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Mission Statement: The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

Send your articles and comments to
editor@plvoice.org

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Visit The Voice Online plvoice.org

Breaking News: Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

Expanded Articles: Read complete versions of articles and media appearing online only.

Full Content on the Website: All the content from the magazine is now posted online.

Letters to the Editor: Read comments, criticisms, and suggestions from other readers online.

Advertising Information: Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

Archived Voice Issues Online: Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

ON THE FRONT COVER:

The Hood Canal Bridge.
Photo by Steve Deligan.



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News & Community

From the Editor's Desk— Happy New Year!

by Mary Ronen, Production Manager

The year 2024 has been a difficult one for many of us. Whatever your politics, election years are tough. We have dealt with stress and some of us have lost loved ones. Now, it's time to say hello to a new year.

Almost without exception, my holiday greeting cards had a singular word—hope. I hope for many things, but most of all I hope that we all would be our best selves—compassionate and caring human beings.

The New Year traditionally is a time to make resolutions, so why not make one to focus on what is good in our family, our friends, and our neighbors. I propose that we work together, all of us, towards making 2025 a year of moving forward to a better understanding of each other and to finding peace. Care to join me?

Helping the Unhoused— February's Dine and Discover

by Allan and Nancy Kiesler, Guest Writers

The housing crisis in Jefferson County is a serious concern for all of us, but Bayside Housing & Services is doing something about it. At 5:30 p.m. on **Monday, February 3**, Karen Clemens will share with us how they offer transitional and permanent housing and shelter in combination with case management services to individuals and families who are without a home or in an unsafe housing situation. Since 2016, Bayside has helped 325 people, 60% of whom have exited into permanent, stable housing. We will also learn how the Old Alcohol Plant Inn plays a part.

In the hope that new people will be joining us, we'll review the process. This event will be held at the Beach Club and is open to North and South Bay members and their guests. To attend, you must sign up, and you can do that at the front desk of the Beach or the Bay Club after **Thursday, January 9**.

This is a potluck, and we ask that you bring a dish to serve 8-10 people. Please put a note on your dish if it contains any of the following allergens: wheat, soy, eggs, milk, tree nuts, peanuts, fish or shellfish. Volunteers serve the appetizers, so if you sign up to bring an appetizer, please bring one that has individual portions.

In addition to your dish, please bring your place setting (plates, napkins, eating utensils, glasses) and a plastic bag to put your dirty dishes in to go home. Coffee/tea/water are provided, but if you would prefer something else, you're welcome to bring your beverage of choice. Due to the fact that both clubs are now charging us for the use of their facility, we have increased admission cost to \$5 per person payable at the door. This also covers the cost of the coffee/tea and the honorarium we provide to the speaker. If you sign up but are unable to attend, please let us know because 'no shows' can significantly affect the food selection. If you have questions or suggestions, call us at 360-437-8091. Please do not arrive before 5:15 p.m. so volunteers have time to get set up. See you there!

Let's Keep Growing in 2025!

by Kim Kolpin, President, Port Ludlow Garden Club

Gardeners know the magic that comes in winter – as the snowflakes dance in the air, it is the time to pore over piles of plant catalogs, plan spring plantings, and dream of summer harvests. We know that our daffodil and tulip bulbs are nestled in and patiently waiting for the signal to sprout. While our gardens rest, our minds race with excitement at the thoughts of young seedlings in our hands once again.

The Port Ludlow Garden Club has a wonderful assortment of programs scheduled for 2025 to help you dream, plan, and learn starting with our first presentation of the year on **Wednesday, January 8**, 11 a.m., at the Beach Club. We are pleased to present *Winter Floral Arrangements with Plants from Bloedel Gardens* with presenter Sonja Parker, Senior Horticulturalist with Bloedel Gardens. What an amazing way to begin a New Year! Please RSVP for this event to Michelle at portludlowgardenclub@outlook.com by **Monday, January 6**. Seating is limited.

January is also the month when we ask returning members to please look for your membership renewal coming to you via email. Your membership dollars support program costs and help with room rentals, which will be significantly higher in 2025 due to new facility fees from both the Beach and Bay clubs. Your membership dues are what we use to bring you quality programs each month.

Interested in joining? Now's the time! For membership information, email us at portludlowgardenclub@outlook.com. Guests are welcome at our membership events for a \$5 donation at the door. Come check us out!

Jefferson County Library District Rings in a New Year of Programs

Happy New Year from the Jefferson County Library District! As we turn the page to a brand-new chapter, the Library District would like to extend warm wishes to our incredible community. In the spirit of the New Year, let us make resolutions to learn something new, share stories, and foster a sense of togetherness.

We want to take a moment to express our gratitude for your donations to the Library District’s Annual Winter Giving campaign. Your support means the world to us, and your generosity has been inspiring! We are extending our campaign until **Tuesday, January 7**, so please visit jclibrary.info/winter-giving if you would still like to contribute. Thank you for helping us achieve our goal of feeding minds and fueling dreams.

The JCLD Adult Winter Read begins **Thursday, January 2**. This year’s title, *The Great Divide* by Cristina Henríquez, is a powerful novel about the construction of the Panama Canal and the unsung people who lived, loved, and labored there. Read the book, then share your thoughts at our online book discussion on **Wednesday, February 5**, from 6 – 7 p.m. Visit the events calendar at jclibrary.info for complete details.

There’s still plenty of time for kids and teens to participate in their own winter reading adventure! Sign up and track your progress at cleoreads.beanstack.com, or grab a paper tracker from the Library or Bookmobile to track your progress manually. Read selected titles, then vote for your favorite to earn a colorful and cozy blanket. The Kids & Teens Winter Read runs through **Friday, February 28**.

On **Thursday, January 9**, from 10:15 – 11:15 a.m., adults ages 18 and over are invited for a peaceful morning of Art & Music Meditation. Hear a short, inspirational reading before you mix colors and create, letting art take shape while you listen to tranquil music. Supplies will be provided, but space is limited. Please register at jclibrary.info or call the Library District before January 9.

The District’s monthly LEGO® at the Library program also takes place on **Thursday, January 9**, from 3:45 – 4:45 p.m. Bring your friends and build LEGO creations in an open, imaginative space. This program is designed for children 7-11 years old, but kids of all ages are welcome.

Are you prepared for an emergency? Join us on the third Thursday of each month for a series of presentations on disaster and emergency preparedness. Hosted by Jefferson County’s Department of Emergency Management (DEM),

the series kicks off on **Thursday, January 16**, from 10:30 a.m. – 12 p.m. with Elizabeth Bindschadler of NPREP, a Local 20/20 Neighborhood Preparedness action group. Elizabeth will talk about personal preparedness, including what you need to know about hazards in our area and where to get reliable information in an emergency.

For complete program details and our calendar of events, please see our website, jclibrary.info. Visit the Jefferson County Library District at 620 Cedar Avenue in Port Hadlock. For questions or assistance, call 360-385-6544 or email information@jclibrary.info.

2024 Statistics for East Jefferson Fire Rescue

Effective 01/01/2023 Port Ludlow Fire & Rescue merged with East Jefferson Fire Rescue. Our monthly statistics will now include information for the entire Fire District.

Communities served include: Port Townsend, Cape George, Kala Point, Marrowstone Is., Port Hadlock, Chimacum, Irondale, Port Ludlow MPR (North and South Bay), Paradise Bay, Beaver Valley, Bridgehaven, Mats Mats, Shine, South Point and other areas located within our boundaries.

November Alarms

Fires.....	3
Rescue/Emergency Medical	320
Good Intent	39
Hazardous Conditions	3
False Alarms	25
Service Call	77
Total Alarms	467

Ambulance Transports

911 Transports.....	200
Hospital Requested Transport.....	1
Non Transports.....	127
Total Transports	201

CARES Contacts.....	108
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in Port Ludlow Bay is

5 knots

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East Jefferson Fire Rescue Budget Approved

The East Jefferson Fire Rescue (EJFR) Board of Commissioners unanimously approved the 2025 budget at the November Board meeting, which allocates \$18.6 million dollars in operating expenses; \$11.7 million is designated for firefighting operations, while \$6.9 million will support Emergency Medical Services (EMS). Several years ago, the community voted to increase revenue, post-merger, which allowed important upgrades to EJFR's fleet and improved the level of service. In 2023, the fire district responded to 6,826 calls for service, 75% of those were for medical emergencies. The approved budget marks our continued commitment to maintaining and enhancing our community's emergency services while demonstrating a steadfast focus on fiscal responsibility.

The 2025 budget anticipates \$17.5 million in combined revenues, which is drawn primarily from property tax levies approved by voters and ambulance use fees. The annual fire levy of \$1.24 per \$1,000 of assessed property value, combined with an annual EMS levy of \$0.48 per \$1,000 of assessed property value, provides 82% of the district's total revenues. Included in the 2025 expenditures is \$13.6 million in labor costs, \$3 million in operational costs, \$207,000 in training, and placement of \$500,000 in emergency reserves and \$600,000 in a capital and vehicle replacement fund.

The district continues a history of budgeting conservatively and has recently passed its annual financial and accountability audits with no audit findings. In addition, EJFR's S&P rating was recently reaffirmed, further illustrating our strong fiscal practices.

Most operational costs continue to rise with inflation, which was 10.1% in 2022, 4.6% in 2023, and 3.8% in 2024. For example, in 2024, Utilities increased 6.3% while Medical/Dental premiums increased 6.9%. As a fire district, EJFR cannot raise our revenue by more than 1% annually, which is limited by state statute. This paradigm requires that we spend more than annual revenue increases can support, which will create a \$1 million dollar shortfall in 2025. As a result, difficult decisions were made to ensure that EJFR could continue to provide essential services without compromising the quality of care and safety for residents. EJFR maintains reserve funds that can support the shortfall for the interim term without affecting services.

Looking ahead, East Jefferson Fire Rescue is preparing for continued financial challenges and considering opportunities to secure additional funding through community

initiatives. EJFR will engage with the community to provide detailed information and gather feedback to ensure that future plans align with the needs and priorities of the district's residents.

Meet Your Firefighters

by Ron Dawson, EJFR Community Outreach Volunteer

East Jefferson Fire Rescue has a dedicated group of people that support EJFR in a myriad of ways. This article is about the forty-two volunteers that help our officers and firefighters to keep our community safe and protected. Volunteers have been a part of EJFR for well over 100 years. There are five roles in which someone can support the Department:

- **Firefighting Volunteer**

These volunteers are certified to function as either an interior firefighter and/or wildland firefighter and can either bring certification to EJFR or attain the certification through the training and education program provided by EJFR. They are compensated for their fuel and time on a quarterly point system and are assigned as needed. The expected number of training hours required to maintain certification is 20 hours per month and there is no direct cost to the volunteer. Individuals in this program are motivated by civic, charitable, or humanitarian reasons.

- **Volunteer Firefighter in Training**

Volunteer firefighters looking for a career in fire service engage in EJFR training, including live practical training, to fit this end. The training prepares the individual for Washington State and national certification testing. The volunteer works with other career firefighters in staffed fire stations within EJFR and receives a stipend and mileage reimbursement while assigned. All educational and training opportunities are at no cost to the career-oriented volunteer.

- **EMS Volunteer**

The EMS volunteer is responsible for emergency medical service delivery. They are available 24/7 via radio and cell-phone notification to deliver assistance. The position may include driving and operating ambulances and medical support units. The EMS volunteer is required to maintain current training and education status through regularly scheduled drills and educational opportunities. Twenty-four hours per year of training are needed to maintain EMT certification. The volunteer is compensated for their fuel and time on a quarterly point system with no costs for education and training.

- **Support Volunteer**

The Support Volunteer is not a firefighter position that works inside the “hot zone” of a fire; they may be an operator of fire engines, ambulances, water tenders, marine units, support units, or communications units. Upon dispatch, a fleet of water tenders springs into action, mobilizing 10,000 gallons of water in just a few minutes. Due to our cadre of water tender drivers, EJFR is rated highly in the Washington State performance appraisal. The volunteer needs to be available 24/7 via radio or cell phone notification to assist in fire suppression or medical emergencies. Just as for the EMS volunteer, training required for the support volunteer is 24 hours per year and these opportunities are of no cost to the volunteer.

- **Administrative Volunteer**

The Administrative Volunteer supports the functions of EJFR outside the delivery of fire suppression or emergency medical services. Indirect support may include areas like data entry, statistical management, technical drawing, communications support, public outreach, pickup and delivery services, and medical concierge services. Training and education are commensurate to the job tasks assigned or requested. The position is compensated on a quarterly basis based on fuel used and the number of hours supporting the department. The individuals volunteering in this capacity are generally motivated by civic, charitable, or humanitarian reasons.

If you have an interest in being a volunteer, please call 360-385-2626 for more information and assistance. EJFR welcomes your calls.

Free Life Care Planning Zoom Seminars

Join Tony Hinson on **Tuesday, January 14**, at 11:30 a.m. as he explores estate and life-care planning solutions that preserve wealth, minimize taxes, and ensure your legacy.

Topics will include estate tax issues and retirement accounts; healthcare, Medicare and Medicaid; long-term care insurance; maintaining quality of life; aging in place; preserving wealth; estate plans, supplemental needs trusts, and more.

Zooms will be once a month on Tuesdays at 11:30 a.m. Live seminars on Zoom will allow you to ask questions. To register, visit *compassandclock.com*, or call 206-627-0790.

Farewell To Library Director Dr. Tamara Rotz

The Board of Trustees of the Jefferson County Rural Library District thanks Dr. Tamara Rotz for her seven years of service as the Library Director and congratulates her on her new position as the Peninsula College eLearning Administrator beginning in January 2025. The library has flourished under her leadership and the efforts of a dedicated staff. Rotz managed changes needed due to the pandemic, swiftly implementing a remote work model which ensured the continued employment of the library staff. She also moved to predominantly online services for library patrons throughout the pandemic and met the many smaller challenges that involved frequently unexpected facility maintenance issues.

While Dr. Rotz’ accomplishments are too numerous to list, some stand out. She:

- streamlined the accounting, administrative, payroll, and financial services which facilitated growth of the library’s financial reserves.
- elevated community engagement outside the library.
- worked with a contractor on a Community Needs Assessment enhancing the presence of the library within the community.
- preserved and expanded the consortium of libraries (CLEO).
- oversaw the construction of the Hagen Building which provides a garage for the Bookmobile and additional space for the Friends of the Library.
- improved the library’s meeting rooms with up-to-date AV equipment.
- initiated efforts to improve energy efficiency with an energy audit of the library.
- oversaw improvement of the library’s digital sign and website.
- cultivated a staff that has brought robust and excellent materials and programs to library patrons while maintaining a welcoming and compassionate environment.

We wish Dr. Rotz the very best in her new endeavor.

Chimacum School District Levy: Supporting Students and the Future

The Chimacum School District is gearing up for a special election on **Tuesday, February 11**, asking voters to support a critical replacement of the Educational Programs and Operations (EP&O) Levy. This three-year levy will ensure continued funding for essential programs and services that go beyond what the state provides. The proposed levy will collect \$2.35 million in 2025, increasing incrementally each year to \$2.5 million in 2027, with an estimated tax rate of just \$0.66 per \$1,000 of assessed property value.



Learning herbs with Shatoiya.

Submitted photo

Superintendent Dr. Scott Mauk emphasized the levy's importance, stating, "Our EP&O Levy helps maintain the high-quality programs that benefit every student in our district. It supports our teachers and staff to ensure every student is known by name, strength, and need."

The levy's impact is far-reaching, funding not only core academic programs but also arts, music, athletics, and advanced coursework that enrich students' learning experiences. These opportunities are vital to fostering well-rounded education and ensuring student success. Additionally, the levy supports essential day-to-day operations such as staffing and instructional materials.

For residents of Port Ludlow, especially retirees invested in the community's future, this levy represents an opportunity to sustain high-quality education for the next generation. Strong schools benefit the entire community by contributing to property values, community engagement, and the local economy.

Chimacum School District encourages voters to stay informed and participate in this important decision. More information about the EP&O Levy is available on the district's website at csd49.org. Every vote makes a difference in shaping the future of Chimacum's students and community.

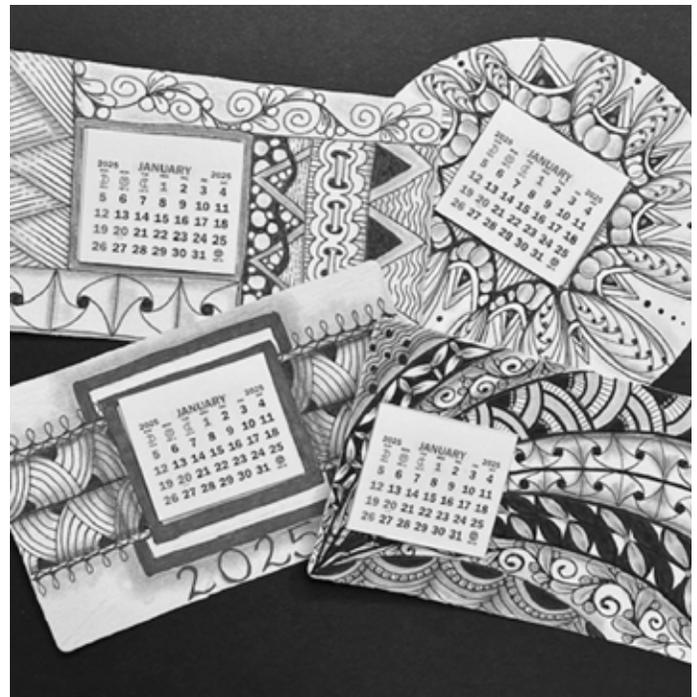
What To Do When A Loved One Dies

Amanda Wilson, locally based Estate Planning Attorney with Northwest Estate Planning & Probate PS, will present this free seminar and answer questions as time will allow.

The seminar will be held at the Beach Club on **Wednesday, January 15**, at 12:30 p.m.

Walk-ins welcome but RSVP appreciated at 360-437-4172 or info@nwpepp.com

Port Ludlow Tangle Club to Meet January 9



Treat yourself! Begin 2025 by taking some time for you! Learn something new; quiet your racing mind; meet your neighbors. Mark your calendars for **Thursday, January 9** from 1 – 3 p.m. and attend the Port Ludlow Tangle Club at the Bay Club. With a nod towards the upcoming year, Certified Zentangle Teacher (CZT) Alice Clive will guide all who attend through border tangles surrounding a mini peel-and-stick 2025 calendar! "Tangles" are hand-drawn, structured images that are created one stroke at a time, in a mindful manner that can be meditative and relaxing. In the

Features & Stories

Porch Talk with Wayne Kier

by Donna Geer, Staff Writer



Wayne Kier with his granddaughter Riley Jane Swanson and station dog Blaze.

Submitted photo

For years, he's backed in his truck on the driveway, knowing every second counts when a fire is raging. Did I notice his truck was facing the garage? he asked, when I stepped onto the porch. It was a life-long habit he was still trying to break. Forty-five years of working for the fire department will do that to you.

Wayne Kier grew up south of Seattle in White Center, a community known as Rat City because of the World War II Military Relocation and Training Center that used to be there. Though it was a poor, working-class neighborhood, rough-and-tumble with lots of taverns, he says he had a "Tom Sawyer, Huck Finn" childhood full of free play, the get-out-and-get-dirty kind that kids love.

Ever since he'd been a child, Wayne wanted to be a firefighter, just like his Uncle Robert. He played the part,

decking out his bicycle with old playing cards clipped to the bike spokes. When he cruised through the streets of Rat City, his bicycle growled like a fire engine and his bike horn with a red squeaky ball let out a high-pitched whine that wavered just like a siren. Every kid dreams of being something big, even if he's small.

After high school, Wayne was drafted for Vietnam in 1966, but a shoulder injury kept him out of the military. He was classified as 1Y, which meant they'd enlist him if the conflict was officially declared a war. He told me he always regretted that he couldn't go to Vietnam like his buddies, so he turned his attention to the Fire Department, thinking that was another way he could serve his country. But the fire department had a height requirement of 5'8". Wayne was 5'6".

Once again, he was unable to serve, so he worked in the grocery business and then in lumber until the late 70's when the fire department changed the height requirement. He was 29 when he became a volunteer for King County Fire District 44, and from the very first day, he was "hook, line, and sinker." When he was hired as a full-time professional a few years later, his "little boy dream" became a reality.

It was never work for him; it was never just a job. He flourished in the state academy, even when the drill master, on the very first morning, said he should go home because he was too small. Wayne told him he was only leaving two ways – by graduating or dying before he could. He admits he had a big chip on his shoulder, but that drill master really "cranked him up." Wayne graduated second in his class, but he was most proud of the inspiration award he received from his peers. Despite his size, they said he was the guy they'd want at their side.

Wayne said he always wanted to be in the right seat of the fire engine truck, the lieutenant with the red hat, the guy in charge. He did better than that. In just nine years, he became the Assistant Fire Chief, moving through the ranks rather quickly. In 1997, he was the Fire Chief for Port Ludlow. When the Nisqually earthquake rendered a large crack throughout the old firehouse the day before it was supposed to be torn down, the current East Jefferson Fire Rescue Station 7 was built under his watch. In 2003, he was named the Fire Chief of the Year for the entire state of Washington.

He became Assistant Fire Chief for North Kitsap in 2005. At the same time, he was training fire recruits for the Olympic College. When he retired from North Kitsap in 2012, they brought him back part-time for a couple of years in the same role he'd retired from. Eventually, he joined East Jefferson Fire and Rescue as a volunteer fire investigator, and this past October, he finally put away his gear after 45 years of service.

Wayne's had his share of obstacles and barriers. He notes that barriers can be impossible to circumvent but says you can get around the obstacles if you try hard enough. That's what he tells his ten-year-old granddaughter, Vivienne. She's been sick for a long while, so he shares stories about the barriers and obstacles he's come across. Everyone has them, he tells her. When she's too sick to go to school, he reminds her she can crawl over or under the obstacles in her way. They're only temporary, he says, just like he's sure her illness is.

Wayne likes to keep busy building things, and he says his wife Tracy is "in charge of cute." Their backyard reminds me a little of Alice in Wonderland, but Tracy says she was inspired by Winnie the Pooh. A fence with thirteen wooden carrot posts, one for each grandchild, surrounds a garden area that doesn't get as much sun as it used to because the tall cedar trees huddled close to the backyard shed tower above the yard. There's a wheelbarrow next to the garden's gate holding wooden baby carrots—one for each of their great-grandchildren. Tracy designed the fence and Wayne carved all the carrots. He says he's a little short on the "greats," but he's got more time to make them now.

They've been married 15 years, and they've known each other for 36. Wayne says he had PTSD from all the horrible fire calls he went on, and his late wife's death put him over the top. Tracy saved his life, he said. Now he spends his time working on projects for Tracy and his family. When you step out the front door, look carefully for the round steppingstones the grandkids made for his retirement party. There's shiny glass, brightly colored marbles, and Hot Wheel cars turned on their sides like they're ready to pop a wheely and roll onto the pavement. But those Hot Wheels aren't going anywhere now. They're retired, too, just like Wayne and his truck.

Got a story you want to share? Let's sit on the porch and share a cup of tea, coffee if you prefer. You can reach me at sports@plvoice.org to start the conversation. Looking forward to hearing from you!

American Memorials

by Milt Lum, Staff Writer

South of the National Mall, with the Capitol building at one end and the Washington Monument at the other, is the Tidal Basin. It is a man-made reservoir designed to use tidal action of the Potomac River to maintain a silt-free Washington channel. The 107 acres surrounding the Tidal Basin is a large park belonging to us, the citizens of the United States. Within this park are memorials to Thomas Jefferson, Franklin Delano Roosevelt, and Martin Luther King, Jr. They are fellow Americans whose dedication to the principles established by the founding fathers have helped to make America the nation we live in. Let's take a walk around the basin and review the vision those Americans had for our nation through the memorials established to honor them.

Located at the south end of the basin is the Jefferson Memorial, an open-air marble rotunda supported by Ionic columns. It is the earliest of the three memorials dedicated on April 14, 1943, on the 200th birthday of its namesake. In the center of the rotunda is a 19-foot statue of Jefferson holding the Declaration of Independence, and on the surrounding walls are carved abbreviated quotations from some of his most notable writings and speeches.

On the wall of the Southwest Portico are the opening words he wrote in the Declaration of Independence, "We hold these truths to be self-evident: that all men are created equal, that they are endowed by their Creator with certain inalienable rights, among these are life, liberty, and the pursuit of happiness, that to secure these rights governments are instituted among men." Carved on the wall of the Northeast Portico is this statement from his writings, "Commerce between master and slave is despotism. Nothing is more certainly written in the Book of Fate than that these people are to be free."

Thomas Jefferson served our nation as one of the founding fathers, shepherding 13 individual factions into one, as secretary of state under George Washington, as vice president under John Adams, and as our third president who purchased land from France, extending the borders of this fledgling nation to the Pacific coast. He also owned slaves, even as his writings eschewed the practice of slavery. That perspective of him 248 years later may tarnish his image but does not negate his accomplishments. However, it does give us pause to reflect on the power of words and the responsibility of the speaker to adhere to his beliefs.

The Franklin Delano Roosevelt Memorial was dedicated on May 2, 1997, and is located on 7.5 acres on the southwest bank of the tidal basin. He was the only president to have been elected to four terms, despite being physically impaired from polio which he shielded from public view. That his use of a wheelchair was not depicted in the original design generated controversy among advocates for the disabled. The problem was resolved by placing an additional statue of Roosevelt seated in a wheelchair at the entrance of the exhibit in January 2001. The 1.65 million dollars to fund this addition was raised by the National Organization on Disability over a two-year period. The original designer, Lawrence Halprin, concurred with the addition, stating the intent of the exhibit, “is to generate curiosity in others, and to be inclusive ... and to let them be a part of its creation.”

The FDR memorial consists of four rooms, with each room depicting significant events during that term of office accompanied by significant quotes. Roosevelt assumed office while the nation was in the throes of the Great Depression (1933-1937). The first room reflects his attempt to get the nation back on its feet. On one of the walls is carved his famous admonition, “The only thing we have to fear is fear itself.” On another is carved words of reassurance, “Among American citizens there should be no forgotten men and no forgotten races.” Exiting the first room are words to challenge us, “We Americans everywhere must and shall choose the path of social justice ... the path of hope, and the path of love toward our fellow man.”

The second room (1937-1941) consists of two sculptures depicting the anguish of poverty and hopelessness etched in the faces of the men standing in the bread line, and a farmer and his wife stuck in the dust bowl. Roosevelt’s words depicting their plights were: “The test of our progress is not whether we add more to the abundance of those who have much, it is whether we provide enough for those who have too little.” and “I see one-third of a nation ill-housed, ill-clad, ill-nourished.” The sculpture of a man leaning in to listen to the radio for one of Roosevelt’s fireside chats represents his sense of responsibility to his fellow Americans: “I never forget that I live in a house owned by the American people and that I have been given their trust.”

The third room (1941-1945) for the war years contains a waterfall and the statue of Roosevelt, his face reflective of a man under severe stress. His words chosen to summarize his feelings are: “I hate war” and “They (who) seek to establish systems of government based on the regimentation of all human beings by a handful of individual rulers ... call themselves a new order ... It is not new and it is not order.”

Roosevelt died on April 12, 1945, less than a month from the end of World War II in Europe, which spared him from the decision to use the atomic bomb to end the war with Japan. In the fourth room stands a statue of Eleanor Roosevelt as a testament to his willingness to afford women a greater voice in governance, and these words, “More than an end to wars, we want an end to the beginnings of all war.”

Under the strain of his physical disability Roosevelt managed our nation through a severe economic crisis and a major global conflict. There is just criticism for some of his policies, especially the internment of Japanese American citizens. Others opposed his support of social security and the jobs work programs. However, his foresight and steady leadership were instrumental in reviving the economy and allowing us to emerge victorious in battle.



Martin Luther King, Jr. Memorial.

The Martin Luther King, Jr. Memorial, was dedicated on October 16, 2011. It occupies four acres in the northwest corner of the park in close proximity to the Lincoln Memorial. A 30-foot-high relief statue of Martin Luther King, Jr. is the central figure of the memorial. It is carved into a block of granite along with the words, “Out of a mountain of despair, a stone of hope.” Surrounding the statue is a 45-foot granite wall upon which are inscribed fourteen excerpts selected from King’s writings and speeches. The surrounding foliage and wide walking path afford time and space for contemplative reflection on those words. Among them are these selected quotes: “Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that.” “If we are to have peace on earth, our loyalties must become ecumenical rather than sectional, our loyalties must transcend our race, our tribe, our class, and our nation; and this means we must develop a world perspective.” “True peace is not merely the absence of tension; it is the presence of justice.”

Some considered Dr. King's words as being divisive because of his protest marches and the riots which ensued after his assassination. However, the subsequent 60 years have demonstrated the veracity of his words and his prescience in what happens when we fail to seek peace on earth or lace our words with hate.

A grateful nation established memorials to honor these men for their work to ensure, as succinctly stated by President Lincoln, "... that the government of the people, by the people, for the people should not perish from this earth."

Wintering Waterfowl at Oak Bay

by Gail Wellenstein, Kitsap Beach Naturalist



Northern Pintail.

Submitted photo

The lower campground at Oak Bay County Park is littered with logs deposited by the December king tides. A few beach walkers navigate the maze along the gravelly path between the lagoon and the bay. Four neoprene-clad windsurfers speed through the wind chop, following the coastline of Indian Island toward Admiralty Inlet. The campground is almost empty. The few people in sight are silent, huddled into their warm jackets and hats. In winter, the park belongs to the diving and dabbling waterfowl that set up residence in the surrounding waters, staying from late October to April. Then they will migrate in the spring to their nesting grounds in Alaska and Canada. Depending on the species, some will cover over one thousand miles in their migration, flying at night, with speeds approaching between 45 and 75 mph.

Small groups of birds bob in the rough waters of the bay, disappearing into the water as soon as you bring up your binoculars. These are the divers, sitting low in the water,

with their legs set far back in order to propel them through the water as they search for dinner. Red-breasted mergansers, whose shaggy crest resembles a punk rockers hairdo, fish in shallow waters closer to shore. The common loon, known for its melancholy yodeling, is wearing its plain gray nonbreeding plumage while it dives in deeper water, searching for larger fish which it swallows while swimming. The surf scoter is a large dark sea duck, and males have an orange, white and black bill with a white spot at the back of the neck. They dive for mussels and clams which they swallow whole, relying on a large, strong gizzard to pulverize the shells. These shell fragments then help to grind the food in their digestive tract.

A black oystercatcher, with its distinctive long and blade-like orange bill, is slowly wading along the edge of the lagoon, searching for clams in the mud by probing the ground and looking for siphon holes. Success! It uses its bill to lift the clam out of the mud, pry open the shell, and cut the adductor muscle, before it can eat the clam. The bird continues its stroll, scoring a few more clams enroute.

Further out in the still water of the lagoon, over a hundred American wigeons slowly paddle around, searching for plants to eat. These are the dabblers, sitting higher in the water with feet further forward so they can walk more easily and lift off directly from the water without the need to run on it. They "dabble" for food along the surface or upend to reach plants below. Paddling alongside the wigeons is a raft of northern pintails, a most elegant bird. The males are dressed in breeding plumage with a white breast, long graceful neck stripe and long slender tail. The ubiquitous mallards cruise the far side of the lagoon, sticking to their own family groups.

Suddenly a high-pitched whistling call arises out of the wigeons, and the entire bird population of the lagoon rises up and flies toward Oak Bay Road. We look up and out to the bay to see what predator may be approaching and see two bald eagles engaged in a cartwheel display. This courtship behavior involves locking talons high above the ground, spreading their wings, and while entangled they spin toward the earth. The pair unlocks talons and flies apart just before hitting the water, a breathtaking sight.

The waters are now empty; it will be a while before the ducks, oystercatchers, and loons feel safe to return. The windsurfers continue on their merry way, oblivious to the drama in the sky. The other beach walkers smile at us, aware of how special this brief moment has been. We'll come back on another day, hoping to see more of the 30-plus species of waterfowl that are reported to Ebird at this spot at this time of the year.

If you are interested in exploring Oak Bay County Park, the lower campground is accessed via Portage Way. The upper campground sits above the lagoon on Cleveland Street and is home to birds such as flickers, kinglets, finches, and siskins.

Kudos to the Bay Club Staff

LaDan Abosein, Guest Writer

As a one-year resident of Port Ludlow and member of the wonderful South Bay Club, I attend events whenever I can, though not as often as I would like. Every other Sunday, I join a group of like-minded ladies who spend their time knitting a little and laughing a lot. Our four-hour gatherings are priceless, informative, intimate, and light-hearted.

As the time to say goodbye approached, some of us decided to tour the lobby and the auditorium, admiring the beautiful Christmas decorations created by the talented volunteers. I also visited the women's restroom and was impressed by how well-lit, clean, and inviting it was. During our time together, I grabbed a cup of hot tea and realized that the refreshment station was always well-stocked. I never have to wait for the water to heat or search for my favorite tea bag.

It became clear to me that the heart of our club's operations lies in a steadfast commitment to maintaining the highest standards of cleanliness and service. The dedication of the staff is evident in every aspect of their work, creating a welcoming, safe, and exceptional environment for all members and guests.

I want to express my appreciation for the manager, employees, and volunteers whose hard work ensures that the club remains such an inviting place. Their unwavering commitment makes it clear that no detail, no matter how small, is overlooked when it comes to delivering the highest quality service.

plvoice.org

Breaking News – Archive of Past Issues
Early Access to News Articles
Local Arts – Letters to the Editor



January Comfort Food

Somehow these winter days just call out for warm, gooey, comfort food meals. One of my favorites is this recipe for “The BEST Homemade Mac and Cheese.” The recipe is from Mom on Time Out, *momon-timeout.com*, and I recently made it for a neighborhood gathering to rave reviews. It is delicious and worthy of a diet deviation!



Ingredients

16 oz elbow macaroni
1 tbsp extra virgin olive oil
6 tbsp unsalted butter
3 cups whole milk (I used 2%)
1 cup heavy whipping cream
4 cups sharp cheddar cheese, shredded (shred your own, don't buy already shredded)
2 cups Gruyere cheese, shredded
4 tbsp unsalted butter
1 ½ cups panko crumbs
½ cup Parmesan cheese shredded
¼ tsp paprika

Instructions

Preheat oven to 350°. Lightly grease a 3 or 4 qt baking dish, set aside. Combine shredded cheese in a large bowl, set aside. Cook pasta one minute short of al dente according to package directions. Drain and place in a large bowl. Drizzle pasta with olive oil and stir to coat. Set aside.

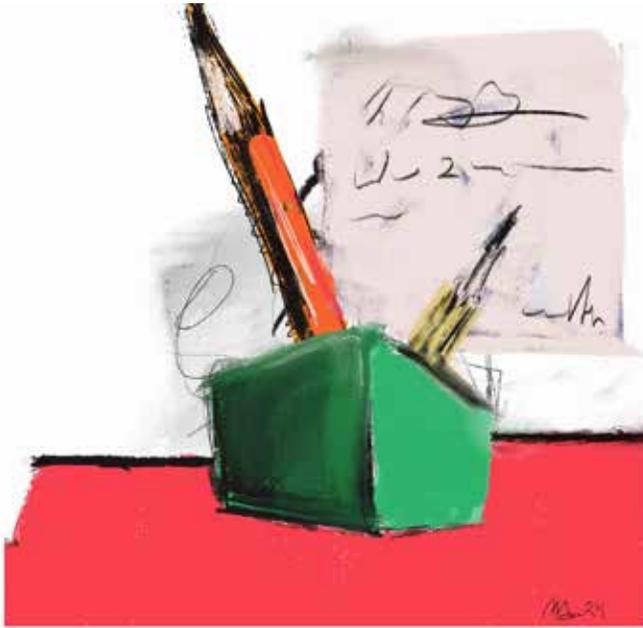
Melt butter in deep pan. Whisk in flour over medium heat – continue whisking about 1 minute until bubbly and golden. Gradually whisk in milk and cream until smooth and continue whisking until bubbles are visible on the surface. Continue cooking another 2 minutes. Whisk in salt and pepper to taste. Add 2 cups of the cheese and whisk until smooth. Add another 2 cups of cheese, continue whisking until smooth. Sauce should be smooth and thick. Stir in the pasta until it is fully coated. Pour half the pasta sauce mixture into the prepared baking dish. Top with remaining 2 cups cheese, then the remaining pasta sauce mixture.

Combine panko crumbs, Parmesan cheese, melted butter, and paprika. Sprinkle over the top and bake until bubbly golden brown, about 30 minutes. Serve immediately.

Arts & Entertainment

Port Ludlow Art League's Artists of the Month

Featured Artist – Marc McManus



Just a Sketch, by Mark McManus.

Marc earned a Bachelor of Fine Arts with an emphasis on painting and art history from the State University of New York College at Oswego. Marc was inspired by Mark Rothko, an abstract painter; Philip Guston, a painter, printmaker, and muralist; and Joseph John Campbell, a professor who worked in comparative mythology and comparative religion.

Marc's art exhibit features mixed media, painting, and the narrative process—exploring the relationship between our lives and the infinite universe. Marc states, "Including narrative symbolism into each piece speaks to the importance of process and alignment in life. For me, incorporating rhythm, time, and shape highlights the journey of random moments that define who we are and the epic tales that transform our lives." Marc hopes his artwork will inspire viewers to reflect on the restorative power of creativity and connection.

During January, you can view Marc's artwork at the Sound Community Bank and online at portludlowart.org.

A reception for Marc is set for 4 - 5 p.m., **Wednesday, January 8**, in the lobby of the bank and 5 - 6 p.m. at the adjacent Port Ludlow Art League Gallery. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

For more information, please email info@portludlowart.org or visit portludlowart.org.

Featured Jeweler – Pamela Raine

As an amateur geologist, Pamela was drawn to the stone cabochons at the recent Seattle Gem and Jewelry Show. Creating jewelry enables Pamela to express her personal style and individuality through the design and selection of materials.

During January, Pamela's jewelry will be on display at the Port Ludlow Art League Gallery, the Sound Community Bank, and online at portludlowart.org. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

For more information, please email info@portludlowart.org or visit portludlowart.org.



Pendant necklace by Pamela Raine.
Submitted photos

Bay Club Art Exhibit— Serendipity, and My Favorite Place



Let Out the Sails, by Ann Bernard.

Submitted photo

During January and February, the Port Ludlow Bay Club's art exhibit has two themes: Serendipity, and My Favorite Place.

Often times, artists can visualize what they want to create. They plan their composition, select a medium, and carefully consider color and contrast. At times during the creative process, though, artists can become disenchanted with what they see, try something unexpected, and set their artwork aside. When revisiting the artwork some time later, it's not uncommon for artists to see what they've started in a new light and unexpectedly know how to move forward.

This art exhibit is sponsored by the Port Ludlow Art League. You can also catch a sneak peak of the exhibit at portludlowart.org.

The Bay Club is located at 120 Spinnaker Lane in Port Ludlow. For more information on art exhibits at the Bay Club, please email Alan Ahtow at info@portludlowart.org.

Reminder to Dog Owners

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog, large or small!



Northwind Art Classes



Beth Herrild.

Northwind Art School at the Fort Worden campus offers 14 new classes, workshops, and get-togethers. Classes in buildings 306 and 324 are led by well-known teaching artists as well as by visiting teachers. January classes include:

- Your Illustrated Life: Art Journaling through Change with Meg Kaczyk, **January 5**
- Introduction to Watercolor Painting with Suzanne Lemon, **Wednesdays, January 8-29**
- Talking Big Ideas: Honing Your Art Making Practice with Michelle Hagewood, **Thursdays, January 9-30**
- A Touch of Gold: A Stacking Ring Workshop with April Ottey, **January 11-12**
- Introduction to Abstract Art, online with Xin Xin, **January 11**
- Mindfulness Practices for Art Making with Meg Kaczyk, **January 15**
- Exploring Acrylics with Beth Herrild, **January 18**

- All Wrapped Up: Intro to Rock Wrapping with Sue Stanton, **January 22**
- Collage Valentine Cards with Anne Schneider and Carol Nielsen, **January 28**

The Northwind Art School will be hosting Print Night every second Monday of the month for photography enthusiasts. Anyone interested in taking photographs and talking about them is invited.

For more information on classes, see the Take a Class page at NorthwindArt.org.

Northwind Art Exhibits

The 2024 Small Expressions exhibit in the Jeanette Best Gallery along with the Showcase 2024 exhibit in the inner gallery continue to run through **January 6**.



Current, by Shawna Marie Franklin.

Submitted photo

Northwind Art galleries in Port Townsend reopen on **January 30**, with two new exhibits: Showcase 2025 that presents artwork from 15 regional artists, and Being with Kelp, a one-woman show spotlighting the art of Shawna Marie Franklin. This Orcas Island-based painter and print-maker is also a biologist interested in the ways humans are part of the larger ecosystem. For more information about Franklin, visit shawnamariefranklin.com.

Northwind Art galleries are located at 701 Water Street, Port Townsend, and are open Thursdays through Mondays from noon to 5 p.m. For more information about Northwind Art exhibits visit NorthwindArt.org.



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As the calendar turns the page, we wish you the very best in the year ahead.



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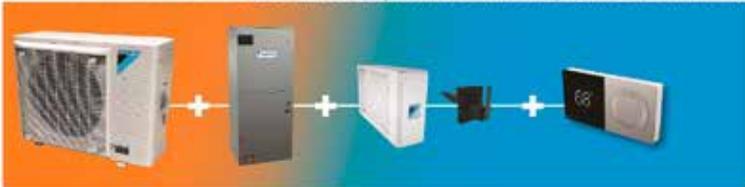
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Village News

Bay Club / South Bay

South Bay Community Association Update

by Bob Gilbert, President, SBCA Board of Directors

Reflecting on Our First Six Months

As I write this article for the *Voice*, your Board and I have reached the six-month mark in our term, a milestone that offers a chance to reflect on our collective progress. Leading SBCA has been a challenging yet rewarding journey—far more demanding than I expected and beyond what words alone could have prepared me for. I’ve been fortunate to have Mark Torres as both a mentor and an exceptional General Manager. Mark’s deep understanding of our organization’s history and complexities, combined with his tireless passion and leadership, have been invaluable. Many of the accomplishments at The Bay Club simply wouldn’t be possible without him.

I am also deeply grateful to those who served before me; their support and wisdom have been instrumental as I’ve come to fully appreciate the immense time, energy, and dedication required to lead this organization. Above all, I want to thank my wife, LaDan, for her unwavering support. Her strength, guidance, and patience are what make it possible for me to serve in this role.

Facilities maintenance has been a key focus. Work has been completed in the shower rooms, pool and spa, and the exterior building’s walls. We upgraded the auditorium’s projector, and the conference room got a new smart TV, improving functionality for presentations. The Card Room now features more comfortable chairs. Outside, we replaced two aging grills, and a new dust collector system in the Wood Shop will soon enhance safety and reduce noise. Ceramics enthusiasts are also enjoying a new kiln for their creative projects.

The **Fitness Center** has seen many updates, including a new recumbent bicycle, elliptical machine, treadmill, and chest press, all supporting members’ wellness goals.

Fostering connections and creating opportunities for fun are accomplished through our many activities. Since July, we’ve hosted five charitable pancake breakfasts, restarted monthly potluck socials, and continued weekly Member

SBCA Important Dates

Friday, January 3, 8:30 a.m. – Pancake Breakfast, benefiting PSO Bluebills

Thursday, January 9, 9:30 a.m. – Monthly Board Meeting **

Friday, January 10, 5 p.m. – Member Social

Monday, January 13, 1 p.m. – Jefferson Healthcare Presentation (Healthier Hands)

Thursday, January 16, 5:30 p.m. – Chimacum School District Presentation

All Wednesdays at 4 p.m., Member’s Lounge

** Unless there are changes to county requirements, meetings are in-person.

All SBCA members are welcome.

To keep informed of meeting dates and times, please visit sbca.club

Committee meetings minutes are posted at sbca.club then click on the Board Minutes page

Lounges. Brat Fest and Salmon Fest were highlights, thanks to the dedication of our staff and volunteers. To better align events with members’ interests and resources, we’ve refined our planning process and are exploring new activities.

Financially, we remain focused on future preparedness. Building on the strong work of previous Boards, we continue to prioritize reserve fund contributions and wisely invest income proceeds in compliance with Association rules.

Governance improvements are also underway. We updated the Facility Use Policy for clarity and sustainability, refined staffing models to ensure high-quality service, and created new committees, including Communications and Strategy and Planning, to enhance member engagement and long-term planning. A task force is reviewing the SBCA website, and an “Owner’s Manual” is being developed to help new board and committee members acclimate more quickly.

Quarterly Village Presidents meetings are intended to strengthen connections with the Villages, share information and foster collaboration across South Bay. Beyond South Bay, we've worked to build ties within the broader Port Ludlow community. We've increased visibility and accessibility through the *Port Ludlow Voice*, eBlasts, and personal interactions. In November, we hosted the LMC Board of Trustees at SBCA, working to foster collaboration with our North Bay neighbors. Additionally, we've renewed support for the Port Ludlow Village Council as they refresh their mission to better serve the entire community.

While we're proud of our progress, there is still work to do. Your Board and Committees remain committed to enhancing activities and advancing initiatives that benefit all members. As President, I welcome your input. Feel free to email me at gilbysan@gmail.com or approach me at the Club—I'm always wearing my name tag and happy to chat.

Looking ahead, in early 2025, we will ask for your participation in a critical voting effort to amend the SBCA CC&Rs. This effort has been attempted before but did not succeed for various reasons. This time, it's essential that we secure a YES vote to address a long-standing issue. A poorly written clause in our CC&Rs, inherited from the original developer and PLA, has disadvantaged South Bay residents for over 35 years and will continue to do so until it is amended. This amendment will right that historical wrong for the benefit of the entire community. More details will be shared in the coming months.

Thank you for being part of this vibrant community. Together, we're making SBCA a more member-centric and connected place. Special thanks to our incredible volunteers, including Associate Member Volunteers, and to our dedicated SBCA staff for their hard work and commitment supporting our needs.

SBCA Facilities Committee

by Carolyn O'Keefe, SBCA Board Member

In South Bay, when members think of the Bay Club, it might be that we are wondering when is the next musical or Happy Hour. Some of us look to the calendar to see when the quilters are meeting or when the next Pilates class will be held. We call the Front Desk to sign up for lap swimming. We wait to see what new activity the Activities Committee has in store for us. When the Facilities Committee thinks about the Bay Club, we wonder about its infrastructure – all the components inside and outside of the Bay Club.

As a new SBCA Board member and Chair of the Facilities Committee, I have had a crash course in the many components that comprise the Bay Club, from the exterior of the building to its interior. Our committee works with SBCA General Manager, Mark Torres, to advise the SBCA Board of Directors about the management, maintenance, repair of, and improvements to, the Bay Club. We walk around and walk through making evaluations of the property and the building. With the General Manager, we review and update a components spreadsheet that includes all the things that make the Bay Club a viable place to hold events and enjoy each other's company. These include exterior parts, such as the siding, exterior paint, roof, windows, sliding glass doors, the landscaping, sidewalks, patio, and grounds, as well as interior components such as HVAC system, woodshop, exercise facilities (pool, weight room, cardio room, stretching area), rooms (arts/crafts, classroom, card room, conference room), two offices, a small business center area, the entry and sitting room, the auditorium, and kitchen. Behind-the-walls components of plumbing and electrical are critical to the smooth functioning of the Bay Club. We worry about the humidity from the pool and spa area, how it may impact the longevity of the new roof, and what steps can be taken to remedy the situation. Beyond the Club is an additional building (shed) that houses the kiln, ice machine, and storage. Within the Bay Club, furniture, dishes and silverware, appliances, carpets, lighting are additional items to consider. Facilities, along with our GM, create timelines to determine when something will need to be replaced, repaired, or repainted, enabling the Facilities Committee to create an annual maintenance/replacement plan it shares with the Finance Committee. This annual winter task allows us to have our spreadsheet to the Finance Committee for work on developing the next year's budget.

The Facilities Committee is a dedicated group of volunteers, and as stewards of the well-being and longevity of the Bay Club, we work together to ensure that it is sustained and maintained in the best condition possible, providing us with a beautiful Club that makes us distinctly South Bay.

Being Safe While Walking

Pedestrians: Walk facing oncoming traffic. Wear light-colored or reflective clothing so that you can be seen easily in the dark.

Drivers: Watch out for walkers. Remember, they can't always see you coming.

Beach Club / North Bay

Update from the Manager

by Brian Belmont, General Manager

On December 8, the Choral Belles delighted Beach Club attendees with their wonderful holiday performance. We were treated to many classic Christmas songs which helped get everyone in the holiday spirit. The Choral Belles, who have been performing in our community for more than 25 years, volunteered to perform as a fundraiser for our Beach Club Accessibility Project.

The goal of the Accessibility Project is to make the Beach Club accessible to all Ludlow Maintenance Commission (LMC) members. To accomplish our goal, 5 new handicapped parking spaces near the Club entrance will be added, an elevator will be installed which will ensure safe and convenient access to lower-level amenities, the lower-level walking surface will be modified to include a ramped walkway that transitions to the swimming pool deck level, automatic push-button door openers will be added where appropriate, and the outdoor pool/picnic area will be modified so that it is at ground level.

Breakfast with Santa was held on December 14. Cheryl Wheeler again coordinated this popular event with the help of her many volunteers. This was a magical event—thanks to everyone that made this a special day for all that attended.

On December 28 we held our annual Polar Plunge event in the unheated outdoor pool at the Beach Club.

I hope to have pictures from the Breakfast with Santa and Polar Plunge events in our January *e-Navigator* publication.

LMC will conduct its annual meeting and election on **Saturday, April 19**. Although we are still several months away, now is the time to be thinking about running for a position on the LMC Board of Trustees.

There are three (3) Trustee candidate positions open this coming April; two (2) representing lot owners and one (1) representing condominium owners. All three positions are three-year terms. In addition to serving on the Board, our Trustees also serve on at least one of the LMC standing committees.

LMC and the Beach Club

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Email: GM@LMCBeachClub.Org

Sign up for our monthly *e-Navigator* by emailing the above address.

Visit LMCBeachClub.org for more information about your North Bay HOA

Trustees whose terms are expiring in April are Karen Davis, representing condominium owners; Paul Maxwell, representing lot owners; and Rob Wall, representing lot owners.

Serving on the Board can be a rewarding experience as an advocate for your North Bay neighbors. The Board will help determine our organization's short- and long-term goals.

If you are interested in learning more about serving on the Board of Trustees, please talk to any of our Board members or me about serving as a Trustee.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201, or by email at GM@LMCBeachClub.org.

North Bay Potluck's Chili Cook-off

Think you can cook chili? Sign up at the Beach Club in advance to be one of the entrants in this year's competition. Not a cook but you can eat chili? Sign up, come to the event, and bring a side dish to share. Taste all the entries and cast a vote for your favorite. Prizes for the winners!

The event is scheduled for **Saturday, January 18**, at 5:30 p.m. at the Beach Club. BYOB and place settings. Lots of food and fun.

For information or to volunteer, contact Nancy Kiesler at 206-390-1135 or nancykiesler@aol.com.

Village Council

PLVC Board Meeting Summary

by Tracy Geipel, PLVC Secretary

Call to Order

The Annual Board Meeting was called to order by President John Goldwood at 4:33 p.m., following the PLVC Annual Members' Meeting that was held in the Bay Club classroom. The meeting followed Robert's Rules of Order for Small Boards. Board members present: John Goldwood, Tam McDearmid, Tracy Geipel, Paul Hinton, Geoff Lang, Kay Mol, John Cacho, Howard Weiner, Bob Gilbert representing SBCA, Joan Johnston representing LMC, Lois Grazioli represented by proxy by Secretary Tracy Geipel. Member absent: Carol Prisson-Reed. A quorum was declared, and the meeting was recorded.

Board Business

Election of PLVC Officers for 2025. Candidates are John Goldwood, President; Tam McDearmid, Vice President; John Cacho, Treasurer; Tracy Geipel, Secretary. No motion or second for approval was made. Vote for approval of this slate of officers was unanimously in favor.

Approval of November 7, 2024, Minutes. Motion to approve, seconded, passed unanimously.

Plans for the workshop on December 17 at The Bay Club were discussed. The agenda will cover internal and external items to be accomplished during the first quarter of 2025. A conversation about future plans for how the board will function in 2025 was held.

Plans are being made for a council retreat to be held in early January. The retreat will focus on PLVC Board goals and plans for 2025. Possible agenda items for the retreat were discussed.

A Balance Workshop led by Kay Mol, open to all in the community, will be held as a PLVC fundraiser on **Saturday, February 15**, at the Beach Club.

Adjournment at approximately 5:11 p.m.

Next Meeting: Thursday, January 2, 3 – 5 p.m., Beach Club Bayview Room

Next Workshop: Tuesday, January 21, 3 – 5 p.m., Beach Club Gallery Room

Village Council Meetings

PLVC Board Meeting

Thursday, January 2

3 - 5 p.m., Beach Club Bayview Room

PLVC Workshop

Tuesday, January 21

3 - 5 p.m., Beach Club Gallery Room

plvc.org

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Recreation & Sports

Balance Workshop

by Kay Mol, PLVC Board Member

The Beach Club and LMC will be hosting a balance workshop on **Saturday, February 15** from 1:30 – 2:30 p.m. This workshop is open to all Port Ludlow residents.

Here's the bad news: Falls are a common but often overlooked cause of injury. According to data from the CDC (Centers for Disease Control), around one in three adults over 65 years old and half of people over 80 will have at least one fall a year, and the number one cause of injury-related death for seniors is falling!

Here's the good news: Balance is a learned skill that can be relearned and improved with knowledge, awareness, and practice, regardless of age or starting point. Falls happen for many reasons, but improving balance skills can reduce their likelihood.

Kay Mol is a new resident in Port Ludlow and a newly elected Board member of the Port Ludlow Village Council. During her 27-year career as a Private Fitness Trainer, Kay specialized in Strength, Pilates, Balance, and Functional Fitness. This one-time Balance Workshop will help you identify your individual starting point and how to continue to improve your balance skills, progressively and safely at home. Kay will guide you through specific movement patterns to increase proprioception – how your body makes sense of where it is in space at any given time. This is not an exercise class, but you will be on your feet for some or most of the workshop. Please wear comfortable clothing and flat, comfortable footwear.

You can pre-register at either the Beach or Bay Club registration desks. Space is limited, so please sign-up early. Sign-in sheets are available **January 1**.

One hundred percent of the proceeds from this workshop will go to the Port Ludlow Village Council. The cost is \$10 per person (cash or check at the door—checks made out to PLVC). Hope to see you there!

Port Ludlow Hiking Club

by John Nuereberg, Port Ludlow Hiking Club

Hikers meet at the Bridge Deck in Port Ludlow on the day of the hike at 8:15 a.m. to get directions to the trailheads, arrange carpools, and depart at 8:30 a.m.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to plhikingclub@yahoo.com, or go to the club's website at portludlowhikingclub.com and click on 'Contact' to send a message. Anyone may join in the hikes; you don't have to be a member of the email roster or club.

Friday, January 3 – Port Ludlow Trails

This is a good opportunity to recover from your New Year's festivities by hiking some of the local trails in Port Ludlow. You may want to consider trying a newer trail that connects the Waterfall/Interpretive Trail with the McCormick Loop Trail. The Trails Committee built a bridge over Ludlow Creek at the foot of the falls. If taken all the way, it would amount to about a 3-mile hike. One of the best trails in the system! This will be a self-led hike. I suggest all those that want to take this hike meet at 8:30 a.m. at the parking area by the Interpretive Trail.

Friday, January 17 – Spruce Railroad Trail

We will begin this hike from the east end at the parking lot off East Beach Road. The trail is entirely paved. The trail will take us to Devil's Punch Bowl, through or to a couple tunnels, and backtracking after about three miles. Most of the hike provides beautiful views of Crescent Lake, the opposite shore including the Lodge, and the Olympic Mountains in the background. The Spruce Railroad Trail would have transported Sitka spruce to Port Angeles. The wood was to be used to build aircraft during World War I, but the war ended days before the completion of the railroad.

The hike is about 6 miles round trip with about 100 feet of elevation gain. Since the trail is almost all asphalt, and has virtually no incline, hiking sticks will not be needed. You may also wear your comfortable tennis shoes! This has an M1 hike rating. A restroom facility is available at the trailhead. A National Park pass is not required but worth having in your vehicle on display, just in case. Hike leaders: Sally and John Nuerenberg, 623-229-4657 or 623-229-4257.

Wednesdays: Timberton Loop. Walk the 4.2-mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at 9 a.m.

Monday/Wednesday/Friday - 8 a.m. Join the “Trail Club Group” that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

For more hiking information, map of the Port Ludlow Trails and descriptions and pictures of previous hikes and other destinations, go to portludlowhikingclub.com.

Trail Mix

by Larry Scott, Trails Chair

As of this writing, Christmas is upon us and instead of Trails cutting down leaners that are dead and dangerous or transitioning the already long horizontal logs into short horizontal logs, now it’s time to go buy a tree that someone else cut. Doesn’t seem to make a lot of sense, but tradition is tradition.

Trails’ Chair was out of state when PLVC hosted a couple of town hall meetings, one each at the Beach and Bay Clubs in mid-November, but some of the other Trails Committee members were in attendance and reported that it was well attended. That was good news to hear because for those new to the wonders of the “Village in the Woods by the Bay,” PLVC is Trails parent organization. Trails is just one of PLVC’s committees. The newly constituted Council held its annual meeting on December 5 and Trails had to report what it’s been up to for the 12-month span of October 2023 to September 2024.

If you are a regular *Voice* reader, you probably already know what Trails has been up to, but this annual report is a recap of those activities with a couple additional features. Trails reports on the total hours expended on the Fun Days for the time period and reveals with chronological photos the accomplishments and identity of some of the “Worker Bees” who “Keep Improving our Trails.” Last fiscal year, trails expended 1662 volunteer hours on our own village trail system. We refer to Independent Sector at

independentsector.org/resource/value-of-volunteer-time for their analysis and valuation of volunteer time. Independent Sector determined that the National value for this period was \$33.49/hour, and the Washington State value was \$40.28/hour. Extending that out means Trails has contributed \$66,945 worth of Fun Days volunteering over those twelve months. Not a bad ROI (return on investment) for a \$1,000 contribution from the four supporting entities: PLVC, PLA, LMC, and SBCA.



Jeff Sarantopulos and Marilyn Martin having a “Fun Day” developing Creek View Loop Trail (formerly Phillips Loop Trail).

Photo by Larry Scott

This has now gone full circle and expresses why Trails was pleased to hear of the good town hall attendance and the following financial support forthcoming, although it was reported as coming from only 10% of all Port Ludlow residents.

Trails will carry on developing and maintaining our trail system. There are three new trail developments on the books: (1) An additional leg to the Springboard Trail; (2) An extension of the Oak Bay Trail from Swansonville to Walker; and (3) The afore-mentioned Phillips Loop Trail running along the west side of Ludlow Creek. Big news

on #3 – Phillips Loop was a working title during development and the committee has officially renamed it as Creek View Loop Trail instead, so all references will be to that title from here forward.

And as usual, we also continue to have Fun Days for a couple hours at a time following our motto. If you would like to help, send me an email at mclgscott@cablespeed.com. Let's Keep Improving our Trail.

Happy New Year!

by Jim Mancill, PGA Head Professional, Port Ludlow GC

Welcome to 2025. As we roll into a new year, it's time to sweep away the dust from last year and look ahead to all of the possibilities in the year ahead. For all of us who call ourselves golfers, it's usually the thought that "this year is going to be my year," and maybe it will be. It's just the way we all see it.

"If I only hit my driver a little farther or stop 3-putting so much, I'll finally break..." (fill in your goal). Everyone has their list of New Years resolutions and as far as golf is concerned, there are sure to be some of them on that list as well. Let's see what we might have:

- Play more golf
- Have more fun
- Finally start that stretching program
- Don't let slow play ruin my day
- I want new clubs, but I'll at least get my old ones re-gripped
- I'm going to take a break from all the online golf videos and finally get a lesson
- Start walking again when I play, even if it's only 9 holes
- Take a golf trip...maybe to Bandon Dunes

Just go out there and have more fun, enjoy the time with friends, and stop being so hard on yourself; it's just a game. And while we are it, maybe someone will come to their senses and get the players on the PGA Tour and LIV back together so we can watch the best players in the world compete against each other again. See you on the trails!

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3. Port Ludlow Village Council (PLVC).....\$200
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Dr. Kelly Ramirez

Jefferson Healthcare's new general neurologist, Kelly Ramirez, MD, will join her. Dr. Ramirez sees a diverse patient population and treats a range of conditions, including Parkinson's Disease.

Becky Steffens, DPT, will also share information about local resources for patients with Parkinson's Disease, such as support groups and classes.



Becky Steffens, DPT

FREE!

**Monday, January 13, 1:00 pm
Bay Club, 120 Spinnaker Place**