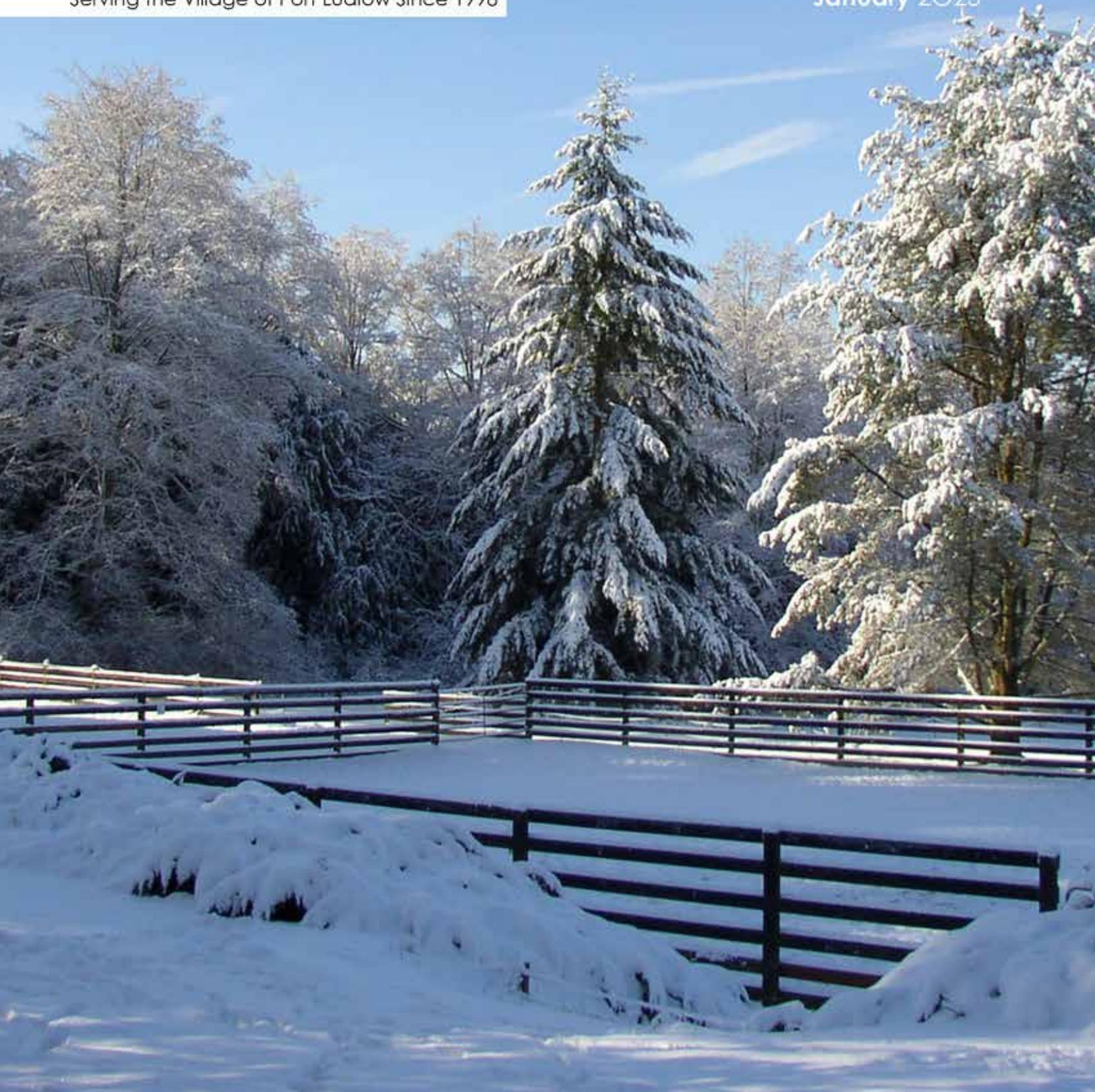


# Port Ludlow Voice

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The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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***Before attending an event, be sure to confirm the organization's in-person status.***

## The Voice Online

*plvoice.org*

**Breaking News:** Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

**Expanded Articles:** Read complete versions of articles and media appearing online only.

**Full Content on the Website:** All the content from the magazine is now posted online.

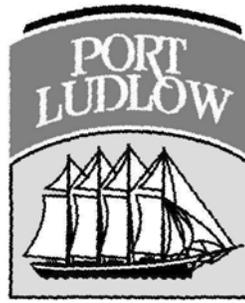
**Letters to the Editor:** Read comments, criticisms, and suggestions from other readers online.

**Advertising Information:** Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

**Archived Voice Issues Online:** Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

**Moving It On:** A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.

**ON THE FRONT COVER**  
**Photo by Steve Deligan**



**Port Ludlow Voice**

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## News & Community

### Editorial

by Carol Riley, Staff Writer

*Note: The Voice is struggling financially.*

January is a time of reflection. The month takes its name from Janus, who in ancient Roman religion and myth is the god of beginnings, transitions, passages, and endings. He is often depicted as having two faces, one looking to the future and one to the past.

Passages is the word that seemed most appropriate to me as we look back at what 2022 brought about for the *Port Ludlow Voice*. We are grateful for our new sports editor Donna Geer and the energy and diligence she has brought to the role. We are grateful for our stalwart and talented proofreaders who say “yes” month after month to bring you, our readers, a polished product—and to our “super proofer” Mary Small who casts her eagle eye upon the final copy. We are grateful to our writers and editors who miraculously produce copy that is thoughtful, interesting, educational, and timely. And we are grateful for our all-volunteer staff who is so generous with their time and talents in making the *Voice* what it is, in the words of one of our readers, “a great contribution to the community.”

The year was not without difficulties, however. As we described in the December editorial, the *Voice* is struggling financially with rising costs and reduced income.

We asked for your help, and we are happy to report that to date, we have received just under \$2500 in donations. In addition, we have received so many words of encouragement and affirmation. If you have not yet made a donation, we hope you will show your support by sending a check made out to *Port Ludlow Voice* addressed to Port Ludlow Voice, PO Box 65077, Port Ludlow, WA, 98365 or by using the donate button on our website [plvoice.org](http://plvoice.org).

We believe that this difficult financial situation is temporary as costs stabilize and advertising dollars return to the pre-Covid mark. We will continue to analyze and critique our production to make sure we are good stewards of our finances.

So, like Janus, we look backward at 2022 but very much forward to a brighter 2023.

[plvoice.org](http://plvoice.org)

Breaking News – Archive of Past Issues  
Early Access to News Articles  
Local Arts – Letters to the Editor

### Masking Indoors Recommended by Health Officers and Health Care Leaders

Communities everywhere are experiencing an unprecedented surge in viral respiratory illnesses, including respiratory syncytial virus (RSV), influenza, and Covid-19. Health officers and health care leaders recommend that everyone wear a high-quality, well-fitting mask when around others in indoor spaces for protection of themselves and others. Everyone 6 months of age and older should be vaccinated against these diseases, and those who are eligible for an updated Covid booster should get it now. In addition to RSV and influenza, new Covid variants are taking hold, and immunity from past vaccination is waning for many people who have not yet received an updated booster shot.

The flu is here to stay for months to come; please get your flu shot now. It is most dangerous for children under 5 years, adults 65 years or older, those who are pregnant, and anyone living with a health condition like asthma, diabetes or heart disease. Consult with your physician or healthcare provider about the need for testing or treatment if you are at increased risk for severe influenza or are unsure.

Stay home from work and school, and test for Covid if you develop symptoms. Those who develop symptoms, and parents of young children, should contact their physician or healthcare provider for advice or an evaluation.

Working together and using multiple, layered strategies to limit the spread and impact of these viruses will provide benefits to all of us during this fall and winter respiratory virus season and help relieve serious stress on our healthcare system.

### Bayside Housing & Services Acquires Hadlock Motel

by Carol Riley, Staff Writer

Bayside Housing & Services, a housing, advocacy, and human services agency located in Port Hadlock, closed on the purchase of the Hadlock Motel on Friday, December 9, after months of diligent work on behalf of the Bayside team. Gary Keister, Bayside’s Executive Director, was warm in his praises of Michael Moore, Bayside’s Director of Housing, for his stalwart work during the closing process.

The purchase of the Hadlock Motel, which will be renamed Woodley Place in honor of the previous owners

*continued on next page*

*Housing continued from previous page*

who operated the motel for many years, will increase the capacity of Bayside Housing by 30 percent. The purchase was made possible largely through a legislative grant spearheaded by the efforts and support of Representative Steve Tharinger.

Renovations to the facility are underway to include kitchenettes in each of the rooms. Once completed, the property will be operated as permanent, supportive housing with the same services available to Bayside residents in all their locations.

Bayside owns and operates two Tiny House villages—Peter’s Place in Port Hadlock and Pat’s Place in Port Townsend and leases 24 rooms in the tower building at the Old Alcohol Plant.

In 2022, Bayside will continue to move toward a trauma-informed model of care, which is a non-judgmental method for aiding those who have experienced and may still be experiencing trauma. Bayside Housing & Services is supporting program participants with transitional housing and wrap-around care aimed at building long-term skills.

Bayside, with the help of our local community, will continue to bring more people home, helping citizens find and keep permanent homes for life!

## Indigenous Wisdom and More with Martha’s Book Group

Robin Wall Kimmerer’s *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants* was published in 2013 by Milkweed Press, an independent nonprofit publisher. The paperback edition made the *New York Times* bestseller list in March 2020 and by November 27, 2022, had remained there for 135 weeks. Kimmerer, a botanist and a SUNY Distinguished Teaching Professor of Environmental Biology, weaves scientific knowledge and the wisdom of her ancestors, the Potawatomi, into a beautiful tapestry of stories about the natural world and our responsibility to preserve it for posterity. Martha’s Book Group will meet on **Tuesday, January 10**, at 4 p.m. to discuss this fascinating book and how word-of-mouth publicity made it into a global bestseller.

Martha’s Book Group meets monthly at the Bay Club on the second Tuesday at 4 p.m. It is open to all. For more information or a list of upcoming book selections, contact Sarah Schuch at [bookclub@plvoice.org](mailto:bookclub@plvoice.org). February’s selection will be Jonathan Evison’s controversial coming of age novel, *Lawn Boy*, with a discussion on banned books.

## The Future of Oceans at the Port Townsend Marine Science Center

Seattle-based architect Mark Johnson, whose award-winning firm focuses on designs built for climate change, will be the Port Townsend Marine Science Center’s (PTMSC) first lecturer of 2023 at its “The Future of Oceans” speaker series. His talk, focusing on “Architecture as a Tool for Action,” will be held **Sunday, January 8**, 3 p.m., at The Chapel at Fort Worden State Park.

In keeping with the PTMSC’s desire to ensure the Future of Oceans series is accessible to all, the event is free to all comers. Of course, donations are welcomed and appreciated.

Johnson’s talk will delve into current initiatives, strategies, and opportunities that building designers are employing to combat climate change.

“Architecture is the result of design and engineering of a place that does something, fulfilling both practical and expressive requirements,” said Johnson. “We know that buildings contribute up to 40 percent of global carbon emissions. Our spaces and built places must become part of our climate future.”

A licensed architect in Washington and Oregon, Johnson has delivered numerous sustainable projects to public and private clients. He brings a place-based integrative approach to his work as a design collaborator, creating places to live, celebrate, reflect, and learn. Johnson’s work with cultural institutions, municipalities, and communities has allowed him to develop a sustainability of place with a keen eye toward architecture and landscape as a system.

Johnson attended the Savannah College of Art and Design, where he earned his bachelor’s and master’s degrees in architecture. He founded Signal Architecture in 2013 following 18 years of professional practice. Johnson has also served the University of Washington’s College of Built Environments in several capacities, including studio instructor, associate professor, lecturer, and thesis advisor. Community leadership roles include board member of the Environmental Coalition of South Seattle, vice-chair of the 4Culture Public Art Advisory Committee, and commissioner of the Seattle Design Commission (2018-present).

Johnson and his firm, Signal Architecture, have received numerous awards, the most recent being a 2022 American Architecture Award for the redesign of the Fort Worden Building 305 Art and Education Center.

Since its inception in 2014, the PTMSC Future of Oceans lecture series has explored the frontiers of ocean research and emerging technologies while confronting the human capacity to understand and sustain healthy oceans. Each year attendees are challenged and informed

*continued on next page*

*Oceans* continued from previous page

with thought-provoking presentations. The series is made possible by the generous support of the Darrow family.

For more information about the lecture series, visit [ptmsc.org/programs/learn/lecture-series](http://ptmsc.org/programs/learn/lecture-series).

### About the Port Townsend Marine Science Center

Founded in 1982, the Port Townsend Marine Science Center is a non-profit 501(c)(3) educational organization whose mission is to inspire conservation of the Salish Sea. The PTMSC provides place-based, people-powered, hands-on learning for all ages including exhibits, school classes, youth camps, citizen science programs, and a lecture series. The PTMSC offers two public facilities at Fort Worden State Park, an aquarium (on the pier) and a museum (on shore), and a visitors center and store in downtown Port Townsend. For more information, visit [ptmsc.org](http://ptmsc.org).

## A New Year of Programs at the Jefferson County Library

A new year brings new programs and events from the Jefferson County Library District. These include: an eight-week series on Basic Computer Skills, winter reading events for kids and adults, and another exciting round of Live Online Author Talks. Visit the events calendar at [jclibrary.info](http://jclibrary.info) for program details.

As a special incentive, readers of all ages can earn entries into a drawing for a gift card from William James Bookseller by joining one of the Library District's Winter Reading programs. Now through February 12, kids and teens can read from select titles and vote for their favorite books, while adults will expand their horizons by exploring new genres beginning January 2.

Participants can track their progress by registering at [cleoreads.beanstack.com](http://cleoreads.beanstack.com). For even more chances to win, adults are invited to check out a copy of *Remarkably Bright Creatures* by Shelby Van Pelt.

For children ages 7-11, the library is hosting a Dinosaur Boneyard at the Library Crafting Station, open during all regular District hours. All supplies and instructions will be provided to allow kids to work at their own pace. Kids may also pick up a kit on the Bookmobile to create their Dinosaur Boneyard at home. This program will be available throughout January.

The popular Live Online Author Talks series continues in January with three fascinating conversations. On **January 12** at 11 a.m., enjoy a virtual visit with Namina Forna, *New York Times* bestselling author of *The Gilded Ones* and *The Merciless Ones*. On **January 17** at 11 a.m., chat with author and decluttering expert Dana K. White. Then, on **January 31** at 11 a.m., spend a fun-filled hour with

award-winning author and comic creator Randall Munroe as he discusses his new book *What If? 2: Additional Serious Scientific Answers to Absurd Hypothetical Questions*.

The District will also be hosting a series of one-hour classes on Basic Computer Skills. The 8-week series will take place on Fridays at 4 p.m. from **January 13 through March 3** and cover topics such as perfecting mouse skills, correcting and editing documents, organizing your files, and more. Enhance your understanding of technology and basic computer skills by attending one or more of these free workshops.

The Library is located at 620 Cedar Avenue, Port Hadlock, and can be contacted at 360-385-6544 or [information@jclibrary.info](mailto:information@jclibrary.info). View the full event calendar at [jclibrary.info](http://jclibrary.info).

## First Wednesday Luncheon

Come wind down from all the hectic holiday hoopla, and join us for some bingo with friends. You will find us on **Wednesday, January 4**, from 11 a.m. to 1 p.m. at the Beach Club. What a fun way to start the new year! This luncheon is a BYOL (bring your own lunch). Treats, tea, coffee, and water will be provided.

We thank you for your generous donations in December. The need, however, continues, so we ask that you bring donations for the Tri-Area Food Bank in the form of checks made payable to the Tri-Area Food Bank, cash, or non-perishable food and hygiene products.

A raffle will be held at the end of the program. The proceeds from this raffle are used to support the food bank during the two summer months the luncheon is on hiatus.

We ask that you make reservations by emailing [firstwednesdayluncheon@gmail.com](mailto:firstwednesdayluncheon@gmail.com) or by signing up at either the Bay or Beach Club so we know how many tables to set up and how many bingo cards to have on hand.

February's program will be a presentation on the activities of our local Habitat for Humanity. You won't want to miss it.

Hope to see you there and Happy New Year.

## Free Life Care Planning Zoom Seminars

Join Tony Hinson on **Tuesdays, January 10 & 24**, at 11:30 a.m. as he explores estate and life-care planning solutions that preserve wealth, minimize taxes, and ensure your legacy.

Topics will include estate tax issues and retirement accounts; healthcare, Medicare and Medicaid; long-term care insurance; maintaining quality of life; aging in place; preserving wealth; estate plans, supplemental needs trusts, and more. These seminars will be held live on Zoom. To register, visit [sherrardlaw.com/seminars](http://sherrardlaw.com/seminars), or call 360-779-5551.

## Port Ludlow Fire & Rescue

### Alarm Statistics November 2022

#### Alarms

Fires	3
Rescue/Emergency Medical	68
Hazmat	2
Service Call/Cancelled En Route	29
False Alarms	2
<b>Total Alarms</b>	<b>104</b>

#### Ambulance Transports

Jefferson Healthcare	17
St. Michael's	17
Medevac	3
Mary Bridge	1
<b>Total Transports</b>	<b>38</b>

#### Aid

Aid Given	15
Aid Received	14

## Best Wishes - And a Few Tips - for a Great New Year

When you take your Christmas decorations down, remember—dried out trees are a fire danger and should not be left in your home or garage, or placed outside against the side of your home. In controlled tests, fire researchers found that a dry Christmas tree can become engulfed in flames in less than 10 seconds.

You can take your Christmas tree to the compost facility in Port Townsend located at 603 County Landfill Rd., just off Jacob Miller Rd. The cost to recycle your tree is \$5.

This would also be a good time to make sure you have adequate emergency food supplies and extra flashlight batteries in advance of winter storms that could cause power outages. Waiting until the last minute to get needed items could mean you will find empty shelves at the grocery stores.

During the cold weather, if you use a space heater, keep it three feet away from anything flammable and be sure to unplug it at night before you go to bed.

To receive information about winter storms and other public safety incidents, text JEFFCODEM at 888777 and sign up to receive Nixle messages from Jefferson County Dept. of Emergency Management. Be sure to reply to the message you receive from 888777 to complete your signup.

If you have questions about the services East Jefferson Fire Rescue provides, please call 360-385-2626, or visit our website: [ejfr.org](http://ejfr.org).

## Visitor Center Volunteers Needed

by Bill Roney, Guest Writer

As you drive by the Gateway Visitor Center located at the junction of Hwy 104 and Hwy 19, you may have noticed the antique threshing machine displayed in the parking lot. Are you curious? Why not stop in and find out what's going on in the center?

As travelers choose travel destinations, the Visitor Center volunteer staff fills an important role in providing information to our visitors. Our staff and volunteers encourage visitors to “take the scenic routes” and explore the diverse beauty of Jefferson County and the surrounding areas. Visitors are encouraged to stay a little longer, spend more time enjoying what we have to offer. One of the goals of the Gateway Visitor Center is to support and promote the businesses in the county.

Would you like to be an Ambassador for our historic county and provide support to our local community? The Olympic Peninsula Gateway Visitor Center is looking for volunteers to keep our center open to the public. Our volunteers provide regional information and local expertise that travelers need. We greet people from around the world year-round and make them feel at home here on our beautiful Olympic Peninsula. We have historic exhibits in a small museum setting as well. The Gateway can give the traveler the inside information on today and yesterday in one stop. If you think you have been around Jefferson County long enough to feel local, we need you! The local economy is supported by tourism dollars, and our volunteers make a difference every day as they guide a traveler to the diversity and beauty of Jefferson County.

If this is of interest to you, please contact or visit us at the Gateway Visitor Center. Give us a call at 360-437-0120 or email us at [gatewayvcr@olympus.net](mailto:gatewayvcr@olympus.net), and we will give you the information you need to decide if this is the volunteer opportunity for you.

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### Bluebills Volunteer of the Year



Bob Keaver and Myron Vogt in 2017 at the Bluebills Fall Social. Submitted photo

The first Bluebills Myron Vogt Volunteer of the Year Award was presented to Bluebill Bob Keaver on December 5 at their annual Christmas luncheon held at the Bay Club. Bob joined the Bluebills in 2015.

Keaver has been instrumental in expanding the group of Bluebill Builders in Kitsap County. Bob served as 2nd Vice Chair for the Bluebills and has worked with many programs and events, such as the 2016 Veterans Stand Down Event, Fishline Food Bank and Support Services, and many more. This award was created to commemorate Myron and the qualities that he exemplified—Care, Compassion, Commitment, and Community. Bob exhibits all of these.

Every year the Bluebills help make the holidays special for local needy families. Between funds donated at the luncheon and monies left over from last year, this year the Bluebills have \$2500 to spend on gifts for 28 children, plus each family will receive a blanket and a \$50 grocery gift card.

Myron Vogt was a founding member of the Olympic Peninsula Bluebills. On December 6, 2000 Myron received the following award of appreciation from his fellow Bluebills: "In appreciation of your outstanding and inspirational leadership and activities as President of the Olympic Bluebills for the year 2000." He also received the Heart of Service Award from the PDN and Jefferson County Rotaries and was named Citizen of the Year by the Jefferson County Chamber of Commerce.

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## Features & Stories

### \*Small Kid Time New Year's Celebration

by Milt Lum, Staff Writer

Small kid time is a pidgin English phrase used by aging residents and expats from Hawaii to describe their childhood experiences. Island culture at the time before statehood, internet, and cell phones, reflected a care-free period of running about with slippas (flip-flops), eating with your fingers, having shaved-ice drool on your t-shirt, and burning firecrackers on New Year's Eve.

Firecrackers in Hawaii are as iconic a symbol of welcoming the new year as is the ball descending in Times Square in New York City. Firecrackers were introduced to Hawaii by the immigrant Chinese laborers who were imported as indentured servants to work the sugar plantations in the mid-nineteenth century. They celebrated each year by burning fireworks to ward off the evil spirits and portend good fortune for another year. That tradition was embraced by other ethnic groups such that it has become a part of the island culture much to the dismay of pet owners, legislators, and health professionals. In spite of legislation in 2011 outlawing the burning of fireworks without a license, the illegal practice has continued unabated.

My grandfather's yard was the center for fireworks in our neighborhood because he had the most and loudest firecrackers. He entered retirement having sold his retail store but still maintained a quiet dignity preserved from being a business owner and a merchant during the post-war years. Fireworks was his way of maintaining his prestige.

Goon-goon (grandpa) gave each of us a paper bag containing packets of firecrackers. Each packet contained four strands of 24 firecrackers wrapped tightly together. My older brother, three years older and wiser in the art of pyrotechnics, was the leader and enforcer. His first order of business was to meticulously unwrap each strand being careful to preserve the fuse to each individual firecracker. Unwrapped and filling an empty cigar box, the individual packets morphed into an awesome arsenal.

Burning the individual firecrackers throughout the day was the perfect surrogate babysitter for the older folks: We were out of their hair while they were engaged in gossip and food preparation. Using a joss stick or punk as the ignitor, each firecracker was lit and held until a critical moment when it was tossed off the porch with the intent of it bursting mid-air. Having it explode on the ground would label you as being a sissy while having it explode near the porch

or in your hand relegated you to being a dodo bird. More than one dodo bird made you relinquish your punk until you redeemed yourself by retrieving all the unexploded firecrackers to replenish the dwindling supply.

The crescendo of exploding fireworks around the neighborhood escalated as each hour moved toward midnight. Our supply of firecrackers had diminished by this time. We eagerly awaited the unveiling of the forbidden stash, off limits to the small kids. Goon-goon appeared in the hour before midnight and with him came the Roman candles, skyrockets, and bags of big checker bombs, firecrackers twice the size of the puny ones we were throwing. The crown jewel of the arsenal always appeared last - Duck Brand 10,000. Uncoiled it was a six-foot strand of tightly wound checker bombs bunched together along a single cord culminating in a hexagonal package packed with a cluster of checker bombs.

Goon-goon called for the stick, his eight-foot mango picker pole, to which he attached one end of the large Duck Brand strand. Setting that aside, he began the prelims by intermittently lighting packets of checker bombs tossing them into the driveway and street. Roman candles shot intermittent bursts of colored lights into the night sky, while skyrockets sizzled a fiery and jagged trail into the sky and fell back to earth to litter someone else's yard.

The smoke thickened and the neighbors joined the chorus. A few minutes before midnight, Goon-goon carried the stick to the street and leaned the pole against the stone retaining wall. He grasped the long dangling end of the strand in one hand, lit the fuse, and held it until the very last minute before releasing it to explode around him. He stood there alone silhouetted in smoky haze while the rest of us watched with fingers plugging our ears as the exploding checker bombs inched up the string. He didn't flinch even as the string came to its climactic burst as the cluster exploded with a roar. For us kids it was over for another year, and with his passing years later that tradition died with him.

Before going to bed, we had to have a bowl of jook, a rice soup flavored with pig's stomach, sweet radish, chicken livers, and pork meatballs. Smelling of burnt red paper, punk, and firecrackers, we were ushered into bed with the assurance that all of the nasty ghosts had been expelled and good fortune awaited us when we awoke.

## Edibles

by Carol Riley, Staff Writer

January. The first month of a new year filled with the promise of new beginnings. I always feel a little thrill of excitement and anticipation of what the year will bring, and because this is a column about food, I get excited about what is available in the markets for January.

Citrus is a star during the winter months, plentiful and delicious grapefruit, oranges, lemons and limes. Grapefruit is one of my favorite fruits. Originating in Barbados, this gem is low in calories and loaded with vitamin C. I'm sharing a recipe for Grapefruit and Avocado Salad that brings a burst of color and flavor to your menu. This salad is a wonderful complement to shrimp or crab. Grapefruit loves the richness of avocado, and avocado loves the acidity of the citrus. If grapefruit is a problem for you, feel free to substitute a Cara Cara navel orange, believed to have developed as a spontaneous bud mutation on a Washington navel orange tree.

Root vegetables are also plentiful during the winter months. Carrots, onions, and potatoes are perhaps the most popular but beets, celery root, kohlrabi, parsnips, radishes, rutabagas, turnips, and winter squash are also popular. Roasted winter vegetables are a healthy and delicious way to get vitamins A, C and K and improve your digestion. Beets are known to help lower blood pressure. My pick in this group is Butternut squash. Rich in minerals and disease-fighting antioxidants, this low-calorie, fiber-rich winter squash may help you lose weight and protect against conditions like cancer, heart disease, and mental decline. A recipe for one of my favorite soups follows—it's a vegan recipe but don't be put off if vegan is not your thing. This velvety-textured soup with a delicate flavor is a winner, and roasting the squash makes it easier to remove the seeds and flesh and brings an added depth of flavor to your soup. Enjoy!

### Grapefruit Avocado Salad

*The vinaigrette recipe makes more dressing than you will need. Refrigerate the extra in a jar and save to dress another salad!*

#### Ingredients

- 2 ripe avocados, peeled and sliced
- 2 grapefruits, peeled, segmented, seeds removed
- Lettuce (butter lettuce is nice here)

Citrus vinaigrette:

- 1/2 shallot, minced (1 tablespoon)
- 1 1/2 teaspoons chopped fresh oregano or 1/2 teaspoon dried oregano
- 1 1/2 teaspoons lime zest

- 3 tablespoons lime juice
- 1/2 cup olive oil
- 1 teaspoon sugar
- 1/4 teaspoon kosher salt

Combine ingredients for vinaigrette in a jar and set aside while you make the salad. Arrange lettuce on a serving plate, alternate slices of avocado and citrus, drizzle with vinaigrette and serve.

### Butternut Squash Soup

#### Ingredients

- 1 (3 to 3 1/2-pound) butternut squash
- 2 teaspoons kosher salt, divided, or to taste
- 3/4 teaspoon freshly ground black pepper, divided
- 6 bushy sprigs fresh thyme, divided
- 1 tablespoon extra-virgin olive oil
- 1 large yellow onion, chopped
- 3 large cloves garlic, thinly sliced
- 2 medium carrots, thinly sliced (about 1 cup)
- 2 bay leaves
- 1 (13.5-ounce) can light coconut milk
- 1 cup water (or vegetable broth), plus more as needed
- 1 tablespoon lemon juice
- 1 to 2 tablespoons pure maple syrup, to taste
- Optional garnishes: homemade croutons, fresh thyme, coconut milk, cayenne pepper and/or black pepper

Cut the stem end from the squash. Cut the squash in quarters, season with salt and pepper, and lay cut side down on a baking sheet lined with parchment paper. Roast in a preheated 400-degree oven for one hour until a paring knife slides easily into the squash. Remove from oven and allow to cool.

While the squash roasts, make the soup base. Heat the olive oil in a large saucepan or Dutch oven over medium heat. Add the onion, garlic, carrot, 4 sprigs of thyme, bay leaves, 1 teaspoon salt, and 1/2 teaspoon pepper. Sauté until the onion is very tender and translucent and the carrot is nearly tender, 7 to 10 minutes. If the onion begins to brown, drop the heat a bit. You don't want the vegetables to brown.

Add the coconut milk and water or broth. Adjust the heat so the liquid simmers. Simmer for about 10 minutes to infuse the flavors into the broth.

Remove from the heat and use tongs to pluck out and discard the thyme and bay leaves (don't worry about removing any tiny thyme leaves that drifted into the broth).

Blend and serve.

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*Edibles* continued from previous page

Add the lemon juice, maple syrup, and remaining 1/2 teaspoon salt (or to taste) to the pot. If using a standard blender, transfer the roasted squash and coconut broth to the blender. Note: liquid is hot so leave the blender top slightly open. If using an immersion blender, put the squash into the pot with the broth.

Blend until very creamy and smooth with no visible bits of vegetables. If the soup is too thick, add more water or broth as needed and blend again. Taste, adding more salt and/or pepper as desired.

## Pups Love Cove Coffee

by Snorri Pup



Woofles! Have you been to Cove Coffee? They are right by the recycling at 98 Village Way, and OH MY DOG! I pup love them! They've been open for over a year now, and I don't know how I pup lived without them.

They've got the bestest coffee for the humans, anything you can imagine, plus lots of specials, but most important is how pup-friendly they are!! Every time I tell Best Mom Friend that it is time to get some coffee (or my pals Best Beignet Friend or Best Little Buddy tell her), she drives us pups down. We get to see our favorite baristas, especially Sam and Lindsey, who greet us with the happiest hellos and give us puppuccino or treats (or, if we are fortunate, both).

Not only do they know our pup orders, but they remember the humans' orders, too, and they are a lot more complicated.

If you haven't been to Cove Coffee yet, I really recommend grabbing your bestest pal (I hear they even have cat treats) and head over to the walk-up window or the drive-thru. You'll get puptastic service, and you'll get something yummy for your tummy!

Woofles & Paw Hugs,  
Snorri!!

## Jefferson Land Trust Eyes Green Burial Options

The popularity of green burial, as discussed in the *Going Gentle, Going Green* article on this page is spreading fast. In recent news, the Olympic Wildland Burial Grounds LLC, Jefferson Land Trust's new conservation burial-focused subsidiary, has announced plans to eventually offer two natural burial options—a wildland cemetery and a memorial forest.

Wildland cemeteries provide a place for natural burials on land protected by a conservation organization. Green burial practices are followed to support sustainable cemetery management and the land is cared for with the goal of restoring and improving its ecological integrity.

A memorial forest provides natural woodland plots where ashes of loved ones (including pets) can be scattered. The land is protected from development in perpetuity and is cared for using sustainable management practices.

Olympic Wildland Burial Grounds is searching for property to accommodate a wildland cemetery and memorial forest on the same plot of land. If you know of available property that has 10 or more acres, is zoned Rural Residential, and has open space with a meadow or clearcut area please contact [info@saveland.org](mailto:info@saveland.org) to share any property information.

Learn more and sign up to stay informed at [olympicwildlandburialgrounds.org](http://olympicwildlandburialgrounds.org).

## Going Gentle, Going Green

by Evie Maxwell, Staff Writer

When it comes to caring for Mother Earth, the funeral industry, like virtually all others, has a lot to answer for. From the massive pyramids built by ancient kings to the endless acres of gravestones and mausoleums dotted throughout U.S. cities, to the potential carcinogens lurking in embalming fluids and the onslaught of man-made materials hiding beneath artificially green fields, the business of caring for the dead has not been ecologically kind.

That, however, is changing. Between our growing environmental woes and the emergence of a new green ethos, a new wave of funeral directors has embraced the concept of earth-friendly end-of-life ceremonies. Fortunately for those of us in the Pacific Northwest, some top-notch examples are close at hand.

From the viewpoint of Port Ludlow, the nearest example is the recently renovated Hillcrest Cemetery on Bainbridge Island. Dating back to 1958, the cemetery operated for

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most of its life on a purely ad hoc basis: You could be buried there, but you (or your descendants) had to know whom to ask.



By 2018, the burial grounds were overgrown, and the woman charged with their care was overwhelmed. She was looking to give it all up when she happened to meet fourth-generation funeral director Tim Dinan and his wife Alison at a local dog park.

“My wife and I were searching for a complimentary addition to our funeral home,” Dinan says, “and the idea of this property appealed to us.”

He went looking for the place. It wasn’t easy to find, at least not until Dinan enlisted the help of a local grave digger who remembered the beauty of the cemetery in the past.

“Once we saw the land and learned more about its history, I thought that this was something that needs to be preserved,” Dinan says.

Tim and Alison made a deal for the property and, after an intensive cleaning-out period, the new Hillcrest ([hillcrest-cemetery.org](http://hillcrest-cemetery.org)) opened its doors. Some of the first people to walk through those doors requested green burial services. Dinan liked the idea, and the course was set for a newly envisioned Hillcrest offering everything from traditional services to a full range of green burial practices, with full certification from the national Green Burial Council.

At its most basic, Dinan notes, “Green burial means that nothing is done to the body to stop the natural process of decomposition, and nothing is introduced to the ground that is not naturally made.”

Thus, there are no caskets made of artificial materials, no concrete, nothing to interfere with Mother Earth.

In practice, however, there are many options.

“The most ecologically friendly of our practices is the natural burial,” Dinan says.

This involves a simple shroud for the body, a backboard, wooden slats and greens lining the bottom of the grave.

“The body is put in the grave, we remove the backboard and people can choose to take up shovels and fill the grave in,” Dinan says. “Participants have told me afterwards that there’s a real simplistic beauty in this. It brings the reality of living and dying to the forefront, and we need to embrace that.”

After the natural burial, the next most ecological choice in the world of green burials is composting, which is exactly what it sounds like. The body is put into a chamber at the Return Home facility outside of Seattle. There the remains decompose into soil, after which they can be returned to the earth.

After composting, the next choice is something called aquamation or alkaline hydrolysis. This is a flameless cremation utilizing a warm alkaline solution instead of fire. That fire, known as cremation, comes last on the list of green burial choices.

As a side note, an option for those who chose aquamation or cremation is the ability to turn remains into art pieces. Art glass, perhaps. A beautiful stone. Or even a diamond. But that’s a story for another day.

Still, while we’re discussing value, here’s another key benefit of green burial: By eschewing man-made products of all kinds, it cuts the cost of end-of-life services about in half, which, at today’s prices, means approximately \$5,000 instead of \$10,000. (Unless, of course, you go for one of those art options which, as we’ve said, is another story.)

In sum, while burial is not a popular topic for conversation, it is inevitable—an inescapable part of the cycle of life that is nature. Thus, it shouldn’t be surprising that when nature is allowed a key role in our end-of-life ceremonies, those ceremonies can speak to us, and to the earth, in more meaningful ways.

## 15 Year Battle for Martin Luther King Jr. Day

by Carol Riley, Staff Writer

*“I just never understood, how a man who died for good, could not have a day that would, be set aside for his recognition...in peace, our hearts will sing, thanks to Martin Luther King” – Stevie Wonder*

President Ronald Reagan signed the King Holiday Bill into law on November 2, 1983, and the first national observance took place in 1986. By the year 2000, all 50 states had made it a state government holiday as well. Although Dr. King was born on January 15, 1929, Martin Luther King Jr. Day is celebrated on the third Monday of January.

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Although the legislation to recognize Dr. King was introduced just four days after his assassination, it took 15 years of persistence by civil rights leaders and others, including the determined efforts of Michigan Congressman John Conyers, to have the bill pass in the House and the Senate.

In 1979, on the 50<sup>th</sup> anniversary of King's birth, the bill finally came to a vote in the House. Even with a great deal of support from President Jimmy Carter and others, the bill failed to pass by five votes.

Even though the bill failed to pass, public support was growing and one of the most vocal supporters, literally and figuratively, was the singer and musician Stevie Wonder. His 1980 album "Hotter than July" featured "Happy Birthday," an ode to the vision of King and a cry for recognition for his achievements with a national holiday.

When the bill came to the House again in 1983, the support for the bill was overwhelming. Stevie Wonder, Coretta Scott King, and the Congressional Black Caucus had amassed a six-million-signature petition in favor of the holiday. The bill moved to the Senate and after two days of debate, it was passed, and President Reagan agreed to sign the legislation.

In 1994, Congress passed the King Holiday and Service Act, designating the Martin Luther King Jr. Federal Holiday as a National Day of Service. The legislation was inspired by the words of Dr. King, "Life's most persistent and urgent question is, 'What are you doing for others?'" It was proposed by former Congressman John Lewis and former Senator Harris Wofford to encourage Americans to use the holiday to find ways to improve their communities, thus making it "a day on, not a day off."

Today, it is the only federal holiday designated as a National Day of Service to encourage all Americans to volunteer and work to improve their communities.

## **The Chamber of Commerce: Not Just for Businesses**

*by Beth Pratt, for Compass & Clock*

Most people recognize chambers of commerce for promoting member businesses or hosting networking events. Chambers are perhaps less well known for their work on behalf of municipalities and individuals. In fact, many chambers support their communities with projects like these:

- Sponsoring scholarships for high school seniors and internships for students considering careers in business, hospitality, or civil service.

- Offering open presentations and classes on a variety of local topics.
- Serving as the registration hub for marathons, fun runs, or biking events. Chambers of commerce often sell event-specific promotional items, as well as general regional merchandise such as hats or t-shirts.
- Partnering with city governments to organize festivals and public programs like music in the park or pickleball competitions. Chambers often produce a monthly calendar to highlight these events.
- Providing newcomers with lists of local restaurants, churches, and parks.

In addition to the community work highlighted above, the chambers of commerce in Washington state often operate visitor information centers on behalf of tourism bureaus. These welcome centers are stocked with brochures featuring nearby lodging, recreational activities, and historical sites. While the centers are managed by chambers of commerce, daily operations are staffed by knowledgeable volunteers who answer tourists' questions about the region.

Volunteers can also be paired by chambers of commerce with local organizations like emergency-management groups or libraries. And chambers sometimes associate volunteer members with their ambassador groups, which participate in ribbon cuttings, business openings or anniversaries, and kickoffs for events and festivals.

For area newcomers, these kinds of volunteer positions provide a way to meet people, become familiar with businesses, and learn about the culture of their new town. In fact, there are often newcomer clubs attached to chambers of commerce.

For established residents, first-time entrepreneurs, or retirees, the chamber of commerce can provide a way to interact with other community members while having a direct line of communication to local leaders in business and government. It's also a good way to support neighbors and friends in their enterprises, schools, and non-profit organizations.

Most chambers of commerce offer individual memberships as well as business memberships. Dues are used for a variety of events, information channels, and projects throughout the community.

*Beth Pratt is executive director of the Sequim-Dungeness Valley Chamber of Commerce.*

*Compass & Clock is an organization that provides information for living in middle age, retirement, and senior years.*

## Meet Your Firefighters

by Ron Dawson, Guest Writer



Meet Naaman McGuffey, Resident Firefighter/EMT in-training at Port Ludlow Fire and Rescue. He began his career in September and has been in the position for three months. He is from Port Angeles, where he has lived his whole life. He decided to become a firefighter after several ride-alongs

responding to emergency calls. He has a desire to serve the community and to “do work worth doing.” After seeing a traffic accident at Highway 104 and Paradise Bay Road, where the department responded, he knew that the job provided the opportunity for him to serve the public. He had previously been considering joining the Marines as a military option.

Naaman comes from a family involved in the fire service. His father, Wicus McGuffey, is a lieutenant at Port Ludlow Fire and Rescue, and his older brother Colton is a Clallam County District 3 firefighter. His mother is Michelle, and he has an older sister, Kyrsten, in college in New York. He also wanted to be a firefighter after watching his dad do the job while he was growing up, and seeing how much his dad enjoyed the work. He admires what his dad has done for our community and wants to do the same.

When he is not working, he likes being in the outdoors, hiking, camping, and fishing. He has been involved in track and cross country running and participated in the state tournament where his team finished in fifth place, a big accomplishment for Port Angeles. He still participates in community races.

The thing he likes best about his job is being able to help people, and he likes the other team members he is working with. Naaman enjoys coming to work every shift. He says the hardest part of the job is seeing people having some of the worst days of their lives. You do the very best you can in your response, but it may not be enough. The other challenge is the constant training and learning how to do everything for the first time.

After completing his training he would like to be a career firefighter and get involved in technical rescue operations.

When asked about what people may not know about him, he says he “has a pretty good vinyl record collection.” He is a young man at the beginning of a promising career.

## One of the Great Benefits of Being Retired: Travel

by Tim Rensema, Staff Writer

Covid-19 delayed our trip to Australia by two years, but we finally made it there in October. We travelled on a Roads Scholar tour called An Australian Odyssey that took us from “Melbin” (as Australians pronounce Melbourne) to Alice Springs and Uluru, to “Cans” (Cairns), and finishing up in Sydney. Road Scholar, unlike many other tour groups, is a nonprofit organization, with an emphasis on education. Roads Scholar handled the hotels (which were phenomenal), most of the meals, entry fees, and travel in-country. If some event, such as a flood or fire, restricts a particular part of a tour, they have a backup plan. If you wish for them to handle your travel to and from the U.S., then that is an option as well.



Uluru (Ayers Rock) taken at sunset.

Photo by Tim Rensema

Enough of the advertising. Regarding Australia, I am sure many readers have been there, either on their own or with a group. I can only say that I hope your trip was as great as mine. Probably the best aspect of the trip was the fellow tourists. They all were interested and wanted to be there. There was one gentleman who had recently undergone hip and knee replacement during Covid. He did not move very quickly but he sure was game. Our tour guide paid particular attention to him with regard to his mobility requirements. We had doctors, lawyers, teachers, government workers (yes, a chief for the IRS), retired military, as well as an engineer. However, one thing that can be said is that during the seventeen days of being together there were no conflicts...and not much discussion about politics, either.

In Melbourne we learned about the history of Australia being settled by convicts which, early on, folks were not happy to admit, but now they are proud of this ancestry. The Australian constitution divides responsibilities between the federal, state, and districts, and the High Court addresses conflicts. There are six states and two territories (Canberra and Northern Territories). An interesting aside is that by law, people in Australia are mandated to vote! Our guide (who was a lawyer and teacher) knew more about our Constitution and politics than I think most Americans do! The big event for our trip in Melbourne was to travel

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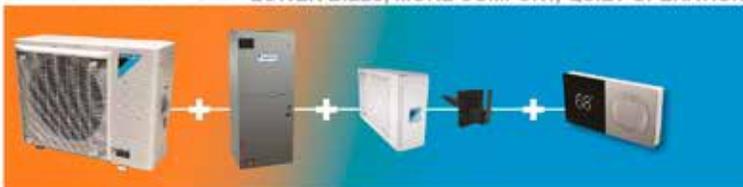
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## Spotlight

### READ to ROVER

by Donna Geer, Staff Writer

Brow furrowed, the boy shuffled three books on the floor in front of the beagle and matter-of-factly asked, “Which book do you want to read, Cooper?” The library books were of different size and color, but they all had one thing in common—dinosaurs. I held my breath, wondering if I should nudge my dog to sit up since he was on the verge of snoring. Maybe it was the excitement in the child’s voice, but Cooper opened one eye and stretched his front paw towards the closest book with the red Velociraptor on the cover. Luckily, Cooper wasn’t partial to reptiles of any kind, because the boy quickly noted that he preferred the book with the purple Tyrannosaurus rex. So Cooper and I looked at pictures of plum-colored T-rexes with an excited seven-year-old while reading a story that may have included a dragon or two, and maybe even a yellow Stegosaurus.

Cooper and I are one of 40 volunteer teams in Jefferson County for READ to ROVER, a literacy program run by Olympic Mountain Pet Pals (OMPP), a 501(c)(3) non-profit organization. Our program is currently in Salish Coast Elementary School, Port Townsend; and Chimacum Creek Primary School, Port Hadlock; where second graders get to read to a dog every week. READ to ROVER’s goal is to improve a child’s reading skills by encouraging a love of reading through the use of registered therapy dogs. Dogs aren’t concerned with skill levels, so children read out loud to them without inhibition. It’s infectious, as you can imagine. These same children often start reading to their own pets at home.

The READ to ROVER program is successful because of our volunteers and their dogs. It really is as simple as that. Our volunteers come from all over and recently, I had an opportunity to talk with some of our Port Ludlow volunteers: Maggie Smith, Kristina Kelley, and Karin Nyrop. I asked them to share their favorite ROVER stories and talk about why they decided to volunteer with READ to ROVER. Every volunteer I know has a story or two up their sleeve, and they didn’t disappoint.

Maggie Smith, who’s lived in Port Ludlow since 1975, has been part of the READ to ROVER program for 12 years. Her dog Franna passed away a year-and-a-half ago, so now she partners with a labradoodle named Boo Radley, but it’s Franna that dominated our conversation. When Maggie talked about her, it was as if she were still in the room. Franna was a black lab in training to be a guide dog, but it was as a therapy dog that Franna found her calling. Maggie used to be a public-school health nurse and has trained seven guide dogs. Part of that training required socializing the dogs in public settings, so Maggie would take them to school. When they became READ to ROVER volunteers, Maggie and Franna would both end up at Chimacum Creek Primary School, with different jobs in a familiar setting.

As you can imagine, kids, dogs and volunteers often develop special relationships, particularly when they see each other weekly. Maybe it’s the casual setting that lays the foundation. After all, anyone sitting on the floor or a bench armed with a good book is bound to feel at ease after a while. What’s really fun is watching the creative ways kids learn, even when one thinks they’ve seen it all.

One little boy sitting with Maggie and Franna developed his own reading aid. Sitting on the floor with legs stretched, he settled into his books while Franna snuggled against his leg. Sometimes the boy struggled to pronounce words, so Maggie



Three fabulous readers with their Rovers: Maggie Smith and Franna (top left); Karin Nyrop and Abbey (bottom left); Kristina Kelley and Finn (right).

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would help him sound out the syllables. Sometimes he lost his place on the page but that's where his own ingenuity worked out the perfect solution. The boy used Franna's long tail like a pointer in his hand, guiding the tip underneath each word, underlining the important ones. Franna patiently lay by the boy's side, sometimes snoozing through the story, but always alert for the turning page.

Karin Nyrop kayaked into Port Ludlow Bay just for fun in 1987 after a business conference, knew she wanted to live here one day, and five years later she'd bought a house with her husband. Karin was a lawyer and when she was ready to try something new, READ to ROVER was on her list of post-retirement activities because she could do it with Abbey, a four-year-old black English lab with a sweet demeanor and steady, soulful eyes. The therapy dog test was pretty easy for Abbey, who had obedience classes before she was a year old, and on her first day, her mellow disposition was on quiet display as she lay listening to the children read their books.



*Juniper Orr and Read to Rover therapy dog Darby.*

Photo by Carla Ellis

READ to ROVER sessions generally last about 20 minutes, which is long enough to get acquainted. At the beginning, children talk about their own pets and ask questions about the dogs. When the sessions end, volunteers often provide stickers for the kids and treats for the pups. In between, it's all about the reading. Even though it was their first day of READ to ROVER, Karin and Abbey were able to engage with the students in a meaningful way. The first boy brought his chapter book with him, diving right into the business of reading. He was on a mission, clearly an impressive reader, and didn't want a sticker for a job well done. A little girl schooled Karin and Abbey on how to correctly spell her name before launching into her story, determined to make sure everyone pronounced it correctly whether they needed telling or not. Another little boy didn't get as far into his book, as he struggled with some of the harder words, but he

phonetically sounded out each letter until he'd pronounced all the words correctly.

Karin described her first day with the students at Salish Coast Elementary as fun and rewarding, a reflection of the positive impact teachers, parents and READ to ROVER volunteers have on students. She was impressed with her experience and thought it was a great way to engage with the local community with Abbey at her side.

Kristina Kelley has been living in Port Ludlow for about two years with her husband, moving from California to be closer to family. She had discovered Port Ludlow's allure when she came for a business conference in the early 1990's before the Port Ludlow Inn was built and she was charmed by the town just like Karin had been years earlier. Kristina is a semi-retired public relations consultant for a winery and last year, she joined our READ to ROVER program with her dog Finn, an energetic Weimaraner with a beautiful silver-grey coat. Kristina was looking for something fun to do outside of work and knew Finn would be a good READ to ROVER candidate when she saw how gentle he was with her mother.

One of Kristina's favorite memories from last year was our final READ to ROVER session. Instead of having our regular reading sessions on the last day, we decided to have all the kids come in so they could say goodbye to "their" dogs. As the second-grade classes flooded the library, they brought hand-made cards for their favorite READ to ROVERs. The atmosphere was just like a party, with the dogs as excited as the volunteers, maybe more. We were loud in the library—shhh!—but every child got to hug their favorite Rover and walked out with a bookmark featuring every dog.

The READ to ROVER program helps a child associate reading with something fun and as an avid reader herself, Kristina believes reading sets kids up for success. It's also a great way to meet people with similar interests, especially if you're partial to dogs. Just ask Finn – he continues to make all kinds of friends in school.

It's easy to guess why READ to ROVER is such a great program. There's a special bond between our volunteers, their therapy dogs, and the children they read with. You can see some of our teams in action by watching our video at [ompetpals.org](http://ompetpals.org). You can also learn more about the requirements for becoming a therapy dog on our website. Testing includes all elements of the Canine Good Citizen (CGC) test, with additional considerations for distraction avoidance in noisy and busy crowds, as well as handling by strangers.

*continued on next page*

*READ continued from previous page*

Maggie knows the impact READ to ROVER has on students, as she can see the steady improvements in a child's reading level throughout the year. Kristina still has her hand-made cards and the bookmark with Finn's photo at the top is on the fridge. She says it always makes her smile. Karin is sure you'll pass the therapy dog test with ease if your dog has the right temperament, just like Abbey did. And Cooper? He's excited when he wears his READ to ROVER scarf, because it means he's going to school with the children, and maybe he'll get to squeeze in a nap while he's there.

In addition to READ to ROVER, Olympic Mountain Pet Pals supports Pets to People, a volunteer program for weekly therapy dog visits with residents in local assisted living homes. OMPP also provides financial assistance to the Humane Society of Jefferson County and Center Valley Animal Rescue to provide spay/neuter services to low-income residents. If you are interested in learning more about volunteering with Olympic Mountain Pet Pals or donating to our organization, please visit us at [ompetpals.org](http://ompetpals.org). We are also on Facebook and Instagram as [@ompetpals](https://www.instagram.com/ompetpals).



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## Arts & Entertainment

### Port Ludlow Art League



Purple Haze, by Pamela Raine.

#### Artist of the Month – Pamela Raine

After a long-awaited trip to New Zealand to visit her daughter and meet her new granddaughter, Pamela brought back two six-foot sections of wool that was used as insulation by a meal kit delivery service. As her daughter was about to toss the wool, Pamela said, “Wait. I can do something with that.” And so started Pamela’s exploration into fiber art.

In a nutshell, fiber art refers to fine art whose material consists of natural or synthetic fiber and other components. Fiber art focuses on the materials used and the artist’s effort in constructing the artwork as part of the works’ significance, prioritizing aesthetic value over utility.

During January, you can view Pamela’s fiber art exhibit at the Sound Community Bank and online at [portludlowart.org](http://portludlowart.org). The bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

For more information, please email [info@portludlowart.org](mailto:info@portludlowart.org).

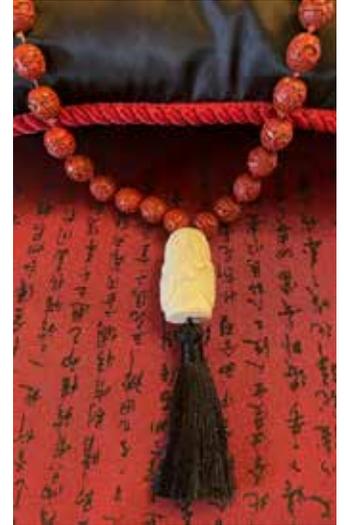
#### Jeweler of the Month – Mary Lynn Laker

Mary Lynn designs necklaces, earrings, and bracelets in a wide variety of styles and materials including silver, bronze, gems, felt, crystals, and stones. She favors Asian-themed designs and has fashioned fish, kimono, and Buddha figurines into a striking collection of jewelry.

In January, Mary Lynn’s distinctive jewelry designs will be on display at the Port Ludlow Art Gallery and at the Sound Community Bank. You can also view Mary Lynn’s jewelry online at [portludlowart.org](http://portludlowart.org).

The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow. The gallery is open every Thursday and Friday from noon to 4 p.m.

For more information, email [info@portludlowart.org](mailto:info@portludlowart.org).



Necklace by Mary Lynn Laker.  
Submitted photos

### Art League Group Art at the Bay Club

The art exhibit at the Bay Club during January and February is entitled *Burst of Color*—just what’s needed to elevate our spirits during the cold, winter months. Be sure to stop by the Bay Club and vote for your favorite artwork.



Joy, by Ann Gagnier.

Submitted photo

The Bay Club is located at 120 Spinnaker Lane in Port Ludlow. For more information on art exhibits at the Bay Club, please email Alan Ahtow at [info@portludlowart.org](mailto:info@portludlowart.org).

## Free Concert at Beach Club



*Pamela Roberts and Michael Carroll.*  
Submitted photo

Mark your calendars for **Saturday, January 21** at 2 p.m. when musicians Pamela Roberts and Michael Carroll will present a free concert of music for cello and piano.

Cellist Pamela Roberts' resume includes principal cellist in Washington's All-State Orchestra and the National Congress of Strings. Pamela was awarded the top music scholar-

ship at the University of Washington for five years, worked with the Aspen Music Festival and the Cleveland Chamber Music Seminar, studying with members of the Budapest and Juilliard String Quartets. She has performed with the Seattle, Bremerton, and Port Townsend Symphonies, the Philadelphia String Quartet, the Northwest Chamber Orchestra, and Seattle Early Music Guild. Pamela's teachers included Eva Heinitz and Toby Saks.

Pianist Michael Carroll began piano study at age eight and studied with several teachers, most notably Robert Van Meter at Clarion State College in Pennsylvania. Since moving to Seattle in 1990, he has played numerous recitals, chamber music performances, and concertos by Haydn, Mozart, Poulenc, and Bartok. An experienced choral and vocal accompanist, Michael performed with many Seattle ensembles and soloists, and for ten years was the staff pianist and program annotator for Seattle's Thalia Symphony Orchestra.

Pamela and Michael's program will include works by Beethoven, Poulenc, and Piazzolla.

## Comedy Improv is Back!

Port Ludlow's very own improv group, Disorderly Conduct, returns to the Beach Club on **Saturday, January 28** at 7 p.m. Tickets are \$10 at the door.

Formerly called "Anything Goes," the group has been in existence for over eight years. With some changes in members and transition to a more active performing group, a new name was chosen to give the troupe a fresh identity.

Original members are Pete Alexander, Madelyn Curll, David Johnson, and Nancy Peterson, the director. New members are Karen Ni, Keith Bowen, and Mary Fortman.

Comedy improv relies upon suggestions from the audience to create on-the-spot scenes that are spontaneous and often hilarious. No two shows are ever the same, but they are always great fun. Come join us for an evening of laughs!

## TAKE3 Trio Brings Genre-Defying Show to Bay Club

*by Dave Cunningham, Staff Writer*

It's not likely you will ever see a concert in which the band plays music by such strange bedfellows as Bach, The Beach Boys, Beethoven, The Beatles, Bizet, and Bieber... unless you come see TAKE3 on **Saturday, January 21, 7:30 p.m.** at the Bay Club. No genre seems to be off the table for this three-member band that was founded by Lindsey Deutsch, who toured the world with another genre-defying performer—Yanni—as his featured violin soloist. While Yanni is known most for his new-age fusion-jazz, classical, soft rock, and world music, TAKE3 is entirely different, bouncing back and forth from rock, pop, jazz, classical, country and everything in between. As Forrest Gump said, TAKE3 is like a box of chocolates...you never know what you're going to get. Tickets are available online for \$35 each at [portludlowperformingarts.com](http://portludlowperformingarts.com).

## Rose Theater Has New Owners

*by Bev Rothenborg, A & E Editor*

Thirty years ago Rocky Friedman purchased a building which eventually became the Rose Theater in Port Townsend. Over the years it has evolved from just one movie theater to three separate venues. From the Rose to the Rosebud to the Starlight Room, you may choose from a selection of films. Owner Friedman has recently sold the business to new owners.

All the theaters are comfortable with good acoustics, but I have to admit that I love attending films in the Starlight Room! When the drapes are pulled shut and the chandeliers go dim, I can settle in my chair or loveseat with a cocktail from the bar and, perhaps, dinner from the Silverwater Cafe just below. The films shown are always the cream of the crop.

You don't have to travel to England or to New York City to see the National Theater of London or Metropolitan Opera Live as these films will be at the Rose. Go to [rosetheaterporttownsend.com](http://rosetheaterporttownsend.com) or call 360-385-1089 for current information and for show times.

## *Bay Club / South Bay*

### **South Bay Community Association Update**

*by Gil Skinner, President, SBCA Board of Directors*

Happy New Year! Hopefully everyone had a wonderful holiday season. I know the Bay Club was busy with parties and filled with laughter. Let's work to keep these upbeat feelings from the holiday season all year long!

Some very exciting news from the SBCA Board meeting in December. The Board approved an ad hoc committee to prepare a series of "packages" for potential improvements to the Club's "backyard." After the packages are defined, with cost estimates, there will be some town hall meetings designed to help explain various options for moving forward. These "packages" will ultimately be submitted to SBCA members for one or more advisory votes on future direction for the Club. Why is this so exciting? Well, in the past members have been asked would you like this or this or whatever, but there has not been a cost attached. Most of us when given a list of cool stuff and asked if you want this, would all say Yes. No cost, no problem, I want it. However, if I say here are some options and here are associated costs most of us become more selective and better shoppers. Hopefully this process of soliciting input from our members will lead to more member involvement in deciding what we collectively want as a community. Stay tuned, as this ad hoc committee has already been meeting and plans to have initial work done in January or early February!

Not an SBCA lot owner but want to join the Bay Club? You can!

As another New Year dawns, many of us are making New Year's resolutions to improve our lives. Over half of us will predictably vow to exercise more, but a growing number are adding a new one this year: getting more socially involved with others. This is because the Covid pandemic has disrupted our connections with other people. Not only are we lonelier than ever, but many of us are also aching for some sense of pre-Covid "normalcy."

If exercising and socializing are on your resolution list, please take note. The Bay Club is offering "Associate Memberships" to non-SBCA lot owners. This means everyone can access our outstanding gym, indoor pool, exercise classes, groups, and social events. All you have to do is contact Mark Torres, the SBCA General Manager, at [gm@sbcclub.com](mailto:gm@sbcclub.com) and indicate you are interested in becoming an Associate Member. Mark can explain how it works and the costs involved.

#### **SBCA Important Dates**

**Monthly Board Meeting  
Thursday, January 12, 9:30 a.m.**

Unless there are changes to county requirements, meetings are in person.  
All SBCA members are welcome

To keep informed of meeting dates and times, please visit: [sbcclub.com/home/schedule-sbca](http://sbcclub.com/home/schedule-sbca)

Committee Meeting minutes are posted at [sbcclub.com](http://sbcclub.com), then click on Board Minutes Page

Experts argue that our habit of making New Year's resolutions reflects a deeply held American belief in the individual ability to be self-made. If you are ready to improve your life in 2023, please check out the Bay Club at 120 Spinnaker Place, Port Ludlow, for a personalized tour, or visit this address for a virtual tour [sbcclub.com/videos/2020/facilities.mp4](http://sbcclub.com/videos/2020/facilities.mp4).

For more information or to schedule a tour, please contact Kate Lore at [kate.bayclub@gmail.com](mailto:kate.bayclub@gmail.com).

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*A church by a clearcut  
above a gas station next to recycling  
in a village in the woods by the bay*

## *Beach Club / North Bay*

### Update from the Manager

*by Brian Belmont, General Manager*

The 2023 Annual Assessment notice and 2023 Budget information was mailed to our LMC members on November 30, so if you haven't received this information, please call the Beach Club or send me an email and we will get you a copy of the mailed material.

We have many members that head south to enjoy warmer temperatures during the winter months. If you let our Ludlow Maintenance Commission (LMC) staff know in advance, we can have any mailed correspondence sent to your alternate address during the period you are away from Port Ludlow. In most years we are mailing assessment and budget information at the end of November, and at the end of March we send out Annual Meeting voting packets. To ensure that you receive this important information on time, please let us know if there is an alternate mailing address you would prefer we use while you are away.

LMC will conduct its annual meeting and election on **April 15**. I would like to encourage our community members to volunteer and run for a position on the LMC Board of Trustees.

There are three (3) Trustee candidate positions open this coming April; two (2) representing lot owners, and one (1) representing condominium owners. All three positions are three-year terms. In addition to serving on the Board, our Trustees also serve on a least one of the LMC standing committees.

Serving on the Board can be a rewarding experience as an advocate for your North Bay neighbors. The Board will help determine our organization's short- and long-term goals.

If you are interested in learning more about serving on the Board of Trustees, please talk to any of our current Board members or me about serving as a Trustee.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at [beachclub@olympus.net](mailto:beachclub@olympus.net).

### Volunteer Needed!

The *Voice* is in need of a North Bay resident to be the North Bay Editor. Time commitment is minimal. If you are interested in finding out more, please contact [editor@plvoice.org](mailto:editor@plvoice.org).

LMC and the Beach Club  
 Phone: 360-437-9201  
 Email: [BeachClub@Olympus.net](mailto:BeachClub@Olympus.net)

Sign up for our monthly *e-Navigator* by emailing the above address.

Visit [LMCBeachClub.org](http://LMCBeachClub.org) for more information about your North Bay HOA



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## Village Council

### PLVC Minutes

by Mike Towner, PLVC Secretary

PLVC Board Members attending: Jim Moffitt, Mike Towner, Paul Hinton, Ken Sondergard, Jane Holmes, Dave Jurca, Joan Johnston (LMC) and Randy Edwards (SBCA). Vice President Tam McDermid was absent.

#### Stakeholder Updates

**Jeff Chapman, Jefferson County Assessor**, presented the County Council Report in Greg Brotherton’s absence.

Jeff announced changes to the County personnel. He also explained changes in property assessments for the coming year. Property values have increased, but levy rates are declining by a similar amount, so he predicts that property taxes for the coming year will be similar to the prior year. Port Ludlow MPR and Marrowstone property values are among the highest in the county. Jeff will share the various statistics discussed with the Board.

**Diana Smeland, President of Port Ludlow Associates**, announced the Christmas tree is up in the Village Center. The lighting ceremony will take place on Saturday from 4:30 to 5:30 p.m. The Inn also has a tree for Christmas for Kids. The Fireside Restaurant will be putting on Pasta Night on Wednesdays for its themed dinners as well as for Christmas Eve. The restaurant will be closed for Christmas but will be open for a special New Year’s Eve Farm-to-Table tasting menu.

The golf course will be doing a winter series that will go through March. They will be conducting a food drive for the Tri Area Food Bank for the month of December.

The marina will be having a lighted boat parade on December 23.

Real estate: Still working on OT II Phase 2.

Dave Jurca asked about OWSI contingencies for power outages such as the recent PUD outage and Diana explained how static and portable generators are deployed for both water and sewer operations.

**Jameson Hawn, Jefferson County PUD Digital Communications Specialist**, provided an in-depth review of the impact and remediation activities during the recent power outage, which he characterized as being five times greater than the next largest outage in the PUD’s history. This included a behind-the-scenes look at the storm response, which can be viewed at the PUD’s website: [jeffpud.org/the-other-end-of-the-line-storm-dispatch](http://jeffpud.org/the-other-end-of-the-line-storm-dispatch).

### Village Council Meetings

**Board Meeting**  
**Thursday, January 5**  
 3:00 p.m., TBD

**Workshop Meeting**  
**Tuesday, January 17**  
 3:00 p.m., TBD  
[plvc.org](http://plvc.org)

He also explained how the substation network works and how power can be switched from one substation as needed in the event of a major outage, and how power utilities back each other up. Jameson concluded his power-related presentation with the topic of generator safety during an outage that can be viewed at [jeffpud.org/safety/generator-safety](http://jeffpud.org/safety/generator-safety).

**Dr. Tamara Meredith, Director of Jefferson County Library District**, provided an in-depth presentation describing many aspects of the library’s mission and operations. Her presentation can be viewed at [jclibrary.info/jclgiving](http://jclibrary.info/jclgiving) and [jclibrary.info/survey2022](http://jclibrary.info/survey2022).

#### Committee Reports

**Dave McDermid** reported on the status of lighting the median trees for the holidays and preparations for the Christmas tree lighting ceremony.

#### LMC and SBCA Updates

**Joan Johnston** reported the LMC Beach Club has been busy with holiday gatherings. The indoor pool remains heated for lap swimming. She also reported staff is stable with new employees having completed their training.

The Polar Plunge will take place on December 31 at the outdoor pool. All of Port Ludlow is invited to participate.

**Randy Edwards** gave a quick overview of activities at the SBCA Bay Club.

#### Citizen Correspondence / Comments

No comments.

#### Board Business/Reports/Actions/Discussions/ Old - New Business

**Dave Jurca** requested that Jameson provide information regarding the JeffCo PUD Broadband Internet plans.

Jameson then provided an overview of the future of PUD-provided Internet broadband service within the

## Recreation & Sports

### Winter Golf at Port Ludlow Golf Course

by Jim Mancill, PGA, Head Golf Professional

Just because it's winter doesn't mean the golf games stop. If you're looking for out-of-season tournaments or informal golf events, the Port Ludlow Golf Course is hosting the Ludlow Winter Golf Series and the Thursday 9-Hole Skins Series. You can sign up at the Golf Shop in person or by phone at 360-437-0272 or by emailing [jmancill@portludlowresort.com](mailto:jmancill@portludlowresort.com) to reserve your slot.

#### Winter Golf Series

The cost is \$70 per player (non-member) or \$45 for PLGC members and includes the green fee, lunch, and prizes.

Dates available are:

- **Saturday, January 14** | 4-Player ~ Shamble
- **Saturday, February 4** | 2-Player ~ Par 3 Challenge
- **Saturday, February 25** | 2-Player ~ 6-6-6 Better-Ball, Alt. Shot, Scramble

#### Thursday 9-Hole Skins Series

The cost is \$25 per player (non-member) or \$10 PLGC (member). Entries close at 4 p.m. on the Tuesday prior to the event and hole assignments are available by Wednesday at 10 a.m. All have a 1 p.m. shotgun start.

- **January 19**
- **February 16**
- **March 23**

For more information on the Port Ludlow Golf Resort activities, visit us at [portludlowresort.com/golf](http://portludlowresort.com/golf) or check us out on Facebook at [facebook.com/PortLudlowGolfCourse](https://www.facebook.com/PortLudlowGolfCourse).

Jim Mancill, Head Golf Professional and PGA member, has been with the Port Ludlow Golf Course since March of this year after moving from Hilton Head Island, South Carolina. Next month, he will start sharing monthly golf tips on ways to improve your game.

### Port Ludlow Hiking

by John Nuereberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads and depart at 8:30 a.m.

The hikers abide by the "Stay Healthy" recommendations and follow CDC guidelines for outdoor recreation.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to [plhikingclub@yahoo.com](mailto:plhikingclub@yahoo.com), or go to the club's website at [portludlowhikingclub.com](http://portludlowhikingclub.com) and click on Contact to send a message.

#### Friday, January 6 – Anderson Lake Trails

There are over 8 miles of trail at this local State Park. The group will explore approximately 5 miles for an easy walk around the lake and through the forest. Expect some mud on the trails. We will park at the gate on Anderson Lake Road since the facilities are closed for the winter. There will not be any restroom facilities open. A parking pass is not required as we are parking outside the park. Hike leader: Dan Darrow, 360-437-9208.

#### Friday, January 20 – Barnes Creek Marymere Falls

We start at the trailhead at the ranger station and hike .7 miles to the side trail and climb to Marymere Falls. We come back to the main trail and continue up Barnes Creek, crossing Barnes Creek and following the trail up to a point where it gets very steep with no meaningful reward. At this point we retrace our route to a side trail that takes us through park-like woods and along the lower portion of Barnes Creek to Lake Crescent Lodge. From the Lodge (which most likely won't be open) we follow along more park-like trails to the ranger station. I'm going to say the hike will be between 5 and 6 miles and will be level except for the short but steep climb to the overlook platform at Marymere Falls. Trees are large evergreens, and the area is at the edge of the Olympic Rain Forest and the West end of Lake Crescent. Bring a lunch for enjoying the lake view at the lodge. Restrooms are at trailhead. National Park pass is required. Hike leader: Jack Riggins, 360-437-0370.

#### Wednesdays: Timberton Loop.

Walk the 4.2-mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at 9 a.m.

#### Monday/Wednesday/Friday - 8 a.m.

Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

For more hiking information, map of the Port Ludlow Trails, and descriptions and pictures of previous hikes and other destinations, go to [portludlowhikingclub.com](http://portludlowhikingclub.com).

## A Good Walk Spoiled?

by Jim Gormly, Staff Writer

Taking a walk, particularly in the green Pacific Northwest, is a refreshing experience enjoyed by many people in Port Ludlow. It's great exercise and the opportunity to breathe fresh air and see magnificent scenery is very rewarding. While walking, some people take photographs, some take walking sticks, and still others take golf clubs.

Several years ago, undoubtedly in a weak moment, I decided to take up golf. I was in my early 70s and had never played the game, so why would I start then? We were at Lake Chelan with the Port Ludlow RV Club, and I joined the group to play "The Green" Putting Course. This is not a miniature golf center where one must time the rotation of a windmill or the closing of a drawbridge to get a ball into a cup. The Green has somewhat realistic greens, without the silly hazards typical of the mini golf chain courses. By some twist of fate, I made two holes-in-one out of the 18 holes. In my naivete, I thought, "Hey, I might be good at this. I should try real golf. It looks easy." Okay, cue the laugh track.

To be clear, I am not a fanatic, and typically play once a week with friends when the weather is reasonable. When someone calls me a "duffer," I assume that means a mediocre golfer, which I consider to be a compliment. However, Google also defines "duffer" as an incompetent or stupid person, especially an elderly one—ouch. I've had only three lessons since I started eight years ago, and if you've ever seen me play, you know this duffer needs mentoring. I'm on intimate terms with hook, slice, dribble, chunk, shank, and triple bogeys, all of which are undesirable. And that's just on the first hole.

I'm convinced that golf balls have a mind of their own, for they seem to resent being struck by a club. I've lost count of the number of balls that have disappeared, most hunkered down somewhere in a thicket or burrowed in the mud too far from shore. But some balls elude all efforts to be found even though they're surely lying brazenly in the fairway, only to be found by a subsequent golfer who will marvel that anyone could possibly have lost a ball in such an obvious place. I suspect squirrels of playing the hidden ball trick.

Playing golf provides some moderate exercise, as I record over 6,000 steps during a nine-hole meander and take more strokes than the average player. My game can be described as an endless series of humiliations punctuated by the rare miracle: a shot that stops near to where I intended the ball to land. Like the dopamine hit I received when I made those holes-in-one on The Green, the rare miracle shot is what keeps me coming back for more.

Henry Aaron, the great Hall of Fame baseball player, said, "It took me 17 years to get 3,000 hits in baseball. I did

it in one afternoon on the golf course." An exaggeration perhaps, but the objective in golf, of course, is to take the fewest strokes, and getting the rare hole-in-one is the ultimate feat. Most holes-in-one occur on par 3 holes where the cup might be 150 yards from the tee. To put this into perspective, driving a golf ball into a cup from 150 yards is equivalent, distance-wise, and accuracy-wise, to Aaron intentionally hitting a stupendous 450-foot homerun into an empty beer cup in Section 307, Row 6, Seat 3 at T-Mobile Park in Seattle. Admittedly, they represent different sets of conditions; in this scenario, Aaron is hardly playing T-ball, but both are amazing accomplishments. I've yet to make a hole-in-one, but I once hit a drive that stopped two feet from the pin on the third hole at the Port Ludlow Course — one of those miracle shots! A more sobering, down to earth statistic, however, is the number of balls I've hit into the water and trees at that same location compared with those that managed to land anywhere on the green.

Some people take the game far too seriously. A couple years ago while playing at the Rolling Hills Golf Course in Bremerton with the late Bob Reasoner, an avid, but laid-back golfer if there ever was one, we saw a golf club that had been bent into an acute angle, lying in a water hazard. Apparently, someone had made a bad shot and took it out on the club. I'm often frustrated by bad shots, and might utter the odd curse word, but never have I blamed the clubs for erratic strokes; they're all on me.

"Golf is a good walk spoiled," according to some wags, but I disagree. Walking either the front or back nine holes of the Port Ludlow course can be a pleasant adventure, with the spectacular natural setting of rolling fairways, plenty of geese (watch where you step, though), old-growth logging stumps, and stunning views. Despite the frustrations of swinging a club and chasing an errant, dimpled ball until it drops into a hole or is lost in the woods or the water, one experiences the exercise, the fresh air, and the camaraderie of like-minded friends. Remember, it's just a game, and a good walk on the green, unspoiled grass.



## PLYC Women's Group Fall Events

by Liz Healy, PLYC Member, and Judi du Nann,  
PLYC Communications Officer



PLYC Women's Group with their wreaths.

Photo by LoCenello Photography

Each year, the PLYC Women's Group holds a fall fundraiser supporting local organizations. This year, the group raised \$7,332 which will go to Bayside Housing & Services and Chimacum Backpacks for Kids.

Bayside Housing & Services provides housing, advocacy, and human services supporting social and economic independence. One of the most important programs is its personalized case management and "wraparound care" for client assistance—housing for up to four people (two adults and two kids); dinner daily, delivered from Spirits Bar & Grill; direction and information on support services, training, and further education; and assistance in filling out applications for jobs or long-term housing as well as help getting drivers licenses and Social Security cards.

In partnership with the Old Alcohol Plant and Spirits Bar & Grill, Bayside offers employment and training to some of its clients, allowing them to use skills learned for jobs in other locations.

Chimacum Backpacks for Kids provides meals and support for at-risk kids in our community. Two out of three kids in this school district rely on free and reduced-price meal programs for their daily needs during the week. The backpacks provide food for the weekend. This school year so far, the organization has provided many hundreds of packs across all grades, with the bulk going to primary and elementary kids.

The Women's Group will allocate 80 percent of the funds to Bayside and 20 percent to Chimacum Backpacks for Kids.

On November 28, the PLYC Women's Group held its last event of the year at Marrowstone Vineyards. The event was

"Wine & Wreath-Making," and Willow Winds Farms partnered with Marrowstone for this event. Mikiya Brayton, owner of Willow Winds Farm, brought all the supplies and taught the group how to make a wreath with a variety of Pacific Northwest greenery, pinecones, and ribbons. She guided the women from start to finish in the wreath making process. The ladies had a wonderful afternoon sipping superb wine from Marrowstone Vineyard's estate.

Marrowstone Vineyards has a terrific indoor facility along with several outside areas to enjoy year-round, heat lamps included! Despite little or no experience, each woman created her own masterpiece as can be seen in the photo.

## Trail Mix

by Larry Scott, Trails Chair



Volunteers Tim Rensema and Doug Huber working on the McCormick R/R Trail.

Photo by Larry Scott

What the heck has Trails been up to lately? Well, admittedly it's been less than usual during the winter cold. It's a bit hard to have "Fun Days" when the temperature is in the low 30s and/or the rain is mixing in with low temps. However, a few odds and ends on our To-Do list are being completed. The long-time leaning alder tree (it was caught in another tree's branch) on the Around the Bay Trail (ABT) between Ebb Tide Court and Anchor Lane is now history. In addition, in consultation with the local HOA representative, nearby alders that were dead but standing in proximity to the ABT were also dropped. While on the subject of trees, Trails also cleared a number of blow-downs from the big November storm as well as some

*Trails continued from previous page*

late ones that came down after the storm weakened them. Crews cleared them along the Interpretive, Talbot, Talbot Rainier connector, Olympic II, and ABT Trails. Those storms do keep us busy and in training.

Jim Mueller and John Fillers set a new bench in place at the Timberton trailhead. It is one of the new designs that Trails has adopted. They are made of partially composite material and should last longer with less maintenance/repair. Also, a second original-style bench deep within Timberton Loop was repaired; it still had life in it.



*Future bridge location on the McCormick R/R Trail.*  
Photo by Doug Huber

By the time you read this, we may have the Mt. Wilder-to-DNR Trail reopened. It was closed while the clearing for a new Olympic Terrace II section was ongoing, but that is now complete and the reroute has been pioneered and flagged. Now it's just a matter of waiting for a good "Fun Day" opportunity. Also, Tim Rensema and Doug Huber pioneered and flagged another reroute. Actually, it's an additional segment of the upcoming McCormick Loop Trail. A reassessment of that trail's original route had us rethinking possibilities, and the newer route will make a more complete loop/connection with the (also upcoming) McCormick Rail Trail. Both of those trails have a start date of February 13 and will be an opportunity for lots of participation.

If you're at all interested in joining in on the fun as a hands-on worker bee, give me a shout at [mclgscott@cablespeed.com](mailto:mclgscott@cablespeed.com). "Let's Keep Improving our Trails" is our motto. We're still looking for a secretary, too.



**Speed Limit in  
Port Ludlow Bay  
5 mph  
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## Everything Zumba

*by Kathy Anderson, Guest Writer*

Every Zumba class feels like a party! Where else can you dance to Merengue, Salsa, Cumbia, Reggaeton and other international pop music? Zumba is a fun way of doing cardio exercise through dance. You don't have to be an expert. Beginners, all the way up to experts, can boost cardio endurance from dance moves set to rhythmic Latin music.

Join us every Monday and Wednesday at 6 p.m. in the Bay Club auditorium for Zumba toning using shake toning sticks. Zumba is great for overall fitness and helps improve your memory, which is one of the reasons I teach it. All classes are low to moderate intensity, with easy-to-follow choreography. Zumba classes are open to the public. Drop-ins are welcome for a \$6 fee or you can purchase a 10-class punch card for \$50.

On Fridays at 9 a.m., it's Aqua Zumba and Splash toning for Bay Club members at the swimming pool. Water exercise is easy on the joints, with routines set to different tempos of music. Splash toning uses foam barbells. Drop-in fees are \$6 or \$50 for a 10 class-punch card.

Kathy Anderson has been teaching Zumba since 2013. During the pandemic, Zumba classes were taught online or outside. All classes are currently held indoors at the Bay Club.



*PLVC continued from page 25*

county. The FCC will be reviewing the utility's funding proposals based on the needs of businesses and citizens in the service area. Residents are invited to participate in an FCC-conducted survey that can be found at [broadbandmap.fcc.gov/home](http://broadbandmap.fcc.gov/home).

The final minutes of the prior November 3 meeting were adopted as submitted.

**Paul Hinton, Treasurer**, presented the monthly financial report, which was approved as submitted. Paul also provided an overview of the Cash Flow Report and requested the Board review our financial position for the upcoming Workshop meeting because the current position is not sustainable. Jim Moffitt reiterated how the Board needs to find new ways to finance our operations; these may include a collaboration with the LMC and SBCA and other means to be discussed at the upcoming Workshop meeting.

*Retired Travel continued from page 15*

to Phillip Island and see the march of the Little Penguins. They come out of the water at dusk to avoid predation from wedge-tailed eagles, and march to their burrows in a group. They are a protected species, so the number of visitors is controlled. We also visited Healesville Sanctuary where we got to see koalas, emus, and kangaroos. We saw a Tasmanian devil and, while he was healthy, the species is succumbing to Devil Facial Tumor Disease, which is fatal.

Next stop was to the Northern Territories and Alice Springs, which included a six-hour bus ride to Uluru National Park (Ayers Rock). In Alice Springs we attended presentations on the Royal Flying Doctor Service (RFDS) and the School of the Air. There is a great program on PBS on the RFDS which explains that organization. The School of the Air is responsible for educating children who live in the cattle/sheep stations hundreds of miles from population centers. The kids are furnished computers and tutors and are required to turn in homework daily. During Covid, the School of the Air was inundated with hundreds of queries from schools around the world regarding how to handle distance learning. They were terribly frustrated in that they could not address every request. We ate a bush tucker dinner at an Aboriginal restaurant and the kangaroo had a unique taste. Kangaroo must be cooked medium rare because otherwise it is very difficult to chew. The herbs were all from the wild and exposed us to tastes we never knew existed. It was definitely a great meal. The next day we bussed to Uluru after stopping at two road stations where we saw a camel farm. The following day we visited Uluru Rock where people previously would hike up the rock. That is no longer allowed for two reasons: (1) it is an Aboriginal religious site, and (2) people left all types of waste there. An important third reason is that it is dangerous to hike the steep slope as people have fallen to their deaths.

Probably the most unanticipated event of the entire trip occurred while we were viewing Uluru at sunset. We (and many other tour groups) were in a clearing by the dirt road looking toward the Uluru. It changed colors from bright red to a burgundy and maroon. We had stools to sit on and one was being used by the gentleman recovering from hip and knee surgery. Suddenly our bus driver yelled, "Stay still!" I was about ten feet from our sitter and saw a snake slithering across the sand lot. It went right under our sitter as he remained still. Good thing, too, because this snake was a King Brown, the second most venomous snake in Australia. Snakes in Australia strike at movement rather than heat, as it is difficult to differentiate body heat from the background temperature. Not ten minutes later, another King Brown slithered about twenty feet further from our area. Luckily no one was hurt but it was the talk of the trip for a while. The next day we boarded a flight for Sydney to catch another flight to Cairns, which I will discuss next month.

## February Dine and Discover

Jefferson Land Trust, founded in 1988, is a private, non-profit, community driven conservation program. They work with individuals and many private and governmental agencies to protect habitat for wildlife. They also assist families with the generational transfer of land. Richard Tucker, the executive director of Jefferson Land Trust, was scheduled to be the speaker for Dine and Discover in February 2020. This was cancelled not due to Covid, as you might think, but due to snow. We are pleased to report that Richard will be the speaker for the next Dine and Discover which will be held on **Monday, February 6, 2023** at the Beach Club.



*Richard Tucker.*

Submitted photo

Signup sheets will be available on January 3, 2023 at both the Beach Club and the Bay Club. This will again be a dessert event with the Dine and Discover team supplying cheesecake along with the usual coffee, tea, water and utensils. Doors will open at 6:15. Cost will be \$2 per person and will be collected at the door. When you sign up, please provide a phone number so that we can contact you should plans change for any reason. For those of you who are new to the community, Dine and Discover is for the entire Port Ludlow community and we alternate between the Beach Club and the Bay club. All are welcome and we look forward to seeing you there.

## Save the Cemetery!

*by Tim Rensema, Staff writer*

In the July edition of the *Voice*, I wrote about the Port Ludlow Cemetery and estimated how many people may be buried there. Today, I would like to inform the Port Ludlow community that we now have a protected historic site of old Port Ludlow. The Washington State Department of Archaeology and Historic Preservation (DAHP) has issued a certificate to Ludlow Maintenance Commission (LMC) to operate and manage the abandoned cemetery as a historic cemetery. The "abandoned" description means we can't bury people there, but we can manage the site for vegetation control, and to restore it to a site worth visiting. The Cemetery Sub-Committee was formed under the purview of the Greenbelt committee (a regulatory committee of the Ludlow Maintenance Commission) to develop a plan and to improve the cemetery access. Permission from the DAHP is still required for any subsurface digging.

*continued on next page*

*Cemetery continued from previous page*

So, what does forming this committee mean? We are a committee of three people who will continue to conduct research, reduce the ground vegetation on the site (which is about 150 by 50 feet) and we hope, in the future, to successfully apply for grant monies to conduct ground surface radar (GSR) surveys to identify where the graves are in the cemetery. This could be an expensive proposition, and we need the ground surface to be as smooth as possible. Our first major task will be to remove the ground vegetation from the site. We won't be removing trees – they stay.

What improvements are we envisioning for the cemetery? First, we would like to install a four-foot white vinyl picket fence and gate to identify the corners and front of the cemetery—not the entire circumference (that cost is over \$10,000). We would also like to install two signs: (1) a large sign (three by four feet) that can be read from Oak Bay Road to identify the site, and (2) an interpretive sign that explains the site and lists some of the probable burials there. We will also place a replica of the Minerva Jane Walker headstone that was removed in the 1960s. At some point in the future, we hope to locate the original stone but at this point, it is just a wish.

As with most new ventures, it takes money to get started. We have tried to acquire funds from different sources but have been unsuccessful. Therefore, we would like to appeal to the Port Ludlow community for donations to complete the bare minimum of installing a partial fence, gate, and the signs. If there are enough funds, we would place a replica monument of Minerva Jane Walker's headstone. Once we have the structures in place to establish the cemetery boundaries, and we complete the ground vegetation control, we should be open for business. Like Ludlow Falls on the Interpretive Trail, it will be a historic site located on the Around the Bay Trail (ABT) as part of the Port Ludlow Trails system. We are excited about displaying this unique and historic site of old Port Ludlow and hope you are too. If you are interested in contributing to this restoration, please send a check to PLVC-Trails, P.O. Box 65012, Port Ludlow WA 98365, Attn: Treasurer PLVC. PLVC is a registered non-profit under IRS 501(c)(3) and PLVC-Trails will be assisting with the maintenance of the site in their workplan. This may seem a bit convoluted (and it is), but we are lucky to have the means to accomplish these types of projects in Port Ludlow. The Port Ludlow Cemetery is the most physical historic site which still has a lot of history to tell us.

## Salad for Kitties

*by Eline Lybarger, Staff Writer*

A little salad helps with digestion and getting rid of ingested fur. However, with predators— everything from eagles to bears in our neighborhoods—most people have full-time house cats. Even for those cats that do get outside at this time of year, their salad or grass is either frozen mush or has gotten tough to make it through the winter. To them, this is like wilted lettuce or stringy celery.

The solution is indoor grass. You will need a shallow pot or two so the cats can reach it comfortably. I have two antique Asian narcissus pots that I like to use. Place a few pieces of charcoal in the bottom, then some potting soil and a thin layer of rye grass seeds; sprinkle with water and place in a well-lighted location. In about a week you should have tender, tasty grass.

If you are not owned by a cat, you can use this green backdrop as a decoration; just add some candles, rocks, shells, or ornaments. When your grass starts getting shaggy, mow it with a pair of scissors, or invite in a neighbor's cat for a little salad.

## The Joy of Walking

*by Beverly Browne*

*Editor's Note: This is a timely article from the Voice archives by the 2012 Managing Editor that is still good advice in 2023.*

It is not surprising that hiking is on the rise in the U.S., given its well-known benefits. Over 56 million Americans took to the trail in 2010 and each year more strap on the backpack and head out to the wilderness. Some of the trails they took were long ones. The Appalachian Trail, memorialized in Bill Bryson's *A Walk in the Woods*, winds from Georgia to Maine, a distance of 2,200 miles. The Cascade Trail from Canada to California is also thousands of miles through remote wilderness. These are big walks; not so many people embark on them as on a walk around the neighborhood.

Walking is accessible, simple and, except for the really big hikes, it doesn't cost a lot. Even a stroll around the block can do some good. Walking has been touted as a way to improve aerobic fitness, reduce obesity and a host of other dastardly conditions such as high blood pressure and heart disease. Of course, like most exercise, you get what you put into it. Still it is less jarring on the joints than jogging.

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*Walking continued from previous page*

Walking also sets the mind free for contemplation. It is a relief from a fast-paced world because everything happens at a manageable pace. Things can be noticed, examined and appreciated. John Muir particularly advocated forest walks. He said, "Nature's peace will flow into you as the sunshine flows into the trees."

Others have linked walking with creativity. Raymond Inmon wrote, "If you are seeking creative ideas, go walking. Angels will whisper to a man when he goes for a walk." Friedrich Nietzsche said, "All truly great thoughts are conceived by walking."

Given the benefits of walking it is surprising that the U.S. spends only about 1.2 percent of the Federal transportation budget on walking and biking combined. This amounts to \$1.29 per capita. You would think there would be more emphasis on something as clearly good for one as taking a walk. Extensions of the parks such as have recently been witnessed in Washington are positive in that they open up more land for the recreational hiker. Some of the trails systems associated with the parks are extensive.

Hiking occasionally can get you in trouble. Examples are hikers who got too close to the border in China and those who crossed it in Iran. Rights of the hiker and the rights of the landowner can also come into conflict. And sometimes there are animals that think they have ownership and get belligerent with intruders as did the infamous mountain goat recently in Olympic National Park. Port Ludlow has 15 miles of trails. They wind around the Bay and up to Ludlow Falls, which are pretty spots in their own right. It is nothing like the 800 miles of trails at Yosemite but we are proud of it. If you haven't walked the trails here, put your shoes on and go out for a walk today.

### Staff Bucket List for 2023

**Donna Geer:** What's on my bucket list for 2023? I'm going to finish writing that book I expected to complete two months ago, memorize musical notations so I can learn to play the fiddle gathering dust in my closet and maybe learn Spanish by actually reading some of the language books languishing in my office. Maybe I'll learn to be more tolerant of political views different than mine, though that may take more strength than I can muster!

**Karen Hashagen:** Galapagos or Africa? Africa or Galapagos? But what about Ireland and Scotland and Scandinavia and the longed-for month in Italy? So many places yet to see, and after 20 years in Port Ludlow, I am realizing there is now "so little time" to see them all.

Covid set us all back in so many ways, and I am grateful that my family has weathered the storm. However, losing

almost three years of travel has been difficult. After planning two exciting cruises which were ultimately cancelled due to the still poor Covid case numbers, we are finally ready to spread our wings and explore the world again.

Our neighborhood in Port Ludlow is seeing a wonderful rebirth of younger families (those my age 20 years ago!) moving in and creating new neighborhood traditions. It is a joy to hear their stories and see their energy.

I just want to admonish them that 20 years go by in a flash, you never know when a "Covid" event will sideline you for a few years, so live, live, live all your dreams. Do not put them off!

Now, where to go in 2023- Africa? The Galapagos? Both!

**Sarah Schuch:** Winter storm watching in Tofino or on Washington coast; Cruise the Inside Passage from Port Hardy to Prince Rupert; Road trip to Zion and Bryce Canyon National Parks.

*Happy New Year  
from the staff  
of the Port Ludlow Voice*



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**Home Maintenance.** Pressure Washing driveways and sidewalks, soap is safe on plants and grass. Small Home maintenance jobs. Lic#RMSERS\*835B3, Bonded and Insured. Call for info. James @ R&M Services 360-301-2683 or [randmservicesrm@gmail.com](mailto:randmservicesrm@gmail.com). Local Resident.

**Window Blind Restrings and Repairs.** Most cases same day service. Give James a call @ R&M Services 360-301-2683, Port Ludlow Resident.

**Hauling-/Estate Clean-up.** Hoarding/Estate clean up, Hauling-garbage runs, items for donation, repurposing, Winter pruning, Power washing, Landscape design. Contact: text only 510-757-2371 or email at [plantiyurgarden@yahoo.com](mailto:plantiyurgarden@yahoo.com)

**JC's Painting and More.** Painting--drywall repair & finishing--carpentry-handyman tasks and more. Free Estimates 360-550-6101. Lic. # JCSPAPM919DS. [jcspaintingandmore.com](http://jcspaintingandmore.com).

**Experienced House/Pet sitter** for travelers. Also Pressure washing, yard cleanup, pruning, light hauling, minor outdoor repairs. Reliable local resident. Outstanding References. Call Gary 425-422-9709

**Home Maintenance** Painting, electrical, plumbing, roofing, drywall, light remodel, landscaping, decks, hauling, concrete, pressure washing, general labor, and handyman services and more. David 360-301-9012.

**Gutter Cleaning and Moss Treatment:** Call Gutter Street Services. 360-821-1806. Reliable, local, licensed and insured.

**Home Team Housecleaning.** Hard-working, honest, fast, and friendly young Dominican girl. I want to make my clients happy and keep their homes clean. References. Please contact Sheryl 360-860-2774 or [sheryllara@hotmail.com](mailto:sheryllara@hotmail.com).

**Josh Scholar Washer & Dryer Repair** Located in Port Townsend & serving from Port Ludlow to Quilcene to Sequim. 18 years experience. 4 ½ stars on Google/Yelp. To see reviews follow links from [js-washer-repair.com](http://js-washer-repair.com) 360-499-3202.

**LANDSCAPE & YARD SERVICES**

**Brett's Stump Grinding.** Goodbye ugly tree stumps! I'm professional, reliable, & reasonably priced. For info & to see before & after photos, go to [bretts-stumpgrinding.com](http://bretts-stumpgrinding.com) or call Brett Anibaldi at 360-774-1226.

**Field's Tree Care LLC** is a Certified Arborist here to help you with all your tree & shrub needs. Fine Pruning. Free Estimates. Licensed, bonded, insured. Lic # FIELDTC876DH. Dan Field 360-994-0166.

**Irrigation repair, maintenance, and automatic flower bed systems.** Seasonal start up and shut down. Call Wayne 360-643-3114. Email [waynegrassman@aol.com](mailto:waynegrassman@aol.com).

**Garden and Lawn Care:** Mowing, trimming, pruning, pressure washing, clean up. Fall/winter projects welcome. Effective, reliable and considerate. Contact Joe at 360-301-1333. Bonded & Insured. Cards accepted.

**LEGAL SERVICES**

**Secretarial Services.** Call Cammy Brown, Peninsula Legal Secretarial Services, LLC, 360-301-2590, [cammybrown.com](http://cammybrown.com), for all your business and legal secretarial needs. Transcription, preparation of legal and business documents, typing projects, etc. I now have a second office inside the Post Office in Port Ludlow. Same phone, etc. By appointment only.

**Notary Public:** For Notary Public services call Cammy Brown, Peninsula Legal Secretarial Services LLC, 360-301-2590, located in Kivley Center, Port Hadlock and the Post Office in Port Ludlow, by appointment only.

**MERCHANDISE**

**Feathercraft Baylee 3 Boat.** Includes rowing frame, skeg, pump, repair kit, oars, waterproof bag. Like new. \$1100. Call Mike, 901-581-6921.

**2023 CSA Sign ups are Open!** Space Twins Provisions. Weekly Veggie Boxes. June 3-Sept 30, 2023. Lots of Member Perks! Visit [spacetwinsprovisions.com/our-csa](http://spacetwinsprovisions.com/our-csa) to read all the details and sign up today!

**MISCELLANEOUS**

**Elena's Alterations & Tailoring.** Providing professional seamstress services since 1992. For only the highest quality alterations or tailoring, call Elena today 360-437-9564(h), 206-305-1101(m).

**SemperFiChauffeur.com** Tired of the lack of options getting to SeaTac Airport? Leave your car & your worries locked at home in your garage. Call Retired Gunny, Brent Neel for quote. Best way to start/end your vacation. 206-718-6139.

**PERSONAL**

**LGBTQ+ folks and allies:** Contact us at [prideportludlow@gmail.com](mailto:prideportludlow@gmail.com) if you wish to be included in our membership. We are 76 persons strong! We have fun and do service projects for our area.

**PET CARE**

**Big Valley Pet Resort** is a great place for your socialized pet to play while you are away. Check out [bigvalleyanimalcarecenter.com](http://bigvalleyanimalcarecenter.com) or call 360-697-1451 for more information.

**In House Petsitting** for dogs and cats. [buzzydonahue@yahoo.com](mailto:buzzydonahue@yahoo.com) 360-531-2605.

**RV/BOATING/TRAVEL**

**RV Storage.** South Bay, 1 mile west of Hood Canal Bridge on Hwy. 104. Call Shirley, 360-437-9298.

**Beaver Valley Storage.** 100 - 800 square feet. Twenty-four-hour security on duty. One month free with minimum six-month lease. 360-732-0400.

This issue proofread by Carey Aron, Joe Kelly, Betty Kay Landaker, John Paxson, and Mary Small.

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**Reminder to Dog Owners**

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog.



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# ADVANCE DIRECTIVES

Advance care planning elements and documents include durable powers of attorney for health care, living wills, Physician Order for Life-Sustaining Treatment (POLST), and financial powers of attorney.

Who do I want and trust to make medical and financial decisions for me if I am unable?

Do I want to be kept comfortable at home or in a hospital at the end of my life?

Do I want CPR, a breathing tube, feeding through a tube, dialysis, antibiotics?

How do I envision my last days? What would be ideal?

How will my family/friends/loved ones know what I want?

**UNDERSTAND WHAT IT ALL MEANS  
IN AN EDUCATIONAL OVERVIEW:**

**Tuesday, January 17, 3:00 pm**

**Bay Club, 120 Spinnaker Place, Port Ludlow**

Jefferson  
Healthcare

[jeffersonhealthcare.org](http://jeffersonhealthcare.org)

Co-presented by Jefferson Healthcare and the Activities, Health & Fitness Committees of South Bay Community Association. To protect capacity and public health guidelines, register at [jeffersonhealthcare.org/calendar](http://jeffersonhealthcare.org/calendar).

