

# PORT LUDLOW VOICE

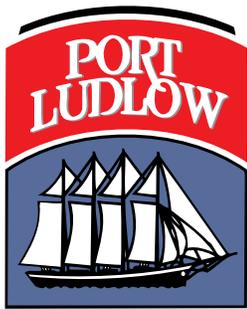


Donate to Mudslide Victim Relief, pg. 3

Whales!, pg. 5

WUTC Surcharge Decision, pg. 16

*Serving the Village of Port Ludlow Since 1998 May 2014*



The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

## INSIDE THIS ISSUE

Advertiser Index	50
Arts and Entertainment	10
Bay Club / South Bay	34
Beach Club / North Bay	32
Classifieds	47
Community Meetings	23
Features	3
Local News	16
Port Ludlow Associates	36
Port Ludlow Village Council	26
Regional News	42
Village Activities	30
Sports & Games	38

## PORT LUDLOW VOICE

P.O. Box 65077, Port Ludlow, WA 98365  
www.plvoice.org

### Managing Editor

**Beverly Browne** 437-8099 brownew@bus.orst.edu

### Finance and Subscription Manager

**Sally Grything** 437-2065 grything@olympus.net

### Classified Advertising Manager

**Cathy Thomas** 215-4036 VoiceClassified@PLVoice.org

### Display Advertising Manager

**Sharon Walker** 437-7715 voicead@q.com

### Copy Editor

**Lisa Olsen** 206-660-1370 lisa.olsen6@frontier.com

### South Bay Community Association Editor

**Janet Force** 437-0419 ludlow4c@gmail.com

### Bay Club Editor

**Judy Thomas** 437-7906 judythomas2@yahoo.com

### Beach Club Editor

**Eva Van Buren** 437-7932 be4547@msn.com

### Arts and Entertainment Editor

**Beverly Rothenborg** bevrothenborg@broadstripe.net

### Arts and Entertainment

**Linda Karp** 437-0175 georgekarp@aol.com

### Regularly Scheduled Activities Editor

**Kathie Bomke** 437-4086 kacebom@live.com

### Contributing Writers

**Eline Lybarger** 437-7701 lybarger@olypen.com

**M.J. McCulloch** 437-9262 mccullszoo@aol.com

**Autumn Pappas** 437-7735 sundaisy4u@hotmail.com

**Gayle Refbord** 437-4019 rgrefbord@gmail.com

**Rick Refbord** 437-4019 rgrefbord@gmail.com

### Production Manager

**Mary Ronen** 437-0268 maryr@olympus.net

### Web Manager

**Jen Portz** 360-531-0739 jjpportz@gmail.com

**Sarah Clawson-Schuch** 215-4065 saclawso@gmail.com

### Distribution Manager

**Bob Azen** 437-9677 raincrow1@mac.com

### Photo Editor

**Bob Graham** 437-0680 ggpabg@centurylink.net

### Photographer

**Peggy Lee Flentie** 437-2702 flentie@me.com

in TUNE with your real estate needs!



**Kathie Sharp**

(360) 531-4458  
kathie@kathiesharp.com



Coldwell Banker Best Homes . 9522 Oak Bay Rd . Port Ludlow, WA

ON THE FRONT COVER

Goldfinch.

Photo by Bob Graham

ON THE BACK COVER

Mark Pearson Concert.

Submitted photo

# Feature Articles

## Keyboard: Guest Editorial

by Gayle Refbord, Contributing Writer

I grew up in Iowa, right on the Mississippi River. It could be that lazy river of song or it could be swift and savage. I'm not sure how many times the river flooded, but it was way too many. It's tragic to see all those homes, farms, and businesses under water and mud constantly being televised on local and national news. And, oh, the lives lost. You never get used to it.

Now we live in Washington and see some of the same tragedies here that we saw in the Midwest. The Oso mudslide brings back many memories. My heart breaks for all those people. God bless the volunteers and the grim job they do of searching on their hands and knees, up to their waists in muck, picking through piles of debris alongside family members of the missing. Search and rescue teams navigate through the terrain and in the air over the mudslide for days on end, and volunteers working as a "memorabilia collection crew" follow them. And let's not forget the search dogs who also work till exhaustion. They're all hurting.

People who lived near the hillside that collapsed could see with their own eyes that it had slid before, but they couldn't have grasped the extent of the danger. Like many tragedies, much was known, but never put together, to determine how dangerous the area was. The hill has a long history of slides in 1949, 1951, 1967, 1988, and 2006.

In 1997, a report was commissioned by the State Department of Ecology using newly developed tools to map the plateau of the unstable hillside outside Oso. It drew new boundaries for where groundwater could feed the slope and increase the risks of landslides. When the Department of Natural Resources (DNR) issued logging restrictions later that same year, the agency cited the Miller-Sias report and treated it as state of the art, but instead, used boundaries that had been drawn up in 1988.

In the early 2000s, maps created by an aerial scanning technique called Lidar revealed with great clarity a series of giant scars and piles of debris left by past landslides up and down the valley, including one that is twice as big as the one that ripped loose at Oso. Lidar's ability to peer through thick vegetation and lay bare the landscape beneath has made it the go-to source on a wide range of geographic perils. But outside the circle of geologists, engineers, and land-use experts, few people knew the maps existed.

"We got all this great data," said University of Washington geologist David Montgomery, "But if you don't have anybody to digest it and turn it into information that gets out to the public—it's just nice data." The landslide risks near Oso were documented, even before Lidar, yet construction was still allowed.

Hopefully the lessons learned from this tragedy and information about the other areas will be available to everyone before another one happens. Hopefully, someone will make a bold decision to help prevent, or at least limit, the loss. We all need to know the risks and dangers of the area that we call home. Our very lives may depend on it.

*Gayle Refbord is writing the editorial in place of Bev Browne this month. The opinions in this editorial are those of the author. Comments may be sent to the Voice managing editor. Letters will be posted on the Voice website, [plvoice.org](http://plvoice.org).*

## Help the Oso Mud Slide Victims

Disaster victims need help long after the first responders wrap up efforts. Numerous ways to donate to relief efforts are listed on the internet. The state attorney general advises that the public should make donations wisely and beware of scams. A few reputable sites are listed below. Tag your donations as being for the Oso mud slide disaster victims.

The Red Cross. Call 1-800-Red Cross or go on-line.

Catholic Community Services. Mail checks to: Attn: Oso Mudslide, 100 23rd Ave. S., Seattle, WA 98144-2312,

Cascade Valley Hospital Foundation. Donate online or by phone, 435-2133, ext. 7805. Mail donations to 330 S. Stillaquamish Ave., WA 98109.

United Way. Checks can be mailed to Snohomish County United Way, 3120 McDougal Avenue, Ste 300, Everett, WA 98201.

Salvation Army. Phone 1-800-725-2769 or go to [salvationarmynw.org](http://salvationarmynw.org). Mail donations to Salvation Army, Northwest Division Headquarters, 111 Queen Anne Ave. N., #300, Seattle, WA 98109

Animal Rescue Foundation. Donate online at [www.everettarf.org](http://www.everettarf.org).

Bank of America is collecting donations for the Food Bank. Use the account name Arlington Community Food Bank, Oso Mud Slide Disaster Fund.

Donate for gas cards by check to PO Box 90, Darrington, WA 98241. King 5 TV is promoting this effort.

## Know the Facts: Mammograms Do Save Lives

by Manfred Henne, MD, PhD, MS



*Mammograms continue to be a vital breast cancer screening tool.*  
Submitted photo

A Canadian study, published this February in the *British Medical Journal*, concluded that annual mammogram screening does not reduce breast cancer deaths. The authors also state that annual mammograms may lead to over-diagnosis and that the detected cancers may not have been life-threatening. According to the American Cancer Society, this data differs from approximately a dozen other clinical trials that breast cancer screening experts use to make decisions about screening guidelines. The consensus of most experts, including the U.S. Preventive Services Task Force, is that mammograms reduce the relative risk of death by about 15 percent in women ages 40-59.

The Canadian National Breast Screening Study followed 89,835 women for 25 years. The women were randomly assigned to a mammogram group (screened every year for five years) or an unscreened control group. Women ages 40-49 in the mammogram group and women ages 50-59 in both groups also received annual clinical breast exams. Women ages 40-49 in the control group received one clinical breast exam, and typical care from their family doctor. After five years, women in the study received usual care by their regular doctors, which could include mammograms at their doctor's direction.

The Canadian study found that during the screening period, a total of 666 cancers were found in the mammogram group versus 524 found in the control group. Most (484), but not all, of the cancers found in the mammogram group were found by the screening. Overall, during the 25-year study period, about the same number of women, 3,250 in the mammogram group and 3,133 in the control group, were diagnosed with breast cancer. About the same number in each group, 500 in the mammogram group and 505 in the control group, died of breast cancer. Because more cancers were diagnosed by mammogram, but essentially the same number of women died of breast cancer, the study authors concluded that 22 percent of breast cancer cases detected through screening were over-diagnosed, and recommended that annual breast cancer mammogram screening be re-evaluated.

The Canadian study conflicts with other studies yielding positive mammogram screening results. Experts in the field, such as those at the American Cancer Society, say that negative findings study may be due to differences in the quality of the mammograms, or problems with the study design. For instance, although mammograms are meant to find very small cancers, 68 percent of the cancers found in the mammogram group were big enough to be felt. Breast cancer diagnosed based on symptoms, such as a lump, is likely to be at a more advanced stage and have worse survival rates than cancers found only with mammogram screening. The mammogram group included more women with symptoms of breast cancer than the control group; therefore, the study was less likely to show an advantage of mammograms.

The Canadian study was initiated in 1980 when mammography equipment was relatively new. Technology has advanced; the use of 3D mammography has made it possible to find cancers at very early stages when treatment options and outcomes are optimal. Two recent studies published in 2013 show that 3D mammography is 40-50 percent more accurate in finding invasive breast cancer.

The American Cancer Society continues to recommend that women age 40 and older should have a mammogram and clinical breast exam every year and should continue to do so for as long as they are in good health. The society's 12-person panel of experts regularly reviews all the scientific data on mammograms. Otis Brawley, MD, MPH, Chief Medical Officer of the American Cancer Society, has also said that, for now, this new study will not change any of the American Cancer Society recommendations.

*This article has been abstracted. To read the complete article, go to [plvoice.org/announcements /web articles](http://plvoice.org/announcements/web%20articles).*

## There Be Whales!

by Gayle Refbord, Contributing Writer



Grey whale breaching in Puget Sound.

Submitted photo

I have never actually seen a whale, but I've always wanted to. I've seen lots of TV documentaries about whales. Even coming from the Midwest, I remember all the "Save the Whales" t-shirts and the television specials. I was brought to tears watching the slaughtering of whales, especially when they were so close to extinction. And no, I have never read *Moby Dick*. I once saw a killer whale show at Orlando's SeaWorld, but that is as close as I have come. We even took a whale-watching tour on one of our visits to Port Ludlow before moving to this place we love in 2012. Some said they saw minke whales; unfortunately, I did not. Even my husband has seen killer, gray, and humpback whales while fishing. He and his fishing buddies travel in different areas than I do.

So imagine my excitement when I read about the annual spring visit of a small group of resident gray whales to the Puget Sound waters. Apparently "Little Patch," a bull gray whale, was spotted March 4 by whale watchers. This sighting marks the start of the annual stay of a small group of about a dozen gray whales that break off from the main group of the northbound Pacific migration and feed on ghost shrimp for about three months in the northern Puget Sound. They seem to have discovered the plentiful feeding in the area. By late May and early June, the whales leave the Puget Sound area to continue their migration to the Bering and Chukchi seas off Alaska. However, a few of them have been known to stay all summer.

Cascadia Research of Olympia has been studying the population of Puget Sound gray whales for decades and has photo-identified the group. There are five to six regulars that show up each spring. In the greater Puget Sound, 12-50 grays can be seen per year. Most of the grays that have been identified have been returning for 25 years.

The grays can be seen in Possession Sound, which is located between Everett and Whidbey Island. They often feed close to shore by turning on their sides while sucking up huge mouthfuls of sand filled with ghost shrimp, straining it out through their baleen plates, swallowing the shrimp, and then pushing the mud and water back out, leaving great plumes of mud trailing through the water. Their pectoral fins and flukes can often be seen above the surface of the water while they are feeding. Excellent opportunities to view the whales are from either the Whidbey or Camano Island shorelines, from aboard the Washington state ferries, or from two Whidbey Island-based tour boats leaving from Langley and Oak Harbor.

Wow...I really want to see them! Now, if I can only get the weather to cooperate enough to go see the whales, I will have fulfilled a lifelong wish to see these magnificent beasts in person and not through the eyes of others. Wish me luck.

## Beach Watching Is Not for Sissies

by Rick Refbord, Sports Editor

When I first heard the term, Beach Watcher, my mind drifted back to the old Otis Redding song, "Sittin' on the Dock of the Bay," and visions of blue sky, soaring gulls, and white sand under my feet without a care in the world. I couldn't have been farther from the truth.

It was recently my privilege to interview Joe Iacono and Terra Girrard, two locals from Port Ludlow, who are official Washington State Beach Watchers. It takes much more than an appreciation of long casual strolls on a sunny beach to get the title of Beach Watcher.

Both Joe and Terra took the initial 126 hours of training to be called Certified Naturalists, which is what a Beach Watcher is. The classroom training is paid for by the volunteers themselves, and it is NOT tax deductible. After completing their training, they can either walk away and carry the knowledge gained, or volunteer to the state to be official watchers. This is exactly what Joe and Terra did; about half of the graduates decide to as well. This is no small task since they will put in over 300 reportable man hours each, this year. That's seven plus 40-hour weeks. That total doesn't include travel time, continued classroom training, and the countless things they do "off" the clock.

While on the clock, they work in conjunction with both state and county agencies to monitor beaches in Jefferson County, along with six other people. If you consider that only eight people patrol the seemingly endless miles of shoreline in our county, you begin to appreciate the enormity of their task.

*continued on next page*

*Beach Watching continued from previous page*

Washington State University started this program in 1989 and accepts people from all walks of life to monitor the condition of not only the shoreline, but of environmental processes, geology, and marine life as well. They report everything they see; the general condition of the area, litter problems, possible toxic spills or runoff, evidence of erosion, areas that have need of more trees, and the list goes on. The intense science-based training, which transforms the volunteer into a “citizen scientist,” now qualifies them to pay forward their training to the general public by sponsoring events and projects such as: Recreational Crabber Outreach, salmon monitoring, community education at fairs and festivals, crab biology, and creosote log monitoring. Each of the eight Puget Sound counties tailor their program to the needs of the individual communities, the size of the area, the number of volunteers, and how they may best be utilized.

The monitoring and management of the Puget Sound ecological resource is vital to maintaining outdoor activities such as boating, fishing, clamming, crabbing, and just wandering down a sandy beach with the sights, sounds, and smells of the ocean filling your senses. This work is not possible without the help of volunteers like Joe and Terra.

## Harbor Seals Sometimes Need a Rest

*by Beverly Browne, Managing Editor*



*Sea lion hauls out.*

Submitted photo

At this time of year it is possible that beach walkers will come across seal pups as they walk the beaches of Jefferson County. The pups may seem to be abandoned but they are not. Seals and sea lions use the beaches to rest in a process called “hauling out.” Mom is likely to be nearby and trying to find some lunch. She will return and collect her offspring. She will not be happy if you help her.

It is recommended that people and pets stay at least 100 yards from resting seal pups. This is hard because they are terminally cute. Nevertheless, they need their rest and you should let them have it.

Chrissy McLean, coordinator of the Port Townsend Marine Science Center Marine Mammal Stranding Network, says that harassing marine mammals is prohibited by Federal Law. If you come across a marine mammal that is in obvious distress or dead, call the PTMSC Marine Mammal Stranding Network, 385-5582, ext. 103. They will investigate and take necessary steps.

## Daring Greatly

*by Autumn Pappas, Contributing Writer*

*“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly... who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly.”—Theodore Roosevelt*

Every era has had its handful of great explorers, advocates, daredevils, heroes, and trailblazers; people willing to face danger and embrace fear in order to break modern day normality, challenge human existence, and discover new possibilities. In 2012, Felix Baumgartner set a world record when he skydived at an astonishing 843 miles per hour from 24 miles above the earth’s surface to become the first person to break the sound barrier without vehicular power. If that is not facing fear; if that is not vulnerability; if that is not daring greatly—I don’t know what is.

As humans, we are inherently fearful; fearful of failure, of the unknown, of what others will think of us, of change, of vulnerability. One of the tragic ironies of life is that so many of us feel isolated from each other by the same feelings that we all share: failure, procrastination, stress, anger, hurt, anxiety, guilt, shame, unworthiness, and helplessness. So, why not embrace these mutual feelings, feel the fear, and dare greatly?

You are more likely than not to become successful at something that you have taken the risk to fail at. So don’t walk; run outside your comfort zone! Ask your boss for a raise, have that difficult family talk, reach out to someone who has just experienced loss. Become comfortable with being uncomfortable. Find the courage to embrace your vulnerability and engage with your whole heart. Use your fears as tools to transform your life. Taking action to conquer your fears will give you a higher level of confidence, strength, and empowerment from within.

*continued on next page*

*Daring* continued from previous page

The reality is that in life, there are no risk-free guarantees. Helen Keller said, “Security is mostly a superstition... avoiding danger is no safer in the long run than outright exposure. Life is either a daring adventure or nothing.”

## Eating Around: The Queen Mary Tea Room

by M.J. McCulloch, Contributing Writer



*Queen Mary Tearoom exudes charm.*

Submitted photo

One week, on an otherwise unassuming street in the Ravenna district of Seattle, I discovered a tiny jewel of a restaurant. The Queen Mary Tea Room is a cozy, yet quite elegant, Victorian restaurant that serves the most delicious traditional afternoon tea I've had this side of the Atlantic. It includes all the requisite elements — scones, crumpets, fruit, pork sausage rolls, tea sandwiches, shortbread, tea cakes and breads, and even cheesecake. Some of these delectables have a slightly modern twist, such as the “Fuji apple, chevre and hazelnut tea sandwich.”

The repast includes, of course, myriad varieties of tea and, if you don't like the one you order, there will be several samples circulating while you eat. Alas, the downside is, like most fancy teas, the price: \$34 per person. But, I promise, you won't go away hungry or even needing dinner.

Now, here's the good news. For a much more modest sum, you can eat breakfast or lunch here and enjoy the same charming, intimate atmosphere as those high rollers sipping tea. Crumpets and marmalade are \$3 at breakfast. For lunch, you can choose from several entrees, such as Shepherd's Pie, a Cornish pasty or several varieties of quiche, all in the \$15 to \$17 range.

After you settle your bill, you receive a bonus in the form of “tea bucks,” one dollar for every ten dollars' worth of food and drink consumed, which can be redeemed at the even more quaint and tiny Tea Emporium down the block. The choices of teas, tea accoutrements, cookies, and small gifts are staggering, given the small shop space. And don't forget to talk to the royal doves that are usually perched quite high up above their cage. I particularly liked Earl (Grey, I presume).

Hours are: Breakfast – 9:00 to 11:00 a.m.; Lunch – 11 a.m. to 4:00 p.m.; Afternoon Tea – Anytime. The last seating is at 4:00 p.m.

The Queen Mary Tea Room and Restaurant is located at 2912 NE 55th Street, Seattle, WA 98105. The website is [www.queenmarytea.com](http://www.queenmarytea.com) and the phone number is (206)527-2770. The Tea Room is open Wednesday through Sunday. Reservations are highly recommended, as they are usually booked in advance. Here's a final tip: If you love a restaurant full of frilly little girls wearing tiaras, go on the weekend. If you want a more adult time, go on a weekday.

## Heronswood Nursery: To the Brink and Back

by Eline Lybarger, Contributing Writer

Going to Heronswood in Kingston was like going to Mecca for horticulturalists, Master Gardeners, and those with plant lust. There were large, old-growth trees and shrubs, down to the newly arrived seedlings that would not be ready to purchase for several years. All of this cleverly and artistically displayed. Between visits there was the catalogue with small print and no pictures, but vibrant descriptions, detailed growing instructions, and essays.

When purchased in 1987, Heronswood was the dream of Edmonds Community College horticulturist Dan Hinkley and his partner, Robert Jones, a University of Washington trained architect. Gradually, they improved the 13-acre property. They also produced a catalogue that described plants and included essays on thoughts, philosophy, and trips to gather seeds. Hinkley was well known for his seed-collecting trips to China, Nepal, and South America to propagate at Heronswood and eventually sell to a public yearning for something unique or unusual.

Eventually their expanding plant knowledge, from experimenting with seeds and cross pollination to finding plants hardy in the northwest, earned them national recognition. However, Hinkley was extremely ethical in his search

*continued on next page*

*Heronswood* continued from previous page

for new plants: He did not want any of them to become invasive, so he teamed with Sarah Richard, a specialist in the biology of invasive organisms. He took her advice without question.

The first death rattle of Heronswood was in 2000 when Hinkley sold the nursery to Philadelphia-based W. Atlee Burpee and Co. George Ball, president and major owner, assured everyone there would be no changes. Burpee did use the Heronswood name in its marketing, sent out a catalogue with pictures, but no essays, and purchased two more acres, all of which gave a false sense of permanence. To help Heronswood succeed under its new owner, Hinkley signed an agreement to not open a new garden for five years.

Six years later, in 2006, Mr. Ball said Burpee had tried, but Heronswood wasn't profitable. They wanted to develop plants for a wider market, such as the east coast. Heronswood closed. Eight of the 25 employees were kept for an extra week to close down the garden and pack plants for transport back to test gardens in Pennsylvania. Gardeners world-wide railed against the decision, then went into mourning. Originally, Burpee had paid 4.5 million plus \$900,000 for the additional two acres, but was willing to sell Heronswood for an even 11 million. It consisted of 15 acres, three residences, a two-story office building, and a warehouse. There were no takers.

Another six years went by and in 2012 Heronswood went up for auction with a minimum bid of \$749,000. The S'Klallam Tribe bought it and hired Hinkley as a part-time director and Celia Pederson as head gardener. What a mess: some plants went wild; others barely survived, pruning and weeding hadn't happened. Plant tags were everywhere—even in the compost heap. They began cleaning, rejuvenating the hedges, thinning trees; the tidy arches of the hornbeam hedges have returned. However, the transformation is not complete; Hinkley plans to add plants from his private garden and could use some volunteers. To volunteer, contact [djhinkley@me.com](mailto:djhinkley@me.com).

If you would like to see the new Heronswood, it will be open to the public on **Saturday, May 17** from 10:00 a.m. to 4:00 p.m. The Port Ludlow Garden Club will be visiting on **Wednesday, June 11**. See the Garden Club article for details.

## Giving Orchids a Second Chance

by M.J. McCulloch, Contributing Writer

My house has a special corner for orchids that have finished blooming. I'm an optimist by nature and hopeful that they will rebloom eventually. Eventually never seems to come or, when it does, it is in the form of a dead orchid, rather than a resurrected one.



If this experience resonates with you, there is a less frustrating alternative. Dick and Anne Schneider of RainCoast Farms in Port Townsend have started an Orchid Recovery Program on their small non-commercial farm. Over the last six years he has evaluated hundreds of fruits and vegetables for their ability to thrive in our microclimate. The literal fruits of their labor are donated to food banks and other non-profits.

A few years ago, Dick also started experimenting with re-blooming orchids in one of the farm's greenhouses. He has knowledge and skill on his side, rather than just luck which is what the rest of us usually rely on. He has successfully brought several varieties of orchids back to full bloom. These lovely creations are then donated to the local health care system to be given to people in recovery from illness or in need of a spot of color in their lives. He currently has 200 to 250 orchids in various stages of recovery.

Because re-blooming is a fairly lengthy process (six to ten months) and because, once this wonderful event occurs, the orchids are shipped out, Dick is looking for more people to join the effort. If you would like to participate in this unique and worthwhile process by donating your orchid(s), contact Kathryn Lamka at 206-931-0227. She will pick up your plants and deliver them to the project.

You can also contact Dick Schneider directly at 531-0173 to drop off your plants and visit the greenhouse. Any variety of orchid is welcome, as long as it still has healthy green leaves. Unfortunately, although Dick seems to perform miracles, he cannot bring them back from the dead. The sooner he receives them after they finish blooming, the better. So don't wait long to make the call.

## The Tablet as a Toy

by Beverly Browne, Managing Editor

Electronic devices are part of the reality of modern life. But when should they be introduced to children? Research is beginning to suggest that, like solid food, parents should judiciously postpone the first exposure and should place an age-appropriate limit on the time children are allowed to spend with the gadget. Grandparents might want to remember this too.

It is tempting to allow tots to do more. Navigating a tablet doesn't require the ability to type or read; toddlers quickly acquire the ability to scroll. Parents feel that there is educational value and appreciate the ability of the device to pacify their child on trips and in restaurants. Electronics companies are not slow to notice a market opportunity and have been quick to produce "kiddie tablets" with games designed for tots. Nevertheless, the evidence that these devices have educational benefit is sparse at best. Some pediatricians liken the effect as similar to watching TV.

The American Academy of Pediatrics recommends no more than one to two hours a day of interaction with a device for two year-olds. Gizmos should not replace interaction with real people, they say. Some negatives of too much tablet time include lags in social development and language skills. Susan Linn, director of the Campaign for a Commercial Free Childhood says that parents should be wary of attempts to promote the educational benefit of apps for babies and young children and doesn't recommend products such as "Baby Einstein." The best toys, they say, are the ones that "just lie there" until the child works with them.

Some of the research indicating that infants profit little from tablet use originated at University of Washington. Frederich Zimmerman, Dimitri Christakis and Andrew Meltzoff reported that lower scores on the Communicative Development Inventory were related to the use of children's apps among ages 8 to 16 months. This led to a false advertising complaint to the FTC but no enforcement action.

The producers of Sesame Street, which has developed a number of apps and e-books, like touch-screen devices because they are easy for toddlers to manipulate. They particularly like the ability of toddlers to interact with the device. But even they say that it is a balancing act. They advise parents to play with the child on the device so that the child has the experience of social interaction along with experience with the tablet. Great minds may start little but the jury is still out on the effects of technology on their development.

## Pain, Pain Go Away: Natural Remedies for Headaches

by Autumn Pappas, Contributing Writer

Whether you get them once a month or once a year, headaches can be such a pain! According to the National Headache Foundation, over 45 million Americans suffer from chronic, recurring headaches. Annemarie Colbin, Ph.D., award-winning leader in the natural health field, says that headache and pain management first piqued her curiosity after she once cured a headache within minutes by eating apple sauce. Several years of research later, Colbin devised a concept that explores six common types of headaches, their causes and remedies. Here they are:

**Expansive Headaches** transpire when you've over-indulged in foods such as sugar, coffee, alcohol, tea, chocolate, fruit, spices or fats. To combat these types of headaches, eat salty foods like olives or nuts.

**Contractive or Tension Headaches** occur from working too much, getting too much sun, being too stressed out, or not getting enough food or water. You can also get these headaches from overconsumption of contractive foods like beans, nuts, meat, salt, fish, feta cheese, sea vegetables and grains. Remedy these headaches by drinking juice, eating applesauce or drinking seltzer with lemon.

**Caffeine Headaches** arise when your body is craving caffeine. If you are planning on reducing or eliminating caffeine in your diet, lower your intake over the course of several days or weeks to avoid pain. It's also important to stay hydrated while weaning yourself off caffeine.

**Structural Headaches** occur when one has slipped, fallen or been in an accident. See a professional if you think you may have a structural headache.

**Liver Headaches** can result from consuming oily food, such as potato chips, on an empty stomach. This type of headache develops three-four hours after food consumption, and can feel like similar to a migraine associated with eye strain. A great natural reliever for this kind of headache is homemade lemon tea: Squeeze the juice of ½ organic lemon into a cup. Take the juiced peel, cut it into pieces and simmer those pieces in 1 ¼ cups of water for 10 minutes on the stove. When finished, strain the lemon water into the cup of lemon juice and drink hot.

**Allergic Headaches** are different for everyone, since allergy symptoms vary from person to person. If you suffer from these headaches, pay attention to what you've consumed and stay away from common allergens such as wheat, dairy and gluten.



# Arts and Entertainment

*This section features news on Port Ludlow arts and entertainment events as well as a performing arts calendar for Jefferson, Clallam and Kitsap Counties. Submit news and calendar items to Beverly Rothenborg, editor, at [bevrothenborg@broadstripe.net](mailto:bevrothenborg@broadstripe.net) by the 10th of the preceding month.*

## A New Name and Community Sounds of Summer Party Gras

by Barbara Wagner-Jauregg, Guest Writer



*The new Performing Arts in Port Ludlow logo is meant to emphasize music performance with a treble clef and jubilant curtain call*

Design by Virginia Banks of Port Townsend

Port Ludlow Performing Arts is the new name for the Arts Council, effective on the first of May. Citing concerns expressed by vendors and members of the community who were confused about the Arts Council's role and whether it was visual artists or an agency of local government, the council's board voted last spring to adopt the name change effective at the beginning of the new fiscal year. It will be Port Ludlow Performing Arts.

Speaking at the council's last concert in early April, Barbara Wagner-Jauregg thanked founders Janet Force and Beverly

Rothenborg, who were seated in the audience. She stressed it was the group's goal to continue in the spirit of the vision held by that of the organizers over 22 years ago. Founders Jim and Dion Watson could not be present. A new logo was displayed on literature made available to attendees.

To continue the celebratory spirit, a "Sounds of Summer Party Gras" buffet dinner and concert will be held **Saturday, June 14**. Tom Rigney, a fiery, electrifying violinist and composer, shares the stage with some of

the finest musicians on the San Francisco roots music scene appearing as Tom Rigney and Flambeau. They specialize in fiery Cajun and zydeco two-steps, low-down blues, funky New Orleans grooves, and heartbreakingly beautiful ballads and waltzes. The concert surely will raise everyone's spirits. See and hear the band at [www.PortLudlowPerformingArts.com](http://www.PortLudlowPerformingArts.com).

This annual summer community party, partially underwritten by Kitsap Bank with additional funding provided by Port Ludlow Performing Arts, is to thank businesses and residents for their support of the just-concluded concert season.

Doors open at 4:15 p.m. for no-host beverages followed promptly at 5:00 p.m. by a buffet of pulled pork, red beans and rice, coleslaw, and hush puppies prepared by Addie Mae's Southern Kitchen. To top it off, Addie Mae's fantastic peach cobbler will be served.

Seating is limited. One hundred tickets have been put aside for purchasers of 2014-2015 subscriptions, while the remaining 76 are expected to move quickly. One \$35 ticket gets you fun, food, and a concert and are available now at the Bay Club box office and on their website.

## Performing Arts in Port Ludlow's Peek at New Series

by Barbara Wagner-Jauregg, Guest Writer

Attendees at the Performing Arts in Port Ludlow April concert got a first glimpse at the concert lineup for 2014-2015. Six concerts are scheduled, **September through April**. They include:

- Champagne Series Opening on **Saturday, September 27** with Vivace, two male and two female pop and classical singers, the latest addition to the classical crossover, also known as popera, genre with violin and piano accompaniment.

*continued on next page*

*Performing Arts continued from previous page*

- PEAR, a husband and wife team who got their start fronting the successful fiddle show “Barrage,” performs on **Saturday, October 25** in a trio format of country pops with vocals and multi-instruments.
- Siren Soprano Victoria Robertson, awarded the title Miss USO, San Diego for seven years, appears **Sunday, December 7** in “Classical Holiday,” a matinee featuring a variety of Broadway, opera, pops, patriotic, and holiday music with piano accompaniment.
- Loren and Mark, the International Guitar Duo, arrive here on **Friday, February 20** to perform stunning bluegrass, jazz and western guitar duets and songs featuring Loren’s superb vocals and Mark’s beautiful harmonies.
- Ventriloquist/Comedienne Lynn Trefzger travels with a trunk full of zany characters and displays her vocal illusion talents on **Friday, March 20**. This is a cabaret performance with the audience seated at tables and beverage service available.
- Season Finale on **Saturday, April 18** with virtuosic showpieces, romantic tenor arias, pyrotechnical solos, blazing gypsy show pieces, multi-instrument mastery, and a world accordion champion—that’s Quartetto Gelato.

All concerts begin at 7:30 p.m. except for the holiday show, which is a matinee at 4:00 p.m. For pictures, sound and video samples, see [www.PortLudlowPerformingArts.com](http://www.PortLudlowPerformingArts.com). New subscriptions can only be purchased by mail. Applications can be downloaded from the website or picked up at both the Bay and Beach Club and various village businesses. If a new subscription is ordered no later than **Sunday, June 1**, a discount is available on Sounds of Summer dinner concert tickets.

## Centrum and Fort Worden Host Community Open House

In tandem with the kick-off to Centrum’s 2014 Summer Season, the Fort Worden Public Development Authority (PDA) will host a community-wide open house on **Saturday, May 31**. Culminating the affair will be a special one-night-only event for families in celebration of Centrum’s youth programs and the tenth anniversary of NANDA, Port Townsend’s Acrobaticist Ninja Theatre Troupe. Incorporating “kung-faux” fighting, dance, juggling, and acrobatics, NANDA performances are known for their mishmash of classic vaudeville, circus, and theater innovations.

The four performing members of NANDA grew up together in Port Townsend and, with the supportive environment of the community, developed a vision of limitless creative expression. Using the idea of “acrobaticism” as

a window to the world, they have invented their material gaining inspiration from cinema and pop-culture icons to rock music and even cartoons.

This special performance event occurs at 7:00 p.m. in McCurdy Pavilion at Port Townsend’s Fort Worden State Park. A portion of event proceeds will benefit Centrum’s youth programs. Tickets range from \$15 to \$40. Section “A” seating includes a post-performance reception with the artists of NANDA.

The PDA’s Open House will begin at 2:00 p.m. It will feature tours of the fort’s campus, and access to some of the specialized lodging and public accommodations at the site, including the infamous “castle” and newly-renovated private quarters designed for independent, overnight travelers. There will also be open-door opportunities to visit many of the campus’ partner organizations including the Port Townsend School of Woodworking, Port Townsend Marine Science Center, and the Coast Artillery Museum.

## Key City Public Theatre Launches “Behind the Scenes” Campaign

Live theater needs your support. Last month, Key City Public Theatre (KCPT) launched its “Behind the Scenes” fundraising campaign to build upon its 56-year history, secure its future, and set the stage for the next 50 years of performing arts on the Olympic Peninsula.

Veteran Hollywood actor and Port Townsend resident John Considine is honorary chair of the fundraising campaign. “I saw two productions at KCPT last year that were equal in staging and performance to the best of Broadway,” explained Considine. “Our local theater has arrived. Its time has come. And I feel strongly that it merits a level of financial support that it has never before enjoyed.”

Established in 1958, KCPT in Port Townsend is the community’s oldest continuously producing theater company. It is well known for bringing us the summer family tradition of Shakespeare in the Park, producing local playwrights at PT PlayFest, partnering with Centrum’s Jazz and the Wearable Art Show, offering youth mentorship and education, and providing a venue for many benefit concerts, films, readings, and lectures.

Under the artistic direction of Denise Winter, KCPT has experienced tremendous growth over the last eight years, and has earned its place as an arts leader in the cultural landscape of the region.

The nonprofit organization operates out of the downtown Key City Playhouse, which it leases, and its uptown headquarters on Lawrence Street, which it purchased in

*continued on next page*

*Key City continued from previous page*

2006. The “Behind the Scenes” campaign, with its goal of raising \$265,000 to eliminate mortgage debt and to establish a prudent operating reserve, comes as a necessary step in KCPT’s recently adopted strategic plan.

“Our present playhouse is leased year-to-year and is not a permanent artistic home,” says KCPT Board Chair David Goldsmith. “Raising these funds to own our uptown property, which is the behind-the-scenes hub of the organization, is an essential investment for the future of the arts in our community.”

To learn more and to contribute, call KCPT’s offices at 379-0195, stop by at 1128 Lawrence Street, or visit [keycitypublictheatre.org](http://keycitypublictheatre.org).

## Drama at Chimacum High School

*by Bev Rothenborg, Arts and Entertainment Editor*

This year’s production by the Chimacum High School Drama Club is *The Desperate Housewives of Shakespeare*, which is a comical spin-off of Shakespeare’s works combined with a ridiculous television drama. This family-friendly production is a retelling of the frustration of Shakespeare’s leading ladies: Lady Macbeth, Cleopatra, Katherine, Titania, Juliet, and Rosalind. Riddled with pop culture, these classics are sideswiped by modern-day language and references. With charming sets designed by the students and traditional costuming, the characters will warm your hearts. Lasting only one hour, it is worth seeing more than one time.

Show passes (\$10) will be sold along with single admission tickets (\$5) at the door. Children 12 years old and younger are admitted free of charge. The production begins at 7:00 p.m. on **Friday and Saturday, May 2 and 3; Friday, May 9; Thursday and Friday, May 15 and 16; and Friday and Saturday, May 23 and 24** at the Chimacum Schools Auditorium.

A visit to the drama club’s production last year provided a delightful evening. In addition to the enthusiasm of the young performers, who didn’t miss a line, the costumes and sets were professionally done. The admission is a very small price to pay to support these budding thespians. And the cookies were delicious.

## The Sweet Sounds of Brazilian Choro

The Brazilian musical style of choro represents the coming together of European melodic and harmonic traditions with African rhythms. Emerging in Brazil in the middle of the 19<sup>th</sup> Century, choro is a cousin of jazz that is often described as a “sweet lament.” Presented by Centrum, you’ll have a chance to experience this music at a concert on **Saturday, May 3, 7:30 p.m.** at Wheeler Theater, Fort Worden State Park, Port Townsend.

The faculty for the workshop will be clarinetist/saxophonist Anat Chohen who was recently named Artistic Director of the Newport Jazz Festival 60 Now Band. She loves to play choro and has spent months in Brazil learning the nuances at their source. Master teacher and performer Jovino Santos Neto will return on accordion, piano and flute. Back by popular demand will be Dudu Maia, mandolin; Douglas Lora, 7-string guitar; and Alexandre Lora, pandeiro/percussion. All are master performers who will show audiences how much fun it is to play choro.

Tickets are available online at [www.centrum.org](http://www.centrum.org) or by phone at 1-800-746-1982 or 386-3102.

## Northwind Reading Series

Northwind Reading Series is a monthly program of readings by local and guest authors, featuring both poets and prose writers. Everyone is welcome to attend these free readings held at Northwind Arts Center, 2409 Jefferson Street in Port Townsend, at 7:00 p.m. Donations are gladly accepted.

Northwind is a non-profit organization that sponsors visual and literary art events and education in East Jefferson County, connecting the arts to our community. For more information, contact Bill Mawhinney at 437-9081.

The schedule for May is:

**Thursday, May 8** – Doris Thurston and Kay Mullen

**Thursday, May 22** – Rebecca Rafuse and Judy Drechsler

## Performing Arts Calendar

**Thursdays, Fridays, Saturdays, Sundays, May 1 through 10**  
Shakespeare's *King Lear* hinges on the fine line between reason and madness, and opens Key City Public Theatre's 56th season, 7:30 p.m. with 2:30 p.m. Sunday shows, Key City Playhouse, Port Townsend, 385-5278, [www.keycitypublictheatre.org](http://www.keycitypublictheatre.org).

**Friday, May 2**

With smooth vocals, smart songwriting, ferocious instrumentals, and jaw-dropping harmony, The Steep Canyon Rangers are bringing bluegrass to music lovers around the world, Admiral Theatre, Bremerton, 7:30 p.m., 373-6743, [www.admiraltheatre.org](http://www.admiraltheatre.org).

**Saturday, May 3**

Go to Bainbridge to see and hear The Edge present an ingeniously improvised evening of on-the-spot comedy from audience suggestions, 7:30 p.m., 206-842-4560, [www.bainbridgeperformingarts.org](http://www.bainbridgeperformingarts.org).

**Saturday, May 3**

The Portable Reality Show is the Jewel Box Theatre's resident comedy improvisation troupe which keeps the audience laughing as it weaves stories, song, and plays, Poulsbo, 697-3138, [www.jewelboxpoulsbo.org](http://www.jewelboxpoulsbo.org).

**Thursdays, Fridays, Saturdays, Sundays, May 8 through 25**

*Avenue Q* is a laugh-out-loud racy hit which has won multiple Tony awards, a comedy for adults, 7:30 p.m. with 3:00 p.m. Sunday shows, Bainbridge Performing Arts, 206-842-4560, [www.Bainbridgeperformingarts.org](http://www.Bainbridgeperformingarts.org). Opening night reception,

**Friday, May 9, 6:30 p.m.**

**Friday, May 9**

Two of the world's most highly rated banjo players, Bela Fleck and Abigail Washburn, take the stage in a very rare duo performance, 7:30 p.m., Admiral Theatre, Bremerton, 373-6743.

**Friday and Saturday, May 9 and 10**

The Port Angeles Symphony Chamber Orchestra's final season concert is called *Homecoming* and will feature soloists with roots in the Olympic Peninsula, 7:00 p.m., Friday concert at Holy Trinity Lutheran Church, Port Angeles; Saturday concert at Sequim Worship Center, 457-5579, [www.portangelessymphony.org](http://www.portangelessymphony.org).

**Fridays, Saturdays, Sundays, May 30 through June 21**

A national award-winning, one-act play takes place on an old fishing pier which was the favorite hang-out of three best friends when they were kids. However, in the midst of catching the biggest fish of all time, life brings them back to a painful reality, 8:00 p.m. with 2:00 p.m. Sunday shows, Poulsbo's Jewel Box Theatre, 697-3138, [www.jewelboxpoulsbo.org](http://www.jewelboxpoulsbo.org).

**Saturday, May 31**

A special event for families in celebration of Centrum's youth programs and the 10<sup>th</sup> anniversary of NANDA, Acrobaticist Ninja Theatre Troupe, incorporating "kung-faux" fighting, dance, juggling, and acrobats, 7:00 p.m., McCurdy Pavilion, Fort Worden State Park, Port Townsend, 385-3102, [www.centrum.org](http://www.centrum.org).

**Saturday and Sunday, May 31 and June 1**

The Bainbridge Symphony Orchestra's Classical Series offers *Pura Vida!*—a toe-tapping Latin spectacular with mezzo-soprano to be announced, 7:30 p.m. Saturday, 3:00 p.m. Sunday with a 2:15 p.m. pre-concert chat, 206-842-4560, [www.bainbridgeperformingarts.org](http://www.bainbridgeperformingarts.org).

**WINDOW SHADE SALE**  
**40% OFF!**  
FREE CORDLESS UPGRADE THRU 6/2014  
**DANA POINTE INTERIORS**  
360.437.2060  
[danapointe@olypen.com](mailto:danapointe@olypen.com)

**Severn's Carpet Cleaning & Maintenance**

Carpets		Yard Care
Upholstery		Gutters
Furniture		Pressure Washing

Call Jerry -- Cell: 360-301-3864  
Home: 360-796-4137  
**LOCAL REFERENCES • REASONABLE RATES**

**O'NEILL**   
**DESIGN / BUILD**

For all your custom home and remodel needs.  
Call Kevin for a free estimate and please visit our web site at [www.kevioneillconstruction.com](http://www.kevioneillconstruction.com) • 3rd generation builder

Lic # ONEILDB891CN **360.531.0336**  
email: [ko@kevioneillconstruction.com](mailto:ko@kevioneillconstruction.com)

## Artist Demonstrates “Pouring” at Artists’ League Meeting



“Effervescence” by Wanda Mawhinney.

Submitted photo

“Are you stuck in your painting process or new to watercolors or acrylics? Pouring paint is a great way to challenge and stimulate your creativity,” says longtime Port Ludlow Artists’ League member Wanda Mawhinney. On **Wednesday, May 21**, 1:00 to 3:00 p.m. at the Bay Club, Mawhinney will demonstrate pouring acrylics and show some finished pieces that began as a pour.

As an experimental artist, Mawhinney finds that not knowing how a piece will turn out is the most exciting part of painting. It forces her to trust her intuition and allow the painting to take on a life of its own. Her reward is being surprised at the finish—no matter how long it takes.

Mawhinney came to Port Ludlow from Arizona where her work appeared in galleries in Sedona and Flagstaff. She presented a one-woman show at Northland Pioneer College and won awards in several juried shows. She currently shows her work at the Showcase Gallery at Northwind Arts Center, The Inn At Port Ludlow, and the Port Ludlow Gallery.

Rosaletta Curry, the recipient of scholarship money from the Artists’ League, will speak briefly. She is a magna cum laude graduate of Ithaca College with a BA degree in drama. She has attended a semester at Gaiety Theater in Dublin, Ireland, and the London Academy of Music and Dramatic Art. She has been accepted at the prestigious Drama Centre London, which admits approximately 15

students out of 800 applicants, where she will continue her studies toward a Masters in Acting.

Each year, the league sponsors fund-raising activities to support Curry and other area students in their creative arts studies. The league sponsors a monthly raffle of artwork which is shown at the league’s gallery, located next to the Columbia Bank. The winning drawing is held at the Artist of the Month reception on the second Wednesday of the month. Winners need not be present to win.

Guests are welcome to attend the monthly meeting and demonstration. More information can be obtained by contacting President Judy Danberg at 437-0342 or email [shortline@cablespeed.comn](mailto:shortline@cablespeed.comn). For examples of members’ art, go to [portludlowart.org](http://portludlowart.org).

## Annual Juried Art Show Seeks Entries

The Port Townsend Arts Commission and the Northwind Arts Center are seeking submissions for “Expressions Northwest,” the sixteenth Annual Art Port Townsend Juried Art Competition. The exhibition will be on **Friday, August 1 through Sunday, August 31**, at the Northwind Arts Center in Port Townsend. Artists must be at least 16 years of age and may submit works in both two- and three-dimensional forms, including photography. Cash prizes and additional merchandise awards will be presented.

The juror for this show will be Greg Robinson, Executive Director and Curator of the Bainbridge Island Museum of Art, which opened June 2013. Previously, he served as Executive Director of the Museum of Northwest Art in La Conner, Director of William Traver Gallery in Tacoma, and Executive Director of Pratt Fine Arts Center in Seattle. Robinson has participated in numerous jury processes for exhibitions and awards, and has served on the Betty Bowen Award Committee of the Seattle Art Museum for 13 years.

Further information and the prospectus can be found online at [www.artporttownsend.org](http://www.artporttownsend.org) or [www.northwind-arts.org](http://www.northwind-arts.org), or by contacting Joan Balzarini at 437-7922, or Rae Belkin at 437-9442 or [artist@cablespeed.com](mailto:artist@cablespeed.com). A non-refundable entry fee of \$45 is required for a maximum of three digital entries (no slides or prints) per artist. Entry images must be submitted online to [www.OnlineJuriedShows.com](http://www.OnlineJuriedShows.com). You will need to first create a free account and then follow the directions for entry into Art Port Townsend. Please proceed through all five steps of entry including getting a Receipt of Entry. (There is a helpful link, “How to Enter,” provided for you on the website.) The deadline for submissions is **Wednesday, June 11**.

## Artist of the Month Has Pencil, Will Travel!



*Seagulls, graphite drawing by Jeanne Joseph.*

Submitted photo

Jeanne Joseph is the May Artist of the Month for the Port Ludlow Artists' League. An opening reception for her work will be held on **Wednesday, May 14** from 4:00 to 5:00 p.m. in the lobby of the Port Ludlow branch of Columbia Bank, and from 5:00 to 6:00 p.m. in the Artists' League Gallery next door. The monthly drawing for an original artwork will be held toward the end of the reception. Tickets are \$2, and all proceeds go to the student scholarship fund.

Joseph came from a family of artists, but it wasn't until her own children left the nest that she decided to explore what talent she might have. So back to college she went to study visual communication. After moving to Seattle in 1980, Joseph began her own graphic design and advertising business. After retiring and coming to Port Ludlow, she explored acrylics and found a niche market in commissioned floor cloths which are painted canvas rugs.

Due to limited studio space and the desire to have something to take on travels, Joseph discovered graphite pencils, which expanded her drawing skills and that led to colored pencils and watercolor pencils. They allow her to experiment with color, texture, motion, design, and subject matter. She especially loves drawing children and is constantly trying to give a direction to her technique which will endear her work to the viewer. While Joseph hasn't given up on acrylics, she has pencil—and will travel.

Other Artists' League members' work is currently on display around Port Ludlow. Betty Cooper has her art

work at Active Life Physical Therapy, Cathy Thomas' art is on display in the Gallery Room of the Beach Club, Coldwell Banker Real Estate is showing work by Rick McKenzie, Wanda Mawhinney is exhibiting at the Columbia Bank's Conference Room, Barbara Adams is showing at Mats Mats Chiropractic, and Virginia Moyer's work is on display at the Port Ludlow Golf Course. The Inn At Port Ludlow will have a new exhibit of "Artists' Favorite Pieces."

## Local and Experienced

### **BARTLETT ROOFING**

*"We treat your roof like it's our own."*  
New Construction, Composition, Metal and  
Re-roof Experts.

**Licensed. Bonded. Insured.**

**360.271.7033**

Free Estimates

Senior Discounts

**Joe Bartlett Construction, llc**

**dba Bartlett Roofing**

**61 Schooner Lane, Port Ludlow, WA**

**Est. 1999**

Contractor Registration #JOEBABC920Q5

## Hair Cut ❖ Color ❖ Perm



*Relax with a cup of tea  
and watch the boats  
in the harbor*

Call Khanittha O'Neill  
for an appointment today

461A Ludlow Bay Road ❖ Port Ludlow, WA 98365

# Local News

## WUTC Suspends OWSI Surcharge

by Dave Armitage, PLVC Secretary

The Washington State Utilities and Transportation Commission (WUTC), at its April 10 open meeting, suspended the water rate surcharge request by Olympic Water and Sewer Inc. (OWSI). Noting that the OWSI rate change would increase charges for the services currently provided by the company, the WUTC stated that it should be demonstrated that the tariff revisions would ultimately result in rates that are fair, just, reasonable, and sufficient. It has not been. The commission believes it is necessary to investigate the company's books, accounts, and practices, and to investigate various phases of the company's operations. The commission further stated that OWSI bears the burden of proof to show that the proposed increase is just.

The commission ordered that OWSI not change or alter tariffs during the suspension period unless authorized by the commission. The WUTC is required by law to respond to a rate change request within 30 days or the rate change automatically goes into effect. The WUTC staff has been directed to investigate further. The suspension is temporary, pending the outcome of the staff's findings.

OWSI provides water service to approximately 1,600 customers near Port Ludlow. The commission last approved a general rate increase in May 2008. The proposed rate increase would generate \$52,125 or 7.8 percent additional annual revenue. The rate increase was associated with the drilling of the contaminated well #17 and investigation and remediation of the contamination. More details are on the PLVC pages of this issue.

## Eradicate Hunger Week Events

by Barbara Berthiaume, Contributing Writer

Hunger and food insecurity have again made headline news throughout the United States. The latest statistics from Northwest Harvest, Washington State's hunger relief agency, states that Washington ranks 15 in the nation, and in the top 6 of where hunger is growing fastest. One in four kids in Washington State lives in a household that struggles to put food on the table. The week of **May 4 through 9** will be focused on raising awareness and providing information on the issues of hunger in our own back yard.

Singer and songwriter Mark Pearson, a member of the Brothers Four, will start off the week with a "Share the Bounty" Benefit Concert on **Sunday, May 4** from 7:00 to 8:30 p.m. at the Chimacum High School Auditorium, 91 West Valley Road, Chimacum. Suggested donations are \$15 and all proceeds will go to Jefferson County Food Banks, the Y Summer Feeding Program, and the Weekend School Nutrition Backpack Programs in Chimacum, Port Townsend, and Quilcene.

A community meeting will be held on **Tuesday, May 6**, 10:00 a.m. at the Beach Club in Port Ludlow. Richard LeMieux, best-selling author of the book, *Breakfast at Sally's*, will speak about the issues of hunger in our communities. Jefferson County organizations and agencies involved with feeding programs will give updates on activities over the past year and upcoming programs and needs in Jefferson County.

During the week, the award-winning documentary, *A Place at the Table*, will be available for anyone or group who would like to view it. The film paints a stark picture of America's poor and the effects of hunger. To view this DVD, contact Barbara Berthiaume at 437-0423 or live stream through *Neflix.com*.

## Annual Spring Sock Hop

The fourth annual edition of the Port Ludlow Sock Hop is just around the corner on **Saturday, May 3** at 7:00 p.m. The event benefits the Tri-Area Food Bank. Once again, Steven Gross and Ned Luce have put together an unforgettable opening vignette. After memorable past performances by the "Extremes," the "Village by the Bay People," and the "Babbas," this year's 50th anniversary of the invasion by the Beatles will feature the "Beetles of the Bay!"

After they have provided the evening's opening entertainment, the rest of the night's music will be provided by Port Ludlow favorites Michael and Leslie, a talented duo who have played dancing music for several events here over the past couple of years.

So come on over to the Beach Club and stay until the dancing ends. Buy your advance sale tickets for \$15 at the Beach Club or the Bay Club in Port Ludlow; or call Luce at 437-0191 or Steven Gross at 437-5110. Tickets at the door are \$20. Soft drinks and snacks will be provided. You can bring anything else you'd like to drink. It will again be an unforgettable event.

## Dementia Forum Draws Capacity Crowd

by Ursel Krumme, Wellness Committee



Gail Bosch.

Submitted photo

A standing-room-only crowd was mesmerized as the latest research on “Dementia and Early Interventions” was presented at the Village Council’s April Health Forum. Gail Bosch, Consultant Pharmacist at Harrison Medical Center, and Jenny Eidsmoe, Early Stage Memory Loss Coordinator at the Alzheimer’s Association, were featured speakers. They revealed that new data indicate an increase in the incidence of Alzheimer’s disease (AD), with age being the largest risk factor. One in nine people above age 65 and a third of people above 85 currently live with Alzheimer’s.

Dementias differ widely and often require years to diagnose. Alzheimer’s disease, which accounts for 60-80 percent of all dementia cases, is slowly progressive, beginning many years before clinical symptoms emerge. Early memory loss indicators are inappropriate forgetfulness (difficulty recalling new information). Screening tests include the Mini-Mental State Examination, Clock Drawing Test, or the three-minute Mini-Cog offered at a primary physician appointment.

Definitive diagnostic criteria must be memory impairment and at least one other functional deficit: aphasia (impaired comprehension or expression of language), apraxia (inability to do learned tasks), agnosia (can’t recognize familiar things), and loss of executive function (planning and organizing everyday tasks). Other signs are a decline in social or occupational functioning. Benefits of early diagnosis allow for financial and legal planning, including preparation of advanced directives.

The importance of supportive care in managing behavioral changes in Alzheimer’s disease was stressed. Attendees were spellbound as video clips demonstrated AD patients accepting their diagnosis, and caregivers telling that they “now know to be present at doctors’ appointments, get an attorney and find a support group.” One caregiver poignantly suggested, “take it a day at a time; learn to talk quietly at their level; go closer; and be patient.”

Keep a calendar with checkmarks for medications and plans for the day, including meals. Social engagement and involvement in physical activities remain crucial. Since people with dementia may not be able to separate past from present, the tip was given “to play along” in order to avoid stress, or to redirect attention to another activity. An initial screening to assess skilled home care need can be scheduled with Jefferson Healthcare’s Home Health at 385-0610.

Educational resources, including a DVD of the presentations, and copies of the new AD/Mental Health Advance Directive, are available in a binder at the Beach and Bay Club and at [www.plhealth.org](http://www.plhealth.org).

## Memorial Day Flag Ceremony

Memorial Day is a federal holiday that is observed this year on **Monday, May 26**. For the tenth year, the South Bay Community Association (SBCA) offers a unique event, commencing at 11:00 a.m., to provide a proper ceremony for disposal of worn American flags.

Disposal of the flag is outlined in an amendment to our constitution that states, “The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning.” Several retired military personnel render such a service.

It is our custom for each flag to be dedicated to a deceased military family member, acquaintance or group. Flags may be taken to the Bay Club in the days prior to the event to be processed for disposal.

The ceremony will commence in front of the club and will open with the singing of the National Anthem by the Independents from Kitsap County, a mixed choral group. The program will include an invocation, dedication, and disposal of one flag symbolizing the entire collection which will be burned later. All retired or active duty military personnel are encouraged to participate.

Following the ceremony, we will move inside the Bay Club where the Independents will offer a choral program of patriotic music. Refreshments will be served following the concert. For more information, call ceremony founder Jerry Conover at 437-0537.

## Healthy Living at Jefferson County Library

Jefferson County Library and Jefferson Healthcare will co-sponsor two programs on healthy living in May. On **Thursday, May 1** at 6:30 p.m., registered nurse and certified diabetes educator, Amber Benner, will present a program titled, “Tools for Building Better Health: Managing Your Blood Sugar.”



Amber Benner, RN.

Benner’s informative presentation will give the audience a comprehensive overview of how to manage diabetes and keep good control of blood sugar. If you were diagnosed with type 2 diabetes when receiving your diagnosis, you may have received a large amount of information about lifestyle changes from your doctor

that could be overwhelming. This program will help you simplify and apply the information to your life.

Benner has been a registered nurse for 25 years and has worked in critical care, emergency, surgery, post-partum, and with cardiac rehab patients. She is currently the RN and Certified Diabetes Educator at Jefferson Healthcare.

On **Tuesday, May 6** at 6:30 pm, registered nurse and patient advocate Jackie Levin, MS will present a program titled, “Staying Present: Mindfulness Practice for Everyday Life” at the Jefferson County Library.

Mindfulness is the practice of intentionally paying attention moment-to-moment. Staying present is an essential aspect of mindfulness and one of the most challenging. This is because our minds jump from thought to thought and emotion to emotion, leaving you feeling stressed and out of balance. “Staying Present” is a way of steadying your mind, feelings, and reactions when life is chaotic and fast-paced to improve your health, mood, and relationships. This evening’s class will include mindfulness tools and guided practice to incorporate into daily life.

Jackie Levin has been an Integrative Holistic educator and clinician for more than 25 years and is well known for her practical, theoretical, and evidenced-based application of mind body strategies into every arena of health care. She is an advanced practice nurse with a Masters in Holistic Nursing, and has been the patient advocate for Jefferson Healthcare since October of 2011. In 1998, Jackie was trained by Jon Kabat-Zinn in the Mindfulness-Based Stress Reduction Program. She enjoys teaching

these techniques to the community and teaches mindfulness to nurses and physicians as well. Local business owners have also registered their employees for these classes to build awareness and teamwork. Levin commented, “With each class, it is amazing and rewarding to see how these proven practices transform the participants and their stressors.”



Jackie Levin RN, MS.

Submitted photos

Jefferson County Library is located at 620 Cedar Avenue in Port Hadlock. For more information about this program, visit [www.jclibrary.info](http://www.jclibrary.info) or call the library at 385-6544. This program is co-sponsored by Jefferson Healthcare.

## Local Author’s Book Approved by National Cancer Organization

Susan Grant’s “*A Caregiver’s Guide to Throat Cancer: Honesty, hope, and humor to help you navigate the wild ride called Throat Cancer!*” has been approved by Head and Neck Cancer Alliance, a national cancer support organization founded by Yul Brynner. The approval process took nearly a year, but Grant’s book is now listed on their resources page at [www.HeadAndNeck.org](http://www.HeadAndNeck.org). It is available at Amazon.com and many other book dealers worldwide.



A Port Ludlow artist and author, Susan Grant wrote her first book as a labor of love. “I was inspired to write *A Caregiver’s Guide to Throat Cancer* after helping my husband survive this devastating disease. It was the book I needed when my husband was diagnosed, but nothing like this existed. It is my hope that I can help many people get through this difficult process by giving them the tools and information they need to succeed; and, with a healthy dose of humor to boot.”

April is Head and Neck Cancer Awareness month. In support of this event, Grant’s publishing company is donating copies of her book to cancer clinic waiting rooms and cancer support organizations across the country. If you’d like to recommend a deserving clinic or organization, please contact the publisher: [info@BellaVistaPublishing.com](mailto:info@BellaVistaPublishing.com).

## Local Author Publishes Thriller



Antiquity author, David Cabbell.

Submitted photo

South Bay resident, David Cabbell, has authored a soon-to-be released thriller entitled *Antiquity*. The book has been published by Tate Publishing and should be available in May. It is the first novel by Mr. Cabbell, who is working on a second book.

The story is complex. It begins with an explosion on a ferry in Puget Sound and the transfer of a mysterious Roman coin into the jacket of the book's protagonist, Mark Blackstone, by an old

archaeologist who whispers the name of a man's name and that of a town in Europe. At the request of the FBI Blackstone tries to unravel the mystery. The trail takes the reader to Europe and finally to Jerusalem in pursuit of the true story of the coin and the treasure to which it is connected. The novel is replete with criminals, jihadists, murder and suspense, as various interests attempt to obtain the coin and the treasure.

Mr. Cabbell will have a signing of the new novel at John L. Scott Realty. The signing will take place on **Sunday, May 18**, 2:00 to 4:00 p.m. Refreshments will be served. The public is invited. Copies of the book will be available for purchase at the signing.

David Cabbell is a graduate of Indiana University in Bloomington. His career includes 13 years in railroading, 8 years in the naval reserve and 57 years in international trade and transportation where he was vice president of a company that was in negotiation with the Soviets. He and his wife moved to Port Ludlow from San Ramon, California. When asked about his writing, Cabbell said that his novels are controlled by their characters as they act out their fictional lives.

*Antiquity* was first submitted five years ago. Publishers recently became interested in the book, possibly due to changes in international relations.

[www.plvoice.org](http://www.plvoice.org)

**LATE-BREAKING NEWS, CALENDAR UPDATES**  
**CURRENT ISSUE AND HISTORICAL ISSUES ON-LINE**  
**COLOR PHOTOGRAPHY • LETTERS TO THE EDITOR**

## Driver Safety is Now The SMART Driver Course

There will be an eight-hour SMART Driver course at the Beach Club on **Tuesday, May 27** and **Thursday, May 29** from 9:00 a.m. to 1:00 p.m., both days. The purpose of the course is to enable drivers to enhance and extend their safe driving experience.

The recently redesigned course explores changes in one's physiology as a result of aging and discusses how drivers can compensate for these changes. Also, the course reviews recent changes in traffic laws, the changing driving environment, and the latest in safety equipment in personal vehicles. Motorists 50 and older looking to keep their driving skills sharp and their insurance premiums low are encouraged to attend.

Classes are open to the public. A \$20 fee is charged to cover the cost of materials. AARP members receive a \$5 discount. Washington State has ruled that all drivers age 55 and over will be given a discount on their automobile insurance premiums following completion of the course. There are no exams.

The course is sponsored by the Beach Club which requests a room fee of \$1 per person each day (please bring exact change).

The course is eight hours, so attendance is required both days. The class is limited in size, so please sign up early. To reserve a place in the class, or to ask for further information, call Russ Henry at 437-2250 or email him at [russhenry62@gmail.com](mailto:russhenry62@gmail.com).

## Help Your Child Eat Healthfully and Play Actively

Over the next few weeks Washington State University (WSU) Jefferson County Extension and 4-H will be teaching Choose Health: Food, Fun and Fitness lessons at the Jefferson County Library in Port Hadlock. The goal of the workshop is so children can learn healthy eating and good activity habits. Every lesson focuses on information and behaviors that lead to a healthy lifestyle.

The six-session workshop is open to youth ages 8-13 and it's free. Participants meet every Wednesday after school, 3:30 to 5:30 p.m., **May 7 through June 11** at the county library. To register or for more information, contact Stephanie Sanders, [stephaniesan3@yahoo.com](mailto:stephaniesan3@yahoo.com), or Sue Hay, [sue.hay@wsu.edu](mailto:sue.hay@wsu.edu), 379-5610 x 208.

WSU extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local WSU extension office.

## Port Ludlow Fire & Rescue

### Alarm Statistics March 2014

**Alarms**

Fires	1
Rescue/Emergency Medical	36
Service Call	7
Hazardous Condition	1
Good Intent	6
False Alarm	1
Total Alarms	52

**Ambulance Transports**

Jefferson Healthcare	7
Harrison Medical Ctr: Bremerton	8
ALNW	1
Swedish	1
Total Transports	17

**Aid**

Aid Given	6
Aid Received	1
Total Aid	7

## Message from Chief Brad Martin

Port Ludlow Fire & Rescue is always interested in members of the community who may be looking for volunteer opportunities. Becoming a volunteer firefighter provides citizens with a very worthwhile chance to work with our excellent staff and give back to the community. For more information about becoming a volunteer firefighter, please visit our website at [www.plfr.org](http://www.plfr.org), click on Department Information, and scroll down to Employment and Volunteer Opportunities for the application.

Currently, we have a need for a volunteer to join our clerical staff at the Main Station on Oak Bay Road. The person in this position would assist with clerical duties to include filing, answering phones, and other duties as assigned by the administrative assistant. The hours for this position are flexible. An application is available on our website (see above).

As a reminder, if you need help replacing the batteries in your home smoke alarms, call the station at 437-2236 to make arrangements for us to assist you. Many of the homes here in Port Ludlow have very high ceilings requiring long ladders to reach the smoke alarms. We've got ladders!

As usual, I welcome the input of any community member who wishes to speak with me. Please feel free to contact me by email at [brad.martin@plfr.org](mailto:brad.martin@plfr.org), or by phone, 437-2236, if you would like to speak with me, or schedule a time to come in. I look forward to hearing from those we serve.

## Sheriff's Report

For the month of March there were a total of 83 recorded Port Ludlow events known to the Sheriff's Office. There were 991 events county-wide during the same time period. The parameters defining Port Ludlow are SR 19, Tala Shore Drive, Oak Bay Road, and Olympus Boulevard.

Agency Assist	2
Alarm or Incomplete 911 Call	2
Animal Control	7
Disturbance (unwanted persons, gunshots, etc)	1
Drugs	2
Found Property	1
Malicious Mischief	1
Miscellaneous/Informational	5
Suspicious Vehicle or Person	2
Theft/Burglary	4
Traffic Incident/Complaint	3
Welfare Check	1
Warrant Arrests	1
Traffic Violations	39
Assaults	2
Field Investigations	2
Patrol Requests	4
Civil Assist	3
Violation of Contact	1

Let's keep our neighborhoods safe. Contact the sheriff's office if you notice any suspicious activity and always call 9-1-1 for an emergency.

## Learn About Strokes During Stroke Awareness Month

The Port Ludlow Village Council's Wellness Committee will discuss stroke at its second Spring Forum, "Stroke: Prevention, Management Protocols and Rehabilitation." The forum is scheduled to occur during stroke awareness month on **Saturday, May 10** at 1:00 p.m. at the Bay Club.

Even if there are no current symptoms or risk factors (other than age), every resident should know about this highly time-sensitive emergency. To avoid long-term repercussions and long rehabilitation, stroke victims need appropriate attention immediately. This may involve several branches of the healthcare system and choices between organizations, locations, and modes and routes of transportation.

The forum will focus on what happens to the brain during and after a stroke and how to respond quickly to minimize the debilitating consequences. Dr. David Tirschwell,

*continued on next page*

*Strokes continued from previous page*

co-director of the University of Washington's Stroke Center at Harborview, is our featured speaker. He will describe risk factors, warning signs, and early recognition and treatment of different types of strokes. Panelists will then discuss the process of EMS transportation to local hospitals and the circumstances requiring Airlift NW to whisk patients to Harborview or Swedish Hospital.

Other topics include the differences in protocols for tele-stroke diagnosis, emergency treatments, and monitoring of patients at, or on the way to and from, the Jefferson Healthcare ER (by neurologists at the Swedish Stroke Center) and Harrison Medical Center (by physicians at Harborview). Recent medical innovations and changes in hospital organizations affecting various stroke protocols will be described.

Written educational materials for all types and disease stages of stroke will be available for attendees. Residents are also encouraged to visit the stroke page on the committee's website, [plhealth.org/stroke.html](http://plhealth.org/stroke.html), for preparation and follow-up. Sign-up sheets are posted at both clubs.

## Tech Tuesdays at Jefferson County Library

Jefferson County Library continues the popular technology training classes offered every **Tuesday**, 3:00 to 4:00 p.m. in **May**. Knowledgeable library staff will also host a two-hour drop-in tech services period from 4:00 to 6:00 p.m., a time for customers to bring in tech questions and devices and receive personal, individual assistance on any topic or issue they may have with software, learning how to use their devices, or for further assistance with a class topic.

**“Tech Tuesday” Class Topics, 3:00 to 4:00 p.m.:**

### **May 6 – eBooks**

Discover the various titles of ebooks and audio ebooks available through your library. Learn how to prepare your computer or device to enable downloading the titles you wish to read, and how to check out and return the books you borrow.

### **May 13 – Computer Security for the Home User**

Learn about how to make your home computer and mobile devices more secure. The class will cover spyware, viruses, and other malware, and how to protect your devices from these threats.

### **May 20 – Novelist and Other Book Finding Guides**

Don't know what to read next? Have you finished reading all of your favorite author's books and are looking for similar books? Try *Novelist*, a library database that holds information about authors, series, read-a-likes, and more. Want to find other book lovers who love to talk about them? Try *Good Reads*, a website dedicated to books and those who read them. Need some authoritative advice on what's good and what's not? Check out *Book Lust*, a book written by former Seattle librarian Nancy Pearl.

### **May 27 – Microsoft PowerPoint**

Learn some of the basics of Microsoft PowerPoint and find out about some additional resources for continuing your PowerPoint program education at home.

Jefferson County Library is located at 620 Cedar Avenue in Port Hadlock. For more information about this program, visit [www.jclibrary.info](http://www.jclibrary.info) or call the library at 385-6544. This program is co-sponsored by Jefferson Healthcare.

## Beach Club Annual Garage Sale

The Annual Beach Club Garage Sale, sponsored by the North Bay Lot Owners Association (NBLOA) will be held on **Saturday, May 24** from 10:00 a.m. to 3:00 p.m.

With spring in full bloom, it's time to clean out your garage, cupboards, and closets then take your treasures to the Beach Club's Bay View Room to sell. This event is open to all – everyone is invited to either rent a table and sell, or just come by to shop. There will be great bargains to be found, and just think of all the free space you will have in your house.

Reservations for tables may be made at the Beach Club on a first-come, first-served basis and will be confirmed upon payment of fees. All tables are 6 feet long and cost \$10 each, with a maximum of two tables per seller. The cut-off date is **May 20** to make your reservation. Refunds for table cancellations will not be made after this date.

Set-up will be from 1:00 to 5:00 p.m. **Friday, May 23**. All vendors must set their tables up on Friday. Vendors should arrive on **Saturday, May 24** no later than 9:30 a.m. Sale will start at 10:00 a.m. and end at 3:00 p.m. The sale is open to all.

Co-chairs for this event are Jamie Bima, 437-9335 and Barbara Berthiaume, 437-0423. Please contact either for further information.

## Newcomers Welcome Invitation

Have you moved to Port Ludlow in the past year to eighteen months? Have you lived here for a while, but still feel relatively new? If so, you are invited to the Community Newcomers Welcome Program to meet other neighbors on **Friday, May 30** at the Bay Club from 5:00 to 7:00 p.m. Wine and appetizers will be served and you will have the opportunity to meet new people, get acquainted with a number of community organizations, and discover what Port Ludlow has to offer. For those who have lived here for a while but have not fully engaged, this is a chance to rediscover the many activities in Port Ludlow.

The Community Welcome Committee is the Port Ludlow Village Council's (PLVC) newest committee. For further information, contact Barbara Berthiaume, Welcome Committee Chair at 437-0423.

## Gruszewski Receives Top Award from State Patrol Academy

Trooper Alisha E. Gruszewski received the top academic award from the Washington State Patrol Academy before being sworn in with 34 other new troopers on March 13. She was also recognized for collision investigation. Awards were presented Thursday before a Friday ceremony in the Capitol Rotunda in Olympia.

Trooper Gruszewski is from Port Ludlow and will work in the Port Townsend area on her first assignment as a State Patrol trooper.

State Supreme Court Justice Debra Stephens swore in the new graduates. Governor Jay Inslee presented them with commission cards and Chief John R. Batiste welcomed them into the organization. Gruszewski earned the highest grade-point average, 94 percent, of all the 35 troopers in more than 30 tests and quizzes. She also attained "the highest level of proficiency regarding collision investigation, including mathematical computation, scene investigation, information and evidence-gathering, report-writing, and teamwork," the State Patrol said.

Each of the cadets completed more than 1,000 hours of training. The rigorous training and application process is unparalleled in the nation.

## Cloud 9 Pastry Available in Poulsbo

Cloud 9 Pastry would like to thank its Port Ludlow Friday Market customers for their business over the previous three years. For those interested, Cloud 9 will be located at the Poulsbo Farmers Market, Saturdays 9:00 a.m. to 2:00 p.m., 7th and Iverson, now through **December 20** of this year. Cloud 9 Pastry is owned and operated by Melanie Maibaum. It produces and sells high quality pastries and baked goods.



**Your Local  
Community  
Bank**

**Contact Us!**  
74 Breaker Lane  
Port Ludlow, WA 98365  
360-437-7863  
[www.kitsapbank.com](http://www.kitsapbank.com)







**DISCOVERY**  
PHYSICAL THERAPY

**SPECIALIZING IN**  
Post-Surgical Rehab ■ Athletic/Work Injuries  
Neurological Injury ■ Pelvic Pain ■ Balance Training  
Pregnancy/Postpartum ■ Incontinence  
Vertigo Rehab ■ Lymphedema

Amy Irene Lynch, PT   Jeanne Dirksen, PT   Lynn Meyer, PT   Janet Hutchison, PT   Gail Maciejewski, PT, OCS  
Azalea Rees, PTA   Ingrid Musson, LMP, CFT

[WWW.DISCOVERYPT.COM](http://WWW.DISCOVERYPT.COM)  
**27 COLWELL ST. (RHODY DR.) 360.385.9310**



**John L. Scott**  
PORT LUDLOW

22 YEARS  
OF PROVEN  
REAL ESTATE  
EXPERIENCE.

**ELIN PHILIPS**  
*Full-Time Broker Representing:*  
**\*Sellers**  
**\*Buyers**

[WWW.ELINPHILIPS.COM](http://WWW.ELINPHILIPS.COM)  
**360.301.9115**

JOHN L. SCOTT PORT LUDLOW IS INDEPENDENTLY OWNED AND OPERATED.

# Community Meetings

## Dine and Discover

On **Monday, May 5** at the Beach Club, Eric Kessler will present a history of the Olympic Peninsula's Elwha River and its long journey from one of the Northwest's most prolific salmon rivers to its hundred years as a dammed watershed, and its remarkable rebirth with the removal of the Elwha and Glines Canyon Dams. Kessler will illustrate his talk with his own photographs and historical images and drawings of the river and its dams. There may still be space available to sign up at the Beach Club for Kessler's talk.

The final program of this season of Dine and Discover will be on **Monday, June 2** at the Bay Club. National Park Service scientist Bill Baccus will discuss Olympic glaciers and the importance of glaciers to park ecosystems. He will present recent research findings and photography that demonstrate the dramatic retreat of the glaciers, which is creating concern for future downstream resources.

Bill Baccus is a physical scientist for the North Coast and Cascades Network, stationed at Olympic National Park. He has worked at Olympic National Park for over 25 years on a wide range of long-term monitoring projects including climate, glaciers, air quality, mountain lakes, elk, and intertidal (coastal) ecosystems.

Sign up for Bill Baccus's talk at the Bay Club. Be sure to indicate your preference of a potluck dish to serve ten. If you have questions, or wish to cancel, or be put on the waiting list, call Michael or Hilda Cahn at 437-8223.

The doors open at 5:30 p.m. for all Dine and Discover events. Remember your potluck dish to serve ten and \$2 per person, as well your place setting, including placemat, dishes, glass, utensils, napkin, and your favorite beverage.

## First Wednesday Luncheon

The largest dam removal in U.S. history is underway in Olympic National Park; sediment and salmon are on the move. Since work began in September 2011, the 108-foot tall Elwha Dam has been completely removed and as of March 2014, only 30 feet of the 210 feet of Glines Canyon Dam remains. Exciting changes are underway as salmon and steelhead have spawned above the site of the Elwha Dam for the first time in 100 years. Come listen to Dean Butterworth, Outreach and Education Specialist

from the Olympic National Park, as he presents the complex and fascinating story of the Elwha River restoration and provides insight into the challenges and opportunities of large scale restoration projects.

Does this sound like the Dine and Discover program for May? Well, First Wednesday Luncheon and Dine and Discover presentations will both be about the Elwha River, but they will be presented by different people with different points of view. You will learn from each. Join us at the Beach Club on **Wednesday, May 7**, at 11:00 a.m.

The food committee will provide lunch. Instead of paying for your lunch, we ask that you make a donation to the Tri-Area Food Bank. The food bank is in need of canned soups and paper products. Of course, cash or checks are much appreciated.

Sign up at either the Beach Club or the Bay Club. And remember to bring your table service as we are "green" this year.

The last luncheon of the season will be on **Wednesday, June 4** at the Beach Club.

## Stamping and Paper Arts

A box is a box is a box. You think? Join us at the Beach Club on **Wednesday, May 28** from 10:00 a.m. to noon to become creative once again; this time thinking "outside" the box, so to speak.

Our own Barbara "BJ" Nobles will demonstrate how to take an ordinary cigar box and turn it into a beautiful treasure chest for jewelry or other precious keepsakes. If you don't have a cigar box, any large or small paper board box can be purchased at a local craft store and used as well. Barbara suggests that you plan your design before the class meets; bring items such as fabric, decorative wrapping paper, ornaments, ribbon, buttons, glue, and decoupage, and we will assemble the boxes together that morning. Hoping to see many of you there for another fun and challenging project.

As always, there will be a Show 'n Tell segment to share all those newly received handmade cards and paper art items. There will also be time to look at and purchase our members' stamps and other supplies. The proceeds of sales are used to help with postage costs for our Cards for the Troops project.

## Senior Singles go Italian

Please join the senior singles for dinner at 5:30 p.m. on **Thursday, May 15** when we will enjoy Italian dining at the Olive Garden restaurant located at 3204 N.W. Randall Way in Silverdale.

Most of us have eaten at the Olive Garden, but they have enticing new items on their menu. Our hostess is Shirley. Please email her at [lavenderladie@aol.com](mailto:lavenderladie@aol.com), or call her at 437-8177 to make your reservation by **Thursday, May 8**.

Since we carpool, let her know if you would like to be a passenger or a driver. Please remember to give your driver a few dollars to defray expenses.

Invite your friends, wear festive red and green if you like, and don't forget your name tag.

## Garden Club to Visit Chimacum Woods Nursery

Join the Garden Club **Wednesday, May 14**, on a docent-led tour of Chimacum Woods Rhododendron Nursery.

Bob Zimmermann has been growing species of rhododendrons from seed for the past 38 years at his nursery on Thorndyke Road. He now has some 300 species populating the collection in the nursery's seven woodland acres. Bob will guide us through the woods while his wife, Beth, shows the nursery and hoop house.

A "species" rhododendron is a non-hybridized plant, which, en-masse, form a stable population in the wild without human intervention. Many of these plants grow naturally in or near the Himalayas. Bob has made five trips to China in search of specimens.

With age, the species increase in interest due to their unique leaves, compared to the hybrids. In the wild, these plants are disappearing rapidly so the gardens and plants that Chimacum Woods distribute are an attempt to save at least a few of them. Raising them is an investment in the future and keeping such plants helps preserve their gene pool while enjoying their natural and enduring beauty. You can help in preserving these magnificent plants by watering sparingly with fertilizer on Valentine's Day and Mother's Day.

To reserve your place for this special event, please email [portludlowgardenclub@gmail.com](mailto:portludlowgardenclub@gmail.com) or call Rita Clark at 437-9104. Wear sturdy walking shoes for the woodland tour.

Parking at the nursery is limited. Share the ride with club members and friends from the Bay Club. Arrive at 9:15 a.m. to pay for your lunch (\$12 for members, and guests are welcome for an additional \$5), which includes dessert and beverage. Port Ludlow Garden Club annual membership is \$20, so if you wish to become a member, please join us. Checks are payable to the Port Ludlow Garden Club.

## Port Ludlow Hiking

The hiking club held its semi-annual planning meeting in early April to schedule events for May through October. A wide variety of events are on the schedule, including some great high country hikes during the summer months. The complete schedule has been emailed to those on the hiking club roster and copies are available at the Bay and Beach clubs.

Unless otherwise noted, hikers meet at the Bridge Deck at 8:30 a.m. to arrange carpools and get directions to the trailheads.

### Friday, May 2: Local waterfalls

This easy excursion will explore several local waterfalls exhibiting spring runoff. Hikers will have the option to stop at Whitney Gardens to view rhododendrons in bloom and/or have lunch at the Halfway House or the Timber House. For information, please contact Don & Lynne Folsom at 437-9251.

### May 12 – 15: Lake Quinault adventure

Reservations should have already been made for a stay at the Lake Quinault Lodge or for RV camping. The group will explore hiking options that fit their mood and energy level. Other events include a cookout, evening conversation, and storytelling. For information, please contact Hilda or Michael Cahn at 437-8223.

### Friday, May 30: Mount Zion

Join the group for a moderate 5-mile hike with 1,300 feet of elevation gain. Enjoy the walk through the rhododendron forest. Be rewarded with views of the Salish Sea, Mount Townsend, and the Gray Wolf Ridge. Watch your emails for further information.

### Every Wednesday: Timberton Loop

Walk the 4.5-mile Timberton Loop. Enjoy views of the Olympic Mountains and Mt. Rainier. Meet at the trailhead on Timberton Road at 9:00 a.m.

## CEA Goes Mexican in May

The Community Enrichment Alliance (CEA) monthly out to lunch program has been updated to include only the warmer months. Winter sees many of our neighbors heading for southern climes and the hardy souls who don't leave tend to stay hunkered down.

Our first outing this season will be held at noon on **Thursday, May 15** at the new Puerto Vallarta restaurant in Kingston, located in the Albertson's shopping center. Invite your spouse, a friend, your new neighbor or all of the above to come with us. All Port Ludlow residents are welcome.

We will order off the menu and separate checks will be provided. Please sign up at either club or call Marilyn Durand at 437-7677.

## Port Ludlow Book Club

Please join us on **Tuesday, May 13**, 6:30 p.m. at the Bay Club when the Book Club discusses a moving historical fiction novel, *The Lost Wife* by Alyson Richman. The author involves the reader with not only her interesting characters, but also with a stunningly compelling tale.

The story revolves around two Czechoslovakian Jews, Josef and Lenka, in the era of WWII, whose dreams are shattered when they are separated by the Nazi invasion. They meet again decades later when both are attending the rehearsal dinner for the wedding of their grandchildren and a stunned Josef looks across the room and recognizes Lenka. He approaches her and says, "Lenka, it's me, Josef, your husband."

Richman then takes us back to the beginning, alternating the tales of the two lovers, each of whom came to believe the other dead and eventually settled for comfortable, but fundamentally passionless marriages. They are now widow and widower, living through the lives of their children and grandchildren and dreaming of their lost loves.

But this is also a story of the Holocaust, based on the actualities of a Terezin work camp in Czechoslovakia, which became a stepping-stone to Auschwitz. The main characters describe in riveting and descriptive detail the challenges and hardships of the war in Europe, and how they are each forced into new relationships and families, while mourning what was left behind. For anyone who loves historical fiction, especially set in the era of WWII, this book is for you.

The book selection for June is *In the Garden of Beasts: Love, Terror, and an American Family in Hitler's Berlin* by Erik Larson. Everyone is welcome. For questions, please call Martha Dawson at 437-4167.

**Senior's Special**

Every Monday, \$2 off any wash! (55+)

**Ladies' Day!**

Every Tuesday, \$2 off any wash!

Environmentally friendly!  
**LOCALLY OWNED!**  
**\$29.95** monthly  
 unlimited wash club  
 Full service professional  
 detailing offered also!



**the carwash**  
 515 Howard St. • 379-5717  
 Located in Port Townsend  
 at the first roundabout

**PASTOR RON MCCLUNG**  
 OFFICE 360.732.0004 CELL 360.620.2365

PO Box 65295, PORT LUDLOW, WA 98365  
 RON@UNDEMANDINGGRACE.COM www.UNDEMANDINGGRACE.COM

Join us for worship on Sundays at 10 a.m.  
 at the Beach Club,  
 121 Marina View Drive in Port Ludlow

*Peace Lutheran is the church that started and runs  
 "Backpacks for Kids"*

## Oak Bay Animal Hospital

975 OAK BAY ROAD • PORT HADLOCK, WA 98339  
 E-mail: oakbayanimal@olympus.net • FAX (360) 379-8124  
 Phone: (360) 385-PAWS

**Madelyn Curll, DVM**

# Port Ludlow Village Council

## Port Ludlow Village Council Report

by Beverly Browne, Managing Editor/Reporter

President Terry Umbreit called the April General Meeting of the Port Ludlow Village Council (PLVC) to order at 3:00 p.m. at the Bay Club. Directors present were Dave Armitage, Rose Hablutzel/Jackson, Linda Haskin, Laury Hunt, Ed Knodle, Tam McDearmid, Larry Nobles, Mike Nilssen, and Elizabeth Van Zonneveld. A quorum was declared and the agenda adopted.

### Guest Speaker: Meredith Wagner

The guest speaker, Meredith Wagner, is the Director of the Jefferson County Library which was established as a junior taxing district in 1989. The Hadlock library serves all of rural Jefferson County, and has a staff of 25 and a two million dollar annual budget. West end residents are served through agreements with the Timberland Regional Library and the North Olympic Library System.

The library manages a consortium of the local public and school libraries distributing materials throughout the county. The library seats between 500 and 600 people a day and is one of the busiest libraries in the state. The recent remodel of the library has achieved the goals of creating more public and book space. The number of internet work stations was also increased. It was partially funded through generous donations.

Wagner discussed various library programs including Huntingford Humanities Lectures, Wednesday Afternoons at the Library, Healthy Living, and Read to Rover. The library also offers electronic data bases and, through the Cooperative Libraries Automated Network, access to holdings of other area libraries. Plans are to expand the youth education programs from preschool to high school; adult programs will also increase over the next 18 months. Wagner touted the effectiveness of the bookmobile and the local drop-offs for books in the eastern county. The bookmobile is now 11 years old and will be replaced in 2015 from reserve funds.

For information or help call 385-6544 or go to the website, [askalibrarian.org](http://askalibrarian.org).

### Community Reports

**Port Ludlow Associates (PLA):** Diana Smeland, PLA President, reported that PLA has a permit for trenching and grading in the new Ludlow Cove development. Plans for the development are still in the creation stage. The public can find updates at the website, [portludlowhomes.com](http://portludlowhomes.com).

## Port Ludlow Village Council Meetings

### General Meeting

**Thursday, May 1**

3:00 p.m., Beach Club

### Workshop Meeting

**Tuesday, May 20**

3:00 p.m., Beach Club

[www.plvc.org](http://www.plvc.org)

## Council and Committee Reports

**Treasurer Report:** Linda Haskin reported that the Trails Committee will be running a separate balance sheet. PLVC has total assets of \$29,348. Revenue for the month was \$895 and expenses for the month totaled \$1,243. The Trails Committee has a balance of \$5,601. The ticket sales contributed \$860 of the current month's revenue.

**Utilities:** The issue of the pending Olympic Water and Sewer (OWSI) surcharge produced heated discussion. Dave Armitage gave the background of the issue, stating that OWSI is attempting to recover the cost of siting, drilling, and investigation of the contamination at Well 17 in the North Bay area. PLVC has challenged the surcharge and has produced a letter to be sent to the Washington Utilities and Transportation Commission (WUTC). However, there is no consensus on either the content of the letter or whether it should be sent. Robert Grant voiced a minority position in support of the surcharge. After much discussion, the council narrowly, in a five-to-four vote, approved sending the letter.

**Health and Wellness Committee:** Ursel Krumme said that the next forum on Dementia would be held on Saturday April 5 from 1:00 to 3:00. She announced that there will be a stroke forum presented on **Saturday, May 10**, 1:00 to 3:30 p.m. at the Bay Club.

**Welcome Committee:** A community welcome event will be held on **Friday, May 30** between 5:00 and 7:00 p.m. at the Bay Club. Community organizations will be invited to attend and bring materials to share with newcomers.

**Disaster Planning:** Next forum will be **Thursday, May 22** at 1:00 p.m. at the Bay Club. The speaker will be Dr. Brian Atwater, an expert on earthquakes. See article in this section.

*continued on next page*

*PLVC Report continued from previous page*

**Wine Tasting:** After the business meeting, the PLVC hosted a wine tasting event. Terry Umbreit announced the upcoming wine tasting event. Approximately 60 people attended. Appetizers were provided by the Council.

**Announcements:** The dates of future meetings of the PLVC are listed in the box at the top of the page. The next General Meeting is on **Thursday, May 1** at 3:00 p.m. at the Beach Club. All residents are invited to attend.

## Message from the PLVC President

*by Terry Umbreit, President*

The Port Ludlow Village Council (PLVC) has had a busy spring. After a great deal of work and discussion, PLVC submitted a letter to Steven King, Executive Director and Secretary, Washington Utilities and Transportation Commission. The letter was in response to Port Ludlow Associates' request for a surcharge against rate payers as reimbursement for costs related to the drilling of Well #17 and the resultant investigation. The letter indicated that PLVC is against the surcharge as the costs were unreasonable. (Please see the accompanying article for a complete explanation of this issue.)

The PLVC committees have been very active with forums, special presentations, and activities. The Health and Wellness Committee held a successful forum on understanding dementia. More than 130 residents attended this event. Another forum on stroke prevention is scheduled for **Saturday, May 10** at 1:00 pm in the Bay Club. The Disaster Preparedness Committee held a very informative presentation on how to put together emergency kits. This was attended by 75 residents. Another presentation on a related subject is scheduled for **Thursday, May 22** at the Beach Club featuring Brian Atwater, an expert on earthquakes and tsunamis. The Trails/Natural Resources Committee maintains the vast trail system in Port Ludlow. The committee is seeking volunteers to help with this task. Call Larry Scott, chair, at 437-9299 to volunteer.

In order for the council to fulfill its mission, volunteers are needed to serve on the board and committees. Financial contributions are also welcome. The council meets the first Thursday of each month, either at the Beach or Bay Club. Please feel free to contact me via email at [umby@wsu.edu](mailto:umby@wsu.edu).

## ...And a Good Time Was Had by All

*by Tamra McDearmid, PLVC Communications Chair*

The Wine Tasting Fundraiser held in April by the Port Ludlow Village Council (PLVC) turned out to be a festive, fun event. Doug Charles from Compass Wines in Anacortes brought some delightful red wines, and council members provided a delectable food spread. The decorations of early spring with bird nests and early blooming magnolias were creatively aided with sparkles and bling.

Doug described each wine as it was poured and he was available throughout the evening to answer questions and provide more background to those interested. People could order any of the wines tasted from Compass Wines.

Terry Umbreit, President of PLVC, pleasantly played the role of host, introducing Doug to the waiting crowd as well as handling the door prizes and raffle item drawings. The guests participated in a drawing for the two door prizes: baskets packed full of items for an at-home wine event that included cheeses, crackers, meats, a bottle of wine (provided by Compass Wines), cocktail napkins, and even some chocolate. The two winners were Diana Smeland and Tony Simpson. Tony was so surprised as he "had never won anything before."

Raffle tickets were sold throughout the evening as part of the fundraising effort. The winning raffle ticket holders and prizes were:

Karen Best – Overnight stay at The Inn  
 Dave Armitage - \$100 dining credit at The Fireside  
 Truman Thompson – Golf for four (including carts)  
 Steve Failla - \$50 gift certificate from Dana Pointe Interiors

The purpose of the evening was to raise funds for the various community activities that PLVC sponsors. With council financial assistance, Port Ludlow has 22 miles of glorious trails within the community; up to four health and wellness forums each year; planning for emergencies by the Disaster Preparedness Committee; a welcoming committee to introduce new community members to the many activities available in Port Ludlow; a community phone directory; plus positive contributions from Community Development, Maritime, Recycling, and Utilities Committees.

## Council States Position on OWSI Surcharge

by David Armitage, Port Ludlow Village Council (PLVC) Secretary

Olympic Water and Sewer (OWSI) is the community’s provider of water and sewer service and is a very important part of our community. Several years ago it became clear that one of the major wells in the North Bay water system was failing, and a new well was needed. Well #17 was intended to be that new well. In the process of drilling it, contamination was encountered and the drilling had to be stopped. The contamination was reported to the State Department of Ecology and an investigation into the extent of the contamination was undertaken.

Larry Smith, the president of OWSI, has done a good job under challenging conditions. He had to solve several problems simultaneously; oversee the investigation of the contamination, determine who was liable for the costs and solve the immediate water shortage facing the North Bay community. He was able to make some changes to the infrastructure to alleviate some of the stress on the North Bay water system. None of this has removed the necessity for a new well.

Negotiations were undertaken with Pope Resources, the previous owner of the property, Port Ludlow Associates (PLA), the current owner of OWSI, and OWSI on the allocation of costs. An agreement was reached between Pope Resources and PLA on the allocation of costs. While the specifics of the agreement are confidential, we do know several of the terms: (1) the investigation costs would be split between Pope Resources and PLA, and (2) Pope Resources would commit up to \$1 million toward remediating contamination costs.

Over the past several months, the PLVC’s Utility Committee has been meeting to review information as it became available and discussing the surcharge that has been proposed by OWSI. You received a notice of the proposed surcharge in March by mail. The surcharge is for the recovery of costs incurred by OWSI in the drilling of Well #17 and the ensuing costs associated with the investigation of encountered contamination.

The PLVC does not support the proposed (OWSI) surcharge. Why not?

The Utility Committee, in analyzing the proposed surcharge from a rate payer’s perspective, broke the problem down into three parts: the costs associated with siting the well, drilling of the well to the point of

contamination, and then all costs associated with the contamination. While one can argue about the site of the well, it would only be conjecture. However, the contamination costs are a matter of law. The law clearly states that the entity liable for all of the remediation costs of contamination is the contaminator—Pope Resources. If there was transference of liability to PLA as a result of the purchase of OWSI from Pope Resources, then that was a matter for the two parties to sort out.

We all want our utility, OWSI, to be successful and profitable. It is tempting to just say, “What’s all the fuss? It’s only \$33 a year for three years.” But this misses the point that the rate payers were neither the contaminators nor the property owner; thus, not liable for any costs associated with the contamination. This point becomes critical in light of the maximum liability that Pope Resources will accept. If costs exceed the \$1 million limit, who would be liable for costs beyond that point? Would it be OWSI, PLA or the rate payers? Given the request for the current surcharge, we must assume that it would be the rate payers.

While the PLVC did not adopt the recommendations of the Utility Committee as submitted, it did support the basic finding of the committee that the rate payer should not be the party responsible for any costs associated with contamination. The actions of the Utility Commission, reported elsewhere in this issue, supported that opinion.

**Free Counseling**

**Medicare Part D, Medigap,  
Affordable Care Act and Health**

**Wednesday, May 14**

**Beach Club, 1:00 to 3:00 p.m.**

Offered by Statewide Health Insurance Benefits Advisors (SHIBA) and sponsored by the Port Ludlow Village Council’s Wellness Committee. No appointments necessary. Counseling provided on a first come, first served basis. For additional information, go to the Wellness Committee website: [PLhealth.org](http://PLhealth.org).

Confidential / Secure / Informative

## Preparing for the Worst Before it Happens

by David Aho, Disaster Preparedness Committee Chairman

If a disaster occurs in our community, local government and disaster relief organizations will work hard to help you; however, local responders may not be able to reach you immediately, or they may need to focus their efforts elsewhere. Being prepared and understanding what to do can reduce fear, anxiety, and losses that accompany disasters. The next forum to help you prepare will be on **Thursday, May 22**, at 1:00 p.m. at the Bay Club.

Earthquake is one of the dangers we face in the Pacific Northwest. Dr. Brian Atwater, noted earthquake and tsunami expert, will give a presentation on earthquakes. The talk will provide important information about earthquakes and responding to them.

At the forum, attendees will also learn what they will need to be self-sufficient and shelter-in-place for an extended period. Water, food, and medical supplies are important things to have in a disaster. Family or individual kits should be customized to meet specific needs, with proper medications, special foods, and important documents. Contact David Aho at [daho@cablespeed.com](mailto:daho@cablespeed.com) if you plan to attend.

The Port Ludlow Disaster Preparedness Plan consists of over 100 neighborhood volunteers prepared to assist area disaster victims. The disaster preparedness group has a radio tested communication system linking various Port Ludlow neighborhoods to inform the Port Ludlow Fire Station and Jefferson County Emergency Operations Center of our status and our needs. The Port Ludlow Village Council Disaster Preparedness Committee will help with your preparation. The forum will show you how. For more information, contact David Aho at [daho@cablespeed.com](mailto:daho@cablespeed.com).

■ We put our money where our heart is: the community.



Port Ludlow 360-437-8805  
www.ColumbiaBank.com

Member FDIC Equal Housing Lender

AUTO HOME BOAT FARM BUSINESS

## Peninsula Insurance Center

Small Town Character • Big Town Service



**PROGRESSIVE**



10364 Rhody Dr., Chimacum

360-385-4739

TOLL FREE 1-888-240-9238



*Hear For Life*  
AUDIOLOGY, LLC



Marilyn Loy-Every, M.S.  
Certified Audiologist, CCC-A  
Professional Hearing Care

"When experience makes the difference."  
Comprehensive Hearing Evaluations  
Digital Hearing and Assistive Listening Devices  
Hearing Device Repairs & Batteries  
Insurance Billing • Physician Referrals

Call For A Hearing Consultation:

**360 437-7767**

115 Village Way, Port Ludlow

# chimacum corner farmstand

visit us!

**FOOD FROM HERE**

9am-7pm

9122 Rhody Drive, Chimacum, WA  
360-732-0107, [chimacumcorner.com](http://chimacumcorner.com)

**YUM!**

open daily

Hand-Scooped Elevated Ice Cream

**INDULGE!**

**I'M BACK!!!**

## Lutheran Church of the Redeemer LCMC

Pastor Don Pieper

45 Redeemer Way, Chimacum WA 98325

360-385-6977 [www.redeemerway.org](http://www.redeemerway.org)

Sunday worship

8:00 am Traditional & 10:30 am Contemporary

# Village Activities Calendar

*Most events are open to everyone in the community unless members-only is indicated, or unless obviously for special-interest groups*

## May

### Thurs., May 1

9:00 a.m. – noon, Bay View Board meeting (members),  
Bay Club  
1:00 – 3:00 p.m., KnitWits, Beach Club  
3:00 – 5:00 p.m., PLVC General meeting, Beach Club

### Fri., May 2

8:30 a.m., Hiking Club leaves for local waterfalls, Bridge Deck  
9:30 a.m. – noon, SBCA Board meeting (members), Bay Club  
3:00 – 5:00 p.m., Woodridge Board meeting, Bay Club

### Sat., May 3

7:00 p.m., Fourth Annual Sock Hop, Beach Club

### Sun., May 4

7:00 a.m. – 9:00 p.m., Summer Hours Start, Beach Club  
Noon – 4:00 p.m., Summer Hours Start, Bay Club  
7:00 – 8:30 p.m., Mark Pearson Benefit Concert, Chimacum  
High School

### Mon., May 5

9:30 a.m. – noon, LOA meeting (members), Beach Club  
10:30 a.m. – noon, DigitalLife Office SIG, Bay Club  
3:00 – 5:00 p.m., *Voice* Staff meeting (members) Beach Club  
3:00 – 5:00 p.m., Timberton Board meeting, Bay Club  
4:00 – 5:00 p.m., WALI 3 meeting, Bay Club  
5:30 – 8:00 p.m., Dine and Discover, Beach Club

### Tues., May 6

9:00 – 11:00 a.m., Trails/NRC meeting, Bay Club  
10:00 a.m. – noon, Community Volunteer forum, Beach Club  
Noon – 5:00 p.m., PLUSH Investment meeting, Bay Club

### Wed., May 7

8:30 a.m. – 4:00 p.m., Footcare, Bay Club  
11:00 a.m. – 1:00 p.m., First Wednesday Luncheon, Beach Club

### Thurs., May 8

10:00 a.m. – noon, Drainage District meeting, Beach Club  
11:00 a.m. – noon, Dine and Discover planning meeting,  
Bay Club  
Noon – 8:00 p.m., Hands on Clay, Bay Club

### Fri., May 9

9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club  
9:30 a.m. – 1:00 p.m., First Aid and CPR Certification,  
Bay Club  
10:00 a.m. – noon, Inner Harbor Board meeting (members),  
Bay Club  
5:30 – 7:30 p.m., SBCA Monthly Social (members), Bay Club

### Sat., May 10

10:00 a.m., Port Ludlow Yacht Club Opening Day, Marina  
Noon, Port Ludlow Yacht Club Open House, Wreck Room  
1:00 – 4:00 p.m., PLVC Wellness forum, Stroke protocol,  
Bay Club

### Mon., May 12

3:30 – 5:30 p.m., MGA Board meeting, Bay Club  
Hiking Club's Lake Quinault Adventure, today through May 15

### Tues., May 13

6:30 – 8:00 p.m., Book Club, Bay Club

### Wed., May 14

9:15 a.m., Garden Club Carpools to Chimacum Woods  
Nursery from Bay Club  
1:00 – 3:00 p.m., Medicare Counseling, Beach Club  
4:00 – 5:00 p.m., Artists' League Reception, Columbia  
Bank lobby  
5:00 – 6:00 p.m., Artists' League Reception moves to  
Art Gallery  
7:00 p.m., USCG Auxiliary General meeting, Fire Station

### Thurs., May 15

Noon, CEA Out to Lunch at Puerto Vallarta, Kingston  
1:00 p.m., LMC Board Meeting (members), Beach Club  
5:30 p.m., Senior Singles dine at the Olive Garden, Silverdale

### Fri., May 16

9:30 – 11:00 a.m., ARC Review meeting, Bay Club

### Mon., May 19

10:00 a.m. – noon, Teal Lake Board meeting (members),  
Bay Club  
4:00 – 5:00 p.m., WALI 3 meeting, Bay Club  
6:00 – 7:00 p.m., Mac SIG (members), Bay Club

### Tues., May 20

1:00 – 3:00 p.m., KnitWits, Beach Club  
1:00 – 3:00 p.m., Fly Fisher's General meeting, Bay Club  
2:00 – 3:30 p.m., Finance Committee, Bay Club  
3:00 – 5:00 p.m., PLVC Workshop, Beach Club  
6:30 p.m., Reader's Theater, Call 437-2861 for location

### Wed., May 21

1:00 – 3:00 p.m., Artists' League meeting, Bay Club

### Thurs., May 22

Noon – 8:00 p.m., Hands on Clay, Bay Club  
1:00 – 3:00 p.m., Disaster Preparedness, Beach Club  
1:00 – 4:00 p.m., LMC General meeting (members),  
Beach Club

### Fri., May 23

9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club

### Sat., May 24

10:00 a.m. – 4:00 p.m., LOA Garage Sale, Beach Club

### Mon., May 26

9:00 a.m. – 1:00 p.m., Memorial Day and Flag Disposal  
Ceremony, Bay Club  
10:00 a.m. – noon, DigitalLife Photography/Pro Show Gold  
SIG (members), Bay Club  
6:00 – 7:00 p.m., DigitalLife Women's Workshop, Bay Club

### Tues., May 27

9:00 a.m. – 1:00 p.m., SMART Driver Course, Beach Club  
9:30 – 11:00 a.m., Facilities Committee meeting, Bay Club

### Wed., May 28

10:00 a.m. – noon, Stamp and Paper Arts, Beach Club

*continued on next page*

Calendar continued from previous page

**Thurs., May 29**

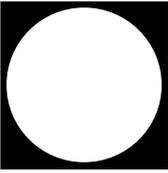
9:00 a.m. – 1:00 p.m., SMART Driver Course, Beach Club  
 1:00 – 4:00 p.m., Olympic Terrace Homeowner’s  
 Annual meeting, Bay Club

**Fri., May 30**

8:30 a.m., Hiking Club leaves for Mount Zion, Bridge Deck  
 5:00 – 7:00 p.m., Newcomers welcome event, Bay Club

**Future Events**

Performing Arts “Sounds of Summer” Dinner-concert, June 14  
 SBCA Annual meeting, July 17  
 Port Ludlow Festival by the Bay, July 25, 26 and 27



**CIRCLE & SQUARE  
 AUTO CARE**

**3 Year/30,000 Mile Warranty**  
**Loaner cars by appointment**  
**Local shuttle service**  
**Your dealership alternative**

**360-385-2070**  
**www.circleandsquare.com**




**Senior Fraud PROTECTION KIT** 

Download and print your  
**FREE** kit by visiting  
**SeniorCareProtectionKit.com**  
 Brought to you by



*To us, it's personal.*

**(360) 437-9884**      **www.homeinstead.com/650**



**IN HEALTH  
 IMAGING**

**Scientific Landmark Studies Show  
 3D Mammography is 40-50%  
 More Accurate In Finding Cancer\***

InHealth Imaging is the Pacific Northwest Leader in  
 3D Mammography and offers an immediate consultation with  
 a Board Certified Radiologist

3D Mammography Offers:

Greater clarity, which can mean an early diagnosis and hopefully no  
 chemotherapy, reduced compression discomfort and fewer call  
 backs, no referral needed, and most insurances cover 100%.

Schedule your appointment today  
**(360) 598-3141**

Silverdale | Poulsbo | Bainbridge





advertisement



**BEST NEWS**  
 Coldwell Banker Best Homes

**BEST HOMES**

**Now Is The Time To Spring Into Action!**

If you have been thinking about selling your home now is the time to spring into action! Summer and fall are traditionally a good time to find buyers. Plus, interest rates are still low and buyer confidence/demand is rising. Last year, Coldwell Banker Best Homes had a 39% market share of sold properties in the MPR (our next nearest competitor had a 12% market share). This year, through mid-April, we have a 53% market share! \*

We are not resting on our laurels however. Each of our agents has invested in a stronger and unique marketing plan designed to present your home professionally. Each of us has recently added additional innovative marketing techniques designed to gain more exposure for your home via the internet and through ‘point of sale’ marketing materials. Combined with our market knowledge and experience we have the plan and the skills to expertly guide you and your buyer to a successful close. Give us a call today. We’d love to show you why we are The Best Way Home!

\*Total number of transactions in which CBBH has participated.

**Meet Coldwell Banker Best Homes’ Newest Broker**



*Pamela Begley is a fourth generation Washingtonian with roots in the Olympic and Kitsap Peninsulas. Her life-long love for the outdoors as well as art and music makes living in Port Ludlow the perfect place for her. “I can be hiking the Olympic mountains during the day and enjoying first-class cultural events in the evenings!”*

*Pamela Begley*

*Pam has a business degree from Western Washington University and was in manufacturing sales and travelled the country extensively with her work for nearly 25 years. She has been with Coldwell Banker Best Homes for a year and recently acquired her Real Estate license and is enjoying new challenges as a real estate broker. “I am fortunate to be working closely with Karen Best, branch owner and highly successful Coldwell Banker agent.”*

*“I would be honored to help you find your dream home or help you sell the home you have!”*

**Serving all of Jefferson County**  
**www.cbbesthomes.com • 360.437.2278**

**Property Management Services & Rentals**  
**www.cbbestrentals.com**

# Beach Club/North Bay News

Submit your articles to Eva Van Buren at 437-7932, or  
by e-mail to [be4547@msn.com](mailto:be4547@msn.com)  
no later than the 10th of the preceding month.

☼ Denotes Beach Club members-only activity

## LMC March Board Meeting Highlights

by Vaughn Bradshaw, LMC Secretary

The monthly business meeting of the Ludlow Maintenance Commission (LMC) Board of Trustees was held Thursday, March 20 at the Bay View Room of the Beach Club. The following are highlights of that meeting:

A proposed project to allow direct entry to the lower level of the Beach Club through the exercise room has been estimated to cost about \$23,000.

The board accepted a draft of a proposed amendment to Regulation V, Article II as a first reading for posting, review, and comments. The amendment would add a "Respondent" as an affected third party (in addition to the appellant and committee representative) during an appeal hearing. If unchanged, this draft returns to the board on April 17 for a second reading and possible adoption into the LMC Regulations.

The LMC has purchased a new John Deere lawn tractor for a total price, including tax and delivery, of \$4,097.02 to replace the nine-year-old riding lawn mower whose transmission failed in November. This year's reserve fund budget included \$4,300 to replace the old mower.

Nick Estrada has been hired as a new part-time maintenance worker.

New gate posts have been installed at the entrance to the Talbot RV Lot. The existing gates have been hung on the new posts.

All the heating ductwork in the Beach Club has been cleaned.

The old refrigerator which was replaced as part of the kitchen remodel has been sold to the Snug Harbor Café for \$300.

A bottled water dispenser will be placed in the Beach Club lobby on a trial basis. The cost will be approximately \$25 per month. A drinking fountain similar to the

## Important Dates

**LOA Meeting**  
**Monday, May 5, 9:30 a.m.**

E-mail: [PortLudlowLOA@yahoo.com](mailto:PortLudlowLOA@yahoo.com)  
Sign up for the *LOA Bulletin* online at the above address

**LMC Board Meeting**  
**Thursday, May 15, 1:00 p.m.**

Tel: 437-9201  
E-mail: [beachclub@olympus.net](mailto:beachclub@olympus.net)  
Sign up for the *Navigator* online at the above address

Visit [www.lmcbeachclub.com](http://www.lmcbeachclub.com) for more  
complete information

All LMC members are welcome.



downstairs units would cost approximately \$2,000. The decision on whether or not to install a permanent unit will depend on usage.

The next regular business meeting of the LMC Board of Trustees was scheduled for April 17. The meeting after that is scheduled for 1:00 pm **Thursday, May 15, 2014.**

## President's Perspective

by Rose Hablutzel/Jackson, LMC President

Increasingly mild weather motivates us to go outdoors and enjoy the beauty and freshness of springtime. Memories of rain and cloudy days somehow become a thought that belongs in the past. Flowers with bright colors fill the air with essences that beckon hummingbirds and bees to taste fruitful delights and, of course, the parade of dogs and their masters decorate the many pathways available to explore once again.

This is a gentle reminder to keep pathways clean from litter and worse, so others don't feel like they have to navigate an obstacle course. Those who let their animals run free without checking the landscape are a problem for others. Most walkers are conscientious and take care to clean up after their loved pets. Are you one of them? Remember that those neglecting pet basics are subject to a fine for littering. It would be so much nicer to be mindful of how the beauty of our area encourages others to visit more often. It is a factor that brings financial reward and vitality to our spot of paradise.

*continued on next page*

*Perspective continued from previous page*

Spring is also when people gather for picnics, sit on the grass, listen to music, and watch children at play. Teens attend concerts with their friends to hear their favorite local band. Many events are being planned around these activities. So much is offered in Port Ludlow. It is also a time to enjoy the camaraderie of friends returning from their travels and sharing their experiences. Port Ludlow is our vested interest. Your commitment and ideas for making it better are always welcome.

## Update from the Manager

*by Brian Belmont, General Manager*

The renovation of the Beach Club kitchen is complete. What the North Bay community has been able to accomplish is amazing. With well over 200 contributors supporting this project and the amazing generosity and support of Terri and Lanny Ross, Ludlow Maintenance Committee (LMC) members have a kitchen facility of which they can be extremely proud.

Our first event was held on March 19, which was a reception hosted by Terri and Lanny for the individual contributors to the renovation project. There were lots of smiling faces as people walked into the room for the first time.

It's been fun talking with users of the facility, who are familiar with how the old kitchen looked and functioned, after they have used the new kitchen. We are, of course, getting rave reviews. The kitchen was such a success, LMC members are now raising the necessary funds for a portable bar that will be used in the Bay View room of the Beach Club.

Thank you to the volunteers who served on the Kitchen Committee and all the donors for making this incredible project a reality.

Remember, the outdoor swimming pool opens for the season on **Friday, May 16**. If you have questions or comments about this article, or the work that is ongoing at the Beach Club, I can be reached at 437-9201 or [beachclub@olympus.net](mailto:beachclub@olympus.net).

## Welcome New Neighbors

Anthony Magee  
Gerald Sitsler  
David and Sharon Anderson

North Bay Lane  
Machias Loop  
Pintail Road



Contact Sandy White at  
swhite@olyphen.com  
**379-5248**  
or **301-5151**

### LULU's B & B For Dogs

*Exclusive resort for small dogs*

Good food, fun walks and great company in warm loving home.  
No kennels or cages! Only 2-3 guests at a time.  
Licensed, insured and bonded.  
Reasonable rates, tours and references upon request.  
Visit our website at [www.lulusfordogs.com](http://www.lulusfordogs.com)

### Olympic Peninsula Law Offices, LLC

*"Peace of Mind from the Comfort of your Kitchen Table"*



Amanda Wilson, Esq.

- Wills/ Codicils
- Trusts/ Amendments
- Powers of Attorney
- Health Care Directives
- Guardianships
- Small Business Assistance
- Notary Public Services**

**Call Today for an Appointment (360) 437-4172**

*Office Location:*  
219 W. Patison St. • Port Hadlock, WA 98339

[www.olyphenlawoffices.com](http://www.olyphenlawoffices.com) • [amanda\\_wilson@olyphenlawoffices.com](mailto:amanda_wilson@olyphenlawoffices.com)

*Jeremy Vance, Inc.*

## Quality Homebuilding and restoration

Design, Build and Remodel  
New Homes, New Additions,  
Sunrooms and Decks

Office: 360.385.2560  
eMail: [jeremy@jeremyvance.com](mailto:jeremy@jeremyvance.com)  
On-Line: [jeremyvance.com](http://jeremyvance.com)

Licensed · Bonded · Insured # JEREMVI001C4

## No More Mortgage Payments!

Let a Reverse Mortgage  
Pay Your Bills!

*"Port Ludlow's Reverse Mortgage Specialist"*

**Teresa Forrest (360) 437-1192**  
TERESAF@UAMCO.COM  
United American Mortgage, Corp.

= Licensed, Bonded, Local =  
Lic. 860164 Lic. 98662

# Bay Club/South Bay News

Submit articles to Judy Thomas, 437-7906, Bay Club Editor,  
by e-mail at [judythomas2@yahoo.com](mailto:judythomas2@yahoo.com)  
Janet Force, 437-0419, [ludlow4c@gmail.com](mailto:ludlow4c@gmail.com)  
is the SBCA Editor.

 Denotes Bay Club members-only activity.

## SBCA Important Dates

**Monthly Board Meeting**  
**Friday, May 2, 9:30 a.m.**

Visit <http://plsbc.org>

All SBCA members are welcome. 

## SBCA Meeting Highlights

by John Walker, Secretary

South Bay Community Association (SBCA) President Ed Knodle called the meeting to order at 9:30 a.m. on April 4 in the Bay Club. Other directors in attendance were Kay Cathcart, Jerry Conover, Tink Green, Brett Oemichen, and John Walker. Steve Shanklin was connected on Skype. A quorum was declared and announced. The minutes of the March 7 meeting were approved with two abstentions.

### Board and Committee Reports

**Operations:** Conover gave the Operations report in the absence of Jeremy Bubnick, General Manager. Conover said that the Midvac Company has been selected to repair and resurface the South Bay tennis courts. A new staff member, Diane Monti, has been hired.

The Bay Club has purchased an X-Box Kinect to allow club members to play virtual games such as bowling and golf. The equipment attaches to a television screen and may necessitate the purchase of a larger flat screen television. It will be demonstrated on April 10, 11 and 14. The time will be announced through email and posters.

The recent trip to 7 Cedars Casino was attended by ten people. Other casino trips are being considered depending on the interests of the membership.

CPR and first aid certification training will take place on **Friday, May 9**, 9:00 a.m. to 1:00 p.m., instructed by Port Ludlow Fire and Rescue. The cost is \$45. Inquire at the Bay Club for additional information.

Summer Bay Club hours will start on **Sunday, May 4**. The club will be open from noon to 4:00 p.m.

The Bay Club welcomes Connie Dalrymple, Don and Allison Needles, James Milner and Alex Salinas as new members to the SBCA.

### Treasurer's Report

Treasurer Cathcart said that as of the current date, the SBCA has \$30,154.10 in fixed assets; total assets are \$387,726.12. The Columbia Bank checking account stands at \$5,544.21; money market is \$38,759.27.

The reserve maintenance money market account at Kitsap Bank stands at \$93,857.77. The CD at Kitsap Bank is \$103,235.52. The reserve maintenance CD at Columbia Bank is \$110,929.69. The money market account at Kitsap Bank is \$93,857.77. The CDs are \$103,641.05 and \$110,970.72. The Kitsap Bank Renovation Account balance is \$5,544.21. Total reserves were \$308,469.54. There were no reserve expenses in March.

**Correspondence:** No new correspondence requiring board action or response was received.

**Architectural Review Committee (ARC):** Harlen Whitling, Chair, gave the ARC report. There were four applications received by the ARC. They included a deck replacement in Bay View, a privacy screen in Fairwood Village, and removal of two trees in Olympic Terrace II. All were approved. A new roof application in LPV I is being held pending a county permit and bonding. Whitling announced that Dave Ditzler will join him as co-chair.

**Finance:** Cathcart said that the Finance Committee did not meet in March. They will hold a budget workshop on April 8; the next meeting will be on **Friday, May 2**.

**Facilities:** Diane Ridgely reported that the Facilities Committee will meet on Mondays. She said that the Landscape Subcommittee is considering what to do with the camellias in the planter boxes and is tabulating the responses to the landscaping questionnaire. Offers to take the plants if they are removed have been received. No decision has been made. The committee has begun work on the flagpole area. Moss control and thatching are on schedule. The lawn has improved. The broken tiles in the exterior entry area have been repaired or replaced.

*continued on next page*

**SBCA Board Meeting** *continued from previous page*

Storage management efforts continue. The Villages have been reviewing and purging the stored files and documents in the Committee Room. The petition to the county regarding speed on Paradise Bay Road is in progress. Repair of potholes on Spinnaker Place is still needed. Long-range projects being considered include the pool area, patio, kitchen, lobby, great room, and exercise room. Funds for the improvements will come from reserves.

The Communication Committee charter was approved as written. It includes quarterly meetings of the committee.

**Long Range Planning:** Sue Oemichen reported that the last meeting was on March 18. The committee has requested dates for the long range action plan by Tuesday, April 8. The next meeting will be on April 22 at 8:30 a.m.

**Port Ludlow Village Council (PLVC):** Knodle said that the PLVC had drafted a letter regarding the OWSI surcharge on the rate payers for well clean-up and replacement to be sent to the Washington Utilities Commission. The council was divided on whether to send a letter at all. They eventually voted to oppose the surcharge. The details are on the PLVC pages in this issue as are other topics discussed in the meeting.

**Unfinished Business**

**Timberton/SBCA Legal Proceedings:** Knodle and Oemichen have communicated with Bill Webber, the insurance company appointed attorney for the SBCA. He has advised the board not to issue any opinion on the case. However, the documents pertaining to the case are a matter of public record. Copies are collected in a notebook held at the Bay Club office. Members who wish to review these documents may do it there. Documents may not leave the Bay Club.

Since the initial filing, the case has become more complex with the intervention of two home owners and the addition of Timberton. Knodle said that there will probably be five attorneys involved and the proceedings will go on for several months. The SBCA is being asked for costs and fees, should they not prevail, but not for damages.

**Extended Hours at the Bay Club:** The results of the questionnaire regarding extending Bay Club hours indicated that most of the members felt that the Monday through Saturday hours were adequate. Approximately 30 percent of residents favored additional Sunday hours. The board may consider adding Sunday hours throughout the year if it is financially feasible. The cost, according to the General Manager, would be about \$1600. The option of introducing a key card system was strongly rejected by

the membership. Several board members proposed dropping all further discussion relating to instituting key cards due to the clear negative response.

A PowerPoint presentation of the data has been created and will be presented at the next general meeting. It was agreed to table further discussion of extended hours until the **Friday, May 2** meeting.

**New Business/Announcements**

A village president's meeting will be held on April 24 at 1:30 p.m. Knodle will coordinate the meeting.

The July meeting is rescheduled to take place on **Thursday, July 3** because the regular meeting conflicts with Independence Day. Dates for the up-coming SBCA meetings are listed in the box at the top of the page. Members are encouraged to attend and take part in the meetings.

The board recessed to executive session to discuss pending legal issues and Bay Club staff performance review and compensation.

**South Bay Members' Social**

Join your neighbors on **Friday, May 9**, 5:30 p.m. at the Bay Club for the next monthly social event of the year.

Relax with friends, meet new neighbors, and welcome our returning snowbirds. Please remember to bring an appetizer to share with provided beverages. ♣

**Welcome South Bay New Members**

Alex Salinas	Bayview Village
James Milner	Edgewood Village
Dan and Allison Needles	Olympic Terrace 2
Connie Dalrymple	Teal Lake Village

**Interested in Aqua Zumba?**

If enough interest is shown by Bay Club members, there is a Zumba instructor who is trained to teach this class. Aqua Zumba is a water aerobics class that uses Latin and international music. This is low impact and tones muscles due to the water's resistance. There is a sign-up sheet at the Bay Club for members who are interested in this class.

Kathy Anderson is a licensed Aqua Zumba instructor. You may call her at 732-0162 if you have questions.

# Port Ludlow Associates

## Developer News

by Diana Smeland, Port Ludlow Associates, President



Diana Smeland.

With summer almost upon us, we would like to announce our upcoming Farm Dinner series hosted by The Fireside Restaurant. For the second year in a row, Chef Dan and his exceptional team have partnered with four local farmers to create the series. The Fireside's summer Farm Dinner Series celebrates

local farmers and the unique, fresh ingredients they produce. Each dinner will feature a specific farm, six-course tasting menu and an evening with the farmer. Three of the four dinners will occur at The Fireside; however, our third dinner on **August 29** will be held on location at Finnriver Farm. Each dinner will begin at 6:00 p.m. and will be offered at just \$59 per dinner, along with a \$25 optional wine pairing available for each. We hope you will save the dates below and join us for one or more of these dinners this summer.

**Friday, June 27** - Spring Rain Farm

**Friday, July 18** - Dharma Ridge Farm

**Friday, August 29** - Finnriver Farm (at Finnriver Farm)

**Friday, September 19** - Red Dog Farm

As you may recall, last month the Washington State Utilities and Transportation Commission (WUTC) reviewed Olympic Water and Sewer's (OWSI) proposal to approve a \$91.19, one-time surcharge resulting largely from the site investigation costs pertaining to the discovery of environmental contamination at well No. 17 at Walker Way.

The WUTC held an open meeting last month in Olympia on April 10th and as a result, it was determined that more time was needed for WUTC teams to analyze the large quantity of data they had requested from OWSI through the course of their standard review period.

This new review period officially suspends their ruling on the proposed surcharge. The suspension could last just a few weeks or a few months, depending on the amount of time the WUTC determines it needs to have a full understanding of the matter. In the meantime, we do know that the WUTC would still appreciate collecting additional comments from the Port Ludlow community regarding this increase. We thank each and every one of you who have already shown your support of this matter and would encourage others to share their support as well. To do so, simply follow these steps:

1. Visit the WUTC website, [utc.wa.gov/consumers/Pages/PublicCommentForm.aspx](http://utc.wa.gov/consumers/Pages/PublicCommentForm.aspx).
2. Enter your contact information.
3. Enter "Olympic Water and Sewer" for the company you are commenting about.
4. Choose "YES" to indicate your support.
5. Add a comment outlining your thoughts.

Thank you for your help. Your support is an important step to ensure that our company is able to provide you with affordable water service for years to come.

I look forward to hearing from you about your thoughts on Port Ludlow and I encourage you to reach out to me with any ideas that you may have. My direct line is 437-8342 and my email address is [dsmeland@portludlowassociates.com](mailto:dsmeland@portludlowassociates.com).



Finnriver Farm.

Submitted photo

# HAPPENINGS AT THE RESORT

## GOLF



### FREE Community Clinic

Join us on Tuesday May 6th and 20th from 4pm-5:30pm for a golf clinic to welcome NEW golfers to Port Ludlow. **Meet the Port Ludlow Golf Club staff, and view the course.**

## MARINA



### Ice Cream at The Marina

The days are beginning to warm up which means it's officially ice cream season at The Marina. Stop by for a hand-scooped cone to enjoy outside. **See you soon!**

## INN



### Mother's Day Brunch

Enjoy an entree and feast at our buffet filled with delicious brunch items. Sunday May 11th from 11am -3pm. **Call 360.437.7412 to make your reservation.**

## HOME



### Update Your Home For A Lifetime

Westharbor Homes is a certified Aging-in-Place Specialist. **Call 360.301.6121 for more information.**

## Happy Hour EVERYDAY from 4pm-6pm at The Fireside



**PORT LUDLOW**  
golf. marina. inn. home.

### SAVE THE DATES

- May 10** ~ Opening Day of Boating Season
- May 11** ~ Mother's Day Brunch at The Fireside
- May 20** ~ Afternoon Tea at The Fireside
- May 26** ~ Monthly Wine Tasting at The Fireside
- June 27** ~ Farm Dinner Series with SpringRain Farm

Please visit [www.PortLudlowResort.com](http://www.PortLudlowResort.com) for additional information

Sign up to receive news and updates by email about Port Ludlow's newest neighborhood, Ludlow Cove Cottages by



Westharbor **Homes**

[www.PortLudlowNewHomes.com](http://www.PortLudlowNewHomes.com)

# Sports & Games

## Men's and Women's May Golf Association Schedules

### Men's Golf Association

**Wednesday, May 7**, Powerball and Wing Point  
**Wednesday, May 14**, Individual Low Gross and Net  
**Wednesday, May 21**, Mexican Standoff  
**Wednesday, May 28**, Individual Low Net and Gross

### Women's Golf Association

**Monday, May 5**, 9:00 a.m., Spring Tournament  
**Tuesday, May 6**, 9:00 a.m., WGA Spring Tournament  
**Tuesday, May 13**, 9 a.m., Game Day  
**Sunday, May 18**, 12:30 p.m., WGA/MGA Couples  
 Shotgun Start  
**Tuesday, May 20**, WSWPLA Moses Lake  
**Wednesday, May 21**, WSWPLA Moses Lake  
**Friday, May 23**, TBA, Play Day Away  
**Tuesday, May 27**, 9:00 a.m., Game Day  
**Thursday, May 29**, 9:00 a.m., 9/18 Exchange  
 Casual Play is on **Friday, May 2, 9, 16, 30** at noon

### Men's and Women's Nine Hole Golfers

#### Women's Schedule:

**Thursday, May 1**, 9:00 a.m., Women's Niners Golf on  
 Timber  
**Thursday, May 8**, 9:00 a.m., Shotgun and Clinic  
**Thursday, May 15**, 9:00 a.m., Captain's Cup #1  
**Thursday, May 22**, 3:00 p.m., Couples on Timber\*  
**Thursday, May 29**, 9:00 p.m., Ladies Exchange with  
 18-holers with lunch

#### Men's Schedule:

**Thursday, May 1**, 9:00-11:00 a.m., Individual Low  
 Gross and Net  
**Thursday, May 8**, 9:00-11:00 a.m., Spring Tournament,  
 Individual Low Net, Timber, Shotgun Start. Clinic  
 follows the game  
**Thursday, May 15**, 9:00-11:00 a.m., Four-Man Two Best  
 Ball, Tide  
**Sunday, May 18**, 3:00-5:30 p.m., Couples Golf, Timber\*  
**Thursday, May 29**, 8:30-11:00 a.m., Individual Low  
 Gross and Net – Timber

\*Couples golf for the nine-hole golfers is on **Thursday, May 22** at 3:00 p.m. A social event follows at 5:30 p.m. at the Bay Club. Please remember to bring your place settings and beverage.

## Niners Schedules Appearing on Website

*by Kathy Traci, Lady Niners, Publicity Chairperson*

Jack McKay, 2014 Captain of the Men Niners, is webmaster of the local Port Ludlow golf website, [www.plmga.org](http://www.plmga.org). He and Linda Bloemeke, 2014 Captain of the Lady Niners, encourage all Niners to access this website for up-to-date information about Niners' coming events and organizational information. The website has a header with the four leagues of the Port Ludlow Golf Course listed horizontally across the top of the home page. Click on the Women Niners' button or the Men Niners' button for Niners' information. Also of interest are the sections on golf jokes, photos, and golf tips.

Jack encourages all Niner members to contribute to this golf website by sending information (in any format) and photos to him via email at [jmckay@hmleague.org](mailto:jmckay@hmleague.org).

According to Jack, this website will also serve an archival function in the future, documenting the names of past officers and winners of league special events and championship games.

In 2015, the Niners' Handbook, including the season schedule, could be posted on this golf website, defraying the cost of printing of the handbook publication and allow for the rapid dissemination of schedule changes. If any Niner has concerns about this possible development, please contact your 2014 Niners' officers.

## Ludlow Golf Course Hosts Peninsula Cup

The sixth annual Peninsula Cup will be played at the Port Ludlow Golf Course on **Saturday, May 17**. Ten-man teams will compete in medal play using the eight best scores for each team, two gross and six net.

Port Ludlow's Tom Jones will run the event. He has recruited North Olympic Peninsula golf pros to compete in a separate skins game. The winner will direct a donation to a local youth golf program of choice.

The sponsors for the event are the Seven Cedars Casino, Sound Community Bank, and Les Schwab Tires.

## Lucinda Thompson, PLWGA 2013 Champion

by Kathy Traci, PLWGA Publicity Chair



Lucinda Thompson.

Submitted photo

Lucinda Thompson, 2013 course champion, comments, "Being champion never gets old. Each win is a thrill. Bonnie Vahcic always gives me a run for my money. Historically, she wins even years, I win odd!" Lucinda's favorite woman golfer is Lorena Ochoa, who is no longer playing on the tour. Lucinda said, "Lorena always had such poise on the course and was so exciting to watch. Her swing was unusual, and it was fun to see it work for her."

Lucinda began golfing in her mid-thirties and has been playing for about 25 years. Her first instructor, a player on the senior tour, taught at a driving range in Columbus, Ohio. She went there every night and hit two large buckets of balls. In Cleveland, her second golf coach even gave her some of her lessons in the snow. Lucinda lamented, "No wonder I have arthritis now." Lucinda still takes lessons occasionally from her friend, Pat Broom, whom she met when he caddied for her at Chambers Bay Golf Course.

Lucinda's favorite golf club is the one in her hand for any given shot. She believes in making friends with all the clubs in the bag. Lucinda said, "My current goal for the long game is extra distance and more accuracy, and, for the short game, a smoother putting stroke." Lucinda has many favorite golf books: Harvey Penick's *Little Red Book*, *Golf in the Kingdom*, and *The Kingdom of Shivas Irons*. She also enjoys any golf story written by P.G. Wodehouse. Regarding golf videos, Lucinda commented, "I am a sucker for golf movies; for example, *Tin Cup*, and my favorite golf video is *Neuromuscular Golf Training* with Patty Sheehan—an oldie but goodie."

Of many vacations centered around golf, Lucinda says, "The best by far were my trips to Scotland and Ireland. That is truly golf in the kingdom." However, she doesn't plan to go to the US Open this year. Her opinion is that it's more fun to watch the Open on TV because you can see more golf that way and it leaves her time to play golf.

When asked about her home course, Port Ludlow, Lucinda commented, "The hole that gives me the most fits on our course is Tide No. 7. I find it difficult to reach in two, especially since the apron is always soft, and the fun just begins when you get on the green. My favorite hole is probably Tide 2. The hole is so picturesque and comes early in the round, so there is still hope." She has a solid gold ball marker that says "Luke" that was a gift from her partner, Jackson, and a jade tee that was a gift from her son, John. She doesn't use these lucky charms on the course because she knows how easily such gadgets can get lost. However, she said, "I'm sure just having them in my possession brings me luck."

When asked for her best tip, Lucinda advised, "My best swing thought is basically to keep my eye on the ball through the swing. As far as I can tell, lifting your head on a shot is the main reason for a miss at least half the time."

Lucinda is one of the few Port Ludlow Women Golfers who plays in a number of tournaments outside of Port Ludlow. She played in The Champion of Champions, a WSGA-sponsored tournament at The Home Course; Invitational Tournaments (Fircrest, Kitsap, Canterwood), and Washington State Women's Public Links Association tournaments, including the 3-day championship at Maplewood last year. She will play in the WSGA Women's Senior Championship being held at Port Ludlow this year. From the way Lucinda Thompson played last season, she has a great chance of becoming a champion at many 2014 tournaments.

## Razor Clams Galore

by Rick Refbord, Sports Editor

Washington is experiencing a rise in the razor clam population this year and for the next two years, due to the spawning this winter. Considering clam digging to be a sport may be a stretch for some, but any who have taken a pail and shovel at low tide and tried to dig faster than a clam would agree that it is at least a strenuous outdoor activity. I can personally attest to the speed of those tricky and tasty bivalves.

There are several tasks that need to be completed before digging. Clams are a harvestable resource and, in order to partake in the bounty, a license must be procured. The shellfish tag is easily obtained online; go to [wdfw.wa.gov/fishing/regulations](http://wdfw.wa.gov/fishing/regulations). It is a simple matter to add it to your fishing license.

As with fishing, it is best to prepare yourself. The season's days and hours vary at different locations along the coastline and beaches. Familiarize yourself with the areas before you go out. Next, you will need to get a shovel and pail. There is a tube with a suction device that is called a "gun" which uses suction to remove a lump of sand. That would add to your expense. Most garages will have a shovel and pail in one corner or another that will suffice. Find an area that is fairly close, make sure the season is open, and hit the beach.

When walking the beach, it is best to go at low tide; this allows you to see the small coin sized depression in the sand which is where the clams have dug themselves in. When you spot one, dig quickly. Clams are capable of rapidly burrowing so speed is important. Identify the clams. The law states you can keep 15 razor clams per day. You must keep the first 15; you are not allowed to toss the small ones back (commonly called culling) and keep the larger ones. Make sure you are keeping the correct species. If you keep the clams in a pail with seawater they will stay alive and fresh until you get them home.

Before cooking, proper cleaning is important. The best method is to drop them in boiling water for 10 to 15 seconds until the clams open. Once opened, they can be rinsed off, the meat removed from the shell, and cooking can commence.

I have noticed over the years that the food on my plate always tastes better when I bring it to the table myself, be it fish, fowl, crab or clam. As always, please be careful and follow the rules and regulations. But most of all, have fun. Clamming is an excellent family affair and enjoyable for all ages.

## Duplicate Bridge Winners

by Nancy Clancy, Guest Reporter

The Port Ludlow Duplicate Bridge group is both sanctioned and casual; a weekly gathering of slightly competitive friends. The group is always looking for new players. Regulars are ready to help players new to duplicate bridge with any questions. Just bring a partner. The group gathers at the Bridge Deck at noon on Mondays and the game lasts until approximately 4:30 or 5:00 pm. For more information, contact any of the regulars or Dan Darrow at 437-9208. The results for March are listed below.

March 3: Joy Herring and Marvin Segar, first; Nancy McGillis and Ralph Stroy, second; Soozie Darrow and Dan Darrow, third.

March 10: Dan Darrow and Soozie Darrow, first; Sandra Flaherty and Ted Wurtz, second; tied for third: Dorothy Winter and Shirley Porter, and Barbara Sexauer and Eleanor Roden.

March 17: Marvin Segar and Joy Herring, first; Barbara Sexauer and Eleanor Roden, second; Dan Darrow and Soozie Darrow, third.

March 24: Marvin Segar and Joy Herring, first; Dan Darrow and Soozie Darrow, second; Ted Wurtz and Sandra Flaherty, third.

March 31: Dan Darrow and Soozie Darrow, first; Marvin Segar and Joy Herring, second; Ralph Stroy and Nancy McGillis, third.

## Port Ludlow Yacht Club Opening Day

by Ramsay Smith, Port Captain

With summer just around the corner, the Port Ludlow Yacht Club officially begins its 2014 boating season with the annual Opening Day Celebration. It will be held at the Port Ludlow Marina on **Saturday, May 10** beginning at 10:00 a.m. This event is not only for yacht club members, but is open to all our friends and neighbors. The opening ceremony begins with music and pageantry including bagpipes, past Commodores marching, the raising of our national ensign, and the roar of a cannon. This is followed by members' new boat christenings and a boat parade in the bay. Hope for calm seas for the traditional cruise around Ludlow Bay to salute 2014 Commodore Steve Hall. Children are welcome; bring the whole family.

*continued on next page*

*Yacht Club continued from previous page*

Attend our Port Ludlow Yacht Club Open House beginning at 12:00 p.m. after the parade in the club's Wreck Room, 55 Heron Road, Port Ludlow, near the Marina and Inn. The bar will be open and hamburgers and brats from the grill will be served for \$10.00 per person. Please mark your calendar and plan to attend PLYC's opening day event on **May 10**. To help the club plan, please sign up now at the Wreck room or reply to [comcurr1@plyc.us](mailto:comcurr1@plyc.us).

Boat owners will be especially interested in investigating the numerous benefits of becoming a member including reciprocal mooring privileges, marine supply discounts, monthly cruises, and boater education opportunities. While boating is a primary interest for club members, owning a boat is not a requirement for membership in the club. Whatever your interests, you'll find the Wreck Room to be a great place for relaxation and socializing with friends. Club members and flag officers will be available to answer questions about enjoying the benefits of club membership.

We look forward to a safe and wonderful boating season and hope to see you at our special celebration to help us usher it in. Please contact Port Captain Ramsay Smith, [portcapt1@plyc.us](mailto:portcapt1@plyc.us), if you have any questions.

**JIM POSEY INSURANCE SERVICES, LLC**  
*where experience matters!*

**360-531-3733**

email: [jimposey@cablespeed.com](mailto:jimposey@cablespeed.com)



- Health • Exchange Registered
- Long Term Care Solutions
- Fixed Annuities
- Medicare Supplements
- UnitedHealthcare • Blue Cross  
Blue Shield • United of Omaha



[www.JimPoseyInsuranceServices.com](http://www.JimPoseyInsuranceServices.com)

220 Machias Loop Rd, Pt Ludlow, WA 98365



**LEAVE THE DETAILS TO US !**

- ◆ Buff & wax exterior
- ◆ Clean & condition leather or vinyl seats
- ◆ Clean windows
- ◆ Clean door jams
- ◆ Clean & dress wheels & tires
- ◆ Shampoo carpet & fabric seats



Starting at \$249.95

**SALES • SERVICE • DETAILING**

20201 Front Street NE Poulsbo, WA 98370  
(360) 697-4066 [www.libertybayauto.com](http://www.libertybayauto.com)



**2013 Top Producers**

John L. Scott Real Estate would like to thank The Lloyd Team for an outstanding year of success at the Port Ludlow Office!



[www.TheLloydTeam.com](http://www.TheLloydTeam.com)

John L. Scott Port Ludlow is Independently Owned and Operated



**Port Ludlow Artists' League**

**GALLERY**

Next to Columbia Bank

Open: Tues through Sat noon to 4 pm

[www.portludlowart.org](http://www.portludlowart.org)



Assisted Living Facility      Memory Care Community

*Exceptional Care  
in an Exceptional Place*

19360 Viking Ave. N.W., Poulsbo, WA 98370  
360.779.5533

**PRINTMAKING WORKSHOPS**



GROUP & INDIVIDUAL INSTRUCTION: PRINTMAKING, WATERCOLORS, CERAMICS, GLASS, JEWELRY, PASTELS, ACRYLICS, SCULPTURE, DRAWING.

[brasspearl@aol.com](mailto:brasspearl@aol.com) 909-322-3688 [www.brasspearl.com](http://www.brasspearl.com)

Leilani Child Wilds, Master of Fine Art

# Regional News

## This Month on the Peninsula

**Artisan Food Festival**, Port Townsend, **Saturday, May 24 and Sunday, May 25**

**Centrum:** Choro Brazilian Style Music Workshop and Concert, **Wednesday, April 30 through Sunday, May 4.**

**Gallery Walk:** Port Townsend, **Saturday, May 3**, 5:30 to 8:00 p.m.

**Gateway Visitor Center:** Route 19, open 9:00 a.m. to 5:00 p.m. Memorial through Labor Day. After Labor Day open 10:00 a.m. to 4:00 p.m. For information or to volunteer call 437-0120 or visit [gatewayvcr@olympus.net](mailto:gatewayvcr@olympus.net).

**Jefferson Museum of Art and History:** 540 Water Street, Port Townsend, 11:00 a.m. to 4:00 p.m. General admission: \$4, free to Jefferson County residents on the first Saturday of the month. Call 395-1003 for information.

**Marine Science Center (MSC):** 532 Battery Way, Fort Worden State Park. Marine and natural history exhibits, Orca display, hands-on activities. Admission - \$5 adult, \$3 children, members free. Call 1-385-5512 or go to [info@ptmsc.org](mailto:info@ptmsc.org).

**Northwest Maritime Center:** Wooden Boat Chandlery, 431 Water Street. Tours are available at 2:00 p.m. on Friday, Saturday, and Sunday. Call 385-3628.

**Parks:** **Fort Flagler**, Marrowstone Island, beach access, hiking, WWII defenses; **Fort Worden**, Port Townsend, beach access, lighthouse, museums, Centrum; **H.J. Carroll**, Highway 19, Port Hadlock, playing fields.

**Port Townsend Aero Museum:** Jefferson County International Airport, 195 Airport Road, 9:00 a.m. to 4:00 p.m. Admission: Adults - \$10, Seniors - \$9, children - \$6, free for children 7-12. Exhibits feature vintage aircraft. Biplane rides by Goodwin Aviation company, 531-1727.

**Port Townsend Farmer's Market:** Opens **Saturday, April 5**, 9:00 a.m. to 2:00 p.m., uptown on Tyler Street. No Market on **May 17** due to the Rhodie Festival.

**Puget Sound Coast Artillery Museum:** Fort Worden State Park, 10:00 a.m. to 4:00 p.m. Admission: \$3:00 for adults, \$1:00 for children. JCHS members free. Harbor defenses in Puget Sound. Call 385-0373 or visit [jchmuseum.org](http://jchmuseum.org).

**Rhodie Festival:** Port Townsend, **Monday, May 12 through Saturday, May 17.** Visit [www.rhodyfestival.org](http://www.rhodyfestival.org).

**Rhodie Run:** Port Townsend, **Sunday, May 18.**

**Quilcene Fish Hatchery:** 281 Fish Hatchery Road, Quilcene, 10:00 a.m. to 4:00 p.m., call 765-3334.

## Jefferson County Chamber of Commerce

by *Laura Brackenridge, Meeting and Events Coordinator*

**Monday Member Lunch Meetings:** All meetings are on **Monday**, noon to 1:00 p.m. at the Elks Lodge, 555 Otto Street, Port Townsend.

**May 5:** Heather Bailey, Human Resource Specialist, will give a presentation on leadership entitled "Going from Good to Great." Sponsored by The Resort At Port Ludlow.

**May 12:** Future City Competition Challenge. Students from Chimacum Schools will talk about their participation in this competition where over 35,000 middle-schoolers from across the United States are tasked with re-imagining transportation systems. Sponsored by the Korean Women's Association.

**May 19:** Dave Robison, Fort Worden PDA Executive Director, will give an update on the Public Development Authority. Sponsored by Sirens.

**May 26:** No Meeting

### Other Meetings and Events

**Tuesday, May 13:** After Hours Mixer, 5:30 to 7:00 p.m., at Quimper Mercantile. 1121 Water Street, Port Townsend.

**Thursday, May 15:** Ambassador Meeting, 5:30 to 7:00 p.m. Check [www.jeffcountychamber.org](http://www.jeffcountychamber.org), for location.

**Tuesday, May 20:** Board of Directors Meeting, 4:30 to 6:00 p.m. at Hope Roofing 105 Louisa Street, Port Townsend.

**Thursday, May 29:** YPN Test Lab 5:30 to 7:00 p.m. at The CoLab, 237 Taylor St., 2nd floor, Port Townsend.

## "Walk a Mile in Her Shoes" Dove House Event

Dove House Advocacy Services is gearing up for its third annual "Walk A Mile In Her Shoes" event on **Wednesday, May 7** with registration at 5:30 p.m. and the walk starting at 6:00 p.m. The walk begins at Rotary Park, next to the Port Townsend Ferry terminal, and continues down Water Street to the Northwest Maritime Center where there will be a short program and refreshments. Walkers are encouraged to get registration forms in early so that shoes for the men and T-shirts can be ordered for participants.

The walk is part of an international effort to call attention to the issue of rape, sexual assault, and gender violence in

*continued on next page*

*Walk continued from previous page*

our communities. There is no charge for the walk, but a \$5 donation is suggested to cover expenses. Registration forms are available at the Port Townsend Police Department, Jefferson Healthcare, the Food Coop, and at Dove House, 1045 10th Street, as well as at many other Jefferson County businesses. Please call Dove House at 385-5292 for more information. Forms are also available on-site on the day of the event.

## Surgical Associates Joins Jefferson Healthcare

In April, Jefferson Healthcare (JHC) welcomed Jefferson Healthcare Surgical Associates, formerly Port Townsend Surgical Associates, to the expanding medical services provided to Jefferson County residents. The Port Townsend Surgical Associates facility officially becomes part of JHC as Jefferson Healthcare Surgery and Endoscopy Center.

The facilities underwent some needed improvements. The office and reception area have become more comfortable for patients and visitors with new furnishings and carpet. In the outpatient surgical area, new exam table, recovery chair, and medical equipment have been added. The office building also had some structural improvements that included an upgrade in the HVAC system along with new signage.

The acquisition is a win-win for Jefferson County residents. The patients receiving care will benefit from streamlined access to both the Surgery and Endoscopy Center and Jefferson Healthcare Hospital for procedures. Referrals for follow-up care, or to see another specialist at JHC, will be seamless and patients will be integrated into Epic, Jefferson Healthcare's electronic health record system. The office hours have been extended to provide greater options for patients scheduling endoscopy procedures.

The surgery team of Dr. Jay Lawrence, Chief Surgeon, and general surgeons Dr. Mitra Jafari and Dr. Don George, are committed to providing high levels of patient satisfaction and superior outcomes for every patient. This is a great asset for JHC and the Jefferson County community.

Jefferson Healthcare (Jefferson County Public Hospital District No. 2) is the primary healthcare provider for the more than 29,000 residents of eastern Jefferson County on the Olympic Peninsula. Located in Port Townsend, the 25-bed critical access hospital provides a comprehensive array of services. In addition, JHC operates eight primary care clinics, including one in Port Ludlow and Quilcene, as well as a home health and hospice agency. For more information, visit [www.jeffersonhealthcare.org](http://www.jeffersonhealthcare.org).

## JHC Achieves Accolades for Patient Care

Washington State Hospital Association has awarded Jefferson Healthcare (JHC) a Partnership for Patients Banner of Achievement for reducing the incidence of patient infection and other negative effects of hospitalization. Jefferson Healthcare had to be in the top quartile. Top quartile is usually zero.

“Partnership for Patients is a national effort to help hospitals work together to improve quality,” said Mike Glenn, JHC CEO. “We are excited to see that our work is paying off and that we are making noticeable improvements. This is going to be an ongoing effort and while the numbers may vary from quarter to quarter, we believe we are on a path of continuous improvement.”

Partnership for Patients fosters extensive education, best-practice implementation, and rapid response to problems. The hospitals doing this work are helping to test and model the best ways to keep patients safe in the hospital. It benefits their patients, but it also benefits all patients. Jefferson Healthcare is one of 97 WSHA hospitals participating in the Partnership for Patients initiative. More information on the WSHA Partnership for Patients can be found at [www.wsha.org/partnershipforpatients.cfm](http://www.wsha.org/partnershipforpatients.cfm).

## Harrison President and CEO Scott Bosch To Retire

Harrison Medical Center Chairman of the Board Jim Civilla, announced today that Scott Bosch, President and CEO, will retire from his executive post at the end of July, after adoption of Harrison's new medical record system. Bosch has served in his role for nearly a decade. Civilla said that Bosch “helped usher Harrison through a pivotal juncture in its history; one that will make a positive difference and create healthier communities far into the future.”

Over the past five years in particular, Harrison has achieved industry-wide recognition for excellence in outstanding clinical quality and patient care. Simultaneously, Harrison expanded and refined essential services, such as cardiovascular and orthopaedic care, and opened new facilities in North Mason, Port Orchard, Silverdale, the Olympic Peninsula, and now a soon-to-come Bainbridge Island center, providing 24-hour healthcare for the first time to island residents.

“I came to Harrison with specific goals and a vision in mind,” said Bosch. “More than just expanding bricks-and-mortar, I wanted to make Harrison a better place; to not only continue as a safe place for our patients, but

*continued on next page*

*Bosch continued from previous page*

to ensure a visible administration both internally and throughout our community, and to be recognized regionally and nationally for exceptional quality. I wanted to move this organization from good to great and I believe I have accomplished many of those goals.”

During Bosch’s tenure, Harrison Medical Center rededicated itself to exceptional healthcare. Recently, the organization was recognized for these accomplishments from Blue Cross Centers of Distinction, American Heart Association/American Stroke Association, Beacon Award for Excellence, and the Joint Commission.

Bosch also led the organization through consideration and selection of affiliation with Franciscan Health System. The affiliation brings substantial investment into Harrison infrastructure. It enables the organization to adopt advanced IT systems, including the Epic suite of applications for electronic medical records, and to expand services throughout the Kitsap and Olympic Peninsulas. After enjoying a much-anticipated vacation, Bosch plans to remain in the Kitsap County area during his retirement.

## Marine Science Center Seeks Volunteers

Volunteers are the life-blood of the Port Townsend Marine Science Center (PTMSC). They provide invaluable support in everything that’s done. Anyone who has the willingness and time can find a role as a volunteer that fits their interests and skills and contributes meaningfully to the organization.

### Oceanography on the Dock Volunteer Training

Join the PTMSC on **Tuesday, May 20**, 3:00 to 5:00 p.m. to learn how to engage the public with exciting oceanographic activities at the center. This is an activity that can be done with a flexible schedule, where volunteers engage visitors with hands-on oceanography activities, such as testing for temperature, salinity, and pH. The goal of the program is to educate the public on topics of basic oceanography principles and their connections to marine conservation issues.

### Volunteer Training Series

Have you ever wanted to volunteer at PTMSC? Are you currently a volunteer, but want to dive deeper into the activities of the PTMSC? Then these classes are tailored just for you. They each run from 3:00 to 5:00 p.m.

### Wednesday, June 11: Volunteer Overview

**Tuesday, June 17:** Marine Exhibit and Citizen Science Laboratory

### Wednesday, June 18: Natural History Exhibit

**Thursday, June 19:** Climate Change Interpretation

“I just started as the volunteer coordinator in January, and have been so impressed with the dedication and passion of our volunteers. It’s wonderful to be part of an organization that genuinely supports the individuals who give back to the community in so many ways. I love it!” said Amy Johnson, PTMSC volunteer coordinator. To participate as a volunteer or attend the training opportunities, contact her at [ajohnson@ptmsc.org](mailto:ajohnson@ptmsc.org) or call 385-5582, ext. 204.

## Pit-to-Pier Files SMP Appeal

Despite active opposition, pressure from the sand and gravel company to complete the Thorndyke Resources Project (also known as Pit-to-Pier) continues. Most recently the mining company promoting the project has filed an appeal of the recently approved Shoreline Management Program (SMP). The appeal claims that the shoreline plan violates Thorndyke’s right to due process and places a ban on water-dependent uses of Hood Canal that are allowed as conditional uses under the Shoreline Management Act. It specifically challenges the comment period that preceded approval on the basis of not giving Thorndyke adequate notice and information.

Carl Smith, County Development Officer, denies the allegations. The Growth Management Board has 180 days from the filing to issue a ruling.

The project involves constructing a 4-mile long conveyor belt to move gravel to Thorndyke Bay and a pier. Gravel would be loaded on barges and transported through the Hood Canal Bridge to sites outside the county. Opposition to the project comes from the Hood Canal Coalition, tribes, community groups, environmental groups, the tourism industry, state and local officials and the U.S. Navy. Areas of concern are noise and pollution, congestion of the waterways and the threat of a collision with the bridge.

An effort by the Navy and the Department of Natural Resources to secure a stretch of land adjacent to Hood Canal also impacts the project. It would prevent new commercial and industrial development along Hood Canal and neighboring waterways.

## Kitsap Humane Society Announces New Director of Animal Welfare

Kitsap Humane Society (KHS) has hired Natalie Smith as Director of Animal Welfare. Smith succeeded Robin Simons on April 7 and comes to KHS with over six years of experience in management and leadership with the Animal Care and Control Team of Philadelphia (ACCT Philly). ACCT Philly is a large, open-admission, municipal shelter handling over 30,000 animals per year. Her roles there included Director of Life Saving and Prevention programs, where she successfully increased adoption, foster care, and rescue transfers of animals.

At KHS, Natalie will oversee all shelter operations, including animal care, foster care, customer service, adoption outreach, canine behavior, feline behavior, dog transfers, and volunteer management.

KHS is a private, nonprofit, charitable organization that has been caring for animals in need since 1908. KHS admits over 4,200 animals per year and has a 94 percent lives-saved rate, one of the highest in the U.S. KHS' vision is that every adoptable companion animal has a home. For more information, visit [kitsap-humane.org](http://kitsap-humane.org).

## GRACE CHRISTIAN CENTER

*Solid, Spirit-Filled Bible Teaching  
Loving Jesus and Loving Each Other*



**Inviting you to worship with us  
Sunday mornings at 10:00 a.m.**

Port Ludlow Conference Center  
200 Olympic Place, Port Ludlow

Pastor Kevin Hunter, Th.D. • 360-821-9680  
Pastor Sherri Barden, Ph.D. • 360-821-9684

[www.gracechristiancenter.us](http://www.gracechristiancenter.us)

## LET'S GET TO KNOW ONE ANOTHER.

New to the area? Unfamiliar with the Edward Jones way of doing business? Take an hour or so to learn how we work with millions of individual investors to create and implement investment strategies designed to achieve long-term financial goals.



**Larry Wiener**  
Investment Representative  
9526 Oak Bay Road, Suite 300  
Port Ludlow, WA 98365  
360-437-5113  
Member SIPC

Call today to schedule a **no-cost no-obligation portfolio review.**

**Edward Jones®**

## Do It Right Roofing & Construction

Located locally in Port Ludlow • Excellent Local References  
Quality and Customer Satisfaction is our #1 Goal

- ◆ All Types of Composition
- ◆ Metal, Cedar Shakes
- ◆ Re-Roofs
- ◆ New Construction
- ◆ All Types of Repairs
- ◆ All Types of Construction
- ◆ Repairs
- ◆ Remodels
- ◆ Decks, Siding
- ◆ Custom Woodwork

General Contractor's License  
Lic # DOITRIR943Q  
Bonded, Insured

William Bacchus  
Phone: **360.774.6348**  
email: [doitrightroofing@msn.com](mailto:doitrightroofing@msn.com)

We provide solutions that give you LEGAL PEACE OF MIND



**Richard C. Tizzano**  
Attorney at Law  
Licensed in  
Washington &  
California

**Estate Planning**  
• Revocable Living Trusts  
• Probates  
• Limited Partnerships  
• Limited Liability Companies  
• Adoptions  
• Wills

**Elder Law**  
• Life Care Planning  
• Special Needs Trusts  
• Powers of Attorney  
• Guardianships  
• Medicaid Eligibility  
• Health Directives

Call for an  
appointment  
**(360) 779-5551**

[www.sherrardlaw.com](http://www.sherrardlaw.com)

19717 Front Street NE Poulsbo • [info@sherrardlaw.com](mailto:info@sherrardlaw.com)



## PORT LUDLOW PLUMBING

SINCE 1961

RESIDENTIAL • COMMERCIAL



**New Construction • Repairs • Alterations  
REMODELING SPECIALISTS • QUALITY WORKMANSHIP  
Water Heaters in Stock**

Brian Peterson • State Contr# PORTLP2330AP

**360-437-2770**

**Cell: 360-301-1016**

115 Bayshore Dr. • Port Ludlow, WA

## THERAPEUTIC MASSAGE

*for your healthiest life*



**PACKAGE SPECIAL!**

**Save \$45**

**THREE 90-minute sessions for \$240**



Healing Elements Massage  
9481 Oak Bay Rd, Ste E, Port Ludlow

Jamie Deering, LMP, CMMP  
[deering.jamie@gmail.com](mailto:deering.jamie@gmail.com)

**253.370.1170**

MA# 60088691

### Glessing & Associates

Certified Public Accountant

Kathleen A. Glessing

- Tax Preparation for Individuals, Partnerships, Corporations, Estates and Trusts
- Financial and Tax Planning
- Accounting and Auditing, Preparation of Financial Statements
- Computerized Bookkeeping and Payroll, Business Start-up
- Senior Financial Services

Telephone 360-437-9443 / Fax 360-437-9446

56 Village Way, Port Ludlow, WA 98365

Kevin Hunter, Broker/Owner  
ABR, GRI



## Ludlow Bay REALTY

Leading And Serving With Excellence

LudlowBayRealty.com

437-0800

290 Olympus Blvd, Port Ludlow

Also the home of Admiralty Property Management



Michael Haberpointner, PT, DPT  
Timothy Mansour, PT, DPT

- Balance Training • Spinal Rehab
- Rehab After Surgery
- Vertigo Treatment
- Exercise Classes

Medicare and most insurances accepted



## ACTIVE LIFE PHYSICAL THERAPY

www.activelifetherapy.com

9483 Oak Bay Rd. • Port Ludlow, WA 98365 • (360) 437-2444

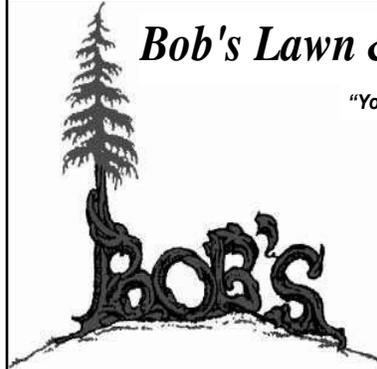
## Bob's Lawn & Garden Service

"Your Pruning & Lawn Care Specialist"

Quality Service Since 1991

(360) 732-5052

Bob Hoyle, Owner  
CERTIFIED MASTER PRUNER  
Contractor Lic. # BOBSLGS0160Z



P.O. Box 361 Chimacum, WA 98325-0361

E-mail: bobhoyle@usa.net



Pastor Dennis

## Port Ludlow Community Church

9534 Oak Bay Road  
360-437-0145

www.portludlowcommunitychurch.org

"Connecting Christ and Community"

Sunday Worship – 10:30 a.m.

Adult Education – 8:45 a.m. Sonlight Club – 10:30 a.m.

Blending Traditional Hymns with Contemporary Worship

Come • Connect • Grow • Go

## Free Investment Seminars

Port Ludlow Beach Club May 15th 10 AM  
Making the Most of Retirement Income



Shelli K Cates  
Financial Advisor

201 West Patison Street  
Port Hadlock, WA 98339  
360-379-0170

Member SIPC  
www.edwardjones.com

Edward Jones  
MAKING SENSE OF INVESTING



Buck & Abby  
"The Seniors"  
Thanks  
Port Ludlow!

## CUCINA

\$3 off Large  
Pizza!

Check our website for  
the Chef's Monthly  
Special!

www.cucina-italian-restaurant.com  
Port Ludlow Village 360-930-0621  
Dine In Take Out Delivery



We use and recom-  
mend recycled  
paper!

What can we  
print for you?



385-4194 sos@olympus.net  
www.sosprinting.biz 2319 Washington Street, Port Townsend

# Classifieds

*The cost of classified ads is 30 cents per word (\$6 minimum charge), targeting 30 words max/ad. There is a 15% discount for prepaid ads of 6 or more months. One ad per business. Deadline for new ads, changes and cancellations is the 10<sup>th</sup> of the preceding month. Ads will run until canceled. Email your ad and contact information to voiceclassified@plvoice.org or call 215-4036. All phone numbers are in area code 360 unless otherwise noted.*

## HOME SERVICES

**House Cleaning, weekly or bi-weekly.** I'm honest, reliable and hard working. Please call Harumi at 774-6721.

**One-time Cleaning.** Seasonal, remodels, move-outs, rentals. Experienced, detail oriented. Call Sue 732-4112 or 302-1205.

**Need a little help?** Landscaping, construction, stone walls, handyman services, help with errands, pet sitting, etc. Call John @ 437-7639. References available.

**House Cleaning by Responsible Couple.** One-time cleaning, moveout, home sale preparations, house checking, condos, thorough spring cleaning for home/garage. Olympic Music Festival employee since 1998. 437-9511.

**Professional House Cleaning** 20 years of experience. I will be there to help you, please call Carmen at 301-5975.

**Severn Carpet Cleaning.** Quality at a reasonable rate. Professional equipment. Call Jerry, 301-3864 or 796-4137. Pleasing you pleases me!

**Smokey Bear Gutter Care** 33 years experience cleaning gutters in Seattle, and now serving Port Ludlow, too. Gutter cleaning and organic moss treatment. Licensed, Bonded, and Insured. SMOKEBG100P9 Call 437-5005, or Email [smokeybearguttercare@yahoo.com](mailto:smokeybearguttercare@yahoo.com).

**Call All Clear** to schedule your Gutter Cleaning, Roof Moss Treatment and Window Cleaning. Serving the Port Ludlow area for over 10 years. Free bids and reliable service. Discounts available. Licensed and insured. Jeremy at 301-6083.

**Olympic Gutter Cleaning & Moss Treatment.** Improving the appearance & life of your home. Call to set up an appointment at 301-9980. Licensed & insured.

**Pristine Clean Gutter and Moss Removal:** Commercial and Residential. Tile, Comp, Cedar and Metal rooftops, Gutter repair, Moss prevention plans. Pressure Washing, Siding and Surfaces, Fences. Licensed, Bonded and Insured. Lic# IMMEDRL942PQ. Immediate Results Landscaping. Call: 379-2498 or 440-2238.

**Pressure washing is our specialty.** Make it look new again with ecoclean pressure washing services! Driveways, patios, decks and more. Give us a call 531-4821.

**Removals, Hauling, Organizing,** home & office rearranging, donations to charities. Dump runs. Clearouts. Staging for sales. Prompt, professional, friendly service. Licensed & insured. Serving Port Ludlow, Port Hadlock & Port Townsend & surroundings. STUFFAWAY has been "Putting Stuff in its Place" since 2003. Call 302-1227 or see [stuffaway.com](http://stuffaway.com). References available.

## HOME RENOVATION & DÉCOR

**Ask for a FREE consultation with Pepper's Painting.** Precision interior and exterior painting. Residential or commercial buildings. Please call 774-2212 to make an appointment. Licensed, bonded and insured.

**Call Ernie Carrigan 301-2485** A Local Gentleman, dependable and very experienced. Home Repair, & Home Bath & Kitchen Remodels. No job too small. References upon Request.

**Drywall.** New construction, remodels, small repairs, texture removal. 38 years experience. Local references. 437-1435.

**Interior and exterior painting.** Craftsman Painting Company serving Port Ludlow for ten years. Bonded and insured. lic#CRAFTPC966B1 Call Jeff Beres 301-4884.

**Peninsula Professionals** - 47 years of experience in all types of tile, carpet and floor installation. Window and Gutter Cleaning, Solar film and Deck installation. Call Pete for a free estimate - 301-6544.

**Bill's Custom Carpentry.** Kitchen & bath remodels, additions, decks & finish work. Satisfaction Guaranteed. 206-849-3559. CCBILLSCC9654LH.

**Affordable Home Improvements.** Kitchen & Bath Specialist, Ceramic Tile, Marble & Granite. Architectural Stone. All Remodeling & Repairs, ADA "Ease of Access" projects, Senior discounts. Call Arnett General Construction 477-1935, [www.constructiontilepro.com](http://www.constructiontilepro.com), CCDONARAG875DL.

**Ludlow Custom Contractors.** Specializes in custom home painting, decks & finish carpentry. Contractor's License #MOSHECJ994MC. Christopher Mosher, 301-9629. "Custom Designing Your Dreams."

**John Reed Construction.** 30 years experience remodeling & custom construction. Small jobs OK. I also consult on renovations or remodels. Avoid innocent but expensive mistakes. Great references. Licensed/bonded, 385-5723.

**JDG Construction Inc.** 30 years in local business. Free estimates on remodel & new construction, 385-3287.

**Do It Right Roofing & Construction.** High quality roofing & construction & remodeling. Owner on every job. General contractor Reg. #DOITRIR943QL. Locally located in Port Ludlow. Excellent local references. 774-6348.

**Dave Peterson Tile & Stone.** General Contractor. Remodel specialist. Kitchens, baths & fireplaces. Handicap showers, exterior walkways & groutless showers. Over 30 years quality service. Licensed & Bonded. Local References, free estimate. 681-2133.

**Cedar Green Fix-It.** Home maintenance & repair. Retired carpenter with 35 years of experience will help you protect your most valuable asset: your home. Call Jeff Johnson at 379-4800.

**Quality Painting with Affordable Pricing.** Exterior, interior. Pressure washing. Lots of local Port Ludlow references. Bonded & insured. License CBSPAP\*917CD. Call Tony Forrest, owner, CBS Painting, for a free estimate. 633-5702.

**Professional Tile & Grout Cleaning/Sealing.** Clean Grout Northwest, regrouting, recaulking. Cleaning & sealing, ceramic, porcelain, natural stone. Licensed, bonded, insured. Lic#GROUTGN905DJ, 621-1730. [www.cleangROUTNW.com](http://www.cleangROUTNW.com).

**Concrete Maintenance.** Caulking, cleaning and sealing. Improve the appearance & condition of your concrete flatwork this season. Call 301-4086.

**I Can Hang Your New Wall Covering or Remove the Old.** Over 30 years' experience. Neat & clean. All work guaranteed. Licensed & insured. Call John, 504-2309.

**Window Shades 40% Off!** Solar shades, cellular & woods. Additional savings on cellular shades the more you buy! Dana Pointe Interiors. Call 437-2060 \*Free Estimates.

**3M Window Film.** Furniture Fade Protection, Reduces Glare, Insulates and Offers Privacy. Decorative film: etch & leaded for windows-doors-showers-mirrors. Window Scapes Inc. 385-3810 [windowscapesfilm.com](http://windowscapesfilm.com).

---

#### LANDSCAPE & YARD SERVICES

---

**Rhododendrons & azaleas.** Blooming, large, ready to plant. 100s to choose from. \$30 each 151-D Street, Pt Hadlock, 302-0239.

**Full Service Yard Care.** Based in Port Ludlow. Mowing, weeding & more. Excellent references. Call Mike at Soundscape, 774-1421.

**Brett's Stump Grinding** Goodbye ugly tree stumps! I'm professional, reliable & reasonably priced. For info & to see before & after photos, go to [www.bretts-stumpgrinding.com](http://www.bretts-stumpgrinding.com) or call Brett Anibaldi at 774-1226.

**Local Aggregates, Gravels & Landscape Products Delivered.** Installation available. We can get the very best products. Black Rock Transportation. Call 437-8036.

**Severn's Services.** Pressure washing, hedge trimming, power blowing, gutters. Big or small, give Jerry a call! Licensed/references. 301-3864 or 796-4137.

**"Yardening with Excellence."** Yard maintenance, hauling, trimming, beauty bark, fertilizing, general handyman. Local resident, George-of-the-Jungle, 437-9293.

**Immediate Results Landscape:** Aeration, pruning, dethatch, moss control, bark, rock walls, water features, fencing, maintenance. James Caldwell, licensed, bonded, insured. Lic #IMMEDRL942Q. 440-2238 or 379-2498.

**Field's Tree Care LLC.** ISA Certified Arborist here to help you with all your tree & shrub needs. Fine Pruning. Free Estimates. Licensed, bonded, insured. Lic # FIELDTC876DH. Dan Field 715-559-2289.

---

#### REAL ESTATE/PROPERTY MANAGEMENT

---

**On-the-Water Rental Condo in Port Ludlow.** Short or long term. Wheelchair accessible. Expanded deck. Excellent location. Five Star View. Recently remodeled. Beautifully furnished. Washer/Dryer. Discounted for longer term. Susan: 415-254-1177.

**Beautiful large level lot on Clipper Lane in North Bay.** All reasonable offers considered. 437-0682.

**Admiralty Property Management.** Let us serve your needs as owner or renter with care, communication & integrity. Call Kevin Hunter at 437-0888.

**Waterfront Vacation Rental Condos.** Remodeled, spacious, fully furnished for your summer guests. See photos at [www.ptludlowcondos.com](http://www.ptludlowcondos.com). Call Kathy at 206-406-5935.

**Executive Offices for Rent** in Port Ludlow. View offices. Your own view of Puget Sound's shipping lanes. Furnished, Phone, High Speed Internet, Wi-Fi, month-to-month. 437-1344.

**For sale - Stardust Lake Tahoe CA Timeshare: \$600.** Across from Heavenly Gondola Ski Lift, perfect for skiers! One block from major Casinos, perfect for gamblers! One bedroom high season. Yearly maintenance fee \$780. RCI trading. Try out one week rental: \$400. Contact Fran 437-5110.

---

#### FINANCIAL SERVICES

---

**Taxes & Accounting.** We specialize in tax preparation & needs of small businesses. We offer QuickBooks consulting & make house calls. Call 437-1392. Great service/fair prices. Duane E. Anderson, CPA.

**Reverse Mortgages – No more payments for life!** Teresa Forrest, United American Mortgage: 437-1192. Lic. MLO98662. Lic. MB860164. Port Ludlow's Reverse Mortgage Specialist. [TeresaF@UAMCO.com](mailto:TeresaF@UAMCO.com).

---

#### RV/BOATING/TRAVEL

---

**Think spring...time to get your RV ready** for the season. Call Jake's RV Repair 301-0583.

**Sprinter RV:** 2010 Winnebago ERA 170x1, Dodge Sprinter chassis, Mercedes diesel engine, original owner, 20,000 miles, 4 swivel seats, queen bed, kitchen, bath. Charcoal grey with swirls. \$66,000 437-0376 [hbbro@olyridge.net](mailto:hbbro@olyridge.net). Great to drive and ride.

**Sailboat:** "Lightning" an Etchells 30 foot sloop is a joy to sail. Share the annual maintenance cost with two partners making it still cheaper to own. My third interest is \$1500. Erne 301-3464 or [ernelewis@gmail.com](mailto:ernelewis@gmail.com).

**Yachtsmen Yacht Service:** Take pride in ownership and keep your yacht looking good. Pressure washing, washdowns, cleaning, detailing, varnishing and mast work. Call Joe 437-4141.

**Private Yacht Captain:** 100 ton USCG licensed captain. Sail and power. Enjoy your yacht to its fullest. Allow me to captain your yacht while you entertain guests or just relax and enjoy the sights of Puget Sound, or any destination. Capt. Ron, (cell) 951-203-1842.

**For sale:** VERY slightly used 2013 27' International Serenity Airstream trailer. \$77,000 but is negotiable. Change in life forces sale. 697-1650 or 440-0452 or email [drmhc@bigvalleyanimalcarecenter.com](mailto:drmhc@bigvalleyanimalcarecenter.com).

**RV Storage.** South Bay, 1 mile west of Hood Canal Bridge on Hwy. 104. Call Shirley, 437-9298.

**Beaver Valley Storage.** 100-800 square feet. Twenty-four hour security on duty. One month free with minimum six-month lease. 732-0400.

**Marine Dive Service.** Boat maintenance: bottom cleaning, zinc replacement, inspection, and repair. Prompt response. Reasonable rates. Call 301-6083 or 379-5281.

**Plan Your Winter Getaway!** Fully-equipped/beautifully furnished vacation condos, steps away from pool, spa, 27-hole course in Nipomo (CA Central Coast). PL discount! [www.perfectplaces.com/birdhouse.htm](http://www.perfectplaces.com/birdhouse.htm), [www.perfectplaces.com/bltreehouse.htm](http://www.perfectplaces.com/bltreehouse.htm) or call Robin at 437-0794.

**Architect's Maui Beachfront Condo Home.** Located halfway between Kaanapali & Kapalua. One bedroom, fully equipped, beach level. No stairs or elevator. Discount for PL residents. [www.mauicondovacation.com](http://www.mauicondovacation.com). 1-800-9-GOTMAUI.

---

#### HEALTH & BEAUTY

---

**Receive a makeup application and/or facial** by a licensed cosmetologist and esthetician in your home or at my salon. 301-5499. By donation only, all proceeds going to Susan G. Komen 3-day.

**Mother's Day Spa Packages & Gift Certificates.** Relax your mind, body and sole at Ludlow Bay Massage & Wellness Spa. Open Mon. - Sun. by appointment 437-3798 [portludlowspa.com](http://portludlowspa.com).

**Feel Better with affordable personal training** in your clubhouse or home. NASM certified and insured. Discounts available. Martin Musson 379-1373.

**Confidential Health and Lifestyle Coaching** with Autumn Pappas, CHHC, AADP. Help with weight loss, cravings, joint pain, healthy eating and exercise habits, stress and depression. Free consultations available. [www.pacificnorthwesthealth.com](http://www.pacificnorthwesthealth.com). 836-4559.

**Haircuts at Sonja's Bayside Barber.** Open Tuesday thru Friday starting at 8:30 a.m. By appointment only, located in Port Ludlow Village, 301-0009. Thank you for your business.

**Physical Therapy in Port Ludlow.** Active Life Physical Therapy. Our services include balance training, spinal rehabilitation, vertigo treatment and joint replacement therapy. Medicare accepted. 437-2444. [Michael@activelifetherapy.com](mailto:Michael@activelifetherapy.com).

**Foot Care.** Dr. Steven Reiner, DPM, Podiatric Physician & Surgeon. Bunions, hammer toes, toenails, diabetic shoes, orthotics, heel pain. Located at 204 Gaines Street in Port Townsend. Call 385-6486 for an appointment.

**"The Foot Nurse"** will come to your home to care for your feet. Have nippers, will travel. 385-2898.

**Tootsies, your neighborhood nail spa.** 7551 Oak Bay Rd (across from Port Ludlow Fire Hall) Available by appointment 437-2332.

**Ear Candling** – Gentle, fun, & very relaxing; treat yourself! This is a routine health procedure in many European countries. Call Janette at Discover Your Health, 343-4052.

**Janet at the Spa.** Signature Pedicures. Ludlow Bay Massage and Wellness Spa 437-3798.

**Let me help you take care of your skin.** Sally Hirschmann Therapeutic Facials Ludlow Bay Massage and Wellness 91 Village Way 437-3798.

**Nails By Cheri.** 23 years' experience in acrylic nails & pedicures. Call 379-5110 for an appointment.

**Acupuncture in Port Ludlow.** Come relax & feel better with Traditional Chinese Medicine. We treat arthritis, pain, women's health & more. Call for your free 15 min. consultation. 437-3798, [growinghealthacupuncture@gmail.com](mailto:growinghealthacupuncture@gmail.com).

**Massage Therapy by Jamie Deering of Healing Elements.** Support a healthy body. 60 and 90 minute sessions by appointment. Check out massage, classes, retreats and more. [www.HealingElementsTacoma.com](http://www.HealingElementsTacoma.com), 253-370-1170, 9481 Oak Bay Road.

#### PET CARE

**Pet & House Sitting.** Port Ludlow Kit & Caboodle, daily, weekly, monthly, overnight in your house. Small & large animals. Specialize in pets with health concerns. Licensed, Insured, Bonded. 531-1241.

**Big Valley Pet Resort** is a great place for your socialized pet to play while you are away. Check out [bigvalleyanimalcarecenter.com](http://bigvalleyanimalcarecenter.com) or call 697-1451 for more information.

**Dog Townsend.** Community-style boarding & daycare for your socialized dog. Dogs are carefully supervised while playing together in a healthy, safe & loving environment. Please call for interview. 379-3388.

#### COMPUTER & TECHNOLOGY

**Graphic & Website Design.** Quality design adds value to your products/services and helps reach your target clientele. Design locally in Port Ludlow. [www.mejirographics.com](http://www.mejirographics.com).

**Printing, copying, calendars, greeting cards, photos, business cards and more.** Chimaicum Creek Printing in the Shold Business Park in Port Hadlock. 379-3807 or [info@creekprint.com](mailto:info@creekprint.com) M-F 10-5.

**Photo Repair & Document Restoration by Digital Process.** Repair & enhance old and/or damaged photographs or documents. 437-0680. Bob Graham, [ggpabg@centurylink.net](mailto:ggpabg@centurylink.net).

**Pizzo Computer Consulting.** Taming your computer nightmares with patience, humor & years of professional experience. To learn more about us & our happy customers, [www.pizzoconsulting.com](http://www.pizzoconsulting.com) or 437-7738.

**Apple Mac and PC warranted sales and service** at Port Townsend Computers includes Mac warranty repair by the Peninsula's only authorized Apple technician. House calls: setup, repair, and networking. 379-0605.

**Computer Sleuth** – Is your computer walking instead of running? Try the simple things first! Local references available. Call Eric Hammond 343-4052.

**Computer-Fix.** Your complete computer services company, available 24/7. Repair, data recovery, virus removal, affordable prices. PC & laptop. Broadstripe authorized affiliate. Kala Point Professional Bldg., 260 Kala Point Drive, Ste. 202. 385-6166, [www.computerdotfix.com](http://www.computerdotfix.com).

**Jefferson County PC Repair** - Friendly, Affordable At-Home Computer Services. Backup, maintenance, antivirus, anti spyware, training. Free advice anytime! Call/Text Mike 531-3401.

#### MISCELLANEOUS

**Exercise Classes at Active Life Physical Therapy:** "Fun-Fit" Monday 10:15 and Wednesday 3:30. "Core Workout" Tuesday/Thursday 3:30 Instructed by our Certified Personal Trainer 437-2444.

**Intermediate Watercolor Lessons** internationally recognized artist Jerry Stitt, aws. (<http://www.jerrystittaws.com>). 1-4 pm Saturdays. Bay Club 120 Spinnaker Lane, Details 415-302-7865.

**Piano Lessons for All Ages.** Kathie Sharp, an experienced teacher & performer, provides the tools to learn & develop musical skills to last a lifetime. 437-7928 or email: [klrsharp@yahoo.com](mailto:klrsharp@yahoo.com).

**Clock Repair.** Mantel, wall, cuckoo or Grandfather's clocks repaired quickly at reasonable prices. Pickup & delivery or house call. Call Father Time at 437-5060.

**Seamstress.** Draperies, pillows, cushions, bedspreads, duvets, small upholstery jobs – chairs and ottomans. Call Sue 732-4112 or 302-1205

**Elena's Alterations & Tailoring.** Providing professional seamstress services since 1992. For only the highest quality alterations or tailoring, call Elena today 437-9564.

**Sewing for You 18 Years.** Alterations done promptly, special sewing projects. Call Janice Fischer at 385-3929.

**St. Patrick's by the Bay Anglican Church.** Rite 1, Morning Prayer, Holy Eucharist Sunday at 10:30am, Seventh-day Adventist Church, 331 Benton St. Port Townsend, Wa. 98368 Rev. Joseph Navas Rector 215-4130 or 471-3444.

#### MERCHANDISE

**Marina Market, Poulsbo.** Imported groceries, candy, cheese, beer, pickled herring, tinned fish, mackerel, bacon, sausages, chocolate, black licorice, breads & cookies from Scandinavia, Holland, Germany, Russia, Bulgaria, Latvia, UK, & Indonesia. [www.marinamarket.com](http://www.marinamarket.com). 888-728-0837.

**Financial Disclosure**  
*The Port Ludlow Voice*

The *Port Ludlow Voice* is a 501(c)(4) tax-exempt organization, whose entire staff is volunteer and unpaid. All writing and editing is done in the homes of staff members on their personal computers, while a volunteer staff member does all the formatting, which is provided to the printer on disc.

The *Voice* is delivered at no cost to readers to all U.S. Post Office carrier route customers in the Master Planned Resort (MPR). Members of the Ludlow Maintenance Commission (LMC) and South Bay Community Association (SBCA) who live outside the delivery routes, as well as Snowbirds, may subscribe for \$8 a year. Subscriptions to all other interested parties are available at \$17 a year. Average monthly expenses for printing and postage are \$5300 plus miscellaneous items of \$60, for a monthly average of \$5360.

The sources of financial support for publishing the *Voice* each month are:

1. Port Ludlow Associates (PLA)	\$600
5. Ludlow Maintenance Commission (LMC)	\$200
6. South Bay Community Association (SBCA)	\$200
7. Port Ludlow Village Council (PLVC)	\$200
8. Subscriptions Average	\$44
9. Classified Advertising Average	\$628
10. Display Advertising Average	<u>\$4,084</u>
	\$5,956

This issue proofread by  
Gene Carmody, Cherie Germaine, Gayle Refbord,  
and Mary Small.

**Paper Content**

The *Voice* gloss cover stock is balanced recycled FSC certified with 30 percent recycled content. It is elemental chlorine free. The inside stock is acid free and meets the sourcing requirements of the Sustainable Forest Initiative.

©2014 *Port Ludlow Voice*. All rights reserved.  
Printed in the U.S.A.

No part of this publication may be reproduced in any form without express written permission of the *Port Ludlow Voice*.

**Advertising Disclaimer**

The printing of an article, or of classified or display advertising, does not necessarily constitute endorsement by the *Voice*.

**Advertiser Index**

<b>Name</b>	<b>Category</b>	<b>Page</b>
Active Life Physical Therapy	Physical Therapy	46
Bartlett Roofing	Home Design/Building	15
Bob's Lawn & Garden Service	Lawn/Garden Care	46
Chimacum Corner Farmstand	Food/Restaurant	29
Circle & Square Auto Care	Automotive Services	31
Coldwell Banker Best Homes	Real Estate	31
Columbia Bank	Bank	29
Cucina Italian Restaurant	Food/Restaurant	46
Dana Pointe Interiors	Interior Design	13
Do It Right Roofing & Construction	Home Design/Building	45
Discovery Physical Therapy	Physical Therapy	22
Edward Jones-Larry Wiener	Investment Securities	45
Edward Jones-Shellie Cates	Investment Securities	46
Elin Philips/John L Scott	Real Estate	22
Glessing Associates	Accountants/CPA	46
Grace Christian Center	Church	45
Healing Elements Massage	Therapeutic Massage	45
Hear For Life Audiology	Hearing Services	29
Home Instead Senior Care	Home Healthcare	31
InHealth Imaging	Medical Imaging	31
Jefferson County Health Care	Healthcare	IBC
Jeremy Vance, Inc.	Remodeling/Construction	33
Jim Posey Insurance	Insurance	41
Kathie Sharp	Real Estate	IFC
Kitsap Bank	Bank	22
Leilani Childs Wilds, M.F.A.	Art Gallery	41
Liberty Bay Auto Center	Automotive Services	41
Liberty Shores/Harbor House	Assisted Living	41
Ludlow Bay Realty	Real Estate	46
Lulu's B&B for Dogs	Pet Services	33
Lutheran Church of the Redeemer	Church	29
Oak Bay Animal Hospital	Veterinary Care	25
O'Hair Salon	Cosmetology	15
O'Neill Construction	Home Design/Building	13
Olympic Peninsula Law Offices	Attorney	33
Peace Lutheran Fellowship	Church	25
Peninsula Insurance	Insurance	29
Port Ludlow Artist League	Fine Art Instruction	41
Port Ludlow Associates	Resort	37
Port Ludlow Community Church	Church	46
Port Ludlow Plumbing	Plumbing Services	45
Severn's Carpet Cleaning	Carpet Care	13
Sherrard, McGonagle, Tizzano	Attorney	45
SOS Printing	Full Service Printing	46
The Car Wash	CarWash/Detailing	25
The Lloyd Team/John L Scott	Real Estate	41
United American Mortgage	Mortgage Services	33

# We're making strides to better care for you.



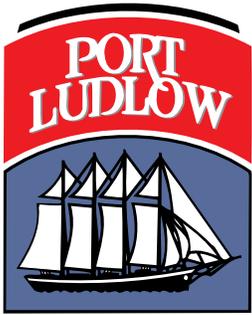
## Get convenient and expanded care at our Port Ludlow Clinic.

- **Seasonal Hours:**  
Open Monday through Friday from 9 am to 5pm.  
**Closed on Saturdays for the season.**
- Excellent primary care with convenient same day appointments.
- Anticoagulation services are available every Tuesday.
- Cardiology services available on every other Friday.
- Blood draw services and flu shots available everyday starting at 8 am.
- Dr. David King, Orthopedic Surgeon, available every Monday.

Jefferson Healthcare is committed to providing the best primary care to the Port Ludlow community. The Port Ludlow Clinic has been growing over the last two years and is shifting to meet the changing needs of our patients. Port Ludlow Clinic closed on Saturdays for the season and increased access by opening every day on Mondays through Fridays at 8 am for blood draws and flu shots. We have also extended anticoagulation services to every Tuesday.

We have expanded the availability of medical services including lab work, anticoagulation services and cardiology services for your convenience. You don't have to travel far to find excellent healthcare in Port Ludlow. Our team of professionals is dedicated to serving your community.

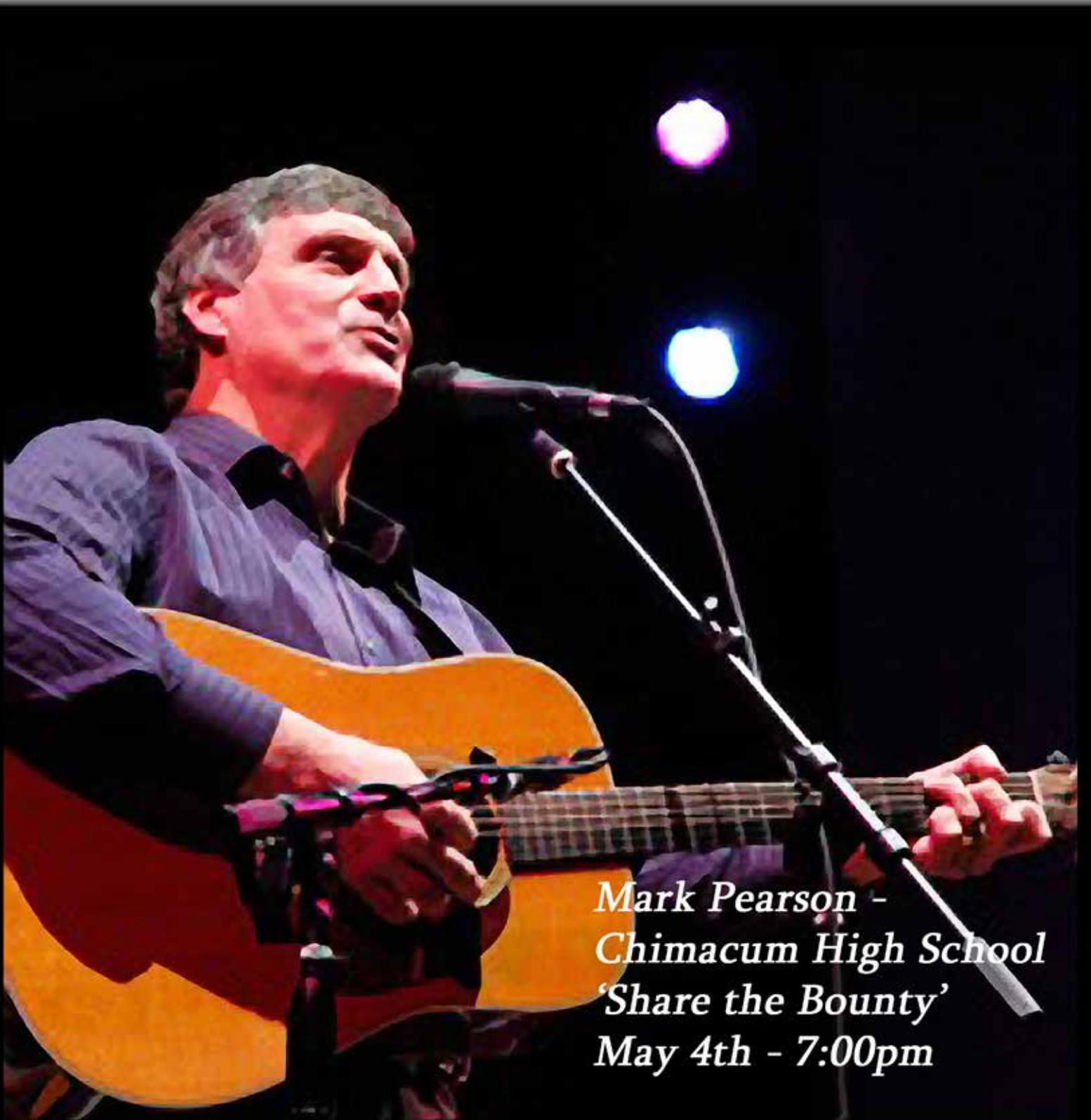
**Now accepting new patients. Call us today at (360) 437-5067 and (360) 344-0400 for orthopedic appointments.**



Port Ludlow Voice  
P. O. Box 65077  
Port Ludlow, WA  
98365

ECRWSS  
GOOD NEIGHBOR  
PORT LUDLOW, WA  
98365

Presorted  
Standard  
U.S. Postage  
Paid  
Permit NO. 14  
Port Hadlock, WA



*Mark Pearson -  
Chimacum High School  
'Share the Bounty'  
May 4th - 7:00pm*