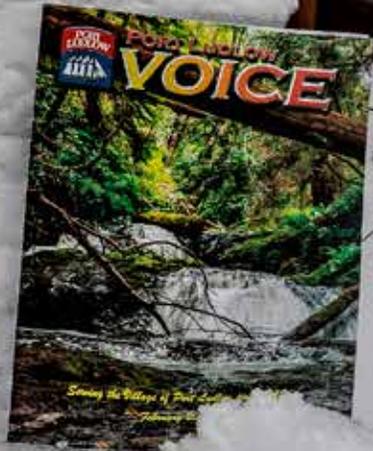


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The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

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The *Voice* Online

plvoice.org

Breaking news and announcements: Find information on the website before the printed magazine is available. See the Community News section for information on North Bay, South Bay, PLVC, and others for early news for the Port Ludlow Community.

Expanded Articles: Read complete versions of articles, and articles appearing only online, on the announcements page.

Local Artists: See examples of local artists' work and get contact information. See the performing arts schedule.

Letters to the Editor: Read comments, criticisms, and suggestions from other readers on Read Online.

Advertising Information: Find out how to place classified and display ads. Access advertising websites from ads.

Archived *Voice* Issues Online: Copies of every issue of the *Voice*, beginning in August 1998 and continuing all the way to the present one, are at *plvoice.org/readonline*. Also, there is a search box on every page of our website. Look for it on the right under the Menu Bar, and then type in a few key words. A list of possible issues will appear. Happy hunting!

ON THE FRONT COVER

Nothing deters from enjoying the *Voice*.
Photo by Brian Jennings Photography

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News & Community

Submit your articles by email to editor@plvoice.org no later than the 8th of the preceding month.

Voice Website Capabilities

by Tim Propeck, Web Manager

The Port Ludlow *Voice* website was established in 2014 to complement the printed *Voice* magazine. It was updated each month with an online copy of the complete magazine that could be accessed from the plvoice.org web address. There were several other pages of information that complemented what was printed in the magazine. In addition, there was an archive of all the magazines published since the founding of the *Voice* in 1998.

We have decided to take advantage of the timeliness of information presented online and will publish breaking news and monthly updates of Community News as soon as they are written. The breaking news will be featured on the Home Page of the website. A "Community News" section has been added to the menu on the website. It will contain monthly updates from North Bay, South Bay, Port Ludlow Village Council, and news from other areas under the heading of News and Community. The other features of the website remain the same as described above.

You can access the *Voice* website by searching for plvoice.org on your web browser.

Free AARP Tax-Aide Service

IRS-certified AARP Tax-Aide volunteers will be available again this year to prepare and electronically file tax returns at several sites in Jefferson County. The service is free of charge. The Tax-Aide program is sponsored by the IRS and the AARP Foundation, and is available for low- and middle-income taxpayers of all ages.

The Tax-Aide volunteers will be available throughout the tax season, which extends until April 15 this year.

The Tax-Aide volunteers are IRS-certified to prepare most basic tax returns, making sure that the taxpayer receives all eligible deductions and credits. Whether a first-time taxpayer, a working family, a retiree, or someone who just needs some help to get through your tax return this year, the Tax-Aide volunteers are here to help you! They do not prepare returns for taxpayers who have income from rental properties, or for taxpayers with complicated business returns.

Due to Covid-19, this year we will be preparing returns remotely. We will not be preparing returns at our usual

locations. The taxpayer will not be physically present during the preparation process. This is to ensure the health and safety of our volunteers and taxpayers.

You must make an appointment at the location of your choice; there will be no walk-in services provided. Once you have made your appointment, you will be instructed on where to go to pick up a packet containing instructions on how to proceed further. In that packet you will find instructions, and the following two forms, which must be completed and signed before you arrive for your appointment: Form 13614-C Intake/Interview Quality Review Form; and Form 14446 Virtual VITA/TCE Taxpayer Consent.

Once you arrive for your appointment, stay in your vehicle. A volunteer will meet you in the parking lot and take your information and tax documents. The information will be scanned, and your documents will be returned to you at that point. Your return will be completed and will be available to be picked up at the same location one week later.

Taxpayers should bring the following with them to the Tax-Aide site:

- Photo ID (required)
- Original Social Security cards for taxpayer, spouse, and all dependents (required)
- Copy of 2019 tax return
- W-2 from each employer
- All 1099 forms (1099-INT, 1099-DIV, 1099-B, 1099-C, 1099-R, 1099-MISC, SSA-1099, 1099-G, etc.) These include interest, dividend, stock sale, cancellation of debt, retirement, self-employment, Social Security, and unemployment compensation.
- Form 1095-A, health insurance Marketplace statement, if you received one.
- Check or bank document with routing and account numbers, if direct deposit of the refund is desired.
- Any other documents necessary to complete your 2020 return; for example, cost of stock sold, tuition statements, and receipts necessary to itemize deductions, if applicable.

Local service locations are: Tri-Area Community Center, 10 West Valley Road, Chimacum, 360-390-4014, option 4; Port Townsend Community Center, 620 Tyler Street, Port Townsend, 360-302-1867; and Quilcene Community Center, 294952 US-101, Quilcene, 360-302-6064.

JCL Continues Robust Offerings for Community

Jefferson County Library (JCL) staff miss having patrons inside the building. Leadership is actively monitoring guidance from Governor Jay Inslee, hoping the county Covid-19 case numbers will soon lower sufficiently to safely open doors for short visits. With any luck, the library may be open for Grab-n-Go by the time you read this! Receive up-to-the-minute news by signing up for JCL's weekly eNewsletters at jclibrary.info/news-letter-opt-in.

3D Printing Service is now back at the library. The previous 3D digital printer proved to be so popular that The Friends of the Jefferson County Library graciously provided a new and improved replacement for the use of the community. Library staff has previously made for patrons: replacement knobs for stoves, parts for a broken can opener, a new blender lid, and many more useful items that are difficult to find. Items created can be picked up at curbside service. To submit a file to be printed, or learn more about 3D printing, please see jclibrary.info/use-the-library/3dprints.

If you are looking for IRS tax forms and/or booklets, you can pick them up from the library's curbside service—park in a curbside space, call the delivery crew number listed on the sign, and let them know what forms you need. To order your forms ahead, call 360-385-6544.

The library's *Great Decisions 2021* discussions continue in March every Thursday at 6:00 p.m. online, facilitated by Dr. Joyce Francis, and co-sponsored by QUUF ALPS. Weekly topics include: **March 4** – *China's Role in Africa*; **March 11** – *The Korean Peninsula*; **March 18** – *Roles of International Organizations in a Global Pandemic*; and **March 25** – *The End of Globalization?* Each session will begin with a short video, followed by facilitated discussion. Registration is not required. Find a complete description of topics and links to join the meeting room at jclibrary.info/programs-events/greatdecisions-2021.

The library's online Tech Tuesday classes for March include one-on-one instruction for using Zoom meeting software, and a second class on how to use web-based email services. Tech Tuesday classes are held from 3:00 p.m. to 4:00 p.m., and all are welcome. For dates and meeting links: jclibrary.librarymarket.com/events/month/2021/03.

To add levity to your Covid evenings, JCL Trivia Nights continue in March every first Friday and third Thursday. Join librarians for a night of trivia competition based on topics that include pop culture, science, art, and history. Questions are multiple choice, and bragging rights are the awards of the night. Invite your friends, grab some snacks,

and join the fun! jclibrary.librarymarket.com/events/month/2021/03.

The library provides Storytimes each Monday and Wednesday for kids from birth to preschool. Join librarian Martha Ashenfelter as she reads stories, sings songs, and encourages movement and fingerplay for early learning development. For dates and times: jclibrary.librarymarket.com/events/month/2021/03.

The bookmobile continues to stop at Port Ludlow Village Store on Wednesdays from 1:30 to 4:00 p.m. to deliver wireless printing orders, contactless holds, tax forms, and soon, seed orders from WSU Seed Library: jclibrary.info/use-the-library/location-hours.

JCL is located at 620 Cedar Avenue, Port Hadlock. Hours of operation are Tuesday through Saturday from 10:00 a.m. to 5:00 p.m., when you can borrow a laptop, talk to an information librarian, get curbside delivery of magazines, CDs, DVDs, audiobooks, books, tax forms, and print orders from library staff wearing gloves and masks for your protection. Wi-Fi is available in the parking lot 24/7. Contact the library staff at 360-385-6544, or email information@jclibrary.info.

FREE Legal and Estate Planning Seminars

Join Richard Tizzano and Tony Hinson on **Tuesday, March 2** and **Tuesday, March 16** at 11:30 a.m., as they explore estate and life care planning solutions that prepare you properly to protect your assets and remain independent.

Topics include: healthcare, Medicare and Medicaid, long-term care insurance, maintaining quality of life, aging in place, preserving wealth, estate plans and supplemental needs trusts.

On **Tuesday, March 9** and **Tuesday, March 23** at 11:30 a.m., join Tony Hinson as he discusses estate planning with a focus on estate tax issues and retirement account inheritance planning in a changing landscape. He will discuss Washington and federal estate tax issues, and some big changes looming for both in 2021. He will also talk about Estate plans being more than just wills & trusts, and about the importance of powers of attorney and medical directives. The proper planning for retirement accounts is now more important than ever with the 'stretch IRA' largely being gone. Anyone wanting a comprehensive estate plan which incorporates tax planning and retirement accounts should attend.

These virtual seminars are held live, so you can ask questions; it's your opportunity to ask the experts. To register, visit sherrardlaw.com/seminars, or call 360-779-5551.

Where to Schedule Covid-19 Vaccine Appointments

by Brad Martin, Port Ludlow Fire Chief

Area residents are asking how to schedule a Covid-19 vaccination appointment. Appointments are only available when the sites have sufficient vaccine. Updated information will be available on Jefferson County Public Health Department’s webpage at jeffersoncountypublichealth.org/1429/Covid-19, or on Jefferson Healthcare’s webpage (below). Check to see which age group is currently being vaccinated before making an appointment.

When sufficient vaccine is available, appointments can be made with Jefferson Healthcare Hospital online at jeffersonhealthcare.org/Covid-19-vaccine. If you don’t have access to the internet, you can call Jefferson County Emergency Management at 360-344-9791 from 9:00 a.m. to 4:00 p.m., Monday through Friday to make an appointment.

There are three local pharmacies where you can get vaccinated. Appointments can only be made online. They are:

- Tri-Area Pharmacy: Covidbi.timetap.com.
- Safeway, Port Townsend: No walk-ins; sign-ups are available - kordinator.mhealthcoach.net/vcl/SafewayPharmacyPortTownsend.
- QFC in Port Hadlock: No walk-ins; sign-ups are available - qfc.com/d/flu.

Thank you for your patience! If you have any questions about the services Port Ludlow Fire & Rescue provides, please contact me at 360-437-2236 or via email at bmartin@plfr.org.

Port Ludlow Fire & Rescue	
Alarm Statistics January 2021	
Alarms	
Fires	2
Rescue/Emergency Medical	45
Service Call/Good Intent	24
Hazmat	1
False Alarms	4
Total Alarms	76
Ambulance Transports	
Jefferson Healthcare	14
St. Michaels, Bremerton	14
Medevac	1
Home	2
Total Transports	31
Aid	
Aid Given	21
Aid Received	7
Total Aid	28

Wanted: Port Ludlow Beekeepers

by Dave Morris, President, EJBA

East Jefferson Beekeepers Association (EJBA) is offering online Beginning Beekeeping classes beginning **Saturday, March 13**. Two narrated modules are posted each week for five weeks, with an optional hands-on apiary visit. You work at your own pace and can submit questions on the site. The classes are free, but you must be a member of EJBA to participate. EJBA membership is only \$24 for an individual or \$36 for a family. Additional benefits include meetings, events, and mentoring. Each beginning beekeeper is assigned a mentor upon request. For more information and to sign up, visit ejbees.com/beekeeping-class.

Port Ludlow has wonderful bee habitat but sadly, few beekeepers. There are colonies on Mats Mats Bay and near Shine but, to our knowledge, none in Port Ludlow. Think about teaming up with one of your neighbors to explore this fascinating endeavor. The classes are timed to conclude prior to the arrival of package bees near the end of April or early May.

Northwest School of Wooden Boatbuilding’s New Term Begins Soon

Located on a seven-acre waterfront campus in Port Hadlock, the Northwest School of Wooden Boatbuilding begins the new year celebrating its 40th anniversary teaching hands-on skills.

Having remained in session during Covid-19 restrictions and completed a safe and successful spring/summer term, the trade school is entering this 2021 school year with a new Marine Systems building and an increased Marine Systems class size. The six-month Marine Systems diploma program begins April 5, with a full class of students brimming with anticipation to get out of the house and get their hands on tools. Additional start dates for both Marine Systems and Wooden Boatbuilding programs begin in October 2021.

As students prepare to relocate to the Olympic Peninsula, we would like to invite those in the community with apartments, homes, accessory dwelling units (ADU), or rooms to rent or lease for a 6 to 18-month time period to please contact the school at housing@nwswb.edu to be added to the housing list for prospective students.

The school works with the Port Townsend Marine Trade Association and other local businesses to develop curricula and training that provide graduates with relevant and needed skills to enter the workforce. Our mission continues to be to teach and preserve boatbuilding and marine systems while developing the individual as a craftsman.

Compass Points Panel Discussion Series

Join experts for Compass & Clock's monthly Compass Points series on **Thursday, March 18**, at 11:30 a.m. This month our "lunch & learn" topic is *The Joy & Benefits of Gardening at Any Age*.

Our experts will discuss the differences between small planters, outdoor gardens, starter plants, greenhouses, seasonal plants, and more. They'll also discuss gardening wherever your home may be—a private residence, senior housing community, or a community pea-patch—and the health benefits this all provides when you dig your hands into that soil.

These virtual seminars are held live, so you can ask questions; it's your opportunity to ask the experts. For more information and registration, visit compassandclock.com/compasspoints.

American Beautyberry: Not Just a Pretty Plant

by Eline Lybarger, Contributing Writer

Several Native American tribes used American Beautyberry (*Callicarpa americana*) to treat everything from malaria to rheumatism to dermatitis. The leaves were also able to repel ticks and mosquitoes. Knowing this, Cassandra Quave, an assistant professor in Emory University's Center for the Study of Human Health, began to examine its chemical makeup for any possible medical properties. Initially, the compound isolated from the leaves moderately inhibited methicillin-resistant *Staphylococcus aureus* (MRSA) and, when combined with an antibiotic like oxacillin, was effective in eliminating the bacteria.

C. americana is a small, deciduous bush three to six feet wide and tall, with an arching, open growth habit. It prefers well-drained soil and will tolerate shade, but for the best blooms and fruit production it needs full sun. It blooms in summer. However, the flowers are insignificant, ranging from white to lilac. Bees and butterflies like them. The real show begins in the fall when the bright violet to magenta berry-like fruit encircles the stem and remains for several months, even after the leaves have fallen.

American Beautyberry is relatively disease free, pest resistant, and shunned by rabbits and deer. Once established, it requires little additional water. The blooms and berries are produced only on the new growth, so it needs to be pruned by at least 1/3 in late winter, and it doesn't hurt to prune it to 12 inches.

First Wednesday Luncheon Reports on Food Bank

While we haven't actually held a meeting since March of the dreaded 2020, the First Wednesday Luncheon is alive and well in spirit. Representatives from the Luncheon Committee keep in communication with the Tri-Area Food Bank, which we support, and some volunteer there every week.

This past year has been a trial with more and more families requiring assistance; the management team and volunteers are kept extremely busy. In the words of John and Sue Laird, co-managers of the food bank, "We cannot say how much your volunteerism, financial, and food donations mean to us. We so appreciate the love and generosity pouring out of this community. John and I want to say from the bottom of our hearts, thank you, Port Ludlow."

Of course, their work is never done. In addition to the ongoing need for monetary donations for purchasing essentials, they can barely keep up with the demand for certain staples. They've actually depleted the shelves at many of the Dollar Tree stores in the area for the ever-popular items among families.

If you are able to shop and deliver, the items they always need are jams and jellies, soups, juices, snacks, and toiletries. Delivery time is Tuesday morning from 8:30 a.m. to 12:00 noon. The address is 760 Chimacum Road, Port Hadlock.

If you prefer to send a check, please make it payable to Tri-Area Food Bank and send to Janette Hammond, Treasurer, First Wednesday Luncheon, 670 Rainier Lane, Port Ludlow, Washington, 98365.

The First Wednesday Luncheon Committee is also grateful for the ongoing support it has seen and looks forward to the day we can resume our former activities in a safe environment. Keep well and reach out to a friend you haven't seen or spoken to in a while. It might just make their day.

Don't forget to remove that sign!
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DigitalLife Updates & Events



Deer Friends.

Photo by Jane Herzog

The Port Ludlow DigitalLife (PLDL) Board of Directors held our annual meeting via Zoom on Monday, October 19, 2020. We approved the minutes from last year’s annual meeting, and discussed our treasury and the future of our three special-interest groups: Camera, Photo editing, and All Things Apple. We reviewed progress with our community outreach programs (Habitat for Humanity and Bayside), approved the revised Bylaws, and elected a new board.

While the Bay Club remains closed, the current focus of the club is to provide digital education through a monthly newsletter with the addition of occasional workshops led by members of PLDL. In the newsletter you will find tips on photography, photo editing, and technical tips for the computer user.

In October, Jane Herzog presented the first Zoom workshop, which focused on Negative Space. Members who attended learned more about the topic, shared their examples of negative space, and explained how they captured and processed their images. Participants were encouraged to offer feedback on each photo.

During our Covid-19 pause, members of PLDL expanded and refreshed our website. Go to pldigitallife.org to enjoy the stunning 2020 Photo Exhibit and view the recent addition of the Member Galleries.

As we await in-person meetings, we welcomed a new member to PLDL, John Nuerenberg, who has worked in IT and recently moved to Port Ludlow. John has offered to teach a class on Facebook Security and Privacy via Zoom, on **Monday, March 15**. He is passionate about using

Facebook to connect with friends and family and wants to teach us how to use it securely. John is looking forward to offering classes in person, once we are able to return to the South Bay Club.

If you are interested in attending the March 15 session, or would like more information on PLDL, please contact Robin Glass, prglass@comcast.net.

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Early Access to News Articles
Local Arts -- Letters to the Editor

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plvoice.org/breaking-news-2/guidelines-to-submit.

An Icy Mystery

by John Goldwood, Contributing Writer



Hair Ice.

Photo by John Goldwood

In early March of 2019, my wife Kristi and I were enjoying our first month of residence in Port Ludlow. Having arrived from Los Angeles during the memorable snowstorm of early February, we were excited to see both the amazingly beautiful snow accumulation and eventually the snow melt that made it easier to start exploring our local trails.

On one of her first exploratory hikes, Kristi returned with news of something she had seen on the side of a trail: white, feathery, very delicate in appearance. Thinking it might be a type of mushroom or fungus previously unknown to me, Kristi brought me back to the spot where she had seen it, and we found.....nothing. Not a trace of what she had discovered only a few hours earlier. She returned to the same location early the following morning and found the mysterious object once again. She called me to let me know, and I joined her to see what I could determine.

Detailed examination of the mystery showed that it was indeed very fragile. Getting close enough to photograph, just breathing on it, was enough for it to melt and fall apart. The melting process was our first clue that it appeared to be some type of frost event. Closer examination showed what appeared to be thousands of tiny individual strands of ice, each strand ‘rooted’ to a piece of decaying Red Alder. It was definitely a type of ice that we had never seen before.

Searching online for ‘frost that looks like hair’ produced a wealth of information on the phenomenon known generally as Hair Ice. The story of both the phenomenon

itself—how the Hair Ice forms, prerequisites of temperature, humidity and other biological factors—and the history of the discovery and accumulation of scientific knowledge regarding Hair Ice is worthy of a far deeper read than I can provide here. A short summary follows, but I encourage you to do your own research to learn more.

Hair Ice was first identified and noted in scientific circles in the early 1900s. Alfred Wegener, a geophysicist and meteorologist, noted for his work on plate tectonics and recognized as the discoverer of continental drift, was the first to identify the phenomenon and to postulate that a fungus was involved in the creation of the unique ice crystals. Hair Ice remained in the background of scientific investigation until 2015, when a group of scientists in Germany and Switzerland began studying it in detail. Here, in a significantly condensed overview, is the outcome of their in-depth analysis.

Hair Ice forms only when specific prerequisites are present. Those include a piece of decaying or rotted deciduous wood with just the right amount of moisture content; temperature and humidity in a specific range; and most importantly, the presence in that rotted wood of a fungus called *Exidiopsis effusa*. It is the absence or presence of that fungus that determines whether Hair Ice can form at all.

When all conditions are perfect, a tiny droplet of water is forced from a tiny hole in the decayed wood and then freezes. A second droplet appears from the same hole, and it also freezes, pushing the first frozen droplet away from the surface of the wood. This process repeats itself, until in the right conditions, a single strand of ice only 0.01mm in diameter (far smaller than a typical human hair) may attain a length of several centimeters. The fungus present in the ice crystals prevents the ice strands from clumping together, ‘recrystallizing’ in scientific terminology, and allows the creation of this beautiful and rarely seen ice formation. The exact chemical process that is provided by the fungus is still unknown despite considerable research on the subject.

As is true for so many natural phenomena, it is quite likely that you might have walked right by a formation of Hair Ice and not recognized it. Port Ludlow seems to be in an ideal location for Hair Ice to occur. Red Alder is a preferred host plant for the fungus, and we have many decaying branches and/or saplings along our trails. Our humidity

continued on next page

Icy continued from previous page

and sub-freezing temperatures are frequently in the perfect range. Our shorter days in winter make it easy to be on the trails shortly before or just after sunrise. If the prior evening has provided little wind, you may very well find these incredibly delicate and beautiful creations right along the trail, or perhaps peeking out from the underbrush a short distance away.

The photograph here, taken in March 2019, was of Hair Ice found on the Olympic Terrace loop trail. I have recently (January 2021) seen the frozen feathers on the Olympic Terrace trail again this year and will start looking for them more intentionally as our overnight temperatures drop below freezing.

If you are fortunate enough to discover them, take a moment to appreciate their delicate beauty—but hold your breath!

As the World Turns

by Marie Bogan, Contributing Writer

Have you noticed? Daylight is finally getting stronger and longer. Although it's been happening since the winter solstice on December 21, the change was barely perceptible at first. But right now Port Ludlow is gaining almost four minutes of extra light every day.

That might not seem like much, but by the time we arrive at the spring equinox on March 20, we'll be enjoying a little more than 12 hours of daily light. Compare that to less than 8.5 hours of daily light we had at the solstice. (For anyone who's keeping track, our equinox sunrise will be at 7:11 a.m. and sunset at 7:24 p.m.)

Weather Giving You the Willies?

WillyWeather.com is a handy web site where you can get useful statistics such as those above. It compiles the world's weather and presents the information in an interactive, easy-to-use format. For example, here is a real-time snapshot of U.S. weather extremes, taken at 11 a.m. on February 6:

- Hottest location – Choluteca, Florida, at 96.8 F.
- Coldest – Wekweeti, Alaska, at minus 43.6 F.
- Windiest – Mount Washington, New Hampshire, at 71.4 m.p.h.
- Wettest – Jacksonville, Florida, at .8 inches of rain in one hour.

But WillyWeather is not just for weather nerds like me. It also provides a quick reference for moon phases, ocean tides and swells, even UV-exposure forecasts. Just access the free site and start clicking around. You'll find maps, graphs, satellite readings, radar displays, and storm warnings there

too. You can find out, on the fly, if you'll need a raincoat today in Port Ludlow as easily as you can find out how much snow your brother is getting in Minneapolis.

Weather vs. Climate:

Do You Know the Difference?

According to the U.S. National Oceanic and Atmospheric Administration, weather reflects short-term conditions of the atmosphere while climate is the average daily weather for an extended period of time at a certain location. In other words, climate is what you expect, weather is what you get.

Okay, then where does the term meteorology fit in? *ScienceDaily.com* defines meteorology as “the scientific study of the atmosphere that focuses on weather processes and forecasting.” So, while weather forecasting is an imprecise science, it's largely more accurate than we'd all like to admit. And we would be hard-pressed to get a weather forecast at all without the study of meteorology. Benjamin Franklin, no stranger to climate phenomena, famously said, “Some are weatherwise; some are otherwise.”

Springing Ahead

Franklin is often credited with the semiannual clock-turning ritual that people love to hate. In a satirical rebuke to penny-pinchers, he suggested that a concept such as Daylight Saving Time would “save on candles and lamp oil.” He took the banter one step further when he comically proposed ringing church bells and firing cannons to roust sleepyheads from bed at the crack of dawn.

As with many inspired words that are first spoken in jest, Franklin's idea eventually took hold, and an early version, called the Standard Time Act, was adopted by the U.S. in March 1918. That's when we made the bargain to trade less daylight in the morning for more daylight in the evening each spring. And then reverse the process each fall.

Although Daylight Saving Time has its detractors, most people are fans of the practice. In fact, our Washington State Legislature two years ago requested Congress to adopt year-round Daylight Saving Time. Many of us are still hoping that the proposal will soon see the, er, light of day. For now, though, the important thing to remember is that Daylight Saving Time is “well nigh,” as Franklin might say. It begins at 2 a.m. March 14. So round up your clocks and start re-setting. You know the drill.

Reminder to Dog Owners

So we all can enjoy our walks, please carry a plastic bag and clean up after your dog.



Edibles - Erin Go Bragh!

by Carol Riley, Contributing Writer

My intention was to write a food article about St. Patrick's Day—and I will—but first I am compelled to have you travel with me through the amazing month of March.

When I think of March, I think of spring, and daffodils in the garden, and the return of daylight saving time, which this year falls on March 14. I am so looking forward to springing forward! What I wasn't thinking about is that March 1 is Peanut Butter Lovers Day, March 11 is Popcorn Lovers Day, and March 31 is Clam on the Half Shell Day, just to name a few. I also wish I never knew that March 30 is Turkey Neck Soup Day.

March is also Irish American Heritage Month. There are approximately 32,000,000 Americans of Irish descent living in America, and let's hope they don't all decide to go home to Ireland because that is seven times the population of the Emerald Isle.

Growing up, March 17 was a day to remember St. Patrick driving the snakes out of Ireland and bringing Christianity to the island. From what I have learned, the Irish have the Jewish people to thank for creating Corned Beef and Cabbage. Beef was not a popular meat in Ireland as most of the cows were hard working farm animals. What beef there was for eating was expensive, so when Irish immigrants came to the United States and saw that Jewish people were eating cheaper cuts like brisket and brining it to make corned beef, they used it along with their staples of potatoes, carrots and cabbage to make Corned Beef and Cabbage. Another favorite menu item was Irish soda bread. Here is where the story takes a personal turn. Irish (40%) or not, I could never warm up to mushy cabbage and dry, heavy soda bread. I prefer to cook my corned beef in my instant pot, all by itself. After just 90 minutes in an instant pot, the corned beef is tender and delicious. You can also roast your corned beef in the oven with great results. You can still have a fabulous meal of Corned Beef and Cabbage and Irish soda bread, but step dance a little on the wild side and try these less traditional recipes for St. Patrick's Day feasting—all of them delicious.

Irish Soda Bread

3 cups all-purpose flour, plus extra for work surface
 1/4 cup sugar
 1 tablespoon baking powder
 1 teaspoon baking soda
 1/2 teaspoon salt
 4 tablespoons (1/2 stick) unsalted butter, melted
 1 cup raisins, golden raisins, or currants (optional)
 2 tablespoons caraway seeds (optional)
 1 cup buttermilk
 1 egg

INSTRUCTIONS

Heat oven to 350°. In the bowl of a standing mixer with paddle attachment, combine flour, sugar, baking powder, baking soda, and salt. Add butter, caraway seeds and currants (if you like). Combine just until incorporated.

In a small bowl, whisk together buttermilk and egg. Add to dough; mix just until incorporated.

Turn dough onto a lightly floured surface and fold it over onto itself two or three times, shaping it into a round 8-inch loaf. You can also use a tube pan to help shape the loaf. Transfer to a baking sheet lined with parchment or Silpat. If desired, score an "x" on the top of the dough.

Bake 45 minutes, until well-browned and a toothpick inserted into the center emerges clean. Remove to a wire rack to cool completely before slicing. Serve with butter and your favorite jam or preserves.

Colcannon (mashed potato with cabbage)

8 medium all-purpose potatoes
 1 head curly kale, chopped fine (feel free to substitute chopped cabbage for a more traditional dish)
 1-1/4 cups milk
 6 scallions, diced fine
 1 tablespoon chopped parsley
 1/2 teaspoon chopped fresh thyme
 8 tablespoons butter, divided

INSTRUCTIONS

Peel potatoes. In a saucepan, cover them with cold salted water. Bring to a boil and cook for 20 minutes or until done. Strain off water. Let potatoes dry, then hand mash.

In a 2-quart pot, boil the kale in salted water until tender, about 25 minutes. In a large saucepan, over low heat, heat the milk with scallions, parsley, and thyme. Strain the chopped kale and add to milk. Simmer for 3 minutes.

Add mashed potatoes to kale, stir in 4 tablespoons butter, and mix to a creamy consistency. Season to taste. Place into a serving dish, making a well in the center. Fill generously with remaining butter and serve.

Roasted Cabbage Wedges

1 head green cabbage
 2 Tbsp olive oil
 Kosher salt and freshly-ground black pepper, to taste

INSTRUCTIONS

Preheat oven to 450°; line a large baking sheet with aluminum foil or parchment paper

Cut cabbage into 8 equally-sized wedges, remove core if desired, and arrange wedges in a single layer on prepared baking sheet

continued on next page

Edibles continued from previous page

Brush wedges with olive oil and season with salt and pepper, carefully turn the wedges over and repeat on the other side

Roast wedges for 10 minutes, carefully turn the wedges over and roast 10-15 minutes more until cooked through and nicely browned.

Women's History Month

by Carol Riley, Contributing Writer

In 1987 Congress passed Public Law 100-9, designating March as Women's History Month. Each year since then, presidents have made proclamations to that effect, continuing to honor and celebrate the achievements women have made in American history.

One of the landmark achievements in women's history was winning the right to vote. The Women's Suffrage Centennial was celebrated in 2020, commemorating the ratification of the 19th Amendment to the Constitution of the United States on August 18, 1920, after Tennessee became the 36th state to vote for the amendment. An interesting note, and one mothers everywhere will love, is that the deciding vote was cast by a 24-year-old statesman who reportedly was urged by his mother to be a "good boy" and vote for ratification. The amendment was certified on August 26, 1920, a ceremonial event since only ratification is required to add the amendment to the Constitution.

The road to the 19th Amendment was a long and arduous one. Beginning in New York in 1848 (although there are accounts of efforts begun much earlier), women worked tirelessly for the cause. Many names from the movement are well known to us; e.g., Susan B. Anthony, Lucretia Mott, and Elizabeth Cady Stanton, but there were many lesser-known women and men who lent their time and talents to the effort. Frances Ellen Watkins Harper was an African American poet and activist who labored to gain the vote for women, but often openly opposed Stanton and Anthony over their failure to support the 15th Amendment that gave African American men the right to vote, since the 15th Amendment did not include voting rights for women as well.

Washington State was a leader in the women's suffrage movement, becoming the fifth state in the nation to grant women the right to vote. Washington also had several noted leaders in the effort to win the vote. Abigail Scott Duniway toured with Susan B. Anthony throughout the Washington territory to promote the cause, and Emma Smith DeVoe and May Arkwright Hutton were instrumental in communicating

the movement's message. The State of Washington continues to be at the forefront of equality for women. In 2018 the Washington State Women's Commission was established to improve the well-being of women by assisting them in obtaining governmental services, promoting equal compensation, and supporting fairness in employment.

Like so many events scheduled in 2020, celebrations of the Women's Suffrage Centennial were canceled or postponed due to Covid-19. Here are two websites with information about events and exhibits that are ongoing and may be of interest: womenshistorymonth.gov and 2020centennial.org.

An event that was not postponed was the swearing in of Kamala Devi Harris as the 49th vice-president of the United States on January 20, 2021. She is the first woman, and the first African American and Asian American to be elected to the office of vice president, making her the highest-ranking woman official in United States history. Perhaps four or eight years from now, the first woman will be sworn in as president of the United States, and all those souls who gave so much in the struggle for women's rights will no doubt shout "Hallelujah!" and "What took so long?"

Sunset

by Suyin Karlsen

Nothing brings such
quietude
as when dusk
unobtrusively
turns its golden page,
and living things
acknowledge
silently
the setting sun,
fading but fiery
star of light and warmth
reflecting soul's luminosity.
Lingering distractions
vanish
a few precious moments,
as wonder and awe
replace disquiet
for feelings
of such reverence
it's a call to worship.
One senses without doubt,
a presence then
of omnipotence
and pure joy.

Pun Intended

by Jim Gormly, Contributing Writer

When is a door not a door? ... When it's ajar. Groan. A classic dad joke, that old pun probably fell flat the first time you heard it. Opinions on puns range from admiration to derision. Alfred Hitchcock felt that puns were the highest form of literature, although Victor Hugo (1802-1885) considered them "the droppings of soaring wits"—ouch. Samuel Johnson (1709-1784) said that punning was the lowest form of humor, but if that be so, it makes punning the foundation of all humor. History suggests, however, that the conditioned association between puns and humor is more modern. In ancient Babylon and Greece puns had religious implications. Indeed, the Hebrew Bible contains puns, and the Christian church is founded on a pun: "thou art Peter [from the Greek petros, meaning rock] and upon this rock I will build my church" (Matthew 16:18). In this case, the pun is a rhetorical device to make the statement more compelling to the listener.

The brain goes through some difficult acrobatics to capture the meaning of puns. A door cannot be a bottle, but it can be ajar. The power of a pun comes from its ambiguity, and the ability to pack more meaning, or more layers of meaning, into fewer words to convey complex ideas. For example, at the signing of the Declaration of Independence, Benjamin Franklin is quoted as saying, "We must all hang together or assuredly we shall all hang separately." Talk about gallows humor.

Shakespeare (1564-1616) is credited with creating 1,700 words, but "pun" does not seem to be one of them. Nonetheless, he frequently used puns, which he called "quibbles," in his plays. For example, in *Romeo and Juliet*, Mercutio, who has just been fatally stabbed, says "Ask for me tomorrow, and you will find me a grave man." A pun by any other name would sound as neat, so let's not quibble. It was not until a comedy by Abraham Cowley, *The Guardian* (1641), with a character named Mr. Punny, described as "a young Gallant, a pretender to Wit," that some form of the word first appears. Dictionaries from the 18th Century define "pun" as "witty, quibble, and play on words," but its derivation remains a mystery.

Regardless of the origin of the word itself, the pun has been around since civilization began. While it originally may have been mostly a serious form of word play, today the pun is more often employed for humorous effect. Puns pop up in newspaper titles (New York Post's classic headline: "Headless Body in Topless Bar," following a beheading in a nightclub), comic strips such as *Frank & Ernest*, word-jumble puzzles, crossword puzzle themes, knock-knock

jokes, and advertising, among others. Named for a character in a series of science fiction tales, a feghoot is a short, humorous story that ends with a pun. Mr. Peabody's *Improbably History* segments on the *Rocky and Bullwinkle* show were animated feghoots, right down to the groaner at the end of each episode. I loved them.

But not everyone is a pun lover. Per Fred Allen: "Hanging is too good for a man who makes puns; he should be drawn and quoted." Now that's punishment! So, how many puns in this article hit your humerus? Probably no pun in ten did.

Meet Your Firefighters - Tanya Cray

by Ron Dawson, Guest Writer



Tanya Gray.

Submitted photo

If you go to the fire station on Oak Bay Road, or call their office, you will probably be engaging with Administrative Assistant Tanya Cray. Tanya began serving with Port Ludlow Fire and Rescue in March of 2008. She is originally from Port Townsend but moved to Port Ludlow to live with her future husband. She holds two degrees, one in Sociology and one in Social Services from Central Washington University. The best part of her job is interfacing with the people she works with. The hardest part is listening to the stories of people that have suffered in accidents or fires. A memorable occasion for Tanya was when she was the victim of an April Fools' joke shortly after being hired. Dealing with the staff was a whole new experience.

Cray lives in Quilcene with her husband Jared. She enjoys hunting, fishing, and working on their property. She says she is an open book... "what you see is what you get." Taking her job in 2008 was one of the best decisions she has ever made.

Arts & Entertainment

This section features Port Ludlow arts and entertainment events, as well as events in Jefferson, Clallam and Kitsap Counties. Submit items to editor@plvoice.org by the 8th of the preceding month.

Live Theater in Port Ludlow

by Val Durling, Artistic Director, Ludlow Village Players

Since beginning this series in September, we have selected a play, held auditions, cast the actors, recruited the production crew, and rehearsed for weeks. Are we ready to perform? It is the final week before Opening Night. The sets are finally up, costumes and props created and gathered, advertising everywhere in Port Ludlow and surrounding communities, and plans completed for every detail of the show!

Dress Rehearsal - the night before the show opens. The entire play is run as if it were a paid performance—time of day, complete costumes and makeup, sound and stage lights, even backstage snacks. We invite local drama classes to attend so the actors will hear the audience responses of gasps and laughter. Also a chance for the crew to fix any unforeseen glitches, such as technical problems, wardrobe failures, or collapsing sets (just kidding), etc. Superstition says, “Bad dress rehearsal—Great performance.” That can be very comforting.

Opening Night – SOLD OUT! The lobby is lovely and welcoming with ticket and refreshment tables all decked out, and the smiling faces of the Hospitality Committee are ready to serve the public. The makeup room is abuzz with the chatter of our talented makeup artists and actors. The Costume Director and helpers are getting the dressing rooms, gents and ladies, lined up with the array of costumes. Sound and Lighting crews are testing the equipment. When the cast is dressed for the opening scene, they assemble on stage for a makeup and wardrobe check, and then go to the “Green room” where the Stage Manager will keep them quiet and their spirits up. The Director may join them briefly for a pep talk.

The Bay Club doors open, the crowd rushes in. Everyone wants to get those front-row seats. Greeters are handing out programs full of cast and play information. Ushers are busy seating latecomers. Music is playing softly. Excitement is at its highest peak for cast and crew. Lots of nerves and last-minute running of lines backstage. The house lights blink—5 minutes to curtain! Oops, Bay Club stage does not have a curtain; we DO have wonderful MCs, though.

The house lights go off, the stage lights come up, the MC introduces the play, and—**“THE CURTAIN GOES UP!”**

We at Ludlow Village Players (LVP) hope you have enjoyed this series. We don’t know when we might get the go-ahead to do a big production again. When we can gather again, we offer other entertainment opportunities.

Reader’s Theater will meet once a month to read a play in a very relaxed format around a table with coffee or tea and cookies. We also have a performing Improv group that gives a show a couple of times a year in Port Ludlow and also travels to perform. Other possibilities are under consideration as well. LVP is a nonprofit, 501(c)(3) all-volunteer organization. If you are interested in participating in any way, please contact Val Durling at 360-437-2861 or rkd@olympen.com. You will be glad you did.



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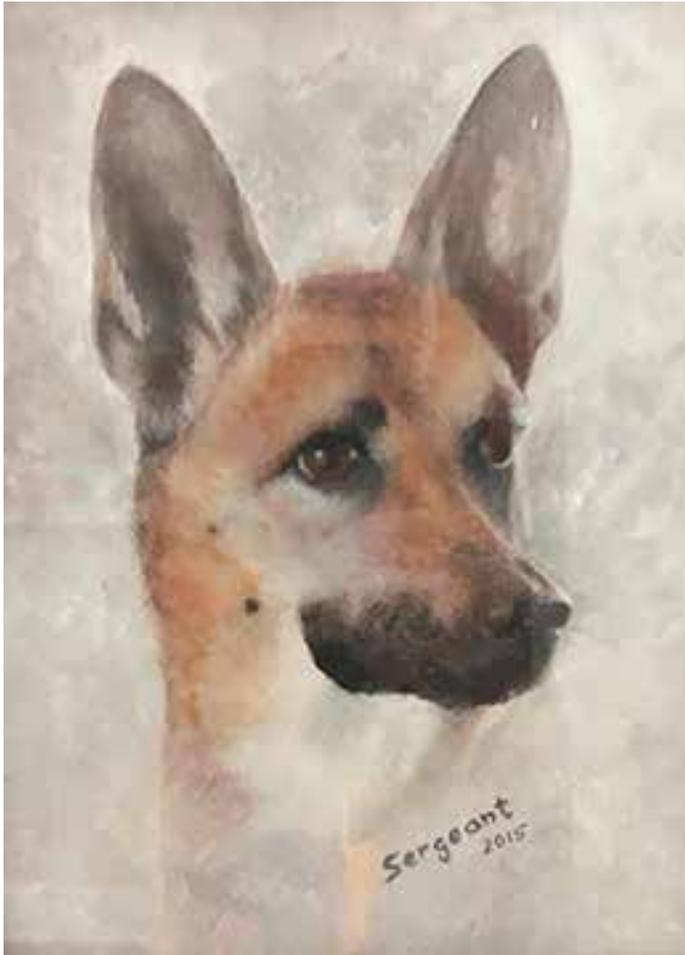
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Port Ludlow Art League

Artist of the Month – Bruce Corbridge



Sergeant, by Bruce Corbridge.

As a child, Bruce was fascinated by art, drawing cartoon characters, copying illustrations from magazines, and “just doodling.” He studied art and photography in college, but got a degree in electronic technology to pursue technical documentation and web design.

When he retired to Port Ludlow, Bruce returned to art, converting a shop into an art studio and retraining himself to use acrylics after having worked exclusively with oils in college. To cope with the more rapid drying time of acrylics, he began using an air brush, taking advantage of the fine mist to do more blending. His dog Sergeant was the subject of his first acrylic painting, which he admits took a couple of tries to get right, as he’s a self-confessed over-tweaker. Fortunately, his wife threatens to take his paintings away before he ruins them!

In March, Bruce will display his artwork at the Sound Community Bank and online at portludlowart.org. If you’d like to purchase Bruce’s artwork, please email info@portludlowart.com to make a sales appointment. Sound

Community Bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

Jeweler of the Month – Beth Olson

Port Ludlow jewelry fans will be delighted to see Beth Olson’s beautiful gemstone creations on display. Beth has specialized in semi-precious stones and sterling silver since the early ‘90s, finding time to create when she’s not busy working as a realtor, remodeling her own home, or walking her two rescued dogs, Gypsy and Pico.



Necklace by Beth Olson
Submitted photos

You can view Beth’s latest jewelry at the Sound Community Bank and online at portludlowart.org. In addition to her jewelry, Beth’s online exhibit will also feature a collection of art pillows, lampshades, and upcycled dolls decorated with beads, fringe, leather, feathers, and fur.

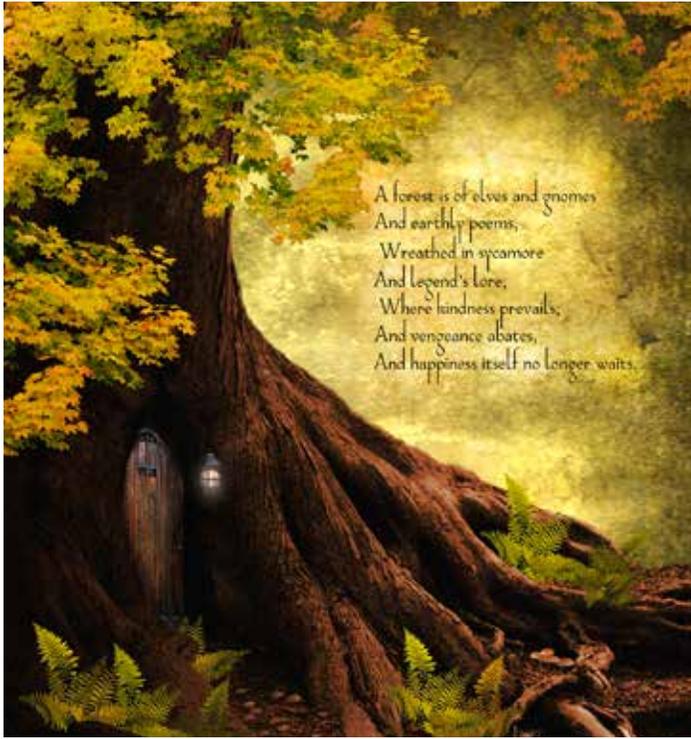
If you’d like to purchase Beth’s jewelry, please email info@portludlowart.com. The Sound Community Bank is located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

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Group Art Show—Every Story Paints a Picture



A Forest Is by Larry Davidson.

Submitted photo

Everyone is familiar with the expression “a picture is worth a thousand words,” but what motivates artists to create? Artists often create art based on an inspiration—something they feel, see, hear, or read.

This month members of the Port Ludlow Art League feature artwork motivated by words from a book, story, poem, song, or quote. Each artist interprets and visually imagines words in different ways revealing multiple perspectives.

To view the online art show, please visit portludlowart.org. If you'd like to purchase any of the artwork, please email info@portludlowart.org to make a sales appointment with the artist.

Virtual Tour of Northwind Exhibits

Watch a four-minute virtual tour through the Northwind Showcase Exhibit featuring over 30 artists exhibiting 2D and 3D imagination-filled paintings and paper cuts at the Northwind Best Gallery, 701 Water Street, Port Townsend.

Also watch a time-lapse video about the making of a colorful floor mural installation as part of the current *Entangled* exhibit. Then, go see it for yourself. Exhibit hours are Thursdays through Mondays from noon until 5:00 p.m. The exhibits end on **Sunday, March 28**.

The Artist Showcase has been part of the Port Townsend gallery experience for over ten years and features juried and curated art from over 30 of the region's premier artists. Paintings and sculptures can be viewed and purchased at NorthwindArt.org.

Goodman Wins at Collective Visions Gallery (CVG) Show

The works of 20 local artists which included 135 artworks were recently exhibited at Bremerton's Collective Visions Gallery Show (CVG). Brian Goodman, whose photography has often graced the *Voice*, was the first-place winner in the Photo/Digital category. Michael D'Alessandro, exhibits director for Northwind Art, was the juror. In his opinion the task of choosing the winners was complicated by the fact that every artwork in the show was worthy of “Best of Show.”

The award winners were presented in a virtual ceremony to an online audience in January. Port Ludlow's Kevin Imper's art was also exhibited. Goodman's talk on his visit to the WWII internment camp at Manzanar, along with his haunting photos, has been presented to the Port Ludlow Art League and the photos have been exhibited at Northwind Art Gallery.

taste

WASHINGTON

Take it home!

to go

Join us at the Fireside
this March as we
partner with
Taste Washington for
weekly themed take-out
and wine pairings.

MARCH 1-7: CASSEROLES & CABERNET SAUVIGNON
Washington Beef Bourguignon
Disruption 2018 Cabernet Sauvignon, Columbia Valley

MARCH 8-14: CATCH OF THE DAY & CHARDONNAY
Sablefish in a lemon-butter sauce served with *Palouse* lentils
Newsprint 2019 Chardonnay, Columbia Valley

MARCH 15-21: BARBECUE & SYRAH
Pork shoulder braised in *Finnriver Habañero Cider*
Terra Blanc 2017 Arch Terrace Syrah, Red Mountain

MARCH 22-28: FAMILY RECIPES & RED BLENDS
Chef Dan's Mother's Meatloaf
Syncline 2018 Subduction Red, Columbia Gorge

MARCH 29-APRIL 4: NOODLES/DUMPLINGS & RIESLING
House-made ravioli with goat cheese and shiitake mushrooms
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ASK THE EXPERTS...



Question: We are planning on selling our home later this year. What improvements should we make to maximize our home's value?

Answer: The answer depends on the age and current condition of your home. We, of course, would be happy to visit your home to give our opinion. There are some general recommendations we can make, however. Fresh neutral paint, updated plumbing, and light fixtures, updated cabinetry hardware such as pulls and soft close hinges, are just a few tried and true suggestions.

There is another idea to consider. Add or increase Smart Home Technology. Smart homes include one or more of these 5 elements: Energy. Security. Atmosphere. Convenience. Entertainment. These elements are Integrated via two-way communication to you so that you can monitor and control everything via your smart-phone and/or a centralized interface. Smart thermostats, locks, security systems, smart TVs, smart lighting, and appliances can all make your life safer, easier, and a lot more fun! Smart Home devices also save on energy consumption which is good for your pocketbook and the planet!

Adding Smart features is considered one of the best (and easiest) ways to increase your home value. Adding Smart components allow you to stand out from the competition and because there is demand, Smart Homes sell faster and for more money than traditional homes. You do not have to be Bill Gates to afford Smart Home technology as there are affordable options available.

Many of our brokers have their Smart Home certification and can provide additional advice and suggestions. Give us a call!



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Spotlight

Center Valley Animal Rescue—an Amazing Journey

by Mac and MJ McCulloch, Contributing Writers



Tatonka the bison and the long-suffering Thyme.

unwillingness to leave her side when she recently took a fall. But he is a huge, powerful animal, now taller than Sara, so she's careful not to get too close or turn her back on him. Tatonka is still good buddies with his steer companion Benson, and has some supervised contact with his favorite dog, Thyme, whose ears he still loves to lick. Sara says the main problem is that he's pretty destructive and his favorite thing is to crash through gates. Regular electric fences do not hold him, so they have installed bison-certified ones. However, recently Tatonka has discovered if you push your big play ball against the electric fence, you don't feel the shock. Stay tuned for the next solution.

Tatonka also shares his pasture with two other "unadoptables," Blackie, the feral gelding that Sara spent many long days trying to rescue, and Bran, whom she fondly calls "her killer alpaca." When asked what other animals currently reside at her residence above the facility, Sara says they are at an all-time low—outside, only her flock of chickens, her roosters, a turkey, and an emu. Inside are just four cats, and the aforementioned dog Thyme. Hardly any at all, really, compared to the usual Dr. Dolittle menagerie. Visitors to the household open doors with caution.

Wildlife rescue numbers are currently down temporarily because the summer season is over. The number of cats and dogs available for adoption is low too, because people have been taking them home in record numbers during Covid-19. Sara says she is not too concerned about people being able to care for their new pets after returning to the workplace, because CVAR's very careful screening of adopters includes making sure they have a plan for this transition.

Here is one truly fascinating CVAR wildlife rescue story. A few months ago, a young assistant came running to Sara saying he had just caught a cougar on the property. Her first thought was "I wonder what he's on?" Sara went to look at what she surmised would be a large feral cat, but saw it was indeed a young cougar who had burrowed into an outside animal enclosure. The assistant had the presence of mind to shut the enclosure door, so had really "caught a cougar." The cat was a year-old female who normally would have been relying on her

Although the *Voice* has previously published articles on Center Valley Animal Rescue (CVAR), it's such a wonderful organization with so many innovative things happening that it's time for an update. First, here's a brief history.

In 2004 the Penhallegons purchased 32 acres north of Quilcene, and Sara Penhallegon founded CVAR. She has grown this organization, with the help of some great volunteers, into one of Washington's best domestic and wildlife rescues. Currently CVAR rescues, rehabilitates, and adopts out over 100 domestic animals yearly. Wildlife rescue is a big part of the operation too, with CVAR being the only rescue facility in Jefferson County that takes in all animals.

Here's an update on Tatonka, the baby bison rescue (see January 2019 *Voice* article for details). Baby no more, he continues to live up by Sara and Robert's house. He is still extremely bonded to Sara as evidenced by his concern and



Sara and goat.

CVAR continued from previous page

mother for help hunting for at least another year. But the mother had most likely been killed illegally shortly before in Quilcene. The young cougar was extremely emaciated and had probably entered the enclosure to die. Sara got rare permission from the State Department of Fish and Wildlife to feed and treat this cat. This is normally not permitted because of the difficulty of teaching a cougar to hunt in captivity, making release impossible.

At first, Sara fed the cougar small, frequent meals, throwing bits of food into the enclosure and scooting in buckets of water. After gaining a little strength, the cat would sit up waiting for Sara and catch the bits of food like a dog. However, an exam to assess the cat's needs was necessary, so when the cougar was strong enough Sara tried to sedate her by darting her from outside the enclosure. This only made the cat woozy, so our heroine undauntingly donned a football helmet and entered the enclosure to further sedate her via hypodermic. This worked and luckily the cougar was neither injured nor suffering from disease; she was simply starving. With proper nutrition her personality quickly changed. She literally shredded the indestructible fiberglass walls of the enclosure into confetti trying to escape. Fortunately, Fish and Wildlife quickly found a good placement in a natural-habitat zoo in Texas. She was flown out of SeaTac to Dallas, and is adjusting well in her new home. Sara's last words on the subject were, "This is the first time we've had an animal check itself in for rehab."



Don't try to pet this sweet-looking pussycat.

Submitted photos

This year CVAR's seizures due to severe animal neglect and cruelty have been way up. Most likely this is due to people stuck at home these long months taking their frustrations out on their animals. Also, individuals with reduced income who can no longer afford their pets don't want to face that fact. Additionally, because most people are home now, they might be more aware of and willing to report their neighbors' unacceptable actions towards animals.

The stories of these animal seizures are usually heart-wrenching. Sara spoke of one little dog they rescued who had been thrown against a wall, and a Doberman who had been abused by continual shocks from a shock collar. This dog also had neck scars and a tracheal injury from a pinch collar. The dog was unapproachable and vicious at first, terrifying volunteers and destroying the isolation room. Sara was the only one she trusted because as Sara put it, "She didn't have a choice, I equalled food. Also, after we sedated her for an exam, I held her in my lap as she came out of the anesthesia, so she started to trust me then." With Sara's patient care, she finally became adoptable and was placed with a family who had Doberman experience. They sent a family Christmas photo that featured the dog with reindeer antlers on her head. This Dobie had come a long way.

Another sad case this year also had a happy ending. Pepper the dog and Misty the cat came to CVAR after being seized as part of a child abuse case. Four children were also permanently removed from the home. Part of the kids' abuse had involved being made to watch their pets being maltreated. Thanks to a detective's long, hard work with CVAR and other agencies, when two of these children went to their new adoptive home, Pepper was already a new adoptee there too.

The above examples, along with the increased numbers from hoarding cases, feral cat colonies, and puppy mills have made for a very busy, but successful, year in adoptions. There are always animals needing homes, of course—does anyone need a herd of miniature cattle or Jacob's sheep?

However, more animals mean increased funding is needed, and there is always a long wish list of new projects and expansions. This year CVAR has partnered with Olympic Mountain Pet Pals in a joint Spay and Neuter Clinic, with plans to increase the clinics to once weekly. Also, CVAR has hired more staff—a full-time office manager and volunteer coordinator, a part-time administrative person, and a fundraising and marketing coordinator. There are three volunteer internship positions now as well, including one that comes complete with a newly-built apartment.

Another work in progress is a larger animal enclosure which allows Sara to look forward to her first bear rescue. Lucky her! There is also a newly-completed spacious flight cage for unreleasable education birds. CVAR also has three

continued on next page

CVAR continued from previous page

unreleasable racoons in an enclosure close to the parking lot, so they can easily be viewed when open hours resume. Future plans include new isolation and dog buildings, as well as expanded wildlife areas.

Sara’s newly-retired husband Robert, whom she affectionately calls her “highest maintenance animal,” is adding a new skill to his long repertoire. He is busy working on raising funds to buy an excavator and is learning to operate one. That will cut way down on construction costs. The excavator will also help to clear an additional 15 acres of their property for new pastures. And the list goes on. Sara frequently says that none of CVAR’s growth would have been possible without their army of volunteers.

Opportunities to help do the great work of this stellar operation are always available, so if you’re interested in volunteering or making a donation, please visit their website at centervalleyanimalrescue.org or call 360-765-0598. (You can also call this number for advice on any injured animal you discover.)

Thank you for supporting this exceptional organization so it can continue its important work to help the critters of Jefferson County.

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Village Council

PLVC Board Meeting Summary

by Sally Franzel, PLVC Board Secretary

At the February 4, 2021 Port Ludlow Village Council Board Meeting the following reports were given:

Diana Smeland—President, Port Ludlow Associates (PLA)

The Inn's Fireside Restaurant will continue to offer take-out and outside dining on the heated patio, and will offer special menus for both St. Valentine's Day and St. Patrick's Day. The Golf Club will offer clinics in March, as well as its Winter Series.

As a marketing tool to encourage tourists to visit Port Ludlow when appropriate, management is looking for "influencers" on Instagram and organizations to partner with in such areas as food, wine, golf, and sailing.

Greg Brotherton—County Commissioner

In order to provide background information for the current recycling issues, Mr. Brotherton introduced Laura Tucker, Jefferson County Department of Health (DOH) Environmental Health Specialist II and Education and Outreach Specialist, and Al Cairns, Jefferson County Solid Waste Manager.

Jefferson County DOH has received a grant to support waste reduction, especially the reduction of contamination in the recyclable material. The county is only one of two in Washington State that separates its recycling at the source, which enables Skookum Recycling to find end markets nearby. An audit has been completed at the transfer station of the recycling coming from the Port Ludlow bins. Contamination amount by volume were as follows: Mixed Paper - 5 percent, Cardboard - 17 percent, Glass - 5 percent, and TAP (tin, aluminum and plastic) - 30 percent. Plastic is a major issue as only plastics that melt at the same temperature can be recycled. Residents are often in doubt as to whether an item is recyclable or not and into which bin it should be placed. "When in doubt throw it out." An updated flyer highlighting contamination will be included in the March electric bill.

Please see:

solidwaste.files.wordpress.com/2020/12/2020-recycle-brochure-12-08.pdf

The recycling service is a benefit provided as a courtesy to residents by the county, and the bins should not be overloaded. The contract with Skookum is for regular scheduled pick-up and the bins provided should be sufficient to

Village Council Meetings

Board Meeting

Thursday, March 4

2:45 p.m., Video Conference Call

Virtual Access Code 389 672#

Online: join.freeconferencecall.com/villagecouncilconference

Or Phone: 339-207-8391

Workshop Meeting

Tuesday, March 16

2:45 p.m., Video Conference Call

plvc.org

service normal amounts of recyclable materials produced by residents' day-to-day use. The large amounts of cardboard dumped outside the bins are thought to be due to construction and homeowners' remodeling projects. It is hoped that a homeowner or contractor working on a project would take responsibility for getting rid of the large volume of cardboard or packaging at the county recycling center.

The board agreed that additional efforts should be made to broaden the public's knowledge and to try to reduce contamination by reaching out to the homeowners' associations, communicating via the *Port Ludlow Voice*, and sending out updated flyers. The point of service at the bins should also be updated, and PLA will be asked to communicate with contractors to avoid large scale dumping at the bins.

Community Development Committee Report—Chair, Dave McDearmid

The committee continues to work on the expansion of the Port Ludlow No Shooting Zone to include the balance of the Master Plan Resort (MPR) and properties that encompass the Teal Lake Trail and the Timberton Loop Trail. Rayonier has been contacted to request its approval and support of including those properties in the proposal to be made to the County. The committee was also continuing to monitor the Department of Natural Resources (DNR) for logging proposals and applications in areas adjacent to the MPR.

Members met with Diana Smeland to address the areas around the Admiralty Condos that needed attention, such as the volleyball court and the playground and its equipment, and will continue to track the progress of remedial action with Diana.

continued on next page

Summary continued from previous page

Utilities Committee—Chair, Robert Chanpong

In response to the recent overflows at the recycling area, an e-blast has been sent out to the community which provided contact information for Jefferson County and Skookum, as well as a reminder that the recycling bins and management of the recyclable products were an important service to the community. A second e-blast will be sent out explaining how residents can assist in stopping contamination.

Referring to Olympic Water & Sewer, Inc.'s project to drill a replacement well, samples from the 2-inch pilot well drilled in December showed no evidence of contamination, and the well-site geologist is completing his final report on the pilot well. The chlorination project officially began in January 2021 at the site in South Bay, and the foundation for the water treatment building has been poured. Preliminary construction is underway in order to keep the project on schedule.

Health and Wellness Committee—Chair, Jim Moffitt

Since January 1, 2021, most of the Committee's actions have been related to the Covid-19 pandemic. Washington State and Jefferson County (JeffCo) data and messaging is being monitored daily, including JeffCo weekly Board of Commissioners meetings, and health updates from Dr. Locke and relevant JeffCo departments.

The committee has been working closely with Jefferson Healthcare to obtain updated information on vaccination protocols and guidance in addressing residents' questions relating to Covid-19 and the availability of vaccines. Weekly e-blasts relating to relevant pandemic data will continue, plus additional e-blasts relating to vaccination information which changes frequently.

Once the weekly Covid-19 e-blasts are no longer necessary, the committee intends to focus its efforts on educational programs both for enjoyment and mental health.

Roadway Safety Committee—Chair, Allan Kiesler

Jefferson County scheduled a public hearing on February 8, 2021, to vote on a proposal to reduce the speed limit in Port Ludlow on selected areas of Oak Bay Road and Paradise Bay Road. Prior to that meeting, two virtual Road Safety presentations were held for residents which explained the consultant's report and the recommendations that the committee had made to the county's Department of Public Works. All relevant documents are available on the PLVC website *plvc.org*. The presentations appeared to have been well received and interested residents were asked to contact the Jefferson County Commissioners to express their support of the speed limit reduction. However, if approved, the changing of speed limit signs to 35 mph only addresses one of the recommendations presented by the Roadway Safety committee.

Roadway Safety—We Are All Responsible

by Valerie Goree, Contributing Writer

Allan Kiesler, chair of the Village Council's Roadway Safety Committee, presented an extensive and informative review of the proposals made to Jefferson County's Department of Public Works. As mentioned in the board meeting summary, you can view the whole presentation on the website, *plvc.org*. If you are a concerned resident of Port Ludlow, I highly recommend you check it out.

Here are a few points that interested me: The average age of Port Ludlow residents is 66.4 years, compared to the state average of 37.6. Believe it or not, the state does take such data into consideration when addressing requested changes in traffic signs, etc.

Another point that surprised me: During a 6-hour video of the four-way stop at the intersection of Oak Bay Road, Osprey Ridge Drive, and Paradise Bay Road, 2,052 vehicles passed through. Guess how many didn't stop? One in 11 vehicles—that is 11.4 percent either did not slow down at all or rolled through without stopping. Come on, folks! We can do better. Sure, the sight lines at the intersection are pretty good, and it's very tempting to check that no vehicles or pedestrians are near and drive on through. I know that not all these vehicles are from Port Ludlow, but we can set the example.

Whatever the reason for not stopping, the practice is not safe. Pretend you have a young child in the backseat, a granddaughter, for instance. She observes your driving habits, the road signs, and one day says, "Gran, what's the speed limit on this road?" You answer, "Sixty." And she retorts, "And what speed are you doing?" That's a jolt back to reality. She never had to say to me, "Gran, was that a stop sign you just ignored?" But imagine such a little miss in your backseat as you drive along our scenic roads, or anywhere for that matter. We might not always agree with road signs, but they are there for a specific purpose—to keep us safe.

The presentation made by Mr. Kiesler addresses possible solutions for the four-way stop problem and others that plague our community.

A side note: The public hearing held by Jefferson County to address Port Ludlow's road safety concerns was adjourned without a vote on the reduction in speed limits on portions of Oak Bay Road and Paradise Bay road. The commissioners need to review more data and will reschedule.

Trail Mix

by Larry Scott

“Yes, but what have you done for me lately?” That phrase is sometimes considered useful in the business world when negotiating contracts or maybe even salary raises. I don’t know if it applies to the Port Ludlow Village Council (PLVC) Trails Committee, but here’s what we were doing in late December and January. (Yes, this is a March article, but we submit our articles early the month before.)

- Cleared a downed tree and repaired the damaged bridge on Old Cart Path in late December
- Replaced deteriorated steps on Beach Loop
- Installed small twin culverts on Teal Lake Loop Trail

We try to keep busy and there is a lot to do with all the wet weather this year. If you would like to come out to have some fun on a “Fun Day” event, get on the “Call for Help” announcement list and join in.



Cleared downed tree and repaired damaged bridge.

Photo by Larry Scott



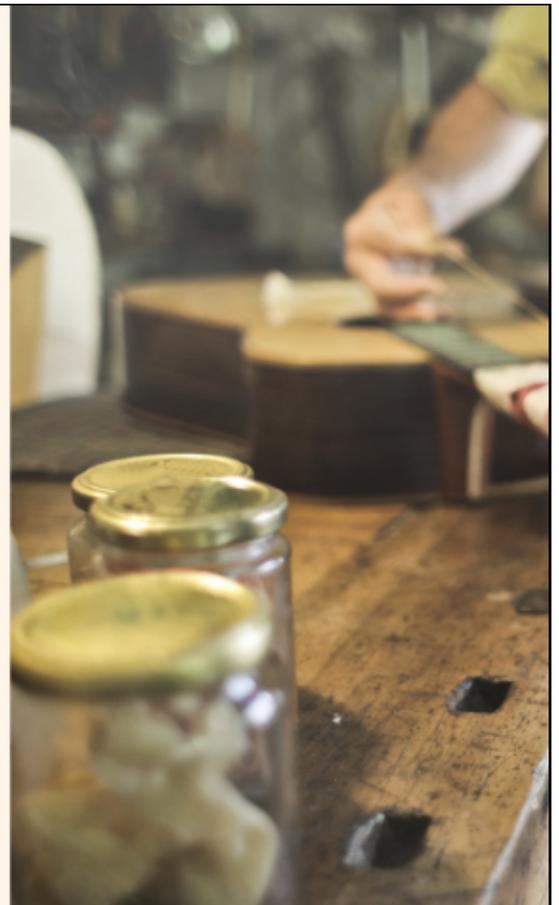
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 Denotes Beach Club members-only activity

From the Manager

by Brian Belmont, General Manager

Although the Beach Club is not open, there continues to be a lot going on within Ludlow Maintenance Commission (LMC), the North Bay homeowners' association. Currently, contractors are working in the LMC RV storage lots, replacing the chain-link fencing, and upgrading the storage space electrical system and overhead lighting. We hope to be able to start moving our owners back into the storage lots mid-April.

While the lots are empty, our staff will restripe all the parking areas so identifying assigned spaces will be much easier. When finished, the Talbot lot will have wider driving lanes which will give everyone more room to maneuver. As the work nears completion, LMC will send a letter letting everyone know when they can start moving their boats, RVs, and trailers back into the storage lots.

The LMC Board of Trustees, LMC committees, and staff are in the process of reviewing the 30 or so policies and procedures that are part of LMC's organizational structure. The policies and procedures cover a wide range of topics from how our committees are to function to the Board of Trustees Rules of Order during their monthly meetings.

On **Saturday, April 17**, LMC will hold its 53rd Annual Membership Meeting. I suspect it will be a remote meeting, similar to the one we had in November of last year. The membership will be asked to vote on proposed amendments to the Articles of Incorporation and Bylaws. The proposed amendments are being brought forward by the Board of Trustees in order to keep the two governing documents consistent with the Revised Code of Washington statutes that regulate how homeowner associations function.

At the Annual Meeting, LMC members will also be asked to elect four members to the Board of Trustees. Open for election are three positions that are three-year terms, two of which are lot owner positions, and one condominium position. The fourth position open for election is a one-year term that represents our lot owners. If any of our members are interested in submitting their name for consideration, please contact me so I can provide you additional information about serving on the board.

As always, if you have questions or comments about this article or the ongoing work at the Beach Club, I can be reached at 360-437-9201 or by email at beachclub@olympus.net.

Important Dates

LOA Meeting

Email: portludlowloa@yahoo.com
for information about remote access to meeting.

Sign up for the *LOA Bulletin*
by emailing the above address.

LMC Board Meeting

Phone: 360-437-9201

Email: beachclub@olympus.net
for information about remote access to meeting.

Sign up for the *Navigator*
by emailing the above address.
Visit lmcbeachclub.com for complete information.

All LMC members are welcome. 

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Bay Club / South Bay News

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Denotes Bay Club members-only activity

SBCA Update - Addressing the Possibility of Reopening the Bay Club

by Bartholomew Clark, SBCA President

Realistic Challenges

For most of the past year, the Covid-19 virus has run wild in the US population. We are now at risk for more virulent and/or communicable mutations of the virus (a.k.a. “variants”). This risk is based upon the math: the more opportunities the virus has to replicate, the more variants are produced. Not all variants are worse than the original, but some are. More dangerous variants occur when there are more mutations. Right now, we don’t know to what extent current vaccines can protect us from these emerging mutations.

Herd immunity develops in a population once enough people have been vaccinated; epidemiologists typically cite 70 to 80 percent as the goal. Allowing unvaccinated people to contract the virus does not create herd immunity, it just makes more people sick and increases spread. It is not yet known to what extent vaccinated people can contract an asymptomatic case and walk around feeling fine while functioning as spreaders. That is why we all must continue to practice personal responsibility. Wearing masks and social distancing will remain necessary even after getting both shots of Pfizer or Moderna or one shot of a single-dose vaccine soon to hit the market.

Responsive, Responsible, and Reasonable

The Board continues to receive overtures from members wondering when a decision to reopen the Bay Club can and will be made. Responding to such members’ questions raises the challenge found in aiming at several moving targets. We first must estimate what the changing landscape will present to us in the coming months, vis-à-vis the efficacy of available vaccines in protecting against emerging viral variations while hoping that improvements in vaccines will keep pace with them.

Given our responsibility to act in the best interests of SBCA, the Board is tasked to project what a possible reopening might look like. Will we reopen the Club only for certain activities? Different areas of the Club on different days? How should we allocate times and places, to how many people at a time in given areas, and for how long? **Two things that we do know are: 1) The Club’s environment upon a potential reopening during**

SBCA Important Dates

Monthly Board Meeting Friday, March 12, 9:30 a.m.

Plans are for a virtual meeting.
To join by phone, dial 339-209-6193.
All SBCA members are welcome

Committee Meetings

All committee meetings are held virtually.
To keep informed of meeting dates and times,
please visit plsbca.org.
Meeting minutes are posted at plsbca.org
under Association Business.



Covid-19 would not, and cannot, resemble what it was like before; and 2) Reopening under such extraordinary circumstances would be expensive and not without risk.

Next, there are the steps that must be taken to minimize the possibility of Covid-19 transmission during and between uses. For example, let’s say we open the fitness workout area to one person at a time for 30 minutes per session, appointments only. Additional staff, safety equipment, supplies and time between uses will be necessary to sanitize surfaces and more. Time intervals of another 30 minutes each may be needed to allow for the new HVAC system to perform sufficient filtration, ultraviolet light “scrubbing” and air exchange before the next user can more safely enter the area. All this would be for just one activity type. Such processes may require, at a minimum, that everyone entering the Bay Club 1) has his/her temperature taken, 2) wears a mask at all times during the visit, and 3) provides documented proof of having been fully vaccinated. Are we legally allowed to impose such requirements on members or visitors?

As we address these complicated challenges, please be assured that your SBCA Board will endeavor to do what is right and reasonable in protecting the interests of SBCA and its members. Also, please recognize that a reasonable reopening may not be feasible in the near future. Such is life in the time of Covid-19.

Recreation & Sports

Port Ludlow Yacht Club Training Day

by Tom Satre, Rear Commodore



Team Sail Like a Girl

Kitsap Sun photo

On **Saturday, April 3**, the Port Ludlow Yacht Club will present our “Virtual” Training Day program. This program is available to the public by registration. It will be on Zoom and feature four boating programs. The Keynote Speaker

will be Jeanne Goussev, team leader of *Sail Like a Girl*, winner of the 2018 Race 2 Alaska (R2AK) and inspired visionary of this year’s WA360 race in June. LaDonna Rose Gunderson from Ketchikan, Alaska is a cookbook author and *PassageMaker* magazine columnist. She will share her galley and flavorful cooking expertise in small spaces. Kevin Ritz, instructor from the Wooden Boat School, will present on-boat maintenance dealing with boat corrosion. Chris Guidotti, San Juan Area Manager in charge of the State Marine Parks, will share his expertise on some of the hidden gems in the San Juan Islands for boaters.

The program will run from 9:00 a.m. to 1:30 p.m. You can join for your program of interest or for the entire slate of programs for just a \$15 registration. Call 907-209-7433 or email Rear Commodore Tom Satre at Rearcom1@plyc.us to register by April 1, or to learn about joining PLYC. Please join us!

T37 Radio-Controlled Sailboats

by Dan Darrow, Contributing Writer

The pond at the Port Ludlow marina is the home of T37 radio-controlled sailboats. The skippers and their boats gather on “casual” Wednesdays at 1:00 p.m. to share tips and engage in some friendly competition. Onlookers are welcome and will soon find themselves taking the controls. The boats are powered only by the wind in the sails. No motors. No propellers. There are two servo motors inside, each controlled by a radio transmitter. One servo trims the sails. The other controls the rudder. That’s all. This is real sailing!

These 37-inch-long wooden boats are built from a kit available from Tippecanoe Boats at modelsailboat.com. The T37 RC Racing Sloop is a fully sanctioned one-design class

in the American Model Yachting Association. Each boat has a unique personality reflecting the builder’s preference for paint styles and colors. The hull is 1/8-inch mahogany plywood. The mast and booms are high-tech carbon fiber; sails are nylon spinnaker cloth—the same material as is used on full size sailboat spinnakers. Everything for building and sailing the boat, including the radio control gear, is in the kit except for paint, varnish, and batteries.

At present there are over 3,000 boats worldwide with 50 of these boats registered in East Jefferson County. The weekly “casual” Wednesday sailing hosts sailors from Port Townsend, Bainbridge Island, and beyond. When Covid-19 restrictions allow, there are scheduled regattas approximately every other week during the spring, summer, and fall. On these days, scores are recorded and bragging rights awarded.

For more information, contact Dan Darrow, 360-437-9208, and check out the website noted above. There is also a wealth of information on the Pacific Northwest Model Yacht Club website, pnmyc.org.



Radio-controlled sailboats.

Photo by Dan Darrow

Port Ludlow Niners 2021 Golf Season

by Tim Propeck, Sports Editor

The Men’s and Lady Niners golf seasons will start on **Thursday, March 18**, and continue on a weekly basis throughout the season. They will each play nine holes with the men teeing off first this season, and the ladies teeing off first next season.

On the last Thursday of each month, the Niners Couples play a round, followed by a social event (Covid-19 restrictions permitting). Participants in the Couples events must be members of the Niners organization.

A decision has been made that all members from last season who paid dues will not be charged for their participation this season. If anyone is interested in joining the Niners for this season, please contact the Pro Shop at 360-437-0272.

Port Ludlow Hiking

by Dan Darrow

At the time this information is being prepared, we do not know the status of the Healthy Washington guidelines for Covid-19 as it relates to organized hiking groups, car-pooling, etc.

Note that those who have chosen to join a hiking event have followed CDC guidelines for outdoor recreation.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to desdarrow@olypen.com

Everyone is encouraged to get outside on their own at any time and explore trails here in Port Ludlow or elsewhere as appropriate!

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m., get directions to the trailheads, and depart at 8:30 a.m.

Friday, March 5 – Fort Casey

Walk on the Port Townsend ferry and then explore Fort Casey on an easy four to five-mile hike. Learn more about the “triangle of fire.” There are great views from the bluffs as well as a chance to visit the famous Admiralty Head lighthouse.

Friday, March 19 – Barnes Creek/Marymere Falls

Expect an easy to moderate six to seven-mile excursion. Start with a visit to spectacular Marymere Falls. Then hike the gradual 800-foot elevation gain up Barnes Creek to another set of cascades with late winter water flows. There will also be an opportunity to explore the trails near Lake Crescent Lodge. Information: Jack Riggen 360-437-0370

Every Wednesday: Timberton Loop

Walk the 4.2 mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at 9:00 a.m.

Monday/Wednesday/Friday - 8:00 a.m.

Join the “Trail Club Group” that meets at the golf club parking lot for a self-led walk on the abandoned golf cart path trail or other alternative route.

For more hiking information, map of the Port Ludlow Trails and pictures of previous hikes and other destinations, check out portludlowhikingclub.com.




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The Untimely Demise of David Douglas

By Milton Lum, Contributing Writer

David Douglas died July 12, 1834 on the island of Hawaii, sixty-nine hundred miles from his home in Scotland. It was an untimely demise for the thirty-five-year-old botanist at the apex of his career, and occurred while visiting the Hawaiian Islands as he headed home after a second successful collection of plants from the New World.

Five years prior, in October of 1829, he departed London on his second plant collecting expedition to North America for the London Horticultural Society. His co-sponsor for this trip included the Colonial Office which in return requested that he provide geographical coordinates of the Oregon Country for their anticipated boundary dispute with the United States. Undaunted by this new responsibility, he acquired the new skills in astronomy and surveying required for this task. Under the tutelage of Edward Sabine, a naval officer and explorer, he studied up to eighteen hours a day in the months prior to his departure. During the eight months at sea, he practiced daily to improve his surveying techniques and celestial navigations skills.

Douglas took advantage of his support from the Hudson Bay Company to travel farther than he had on his prior trip to California, Hawaii, and north to what is present-day British Columbia. It was on that trip in June 1833 near Fort St. James where his canoe capsized in the Fraser River. He escaped unscathed but badly unnerved by his only serious mishap in all the years he wandered through the wilderness. His meticulous notes for the trip and all his specimens were lost, but he salvaged his surveying equipment, a sketch-book of maps, and a volume of astronomical observations.

Two months later while at Fort Vancouver, Douglas suffered a second bout of an illness called “intermittent fever.” This illness, which had devastated many of the coastal Indian tribes, was thought to be due to a form of malaria introduced by the sailors. By October 1833 he was not eager to face another rainy winter and boarded the Dryad, a ship bound for London by way of Hawaii.

On this visit, Douglas’ third to the islands, he was determined to expand his collection of tropical plants as well as explore the volcanoes on the Big Island of Hawaii. His prior two trips were brief stopovers while in transit, but he still managed on one of these visits to ship back to London two sea chests filled with nineteen bundles of plants along with a pair of live Nene geese, an endemic species unique to the islands.

After spending Christmas with the British Consul in Honolulu, Douglas traveled to the Big Island of Hawaii and spent January exploring volcanoes. With a native guide and a team of porters carrying his surveying equipment,

he summited the two tallest volcanic peaks, Mauna Kea at 13,796 feet, and Mauna Loa at 13,677 feet. Jack Nisbet, in his book *The Collector* quotes Douglas, from the peak of Mauna Loa, as he observed within its crater “a lake of liquid fire, in a state of ebullition.” Between climbing those two mountains he also explored the Kilauea volcano, Hawaii’s most active volcano located in present-day Hawaii Volcanoes National Park. From the rim of the crater he observed, amid toxic sulfuric fumes, the fiery magma bubbling through the fissures in the bottom of the crater. By the end of January, he was exhausted and retreated to Hilo where he compiled his notes and sent his last journal back to his brother John in Scotland.

Douglas’ body was discovered by two Hawaiians at the bottom of a pit dug to trap feral cattle, descendants of a herd gifted to King Kamehameha by Captain Vancouver. From those who surveyed the scene and reconstructed the events, it appeared that Douglas, while on an overland trek to Hilo along the north slope of Mauna Kea, had slipped and fallen into the pit where he was gored by a trapped bull. For Douglas to come to such an ignominious fate seemed incredible considering all the wild lands and difficult terrain he had previously traversed.

In a secluded clearing surrounded by Hawaiian koa and Douglas Fir trees stands a pyramid-shaped lava-rock cairn memorial to Dr. David Douglas. Access to the site near the pit where he died requires a tedious trip over a deeply rutted and poorly maintained dirt road. For the intrepid explorer who followed his dream into the untamed wilderness of North America and left his mark in the annals of natural history, it seems a fitting place where he should be honored and remembered.

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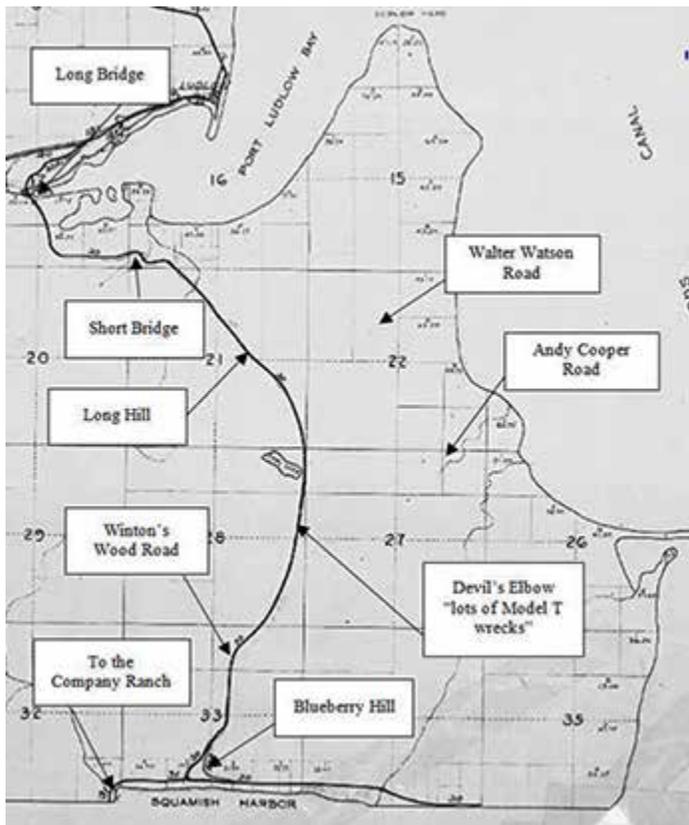
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Port Ludlow Roads— “you can’t get they-ah from he-ah”

by Tim Rensema, Contributing Writer



“You can’t get they-ah from he-ah” was a saying from old Mainers to folks traveling in Maine. It referred to traveling along the inaccessible coast or even in the mountains and lake areas of inland Maine. The same was probably truer for the Olympic Peninsula. Sometimes we tend to take for granted the roadways we travel. Certainly the interstates going north-south and east-west have been extensively used by most Americans. Interstate I-5 is essential for traveling down to California. We also think little of Oak Bay, Paradise, Routes 19, 104 or 20. They are maintained by different entities, depending on ownership – Oak Bay, Swansonville, Teal Lake, and Paradise Bay Roads are county maintained. The determination of where a road went was based on the need and the terrain difficulty to construct. Certainly 104 went in very late in the process (completed in the late 1940s) because of the difficulty of all the hills across this part of the Olympic Peninsula to get to Discovery Bay. Paradise Bay Road also had some major hills to overcome, so was late in the process for construction. Originally, folks from Paradise had to travel up Andy Cooper Road to Teal Lake, then down to Oak Bay Road to get to Port Townsend. Route 19 was the principal transportation route from Port Ludlow to Port Townsend. The reason that it was constructed was to provide a way for wood products (from the mills in Port Ludlow and Port

Hadlock), as well as the farm produce from Chimacum, to get to the harbor of Port Townsend. Route 19 south from the end of Oak Bay Road did not exist. What did exist was a rail bed that was installed by McCormick Lumber in the mid-1930s. The rail bed was used as the base for Route 19 when it connected to Route 104 in the 1960s.

Originally Teal Lake Road was a trail from Squamish Harbor (name changed to Shine in 1909) to Port Ludlow which also followed the telephone line route. Usually when the men from Shine who worked in the mill got to Ludlow Cove, they took a boat across to get to the mill. This was the same route that Signe Swanson used to walk when she taught at the school in Thorndyke. In Bob Garten’s book, “*Shine - Family Memories and History*,” he describes the coordination necessary to construct the Shine-to-Port Ludlow connection. Given that both the workers in Puget Mill needed a more reliable route to work and the number of farms that provided the Mill and Port Ludlow with food, people in both Port Ludlow and Shine petitioned the county in 1896 for the construction of a road to Port Ludlow. In “*Shine - Family Memories and History*” Stella Kilmer Feely could remember (probably before the road was completed) her grandfather leaving the wagon at the top of the hill (where the road ended) and walking down to Ludlow Bay and catching a boat to Port Ludlow. On the return trip to Shine, her grandfather installed two lanterns on the wagon to ward off cougar. The road was completed in 1915. Given some of the names of sites on the road it was not altogether safe. On Devil’s Elbow, many Ford Model “Ts” were wrecked. This was approximately ¼ mile south of Teal Lake. It was the first road completed going to the southern reaches of eastern Jefferson County. Even though it was “completed,” it was in terrible condition—principally during spring mud season.

Travel to Kitsap County and the Seattle area was only by boat. Originally, the ferry operated out of Port Ludlow (from the wharf just east of where the Beach Club presently exists) at the end of Phinney Street. The ferry service to Edmunds was discontinued in the 1950s, and the ferry site was moved to South Point and ferried cars across to Lofall, Kitsap county. In 1961 the Hood Canal Bridge was constructed from Shine to Port Gamble. It operated safely until a very bad storm sunk the west half of the concrete floating structure in 1979, forcing the Olympic Peninsula back to the ferry until the new bridge was finished in 1982. The Hood Canal Bridge is the longest floating bridge in a tidal saltwater basin and the fourth longest concrete floating bridge in the world. Luckily, the community lobbied the Washington State Transportation Department against making the bridge a toll bridge, which now provides us a free connection to the mainland because of this early community engagement.

continued on next page

Roads continued from previous page

So, while the old Maine saying was appropriate for 1900 Jefferson County, today through major involvement by the communities and the state, we have a dependable transportation conduit to the mainland, as well as a good transportation network to our Jefferson County residents and Port Ludlow. Today, we can get “they-ah from he-ah!”

Hot Dog to the Max

by Jim Gormly, contributing writer

Many people love to watch competitive events, cheering on their favorite local sports team, while they consume huge quantities of food and drink. And speaking of eating huge quantities of food, there are people who make a profession of doing so by engaging in eating contests of all kinds. In the world of professional competitive wiener eating, frankly no name dominates like that of Joey Chestnut. Since 2007 he has won the annual Nathan’s hotdog-eating contest thirteen times, consuming anywhere from 54 to 75 dogs (with buns) in 10 minutes. In July 2020 he ate one hotdog every 8 seconds! I doubt that force-fed foie-gras-forming geese consume at that rate. I love the taste of a good tube steak, maybe two, at a picnic, with a hickory-smoked flavor and spices, smothered in a bun with mustard, relish and onions—hold the ketchup, please! But more than two? No thanks. While I realize that we humans are naturally competitive, I am amazed that people doggedly indulge in gluttonous events.

Nathan’s Famous Coney Island Hot Dog Eating Contest started in the 1970s as a friendly competition, but now it is part of the dog-eat-dog professional world. To enter one of these contests, you must be under contract with Major League Eating, which is sanctioned by the International Federation of Competitive Eating, Inc (IFOCE). While early winners were crowned after eating a mere dozen or so hotdogs, that number gradually increased and then rapidly jumped through the 2000s, when Takeru Kobayashi, who won six straight times, introduced advanced eating and training techniques.

Realizing that improvements have occurred over the years, James Smoliga, a physiologist, decided to apply mathematical equations to see if there were a limit to the guzzling rate. He evaluated data from 39 years of competition and calculated an upper limit of about 83 hotdogs for 10-minute competitions. That translates to 832 grams, or nearly two pounds, a minute (and more than 23,000 calories total!) It takes a strong stomach just to watch a video of the last few seconds of the contest, with Joey sweating profusely, his cheeks bulging and his hand pumping in the last mouthful.

Competitive hotdog-eating humans have a consumption rate comparable to those of terrestrial apex predators, such as grizzly bears and coyotes, though wolves are the pack leaders. The ability to consume large quantities of food quickly is useful for a carnivore when food supplies are erratic, and Smoliga thinks that a high consumption rate for humans may have had an evolutionary basis. However, nowadays, wolfing 80 hotdogs in a ten-minute span mostly leads to digestive problems and maybe the Mustard-Yellow Belt of champions. It is best not to imagine what happens to that biomass after a contest.

Lest you think men are the only ones who abuse their gastrointestinal tracts, competitive women participate in maw-gorging contests as well. Since 2011 Nathan’s has also hosted a contest for women, with Miki Sudo winning the last seven competitions. Consuming 48.5 hotdogs in 10 minutes, a world record, Sudo, who is thin and 5’7”, earned the Pepto-Bismol-sponsored (appropriately) pink belt in 2020. A quadrathlon champion, of sorts, she also holds the women’s world records for consumption rates of Kimchi, Hotdish and ice cream.



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2. South Bay Community Association (SBCA)	\$200
3. Port Ludlow Village Council (PLVC)	\$200
4. Display Advertising	\$5,680
5. Classified Advertising	\$547
6. Subscriptions	\$45
7. Web Advertising	\$32
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A handwritten signature in white ink that reads "Mike Glenn".

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