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February 2024



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Mission Statement: The mission of the *Port Ludlow Voice* is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our local residents.

Published monthly by an all-volunteer staff.

Send your articles and comments to
editor@plvoice.org

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Visit The Voice Online

plvoice.org

Breaking News: Find information on the website before the printed magazine is available. See breaking news on the Home Page and the Community News section for information on North Bay, South Bay, and PLVC for early news for the Port Ludlow Community. All links contained in the articles are live.

Expanded Articles: Read complete versions of articles and media appearing online only.

Full Content on the Website: All the content from the magazine is now posted online.

Letters to the Editor: Read comments, criticisms, and suggestions from other readers online.

Advertising Information: Find out how to place classified and display ads, in the magazine. Also find out how to place ads on the web version of the *Voice*.

Archived Voice Issues Online: Copies of every issue of the *Voice*, beginning in August 1998 and continuing to the present, are available on the Website at Archive of Issues.

Moving It On: A complete guide to recycling every category of household goods, including a list of organizations and what they will accept.

ON THE FRONT COVER:

"The Voice Staff" Photo by Steve Deligan



Port Ludlow Voice

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News & Community

From the Editor's Desk

by Carol Riley, Staff Writer

You are holding in your hands the 307th copy of the Port Ludlow *Voice* magazine! Published each and every month since August of 1998, the *Voice* has followed its mission statement: to inform its readers of events and activities within the Village and in close proximity to the Village. In fact, the *Voice* has expanded that mission to include features and stories that educate and enrich us.

Two very important things come together each month to make the *Voice* a reality – our volunteers and our advertisers.

Did you take a good look at this month's cover? If so, you saw a group of our core volunteers gathered together to make an appeal for volunteers to join us. The production of this magazine is a labor of love. All of us came to the *Voice* because we love it, love the idea of a community publication, love how it reaches so many people, love how we have honed and changed it to keep up with the times, love the beautiful photos that grace our covers, love the expression it affords our local writers, artists, educators, sports enthusiasts, club members, and more. Many of us came to the *Voice* not knowing how we would best put our talents to work, but we knew we wanted to contribute, and we learned and adapted and enjoyed ourselves, and we are so proud of the results.

But we need help. We need editors, proofreaders, ad managers, marketing folks, fresh ideas, and a little elbow grease. Most of the positions require just a few hours each month. Mentors are standing by to assist. Can you help us?

Please contact us at editor@plvoice.org and let's discover how you can be a part of the Port Ludlow *Voice*.

Open Space Applications Invited

The Jefferson County Board of County Commissioners is looking to enhance the county's open spaces. To that end, it has launched the Conservation Futures Program and Fund to help protect important wildlife habitat, agricultural and timber lands, visual buffers, scenic areas, and open-space lands linked to parks, cultural, and historic sites – all for the health, benefit, and welfare of citizens.

Those interested in participating in the program are invited to submit projects for consideration. The projects must provide permanent protection of open-space lands through the acquisition of real property or development rights or involve operations and maintenance costs for properties acquired with the Conservation Futures Fund. Projects will be scored, ranked, and considered for recommendation to the Commissioners by the Conservation Futures Fund Citizen Oversight Committee. In the 2024 funding cycle, approximately \$265,000 is available to projects. Of this amount, up to approximately \$40,065 may be used to reimburse operations and maintenance expenses. A matching amount of at

least 50% of the total project cost is required.

To request a program manual and application, and for more information, contact Tami Pokorny at tpokorny@co.jefferson.wa.us or call (360) 379-4498. The application deadline is **Friday, March 22**, by email to tpokorny@co.jefferson.wa.us. Workshops to explain the details of the Conservation Futures Program to agencies, groups, and interested citizens are available by request throughout the year. Visit the Conservation Futures Program website at jeffersoncountypublichealth.org/560/Conservation-Futures-Program.

To read the full press release on our website, visit: jeffersoncountypublichealth.org/CivicAlerts.aspx?AID=129

2024 Capital Projects Levy - Efficiency, Safety, and Technology



Submitted photo

Safety, efficiency, and excellent facilities are of utmost importance to the Chimacum School District. These are some of the basic components of learning environments where students can thrive. As steward of our public-school campuses, Chimacum School District is running a capital projects levy election **Tuesday, February 13**. Washington State provides little-to-no funding for school construction projects or technology, and our school district relies on capital levies to fund needed repairs and maintenance, as well as facility upgrades and student technology.

The four-year levy resolution would authorize the district to collect \$2.325 million per year and would support electrical, HVAC, and insulation system updates that promote energy efficiency. These funds would also be used to support student technology needs and facility modernizations impacting learning environments, safety, and security. The proposed capital levy would be an increase from the previously approved \$1.325 million per year collection amount approved in 2012 and renewed in 2018.

Recent Capital Levy Projects have included:

- School safety updates such as limiting visitor entry points

- Individual laptops for students
- Junior/Senior High School library modernization
- Updated signage at the main campus
- Emergency repairs such as fire suppression systems
- New sound and video system for the historic Chimacum Auditorium

Some of the identified needs for 2025 to 2028 include:

HVAC systems and energy Efficiency

- Updating the HVAC systems will result in the continued improvement of air quality and energy efficiency.

New playgrounds at Chimacum Creek Primary and Chimacum Elementary

- Replacement of aging playground equipment at Chimacum Elementary and Chimacum Creek Primary School to improve safety and quality of play for ALL students.

Updated student technology such as laptops for students

- Continued replacement cycle of technology equipment across the district, including computers, devices, switches, and infrastructure maintenance.

Ongoing facility needs and repairs

- Installation of fire suppression systems in the CJSHS auditorium, gym, weight room, and locker rooms to protect the safety of all users, and replacement of flooring, and repainting classrooms at Chimacum Creek Primary.

Learn more about the 2024 Capital Projects Levy at csd49.org/levy-information.



Submitted photo

Heads Up on Discovery Bay Shellfish

Recent shellfish samples taken from Discovery Bay indicate that the level of biotoxin that causes paralytic shellfish poisoning has dropped below the closure limit for some shellfish species such as littleneck clams, manila clams, mussels, and oysters. However, butter and varnish clams remain closed to recreational shellfish harvesting in Discovery Bay because they retain toxin for a longer period of time. Jefferson County Public Health has posted

warning signs at public access points indicating this change.

To find out which areas are safe to harvest shellfish in Washington and the Washington Department of Fish & Wildlife (WDFW) harvesting seasons and rules, please check the map at doh.wa.gov/ShellfishSafety.htm or call the Biotoxin Hotline at 800-562-5632. For the latest information on regulations and seasons, visit wdfw.wa.gov/places-to-go/shellfish-beaches or call WDFW Fish Program customer service at 360-902-2700.

Jefferson County Library District's February Events

February is here! Whether you are a fan of classic romance novels, mysteries that keep you on the edge of your seat, or heartwarming stories to curl up with on a chilly evening, the Library's shelves are brimming with options to satisfy every reading palate. February also brings a bevy of intellectual and entertaining programs for all. Visit the events calendar at jclibrary.info for our full schedule of events.

Get to know your Apple iPhone at the library's two-part Tech Tuesday workshop. Join us from 3 – 4:30 p.m. on **Tuesday, February 6**, and explore the primary navigation that is most common to Apple devices. Then, return to class from 3 – 4:30 p.m. on **Tuesday, February 13**, and delve deeper into your iPhone's features, including your control center, email, and camera.

Great Decisions returns in February for another exciting season. Sponsored by the Foreign Policy Association, this nationwide, non-partisan discussion program was launched over 50 years ago to broaden public involvement in foreign affairs. Each week, participants will cover a topic of significant importance to Americans, view a short video, and discuss American policy. The discussions will take place in person at the library and online, and you can attend them all or choose your favorite topics; no registration is required. This 7-week series takes place from 6 – 7:30 p.m. on Thursdays, beginning **February 15**.

Drop by the library for a Wool Spinning Demonstration with avid shepherd and fiber artist Dean Hyden! If you missed our 3-part wool spinning class last month, this is a perfect opportunity to meet Dean and check out his spinning wheel. No registration is required! Stop in between 5 – 7 p.m. on **Wednesday, February 21**, and learn how a spinning wheel works, ask questions, and share your own spinning wheel or drop spindle, if you have one.

Learn Sewing Machine Basics and practice your skills by making your own pillowcase! Kathryn Bates, President of Cabin Fever Quilters and group leader for North Olympic Quilts of Valor, will host this hands-on class on **Wednesday, February 28**, from 2 – 5 p.m. The Library District will provide the supplies needed, including sewing machines. However, if you have a sewing machine you can bring, please let us know when you sign up for the class. Visit the events calendar at jclibrary.info to register.

The JCLD Adult Winter Read continues through February, and there is still plenty of time to read this year's beautifully written novel, *The Heaven & Earth Grocery Store* by James

McBride. Enjoy the book, then join other readers at the library to discuss it on **Thursday, February 29**, from 2 – 3:30 p.m. Please visit the events calendar at jclibrary.info to register for the book discussion.

For complete program details and our calendar of events, please see our website, jclibrary.info. Visit the Jefferson County Library District at 620 Cedar Avenue in Port Hadlock. For questions or assistance, call 360-385-6544 or email information@jclibrary.info.

First Wednesday Luncheon

We hope you'll join us on **Wednesday, February 7**, 11 a.m. – 1 p.m. at the Bay Club.

In honor of upcoming Valentine's Day, we will present *Agate Passage*, a seniors quartet that has been entertaining audiences in Kitsap, Mason, and Jefferson Counties in Washington since 1998. All four members sing with West Sound Chorus, the Kitsap Chapter of the Barbershop Harmony Society. They have well-blended voices and while they offer a wide range of songs, they will be primarily focused on love songs for this occasion.

This will be a BYOL (bring your own lunch) event. Cookies, coffee, and tea will be available. Please RSVP to firstwednesdayluncheon@gmail.com or sign up at either the Bay or Beach Club by **February 5**. This is a courtesy to the club and luncheon coordinators so we can have the appropriate number of tables set up in advance. We appreciate your cooperation.

For those of you who may be new to Port Ludlow or to this luncheon, we have been in operation for over 45 years, one of the first formalized get-togethers in Port Ludlow.

Our mission is to support the Tri-Area Food Bank and to foster community neighbor relations through a mix of educational programs and entertainment. Guests are asked to bring donations in the form of cash, checks made payable to the Tri-Area Food Bank, or non-perishable food and hygiene products.

Bring a few extra dollars for the monthly raffle which we use to support the Food Bank during the summer months of July and August when we are on hiatus.

And don't forget to mark your calendars for our March 6 luncheon at the Beach Club. Michael Haberpointner of Active Life Physical Therapy will be our speaker.

Martha's Book Group: Flight Behavior

by Milt Lum, Staff Writer

Barbara Kingsolver's *Flight Behavior* is one of her many books which have appeared on the New York Time's bestseller list. The setting is Kingsolver's beloved Appalachia where an astounding discovery is made in a remote valley when millions of monarch butterflies are found. But, the monarchs usually winter in Mexico where there is no snow. Join Martha's Book Group as they unravel the mysterious journey of the monarchs and the plight of the

people residing in the one of the most impoverished regions of America.

This discussion will be at the Bay Club at 4 p.m. on **Tuesday, February 13**. Contact Sarah Schuch at bookclub@plvoice.org for information about obtaining a copy of this book from the Jefferson County Library book club kit.

All are welcome to attend Martha's Book Group. For further information about future book selections contact Sarah at the email address above. March's book selection will be *The Color of Water* by James McBride.

Learn From Experienced Beekeepers



Submitted photo

East Jefferson Beekeepers Association (EJBA, or "EJBees") is offering an in-person course on beekeeping for beginners, taught by experienced beekeepers from our club.

The 2024 course includes 10 classes taught during five sessions, starting **Saturday, February 10**, and finishing with a hands-on apiary visit **April 20 or 21**. Sign up now to get started on this adventure!

Sessions are from 11 a.m. – 1 p.m. at Chimacum Grange (except **February 24**, when we will meet at Jefferson County Library).

An online video presentation of the same material will be available on our club's blog ejbees.com for review and reference and as a stand-alone course for those unable to attend live classes.

The course is appropriate for adults, students, and families.

Topics include practical information and beekeeping techniques as well as aspects of bee biology and behavior.

Cost: The course is free of charge for EJBA members, and you must be a member to participate.

Join: Individual membership is \$30/year; family membership is \$45. Join in person at the first session on February 10 at the Chimacum Grange, or you can register by mail.

Send your check made out to EJBA along with contact information (name, email, address, phone) and a word or two to indicate

December 2023 Statistics for East Jefferson Fire Rescue

Effective 01/01/2023 Port Ludlow Fire & Rescue merged with East Jefferson Fire Rescue. Our monthly statistics will now include information for the entire Fire District.

Communities served include: Port Townsend, Cape George, Kala Point, Marrowstone Is., Port Hadlock, Chimacum, Irondale, Port Ludlow MPR (North and South Bay), Paradise Bay, Beaver Valley, Bridgehaven, Mats Mats, Shine, South Point and other areas located within our boundaries.

Alarms

Fires.....	7
Rescue/Emergency Medical	296
Good Intent	24
Hazardous Conditions	1
Overpressure rupture, explosion, overheat.....	1
False Alarms	19
Service Call	71
Total Alarms	419

Ambulance Transports

911 Transports.....	184
Non-transports	118
Total Transports	184

CARES Contacts.....	133
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your interest in taking the course to the following: EJBA, PO Box 1984, Port Townsend, WA 98368-8011

Member benefits include great monthly meetings, special events throughout the year, mentors to get you off to a good start with your apiary, an informative and educational monthly newsletter, and more. Discover the fascinating world of bees and beekeeping!

Contact Rich or Susi Thomas at richandsusi@ejbees.com.

Free Estate Planning Seminar

What to do after a loved one passes.

Come join us for a free presentation by Amanda Wilson, attorney from Northwest Estate Planning & Probate, P.S., locally based at 21 Shine Rd., Port Ludlow.

Wilson will give a talk on what steps to take when a loved one passes away. She will talk about what to do to prepare for someone's death, what to do in the 30 days after death to protect assets, and what is required for estate administration.

The event will be held on **Tuesday, February 20**, 1 – 2 p.m., at the Bay Club, 120 Spinnaker Place, Port Ludlow.

Please RSVP to Jenni at info@nwpepp.com or call (360) 437-4172.

Fire Department New Hires and Promotions

As East Jefferson Fire Rescue continues to grow to meet the needs of the community, the district has hired three new firefighters, promoted two firefighters to Lieutenants, and established the first Fire Captain position assigned to the Training Division.

New firefighters:

- **Naaman McGuffey**, an entry-level firefighter from EJFR's intern program
- **Ryan Floberg**, an entry-level firefighter with a degree in Fire Science from Bates Technical College
- **Andrew Heydon**, hired as a lateral firefighter from NAVMAG Indian Island

Lieutenant Promotions:

- **Andy Dalrymple** was promoted to Lieutenant. He has been a firefighter with EJFR since 2018.
- **Ben Carver**, a firefighter with EJFR since 2010, was also promoted to Lieutenant.

Fire Captain



Submitted photo

Effective January 1, LT./Paramedic **Trevor Bergen** has been promoted to the new position of Fire Captain. Bergen was hired by EJFR in 2008 and became a paramedic in 2011. Cpt. Bergen will work under the general supervision of the Fire Chief, and when assigned to Operations on a shift assignment, he will typically report to the Battalion Chief.

The qualifications and duties of a Fire Captain are many and varied. They include, but are not limited to, overseeing and managing the company-level inspections of buildings and sites for fire hazards and pre-incident surveys for tactical planning, assisting with administrative assignments, and the development of budgets for personnel, apparatus, equipment, and facilities. When assigned, the Fire Captain serves as the duty officer for the district, monitoring all response activities, responding to all incidents of a serious nature, and assuming command of all units until relieved by a higher-ranking officer.

“EJFR is extremely lucky to have many excellent candidates to

select from for hiring and promotions. Each decision was difficult and is a testament to the talent and dedication within this district,” said Chief Bret Black. “Congratulations to you all. We look forward to this new year and the new contributions you all will bring to our district.”

For more information about the services East Jefferson Fire Rescue provides, look at our webpage at ejfr.org.

Meet Your Firefighters

by Ron Dawson, Guest Writer

Meet Tammy Ridgway, firefighter, Paramedic, and Medical Services Officer (MSO) for East Jefferson Fire Rescue. In 2021, MSO Ridgway became the first Medical Services Officer



Submitted photo

appointed to oversee the emergency medical services for the District. This includes emergency medical response, supplies and equipment, infection/exposure control, EMS related instruction, teaching, training such as case review, quality control, and evaluations. The EJFR MSO works closely with The Jefferson County EMS Council and Medical Program Director to deliver quality services to our community.

Tammy began her career in 1994 in Port Townsend. She decided she wanted to be a firefighter after high school. Her stepfather was the Fire Chief in Port Townsend. She was a volunteer in the department for fifteen years before being sent to paramedic training. During that time, she was also a pharmacy technician in Port Townsend. She has a significant other for the past 29 years, and has three children, Tiffany, Joey, and Tyler.

Away from work, she likes to teach EMT subjects and CPR. She enjoys cooking, travel, and spending time with the family. They have a recreational home at Lake Cushman.

The thing she likes best about her job is taking care of people and sees the staff she works with as family. The hardest part is trying to help people where you sometimes are disappointed in the outcome.

Tammy says she is an open book to others and really enjoys her job. She has an important role in delivering medical service to our population in emergency situations.

Winter Welcoming Center Open Daily

by Liz Anderson, Guest Writer

The Winter Welcoming Center at the Pope Marine Building is currently open from 8:30 a.m. – 12:30 p.m. for individuals who may need a place indoors and out of the cold weather we are experiencing in the county right now. The Pope Marine Building is located at 100 Madison Street in Port Townsend, across Water Street from City Hall. If you have questions or want to check on the Center’s hours call 360-821-4811, as changes in the weather may necessitate the Center being open 24 hours a day.

Cots and food will be available. The Center is operated by the Jefferson Interfaith Action Coalition. The Center is accepting donations from community members. For more information go to jeffersoninterfaithaction.org/wwc.

During these colder days, please check on your neighbors. A phone call or email works well especially if there is snow on the ground.

To check on the latest weather conditions, go to weather.gov/sew.

To report a power outage, call Jefferson County Public Utility District at 360-385-5800. To see a map showing current power outages, go to jeffpud.org/outage-info.

Dine and Discover Hosts the NW School of Wooden Boatbuilding

by Allan and Nancy Kiesler, Guest Writers



Submitted photo

Do you ever wonder who will maintain your boat in the future? Do you value the legacy of Northwest craftsmanship and ingenuity characterized in the boatyards of the region and wonder how that can be carried forward? Are you curious about compelling alternatives to four-year college degrees and associated debt? In early October in Port Hadlock, over 40 post-secondary students began their hands-on training programs to become marine technicians (9 months) and boatbuilders (12 months).

On **Monday, March 4**, you will hear from the school's Executive Director, Betsy Davis, and the Lead Instructor for Marine Systems, Kevin Ritz. They will explain how this 41-year-old school has adapted its time-tested curriculum to provide a practical and relevant path to satisfying employment for today's students while building a base of trained graduates qualified to enter the marine trades – an industry that is thirsty for younger workers.

This event is open to North and South Bay members and their guests. Sign-up sheets will be available by **February 7** at both clubs. The presentation will be held at the Beach Club and doors will open at 5:30 p.m. Please bring a dish that will serve 8-10 people and remember to put a note on your dish if it contains any of the following allergens: wheat, soy, eggs, milk, tree nuts, peanuts, fish or shellfish. For those bringing an appetizer, please bring one that can be passed and arrive a few minutes early. You will also need to bring \$3 per person, your place setting (plates, napkins, eating utensils, glasses), a plastic bag for your dirty dishes, and a beverage if you want something other than coffee/tea/water which will be provided. See you there!

Who Are the Knit Wits?

by Laura Paul, Knit Wits Co-Coordinator



Submitted photo

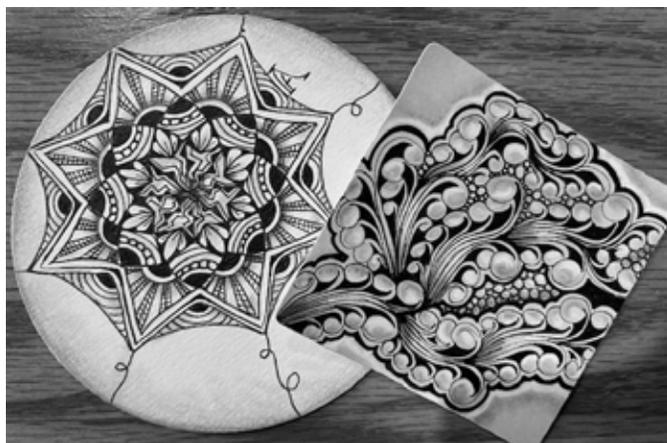
Are you a knitter? Do you crochet? Do you have skeins of yarn stowed away looking for a project to be stitched into? Maybe you need some inspiration to finish a half-completed project stuffed away in a box. If this sounds like you, consider joining the Knit Wits, an eclectic group of women who like to get together and talk about our craft. All you need are your needles and some yarn.

We are a local knitting and crocheting group in Port Ludlow, and we've been around for quite a while. Bev Kessler, a founding member of the Knit Wits, was overseeing the group when she invited me to join. She was always knitting something, like scarves with colorful, fancy, feathery types of yarns, for coffee baristas and shop employees that she and her husband had

befriended in the area. She was an energetic lady with a sweet tooth, sharing goodies at every meeting. Sadly, she's no longer with us, but our group still gets together. Debi Fong and I share coordinating responsibilities.

We meet once a month at the Beach Club, bringing our knitting and crocheting projects to the Gazebo Room, where you'll find us the third Wednesday of every month, from 1 – 3 p.m. Everyone brings their current project and helps each other with knitting or crocheting problems they might have. Any knitter or crocheter is welcome, no matter your skill level. Help us continue the history of the group by joining us. For more information, you can contact me at rlplep@yahoo.com.

Port Ludlow Tangle Club News



Submitted photo

The Port Ludlow Tangle Club held its first meeting last month and attendance was so good an additional meeting has been scheduled in order to accommodate a Wait List! The same program will be given again on **Thursday, February 8**, at the Beach Club's Bridge Deck from 1 – 3 p.m. There are still seats left; RSVPs will be accepted on a first-come, first-served basis by contacting Certified Zentangle teacher Alice Clive at: foureyes22@outlook.com.

No experience is required to attend and learn how to use the Zentangle Method to create beautiful images by drawing structured patterns, called tangles. This mindful approach to art is easy, fun, and relaxing! Supply kits will be available for \$5. Non-residents are welcome; bring \$1 for the fee.

The next regularly scheduled Tangle Club meeting will be held **Thursday, March 14**, at the same time and location. RSVP promptly to ensure yourself a seat!

Features & Stories

A Little Act of Kindness

by Milt Lum, Staff Writer

I avoid reading about global calamities about which I have no control as they leave me despairing. Then guilt or moral outrage take over and when the next request for a global cause arrives in the mail, I make out a donation for that charity and assuage my conscience. At best, it helps me maintain some semblance of a moral compass in this mixed-up world of ours. When little acts of kindness show up under the radar, I find that compass is righted even more, pointing me in the direction towards which I should strive.

One such act occurred this summer on July 1 and was reported in the July 2 Sunday *Seattle Times* as “Rough Seas, Canceled Ferries: Family Takes in Stranded Port Townsend Visitors” by Mike Reicher. When I saw that Kip Goodwin was one of the unfortunate stranded visitors, it became personal. Kip is married to one of my old friends from junior high school days, with whom I have kept in touch over the years. That they hadn’t reached out to us for assistance was clarified later when I called her to find out what had happened to them that evening.

They were visiting their friends in Langley on Whidbey Island. They walked on the Coupeville - Port Townsend ferry for a day’s excursion to visit the opening exhibit of another friend at one of the galleries. It was a gorgeous summer day with just a bit of chop as they crossed Admiralty Inlet. When it was time for the last ferry to depart later that evening, the chops had developed into dangerous whitecaps forcing WSDOT to cancel the last crossing of the day.

Unlike Sea-Tac airport, stranded passengers from the ferry do not have the option to hang out in the terminal. Six others were in the same predicament. They had exhausted all possibilities on this 4th of July weekend and were left with the only option of spending the night outdoors. They felt bewildered almost to the point of panic when BG Patterson, one of the attendants at the Port Townsend terminal, came up to the group and calmly announced that they were all sleeping at his place in Chimacum. For that group, composed of some septuagenarians and octogenarians, it was like a lifeboat had appeared out of the darkness.

BG had cleared it with his wife, Arianna, as he witnessed their desperate attempts to procure housing for the night. She was amenable to sharing their 1300 square foot home with a couple of strangers for the night on his recommendation. As foster parents, they were accustomed to accommodating drop-ins, and she felt comfortable with taking in a couple in their 60’s for the night. A few minutes later, BG called back and said it would be ten and her response was the same.

It took him three trips in his old pick-up to ferry the group to their home in Chimacum near their place of business, the Farm’s Reach Café. Arianna greeted each person with a welcoming smile at the front door as they arrived. There were

four groups of strangers gathered in the Patterson’s living room late that night: three groups from the ferry and the Pattersons with their two foster children, ages two and five years. She explained that there were air mattresses and blankets for all. As BJ started blowing up one of the mattresses, the awkwardness dissipated as everyone relaxed and felt comfortable in accepting their hosts’ sincere hospitality.

The older members of the group were afforded some privacy with mattresses on the floors in each of the bedrooms while others stretched out in the living room. At six the following morning, BG brought in an urn of coffee and some pastries from the café next door. At seven, he began the first of several trips back to the terminal in time for their return to Coupeville.

This little act would have gone unnoticed but for the fact that Arianna’s sister knew Reicher and his editor felt it was newsworthy. Kip might never have been quoted had he not given his name and address to BG with an open invitation to visit him in Kauai. I might have given the article a cursory look had I not noticed Kip’s name. All these little maybes convince me that there are more little acts of kindness throughout the world that happen daily without us ever hearing about it. As Fred Dente, one of Kip’s friends, said, “It was the way humans should treat humans. In this day and age, it was exceptional.”

Protecting the Birds

by Karen West, Secretary, Port Ludlow Trails Committee

When the hardy souls from the Trails Committee aren’t building or maintaining hiking paths, they occasionally hit the links at the Port Ludlow Golf Course in a quest for elusive birdies. Just not the kind involving golf balls.

As a newbie on the Trails Committee, I wasn’t sure what to expect when I accepted Mark Makarowski’s call for Project Birdhouse volunteers. It’s the committee’s annual winter outing to clean, repair, and if needed, replace the 21 birdhouses along the golf course in addition to the 34 birdhouses nestled in the trees along the adjacent Old Cart Path Loop Trail.

The committee has been maintaining the birdhouses for at least 23 years to protect native birds, giving them a better chance against larger species. Until recently, the Audubon Society even recognized the golf course as a bird sanctuary.

I arrive at the golf course on a frosty December morning, where Mark, the Trails Committee Natural Resources guru, is gathering the rest of the Project Birdhouse cleaning crew – Tim Rensema, Jerry Keck, John Fillers, and Jim Mueller. He kicks off the “birdhouse scavenger hunt” by forming teams of two, handing out numbered maps and giving us our marching orders. Instead of toting our golf bags, we are equipped with disposable gloves, masks, garbage bags, screw guns, drills, scrub brushes and wooden sticks (more on that later).

We then hop into our golf carts and go our separate ways. (Special

thanks go out to the golf course management for lending us their golf carts).

“There it is,” I yell to Mark as I spot the first birdhouse on my map. Like a caddy picking out just the right club, I pull out my bucket, cleaning mixture and towel before approaching Birdhouse No. 1.

We climb over mounds of branches to get up to the birdhouse, which is nailed six feet high on a Douglas fir. Mark’s job is to get face-to-face with the wooden birdhouse, remove the anchor screw, and open the hinged door.

“Did you bring the stick?” Mark asks. “I always knock before opening the door. It is, after all, the polite thing to do when entering someone’s home.”



Submitted photo

The real reason for the stick goes back to an unpleasant experience he had three years ago when he and Denny Schuch were on birdhouse duty. “We were making good progress cleaning out the houses and joking with each other to keep our minds off the fact that it was really cold,” Mark recalls. “I didn’t expect there would be any critters inside. When I opened the side door several field mice jumped out and ran down my arm. Denny laughed when I jumped back and spun around trying to make sure none of the mice crawled into my jacket collar.”

He has since made it a habit to warn Project Birdhouse volunteers: “You never know what you’ll find when you open the door -- a beautiful nest with eggshells or box full of spiders or wasps.”

While the birdhouses are sized for wrens, bluebirds and chickadees, volunteers, including Jim Mueller and John Fillers, have been greeted by creatures as big as squirrels jumping out from the houses. Jim recalls the first year he helped, he and John found birdhouse pieces that looked like a bear had swatted it off the tree. “It makes you pay closer attention to your surroundings.”

Luckily, there were no bear sightings or flying squirrels on my first Project Birdhouse outing. We spend the morning removing old nesting material – and as Mark says “other fun stuff that we find” – from the birdhouses and sanitizing them with a weak bleach solution. The watered-down cleaner is needed to keep the

houses safe for the next generation and to ensure diseases don’t spread.

We end up finding 13 birdhouses with nests on the loop trail and six birdhouses with nests on the golf course. Our team installs four new birdhouses and another six will need to be replaced because we can’t locate them.

The Trails Committee documents what they find inside the houses “to help improve our occupancy rate,” Mark explains. “We move the houses around on the tree – better wind protection or camouflage, and I have changed the entry-hole size to see if it makes a difference.”

He and Jim Mueller have built, repaired, and replaced more than a dozen birdhouses over the years. Mark explains that the houses are constructed in such a way as to allow Western and Mountain Bluebirds, Tree Swallows and White-breasted Nuthatches to nest, while keeping the larger birds out.

“The weather here in the Pacific Northwest is tough on the houses, and you can’t paint them or add wood preservatives, as that would harm the birds, so they can only last so long,” says Mark, who has been organizing the annual cleanings for the past three years.

Trails Committee volunteer Jerry Keck discovered some interesting facts about the Douglas firs, western hemlocks, and western red cedars that host the birdhouses. “I noticed some of the birdhouses fell down because of the fast growth (diameter) of the trees that pushed the birdhouses off the screws that attached them to the tree trunks.”



Submitted photo

Several Project Birdhouse veterans, including Dean Morgan, started out building trail signs and steps for the committee. He got involved with the birdhouse project in 2001 because he had a shop and tools and was a member of the golf club. Other early Project Birdhouse volunteers included Dick Ullmann, Jack Manning, Tom Satterlee, Dan Darrow, and Doug Huber.

John Fillers, who took over birdhouse duty from Doug Huber in 2017, recalls one year he was repairing some of the birdhouses and startled one of the local residents walking along the course.

“I was cleaning a few birdhouses on my own and dressed in a coat up to my face, gloves and a face mask,” John says. “It was very cold and I was carrying a drill and a plastic bag. I came out of the woods just as a lady on her own came over the top of a rise in the trail. I’m sure she thought I was some type of masked killer. A power drill can look a lot like a gun and the gloves (these were big rubber gloves not little doctor’s gloves) can look ominous. I’m sure the mask didn’t help to make me look like a casual hiker. She was very disconcerted. I’m not sure she believed my birdhouse story.”

So, the next time you see our crew out on the course, just know we aren’t there to retrieve errant golf shots or to scare off hikers. We are there to protect the birds.

Wowzer! A Great Evening for LPV

What an amazing evening as Ludlow Point Villagers (LPV) and



Submitted photo

their many VIP guests gathered for their annual holiday potluck dinner. The chefs in LPV would give Gordon Ramsay, Anthony Bourdain, and Julia Child a run for their money. The decorations were perfect, and the many volunteers made it easy on everyone.

The evening started at the greeting table as Celeste Archambault and Judy Marshall cheerfully welcomed the many partygoers. The bar was full of guests sharing holiday bubbly. The appetizer table was adorned with an incredible spread of beautifully displayed bites like baked Brie with chutney sauce, shrimp cocktail, a salmon ball, crab dip, smoked salmon plate, and so much more. Guests wasted no time making themselves piled-high plates of the delicious layout.

Moving on to the main courses, LPV residents and guests all wanted to try at least one taste of each dish. Plates were loaded to the brim and still there was so much left over. LPV chefs graced the tables with hams cooked to absolute perfection, a mouth-watering tenderloin, tender turkey breast, cheesy mac & cheese, out-of-the-park garlic mashed potatoes, chicken Alfredo lasagna, homemade stuffing, Asian sticky rice, homemade cranberry sauce, Greek Spanakopita, and, of course, David’s awesome dinner rolls,

Kris’ yeasty rolls, and June’s dinner rolls. Everyone enjoyed a variety of salads that included a European beet salad, Couscous salad, winter fruit salad, shrimp pasta salad, spinach salad, a homemade dinner salad, and a delightful Caesar salad. Finally, to top off the evening the dessert tables were overflowing with amazingly decorated sweets that one would have sworn were prepared by top-rate professional pastry chefs. Everything was fabulous.

Thank you again to all the volunteers! Without your help, LPV could not have put on this amazing annual potluck dinner. Each year is better than the one before and neighbors and friends appreciate your dedication and time. Ludlow Point Villagers recognize the following devoted and kind-hearted volunteers: David and Kim Afflerbach, David and Linda Aho, Celeste Archambault and Doug Pulling, Linda Archer, Anne and Lindsey Ashmore, Paula Berman and Steve Messener, Cathleen Blackburn, Thomas Stahl, Deanna Richards and Steve Burkett, Julie Enders, David and Katie Fey, Sue Kaysinger, Tim and Kathy Loika, Kate Madson, Lynn Maier, Judy and Rand Marshall, Ginger and Mike Mathy, Lisa and Dave McCammon, and Randy Triplett. An amazing group of neighbors and friends. You guys rock! Give yourself a big hug because it is well-deserved.

What’s Up, Neighbor?

by Donna Geer, Staff Writer



The Dahlem/Longo Family at Ludlow Cove Cottages in December 2021.

Photo by Britta Kristen, BK Studio

It was the middle of winter, and it was cold, she told me. They had a diesel heater, but there’s no insulation in a sailboat, so they took their showers in the marina. It was December of 2017, and Lori Longo and her husband Fred Dahlem had lived aboard a 1985 Hunter 35.5 sailboat named *Insouciant* since August, waiting for their Ludlow Cove Cottages’ house to be completed. They had downsized from a 4200 square foot home in Mukilteo to temporary lodging in a boat. Did they get cabin fever? Maybe, because Lori said they spent *a lot* of time outside.

Lori used to write the *Port Ludlow Voice* articles for the Yacht Club. Every month she’d email me an article. Still, we hadn’t

met until I started a Qigong class. I was a green recruit, and she was already well-versed in the practice. But I don't think I really understood the measure of Lori until we met for this story.

I know she's a self-starter, incredibly well-organized, and insistent on always learning. She took sailing lessons so she could assist her husband on their sailboat. Fred has been sailing since he was in his twenties, but Lori didn't learn until 2004. Since joining the Port Ludlow Yacht club in 2017, she and Fred have taken Power Squadron classes every year. One time, they were sailing through the Hood Canal when their engine overheated during an electrical storm. They were able to navigate using charts, and while Fred was handling the sails, Lori was at the helm communicating with the Coast Guard via her Apple watch. She said they weren't nervous; they knew what to do because of those classes. Now they host two or three annual cruises, organizing rendezvous and helping participants map out technical routes.

Early in her career, Lori started as a research biologist in entomology for the Boyce Thompson Research Institute at Cornell University in Ithaca, NY. Nineteen months later, she worked as a microbiologist for Merck Sharp and Dohme Pharmaceutical in New Jersey, using robotic technology to search for bacterial and fungal cultures producing high levels of antibiotics. Lori was involved with the exploratory identification phase, and she loved the research and discovery part of the process. But she was changing careers every couple of years, following her first husband's career path, so she was always commencing something new.

She's had lots of starting over with her jobs and her life. When she moved to New Jersey, she switched careers, becoming a high school science teacher using the teaching certification her father insisted she earn as a condition of helping fund college for a biology degree. She harnessed her love of science by teaching biology and chemistry. She eventually moved to Washington, and after seven years of teaching, she became principal of Kellogg Middle School in Shoreline. Under her tutelage, it was one of the first schools to have laptops for every student. She met Fred, a high school principal, who also taught science classes earlier in his career, just like Lori. They both had two kids. They've been married 28 years now and their family is their focus.

They have a five-year rule. Every Christmas dinner, their kids share details of stunts they did five years ago. No one gets mad because it's done and over. One of Lori's favorite stories was when the high school seniors at Fred's school decided to toilet paper their principal's house. One of their sons heard about it and decided to defend the house. He and his friends were on the roof with hoses, waiting to spray the culprits with water. When the papering started, the defenders let loose and the water rained down, all over the boys, all over the trees, and all over the bushes. Can you picture soggy toilet paper stuck to all things green? But hey, that was five years ago....

I asked Lori what inspires her, and she said there were two things. One was her grandchildren. They are so bright and caring; they give her hope for the future. The other was the kindness and caring of people. This past year, her neighbors raised over \$6,000,

and the Yacht Club raised \$8,000, for Chimacum Backpacks for Kids. Generosity like this gives her hope and inspiration. It inspires her to keep volunteering.

The best part of being retired, she told me, was having the freedom to choose how she spends her time. She'll always be working at something – it's her nature, but she said that “choosing your work, where and when you do it,” is what makes her happy. She volunteers for causes connected to her community. She's often out boating with her husband because she loves the water, and five days a week, she's exercising or practicing Qigong, a mind/body practice.

Her biggest regret is that she didn't really know her mother well when she was growing up. She'd always been close to her dad, but when Lori became a mom, she viewed her mother differently. She said she “thought she saw one thing, and in retrospect, she was something else.” They became closer, and that experience influenced her own parenting.

She's most proud of how she and her husband have raised their family, especially when she watches how their adult kids are raising their own children now. Blending two families can be hard, but Lori and Fred made it look easy.

When I asked her what she'd tell her younger self, she said, “Give it a rest; it really isn't all that important.” I laughed, but I think that sums it up for most of us.

If you want to share some stories about your neighborhood and who you are, or nominate someone else, reach out to Donna at sports@plvoice.org to start the conversation. Can't wait to hear from you!

Charles McCormick - Forgotten Lumber King of Port Ludlow

by Tim Rensema, Guest Writer

In previous articles in the *Voice*, we have referred to the McCormick Rail Trail as the newest trail constructed by the PLVC Trails and Natural Resources Committee. However, if you look around Port Ludlow, you'll see no reference to anyone named “McCormick.” No roads or sites are named for him, even though he owned the local mill for a major period of the 1920s. Why is that?

Charles McCormick and other Midwesterners (including his brother, Hamlin) came to the West Coast in 1901 from Saginaw, Michigan. McCormick had twelve years' experience in the lumber industry and applied it to become one of the leading lumber brokers on the West Coast. By 1920 he had a very successful steamship company which plied the waters in the US and South America. He invested in a burnt lumber mill site at St. Helens, OR, in 1909, and it became one of the leading producers of lumber and creosoted timbers. He aggressively invested in ventures that he thought could provide profit, though this tended to make him company-rich and capital-poor.

There were many lumber companies by this time on the West Coast and the availability of stumpage (growing trees) was becoming scarce. The Puget Mill Company (owned by Messrs. Pope and Talbot) had invested in thousands of acres of uncut virgin forests through the business expertise of Cyrus Walker. They had followed a business plan of buying wood from other timber owners, saving their own trees for later. "Later" came in 1924 when they were approached by McCormick to sell their assets to the McCormick Lumber Company. The deal was signed on July 19, 1925, when McCormick purchased the Puget Mill assets for \$17,000,000. Pope and Talbot were given major shares in the company in lieu of money because McCormick could not obtain sufficient funding to pay the principal, as well as a 5% interest rate. One of the requirements in the sale was that he rebuild the Port Gamble mill and refurbish the Port Ludlow mill. He invested nearly one and a half million dollars in this venture. This included the purchase of high-quality locomotives for transporting timber and modern logging equipment at Camp Talbot on Crocker Lake in the community of Discovery Bay, as well as building the rail line between Discovery Bay and Quilcene where the logs were dumped in the bay to be towed to Port Gamble and Ludlow. He was successful in his renovations and construction to the point where the Port Gamble mill was producing 300,000 board feet a day, and both Port Ludlow and St. Helens individually were producing 350,000 board feet a day.



Submitted photo

Unfortunately, a glut in the lumber market led to massive losses for the company. McCormick was removed from his position as president in April 1929, about five months before the start of the Great Depression. He had invested large amounts of money (that he did not have) to renovate the Port Ludlow mill. A new freshwater flume had been constructed to provide more water to the steam plant which generated electricity for the mill. Other infrastructure was modernized to improve the living standards of the 150 mill workers. These improvements, however, did not halt the strikes of the mill workers or his cash-flow problems. On December 8, 1931, Pope and Talbot ousted Charles McCormick from the boards of both the lumber and the shipping companies (i.e., the entire McCormick Lumber Company). The expense of new equipment and construction, the lumber recession, and the Great Depression finished off Charles McCormick.

Pope and Talbot Inc. (no longer called Puget Mill Company) inherited harvested timber lands, a new Port Gamble mill (which continued production until 1995, the longest continually operating sawmill in the United States), the shipping fleet, and the mills at Port Ludlow and St. Helens. On December 4, 1935, Pope and Talbot closed the Port Ludlow plant after 83 years of intermittent operations. In 1936 the Admiralty Inn partially burned, and in 1958 it was demolished, with much of the furniture and artifacts finding homes in the surrounding area. The concrete shell of the power plant stood until the mid-1960s as the only remnant of the old company town of Port Ludlow. At this point Port Ludlow was truly a ghost town.

Charles McCormick may have disappeared from Port Ludlow history when he was removed from the board of directors in 1931. However, his legacy in Port Gamble remained until 1995, and today remnants of his investment in Port Ludlow can still be seen. Hike along the McCormick Rail Trail and imagine a Shay logging locomotive steaming along the tracks on its way to the uncut forests of the Sandy Shore area. Interpretive signs along the trail indicate that some of McCormick's achievements could not be demolished with the rest of Port Ludlow.

Love

by Suyin Karlsen, Guest Writer

On an abysmal gray day in October 1948, in the midst of apoplectic protestations from family, neighbors, and friends, my father said, "Let it be. Why destroy another life? One life is gone, it's enough." I wasn't even born then but those words of my father would stay with me for the rest of my life.

On another day in October, this one bright and sunny, the day I turned five, my mother said, "I want to show you something." She brought out a biscuit tin that had pictures of various biscuits (cookies) on the lid. Since it was my birthday, I naturally expected some fine treats to manifest shortly. To my disappointment, the tin was filled with photos! Mummy, as we called our mother, sifted through all the photos in the tin very carefully, and then pulled one out. When she showed it to me, I saw a baby swaddled in white cotton cloth laying asleep in a plain wooden box. My father, holding the box, was lowering it into a dirt hole in the ground. I could see the grass around the hole. It was puzzling and disconcerting because not too long ago I had watched neighbors bury a dog and that experience had caused bad dreams. It was so final and that dog, I knew, was never coming out of that hole.

Mummy said tenderly, and slowly, as if spreading out her words would make the impact less impactful, "This baby is your older brother, Aloysius. He lived for one week only. You were born exactly one year after he was born." She didn't look terribly sad, she appeared more pensive; and through the years when she would talk about the baby she lost, her emotions were more along the lines of, *God giveth and God taketh away*. A quote from the Book of Job, I later learned.

Love continued on page 29

Arts & Entertainment

Where Have All the Theaters Gone?

by Randy G Powell, Guest Writer

Let's face it, we are a nostalgic community. We look back to the '50s, '60s and '70s with a feeling of comfort, remembering how great life can be. Community Theaters were thriving at that time, as they had as far back as the 1800s when the residents of the community would come together and stage plays in the schools, churches, barns, and even the saloons that graced our Western expansion. The actors were sometimes traveling thespian troupes that brought the Bard and Everyman plays to the people building a new life without radio, television, cinema, or internet. Oftentimes it was the school, church, or just the locals trying to cultivate some entertainment during times of loss, struggle, and hopefulness of creating a new life.

However, according to an article in "*American Stage*," we have not seen such a decline in community theater attendance since just after the 9/11 attacks, when it seemed the terrorists struck at the heart of American live theater in New York City. But theater fought its way back and once again the audiences, performers, crews, and investors had revived an American pastime. Theater stages again echoed with the imagination and stories that made us laugh and made us cry.

"So why has our theatre field contracted so precipitously in the past few months, with casualties recorded at every kind of theatre — children's companies, experimental storefronts, LORT powerhouses, midsize performing arts centers, destination theatres ..."

American Stage

Some say it is because of Covid, the failure of the non-profit business model, faulty management practices, or a huge drop in financial assistance from traditional supporters of the arts, like the government, corporations, foundations, and individual donors. According to the article, community theaters offered 40 percent fewer shows in 2022-23 than they did the previous season. It is a shrinking field of entertainment, but that's not the case in Port Ludlow. We have increased our offerings by 300%! Has our audience attendance dropped off like other theaters? Yes, it has, unfortunately. But our small community theater troupe, the Ludlow Village Players, has expanded our range of staged events that remain true to our community's values and predilections.

How can you help? Invite your friends and family to join you for a night of theater. As theaters compete, and many are shutting down in the greater Seattle area, we are seeking to regain our pre-Covid audience, and offer even more theater opportunities to

our community. We try to keep our ticket prices reasonable in an inflationary market where the production costs are soaring. This year we offered a season ticket at a reduced price. Even though season ticket sales ended on January 31, mention this article and we can still offer them to you in February.

LVP has added musicals and musical reviews to supplement our love of comedy. We offer Reader's Theater for those who like to give voice to a character of a play, but do not wish to memorize and perform onstage. We support our local improv group, Disorderly Conduct, for those wishing a less formal (but equally entertaining) production. Finally, we provide scholarships in the performing arts.

Ever since those lumbermen of old staged melodramas with oil-fed footlights and often with men playing the women's roles, theater has been alive in Port Ludlow, and the LVP family keeps that tradition going.

Tickets are now available on brownpapertickets.com for "*Nonsense*," a funny musical to be performed April 12-14 and 19-21. April also brings us another fun performance by Disorderly Conduct where you get to pick the content of the show. In May we are offering you some new works in one-act plays by local aspiring playwrights. We bring you another great pure comedy in September with "*Murdered to Death*," and in November we celebrate with you again with "*Holidays on the Bay*." So, put us on your calendar — we have lots to offer. Theater is alive and well in Port Ludlow! Thank you for your support and patronage.

Port Townsend Symphony Orchestra February Concert

The Port Townsend Symphony Orchestra, under the direction of Maestro Tigran Arakelyan, will present its February concert on **Sunday, February 25** at 2 p.m. at Chimacum High School Auditorium. This is a free concert. There will also be an open dress rehearsal **Friday, February 23**, at 7 p.m.



Submitted photo

This concert features the amazing talent of PTSO principal players in Mozart's *Symphonia Concertante* for four winds. These principals have remarkable credentials. Clarinetist Kevin Fay has been the principal clarinet of the Cascade Symphony, the Northwest Mahler Festival, and the Northwest Symphony Orchestra, and has performed with the Rainier Symphony, Philharmonia Northwest and the Thalia Symphony Orchestra. Hornist Bruce Kelley was principal at Eastside Symphony in Redmond and is currently acting principal at Port Angeles Symphony. Bassoonist Dave Krabill and Oboist Anne Krabill were the respective Principals for the Atlantic Symphony in Halifax, taught at Dalhousie University, and frequently played for the CBC. In addition, Anne

has been principal with the Northwest Symphony, the Bainbridge Symphony, and the Peninsula Dance Company.

Also on the program is the *Festival Overture* by William Grant Still. In 1944, the Cincinnati Symphony Orchestra (CSO) held a nationwide competition for the “Best Overture.” The judges did not know who the composers were when they unanimously selected this piece by the “Dean of African American Composers.”

Rounding out the program is *Symphony No. 2* by Alexander Borodin. This is one of the best known and, to Borodin, his best Symphony. A doctor and chemist by training, Borodin was still able to become one of “The Five,” a group of prominent Russian composers in the late 19th century. Another of his distinctions was the promotion of women in medicine. He founded and taught at the School of Medicine for Women in St. Petersburg. More information is available at ptsymphony.org.

“Burst of Color,” New Classes at Northwind Art

Two fresh exhibitions are on view in February at Northwind Art’s Jeanette Best Gallery, with Port Ludlow artists in the spotlight.

“Burst of Color,” the vivid textile art show in the gallery’s front space, features more than 70 pieces: quilts, textile sculptures and wearable art. The Peninsula Fiber Artists organization assembled and juried the show. Among the 37 participants are Port Ludlow’s Jeri Auty, Donna Moore, Pamela Raine, and Terri Wolf.

“Burst of Color” is an uplifting experience in the midst of winter,” said Northwind Art communications manager Diane Urbani.



Submitted photo

“The show has many quilts, along with a knit and crocheted coral reef, beaded bird sculptures and a jumbo pair of overalls,” she added. “Burst of Color” runs through February 11 at Jeanette Best Gallery, 701 Water St., Port Townsend. The venue is open from noon to 5 p.m. Thursdays through Mondays; and for first-Saturday Art Walk, **February 3**, it’s open 5 - 8 p.m..

Also on view: “Showcase 2024,” Northwind’s presentation of 20 local artists working in a variety of media. This updated Showcase program includes emerging and returning artists from Jefferson, Clallam, and Kitsap counties. Rotating Showcase 2024 exhibits will continue throughout the year.

A number of these shows’ participating artists teach classes at Northwind Art School at Fort Worden. Information about these offerings — and the gallery shows — is found at northwindart.org.



Submitted photo

The 16 courses and workshops happening in February include:

- Open Sew & Quilt with Barbara Ramsey, an afternoon of quilting with friendly, like-minded people, **February 4** and again **March 3** and **April 7**
- “For the Love of Drawing,” an all-levels class with Max Grover, **Wednesdays, February 7 - February 28**;
- “Your Illustrated Life: Art Journaling through Grief,” with teaching artist Meg Kaczyk, **Thursdays, February 8 - March 7**;
- Clarifying Your Vision,” a hybrid online and in-person course with teaching artist Jody Joldersma, **February 17 - March 9**;
- “Color Mixing in Watercolor,” a weekend intensive with Catherine Gill, **February 24 -25**;
- Introduction to Linocut Printmaking with Jaiden Dokken, **Sunday, February 25**.

“An art class is a wonderful way to reconnect with yourself, and discover something completely new,” Urbani said.

Port Ludlow Art League

The Port Ludlow Art League is pleased to welcome Diane Walker as the speaker for their February program meeting.



Submitted photo

Looking for inspiration or new ideas? Let go of perfectionism and just have fun. Diane Walker is a contemplative artist whose colorful abstract paintings reflect the joy she finds living in the Pacific Northwest. Working primarily in acrylics, Diane creates fluid, evocative works that invite viewers into an open, imaginative, and restful space. Diane will share information about the paints, tools, techniques, and concepts she uses to produce her colorful abstract paintings.

A member of Women Painters of Washington, Diane's artwork has been exhibited in galleries and festivals in and around Puget Sound, including Anacortes, Bainbridge Island, Camano Island, Edmonds, Kent, Kirkland, Lake Forest Park, Mercer Island, Port Townsend, Port Ludlow, and Seattle. Her tranquil abstracts have soothed patients and visitors in nursing homes and in the halls of the Jefferson, Harrison, and Skagit Valley hospitals. For more information about Diane and her artwork, please visit dwalkerarts.net.

The program meeting is scheduled for **Wednesday, February 21**, from 1 – 3 p.m. at the Bay Club. The Bay Club is located at 120 Spinnaker Place in Port Ludlow. Guests are welcome to attend the meeting for a nominal fee of \$5. For more information, please visit portludlowart.org.

Port Ludlow Art League - Upcoming Events

Share & Explore: Alcohol Inks – Friday, February 2, 10 a.m. – noon

Alcohol Inks are highly-fluid color that are vibrant, fast drying, and work on any non-porous surface. All supplies and instructions are provided so you can see if you'd like to invest in the materials for this art technique. To sign up for this hands-on, try-it session, please send email to info@portludlowart.org.

Metallic Touches Art Exhibit and Port Ludlow Performing Arts Concert at the Bay Club – **Saturday, February 10, 7 p.m.**

Don't miss the *Metallic Touches* art exhibit that you can stroll through on your way to the Port Ludlow Performing Arts concert featuring Good CO Electro Swing Band. The Bay Club is located at 120 Spinnaker Lane in Port Ludlow.

For more information on art exhibits at the Bay Club, please email Alan Ahtow at info@portludlowart.org. For more information on Port Ludlow Performing Arts concerts, please visit portludlowperformingarts.com.

Port Ludlow Art League

Artist of the Month – Pamela Raine



Submitted photo

Pamela's passion for travel is her primary inspiration for her art. Whether it's walking past old statues along a side corridor at Angkor Wat or watching how the artists in Morocco paint pottery, her art captures a moment in time, telling a story of her experience. This time, she invites you on her journey to Sicily.

As a mixed media artist, Pamela challenges herself to use the type of medium that best represents each memory, such as repousse for a puppet or ceramics for the face of a wood carving. She hopes to inspire others to travel the world to explore and appreciate each country's culture.

During February, you can view Pamela's artwork at Sound Community Bank and online at portludlowart.org. A reception for Pamela is set for 4 – 5 p.m., **Wednesday, February 14**, in the lobby of the bank, and 5 – 6 p.m. at the adjacent Port Ludlow Art League Gallery. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow. The gallery is open Tuesday through Friday, noon to 4 p.m. For more information, please email info@portludlowart.org or visit portludlowart.org.

Jeweler of the Month – Beth Olson



Submitted photo

Beth Olson has specialized in creating jewelry using semi-precious stones and sterling silver since the early 1990s. Recently, Beth has taken a new direction with her jewelry to create a collection of sterling silver and gemstone pendants.

During February, Beth’s jewelry will be on display at the Port Ludlow Art League Gallery, the Sound Community Bank, and online at portludlowart.org. The bank and gallery are located at the corner of Oak Bay Road and Osprey Ridge Drive in Port Ludlow.

The gallery is open Tuesday through Friday, noon to 4 p.m. For more information, please email info@portludlowart.org or visit portludlowart.org

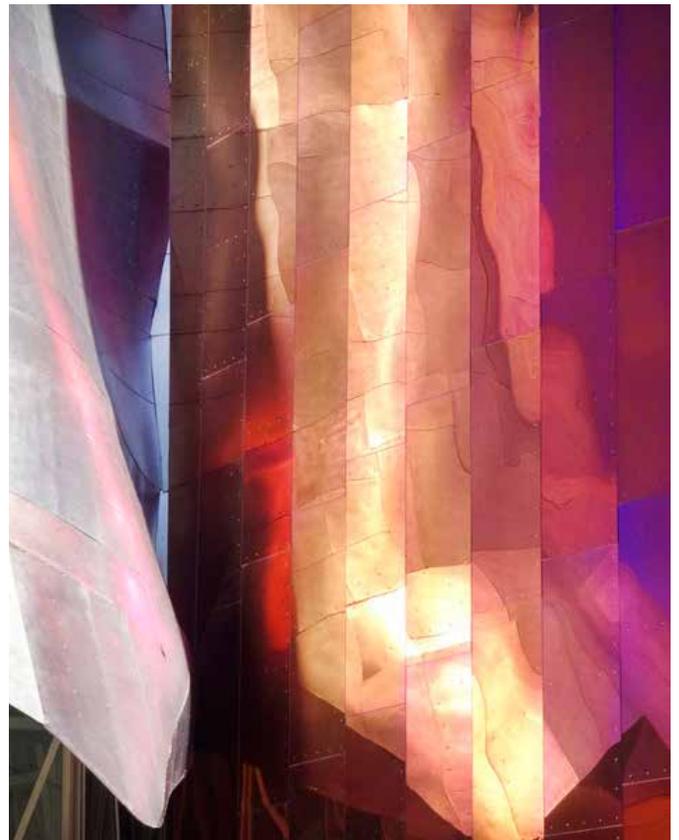
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National Endowment for the Arts Supports Key City Public Theatre’s Show *Living IncogNegro*

As supporters of new theatrical work and local talent, Key City Public Theatre is thrilled to premiere this stunning one-woman show, written and performed by Gin Hammond. Directed by Artistic Director Denise Winter, this piece explores when your cultural identity is one thing, but your physical identity is another, how do you navigate self-expression? Both a humorous love letter and an academic discourse, it is dedicated to those who find themselves in the middle of a cultural battle they never asked for. This is a must-see show because it showcases one of America’s most transformative actors, award-winning performer Hammond, as she returns to Key City Stage. There are limited tickets available for this exclusive engagement.



Submitted photo

The show runs **February 1 – 11** with performances **Thursdays** through **Saturdays** at 7:30 p.m., and **Sundays** at 1:30 p.m. The performance will run without an intermission and our ASL Interpreted Performance is **Sunday, February 4**, at 1:30 p.m. with a reserved section at pay-what-you-wish pricing to promote access for all. This production is proudly made possible by the following sponsors: Playwright for Playwright - D.D.Wigley, and Clarity, a local business that partners with you to create financial health, empowering you to reach your goals.

For more information, call the box office at 360-385-KCPT (5278) or go online to kcpt.com/living.

Recreation & Sports

Tai Chi Chuan

by Frank Deering, Tai Chi Instructor

Many articles have been written lately describing the health benefits derived from practicing Tai Chi. These benefits include improved balance, improved memory and cognition, reduced blood pressure, a sense of well-being and relaxation, and an increased sense of vitality, to name but a few. New forms of practice developed lately include using cognitively enhanced techniques where participants are asked to perform certain brain tasks while engaged in the practice of Tai Chi. Along with the traditional practice, these forms of practice have shown improvement in memory loss in dementia participants.



(L to R) Susan Faust, Frank Deering, Jill Jirecek, Steve Jirecek and Colleen Jones during a Tai Chi class. Submitted photo

The practice of Tai Chi involves following a sequential set of gentle movements or postures. These postures are designed to challenge the various structures in our body. We all carry these structures in our bodies, which are the result of aging, trauma, illness and habitual movement patterns. Often we don't realize they are there until we engage in some new form of activity and are challenged to move our bodies in a new way. So through the practice of Tai Chi, we discover these various kinks and blocks in our bodies, and slowly learn to move through them gently, open to a new and freer way of moving and being.

The Tai Chi movements are very gentle but have a profound effect on the body. I often speak in class about the intention we bring to our bodies and movement in Tai Chi. The intention could be compared with the feeling of care one brings to holding a new born infant – a gentle, firm, caring, compassionate presence.

In this way, our mind (intention) and body work as one unit to deepen the sense of inner peace. At first, this experience might seem vague and fleeting, but with repeated engagement, one opens to a treasure trove of relaxation and a sense of well-being. I have often heard Tai Chi practice being described as “compassionate spontaneous movement.” I think this captures the spirit of Tai Chi very well. There is a certain fluidity, gracefulness and softness to the movements. As we give ourselves over to the practice, we feel ourselves carried along in a wave of energy, focused on the journey and not worrying about the destination.

As is the case with beginning any new movement class or exercise, we might feel a sense of discomfort, awkwardness and incoordination. Quickly, as we allow our bodies to relax and follow along with the gentle flow of the movements, we begin to feel a sense of peace and energy flow that continues to deepen. As we engage with the practice, our bodies are transformed into a unique personal expression of movement. A good friend of mine and excellent Tai Chi teacher, Michael Gilman, spoke about this progression of taking on the practice of Tai Chi. A friend of his who took a jazz class spoke about his instructor, who on the first day of class, had written three words on the board – **imitate, assimilate, and innovate**. How true! First one learns to **imitate** the instructor and the masters of old. That is called learning from outside to inside. Then **assimilate** their teachings and movements, making them your own, so that they come from the inside to the outside. Finally, **innovate**, and help Tai Chi evolve, change, grow, and become more of your own personal expression of movement.

I love this description of the journey of the practice of Tai Chi, and I can certainly relate to my own 40-year journey with this art. This simple but profound movement art form can help make your life journey more full and help you engage with your life from the inside to outside.

All classes are offered at the Bay Club and meet twice a week, Mondays 2 – 3 p.m. and Thursdays 11 a.m. – 12 noon. Classes are free and drop-ins are welcome.

Submit articles for Recreation & Sport to
Donna Geer at sports@plvoice.org
by the 8th of the month.



Jeff Sarantopulos and Mike Bainter (under bench) in 2023

Photo by Larry Scott

Trail Mix

by Larry Scott, Trails Chair

One week into the new year at this writing, and the weather gurus are threatening us with snow and cold. We've had a very mild winter up to this point, but it is still winter, with the rains impacting the trails. Some are muddy in spots (not the Old Golf Cart Loop), but it is that time of year, after all. If you have never hiked the Old Golf Cart Path, it's a good one to stay in shape in the winter and keep your 'tennies' clean. It is hilly in places but never muddy – it's all asphalt.

The author, like many readers, has been distracted by Christmas, then the New Year, and now by DAWG FEVER. Nevertheless, some intrepid Trails Committee volunteers have gone out to inspect and do some remedial drainage where necessary. One such place was on the new Oak Bay Trail near the Montgomery intersection, where Tim Rensema & Jerry Keck (the steward) added four drains under the trail to direct the water coming from the residences above toward the county drainage ditch – typical dedication from many trails volunteers. Earlier in December, a review was done on the Interpretive Trail and we discovered that some of the logging chains had been removed and scattered (one was missing) about the area, so we reinstalled them and anchored them to their particular tree or post. Our sign impresario, John Fillers, continues to provide directional guidance by planting new signage where needed. He is also posting laminated “QR” codes on sign posts for those who prefer to use their smart phones to follow the hiking map routes rather than taking one of the newly published maps. Some trailheads have these new maps, but it's impractical to provide them everywhere along the 30-plus miles of trails in our Port Ludlow community. If you need a hard copy map, they are also available (or are supposed to be) at various locations around PL – PLA Offices, Beach & Bay Clubs, the Inn, etc. Going full circle, “one week into the new year at this writing” and I'm already looking forward to spring arriving, when we can do some serious mowing and not worry about mud, drainage, or king tides (our anchors on the benches are holding them in place so far). Fingers crossed!



PLYC members celebrate Change of Watch at the Northwest Maritime Center

Photo by Cindy Marie

Change of Watch

by Greg Buscher, PLYC Communications Officer

Yacht Clubs relish their annual traditions, and one of the very best of those is Change of Watch. Each December at its Change of Watch Gala, Port Ludlow Yacht Club welcomes incoming Bridge Officers and takes the opportunity to thank those who have completed their terms. Not to toot our own horn, but PLYC members call it the event of the season!

Our venue this year was the Northwest Maritime Center, where we celebrated incoming Commodore Ken Emmes and Vice Commodore Dale Blackburn, and gave heartfelt thanks to Immediate Past Commodore Andi Pistay. The room was beautiful, drinks were plentiful, food was delicious and – appreciated by the members – the music provided by our DJ kept the dance floor full of revelers. The Club is open to new members, and we'd love to have you join us!

If you are interested in visiting PLYC, please complete the form on our website at plyc.us/visit.

OlyCAP Christmas Gift Giving

by Laura Paul, Advocacy Support for Bluebills

Last year the Bluebills, with help from the community, gave \$2,550 to the OlyCAP Christmas Giving Program. Those funds provided \$75 in Christmas gifts for 34 children from 20 families. This is the largest number of children we have provided for in many years.

The OlyCAP Christmas Giving Program is for OlyCAP clients. Before 2020, we had a large Bluebills Christian social with around 120 people attending, and participants donated monies or volunteered to buy and wrap gifts for the children. In 2020, since the number of kids had grown, we decided to open it up for the Port Ludlow community to help with donations for Christmas gifts. The community responded generously with wonderful results.

Thank you for your continued support and encouragement to these children and families in Jefferson County.

If you would like to learn about volunteer opportunities at both organizations, visit OlyCAP at olycap.org and Bluebills at bluebills.org.

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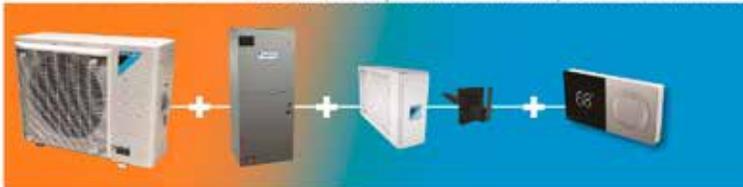
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2023 Year in Review Residential Market Report Port Ludlow

122

PROPERTIES SOLD
Down 32% from 2022

\$658,719

AVERAGE SALE PRICE
Down 3.4% from 2022

44

AVG DAYS ON MARKET
Up 69% from 2022

98.7%

SALE PRICE/LIST PRICE RATIO
Down 3.5% from 2022

Source: NWMLS

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Here is what the Port Ludlow residential real estate market experienced in 2023 vs 2022.

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You're in and You're on the Bench

by Jim Mancill, PGA Head Professional, Port Ludlow GC

We all want to hit it farther and straighter, and in many cases, you don't need to look any further than inside your golf bag to find the answer. Small changes can lead to big results if you know what to look for.

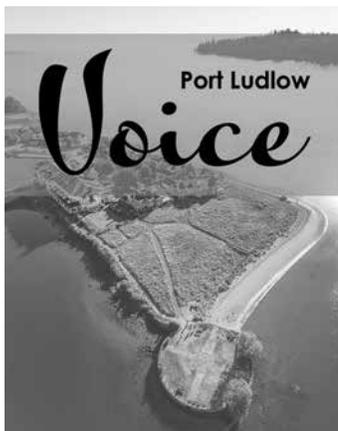
For those of you who continue to play throughout the winter, it's the perfect time to get some really good feedback on the clubs in your bag. Obviously, the ball doesn't travel as far with the cooler temperatures, and without much to any roll-out, our distances are shorter with all of our clubs.

What can be accomplished is using the soft conditions to evaluate our actual "carry" distances. It's more important to know how far our clubs go in the air than what happens on the ground. When faced with a shot over water, or a bunker, or some other area that we need to get over, you need to know with certainty what club, when hit well, will make it.

Here are two things to consider if you find that the ball hit with your driver is not staying in the air long enough, and your fairway wood shot really doesn't go as far as you'd like:

- **MORE LOFT!** Loft on your driver, fairway woods, and hybrids is to help the ball start out higher, where the speed of the club has more to do with staying in the air. Keep an open mind and consider a high-lofted fairway club, and maybe even another hybrid to get that 4 or 5 iron out of your bag.
- **SHAFT FLEX!** The safest advice that makes the biggest impact is to always play the softest shaft you can control. It will feel the best and help deliver the ball into the air much easier. Your swing will become more efficient and produce more good shots. Golf shafts that are too stiff for a player create swings that are too fast, with poor transition, and result in more mishits.

Have some fun and try to be objective when looking into your bag. That old 3-wood has seen a lot over the years, but it may be time to replace it with a 7-wood. The two most important things to remember: loft is your friend and the engine (the golf shaft) needs to work for you! See you on the trails!



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or see plvoice.org/p-advertise.php

Port Ludlow Hiking Club

by John Nuereberg, Hiking Club

Unless otherwise noted, hikers meet at the Bridge Deck at 8:15 a.m. to get directions to the trailheads, arrange carpools, and depart at 8:30 a.m.

Those on the hiking email roster receive an update the week of a scheduled outing. If you would like to be added to the email roster, send a note to plhikingclub@yahoo.com, or go to the club's website portludlowhikingclub.com and click on 'contact' to send a message. Anyone may join in the hikes; you don't have to be a member of the email roster or club.

Friday, February 2 – Port Gamble Heritage Park, South

This hike will start at the south trailhead of the park on Stottlemeyer Road. We will hike a fun combination of trails and logging roads for a total distance of 6 to 7 miles. Elevation changes are small, generally 100 to 200 feet. Some viewpoints have great views of the mountains, depending on cloud cover. Trail maps can be downloaded from kitsapgov.com/parks/Documents/PortGamble_TrailMap.pdf and will also be available at the start of the hike. After the hike, we can go to Kingston or Port Gamble for lunch, if desired. A porta-potty is located at the trailhead. No parking pass is required. Hike leader: Gary Hicks, 510-566-2401.

Friday, February 16 – Maple Valley/Steam Donkey

This is a heavily-hiked and well-maintained trail in the Dosewallips State Park. It is an easy trail of 3.5 miles with an elevation gain of 400 feet. The trail is a nice hike in typical Northwest woods, but also follows along the Dosewallips River for some great views. If the timing is right, we may see salmon running the river. A Washington State Discover Pass is required. Restrooms are available at trailhead. Hike leader: John Fillers, 360-215-4049.

Wednesdays: Timberton Loop.

Walk the 4.2-mile Timberton Loop. Enjoy views of the Olympic Mountains. This is a no-leader hike. Meet other walkers at the parking lot trailhead on Timberton Drive at 9 a.m.

Monday/Wednesday/Friday

8 a.m. Join the "Trail Club Group" that meets at the golf club parking lot for a self-led walk on the abandoned Old Golf Cart Path Trail or another alternative route. If you're looking for an easier approach on the Old Golf Cart Path Trail, try hiking the trail from a counterclockwise direction so you'll be going down two of the steeper hills.

For more hiking information, map of the Port Ludlow Trails, and descriptions and pictures of previous hikes and other destinations, go to portludlowhikingclub.com.

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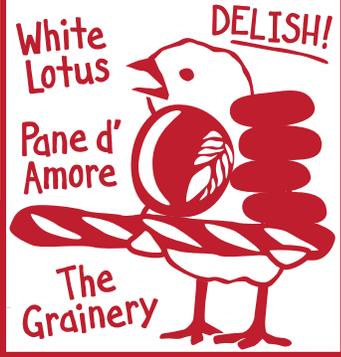
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Village News

Beach Club / North Bay

Update from the Manager

by Brian Belmont, General Manager

Breakfast with Santa returned to the Beach Club on December 16 after taking a hiatus for several years. This was a wonderful event that helped everyone get into the Christmas spirit. This year's event coordinator Cheryl Wheeler and her many volunteers made this a magical event that will be back again in 2024. Thanks to everyone that made this a special day for all that attended.

On December 30 we held our annual Polar Plunge event in the unheated outdoor pool at the Beach Club. The air and water temperature were both in the upper 40s this year which puts it on the mild side. I remember one year when the air and water temperatures were both in the 30s, which left me second guessing my decision to plunge about mid-leap.

We had 19 brave souls taking the plunge this year and nearly twice as many watching. I think everyone enjoyed themselves. A big thank you to East Jefferson Fire Rescue who had staff on site just in case. Fortunately, they were not needed.

LMC will conduct its annual meeting and election on **April 20**. I would like to encourage our community members to volunteer and run for a position on the LMC Board of Trustees.

There are three (3) Trustee candidate positions open this coming April; two (2) representing lot owners and one (1) representing condominium owners. All three positions are three-year terms. In addition to serving on the Board, our Trustees also serve on at least one of the LMC standing committees.

Trustees whose terms are expiring in April are Vaughn Bradshaw – representing condominium owners, Joan Johnston – representing lot owners, and Carol Prismon-Reed – representing lot owners.

Serving on the Board can be a rewarding experience as an advocate for your North Bay neighbors. The Board will help determine our organization's short and long-term goals.

If you are interested in learning more about serving on the Board of Trustees, please talk to any of our Board members or me about serving as a Trustee.

As always, if you have questions or comments about this article or the on-going work at the Beach Club, I can be reached at 360-437-9201 or by email at GM@LMCBeachClub.org.

LMC and the Beach Club

Phone: 360-437-9201

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Bay Club / South Bay

South Bay Community Association Update

by Christine Spagle, President, SBCA Board of Directors

It's February already and none too soon. The days are getting longer and soon crocus, daffodils, and tulips will start to bud along with our ubiquitous maple trees – spring is just around the corner and our beautiful peninsula spring not far off. Every time I drive across the Hood Canal Bridge and see the majestic Olympic mountains, I think how fortunate I am to live here...there are few better places.

A couple of months ago former SBCA President Gil Skinner had an article in the *Voice* about dragon boats and how great it would be if Port Ludlow could start a dragon boat team. He solicited interest from our community, and I'd like take this opportunity to remind everyone that Gil is still taking names of those who would like additional information. This April the Gig Harbor team will be hosting an event that allows for interested folk to actually get into a boat and paddle (safely) around the Sound. One of the great things about these dragon boat races is how inclusive they are: all ages (20s to 90s – seriously) men's, women's and mixed teams. The April event is a terrific opportunity for first-hand experience to discover if this is your cup of tea. For more information contact Gil at bonesskinner@gmail.com.

I continue to read more and more about the importance of maintaining social interaction as we age. Jefferson Health Care made a presentation in October on this important topic and gave some ideas for how to get "out of the house." The Bay Club has a number of activities each month for members including the Jefferson Healthcare presentations, local historical organizations and other topics of general interest as well as our weekly members lounge, monthly pancake breakfasts and other food related events. There are many events to keep us all busy. Speaking of food and social interaction, **Friday, February 23** is our Wine and Chocolate event which ought to be fun, and the **February 2** pancake breakfast is in support of the Center Valley Animal Rescue organization. Also in February, Jefferson Healthcare will be back with a presentation on vitamin supplements and their interactions with prescription medications. Watch your e-blasts for additional information about these events.

I was talking to someone at the pancake breakfast the other day and the subject of volunteers came up – how difficult it is for so many (seemingly all) organizations nationwide to find those willing to help. SBCA continues to be in need of additional committee members or those willing to help for a specific event, and it isn't too early to start thinking about running for the SBCA Board... our annual meeting is mid-July. It feels good to give back and, if you'd like to help out in some way, contact General Manager Mark Torres at gm@sbca.club for information.

Have a great February.

SBCA Important Dates

Monthly Board Meeting
Thursday, February 8, 9:30am

Unless there are changes to county requirements, meetings are in-person. All SBCA members are welcome.

To keep informed of meeting dates and times, please visit sbca.club.

Committee meetings minutes are posted at sbca.club, then click on the Board Minutes page.



www.sbca.club

Come celebrate Ray Lybarger's life

Saturday, February 17th 1 PM
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Village Council

PLVC Board Meeting Summary

by Tam McDearmid, Interim Secretary

Board members attending: Dave Jurca, Tam McDearmid, Carol Primson-Reed, Jason Wright. Absent members: Randy Edwards, John Goldwood, Paul Hinton, and Adina Rivers.

Call to Order

President Jason Wright called the meeting to order. Since a quorum was not met due to various illnesses, no motions could be made, or votes taken at this meeting.

Stakeholders Reports

Port Ludlow Associates – Diana Smeland, President

Electric work ongoing for putting EV charging stations at the Inn and golf course.

Starting the 30th anniversary year for the Inn, and 55th anniversary of the Marina. Promotion of these celebrations are in Kraken yearbook. Installing new 85-inch TV screen for Inn's large meeting room with an integrated sound system to better accommodate group meetings. Holding a watch party for the University of Washington and Michigan college football game Monday evening, January 8, with food and drink specials. Will offer these same accommodations for the upcoming Super Bowl. Attending the Seattle Wedding Show at the end of the month in conjunction with Jefferson Chamber of Commerce. Sunday prime rib dinners continue, a three-course dinner for \$39 per person from 4 to 8 p.m. Also continuing sunset dinners, Monday through Thursday from 3 to 5 p.m., a three-course dinner for \$30 per person. Pizza restaurant in the Village opening soon, has permits. Old Froula space available: \$1,100/672 square feet – Retail/Office space for lease at 44 Village Way, Port Ludlow, WA 98365. Looking for an operator for the Golf Course Cafe.

Due to a combination of technical difficulties and member absences because of illness, the following reports were not recorded or not given:

Greg Brotherton, JeffCo Commissioner, District 3

JeffCo PUD, Commissioner Dan Toepper, District 3

Committee Reports

Communications, Paul Hinton, Acting Chair

Recycling, John Goldwood, Chair

Trails/Natural Resources, Soozie Darrow

Board Business

Secretarial, Tam McDearmid, Interim Secretary

Unable to approve the meeting minutes of December 7, due to lack of quorum.

Financial, Paul Hinton, Treasurer

Unable to accept the Treasurer's Report for December due to lack of quorum.

Adjournment

There being no further business, the meeting was adjourned at 4:15 p.m.

Village Council Meetings

PLVC Board Meeting
Thursday, February 1
3 - 5 p.m., Beach Club

PLVC Workshop
Tuesday, February 20
3 - 5 p.m., Beach Club

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Features & Stories Cont.

Love continued from page 14

And then there is this other explanation. You have to understand Asian culture and Asian superstition to understand this one. My paternal grandmother said to me, "He looked so much like your father. That thick black hair and that nose. Had he lived, your father would have died." Meaning to say, she chose without regret her son's life over the potential grandson's. Unbelievable! I thought, when she defended this belief to me when I was an adult, and knew better then. Be that as it may, that is not the story I want to tell here. The story I want to tell is how parents can teach lessons that live with us until we die.

Mummy had given birth to a very healthy and a very beautiful boy whom my parents named Aloysius after Italian Saint Aloysius who lived in the 16th century. In the nineteen forties until the nineteen sixties, newly-born babies and mothers stayed in the hospital for an entire week to ensure both baby and mother were 100% able and well before being sent home. Very tragically, that seventh night when the nurse was carrying Aloysius back to the Nursery, she dropped him onto a hard, concrete floor. Panicking, she returned him to his bassinet, covered him with extra blankets and hoped and prayed he would be alright in the morning. Our brother, whom we never got to know, hemorrhaged and died during the night.

The next morning, early and eager, Daddy arrived to bring Mummy and Aloysius home. He finds a group of somber looking medical personnel surrounding Mummy's bed. The doctor tells him, extremely regretfully, that his beautiful baby boy died during the night. A nurse is weeping. A priest is nearby holding a book and looking most downcast. Daddy goes into shock and is helped into a chair. Mummy is nowhere to be seen. He's told she is in the nursery keeping watch as a nurse dresses Aloysius for his journey home.

Back then, my parents lived in a small community in Penang. There, news traveled faster than light. The shock and indignation among neighbors and friends surmounted even the unbelievable news of the recent formation of communist North Korea. People in my parents' community were generally not litigious but still many insisted, "You must sue the nurse! You must sue the hospital! They must pay!" Mummy told me that her relatives came from Kuala Lumpur and counseled the same. Fury and grief and umbrage, I suspect, may not have been the only cocktail people were imbibing. One fevered pitch can embolden another. Raw emotions can fuel a fierce collective and a bolder will to get even at all costs.

Yet, our father stood his ground. Steadfastly, he would say, "One life is already gone. Why destroy another? Let it be."

Because no charges were pressed, the nurse was discreetly moved to another hospital in another state. Of this my father said, "I believe she will be the most careful nurse in the world now. Imagine what she must live with every day! That is suffering enough." Had my parents gone the legal route, she would have

lost her nursing license and would never be permitted to work in a medical facility ever again.

One time I said to my father, "That was really lovely what you did. You gave that nurse a second chance!" My father is not brilliant or a genius or anything near that description but sometimes he can astound you with the most profound of statements. He replied, "Always do the right thing. Besides, you can't say you love God and not love everyone else." And he left it at that while I was still pondering what he'd just said. I watched him go back to cutting grass because the neighborhood kids were coming to play ping pong outside in his yard, and he wanted to be sure the grass was just right.

I thought about what he had said, "You can't say you love God and not love everyone else." When Google came into being, I even googled the definition of love. Hundreds of books have been written on love, about love, trying to define it, to describe it, to understand it. Ancient Greeks even studied it as a serious subject the way they studied philosophy.

But there is no better way to learn about love than to see it performed for real as my father taught us, over and over again when he interacted with family, friends, neighbors, neighborhood kids, and even strangers. Especially strangers. Buying cups of coffee for strangers at the local coffee shop became his thing at the end of life.

Michael Haberpointner, PT, DPT
Timothy Mansour, PT, DPT
Faye King, PT, DPT
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To keep my father's kind of love inside of me going, I have found myself buying a cup of coffee for the person in front of me when standing in line, especially at airports when hundreds of strangers, like me, are patiently biding time to be with loved ones soon.

Ozette - Pompeii of the West

by Milt Lum, Staff Writer

In the winter of 1970, Ed Claplanhoo, Tribal Chairman of Makah Tribal Council, called Dr. Richard D. Daugherty, Director of Washington Archeological Research Center at Washington State University, with distressing news. Storm waves had undermined part of the sea bank at Ozette, collapsing the bluff and washing out fishhooks of wood and bone, some inlaid boxes, and a canoe paddle. This was of keen interest to Daugherty, who had explored the site during the summers of 1966-1967 and found planks and pieces of basketry deep in a test pit his team had dug. Unfortunately, further exploration had to be shelved until Daugherty could secure funding for a more thorough excavation. The call raised concerns about the integrity of the site. Daugherty left Pullman that day to assess the situation.

Claplanhoo and a delegation of Makahs met Daugherty the following morning and toured the collapsed bluff. Amidst the tangled mess of mud mixed with surface vegetation they found planks protruding out of the ooze, a basketry hat made from cedar bark, a harpoon blade, and baskets. It was evident that a major excavation of that site needed to be undertaken right away.

Daugherty had established a working relationship with Claplanhoo, who assured the council that the project would be a joint effort, and that all the items recovered from the dig would remain with the Makah Nation. Financial backing would subsequently be secured from the following agencies: Washington State University, National Park Service, National Science Foundation, and Bureau of Indian Affairs. Additional financial support to build a Museum and Cultural Center to properly prepare, store, and display the artifacts retrieved from the dig was later obtained from: the Economic Development Administration, National Endowment of the Arts, Makah Tribal Council, and the Crown Zellerbach Foundation.

Ozette, located fifteen miles south of Neah Bay, had been the site of a Makah village abandoned in the 1920s when a federal mandate forced the villagers to move to Neah Bay so that their children could attend school there. A broad flat beach with an offshore reef and islands provided a calm landing area for large-hulled canoes. It was also close to the migratory route for whales and seals. While favorable as a hunting village, it was a logistical nightmare for a major archeological excavation. Getting there was a thirty-five-mile trip which included twelve miles on an unpaved road, and a hike four miles over a wooden plank trail to the beach.

Preparing the area and securing emergency funding were the highest priorities. Gerald Grosso, who had worked at the site three years before, was hired to be the project manager and get the site ready. This entailed getting supplies into the area and

building shelters to house workers. Money was transferred from the Bureau of Indian Affairs to the Park Service to fund site preparation that summer. A cooperative agreement was reached with Naval Air Station Whidbey Island Marine Corps Reserves' aviation unit to ferry supplies to the site and artifacts back to the Neah Bay laboratory by helicopter as part of training exercises in transporting sling loads. By the end of the summer of 1970, excavation commenced and would continue year-round for the following 11 years ending in 1981 when the site was closed down.

Radiocarbon dating of a household fire pit places the house between approximately 1310 and 1640. Research elsewhere on the coast revealed a massive earthquake in 1700, which may have triggered the mudslide that covered this part of the Ozette village. Objects encased in clay without exposure to air avoided decay. This preserved the natural state of the buried artifacts analogous to the city of Pompeii buried intact beneath tons of volcanic ash. However, unlike Pompeii, the artifacts and buildings fashioned from wood and fiber were more fragile and susceptible to rapid decay in the open air. As an example, alder and salal leaves lying in the mud were still green when uncovered but turned brown once exposed.

Tools with sharp edges such as picks, shovels, and trowels commonly employed in digs were not used fearing damage to the artifacts. Instead, the workers hosed off the layers of clay by pumping water from a freshwater reservoir created from a nearby lake, or ocean water in the winter. Using adjustable nozzles to control the spray, each item was cleaned and handed off to the field laboratory technicians who immersed them in polyethylene glycol to seal the pores in the wood or stabilize the fibers. For bowls saturated with seal or whale oil, the process had to be altered using acetone and then impregnating it with rosin to seal the wood. All the specimens were transported to the main laboratory in Neah Bay where the objects were treated by complex processes to prevent drying, warping, and decay. Each item retrieved from the site was recorded and categorized according to variables such as location found, functional categories, and whether it was intact or fragmented.

At the conclusion of the excavation, the catalogue of items recovered included: 40,000 whole or partial structural elements such as support beams, posts, wall and roof planks; a million animal and bird bones and shells; and 55,000 whole artifacts or pieces of artifacts. These included: 1,434 arrow shafts, 110 harpoon shafts, 629 halibut hooks and hook shanks, 1000 baskets, and 13 looms. Remarkably preserved were part of a dog-wool blanket and a braid of human hair attached to a hardwood bowl. All the items were stored in Neah Bay or prepared for exhibition at the Makah Museum and Cultural and Research Center which opened in 1979.

Ozette is considered to be one of the most astounding archeological findings in the world. It was as if a time capsule was uncovered and revealed a day in the life of the Makah people prior to any contact with Europeans. The tribal elders shared with the archeologists stories about the hunting and spiritual practices of their ancestors giving meaning to the artifacts uncovered. The

Makah's ability to fashion tools for gathering, hunting, fishing, and whaling as well as designing structures which enabled them to survive an inhospitable but fertile environment for centuries attests to their intelligence, adaptability, and resiliency. That the Makah nation was granted ownership of what is rightfully theirs speaks to our nation's desire to move forward beyond the errors of our past and acknowledge their rich heritage.

The Makah Museum which stores and exhibits the artifacts obtained from the Ozette site is owned and operated by the Makah Nation. The curators are tribal members. Hours of visitation are posted on their web site, makahmuseum.com.

ICK! Worms, No Vermiculture

by Joyce Knight, Guest Writer

On **Wednesday, February 14**, the Port Ludlow Garden Club speaker will be Master Gardener, Nita Wester. Join us at the Bay Club at 11 a.m. where she will teach us how Red Wigglers can recycle many food scraps and keep them out of our garbage cans. Your garden plants will benefit from a fantastic and environmentally friendly fertilizer.

With her decades of hands-on teaching experience, Nita will show us how to set up a new worm bin tray and tell us what the wigglers require to do their best work. Also, she'll provide us with knowledge that explains how they differ from other worms in your garden. Best of all, we'll receive information about how to make or purchase a worm bin of our own. It sounds interesting to me! I hope you can join us.

Because seating is limited, all PLGC members and guests must RSVP to portludlowgardenclub@outlook.com or call Michelle at 360-710-3547 by **February 5**.

Kokedama

by Eline Lybarger, Staff Writer

The art of kokedama originated in Japan. Like bonsai, the creators worked with very small plants, usually evergreen or other traditional bonsai material. When they removed the pot from the root-bound plant, it still maintained its shape. Such plants were in the *nearai* (or "no pot") style.

A more modern version is the '*koke*' meaning 'moss' and '*dama*' meaning 'ball.' Some look like a bird's nest, while another interpretation looks like a ball of string. I prefer the bird's nest. Instead of traditional plant material, bulbs, succulents, and any shallow-rooted plant can be used. Dirt is surrounded by moss and held together with string, providing a new stage for those bulbs we force in the winter. You want to use bulbs that are ready to bloom, but don't limit yourself to bulbs – primroses, cowslips, violas and bellis daisies also work well. Then there are small ferns and hostas; their foliage has color and texture. When they have finished blooming, simply remove the string and moss, and return the plants to the garden.

To make your own kokedama, you will need a large piece of moss

from your garden or purchased (keep moist), strong jute string, scissors, a bowl of water, and compost. Before you start, put on your waterproof gloves, and make sure the roots are very damp. Place two generous scoops of compost in a bowl and gradually add enough water to make it wet enough to squeeze out water. You may also want to add some moisture-absorbing pellets.

Measure a piece of jute string about six feet long; cut and roll into a small ball; lay out about two feet on the table. Place a flat circle of moss, approximately three feet in diameter, over the string, leaving about six inches free on one side.

If potted, remove the plant from pot and gently shape the top and bottom of the root ball to create a rounded shape. Add small amounts of compost by gradually molding it into the wet root ball. Add it evenly and shape to be sure the sides and bottom are completely covered. It will drip as you mold. When it stops dripping, go to step 3.

Place the plant in the center of the moss circle.

Bring up the moss on the far side so that it reaches the base of the leaves.

Bring the string over the top right to bottom left and tie securely.

Pull up the moss sides to make a wall around the plant. Remove any excess moss. Secure with the string as you go, creating a string net to hold the moss in place. Always string in the same direction: over the right shoulder an inch to the right each time, to the bottom left. Twist the plant in your hands as you continue all the way around. Leave the center of the plant free of string so it can grow.

On the second round of stringing, pull the string more securely, shaping as you go. When you reach the last 12 inches of string, weave it back and forth through the base and knot. Put it on a flat surface to flatten the bottom and round the exterior.

If you want to hang your creation, take four equal lengths of string and attach them to the sides of your kokedama, spaced equally around the middle. Bring the strings together and knot at the top.

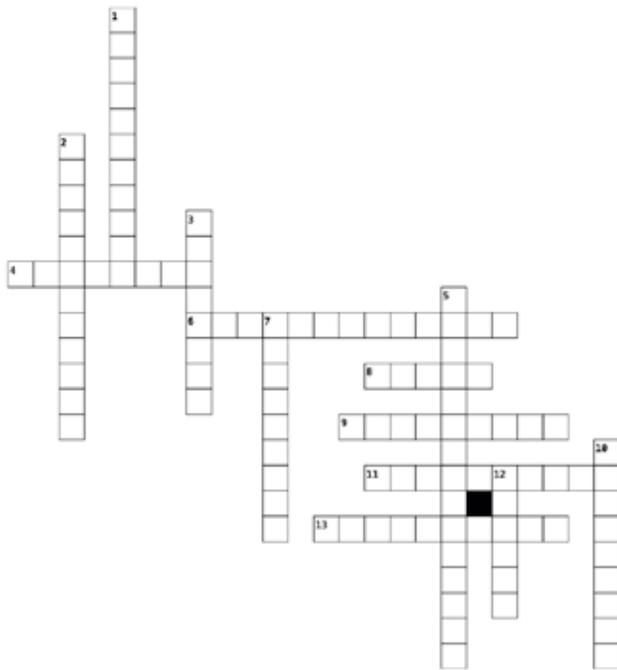
These can be displayed singly or grouped together.

Questions? Contact Eline Lybarger via email at rayline@centurylink.net.

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- 6. A Five Mile Hike
- 8. Protecting the ____
- 9. Best tacos in PL
- 11. The Place to get Caffeine Drink (Has a magic window)
- 13. The Cornerstore has

Down

- 1. Interactive Trail
- 2. New Fire Captain
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- 5. Opens and Closes
- 7. North Bay Club
- 10. First ____ Luncheon
- 12. Pompeii of the West

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