

# Port Ludlow Voice

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June 2022



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The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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***Before attending an event, be sure to confirm the organization's in-person status.***

### The Voice Online

*plvoice.org*

**Breaking News:** Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

**Expanded Articles:** Read complete versions of articles and media appearing online only.

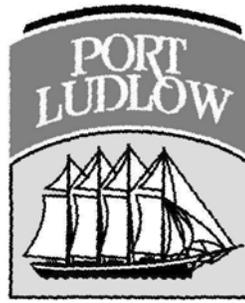
**Full Content on the Website:** All the content from the magazine is now posted online.

**Letters to the Editor:** Read comments, criticisms, and suggestions from other readers online.

**Advertising Information:** Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

**Archived Voice Issues Online:** Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

**Moving It On:** A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.



**Port Ludlow Voice**

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**ON THE FRONT COVER**  
**Photo by Steve Deligan**

## News & Community

### Editorial

by Carol Riley, Copy Editor

Loyal readers of the *Voice* have come to expect our “center-fold” Spotlight article to be about local community organizations that make a difference, entertain us, educate us. This month’s Spotlight article has a much broader reach, a world view. Elena Salaks, a Port Ludlow resident, shares with us her heart-wrenching story of her journey to the war-torn borders of Ukraine. In the telling, she says at one point that “her heart hurt.” Our hearts will hurt as well as we read about the experiences she had and the people she met. Most of us cannot do what Elena was able to do—so instead we do what we can do. We give financially, we donate toiletries, we send clothes and shoes and other needed items, and we pray.

There is something else we can do. We can practice kindness and civility here. May was International Civility Month. I had hoped to write an article for the May *Voice* about it because it resonated so with me, but time and deadlines happened, and I didn’t. Civility is becoming a lost art and the purpose of International Civility Month, started in 2009, is to raise awareness on the decline of civility around the world. It is said that civility is a key component in our overall image and plays a huge role in our day-to-day interactions.

Civility is becoming a matter of concern regarding how people conduct themselves in social and professional situations. Civility has one golden rule: treat others how you would like them to treat you. It reminds me of the book, *All I Really Need To Know I Learned In Kindergarten*, by R. Fulghum, a basic, common-sense approach to life situations. The proponents of civility suggest that we undertake a 31-day civility challenge with suggested acts of civility for each day of the month. Some of the more basic ones are good reminders in these trying times: say please and thank you, make eye contact (does that mean I have to put down my phone?), have a positive attitude, don’t interrupt, be proud of your appearance, tip fairly, and more.

Maybe we can’t go to Ukraine, but that doesn’t mean we can’t make a difference in the world, in our country, in our county, in our beautiful Village in the Woods by the Bay.

Submit your articles by email to  
newseditor@plvoice.org by the 8th of the preceding month.

### Cash for Platinum & Gold

by Barbara Berthiaume, Staff Writer

The Peninsula Support Organization is again sponsoring the Cash for Platinum & Gold event. It will be held on **Saturday, June 25**, in the Bay View room of the Beach Club from 10 a.m. to 4 p.m. At this event, interested sellers can receive cash for their old, broken, or unwanted items made of gold, sterling, or platinum.

The buyer, Stan Morton, has been in the retail and wholesale jewelry business for much of his life, and started Cash for Platinum & Gold more than 40 years ago to supplement his retirement. All of his business comes from referrals and he has had a loyal following in Port Ludlow for nine years.

Satisfied customers say that Morton offers as much as 50 percent more than other buyers of precious metals. He explained that he is able to do this because he has little overhead and has personal relationships with local West Coast refiners who do the smelt and assaying.

A resident of Newport Beach, California, Morton has been an ambassador with his city’s Chamber of Commerce for over 15 years. He is a volunteer in his community and has worked with charities, churches, and synagogues to hold Cash for Platinum & Gold fundraising events.

The buying and selling process is simple: Morton weighs each item and then tests to determine the content—for instance, with gold, whether it’s 10K, 14K, 18K, 22K, 24K, or something in between. He pays in cash and provides a receipt for each client’s records.

Morton donates 10 percent of his proceeds to the Peninsula Support Organization, which supports STEM and the World Vision Essential Supplies programs on the Peninsula. For more information, contact Eline Lybarger at [Rayline@centurylink.net](mailto:Rayline@centurylink.net) or Teresa Forrest at [Teresa.forrest@gmail.com](mailto:Teresa.forrest@gmail.com).

## Used Book and Media Sale

A popular used book sale is returning. It will be held on **Friday, June 10**, from 3 to 6 p.m. and **Saturday, June 11**, from 10 a.m. to 4 p.m. Book choices will include fiction, travel, philosophy, biography, cookbooks, and more. CDs, DVDs, and an expanded children's section will also be featured.

The price of most books will be \$2; after 3 p.m. on Saturday, a bag of books will cost \$5. The sale will be at the Quimper UU Fellowship, 2333 San Juan Ave. in Port Townsend.

This sale will be held indoors and, like many events, may be affected by any prevailing Covid conditions in our county. Masks and proof of vaccination are likely to be required. For more information, send an email to [kmadson3of9@gmail.com](mailto:kmadson3of9@gmail.com).

## What Does It Mean To Be Human?

On **Tuesday, June 14**, Martha's Book Group will discuss *Klara and the Sun* by Kazuo Ishiguro. It's the story of a sickly teenager, her reclusive neighbor, and her artificial friend.

Situated in the not-too-distant future when highly programmed androids can be purchased to provide companionship for lonely teens, this novel explores the insecurities of coming of age and the complexities of loving too much. Ishiguro is the 2017 Nobel Prize winner for literature and author of *The Remains of the Day*, which won the Booker Prize in 1989.

The group will meet from 3:30 to 5 p.m. at the Bay Club for a discussion of what it means to be human amid the rapidly expanding field of artificial intelligence. Anyone is welcome to attend. For more information or a list of upcoming book selections, contact Sarah Schuch at [bookclub@plvoice.org](mailto:bookclub@plvoice.org).

## Building Online Resources for a Small Business

Small-business or hobby-business owners often think they don't need a web site or social media presence, especially if they aren't selling online. But now, with cell phones firmly established as "computers in everyone's pocket," companies must assume potential customers are constantly scrolling through their screens for information. And that means companies must be easy to find online.

Compass & Clock will host a free seminar on **Thursday, June 16**, to discuss the benefits of online platforms, how to use them, and ways they can help grow a business. The 11:30 a.m. virtual presentation will be given by Amber Hasenpflug, owner of Pacific Creative Studio and a self-described "maven of online marketing."

Hasenpflug said she started her company to help small-business owners transition to the digital age. During the seminar, she will also share tips on employing social media for personal use.

The monthly Compass Points seminars are presented live, to give attendees a chance to interact directly with experts in their fields. For more information and registration visit [compassandclock.com/registration](http://compassandclock.com/registration).

## Password Management and Photo-Editing Classes

Port Ludlow Digital Life (PLDL) is offering these two June sessions at the Bay Club:

The All Things Digital group will be led by John Nuerenberg in a discussion called "Password Managers: Differences, Features, Benefits" on **Monday, June 20**, from 3 to 5 p.m. Participants should bring their computers with necessary power supply. A password manager is essentially an encrypted digital vault that stores secure password login information used to access apps and accounts on mobile devices, web sites, and other services. In addition to keeping your identity, credentials, and sensitive data safe, the best password managers also have a password generator to create strong, unique passwords and ensure you aren't using the same password in multiple places.

The Camera Special Interest Group will offer a photo-editing session using Adobe Photoshop Elements 15 on **Monday, June 27**, from 10 a.m. to noon. Participants will review some of their recent close-up and macro images, and the class will end with questions and answers. Attendees should bring their laptops or other portable photo-editing devices (but they won't be necessary). The group's most recent photo exhibit is presented at [pldigitallife.org](http://pldigitallife.org).

PLDL is open to anyone with an interest in computer and photography education. For more information on either of the PLDL interest groups above, contact the organization's president, Shirley Sandoz, at [sandoz@olympen.com](mailto:sandoz@olympen.com) or Robin Glass [prglass@comcast.net](mailto:prglass@comcast.net).

## Library Adds Programs, Expands Access

As more in-person events return to Jefferson County Library, the list of community offerings continues to grow. June programs include the following:

### Reading Programs and Book Discussions

Discussion of *Homegoing* by Yaa Gyasi – **June 9**, from 6:15 to 7:45 p.m. To sign up and get a copy of the book, email [ahergert@jclibrary.info](mailto:ahergert@jclibrary.info).

Summer Reading Program – Begins **June 13**. Readers of all ages can track their reading and earn rewards.

Adult Summer Read Event – Begins **June 20**. Adults can participate in a special program with an outdoor theme. *World of Wonders: In Praise of Fireflies, Whale Sharks, and Other Astonishments*, a book by Aimee Nezhukumatathil, will be discussed July 28 in person and August 4 online.

### For Kids

Outdoor storytimes – Mondays 10:30 to 11 a.m., and Fridays 10 to 11:30 a.m., at HJ Carroll Park in Chimacum. Online storytimes – Wednesdays, via Zoom, 10:30 to 11 a.m.

Travel Tube Playset – **June 20**, from 11:30 a.m. to noon. A program to build kids' hand-eye coordination, offered at HJ Carroll Park. Participants will wrap a map around a cardboard tube and use as a navigation guide.

### For Teens

Dungeons and Dragons– **June 1 to July 20**, from 2 to 5 p.m., online. In the first session, teens will get help with using online tools, personalizing characters, and getting to know teammates. Games will be held on Zoom, with support available for setup at the beginning of each session.

Break-Out Bag Mystery Kit – **June 20 to 24**. Teens will use hints, solve puzzles, and crack a code to gain access to prizes. Registration required.

### For All Ages

How to Avoid Online Phishing – **June 7**, from 3 to 4 p.m. (hybrid in-person and online presentation). The class will focus on cyber attacks in which criminals trick internet users into providing sensitive information or downloading malicious software through an email, web site, or text.

Travel Apps – **June 14**, from 3 to 4 p.m. (hybrid in-person and online presentation). The class will focus on applications that help with trip planning.

Drawing and cartooning – **June 27**, from 11:30 a.m. to noon at HJ Carroll Park. Local author/illustrator Dana Sullivan will work with participants to create characters that express emotion and action in this low-pressure workshop.

## Updates and Ongoing Services

Holiday Closing. The library will be closed on **June 19** in observation of Juneteenth: Freedom Day.

Pedestrian Improvements. To make it easier to get to the library on foot, Jefferson County has installed "Safe Paths to School" sidewalk and lighting on Cedar Avenue. This effort entailed relocation of the transit bus shelter in front of the library and adding connecting sidewalk access from Cedar Avenue to the library entrance.

WSU Seed Library. The bookmobile will continue to make seed deliveries at scheduled stops. A variety of seeds from the Washington State University Seed Library will be available for summer planting. At the end of the season, a portion of the seeds get returned to the seed library for next year's borrowers.

Free tech support. Available on a drop-in basis with Jamie Pena, the library's digital equity navigator. She can help with low-income connectivity applications. One-on-one appointments with tech-savvy library staff are available by reservation on the library web site.

Covid Safety Practices. The library staff is required to wear masks if county Covid cases are above 100/100,000. Curbside delivery is still available, and meeting rooms are now open for use by the public. Patrons can reserve rooms with newly installed audio-video equipment (purchased with grant funds) that allows meetings to be held online as well as in person.

Program Access Options. The library is maintaining access to programs online via Zoom in addition to in-person attendance. Links to join online Zoom events can be found at [jclibrary.info](mailto:jclibrary.info).

The library, located at 620 Cedar Avenue in Port Hadlock, can be contacted at 360-385-6544 or [information@jclibrary.info](mailto:information@jclibrary.info). View the full event calendar at [jclibrary.info](http://jclibrary.info).

## Free Life-Care Planning Zoom Seminars

Attorney Tony Hinson will discuss estate and life-care planning on **Tuesdays, June 14 and 28**, at 11:30 a.m. He will present solutions that can preserve wealth, minimize taxes, and ensure a legacy.

Topics will include estate tax issues and retirement accounts; healthcare, Medicare, and Medicaid; long-term care insurance; maintaining quality of life; aging in place; estate plans; and supplemental-needs trusts.

These seminars will be held live on Zoom. To register, visit [sherrardlaw.com/seminars](http://sherrardlaw.com/seminars), or call 360-779-5551.

## Marine Wiring and Diesel Engine Workshops

Commercial fishermen and recreational boaters can learn to safely wire boats and troubleshoot diesel engines at two upcoming workshops:

### Marine Wiring - Saturday, June 4, from 9 a.m. to 4 p.m.

Topics will include wire sizing, circuit breaker and fuse ratings, cable routing and labeling, shore power circuits, corrosion protection, and instrument systems.

### Diesel Engine Troubleshooting - Sunday, June 5, from 9 a.m. to 4 p.m.

Topics will include maintenance of fuel, lubrication, electrical, cooling, and exhaust systems.

The two workshops, to be held at the Northwest School of Wooden Boatbuilding in Port Hadlock, are designed to complement each other. The cost is \$80 for one workshop or \$120 for both workshops.

Sponsors of the classes are Washington Sea Grant, The Northwest School of Wooden Boatbuilding, and Washington State University Extension. The Sea Grant College program is part of the National Oceanic and Atmospheric Administration.

Due to limited space, pre-registration is required at [bit.ly/wsg-wiring-engine-6-4-5-22](http://bit.ly/wsg-wiring-engine-6-4-5-22). For more information, contact Washington Sea Grant at [sfisken@uw.edu](mailto:sfisken@uw.edu) or 206-543-1225.

## Local Birds Infected with Avian Flu

The Washington State Department of Agriculture is tracking the highly pathogenic avian influenza (HPAI) H5N1. At *Port Ludlow Voice* press time on May 12, the agency had detected six affected flocks, with more under investigation.

State veterinarians are urging flock owners to be hyper-vigilant in ensuring there is no transfer of the virus. "With so many suspicious cases in domestic flocks and wild birds pending investigation, I can't emphasize enough how important it is to avoid exposing your flock to wild waterfowl, shorebirds, and other domestic flocks," Dr. Amber Itle, state veterinarian, said.

Two recent cases of HPAI were found in non-commercial backyard flocks in Clallam County. Flock owners contacted the WSDA sick-bird hotline to report an unusual number of sick birds and sudden deaths in their flocks. The two Clallam County instances were unrelated, with one flock of a dozen geese and the other of 10 chickens. Both flocks had direct contact with wild waterfowl.

Itle said flock owners should eliminate access to ponds or standing water on their property and keep different

domestic species like ducks and geese penned separately from chickens, turkeys, guinea fowl, and peacocks. Flock owners should also limit access to their farms, avoid lending or sharing farm equipment, and refrain from selling eggs from backyard flocks. (While eating cooked eggs does not pose a health risk, transferring eggs off-farm could also transfer the virus.)

"Now is the time to be extra disciplined, even if it seems extreme," Itle said. "If flock owners could remain diligent for just a few weeks until the waterfowl complete their migration north, we should be able to get through the worst of it with lower impact."

Note: No immediate public health concern from avian influenza virus had been detected at *Voice* press time. As always, the meat from both wild game birds and domestic poultry should be properly cooked.

Affected domestic birds should be reported to the WSDA Avian Health Program at 1-800-606-3056. Affected wild birds should be reported via the online reporting tool of the Washington Department of Fish and Wildlife. For more information see [agr.wa.gov/bird\\_flu](http://agr.wa.gov/bird_flu).

## Hiking Series to Highlight Historic Sites

The Jefferson County Historical Society and the North Olympic History Center are offering a series of hikes to historically significant places in east Jefferson County. Having done a trek to qatáy Prairie and Lagoon in May, upcoming hikes will include the following:

- June 18 - Fort Flagler
- September 18 - Indian Island
- October 22 - Irondale Beach

The history hikes will be offered twice a day, at 11 a.m. and 2 p.m., and will last about 90 minutes. The cost will be \$45 for members of either of the above sponsoring organizations, and \$60 for non-members.

Hikes will be guided by David Brownell, executive director of North Olympic History Center. Holding a bachelor's degree in history and a master's degree in public history, Brownell served as historic-preservation research coordinator for the Seminole Tribe of Florida as well as historic-preservation officer for the local Jamestown S'Klallam Tribe. He is a member of the Clallam County Heritage Advisory Board and the Board of Jefferson Land Trust.

Distance and terrain for each hike will vary. Group size will be limited to 12 participants. Registration is being handled by Simpletix, with a link from the Calendar page of [jchsmuseum.org](http://jchsmuseum.org).

**Port Ludlow Fire & Rescue**

**Alarm Statistics April 2022**

**Alarms**

|                          |            |
|--------------------------|------------|
| Fires                    | 4          |
| Rescue/Emergency Medical | 83         |
| Service Call/Good Intent | 37         |
| False Alarms             | 7          |
| Hazmat                   | 1          |
| Special Incident         | 1          |
| <b>Total Alarms</b>      | <b>133</b> |

**Ambulance Transports**

|                         |           |
|-------------------------|-----------|
| Jefferson Healthcare    | 19        |
| St. Michael's           | 25        |
| Medevac                 | 1         |
| <b>Total Transports</b> | <b>45</b> |

**Aid**

|              |    |
|--------------|----|
| Aid Given    | 56 |
| Aid Received | 3  |



Alex Sviridovich, originally from Tacoma, completed his first ride along with a fire department when he was 15 years old. He said he was impressed with the teamwork among the firefighters and made it his goal to “be the best” and acquire the skills to become a firefighter.

“Both Sarah and Alex performed exceptionally throughout the recruitment process. The common perspective shared by their peers was their consistent work ethic and great attitudes,” said Black. “I am excited to see them begin their firefighting careers—they are both great additions to PLFR.”

**Port Ludlow Welcomes New Firefighters**

Port Ludlow Fire & Rescue added two new staff members in April. Fire Chief Bret Black reported that the new hires bring the district up to full staffing of 13 full-time firefighters, as approved by the board of commissioners. Of the two new hires Black said, “their dedication to the community and public service has been notable during their time as volunteers for PLFR.”



Sarah Chapman was a fire department “resident” for one year before joining the district as a full-time firefighter and EMT. Originally from Utah, she has lived in Jefferson County for the past seven years. The youngest of nine in her family, Chapman’s goal is to become a paramedic.

**Garden Club to Host Master Gardener**

Master gardener Lys Burden will speak to the Port Ludlow Garden Club on **Wednesday, June 8**. Burden has directed a “Growing Groceries” class for more than five years in Jefferson County, offered through the Washington State University Extension. The twice-yearly “Growing Groceries” class, a combination of in-person workshops and live-streamed sessions, is open to people hungry for their own fresh produce.

The topics on June 8 will include location and climate, garden-planting calendars, seed starting and transplanting, crop rotation, pest and disease management, pollinators, and beneficial insects. Burden will share a slide presentation and timelines for planting seeds to ensure optimal production.

The meeting will be held in the Bay Club at 11 a.m., with coffee, tea, and cookies provided. For more information see [extension.wsu.edu/jefferson/gardening-classes](http://extension.wsu.edu/jefferson/gardening-classes). Send RSVPs or questions to [portludlowgardenclub@outlook.com](mailto:portludlowgardenclub@outlook.com).

## Features & Stories

### Another Reservoir of Information

by Tim Rensema, Staff Writer

Submit your articles, short stories or poems by email to [features@plvoice.org](mailto:features@plvoice.org) by the 8th of the month. Guidelines for submitting are found on [plvoice.org/guidelines-to-submit](http://plvoice.org/guidelines-to-submit)



*Photo taken by author of the possible dam site for the Port Ludlow Mill Flume, along Ludlow Creek.*

I was fortunate enough to visit the Port Gamble Museum and look at some of the old documents they have available on Port Ludlow. Although there was not as much information as I would have liked, there were still numerous treasures that would keep one engaged for quite some time. If you have not been to the museum, or for that matter to Port Gamble, it is well worth your visit. That is where the main Pope and Talbot offices were for the lumber industry, and the mill there just closed in the 1990s. The town is a National Historic District which gives it some protection from exterior modernization. Pope Resources and Rayonier decided to keep the company town as a representation of the old lumber towns of the 19<sup>th</sup> century and have done an excellent job in protecting Port Gamble.

Back to my visit to the museum. The personal histories of Talbot, Pope, and Walker are written on the walls of the museum. There are displays of some of the Gilded Age

room settings with beautiful solid wood furniture (the kind of furniture that your kids would not want!). My purpose was to look through old documents for more information for articles. The number of map books for all of their holdings going back to the 1890s was amazing.

This is where the reservoirs come in. In Port Ludlow we had the old reservoir and a water tower. The water tower was for drinking water for Port Ludlow and the reservoir was used to supply the sawmill's steam plant. I was able to find a map of Port Ludlow from 1892 that showed not only the original flume that provided fresh water in the early days, but a newer flume that was higher up in elevation and was connected to a dam well up Ludlow Creek. It appeared as though the map book had been used to record infrastructure changes at least as far as the fresh water supply was concerned. Interestingly enough, the old flume was also connected to a dam though much lower down on Ludlow Creek (possibly above the first falls). The more recently constructed flume was much more elaborate and traversed close to the 100-foot elevation contour for 9,200 feet along Oak Bay Road. This puts the head of the flume at a dam at a small gorge on Ludlow Creek. What we think are remains of the dam (basalt rock) are strewn along the streambed. Also, upstream from the dam is a large basin area that provided the pond where water was pumped up to the flume. Much of the information I was able to get came from field notes in a completed survey of the new flume dated January 7, 1938. They show the flume 9,200 feet long from the dam to Penstock Reservoir near present-day Walker and Oak Bay Road. Other interesting information in the field notes is the mention of a pump house to the heater plant and the existence of a trestle. This information helps explain a couple of things. In the pamphlet "In and Around Port Ludlow" p. 23, the author says that the Johnson gas station was a stopping place for the train that went out to Sandy Shore. There is a log bridge over Ludlow Creek at this point which would indicate that people could cross Ludlow Creek here to catch the train as the tracks are just above the creek at this point. Along the north side of Ludlow Creek to the dam, there is a right of way cut that looks much like a road or rail bed. I believe this may have been access for the trestle that supported the flume. No mention, however, is made of the flume in this discussion and the train tracks were installed in the late 1920s

*continued on next page*

*Reservoir continued from previous page*

and were possibly in operation after Port Ludlow was abandoned. Camp Walker was still being used to store logs which were dumped into the outfall of Ludlow Creek (and Port Ludlow Bay) and stored in log booms that would be towed to Port Gamble.

No remnants of the flumes exist today, but reference to them was made in two oral histories and on the Oak Bay Road redesign. In old pictures you can just see the flume to the west of the Port Ludlow cemetery, just like Sam Swanson said in a discussion I had with him. The path of the new flume is very evident as you walk in the woods toward SR19, at least as far as Phillips Road. There are still many more questions than answers, but mining for data at the Port Gamble Museum, a reservoir of information, has been enjoyable and rewarding. Rayonier has been very accommodating in availing this opportunity to research old Port Ludlow. We hope in the development of the future McCormick Trail (by PLVC Trails) interpretive signs are installed to give the viewer a better idea of all the work that went into the flumes of Port Ludlow.

## We Are Not Who We Were

*by Barbara Berthiaume, Staff Writer*

After two and a half years into the pandemic, many things have changed, including us. Before, we did not have to think about going out to dinner, shopping, taking in a movie, going to a public event, getting together with family and friends or doing anything on the spur of the moment. These activities soon became fraught with risk as Covid-19 brought dramatic changes to how we live, work, play and breathe. As it began to dawn on us that this was a pandemic of epic proportions, we were forced to change our behavior. Some of us coped by being cautious and isolating ourselves at home, some chose outdoor activities to try to maintain a sense of normalcy, and others were defiant in the face of it all. Since the start of the pandemic, we have all experienced some degree of loss. Some have experienced the loss of a loved one, a change in health and/or a good friend moving away. Some of these losses would have occurred even without the pandemic but were certainly exacerbated by it. Grief, anxiety, fear, and uncertainty are common feelings we share as we process what is happening to us.

We can all list the negative impacts of Covid in our lives. It is harder to think of what has been positive. Many of us are now proficient in using Zoom and Facetime to connect with others. Outdoor activities such as walking, hiking, and playing golf have improved our personal wellbeing. Trying new recipes is a delight for some who are not normally keen about cooking. Online grocery shopping, Amazon deliveries and telemedicine are some activities that may

remain long after Covid diminishes. Scanning boxes of photos, decluttering our homes, and developing new skills and interests can be the silver lining to all of this. My sister in California and I call each other at 5 p.m. to share a glass of wine and connect.

No judgment intended, but we dress differently now. I have a closet of Costco clothes that I now mix and match with ease. Last week, my husband and I went to lunch with a good friend, and I decided that I needed to wear something a bit dressier. I got out of my Sketchers and Costco ensemble and put on real shoes, a pair of black slacks, a long-sleeved shirt and polished it off with some semi-baroque pearls. It took about 15 minutes to put this all together and I found myself exhausted from this effort! A friend humorously noted that he feels the need to label the date he puts on his jeans as he could wear them for weeks without washing and think nothing of it. No judgment.

We are not the persons we were before the pandemic, and we will not be the same persons next year that we are today. There are some changes that are thrust upon us but there are others that we can choose. If our goal is to come out of this pandemic with good health, enriched relationships, an active mind, and optimism for the future, we do have conscious choices we can make today.

## Pruning

*by Eline Lybarger, Staff Writer*

This will not replace Cass Turnbull's Guide to Pruning, which is the bible for pruning. She revises it every few years and it should be in everyone's library. In it she gives details of how to prune specific plants. Cass calls her book the "what, when, where & how to prune for a more beautiful garden." Also, if you ever get a chance to hear her speak, don't pass it up; in addition to valuable information, she has a wonderful sense of humor. I, on the other hand, will try to give you some general guidelines that may keep your plants alive and even healthy.

When it comes to pruning, the one-third rule is probably the most valuable: 'At one time, never remove more than 1/3 of a plant. 'For example, you have a large evergreen that is taking up most of your lawn and you would like to remove the lower limbs to regain some of your yard. Estimate how tall it is, then go ahead and remove all the bottom limbs, from the ground up, to 1/3 of its total height, leaving 2/3 for the health of the plant. Plants like roses and hydrangeas will become crowded with stems. Going to the base of the plant, remove old growth, highly branched stems, and crossed stems, but not more than a total of 1/3 of the stems. For shearing a hedge: Even though you will be working from the outside, do not remove more than 1/3

*continued on next page*

*Pruning continued from previous page*

of the hedge. The same 1/3 rule applies to root pruning of potted plants.

In addition to roses and hydrangeas, let's look at shrubs like flowering quince that can get 10 feet tall. Go ahead and remove 1/3 of the old, crossed, or unhealthy stems from the center, cutting them at the base of the plant. This will improve air flow and discourage mildew. Now lower the outer stems, being sure to choose a cut above an outer-facing bud. You may also want to vary the height of the outer branches to give the appearance of a more natural growth.

It is easier to keep trees small than deal with overgrown ones. Again, from smaller trees, remove some center branches and snip the ends of others, do not shear, and your tree will maintain its shape while staying small. For large, overgrown trees be ruthless. You are going to have to cut large limbs. Again, do not shear, but cut each limb individually. When you come to the top of the tree cut it at an angle, as a flat top will collect water inviting mold and disease and the tree will die.

Shearing can lend a touch of formality to the garden. Again, it is easier to keep a small plant small than reduce an overgrown one. For example, Japanese Spirea grows in a globe shape, but by shearing the ends the shape becomes more pronounced. For new hedges, the first few years don't take off much, just nip the ends into the shape you are going for. If you want a larger hedge, trim a few inches off the tips to stimulate growth of upward and side branches, making a thicker, denser plant.

An overgrown hedge can be quite a challenge. In a straight line, at the ends, place stakes that are taller than the hedge. Run a line between the stakes at the height and width you want the hedge. A line level helps for straight-cut edges. The hedge needs to be wider at the bottom than at the top so sunlight reaches all the leaves. If you don't do this the plant will eventually drop its lower leaves. Rule of thumb is that the bottom should be at least four inches wider than the top depending on the total height of the hedge. You may also need to pre-prune large branches (anything larger than a pencil) with clippers. Most important, you will need to shear more than once a year to keep the plant looking good and healthy.

Be brave. It takes courage to prune.

## Low-Tide Beach Exploration

The public will be able to join beach naturalists from Washington State University Extension to explore Shine Tidelands three times this summer. The free events are timed to explore sea life that is exposed during low tides on the following days:

**June 15** - 10 to 11:30 a.m.

**July 16** - 11:30 a.m. to 1 p.m.

**August 11** - 9:30 to 11 a.m.

Naturalists will share their knowledge of the beach environment and, if time permits, investigate the rocks under the Hood Canal bridge.

Participants, who are not required to wear masks

at this time, can come and go as they like. Boots are recommended but not required.

The beach explorations will begin at the CenturyTel Cable Crossing cables just south of the state park entrance and the naturalists can be identified by their orange vests. Parking is limited and a Washington State Discover Pass is required for vehicles inside the state park

### Directions from Port Ludlow to Shine Tidelands State Park:

Travel south about seven miles on Paradise Bay Rd. Turn left onto Termination Point Rd. – about 100 feet before the intersection with Hwy 104 at the Hood Canal Bridge. Stay left at the Y in the road. Find a safe place to park along the road.



*Jackknife clam discovered during a beach exploration.*

Submitted photo



## The Return of Rufous

by Milt Lum, Staff Writer

For many in our area spring is synonymous with the first blooms of the rhododendron bush, but for me spring has sprung when my buddy Rufous the Red returns. Rufous is a long-distance traveler flying up here from somewhere in Mexico every spring. I'm never sure he'll make it back each year, and when he arrives, I can finally celebrate the arrival of spring.



Rufous is a migratory hummingbird in contrast to his slightly larger rival, the Anna's hummingbird who doesn't have the good sense to go south when rain and cold weather descend on our area. You'd think that a bigger guy like that would hardly cower to a smaller feistier rival like Rufous. But there is no doubt who dominates the feeder. Perhaps all that traveling does create some kind of toughness.

Some of Rufous' clan are even more ambitious and head up to my old stomping grounds in the North Country, Alaska, a journey of nearly 4,000 miles. That long-distance flying requires a lot of fuel and there aren't that many hummingbird feeders along the way. They make up for it with insects and flower nectar they find on the route.

When he first showed up several years ago, Rufous went right to work establishing his territorial rights to the feeder. It didn't matter that the Anna's had been there all winter. I assumed that Rufous would hang around all summer, but just like friends whom you take for granted that they will always be there until they're not, he was gone by mid-July.

I see him most often during the evening. It's a tradition in our home that my wife and I have a sit-down supper with each other at dusk. My place at the small table near the kitchen window affords me a clear view of the kolkwitzia (Beauty Bush), where Rufous likes to perch after a session at the feeder. It was on one of those long languid evenings with the sun still shining late in the day and a gentle breeze wafting off the water that I came to fully appreciate Rufous. His gorget was at its prime mating colors. As he turned his head from side to side it flashed in the sunlight like a neon sign. When he was buzzing about, the gorget appeared like it was on fire; but sedentary, I saw a spectrum of colors. He displayed green, scarlet, yellow, and brown iridescence in the soft light of evening, and posed long enough for me to capture those precious moments on thousands of pixels.

That evening had already been a confluence of simple pleasures: An idyllic setting, a good meal, and a glass of wine with someone special. To be entertained with Rufous' brilliant display of colors added to that special moment when life is better than good.

But Rufous' survival may be in jeopardy. Rufous hummingbirds were reclassified in 2018 by the International Union for Conservation of Nature from the least-concerned category to one of near-threatened existence. Climate change altering the blooming schedule of flowers has disrupted the migration patterns depriving the birds of much-needed nourishment along the way. Habitat loss along the migratory routes and a dearth of insects upon which they feed have also contributed to their declining numbers.

Rufous is a marvelous bit of bird magic, so much energy in a little body that travels long distances and returns to our little feeder year after year. Modernity has stacked the odds against this little guy. I don't ever take him for granted anymore. Each spring when Rufous shows up I am grateful that I'm around to see him and that for another year all is right with the world.

### Volunteers Needed!

The *Port Ludlow Voice* needs volunteers who are interested in writing articles and/or reporting on local events and meetings. There are openings for proof-readers, editors, and behind-the-scenes managers. Experience is helpful but not required. Interested? Contact [editor@plvoice.org](mailto:editor@plvoice.org)

## Meet Your Firefighters

by Ron Dawson, Guest Writer



Meet Dan Wagner, firefighter, paramedic, and medical services officer with Port Ludlow Fire and Rescue. Dan and his wife Darci have been married 21 years and live in Sequim with their three children—Brandon, 18, and twins Colton and Hailey who are in the eighth grade.

In 1996, Dan became involved in Clallam County Search and Rescue, and then moved to Sequim Fire and Rescue. He has been a part of PLF&R since 2008. Out of high school he was admitted to Washington State University in its architecture program, but after considerable involvement with Sequim fire in ride-alongs on calls, he changed his career direction to the fire service.

What Dan likes best about his job is coming to work for his two-day shifts, meeting interesting people, and experiencing days that are never the same. He enjoys training his teammates and seeing them grow in their medical skills.

The hardest part of the job, he says, is talking with family members when someone has passed. It is also tough when children are involved in an emergency. His most positive memorable event occurred when a man had a cardiac arrest and Dan was able to help him. After recovery, the man brought Dan a souvenir from the Seahawks Superbowl game.

Away from the job, Dan and his family love the outdoors. They hunt, fish and hike and are very involved in their kids' competitive soccer. He describes himself as "Mr. Outdoors." A special interest for his family in their hikes through the woods is finding deer and elk antlers which have been shed.

Dan is a skillful and knowledgeable medical asset to our community.

## New Bed & Breakfast Opens in Port Ludlow



Paradise Heights B&B Great Room.

Submitted photo

Tracy Clark, a recently retired career U.S. Navy officer, and her husband, Adrian Smith, have built and are opening Paradise Heights Bed & Breakfast, their retirement home and a boutique bed & breakfast. After 27 years of moving from one duty station to another, Tracy and Adrian are very happy to have put their roots down in the Port Ludlow community and look forward to many years here looking out at the water. They hope to share that happiness with their guests and to show them why the Olympic Peninsula and Port Ludlow are jewels worth exploring

Paradise Heights is located on a bluff overlooking the Hood Canal and consists of three adults-only guest suites, each with a view of the Canal, the Bridge, and the Cascades. Adrian and Tracy had a checklist of what they would want if they were staying in a retreat. With this list in hand, they spent three years designing and building the house to those standards. The house itself is set back in the woods, allowing the couple and their guests to bask in the quiet of the Pacific Northwest while they enjoy the views and the gourmet breakfasts prepared by Adrian in the chef's kitchen.

To further bring the outdoor beauty of the Olympic Peninsula into the house, Tracy and Adrian arranged with Ty Kent, a local photographer, to display his stunning photos of local wildlife on the walls. They designed the main floor of the house as a single great room with a 10-foot-long double-sided fireplace, panoramic view windows above the Canal and a deck to make the most of the views. As Adrian puts it, "it's easy to spend the entire day just looking out the windows at the water while the fire crackles nearby."

For more information on Paradise Heights B&B, please see [paradiseheightsbnb.com](http://paradiseheightsbnb.com) or call 360-207-1909.

## Edibles

by Carol Riley, Staff Writer

June could be called the month of the strawberry. We celebrate National Strawberry Rhubarb Pie Day on June 9, National Strawberry Shortcake Day on June 14 (along with Flag Day), and National Strawberry Parfait Day on June 25.

Aren't we fortunate that those delicious strawberries are also good for us? A one cup serving is low in calories (about 45), high in Vitamin C (149% of your daily requirement), fat-free, sodium free, rich in Vitamin A and manganese, and more.

The strawberry got its name from the practice of growing berries under straw to protect them from frost. Strawberries were first grown in the United States in the early 19<sup>th</sup> century, and now they are the leading small fruit crop with California and Florida leading the cultivation.

Before refrigeration and commercial trucking made it possible to preserve and move the berries quickly, the fruit was picked and consumed in short order—as fresh fruit, in pies, tarts, and shortcakes. Strawberries were also preserved in jams and jelly.

Did you know that strawberries are the only fruit to carry its seeds on the outside? No two seeds are the same and there are about 200 seeds on the average berry. Each one has the genetic potential to become a new variety of strawberry—amazing!

When buying berries, select ones that are firm, fragrant, and bright red with dark green, fresh-looking caps. Strawberries don't ripen after being harvested, so choose wisely and use them within a day or two after purchase. Keep them in a cool place, ideally the crisper drawer of your refrigerator; but since berries taste best at room temperature, remove them from the refrigerator an hour or two before serving. Avoid washing the berries or removing the caps until you are ready to use or serve. Remove the caps with a twisting motion, drain, then pat dry after rinsing.

When it comes to fresh strawberries, simpler is better—just eat and enjoy! Of course, also feel free to observe one of the berry holidays in June.

So, now that you are drooling for strawberries, why not take advantage of the opportunity to pick your own! Graysmarsh Berry Farm, 6187 Woodcock Road, in Sequim will be opening for pick-your-own strawberries in early June. The farm is beautiful, the staff helpful, and the berries are plentiful and fabulous. Take your willpower with you, though, because I never do and I pick SO many of those luscious berries.

Delicious recipe is on page 31.

## New Plastic Recycling Guidelines

From Jefferson County Department of Public Works,  
Modified by PLVC Utilities Committee

Beginning **June 1**, bottles and jugs will be the only types of plastic accepted for recycling in Jefferson County.

Why are we changing what plastics we take? In short, the dairy tubs, plant pots, and buckets are being sent overseas where we have no way of knowing their fate. Most likely, they are not being handled in an environmentally responsible way in a third-world country. In 2015, we were assured that these plastics had a sustainable market, so we made the switch. Now we know there is no market for these plastics, so we are going back to the bottles and jugs we accepted from 1992 to 2015.

We also hope that taking only plastic bottles and jugs will simplify what is recyclable in the plastics-and-cans bin. Contamination is a big problem. Our plastic-contamination rate in the county has been very high since we made the change in 2015. Plastics that have never been recyclable in our system continue to be put in bins by citizens.

### General Recycling Comments on Plastics

Plastic bottles and jugs: Examples are bottles that contain beverages like water and juice, shampoo and body-lotion bottles, jugs that contain dish soap or laundry detergent. Make sure your bottles and jugs are clean and empty, so they don't contaminate all the good ones. Please remove the cap as it can be a hazard to workers when the plastic is compacted into a bale for shipment. Caps can go in the trash.

Do not put plastic bottles that have contained hazardous materials like motor oil, antifreeze, or weed killer in the recycling. These must go in the trash. If these containers still have material in them, take them to the Hazardous Waste Collection facility at Boat Haven in Port Townsend.

Recyclables don't have to be dishwasher clean. Empty them out, give them a quick rinse, shake off the water and you are good to go.

Plastic lids are often of a mixed-resin grade that is not recyclable. Flat lids of any type can fall between rollers and other equipment components and damage the machinery. These go in the trash.

Plastic bags should not be recycled with plastic containers because the bags damage the bottle-sorting machinery when they get wrapped up in the rollers. Plastic bags and other film products (bread bags, zip lock bags, dry-cleaner bags, bubble wrap, etc.) can be recycled via receptacles at QFC, Safeway, and the Food Co-op.

For more information on the new recycling guidelines, see [jeffersoncountysolidwaste.com](http://jeffersoncountysolidwaste.com).



# What to Recycle

**Starts June 1, 2022!**

## Glass



Clean bottles and jars **ONLY**  
Labels OK

**NO** lids  
**NO** blue glass  
**NO** other glass  
**NO** dirty containers!



## Plastic and Cans



**ONLY** bottles and jugs  
**NO** lids  
**NO** other plastics!

**Metal cans**  
**NO** loose lids

Plastic bottles for motor oil, antifreeze, weed killer, etc. go in the trash.

\*see back page for more info

Recycling **MUST BE** rinsed thoroughly, empty, and loose in the bins—not bagged!

## Corrugated Cardboard



*Look for the wavy lines*

**CLEAN CORRUGATED CARDBOARD**  
**NO** food, wax or plastic coating

Curbside service: bundle & tie  
For all: flatten



## Mixed Paper



Boxes, paper bags, newspaper, magazines, office paper, junk mail

**If it's not on this list, we can't recycle it!**  
**No "wish cycling" please!**



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## Spotlight

### Port Ludlow Woman Returns from Ukraine with Emotional Saga from Her Native Land

*Editor's Note: Elena Salaks, a self-described "sleep-deprived marketing/tech professional, mom, wife, friend and human rights activist," lives in Port Ludlow. She recently returned to her native Ukraine on a mission to help those impacted by the Russian invasion. This is a condensed version of an article she posted online.*

by Elena Salaks, Guest Writer



I traveled to the Ukrainian border with the intent to help those displaced by the Russian invasion in Ukraine. I will never forget what I saw and heard ... the faces, the tears, the kindness, and the horror. I still find it hard to reconcile my thoughts into something cohesive—but here's a rambling attempt.

I joined an organization called Solid Rock Mission that was coordinating two-week rotations as a way to supply a steady funnel of volunteers to help those escaping war atrocities. I have the privilege of a supportive family and flexible employer. I was on a flight to Poland a week later.

The week leading up to the trip was a whirlwind of anxiety and gratitude. Our \$7,000 fundraising goal was surpassed within 24 hours, and we ultimately raised over \$45,000.

Once we (five volunteers) arrived in Poland, a contact was

waiting for us, and we were joined by four more volunteers.

Our first assignment was to help at the Krakow Main, a large train and bus station where many Ukrainian refugees were passing through on their way to their final destinations.

I loitered around the temporary shelter at Platform 4, near a booth that gave free tickets to refugees for select regions across Europe. Countless refugees would come, dazed from exhaustion, looking to find out where they should go next. We'd then scramble to find the information ourselves and verify with seasoned volunteers, so we could give refugees useful input.

Our ambition, curiosity, and language skills made us impactful at the train station and later at the border, orphanage, and refugee center.

Volunteers came from all over the world, so I'd leverage my English alongside my rusty Ukrainian and Russian to translate, connect individuals, and help moms with their kids and grandparents figure out where to go.

Many of the Ukrainian refugees were predominantly Russian-speaking, and some of the Polish volunteers and staff nearby didn't speak English, Russian, or Ukrainian. The Ukrainian and Polish languages have enough similarities that I could translate what the refugee said in Russian to Ukrainian for the Polish individual to understand.



*continued on next page*

*Ukraine* continued from previous page



The label “refugee” incites feelings of pity in me. But this was different. These were women with their children and grandparents—exhausted, infuriated, scared ... yet brave. And I could see remnants of what they were like before the war broke out. I saw myself in them. And it wasn’t pity I felt. It was hurt. My heart physically hurt.

Hearing their stories hurt even more.

A mom about my age showed me a picture of what was once her apartment, now showing two gaping holes in the wall after shelling tore through the brick.

There was nothing I could do but listen. I tried to give her money, some cash I had on hand. It was my attempt to help ease her journey.

“I don’t need your money. I need my home,” she said.

Although we hadn’t initially planned to go inside Ukraine, we ended up crossing into Ukraine as soon as we arrived at the border, as that was where we could be the most help. I had never crossed a border on foot.

The situation on the Ukraine side was starkly different from what we had just left. Along one side of the corridor was a long line of people. Some had been waiting for eight hours. My first act of service at the border was to pass out food to refugees waiting in line.

Each day was different in how we’d help. One day I joined the group that was to bring food for the guards. We got it at the Ukrainian restaurant where we ate at the night before.

While waiting for the food, one of the local volunteers shared her perspective on the war and described what middle class life is like in Ukraine (or what it was like before the war).

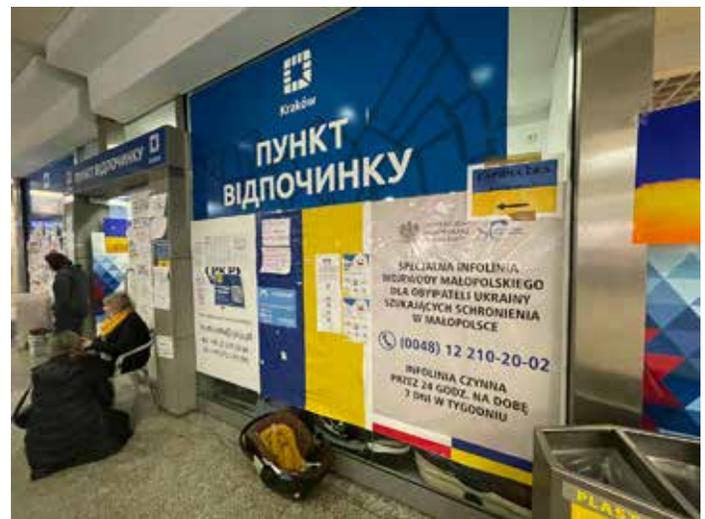
She was from the same region where I was born, so it was enlightening to hear what my life would have been like had my parents not emigrated to the States.

The Polish guards refused to accept our food, so we gave it to the Ukrainian guards, who got teary-eyed, explaining that they do 24-hour shifts and hadn’t had a chance to eat, given how busy it was.

There’s no doubt the war is leaving emotional scars. When we heard air raid sirens, the kids refused to walk through the walkway that had windows because they worried that they were being bombed. And when we heard an airplane, they got scared, saying it was Putin coming to kill them.

My trauma response is to disassociate, so I spent much of my mental capacity trying to intentionally stay present. It just didn’t feel real. I felt like I was in a movie, listening to these stories. I haven’t experienced it, but these humans in front of me were telling me what they saw, and their eyes were so sad. Even children just six years old had sorrow in their eyes. I will remember their eyes, their hugs, their stories.

I wish we could do more. Coming home and going back to just donating money feels transactional and distant. It robs me of the aura, the smell, the energy of my people. I empathize with the people who want to volunteer but can’t. And at the same time, I cry that such an opportunity has to exist.



## Arts & Entertainment

### Free Outdoor Concert Featuring *Black Diamond Junction*

by Dave Cunningham, Staff Writer



*Black Diamond Junction.*

Submitted photo

In September of 2021, Port Ludlow Performing Arts (PLPA) tried something completely new, one of those “let’s run it up the flagpole and see who salutes” kind of projects: a free outdoor concert. Would it be a bust or a big money-loser?

Obviously not, because PLPA has just decided to do it again. On **Sunday, August 7**, the *Black Diamond Junction* band will perform from 2 to 4 p.m. on the grassy field adjacent to Oak Bay Road, just south of Grace Christian Center ... and the show is free to all.

“We did the first one because, after 18 months of Covid restrictions and multiple cancelled PLPA concerts, we wanted to let the community know we were still operating,” said PLPA board member Gregg Patton. “We were hoping to jump-start a new, normal season before the end of 2021, which we did.”

The PLPA board of directors dealt with considerable trepidation when they booked two bands for the first free outdoor concert.

“As a board, we were quite out of our comfort zone,” Patton said. “We had decades of history presenting indoor, tightly managed shows, booking acts six months to more than a year in advance. There was a routine which was repeated and became very familiar, with a fairly predictable audience attending each show.

“Now we were suddenly trying something that was free, outdoors, on grass where nothing had ever been staged before—not knowing whether we would get 20 people or a

Submit A&E events in Port Ludlow and surrounding communities in Jefferson, Clallam and Kitsap counties to [brothenborg@plvoice.org](mailto:brothenborg@plvoice.org) by the 8th of the month.

thousand. We had to find a portable stage, amplify sound, get port-a-potties, hire bands, find a food vendor. It was a bit nerve-wracking.”

It turned out to be a huge success, with many hundreds of people sitting on blankets and lawn chairs on the grass, many of them discovering what Port Ludlow Performing Arts was all about for the first time. That led to new season subscribers and at least one new board member.

They danced and sang along with the bands, bought snacks from the Dusty Green Café food vendor and enjoyed being outside on a sunny day.

“It was such a fun event,” Patton said, “that we kind of got sucked into the idea of doing it again and ... dare we say it? Making it an annual event.”

The Black Diamond Junction band hails from Port Angeles and plays rock, country, and pop favorites, so they figure to satisfy almost everyone. Key facts to remember: (1) bring a blanket or folding chairs to relax when you aren’t dancing on the grass, (2) parking will be available at Grace Christian Center, with plenty more off Marina View Drive and Olympic Place, and (3) it’s free!

Also please note that PLPA’s final indoor concert of the 2021-22 season will be **June 11**, with the Barrio Manouche band performing at 7 p.m. in the Bay Club. Those who attended their first-ever PLPA concert on April 30 still have a 2-for-1 offer, which means that they can get a free ticket for the June 11 concert. Send an email to [contact@plpa.us](mailto:contact@plpa.us) for further information.

### PLPA Performer at Metropolitan Opera

Did you see the last concert at the Bay Club when Michael Bridge performed on his digital accordion and Kornel Wolak played the clarinet? We were amazed to learn that with the flip of a switch the accordion can produce the music of guitars, drums, keyboards and more.

Bridge will be performing with the Metropolitan Opera on **Saturday, June 4** in the opera *Hamlet*. Can’t get to New York City to see the performance in person? No worries, because the Rose Theatre, 235 Taylor Street, Port Townsend, will rebroadcast the opera on **Saturday, June 4**, at 9:55 a.m. You can check this out at [rosetheatreporttownsend.org](http://rosetheatreporttownsend.org).

## PLAL Group Art Exhibit at the Bay Club



Fun With the Wind, by Jeanne Joseph.

Submitted photo

For many, summer is the time for trips to the beach, outdoor barbecues, and long evenings on the porch. To capture some of your favorite summer activities, the new art exhibit at the Bay Club is entitled *Summer Delights*. This exhibit is sponsored by the Port Ludlow Art League and will run from June through July. Be sure to stop by the Bay Club and vote for your favorite artwork.

As an added bonus, Ann Arscott's stunning artwork will be on display in the Bay Club's lobby during June and July.

The Bay Club is located at 120 Spinnaker Lane in Port Ludlow. For more information on art exhibits at the Bay Club, please email Alan Ahtow at [info@portludlowart.org](mailto:info@portludlowart.org).



## Port Ludlow Art League - Art Around Town

The Port Ludlow Art League is comprised of artists that create a rich variety of artwork. Along with art exhibits at the Port Ludlow Art League's Gallery, Sound Community Bank, the Port Ludlow Inn and Resort, and the Bay Club our membership provides a spectacular collection of artwork at the following locations now through **July 2022**.

- Coldwell Banker Best Homes – Vicky Foster Harrison – Encaustic Paintings
- Active Life Physical Therapy – Fran Bodman – Acrylic Paintings
- The Beach Club – Vicky Foster Harrison – Encaustic Paintings
- Port Ludlow Post Office – Nina Everitt – Scratch Art Paintings

For more information, please visit [portludlowart.org](http://portludlowart.org).

## Port Ludlow Art League

Artist of the Month – Ann Arscott



Low Tide, by Ann Arscott

Ann Arscott uses a wide range of mediums, including oils, pastels, and watercolors to depict the beauty of nature. Ann's almost life-sized paintings explode with color, light, and texture. Her love of Chinese brush painting led her to study at the China Institute in New York City.

Ann's award-winning work has appeared in galleries around the world, including New York, New Jersey, and Tokyo, as well as in Washington. Currently, Ann's paintings are featured at Gallery Nine in Port Townsend.

During June, you can view Ann's artwork at the Sound Community Bank and online at [portludlowart.org](http://portludlowart.org). The

*continued on next page*

PLAL continued from previous page

Sound Community Bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow. For more information, please email [info@portludlowart.org](mailto:info@portludlowart.org).

### Jeweler of the Month – Li Ding-Salopek

Li Ding-Salopek believes jewelry making is a creative medium with emotion and passion. She is able to visualize a concept and turn it into an exquisite piece of jewelry using only the highest quality of silversmithing.



Jewelry by Li Ding-Salopek.

Submitted photos

Li enjoys incorporating new skills and techniques into her designs. For example, Li has recently developed a new method of soldering that creates branches of trees in sterling silver without the use of a cast model. In addition to silversmithing, Li hand grinds jade and other precious minerals into unique shapes for each piece of jewelry.

You can view Li’s jewelry at the Sound Community Bank, the Port Ludlow Art League Gallery, and online at [portludlowart.org](http://portludlowart.org). The Gallery is located next to the Sound Community Bank at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow. For more information, please email [info@portludlowart.org](mailto:info@portludlowart.org).

### Free Fun Things to Do

by Bev Rothenborg, Arts and Entertainment Editor

In addition to their regular programs and workshops, Centrum in Port Townsend has many free events planned for the next few months. Check out the following for lots of interesting programs:

The Chamber Music Series begins with the Dover Quartet and a Faculty Concert on **Sunday, June 12**. Earlier on **Thursday, June 9**, at 7:30 p.m. there will be a free concert with ensembles coached by the Quartet. In addition, the workshop participants present student showcase concerts on **Friday, June 10** and **Saturday, June 11**, both at 7:30 p.m. at the Wheeler Theater. These additional concerts have a ticket fee of \$10.

One of my favorite things to do every year has been Free Fridays at the Fort. Take a picnic (or purchase food at the Commons), your chair and some sunscreen (well, we can dream), to enjoy this wonderful annual event. This lunch-time concert series which begins at noon is on the lawn next to the Commons and features the performers and students participating in Centrum workshops. It begins on **Friday, July 1**, with a steel drum band. The series continues every Friday until **August 5**.

Centrum is located on the grounds of Fort Worden State Park. They can be reached at 360-385-3102 or at [centrum.org](http://centrum.org).

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## *Beach Club / North Bay*

### Update from the Manager

*by Brian Belmont, General Manager*

Since January of 2020, there have been 235 property transfers in the North Bay which represents more than 20% of our LMC membership. The number of property sales we have been seeing during this period is unprecedented. Our new members have varying degrees of understanding of what it is like living in a community association. Some have had prior experience but for some this is all brand new.

I encourage all owners to become familiar with our governing documents which include Covenants, Conditions and Restrictions (CC&Rs), Articles of Incorporation, Bylaws and Rules and Regulations. These documents can be found on the LMC website [LMCBeachClub.org](http://LMCBeachClub.org). The governing documents are the rules of the road for our membership, staff, committees, and Board of Trustees. If you have questions about the documents, feel free to contact me and I will do my best to answer them.

We are hopeful that later this year, once the County Covid case count declines, LMC will host a newcomer's welcome event for our new residents.

If you are an LMC member and are not receiving our monthly e-Navigator newsletter or other announcements via email, send me an email to the address listed below and I will make sure you are on our email list. We use email to send out committee and Board meeting information as well as other information we feel will be beneficial to our members.

Following the April Annual Membership Meeting, the Board of Trustees elected new officers for the upcoming Board year. They are as follows: Vaughn Bradshaw, President; Joan Johnston, Vice President; Bob Shaw, Treasurer; and Austin Kerr, Secretary.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at [beachclub@olympus.net](mailto:beachclub@olympus.net).

LMC and the Beach Club  
 Phone: 360-437-9201  
 Email: [BeachClub@Olympus.net](mailto:BeachClub@Olympus.net)

Sign up for our monthly e-Navigator by emailing the above address.

Visit [LMCBeachClub.org](http://LMCBeachClub.org) for more information about your North Bay HOA

*Submit your articles by email to [northbayeditor@plvoice.org](mailto:northbayeditor@plvoice.org) by the 8th of the month.*

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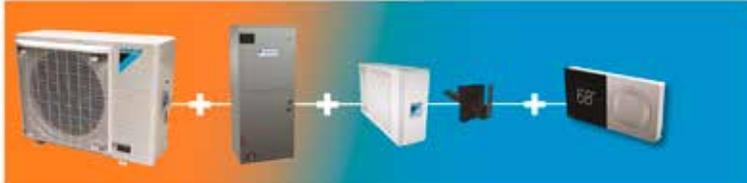
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Offering a home warranty may be a good way to negotiate inspection issues or concerns a buyer might have about purchasing an older home. A Home Warranty can be purchased by a buyer or a seller and is in effect for one year from the time of closing and can be renewed each year by the purchaser. The cost of a home warranty depends on the level of coverage requested and can range in price from an average of \$350 to \$700. If a home warranty is purchased as part of a sale, the premium is paid at closing and no payment is due until the home closes.

A home warranty plan works like this. You have an issue. You request service with your warranty company for your covered issue. You pay a Trade Service call fee usually \$75-\$100 per issue. An approved contractor from their approved network will come to your home to repair or replace your covered item. If you would like more information on how a Home Warranty would work for you, please give one of our Brokers a call.



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## Village Council

### PLVC Board Meeting Summary

by Tamra McDearmid, Secretary

At the May 5, 2022, Port Ludlow Village Council (PLVC) Board Meeting the following reports were given:

#### Port Ludlow Associates, Diana Smeland, President

**Staffing:** Continue to look for seasonal staff and fulltime staff with benefits, see website ([careers\\_hr@portludlowassociates.com](mailto:careers_hr@portludlowassociates.com)). Having to turn away some opportunities due to lack of staff. **Real Estate:** Working with David Wayne Johnson at Department of Community Development (DCD) on OT2, phase 2 permits. **OWSI:** Filtration surcharge has been reduced from \$10 per billing to \$7. Loan interest rate has been reduced from 2.5 percent to 1 percent. **Hospitality:** Have 4 electric bikes for rent: 1 hour, 2 hours, half day or full day. Three different sizes. **Fireside:** Wednesday's *Farm Suppers* now through September. Finnriver Cidermaker dinner on **Thursday, June 23.**

**Marina:** *Lady Washington* will be in port May 12-16. On May 14, ribbon cutting ceremony at 9:30 a.m. for Clean Bay Boat. The zero emissions pump-out boat will come to your boat for pump out--may receive national interest. Also on May 14, the Yacht Club will be christening the new boats, including the Clean Bay Boat, a festive event. **Space Available:** in Office Park, may break up larger units to accommodate need for smaller offices. **Village Center:** one space available. Contact Diana Smeland at 360-437-2101.

**Q:** With the federal hike in interest rates, will that affect OT2, phase 2? **A:** Will affect purchase power, price increases. Models will be available to view late summer.

**Q:** How are future bookings doing at the Inn? **A:** Running behind last year's budget; more short-term bookings, especially on Fridays and Saturdays.

#### Jefferson County, Greg Brotherton, County Commissioner, District 3

Chamber seminar May 20 on ventilation. Call **Public Health** if you develop Covid, county keeping track of cases and resources are available. Still low in hospitalizations. Regarding **Clean Bay Boat**, designed in Port Townsend and built at the Wooden Boat School in Port Hadlock. About the road in OT2 (county or housing development responsibility?), going through the process, communications have been vital to move through these issues to come up with solutions. **Forestry:** Beaver Valley legacy forests, there will be a workshop on May 16, with county, DNR, community forest groups to discuss options to keep junior taxing districts funded without taking down legacy trees. One issue is **Voluntary Carbon Markets**, doing a lot of

### Village Council Meetings

#### Board Meeting

**Thursday, June 2**

3:00 p.m., Zoom Video Conference Call

#### Workshop Meeting

**Tuesday, June 21**

3:00 p.m., Zoom Video Conference Call

Link to join either Zoom meeting:

[zoom.us/j/5163508785](https://zoom.us/j/5163508785)

Meeting ID: 516 350 8785

Dial by your location

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[plvc.org](http://plvc.org)

research on this trending subject to be used to protect old growth legacy forests, expand recreational opportunities.

**Q:** What is the timing and budget for consultation on **MERUs** study? **A:** RFP open, have received some bids, reviewing qualifications. Will provide timeline next month.

**Q:** What about the **Hood Canal Bridge closures** this summer? **A:** Was glad to receive this information, had only been in the WADOT newsletter. Issue is regarding announcement that the bridge will be closed from Friday night through Monday 4 a.m. on four weekends this summer. Director of Jefferson County Public Works sent a strongly worded letter that there are critical activities and festivals every weekend this summer, would they consider moving to the fall months instead? There's a workshop scheduled for **Thursday, June 9**, to get an update and discuss plan.

**Q:** What's the status of Tarboo Lake litigation? **A:** All lawsuits have been settled, not going to be a public shooting range. There were over \$150,000 in damages incurred. Risk Pool paid for some of the fines.

**Q:** What is the status of the Port Hadlock sewer system? **A:** Project going well, some cash flow issues, projected to start in 2023-2024. \$25.8 million raised, total costs \$34 million. City and county engineers are working together, communication with landowners. Getting enough flow through sewer lines important, some multi-family units going in that need to be considered. There's an easement around QFC, working to place lines away from the main roads, more cost-effective.

*continued on page 30*

## Bay Club / South Bay

### South Bay Community Association Update

by Gil Skinner, President, SBCA Board of Directors

How time flies. I have heard that statement since I was a youngster. Now I know what it means! How did we get to June when only yesterday it was March Madness time? If you know the feeling, hold up your hand—just kidding. Seriously, as we age weeks fly by like days of yesteryear. So here is a quick review of some events at the SBCA in May with a look to the future.

First, and very importantly, the Master Declaration Amendment concerning Lots. Because this article is being written before the initial June 1 deadline for returning ballots, by the time you are reading it the Board may have decided to extend that deadline. So if you suddenly realize that you missed the June 1 deadline for returning your ballot, it still might not be too late. This amendment is critical to treating all lot owners fairly and to keeping your dues as low as possible. Please contact staff at the Bay Club if you have misplaced your ballot so that you can get another. We need at least 75% of all lot owners to vote “yes” for the Amendment to pass. Your SBCA Board unanimously recommends a “yes” vote. Please vote today if you have not already done so.

At the April 14 SBCA Board meeting the following motion was passed unanimously: *Motion to approve presentation to LMC to support a joint LMC/SBCA group to begin a feasibility study to consider combining facilities for use by members of each HOA.* This continues the efforts of the SBCA to join our two communities. Hopefully we will hear back soon from the LMC.

Now the fun stuff. Back Packs for Kids was the charity receiving funds from the May Pancake Breakfast. Turnout for the breakfasts continues to improve. We are slowly getting a few more of our LMC friends to join us and this is encouraging. There is still time to attend the June Pancake Breakfast (if the mail service is on time) and the June charity is the Port Ludlow Garden Club. Hope to see you there.

One quick note. Often this column and other columns in the *Voice* lament the lack of volunteers. Well, good news. For the May breakfast we had several **new** volunteers who did not want to be part of a committee but were willing to help on this event. We applaud these volunteers and look forward to seeing many of them again.

Our Activities Committee increased scheduled events in May including: “Help I’ve fallen and I CAN get up” (May 19), wine and cheese featuring Marrowstone Vineyards (May 20), and the first of a series on tribes of the Olympic

### SBCA Important Dates

#### Monthly Board Meeting Thursday, June 9, 9:30 a.m.

Unless there are changes to county requirements, meetings are in person.  
All SBCA members are welcome

To keep informed of meeting dates and times, please visit: [sbca.club/home/schedule-sbca](http://sbca.club/home/schedule-sbca)

Committee Meeting minutes are posted at [sbca.club](http://sbca.club), then click on Board Minutes Page

Submit your articles by email to [criley@plvoice.org](mailto:criley@plvoice.org)  
no later than the 8th of the month.

Peninsula “The S’kallam People” (May 24). We will have separate presentations about the Suquamish People (June 18) and Makah People (date TBD). Each of these tribal presentations will include an artist(s) with examples of their art which will be available for purchase. All of these programs, except the wine/cheese event, are available to anyone in SBCA or LMC at no charge.

Finally, watch for information on our upcoming Annual Meeting on July 20.

### Meeting at the Bay Club

Now that the pandemic is somewhat behind us, and most restrictions are now no longer in effect, the SBCA is becoming busier with group events again.

Believe it or not there are over 50 groups in Port Ludlow that use the Bay Club. There are some changes in how the Bay Club is operating. The main changes are that all of the Covid-related restrictions/rules have been eliminated, and the room use fee has decreased and become a fixed rate for all sized groups. Small rooms are a \$5 flat fee for use, and the auditorium is a \$50 flat fee for use.

If your group is thinking about using the Bay Club for meetings and you have questions, please email them (do not call) to Mark Torres or Melinie Perry, [melinie.bayclub@gmail.com](mailto:melinie.bayclub@gmail.com) so that we can address them efficiently.

We look forward to hosting your events again.

## Recreation & Sports

### Pacific Northwest Model Yacht Club

by Dan Darrow, PNMYS

#### 2022 T 37 Northwest Regional Championship



The Pacific Northwest experienced one of its coldest and wettest springs on record, but the weather gods were away on vacation for a spectacular day of T37 racing in late April! The T37 is a radio-controlled 3-foot-long model sailboat. These one-design boats are built from a kit. A radio transmitter controls the sails and rudder, but it's the wind that provides the power. The races were sponsored by the Pacific Northwest Model Yacht Club (PNMYC) and hosted by the local Quimper Sound T37 fleet. The races were held at the pond in the Port Ludlow Marina by the Port Ludlow Yacht Club. This venue is part of a former lumber mill pond and is a nearly ideal setting for model yacht racing. The size is ideal for good courses, yet small enough to allow racers to walk along the bank with great visibility and close proximity to their boats.

The first races started with a light and variable southerly wind that switched back and forth to a northerly wind causing everyone to walk off their coffee and donuts as the starting line went from the north end of the pond to the south, back to the north before finally settling into the south as the northerly breeze continued to build. The wind was fairly constant, but with enough shifts and lulls to challenge the 17 skippers. A total of 24 races were sailed using a split fleet format. At the end of the day, local sailor Dan Newland took top honors over a very competitive fleet that included sailors from as far away as Idaho.

Those interested in learning more about radio controlled (r/c) sailing are invited to observe the action. Weather

cooperating, the local fleet of skippers and their boats casually gather year-around on Wednesdays at 1:00 p.m. to share tips and engage in friendly competition. Spectators are welcome and will have the opportunity to take the controls. For more information contact Dan Darrow at 360-437-9208 and check out the website for the Pacific Northwest Model Yacht Club, [pnmyc.org](http://pnmyc.org).

### Port Ludlow Yacht Club

by Judi du Nann, Communications Officer



PLYC Yacht Club at Pleasant Harbor dinner.

Submitted photo

The Port Ludlow Yacht Club (PLYC) welcomes new members. Perhaps you are looking for a way to meet new people and connect with those with similar interests. The Yacht Club may be right for you! We are both a cruising and social organization where forty percent of our members are social members and sixty percent are boaters. We have a Women's Group with various activities, Fundraisers for Charities, a Book Club and many other activities all year long. The Wreck Room is our social venue, and is now fully open two nights a week, every Wednesday and Saturday, from 5 to 8 p.m. We have a full bar with snacks provided. We alternate between offering lite-bite meals created by members, or catered meals from local companies.

PLYC sponsors cruises for members, and the season is now underway with eleven cruises scheduled. If you are a boater, this is a great time to join for cruising the waters of Puget Sound. We also have robust offerings in boater education in partnership with the Port Wilson Sail and Power Squadron.

*continued on next page*

*PLYC continued from previous page*

Whether you are new to Port Ludlow or simply seeking your next adventure, please consider joining us. Your first meal will be free, hosted by one of our officers for the evening. To express interest in visiting PLYC, please complete the form on our website [plyc.us/visit](http://plyc.us/visit).

## Trail Mix

*by Larry Scott, Trails Chair*



As the rains continued in May, Trails has begun to develop the concept drawings for an Ark. When, oh when, will we begin to be able to plan some Fun Days in dry (or at least reasonably damp) weather? Trying to fit trail improvement efforts in between rain schedules and personal commitment schedules has become a real challenge. Nevertheless, Trails did follow up on the item presented in last month's article, the new posts in the lower area of the Interpretive Trail. Nine new posts were installed with the appropriate logging boom chains. John Fillers, Tim Rensema, Denny Schuch, and Chris Vogt came out to play in the mud, remove old posts and replace them with the new. Did they get wet? Yes. Did they get cold? Yes. Did they complain? Well, maybe a little. Did they have a feeling of accomplishment? Yes. Did they enjoy the Trails-provided beverage afterwards? Definitely yes! That's what it's like out there as we "Keep Improving Our Trails." Our next move for the Interp is to begin to resurface the route with ¾ minus rock. Also, the August 19-21 Volkswalk that is coming to Port Ludlow again this year has finalized its route, so we'll need to look after the maintenance of those trails. Developing our new McCormick Rail Road Trail will follow, and if we get approval, a new Oak Bay Trail will follow that. Community trails really enhance the richness of living "In the Woods by the Bay." If you would like to join Trails and get wet too, you can reach me at [mclgscott@cablespeed.com](mailto:mclgscott@cablespeed.com). "Let's Keep Improving Our Trails."

## Port Ludlow Women's Golf Leagues

*by Kathy Traci, PLWGA & Lady Niners' Publicity Chairperson*

### PLWGA – Women's 18 Hole League News

The Port Ludlow Women's Golf Association (PLWGA) is an 18-hole Women's League. PLWGA has teed up the 2022 season and have planned a variety of on-course social and competitive game formats, including match play, odd or even holes, front nine or back nine, crazy eights, and par 3's and par 5's. The Spring Fling Golf Tournament organized by Chairperson Bonnie Vahcic, was themed "Let the Good Times Roll! – Casino Royale" on the course during play and at the Dusty Green Café luncheon that followed.

Port Ludlow Golf Course is using the Golf Genius scheduling app for sign-ups and tee time confirmations. Our very own Port Ludlow Golf Course is hosting the 2022 Washington State Women's Public Links Association (WSWPLA) Championship on **July 11, 12, and 13**. PLWGA members who have played in one 2021 or 2022 event, are eligible to play in this handicap flighted Washington State event. Details about the next WSWPLA qualifying event are posted in the locker room.

Captain Elaine Raymond invites prospective PLWGA members to join the group on any Tuesday Play Day.

*continued on next page*

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*Women's Golf* continued from previous page

Please contact the Port Ludlow Golf Club Pro Shop for information. Note that Port Ludlow Golf Club membership is a pre-requisite for joining the golf leagues.

### The Port Ludlow Lady Niners News

The Niners' Men and Women play 9 holes of competitive golf on Thursdays. Lady Niners' Captain Barbara Burke and Co-Captain Sharon Russell welcomed the league members on their Thursday play dates in May despite some cold, windy, and wet weather. Niners' Couples Chairpersons, Barbara and Mike Burke teed up the first Couples play date in May. The next couples event is **June 28**.

The following dates count toward the Lady Niners' Captains Cup: **June 2, July 21, August 11, and September 15**. Scores from these four dates are totaled and the holder of lowest net score will be the winner of the 2022 Captain's Cup.

Lady Niners Captain Barbara Burke invites prospective Niners members to play with the league any Thursday morning. Please contact the Pro Shop Desk at the Port Ludlow Golf Course for league information. Note that Port Ludlow Golf Club membership is a pre-requisite for joining the golf leagues.

### Port Ludlow Hiking Club

by John Nuereberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads and depart at 8:30 a.m. The Bridge Deck location can be found at our website at [portludlowhikingclub.com](http://portludlowhikingclub.com) and then click on "About."

The hikers abide by the "Stay Healthy" recommendations and follow CDC guidelines for outdoor recreation.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to [plhikingclub@yahoo.com](mailto:plhikingclub@yahoo.com), or go to the club's website [portludlowhikingclub.com](http://portludlowhikingclub.com) and click on "Contact" to send a message.

#### Friday, June 10 – Deer Ridge Trailhead from the Slab Camp

This is a three-hike day depending on desired difficulty, from easy to difficult. The trail accommodates multiple levels of hiker ability. It will be your choice of which hike you choose to take. **Easy hike:** The trail beginning is a gentle grade with slight steeper increase before first prominent viewpoint. About 1-1/2-miles, 800-foot elevation gain. Territorial views across to Tyler Peak and Mt Baldy. **Medium hike:** The next 2 miles are a mix of increasing steeper grade to the Bench at 4,400 feet elevation. Amazing views across the Grey Wolf and first sight of Grand Ridge.

**Difficult hike:** Continuous views along the additional 2-1/2 miles to Deer Park directly below Blue Mountain. We will travel along the rain shadow forest and open meadows of upper Deer Ridge. Meet at the Bridge Deck at 8:15 a.m. as usual for coordinating carpooling to match desired hike objectives and driving directions. We leave nobody behind on the trail. No restrooms at trailhead. We will stop at 7 Cedars rest area restrooms on the way. National Forest Pass is required. Hike leader: Ken Nelsen, 206-369-3561.

#### Friday, June 24 – Upper Dungeness

We will be hiking the Upper Dungeness River Trail. It is a 6.8 mile roundtrip hike with 600 feet of elevation change. The river can be viewed and heard all along the trail. The trail is easy to follow and well maintained. A Forest or Senior Pass is required. Make sure you have water, a snack or lunch, and your walking sticks if needed. Hike Leader: Jack Rikken: [jarikken@gmail.com](mailto:jarikken@gmail.com), or 360-437-0370.

#### Monday/Wednesday/Friday - 8:00 a.m.

Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

Go to [portludlowhikingclub.com](http://portludlowhikingclub.com) for more hiking information, maps, descriptions of the Port Ludlow Trails, and pictures of previous hikes and other destinations,

*PLVC continued from page 26*

#### PLVC Committee Reports

##### Emergency Management committee – Bill Dean, Chair

County representative has asked for feedback on how the Covid vaccination sites program worked for individuals: what needs to be improved and what worked. Send emails to Bill Dean at [cmdwbd@gmail.com](mailto:cmdwbd@gmail.com). Committee has updated the **MAP Your Neighborhood**, a document that helps address what needs to happen immediately after a disaster. There are nine steps every residence should be aware of; will share this information in eBlast and with Block Captains. Other committee activities: Radio Drill to test backup plans; planning the Block Captain Fair; and plan to hold Block Captain training quarterly. There was a recent article in the *Voice* about **wildfire preparedness**. Trying to get equipment purchased for the **Neighborhood Operations Center (NOC)**. The Community Church where NOC will be located is seriously considering becoming an emergency shelter. The **Red Cross training programs** in Port Townsend are fully subscribed through the 3<sup>rd</sup> quarter. Rick Schurman is going through the certification process so these training programs can be held in Port Ludlow. Met with two members of the LMC Emergency Preparedness committee. They are focusing only on residents becoming prepared for a disaster, while the Village Council Emergency Management committee is focused

*continued on next page*

*PLVC continued from previous page*

on community action following a disaster. One member from each committee will serve on the other committee to coordinate efforts.

**Q:** Where can a list of Block Captains be found? **A:** On the Village Council website, the SBCA website, and the LMC website.

**Q:** Do the Block Captains have a responsibility to introduce themselves to the community? **A:** Yes, but this was severely limited during the Covid pandemic for the past two years.

**Health & Wellness committee – Chris Dean, Co-chair**  
Committee has been dormant during the Covid pandemic. Resources have dried up. The Local 20/20 group in Port Townsend is hosting a zoom meeting on Community Health Care Access on May 11.

**Q:** SBCA is holding a seminar on falls on May 19. Is the public invited to attend? **A:** Yes, registration is required, contact the Bay Club front desk, or call 360-437-2208. Information about this seminar is going out in the LMC *Navigator*, *PLVC eBlast*.

**Utilities committee – Robert Changpong, Chair**  
Staying in touch with the **Filtration Plant** manager, Greg. Process is going well, still a smell of chlorine at residences.  
**Recycling:** new contract effective June 1. Updates are being distributed in the *Voice*, Village Council eBlasts, and Next Door. There will be another article in the *Voice*, explaining the changes and why these are occurring. The county is preparing **FAQs**. **Styrofoam** pickups are very successful. **Ludlow Bay:** letter goes out on speed limitation and length of time (30 days) boaters can stay in the Bay. **Retention Ponds:** there have been some questions about HOAs and regulations about the maintenance of these ponds – it is the responsibility of the HOAs. Pipes that conduct stormwater to the ponds are the responsibility of the county.

Next Board Meeting: **Thursday, June 2** at 3 p.m. Zoom conference call

Next workshop: **Tuesday, June 21** at 3 p.m. Zoom conference call

### Reminder to Dog Owners

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog.



## Knitting Group Reconvenes

The Knit-Wits will start meeting again on **Wednesday, June 15**. The group includes knitters and crocheters of various levels who meet to share patterns, knowledge, snacks, and fellowship. New members are welcome.

Going forward, the Knit-Wits will meet each month on the third Wednesday, 1 to 3 p.m., in the Gazebo Room of the Beach Club. For more information, contact Laura Paul at [rplep@yahoo.com](mailto:rplep@yahoo.com) or Debi Fong at [kaysuebenny@gmail.com](mailto:kaysuebenny@gmail.com).

## Strawberry Rhubarb Pie

Choose your favorite pie crust recipe or buy a prepared crust for a two-crust pie.

For filling

- 3 cups sliced rhubarb (½ inch slices)
- 2½ cups chopped strawberries
- ⅓ cup granulated sugar
- ⅓ brown sugar
- ¼ cup cornstarch
- ¼ teaspoon salt
- Orange zest
- 1 Tbsp orange juice or orange liqueur

For assembling pie

- 1 tsp flour
- 2 Tablespoons unsalted chilled butter, cubed
- 1 large egg whisked for egg wash
- 1 Tablespoon milk or cream
- Coarse sugar, for sprinkling

Preheat oven to 400 degrees.

Stir together the rhubarb, strawberries, sugar, cornstarch, orange juice, zest and salt in a large bowl until well combined. Set aside while you roll out the bottom crust.

Place fruit filling in the bottom crust and top with second crust or lattice crust.

Whisk together egg and cream and lightly brush the top of the pie crust with the egg wash. Sprinkle the top with coarse sugar, if using.

Place pie on a baking sheet in the preheated oven. Bake for 20 minutes. Turn the oven down to 375 degrees and bake for another 30-35 minutes until the filling is bubbling and the crust is golden brown.

Remove the pie from the oven and let it rest for about 3 hours until filling is set.

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The *Port Ludlow Voice* is a 501(c)(4) organization. Its entire staff consists of unpaid volunteers. All writing and editing is done in the homes of staff members on their personal computers. The production editor formats each issue and provides an electronic copy to the printer. The *Voice* is delivered at no cost to readers on all U.S. Post Office carrier routes in the Master Planned Resort (MPR). As of January 1, 2021, subscriptions are \$36/year or prorated at \$3/month.

Financial support for publishing the *Voice* each month comes from advertising, subscriptions and contributions primarily from community organizations. Average monthly income was:

|   |         |
|---|---------|
| 1. Ludlow Maintenance Commission (LMC)              | \$200   |
| 2. South Bay Community Association (SBCA)           | \$200   |
| 3. Port Ludlow Village Council (PLVC)               | \$200   |
| 4. Display Advertising                              | \$6,309 |
| 5. Classified Advertising                           | \$739   |
| 6. Subscriptions                                    | \$55    |
| 7. Web Advertising                                  | \$28    |
| Total average monthly income in fiscal year 2020/21 | \$7,731 |

Paper Content: The *Voice* gloss cover stock is balanced recycled FSC certified with 30 percent recycled content. It is elemental chlorine free. The inside stock is acid free and meets the sourcing requirements of the Sustainable Forest Initiative.

This issue proofread by Gene Carmody, Carol Fett, John Paxson, and Mary Small.

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## Jefferson Healthcare

MONDAY  
JUN 27  
1:30-2:30 PM

### MAINTAINING A HEALTHY PELVIC FLOOR

Caitlin Daly, DPT, Jefferson Healthcare Rehabilitation, will speak on the role a healthy pelvic floor takes in supporting internal organs, controlling bowels and bladder, and stabilizing hips, pelvis and trunk. Learn how exercise & physical therapy can help.

TUESDAY  
JUL 12  
3:00-4:00 PM

### NAVIGATING THE HOME CARE ROAD MAP

Join the team from Jefferson Healthcare Home, Health, Hospice and Palliative Care to learn about in-home care options.

MONDAY  
JUL 27  
1:30-2:30 PM

### OSTEOPOROSIS MANAGEMENT THROUGH EXERCISE

Mary Breckel, DPT, Jefferson Healthcare Rehabilitation Services, will focus on the prevention and progression of osteoporosis and demonstrate exercises to protect and strengthen the spine.

TUESDAY  
AUG 2  
3:00-4:00 PM

### TAKE CARE OF YOU AND YOUR HORMONES

From PMS to post-menopause, it can seem as though we are at the mercy of our hormones. Christine Skorberg, MD, FACOG, will teach us how hormones maintain good health.

WEDNESDAY  
SEP 7  
4:00-5:00 PM

### KNEES & HIPS: TREATMENT OPTIONS FOR JOINT PAIN

Edward Eissmann, MD, FACOS, FRCS will focus on arthritis of hips and knees and available non-surgical and surgical treatments, including total joint replacement. Mitzi Hazard, DPT, will present on the continuum of care relating to joint replacement.



**All sessions at SBCA Bay Club, 120 Spinnaker Pl., Port Ludlow**  
**Pre-register to protect capacity and public health guidelines:**  
**[jeffersonhealthcare.org/calendar](https://jeffersonhealthcare.org/calendar) or call 360.437.2208**  
**Co-presented by SBCA Activities, Health & Fitness Committee**