsend.

Thursday, October 30: Young Professionals Network Test Lab, 5:30 to 7:00 p.m., 237 Taylor St. 2nd Fl., Port Townsend.

For additional information about the Jefferson County Chamber, phone 360-385-7869 or visit www.jeffcountychamber.org.

Falls Prevention Awareness Day

Jefferson Healthcare hosts a Fall Prevention Awareness Day on **Sunday, October 12**, from 11:00 a.m. to 3:00 p.m. in the Physical Therapy and Rehab Clinic at the main entrance of the hospital. The event is free of charge.

This educational event will give participants much needed information on how to improve their personal safety by preventing falls in their homes. There will be guest speakers, demonstrations, and classes on stability, balance, and nutrition.

Falls are the leading cause of both fatal and non-fatal injuries for those 65 years of age and over. Every 14 seconds, an older adult is seen in an emergency department for a fall-related injury. The chances of falling and of being seriously injured in a fall increase with age.

This event highlights the important roles professionals, older adults, caregivers, and family members play in raising awareness and preventing falls in the older adult population. “Falls are not a normal part of aging and the resulting injuries can steal quality life from seniors and their families,” said Albert Terrillion, National Council on Aging Senior Director, Clinical Community Partnerships. “This awareness day is an opportunity for older adults and their support communities to learn how to reduce fall risks so our seniors can stay independent for as long as possible.”

Studies show that a combination of interventions can significantly reduce falls among older adults. Experts recommend:

- A physical activity regimen with balance, strength training, and flexibility components
- A consult with a health professional for a fall risk assessment
- A periodic review of medications
- An annual vision check.
- A review to ensure the home environment is safe and supportive.
- An annual hearing assessment.

Programs like t’ai chi help older adults gain strength, improve balance, and build confidence to help them live healthier lives and preserve their independence.

UGN Raises Goal to Address Critical Needs

United Good Neighbors of Jefferson County (UGN) seeks help from the Jefferson County community each year to provide assistance to individuals and families who need a boost to make it through a tough time. “We raised nearly \$300,000 last year and were able to increase our grants by 20 percent over the previous year,” says Nikki Russell, Director of Development and Community Engagement. “Long-time supporters have asked us to increase our goal this year to \$350,000 by challenging our current donors to give a little more and encouraging others to give for the first time.” Port Ludlow residents can look for the 2014 campaign brochure in this month’s mail.

A former Ecumenical Christian Helping Hands Organization (ECHHO) client, whom UGN helped several years ago, overcame a serious and debilitating problem and can now sing again. Her concert, on behalf of ECHHO, raised community awareness and was a moving tribute to the community, raising over \$1,000 for ECHHO and spurring volunteer applications.

JC MASH, which provides healthcare for low-income and uninsured residents, regularly receives free-will donations from former patients as expressions of gratitude for care received at its clinics in Port Townsend and Port Hadlock.

A guest of the Community Outreach Association Shelter Team (COAST) winter shelter told a volunteer that, “It wasn’t the bed or the hot meals that mattered most to me; it was the hospitality of the staff and volunteers that made a difference in my life.”

A homeless client at Jefferson Aids Services re-connected with his mom and provided her with assistance. She helped him to get into rehab for his drug dependency.

UGN initiated “Chick Chat” at Jefferson Teen Center on Thursdays to help teen girls find fruitful ways to overcome jealousies, insecurities, and hurts in a safe and caring place.

UGN provided funds to Harbor House, a day center for people with mental illness. The funds provided food and needed appliances. Clients say that they are grateful to be able to come to Harbor House and be safe. Harbor House provides a place where they can fulfill basic needs for sustenance and cleanliness.

UGN helped a woman remain in her home after the death of her husband from cancer. After his death, the client was deeply in debt as a result of having an in-home aid. A pro bono attorney was able to keep Department of Social Health Services from enforcing a lien against her home.

The Jefferson County YMCA state-licensed Day Care Program for Low-Income Families used UGN funding to bridge a financial gap a single mother faced when the state could not reimburse her for childcare. The single mother of five children could not work because her youngest child had a brain condition that required frequent hospitalization and doctors’ visits. The state does not reimburse for childcare if the parent is not working, so the YMCA, with the support of UGN, provided financial assistance.

UGN also made sure that kids have food on weekends through the Back Packs for Kids program.

Patricia Hoyecki Joins the Sleep Medicine Clinic

Jefferson Healthcare is pleased to announce the transition of Patricia Hoyecki, ARNP, from Jefferson Healthcare Medical and Pediatric Group to the Sleep Medicine Clinic in our Outpatient Specialty Clinic. Hoyecki has been a registered nurse since 1976. She completed Family Practice Nurse Practitioner studies at the University of Washington in 1997. Her experience across the decades has overlapped with emergency nursing and medicine for thirty years, primary care for seven years, endocrinology for three years, and advanced wound care for six years.

Hoyecki is certified by the Board of Registered Polysomnographic Technologists as a Sleep Educator. She has also completed the education program for nurse practitioners with the American Academy of Sleep Medicine. Hoyecki is highly qualified to take on her new dual role and is excited about the transition at Jefferson Healthcare.

This new position was created for Hoyecki when Brooks McMillan, ARNP, retired. Jefferson Healthcare continues to meet the demands of our community by increasing the availability of sleep medicine and advanced wound care. The sleep medicine clinic is accepting new patients; call 360-385-9961.

Upcycling Comes to Port Townsend Habitat

The Habitat Store in Port Townsend is known as a treasure chest full of antiques, furniture, housewares, fabrics, and more. An increasing number of customers are sharing their “upcycled” creations, items they purchased at the store but made better with some creativity and elbow grease. This inspired the store’s management to offer an exciting new program.

continued on next page

Upcycling continued from previous page

Artists, creative geniuses, and weekend crafters are invited to share their talents with the community. It's easy, fun, and a way to give back to the community and market your talents.

Visit the Port Townsend Habitat store and purchase an item. Get busy turning it into an upcycled masterpiece. Return that item back to the Habitat store for resale. Habitat will refund you the price of the item and reimburse you up to \$25 for materials purchased for your product. Your item, profile, and contact information will be prominently displayed at the store reaching hundreds of Habitat customers who are also your potential customers.

One hundred percent of the proceeds from the sale of your item, and all Habitat sales, support Habitat's work building and repairing homes in partnership with people in need. Upcycling is a program to re-use, repurpose, recycle, repaint, and most importantly reinvest in the community.

Habitat for Humanity of East Jefferson County (HFHEJC) builds and repairs simple, decent houses in partnership with people in need. Participants put in 250 to 400 sweat equity hours as a down payment on their home, and pay for the cost of materials through an affordable mortgage. Since its founding in 1998, HFHEJC has built 32 houses, recycled five, consequently providing simple, decent, affordable homes for 37 families including 75 children. For more information or to donate or volunteer, visit www.habitatejc.org or call (360) 379-2827. The Upcycling Program is available at the Port Townsend store only.

Community Forum on Ocean Health

The Northwest Straits Commission and Jefferson Marine Resources Committee will host a Community Forum on Ocean Health on **Tuesday, October 7** from 6:30 to 8:00 p.m. at the Northwest Maritime Center in Port Townsend. This is a free event focused on the science of changing ocean chemistry, its effects on sea life, and what is being done locally to combat the problem in Puget Sound.

Dr. Simone Alin, Research Scientist at NOAA's Pacific Marine Environmental Lab, and Betsy Peabody, Director of the Puget Sound Restoration Fund, are the featured speakers. A more local perspective will be provided by Cindy Jayne from the Jefferson County/Port Townsend Climate Action Committee and Jean Walat from the Port Townsend Marine Science Center.

To learn more about the event, visit jeffersonmrc.org.



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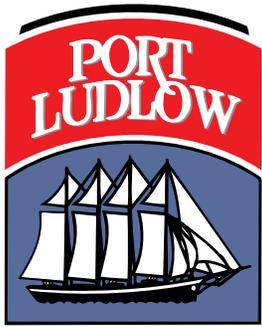
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October 2014

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Aquarobics. Exercise Program. No-impact water exercise. No instructor, no fee. Members only. Bay Club	8-9 a.m.	9-10 a.m.	8-9 a.m.	9-10 a.m.	8-9 a.m.	9-10 a.m.	
Aquawalk. Exercise Program. Walk your way to fitness. No instructor, no fee. Members only. Bay Club	9-10 a.m.	8-9 a.m.	9-10 a.m.	8-9 a.m.	9-10 a.m.	10-11 a.m.	
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Bridge ACBL. Duplicate. Bridge Deck	12:30-4 p.m.						
Bridge Overtricks. Chicago-style bridge. Bay Club					1-4 p.m.		
Computer Club Workshop. Topics vary. Bring your questions and problems. Bay Club						10:30 a.m.-noon	
Exercise Group. Men and women welcome. Instructed, no fee. Bay Club		7:30 - 9:00 a.m.		7:30 - 9:00 a.m.		9:00-10:30 a.m.	
Flyfishers. Feathers and thread creations that tempt fish. Bay Club		9 a.m.-noon					
Golf. Ladies' 18 hole. WGA		Pro Shop Bulletin Board					
Golf. Men's 18 hole. MGA			Pro Shop Board				
Golf. 9 hole. Nifty Niners				Pro Shop Board			
Hikers. Timberton Loop Hike. Meet at Timberton Road parking area			9 a.m.				
Hula Dancing. Instructed, fee. Beginning Hula for ladies. Beginning Hula for children. Advanced Hula for teens. Advanced Hula for Ladies. Beach Club							10:30 a.m. 11:30 a.m. 12:30 p.m. 1:30 p.m.
Hula For Health. Instructed, fee. Bay Club					10-11 a.m.		
Line Dancing. All levels of dancers welcome. No fee, great fun, exercise. Bay Club				9:30-10:30 a.m.			
Mahjogg Bay Club			12:45-4:45 p.m.				

Regularly Scheduled Community Activities

Printed quarterly Jan., Apr., July, Oct.

Call Kathie Bomke 437-4086 with changes corrections

October 2014

Activity	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Sun.
North Bay Arts Group. Workshop for all experience levels. Bridge Deck					1-4 p.m.		
Port Ludlow Amateur Radio Club. Ferino's Pizzeria			11:30 a.m.				
Port Ludlow Pickleball Association. Members Pickleball Court Pick-up play - Men & Women Pick-up play - Women	10-12:30	10-12:30	10-12:30	10-12:30 10-12:30		10-12:30	
Port Ludlow Singers. Mixed Chorus. Alternate Beach & Bay Clubs			6:00-8:00				
Port Ludlow Village Sounders. Barbershop Bridge Deck		2:30 p.m.					
Quilters by the Bay. Beginners through expert. Bay Club			1-4 p.m.				
Swimming. Open swim - adults Open swim (children welcome) Lap Swim - adults Open swim (children welcome) Bay Club Pool	10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30	10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30	10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30	10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30	11-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30	11-noon noon-3:00 3-4:30	noon-4 p.m.
Tap Dancing. Intermediate to advanced. Instructed, fee. Bay Club	9:30-11:00 a.m.						
Tennis. Organized doubles play. Mixed - South Bay Men's - Kehele Park Round Robin - South Bay		10 a.m. 10 a.m.		10 a.m. 10 a.m.		10 a.m.	
U.S. Coast Guard Auxiliary. America's Volunteer Guardians. Flotilla 41. Snug Harbor Cafe		9:00 a.m.					
Yoga. Excellent non-aerobic exercise. Instructed, fee. Bay Club		9:45-10:45					
Yoga Body Movement. Instructed, no fee Bridge Deck	7:30-9:00 a.m.		7:30-9:00 a.m.		7:30-9:00 a.m.		
Yolates. Cross training workout combining Yoga and Pilates. Instructed, no fee. Bay Club	8:15-9:30 a.m.		8:15-9:30 a.m.		8:15-9:30 a.m.		
Zumba Classes Instructed, fee. Bay Club Zumba Gold Toning. Zumba / Zumba Toning. Zumba Aqua Zumba	8-9 a.m.	5:15-6:15	9:30-10:30	8-9 a.m. 5:15-6:15		10-10:45	