The mission of the Port Ludlow Voice is to inform its readers of events and activities within the Village and in close proximity to the Village. We will print news articles that directly affect our residents.

Published monthly by an all-volunteer staff.

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Happy New Year!
from the Voice Staff

ON THE FRONT COVER
Nature’s Path.
Photo by Bob Graham

ON THE BACK COVER
Graceful in Flight.
Photo by Dan Quail
Feature Articles

From the Editor’s Keyboard

by Beverly Browne, Managing Editor

In this first issue of the Port Ludlow Voice in 2014 our writers focus on reminding our readers about Port Ludlow’s history and where it is today. There have been boom and bust years for our community in both the distant and not-so-distant past. We thought it might be helpful to review some of the facts of our development as we plan the route forward together. Where we go from here into the future will ultimately depend on us.

Consequently, in these pages you will find a brief sketch of the lumbering and ship-building years continuing into the development phase of the Master Planned Resort. Barbara Berthiaume has provided a review of the advantages and disadvantages of homeowner associations. These play an important role in the functioning of our community today, but have their deficits as well.

Autumn Pappas has researched the role of company towns in the west. Port Ludlow and Port Gamble provide examples of those, and in some ways, still do. We’ve also discussed some of the people who figured prominently in the history of our region and are memorialized in North Bay street names. Our photocopy editor, Bob Graham, has tied it all together with a cover photo of the forest surrounding the Village in the Woods by the Bay.

Our other features will provide some hints on how to make your life better in 2014. The scope is broad, from navigating Medicare and the new healthcare act to managing personal stress. (Wait! Maybe those are related.) You will find suggestions about how to make your life more fulfilling. Of course, you will also find the usual announcements, entertainment features and reviews of the Association and Village Council general meetings. We hope that this gets you off on the right foot this year.

The Voice staff sends its wish for a prosperous and joyful New Year to all of our readers. May 2014 bring you good fortune and happiness.

Port Ludlow: Then and Now

Compiled by Beverly Browne, Managing Editor

Before there were people, there were trees, big ones. The trees and a sheltered harbor provided the impetus for the development of Port Ludlow as a lumber town and the home of one of the earliest steam saw mills. The mill was built in 1852 by William F. Sayward on land leased from J. K. Thorndyke. Sayward subsequently leased the mill to Amos and Phinney, a San Francisco firm. After Phinney’s death, it was purchased by Andrew Pope and Captain William C. Talbot, who had established a mill in Port Gamble on land previously owned by the University of Washington.

Pope and Talbot noticed the Port Ludlow site some years before, but it was already occupied by Sayward. In 1878, when Pope and Talbot obtained the dilapidated mill, Ludlow housed a store, hotel, cook house, some cabins, two or three houses, and a shipyard. The company rebuilt the mill, hired Cyrus Walker to run it and began shipping lumber around the world. Walker built a mansion, Admiralty Hall, as a dwelling and a setting in which to host important buyers and other dignitaries.

The mill had its ups and downs. It closed during the depression of the 1890s but opened again to take advantage of the Klondike gold rush. In 1925 Pope and Talbot sold the mill to the McCormick Lumber Company for $150,000. McCormick operated it until 1935, when it finally closed and was dismantled. Admiralty Hall, which had become a hotel, was razed the next year. The mill was eventually reclaimed by the Puget Mill Company and the Rainier Investment Company, and Pope and Talbot Lumber Company was formed, which became Pope and Talbot, Inc. After it closed for good, many of the buildings were barged to Port Gamble.

As they turned off the switch, Pope and Talbot recognized that the mill property had value as a recreation and home site property. They began planning a multi-phase development which would include a marina, restaurant, club with a swimming pool, tennis courts, a conference center, and 350 lots located on the north side of Ludlow Bay. These became reality in the late 1960s.

continued on next page
The development of the southern side of the Bay began later. It included an eighteen-hole golf course and condominiums. According to former president Greg McCarr, the challenges of topography were greater on the southern side of the Bay. This, and an attempt to accommodate differing demographics, led to dividing the area into separate villages. By 1985 Pope and Talbot Co. had become Pope Resources, LLC and the concept of the development shifted to one focused on retirees. Another nine holes was added to the golf course and construction began on single-family homes. The Bay Club was built in 1989. The South Bay Community Association was incorporated and the Master Covenants, Conditions and Restrictions were recorded.

Growing Port Ludlow still had no zoning ordinances or formal government. A Counsel of Ludlow Owners Association (CLOA) was formed to improve the rocky relationship between the developer and the residents, but they continued to be problematic. CLOA was upgraded to have more power in 1999 and became the Village Council (PLVC). A Port Ludlow zoning ordinance named the Master Planned Resort (MPR) was adopted in 1999. The development agreement specified a maximum of 2,250 dwelling units. Port Ludlow would consist of single and multi-family zones, a resort complex with community facilities, a commercial center and recreational and open spaces. The agreement will be in effect until 2020.

In 2001 Port Ludlow Associates (PLA), owned by HCV Pacific Partners, purchased the resort and became the developer. PLA is organized in three divisions: Resort, Real Estate, and Olympic Water and Sewer. The current president is Diana Smeland; the CEO is Randy Verrue. The recent economic recession has not been kind to the new developer. Nevertheless, plans for future development go forward. They include redevelopment of the marina area and the impending development of Ludlow Cove, the former storage site for mill materials.

Today the MPR boasts an 18-hole golf course, marina, tennis facilities, conference space, and one restaurant. The Yacht Club is housed in the old Harbormaster. The commercial center consists of a convenience store, post office, and retail establishments. Medical facilities include the Jefferson Healthcare Clinic, a physical therapist, and various alternative medical options.

Happy Birthday Lt. Ludlow
by Beverly Browne, Managing Editor

Lieutenant Augustus C. Ludlow, for whom Port Ludlow is named, was born on January 1 in 1792 in New Burgh, New York. He was second in command to Captain James Lawrence on the U.S.S. *Chesapeake* during the War of 1812. During its engagement with the U.S.S. *Shannon* in June of 1813, it was Ludlow who shouted, “Don’t give up the ship!” Both Lawrence and Ludlow suffered mortal wounds in the battle. They are interred in the graveyard of Trinity Church in New York City along with Lawrence’s widow. Given better luck and a stronger constitution, Ludlow would be 222 years old this year.

Ludlow’s stalwartness must have impressed Charles Wilkes, the Naval Lieutenant who led the first naval expedition to the Pacific Northwest in 1838, for he named Ludlow Bay after him. Wilkes commanded six vessels on an expedition to the Pacific Northwest. They carried up-to-date scientific equipment and a cadre of experts in botany, philology, horticulture, marine biology, and mineralogy. The ships *Vincennes* and *Porpoise*, part of the expedition, anchored in Discovery Bay in 1841.

One of their accomplished goals was to chart Puget Sound. As they did so, Wilkes named various local features that still carry those names, many after persons, like Ludlow. Sites named by Wilkes include Elliott Bay, Maury Island, Hammersley Inlet near Shelton, Totten and Budd Inlets near Olympia, and Agate passage (named for the draftsman Albert T. Agate). Hale Passage was named for linguist Horatio Hale and Dana Passage was named after geologist Dwight Dana. Points Monroe and Jefferson were named after presidents.

His expedition spent some time on Bainbridge Island. Eagle Harbor was named because of its wing-like shape. Wing Point and Bill Point continue this theme. Appletree Cove in Kingston was likely a mistake. The flowers were probably dogwood.

Although he was a capable seaman, Wilkes was no softie. He was liberal with the cat-o’-nine-tails and intolerant of insubordination. Unacceptable behavior could prevent one from becoming immortalized by having a landmark bear one’s name. Captain Ahab, in Hermann Melville’s *Moby Dick*, is reported to have been based on Wilkes.
Forty Miles from Nowhere
by Autumn Pappas, Contributing Writer

Have you ever heard of a company town? Company towns became a necessity as early as the 1830s; when the industrial age and the successful expansion of mining, lumber and coal industries called for a solid workforce in America. In order to obtain employees, companies in isolated industrial towns had to build housing, services and other amenities that were only available in larger cities. These industrial towns, owned by a single enterprise, became known as company towns. Company towns were often so remote that residents seldom left, spending months to years at a time in the towns.

All company towns provided housing, a cookhouse, a company store and a church. Larger and wealthier company towns provided extra amenities in addition to the basics, such as a library, theater, dance hall, bowling alley and swimming pool. The appearance and structure of company towns varied, as some consisted of tent housing while others were fancier replications of larger cities.

In the Pacific Northwest, company towns boomed due to the natural resources available. Northwest towns produced the most copper, best clay, longest timbers and the most power. In addition to being technologically innovative and the best of their kind in the industry, Pacific Northwest company towns were valued for their beauty. Writers, journalists, filmmakers, and historians flocked to these small towns to create movies and radio shows as well as to conduct research.

Port Ludlow became the first mill town on the Puget Sound when William Sayward built a steam-driven sawmill on our bay. It was effectively a company town. In 1878, after Pope and Talbot purchased the Port Ludlow mill, they shortly thereafter rebuilt it and added machinery. Port Ludlow’s population grew to 500, with 300 men working at the mill. A store, post office, public school, and telegraph and express office were constructed in order to accommodate the new population.

Andrew J. Pope and Captain William C. Talbot established another company town in Port Gamble in 1853, when they founded the Puget Mill Company and needed employees to run it.

Company towns across America met their demise between the 1920s and 1930s. Automobiles were used more frequently which created a commuter workforce. Machinery and operations became more costly due to technological advancements. An increase in the population and in industrial towns led to a demand for improved sanitation and utilities. Many company towns were not up to standards and were forced out of business. Authentically restored and owned by Pope Resources, Port Gamble is the only remaining company-owned mill town in Puget Sound today.

Homeowners Associations: Pros and Cons
by Barbara Berthiaume, Contributing Writer

The topic of homeowner associations can be counted on to generate conversation and points of view on many levels. According to Wikipedia, a homeowner association (HOA) is a legal entity created when a development is built. Their purpose is to maintain common areas, enforce deed restrictions with Covenants, Conditions, and Restrictions (CC&Rs) issued to each homeowner to ensure that the quality and value of the property is maintained. Membership in the homeowners association by a residential buyer is typically a condition of purchase. Homeowners associations governed 24.8 million American homes and 62 million residents in 2010. Some 1.25 million people serve on community association boards with another 300,000 plus serving as committee members. HOAs comprise 15% of the value of all residential real estate in the U. S., with an estimated value of $2 trillion, and four in five housing starts during the past five years have been built as part of an association-governed community. In South Bay, there are 14 HOAs with the South Bay Community Association (SBCA) serving as the umbrella organization. North Bay has four HOAs with the Ludlow Maintenance Commission (LMC) serving as the umbrella organization. Over 150 neighbors in Port Ludlow volunteer with their HOA.

Benefits of being a member of a homeowners association include maintaining common areas of a neighborhood such as parks, swimming pools, clubhouses, trails, a gym, and tennis courts. HOAs work on behalf of the members to keep these areas attractive and functional, as well as ensuring the covenants are followed, with a positive effect on property values. A homeowners group collectively has a larger voice in dealing with local government. They also have the power to mediate disputes between neighbors and can create recreational and social opportunities for their membership.

On the other hand, some find HOAs intrusive and do not want a third party imposing regulations on their property. HOAs have dues that tend to increase over the years. These may be burdensome to residents. HOA board members are usually volunteers and the strength and vitality of the organization rests on the board members
Homeowners continued from previous page

having a breadth and depth of understanding of state law and the governing documents. Sometimes these skills are hard to find. Interpretation of the regulations can vary, thereby causing disagreements among HOA members. On occasion, boards may make decisions that actually conflict with state or federal law, a situation that has been extensively documented by other writers.

Community volunteers may not agree on all issues but most strive to create a community that can resolve issues within the structure of the organization and promote a greater sense of community and well being.

Happy New Year!
by Mary Kletti, Contributing Writer

As you anticipate the arrival of 2014, maybe you have a tradition that will ensure a healthy and prosperous New Year. While you wait for midnight PST, you might want to partake in one or more customs that are practiced around the world.

Many traditions surrounding the New Year celebration involve food. When the clock strikes midnight (3:00 p.m. PST) in Spain, it is customary to eat 12 grapes—one with every toll—for good luck in the 12 coming months. In Greece (2:00 p.m. PST), one hopes to find a coin in their piece of St. Basil’s cake. On the table in Germany (3:00 p.m. PST), expect to find pork in your soup (for prosperity) and fish on the table (for wealth). As for the good old USA, black-eyed peas, pork and sauerkraut, or raw beef and onions might be your pleasure.

In the British Isles (4:00 p.m. PST), if you can get past the Haggis in Scotland, you might be lucky to be rewarded with Hogmanay, which are three-cornered biscuits. The Irish have the answer for dealing with that fruitcake; one of their customs is to take a large loaf of Christmas bread or cake outside and hammer it against closed doors and windows to drive out any misfortune and let happiness in. But it’s not all about food. In England, crowds gather in Trafalgar Square to hear the chimes of London’s Big Ben announce the arrival of the New Year, then link arms and sing Auld Lang Syne.

When the New Year begins in Japan (7:00 a.m. PST), the Japanese begin to laugh, and this is supposed to bring them good luck in the New Year. Brazilians (6:00 p.m. PST) wear white clothes on New Year’s Eve and to fulfill their desires, they must jump seven waves and throw flowers into the sea at midnight. The most formal New Year’s celebration in Russia (12:00 noon PST) is a party held at the Kremlin, where as many as 50,000 people in attendance have purchased tickets to enjoy the annual event.

So, if you’re still awake as the clock strikes midnight, clink your glasses, honk your horns, kiss your sweetheart, and watch the fireworks at the Space Needle—all guaranteed to start 2014 off on the right foot.

How to Make 2014 Your Best Year Yet!
by Autumn Pappas, Contributing Writer

There’s no time like the present to live your life the way it was meant to be lived. Here are some tips on how to make your 2014 memorable, enlightening and exciting.

Make a bucket list for 2014. Want to visit Easter Island, adopt a pet, get your finances on track, or start a foundation? A bucket list is a list of intentions, experiences or goals that a person wants to accomplish in a specific time frame. Bucket lists are unique to each person, as no two people have the same desires and wants. Some people refrain from writing bucket lists, because the enormity of the items on the list can be rather daunting. My tip: Dream small and big. Small things are more attainable, but larger things change us forever.

Forgive someone, even if it’s yourself. We’ve all experienced wrongdoings, some that have even shaken us to our core. We can’t change the past, but we can ruin our future by holding on to things in the present. Not sure where to begin? Check out a book on Mahatma Gandhi, Nelson Mandela, or Desmond Tutu; they are all great role models of the power of forgiveness. Lewis B. Smedes said, “To forgive is to set a prisoner free, and to discover that the prisoner was you.”

Commit to being at least 10 percent healthier. This small change can reap huge rewards. Do you want to add a new exercise routine into your daily schedule, stop eating processed foods during the week, or invest in new superfoods and supplements to boost your immunity? Whatever choice you make, make it a healthy one! I guarantee you will see the difference.

Give up your self-sabotaging talk. Ask yourself, “How am I serving myself by believing this quality, characteristic, or idea about myself?” Negative personal beliefs can create self-esteem issues, depression, anxiety, anger and fear. Furthermore, they can affect our relationships and health. Let go of your limiting beliefs, commit to slowly changing your downfalls and move forward, knowing the best version of yourself is at your fingertips.

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Best Year continued from previous page

Create a daily task list, prioritize it, and allot time for each activity. How many of us start the day full of ambition, only to end up accomplishing a quarter of the tasks we set out for ourselves? My advice: Set daily intentions as soon as you wake up, and use a calendar or planner in order to stay organized and on top of your goals. Additionally, have an activity planned outside your home in the morning that will “jump start” your day.

Lastly, live your purpose! What is that one thing that you know in your heart that you were put here on this earth to do? Have you accomplished it yet? As author Steve Maraboli once said, “You were put on this earth to achieve your greatest self, to live out your purpose, and to do it fearlessly.”

Solid Waste Advisory Committee Talks Trash

by Richard Talbot, Jefferson County Public Works Solid Waste Manager

One challenge facing Jefferson County’s Department of Solid Waste is the economics of handling over 17,500 tons of garbage, 3,800 tons of recycled materials and 25 tons of hazardous waste every year. The cost of these operations is covered by the fees charged to the public for garbage disposal; no tax revenues or subsidies provide funding. Where do all of these materials go?

Garbage is transported by road and rail to the Roosevelt Regional Landfill in Klickitat County, where waste is contained and the methane gas created by the decomposition of garbage is converted into electricity. Transporting and landfilling the garbage costs over $1 million annually, amounting to 55 percent of the current disposal fee. The county’s Solid Waste Advisory Committee (SWAC) continues to discuss ways to reduce the amount of material going to the landfill and how to pay for the recycling, hazardous waste disposal and other services provided by the county. Any diversion of materials from the landfill helps the environment and the community.

Recycling is popular in East Jefferson County. The Port Ludlow Village recycling site has collected 392 tons of materials so far this year, second to Port Hadlock at 418 tons. Skookum Recycling, the recycling contractor for Jefferson County’s solid waste program, is able to sell newspaper, glass, aluminum and some grades of plastic containers to cover a part of the cost of its operations; the county also provides a monthly contract payment to Skookum to cover the full cost. Skookum provides a work-training program at the recycle facility for adults with developmental disabilities.

Household hazardous waste materials, and small business hazardous wastes, are disposed of through a contractor by incineration, as alternative fuel, by recycling or landfill disposal. The county also has a reuse cabinet for the public to obtain free paints and garden chemicals. Over 50 percent of the materials brought in are recycled or re-used.

Yard debris becomes compost through the City of Port Townsend’s bio-solids composting facility, and is used by local gardeners and landscape contractors. In 2012, this facility processed 2,630 tons of yard waste and had 3,574 cubic feet of compost for purchase at a modest fee.

E-Cycle is a no-fee program sponsored by the State of Washington. Skookum Recycling and Goodwill in Port Townsend participate in E-Cycle by accepting computers, monitors, laptops, tablet computers, televisions, portable DVD players and e-readers. There is a small charge for other peripherals.

The Solid Waste Department reviews solid waste program planning decisions with the Solid Waste Advisory Committee (SWAC), which is made up of five community members, representatives from the City of Port Townsend, Skookum, Waste Connections (parent of DM Disposal and Murrey’s Disposal), and a county commissioner. There is currently a vacancy on the committee for a citizen volunteer representative from District #3, which includes Port Ludlow, Quilcene and Brinnon. A list of current SWAC members can be found through a link from SWAC Notebook on the Jefferson County homepage.

The advisory board meets six times a year on the fourth Thursday at 3:00 p.m. in the Jefferson County Public Works office at 623 Sheridan Street. Meeting dates in 2014 are January 23, March 27, May 22, June 26, September 25, and October 23. SWAC meetings are open to the public.

If you are interested in joining the committee, please contact Richard Talbot, Solid Waste Manager, at 385-9160 or rtalbot@co.jefferson.wa.us.

www.plvoice.org
LATE-BREAKING NEWS, CALENDAR UPDATES
CURRENT ISSUE AND HISTORICAL ISSUES ON-LINE
COLOR PHOTOGRAPHY • LETTERS TO THE EDITOR
A Few of My Favorite Things
by Bev Rothenborg, Arts & Entertainment Editor

Does the title remind you of that fun, but improbable, TV show The Sound of Music we watched in early December? Just the thought of walking from Austria to Switzerland in the winter at night with seven young children is enough to strain our credulity. I took my own young children to see the original movie with Julie Andrews, and I wanted to be reminded of those happy years when I watched the TV show. One of the Von Trapp daughters, as an adult, lived at the Catholic Church parsonage in our neighborhood for many years, and I well remember her Tyrolean attire as she went about her business.

Over the recent Christmas season, my favorite things were the wonderful holiday concerts offered by the Choral Belles and the Port Ludlow Singers. Mary Lou Montgomery and David Weakley lead those groups to their level of professionalism. The Port Ludlow Arts Council’s Yuletide concert added to the enjoyment, as did Kathie Sharpe and her piano students who entertained us at the First Wednesday and the North Bay luncheons. The Garden Club’s annual tea with its individually decorated tables, as well as CEA’s home tour spotlighting homes dressed for the holidays are always highlights of the season!

Helping to make the season bright are the gorgeous holiday lights decorating the trees along our village’s median strip. The Port Ludlow Village Council and local firemen are responsible for this delight, but I spotted Larry Nobles several times out in the cold orchestrating the project. One would be remiss not to mention the dozens of volunteers who so beautifully decorated our clubs and who lovingly prepared and served our holiday feasts. The Giving Trees around the village collected dozens of packages, now delivered to lucky recipients.

“Snowflakes that stay on my nose and eyelashes” are not among my favorite things, but soon our “silver white winters that melt into spring” will be on the way, and we will have no need for “warm woolen mittens,” because there will only be “raindrops on roses!” And so, dear readers, I wish you all a healthy and happy New Year full of your own favorite things.
A Manhattan Jazz Club Cabaret in Ludlow

by Barbara Wagner-Jauregg, Guest Writer

Step into a Manhattan jazz club right here in Port Ludlow when the Arts Council hosts another popular cabaret event on **Friday, February 7** at the Bay Club. Jazz pianist Pam Drews Phillips is no stranger to the New York scene and she’s bringing it here to our sleepy community.

After college, Drews Phillips returned to her native Chicago where she played for the incomparable Ella Fitzgerald with the Nelson Riddle Orchestra, worked with Hal Prince and Stephen Sondheim, and enjoyed a nice steady gig at the bar at the top of the John Hancock building, a wonderful venue with a great view.

But the lure of New York beckoned and Drews Phillips followed. High points of her Broadway life in the 80s and 90s included being a pianist for Jerome Robbins’ *Broadway,* a show that won the 1989 Tony award for best musical, where she got to work with composers that had written great musicals spanning from the 40s through the 60s: Leonard Bernstein, Stephen Sondheim, Jule Styne. She was on the creative team of *Crazy for You,* another Tony-winning show where she played the works of George Gershwin.

Drews Phillips is gifted not only as a pianist but blessed with a fun, effusive personality that will be evident as she shares her experiences living and breathing on the Great White Way. But after hours, still high with the adrenaline of Broadway, show business folks seek out small intimate clubs where they can kick back and unwind from the life. We hope you’ll do the same at our Manhattan Jazz Club — seated at candle-lit tables, enjoying wine, sparkling cider and homemade snacks, while enjoying jazz piano by Duke Ellington, Erroll Garner, George Gershwin, Vince Guaraldi, Billy Strayhorn and “Fats” Waller — sophisticated jazz, New York style.

Manhattan Club doors will open at 6:30 p.m., with recorded easy jazz followed by Drews Phillips’ live performance at 7:30 p.m. Sign up for your table in advance. Whether you are a Series Subscriber, you order tickets online, or you purchase your ticket at the Bay Club, you can sign up on the seating chart at Club’s front desk. If you aren’t able to make a table reservation in person, email plartscouncil.com and we will seat you at the next best available table.

Tickets are $24 or 6 tickets for $132 (Flex Pass rate). They are available online immediately at www.PortLudlowArtsCouncil.com or at the Bay Club beginning the first of January.

Old Time Fiddlers

The Washington Old Time Fiddlers Association is dedicated to the preservation and performance of old time fiddle music. In the new year, members will be gathering again for their regular jam sessions. The fiddlers have a mentoring program and welcome new and experienced musicians to join them. Bring your instruments or just your ears, since many folks turn out just to enjoy the music.

The fiddlers will meet **Saturday, January 11** at the Sequim Prairie Grange, 260 Macleay Road in Sequim, and **Saturday, January 25** at the Tri-Area Community Center, 10 West Valley Road in Chimacum. All players jam informally from 11:30 a.m. to 1:30 p.m., followed by a performance from 1:30 to 3:30 p.m., at both locations. The schedule repeats every month on the second and fourth Saturdays.

The Old Time Fiddlers is a non-profit organization giving free performances, but donations to support scholarships are always welcome. More information may be found online at wotfa.org.
Soldevilla, professional improviser and owner of The Studio on Bainbridge Island, held a workshop for many LVP members at the home of Director Val Durling. It was an adventure; successful beyond anything we hoped for. Under consideration since last April, an Improv group is forming now.

If you are interested in helping on the production of the new play, getting in on the ground floor of the new Improv group or reading plays once a month with Reader’s Theater, please contact Val at 437-2861 or rkd@waypoint.com.

Happy New Year to all of you, our audiences; we look forward to entertaining you.

Poets on the Coast: A Mini Retreat

Two writing classes will be taught by Susan Rich and Kelli Russell Agodon at Northwest Maritime Center, 431 Water St., Port Townsend on Saturday, January 18.

The first class, Generating New Poems / Sending Polished Poems into the World, will be held from 9:00 a.m. to 12:00 noon for poets who want to write new poems, as well as submit their work to literary journals. The instructors will try a wide array of writing exercises and spend the last half hour discussing the submission process. Hand-outs on submission letters and suggested journals will be provided.

Susan and Kelli will also put together a submission packet of one’s poems to send out for each participant. The cost of the session is $98.

The second class, From Manuscript into Book: The Process Demystified, will be held from 1:00 to 4:00 p.m. This workshop is designed to help poets put together a full or chapter book length collection. They’ll look at several different options on how to structure and order one’s poems. Finally, participants will have a chance to begin visualizing one’s work as part of a larger project. Everyone will leave with an action plan and a handout of resources leading poets closer to the goal of a competed book. The cost of this session is $98.

Spend the day and take both classes for $189. The number of participants is limited to 18. For more information and registration, go to agodon.com/classes.
Performing Arts Calendar

Saturday, January 4
PT Shorts are readings of literary works in conjunction with a free monthly Gallery Walk at the Cotton Building, Port Townsend, sponsored by the PT Arts commission and Key City Public Theatre, 7:30 p.m., 385-KCPT, keycitypublictheatre.org.

Saturday, January 4
Jewel Box Theatre’s resident comedy improvisation troupe keeps the audience laughing as it weaves stories, song, and plays all made up on the spot, based on audience suggestions, 8:00 p.m., brownpapertickets.com or 800-838-3006, jewelboxpoulsbo.org.

Saturday, January 4
Join Bainbridge’s The EDGE for an ingeniously improvised evening of on-the-spot comedy, all from audience suggestions, 7:30 p.m., 206-842-4560, bainbridgeperformingarts.org.

Friday, January 10
For over 20 years, Anzanga African Marimba Ensemble has brought electrifying, energizing and beautiful African music to the national and international stage, 7:30 p.m., Bainbridge Performing Arts, 206-842-4560, myspace.com/anzanga.

Saturday and Sunday, January 11 and 12
The Jewel Box Theatre Play Readings are script-in-hand performances of interesting plays by respected authors, few props, no costumes, basic lighting, 8:00 p.m., no advance reservations, 697-3138, jewelboxpoulsbo.org.

Thursday, January 23
A legend in its own time, The Fantasticks is the longest running musical in history. This steampunk-inspired adaptation promises to provide an unparalleled experience, 7:00 p.m., Bremerton’s Admiral Theatre, 373-6743, admiraltheatre.org.

Fridays, Saturdays and Sundays, January 24-February 15
Clever Dick is a British farce, sexually charged and gleefully tongue-in-cheek, which makes fun of the fetishes of the upper crust in present day England, Poulsbo’s Jewel Box Theatre, 8:00 p.m. with 2:00 p.m. Sunday performances, 697-3138, jewelboxpoulsbo.org.

Sunday, January 26
Menopause the Musical is a hilarious parody staged to classic tunes from the 60s, 70s and 80s which will have you cheering and dancing in the aisles. See what millions of women worldwide have been laughing about for more than 10 years, 5:00 p.m., Admiral Theatre, Bremerton, 373-6743, admiraltheatre.org.

Advertisement

FORREST ALDRICH APPOINTED NEW DESIGNATED BROKER

Coldwell Banker Best Homes is pleased to announce that Forrest Aldrich was appointed Designated Broker effective December 1, 2013.

Karen Best, former Designated Broker and Owner of Coldwell Banker Best Homes became the Managing Broker. “This past year we have seen tremendous growth in area home sales and our office has grown, too. We have added more agents and expanded our facilities,” said Karen. “Having Forrest as the Designated Broker will provide more support to our agents and allow me to get back to my true passion which is listing and selling homes.”

Forrest Aldrich established his first real estate office in Port Townsend in 1976 and became affiliated with Coldwell Banker in 1986. He sold the Coldwell Banker franchise in 2005 when he retired. He joined his niece, Karen Best, when she purchased the Port Ludlow franchise in 2010 and has been managing broker since that time. “I am very pleased to assume the position of Designated Broker of Coldwell Banker Best Homes. I’ve found tremendous satisfaction in being part of the day-to-day management of the company during the past 3 years and believe we are about to enter a time of growth and greater service opportunity in response to the real estate needs of our community.”

Happy New Year!

9522 Oak Bay Road, Port Ludlow
www.cbbesthomes.com • 360.437.2278

Property Management Services & Rentals
www.cbbestrentals.com
Travel Sketches

In the course of their travels, JoAnne Heron, Miriam Lansdon, Barbara MacLean, Sandra Offut, Sandra Smith-Poling and Kathleen Snow have used easily transportable sketchbooks to record the colors, light and essence of their adventures.

The show will feature sketch journals and paintings based on the images gleaned from locations such as Greece, Mexico and Spain.

The show runs from Friday, January 17 through February 23. The Art Walk Reception will be on Saturday, February 1 and the Art Talk will be on Sunday, February 2 at 1:00 p.m.

A workshop, “Travel Journal Workshop” is connected with the show. Led by Sandra Smith-Poling, it will take place on Saturday, February 8, from 9:30 a.m. to 4:00 p.m. at Northwind Showcase Gallery. The cost is $60. For registration, contact Sandra at spoling@olympus.net or 379-1178.

Northwind Art Gallery’s January-February show Travel Sketches will be curated by Wanda Mawhinney. It presents the work of six artists who use pencils, pens and paint to capture memorable images of the many journeys they have taken.

Dancing the Sardana, Barcelona, by JoAnne Heron.

Cadiz, by Sandra Smith-Poling.

Spring Harvest, by Sandra Offut.

Sheep in the Meadow, by Miriam Lansdon.

Home, Galway, Ireland, by Barbara MacLean.

Blue Door, Guatemala, by Kathleen Snow.

Submitted photos
Winter Stays One More Month!

No matter what the weatherman has to say, January will see some of the finest winter scenes in the lobby of Columbia Bank. Port Ludlow’s own Artists’ League will feature a gathering of artists and their views of winter on canvases large and small, beginning on Monday, January 6, and running through the month.

At the same time, The Inn At Port Ludlow will be featuring Scenes of Port Ludlow for a two month show during January and February. This would be a good time to wander through The Inn and take a look at Ludlow’s finest views as portrayed by our local artists. It might be surprising to see scenes you may not know exist, right in our own backyard.

And to greet the New Year, on Tuesday, January 7, the Artists’ League Gallery will have a fresh coat of new paint, as well as new art on the walls by many of your favorite artists. The new year brings new beginnings.

The “Second Wednesday Reception” will celebrate all three shows and will be held in both the lobby of Columbia Bank, Oak Bay Road, and the gallery adjacent to the bank. This is an open invitation to friends, community, art lovers and fellow artists to join the League on Wednesday, January 8, from 4:00 to 5:00 p.m. in the bank lobby and from 4:00 to 6:00 p.m. in the gallery.

Wearable Art Show Entries

The Port Townsend 2014 Wearable Art Show is accepting entries for its fourth annual benefit event. This is a juried runway show of creative innovative wearable art. Pieces can be functional or fantastical, sculptured or unexpected and in any media. A model must be able to wear the entry on an 80-foot long runway. The venue has seating for 350 people. All previous shows have been sold out. Applications are due Tuesday, January 21 and decisions will be announced Friday, January 31.

The entries will be juried by Michael Cepress who teaches Wearable Art at the University of Washington and heads an active design firm—Michael Cepress Design Studio. His guidelines (originality, craftsmanship and presentation/staging/performance) will be used for both entry into the show and for prizes awarded at the evening show.

For entry information, contact Judith Bird at 379-8330 or judithbird@cablespeed.com.

The date of the show itself is Saturday, May 10, with matinee and evening shows at the Elks Club in Port Townsend.

Presence Graces Art Walk

The Bainbridge Performing Arts Gallery’s “First Fridays Art Walk” on Friday, January 3, will feature Presence by Lauren Crew. The hours of the Art Walk are 5:00 to 7:00 p.m.

Lauren Crew’s fine art photography project Presence explores her grief surrounding her mother’s death. The use of natural light and a quiet color palette reflect her isolation and the chronic void she has encountered since her mother passed away.

Regular gallery hours are 12:00 to 5:00 p.m. Tuesday through Friday. The gallery is located at 200 Madison Avenue North, Bainbridge Island. For more information, contact Sally Jo Martine at 649-9974, or www.bainbridgeperformingarts.org.
Local News

Are You Up to Date on Health Care Reform Changes?

by Ursel Krumme, Co-Chair PLVC Health and Wellness Committee

Port Ludlow Village Council (PLVC) Health and Wellness Committee’s forum on the Affordable Care Act and Medicare updated residents on what’s new and what’s coming in 2014. Carolyn Smith, Statewide Health Insurance Benefits Advisors (SHIBA) field supervisor and Lauren Newcomer, RN, BSN, Director of Quality and Improvement at Harrison Medical Center spoke. A DVD of the forum is available in a binder at the Beach and Bay Clubs for residents to peruse with laptops.

According to Carolyn Smith, health care costs have risen from $1.6 trillion a year in 2000 to $2.9 trillion in 2010. Persons with chronic conditions account for 84 percent of costs, mostly through hospitalizations and prescriptions. She stressed that the intent of the Affordable Care Act is to drive down costs for care through new innovative approaches by focusing on quality rather than quantity of services and mandating better coordination.

Medicare beneficiaries should take advantage of the expanded free preventive services such as mammograms, cardiovascular disease tests (cholesterol, lipid and triglyceride levels), cervical and vaginal cancer, colorectal cancer, prostate cancer, diabetes, bone density measurements, depression, and glaucoma. Also fully covered are obesity screening and counseling, medical nutrition therapy, diabetes self-management training, alcohol misuse screening and counseling, tobacco use cessation counseling, immunizations (flu, pneumonia, hepatitis B shots), and a yearly wellness check-up with your primary care physician. The “doughnut hole” for Medicare Prescriptions Part D will also be gradually eliminated.

Carolyn Smith stressed that, in Washington State, the Health Benefit Exchange’s online marketplace has worked well. From October to November 10 there were over 3.5 million visitors to its website with 145,183 new accounts created during the six-week period. The Health Exchange also received funding for training in-person navigators which included background checks. In the state, there are now 450 SHIBA volunteers who have already assisted 60,000 people. The telephone number to call for assistance is 1-800-562-6900.

Lauren Newcomer detailed the initiatives implemented at Harrison Medical Center to control costs and ensure quality of in-patient acute care. She highlighted a less well known section of the 2010 Affordable Care Act, the “Hospital Value-Based Purchasing” program, which bases Medicare payments to hospitals on 12 clinical quality measures, eight patient care experiences, and mortality rates. For example, heart failure patients’ clinical quality measures now include discharge instructions requiring daily self-recordings of weight, blood pressure, heart rate, activity and symptoms on a “Heart Failure Log.”

Newcomer said that patient experience measures correlate well with care outcomes. Residents can expect to receive a patient satisfaction survey once at home. Questions such as “how often was your pain well controlled” are asked with four options to respond: “always,” “usually,” “sometimes,” or “never.” To count for reimbursement, only “always” must be selected. For the past two years, Harrison has performed better on these measures than 50 percent of hospitals nation-wide.

Newcomer also pointed out that approximately 20 percent of hospitalizations are re-hospitalizations within 30 days of discharge, of which up to 76 percent are potentially avoidable. She indicated re-hospitalizations may signal a failure in the hospital discharge procedures, patients’ ability to manage self-care, or the quality of care in the next setting. In order to reduce its hospital re-admission rates, Harrison partnered other healthcare organizations, expanded the use of “Heart Zones” tool to skilled nursing facilities and home health agencies, and implemented teaching of self-monitoring and assessments of conditions after discharge from the hospital.

In collaboration with the Health and Wellness Committee, two local SHIBA volunteers, Phyllis Waldenberg and Judy McCay, spearheaded clinics for one-on-one counseling with residents about assessing Medicare Part D prescription plans, Medigap Part B Supplement plans, or insurance plans on the Health Exchange if under 65. These sessions were held in November and December. Volunteers also assisted residents with navigation of free, credible, and reliable online medical databases. Other SHIBA/Health Information Counseling sessions are planned.
AARP Volunteers Help with Tax Preparation

Have your tax return prepared at the Tri-Area Center in Chimacum this tax season. IRS-certified AARP Tax-Aide volunteers will be available again on Mondays and Wednesdays beginning in February, and throughout the tax season. The volunteers will prepare and electronically file your tax return for you—and the service is free of charge.

The AARP Tax-Aide volunteers are authorized to prepare most basic tax returns. They do not prepare returns for taxpayers that have income from rental properties or for taxpayers with complicated business returns.

The Tax-Aide program is sponsored by the IRS and the AARP Foundation. You do not need to be an AARP member—or even a senior—to take advantage of this free service.

Please bring the following documents to your Tax-Aide appointment:

• Photo ID and Social Security cards for you, your spouse, and all dependents
• W-2 from each employer
• All 1099 forms (1099-INT, 1099-DIV, 1099-B, 1099-R, 1099-MISC, 1099-G, SSA-1099, etc. These include interest, dividend, stock sale, retirement, self-employment, Social Security, unemployment compensation, and any gambling winnings.)
• Your 2012 tax return
• A check or bank document with your bank account numbers if direct deposit is desired
• Any other documents necessary to complete your return

Appointments can be made starting the last week in January. To make an appointment, contact the Tri-Area Community Center at 732-4822.

SMART Driver Course Reminder

The SMART Driver course, announced in the December Voice, still has openings available. The course will be held on Wednesday, January 29 and Friday, January 31 from 9:00 a.m. to 1:00 p.m. both days at the Beach Club. The purpose of the course is to give drivers information so that they can be safer behind the wheel. Upon completion, drivers get a certificate that enables them to receive a discount on their auto insurance premiums. For more information or to reserve a position in the course, call Russ Henry at 437-2250.

Coast Guard Cutter Tows Coast Guard Auxiliary Tugboat

by Simeon Baldwin, Coast Guard Auxiliary Flotilla 41

U.S. Coast Guard (USCG) Cutter Osprey (WPB 87307), homeported in Port Townsend, called upon the USCG Auxiliary facility Elmore to assist their crew with a training towing exercise. The tugboat is under the command of Dee Meek, an Auxiliarist with Port Ludlow’s USCG Auxiliary Flotilla 41.

The exercise enabled the 87-foot, 91-ton Coast Guard Cutter to complete required deck crew and helmsman training in towing large vessels. Coast Guard Auxiliary members are also required to qualify and train in towing procedures and this collaboration with their active duty counterparts was a valuable opportunity.

Captain Meek and the Elmore, with a crew of eight persons from the Port Ludlow Flotilla 41 and the Port Angeles/Sequim Flotilla 42, departed their homeport of Port Ludlow to rendezvous with the Cutter Osprey at a point in Admiralty Inlet, Marine Area 9.

Cutter Osprey deployed heaving lines to enable the transfer of the towing cable bridle from the cutter to the bow of the tugboat Elmore. After safely cleating the bridle arms, towing commenced following established Coast Guard standards for towing evolutions.

USCG Auxiliary Flotilla 41 is a part of the 4th Division serving the Kitsap and Olympic Peninsulas. Based in Port Ludlow, with a detachment in Brinnon on the Hood Canal, the 60-member flotilla is the most active in the Division. Monthly member meetings are open to the public and held at 7:00 p.m. on the second Wednesday of the month at the Port Ludlow Fire and Rescue Headquarters station on Oak Bay Road, Port Ludlow. Obtain further information from sbaldwin@me.com.
Jet Airplane Accident Investigations Recounted

John Purvis, Boeing Director of Accident Investigation (Ret.) will present a program entitled “Jet Airplane Accident Investigation: Accidents Happen—The Story Behind the Headlines” on Wednesday, January 22 from 3:00 to 5:00 p.m. at the Bay Club.

Purvis is an internationally recognized expert in large aircraft accident investigations. He and his organization have helped find the causes of dozens of accidents and have been a major factor in improving aircraft safety. Purvis will talk about the process of airplane accident investigations and has a number of pictures and current accident statistics on the topic.

This event is sponsored by the Olympic Peninsula Boeing Bluebills. All proceeds will be donated to Dove House, the Sexual Assault and Domestic Violence Program in Jefferson County. Tickets can be purchased for $10 at the Bay Club or Beach Club or on-line at Brown Paper Tickets. For further information, contact Myron Vogt at 437-4055 or Barbara Berthiaume at 437-0423.

Try Aquarobics

by Beverly Browne, Managing Editor

Do you aspire to a form of exercise that gives you some aerobics, plus stretching, without excessive strain on your joints? Try Aquarobics. Exercising in water is gentle, effective and fun. The buoyancy of the water allows participants to move without the pounding that accompanies running. At the same time, the water provides additional resistance. Couple the experience with swimming a few laps if you choose.

Water exercise can be adapted for those with injuries or illness. The Arthritis Foundation recommends it to keep joints moving and restore flexibility. It also enhances mood and self-esteem. Warmer pools are recommended for best results.

At the Bay Club, Aquarobics is the kind done only in shallow water. The class does not have an instructor; instead, participants exercise with taped instructions and music. Deep water aerobics, where one’s feet cannot reach the bottom of the pool, can be done in pools of adequate depth. Floats and other equipment are sometimes employed.

Local Author Biondi to Publish New Suspense Novel

Port Ludlow author Walter B. Biondi has been signed by Tate Publishing and Enterprises, LLC of Mustang, Oklahoma, for his newest suspense novel titled The Promiscuous Puppeteer. The novel entails a multifaceted story about a secret gold exploration and mining company, funded by a mining syndicate comprised of some of the largest mining companies in the United States. The new exploration company’s chief executive officer is uncharacteristically and unconventionally approached by a Nevada Mexican-Native American woman whose skills, from a sordid and seedy past, are potentially useful in addressing the elaborate, interconnected and precariously proposed launching of the world’s largest gold discovery onto the world scene.

Chinese intelligence and embassy officials, U.S. politicians, unscrupulous industry leaders and a fledgling but growing Indian mafia are all primary constituents of a compelling and momentous drama, some of which is based on fact. The story takes place in many western U.S. states, stretching from the U.S. mining center of Denver to the deserts of Arizona, California and Nevada, the mountains of Idaho and the scenic Pacific Northwest of Washington and Vancouver, B.C.

Walter Biondi, also the author of Jeremiah’s Tale, spent three years researching and gathering information for his upcoming book, some of which was done on-site at locations depicted in the story. The book’s preliminary endorsements and testimonials have been enthusiastic. Additional reviews may be arranged through either the publisher or author.

Contact Tate Publishing regarding advance book orders or for obtaining additional information from the author’s publicist or for scheduling the author for special events or interviews. The author plans to donate a portion of his royalties to a Native American charity.
Looking for the Best Job Ever?
by Barbara Wagner-Jauregg, Guest Writer

Ask me what was the best job I ever had in my 30-some years of working, and I’d have to say, “None compare to the volunteer jobs I took on since retiring and moving to Port Ludlow nearly 20 years ago.” And, frankly, beyond my years editing the Voice and seeing it reach 15 plus years of age, by far my most pleasure has been seeing our Arts Council achieve the status of a well respected venue, sought after by performers from here and abroad.

My early job for the Arts Council was producing press materials, postcards and mailings, season flyers and brochures, which now has expanded into managing a website and producing email newsletters sent to a large database. When challenged by one of our late presidents to “think out of the box” and learn from other concert presenters, many of us started attending previews of talent, called “Booking Conferences,” in British Columbia, Oregon, Idaho and Washington. Not only did we discover wonderful talent from Europe, the eastern United States, Canada as well as the west coast, we became acquainted with their agents. We attended seminars and learned about building audiences, offers, contracts and fee negotiating, tax issues when hiring from abroad, music licensing, putting “spark” into events, fund raising and grant applications.

I’ve only mentioned the tip of the iceberg. The point is there are many “jobs” available to keep a successful non-profit alive. If you’re a visionary, like to look ahead and plan, experiment, and keep up with the times, there’s a job. If you’re a trained accountant or experienced bookkeeper, there’s a job available. The pay is zero, but the satisfaction of seeing a happy audience is the best pay you can possibly receive. And, you just might discover you’re doing things you truly love, maybe even more so than when you worked for a paycheck.

At least one and possibly more Arts Council Board vacancies exist. We’re looking for people with specific skills they can offer to help us keep up with the times. If you’d like to talk about what you bring to the table, “Let’s do lunch.” Since I’ll be away most of January, send an email to bwagnerj@olympus.net and I’ll make arrangements for you to meet some of us and learn about our organization.

Duplicate Bridge Winners for November
by Nancy Clancy, Guest Reporter

November 4: Ted Wurtz and Bob Wilkinson, first; Dan Darrow and Soozie Darrow, second; Dorothy Winter and Shirley Porter, third.

November 11: Bob Wilkinson and Ted Wurtz, first; Dorothy Winter and Sandra Flaherty, second; Marvin Segar and Joy Herring, third.

November 18: Ralph Phillips and Lois Ruggles, first; Ted Wurtz and Bob Wilkinson, second; Dan Darrow and Soozie Darrow, third.

November 25: Ted Wurtz and Marvin Segar, first; Shirley Beppler and Lynne Folsom, second; Ralph Stroy and Nancy McGillis, third.

Duplicate Bridge is played at the Ludlow Maintenance Commission (LMC) Bridge Deck on Mondays from 12:00 p.m. until approximately 5:00 p.m. All bridge players are welcome. For more information, call Dan Darrow at 437-9208.

Port Ludlow Community Church News

Port Ludlow Community Church (PLCC) will host Paul and Heidi Kuzina for a free 2-hour Advance Planning Seminar on Saturday, January 25, at 2:30 p.m.

Pre-planning is a thoughtful gift for your loved ones and peace of mind for yourself. The presenters are from Whidbey Memorial Funeral and Cremation Service. They will share practical information about how advance planning can relieve financial burdens and emotional stress. Several members of the PLCC congregation have used the Kuzina’s services and are very happy and grateful for their caring attention and help.

The seminar will be held at PLCC, 9534 Oak Bay Road in Port Ludlow. For more information, call 437-0145.
John Golden Founder’s Trophy

by Dan Darrow, Scribe

The Port Ludlow Etchells Fleet recently announced that Ron Campo is the 2013 winner of the John Golden Founder’s Trophy. Ron exhibited the spirit of the award through his enthusiasm and by assuring that his boat, Bananas, would be available to sail by others throughout the season, despite his own travel schedule.

The John Golden Founder’s Trophy was created as a memorial to John Golden, who was instrumental in organizing Port Ludlow Etchells Fleet #26. He lovingly restored Etchells #41, Finnegan’s Wake, and sailed her to many honors with his wife, Diane.

The perpetual trophy is awarded annually to the sailor in the Etchells fleet who exhibits the outstanding qualities symbolic of the enjoyment of competition and fun in sailing. Frank Mitchell, a past owner of Etchells #100, Bananas, worked many hours meticulously creating the 1/24th scale model carved from a solid piece of Spanish Maple. Sails were crafted by sailmaker Sean W. Rankins, North West Sails of the Wooden Boat School in Hadlock. All agree it is a beautiful rendition, done in the spirit of John, who had a special talent for wood working, restoring and building classic boats.

Members of Port Ludlow Etchells Fleet #26 were honored to have known John and to race with such a wonderful and talented individual. To learn more about Etchells sailing contact any of these past winners: Diane Golden, 2006; Dave Harris, 2007; Dick Schneider, 2008; Dan Darrow, 2009; Patrick Cavallero, 2010; Hank West, 2011; Jack Riggen, 2012.

Core Stability Training Classes Begin

Active Life Physical Therapy is offering core stability training classes. Each class involves focused exercise that strengthens the abdominals, low back, and other core muscles, including in the hips, upper back and shoulders. The class is a fitness class and is intended to prevent—not treat—low back pain or injuries.

Classes take place on Thursdays at 3:30 p.m. at Active Life Physical Therapy. They involve 45 minutes of focused core work. Active Life will provide some yoga mats, but participants should feel free to bring personal mats. Please wear supportive shoes and comfortable clothes. The class will incorporate floor exercises so it is recommended that participants be able to get on and off the floor without assistance.

Space is limited. If you think you’re interested, please call the front desk at Active Life Physical Therapy at 437-2444 to reserve a spot. Like our balance classes, you may come and observe a class before trying it. We also offer one-hour balance classes on Mondays and Wednesdays at 10:15 a.m. Active Life Physical Therapy is located at 9483 Oak Bay Road.

Calling All Hams

by Harlen Whitling, PLVC Disaster Preparedness Committee

The Port Ludlow Village Council (PLVC) Disaster Preparedness Committee is looking for amateur radio operators who would be willing to volunteer their radio skills in case of an incident occurring in our area that disrupts communications. Volunteers need a 2-meter radio, either a base station, mobile station or handheld, and would be asked to participate in quarterly radio drills that would take less than an hour.

If you will step up to public service in this way, or want further information, please contact Harlen Whitling, W7HDW, at h-david-w@centurylink.net, or 437-7937.
Pets Pose with Santa

Clydene Lloyd and Jan Rockas of John L. Scott in Port Ludlow held the annual “Pets Posing with Santa” event at their office on Teal Lake Road on December 7 and 8. The event benefited the Central Valley Animal Shelter. The shelter is a “no kill” shelter. In attendance were adults, children, cats and dogs.

“It was a joyous event with lots of laughter, hot cider, cookies and organic treats for the pets,” said Clydene. There was also a drawing and pet toys for sale.

A favorite moment at the event was when a little four-year old boy walked in and said, “I’m here to see Santa.” Spotting the bearded figure, he put out his hand and said, “Hi. I am James, J-A-M-E-S. Can I sit on your lap? I want a chain saw and a tool box for my dad, some slippers for my mom and a toolbox for me.”

Jan and Clydene would like to thank John L. Scott Port Ludlow for sponsoring the event, as well as the many others who worked very hard to make the event successful. The Central Valley Animal Shelter is a non-profit organization funded primarily through donations and fund raisers. It provides a home for animals that would otherwise be euthanized if not adopted.

Hair Cut ∙ Color ∙ Perm

Relax with a cup of tea and watch the boats in the harbor

Call Khanittha O’Neill for an appointment today

461A Ludlow Bay Road ∙ Port Ludlow, WA 98365
Port Ludlow Fire & Rescue
Alarm Statistics November 2013

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<td>Total Transports</td>
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Message from Chief Martin

As cold as it was last month in Port Ludlow, our winter comes to stay in January through March. Winter weather can bring windstorms and subsequent power outages. The following are some points to think about during the winter season.

If you are dependent on life-sustaining medical equipment, register your equipment with your public utility company before a power outage. Be prepared to provide PUD with a letter from your physician verifying the need for the equipment. You can reach PUD at 385-5800.

Candles can cause a fire. It’s far better to use battery-operated flashlights or glow sticks for lighting.

If you have a generator, keep it outside and run a cord inside. Don’t connect your generator to main service panels — it’s dangerous!

Have a corded telephone available — cordless landlines will not work when the power is out. If you own an electric garage door opener, know how to open the door without power.

If the power does go out, turn off lights and electrical appliances except for the refrigerator and freezer. Even if it is dark, turn light switches, lamps or appliances to the “off” position. Unplug computers and other sensitive equipment to protect them from possible surges when the power is restored. Leave one lamp on so you will know when power is restored. Wait at least 15 minutes after power is restored before turning on other appliances.

Never use gas ovens, gas ranges, barbecues or portable or propane heaters for indoor heating: they use oxygen and create carbon monoxide that can cause suffocation. Using a kerosene heater, gas lantern or stove inside the house can be dangerous. Maintain proper ventilation at all times to avoid a buildup of toxic fumes.

If you need assistance replacing the batteries in your carbon monoxide or smoke alarms, or have other questions related to winter preparation, don’t hesitate to call Port Ludlow Fire and Rescue at 437-2236.

Sheriff’s Report

For the month of November, 2013, there were a total of 80 recorded Port Ludlow events known to the Sheriff’s Office. To help keep events in Port Ludlow in perspective, there were 871 events county-wide during November, 2013.

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<th>SR 19, Tala Shore Drive, Oak Bay Road, and Olympus Boulevard are the parameters that define Port Ludlow.</th>
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<td>Alarm or Incomplete 911 Call</td>
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<td>Violation of Contact</td>
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Let’s keep our neighborhoods safe: please contact the Sheriff’s Office if you notice any suspicious activity and always call 9-1-1 for an emergency!

Give Blood this January

There will be a blood drive on Monday, January 13. The place has changed due to the on-going church remodel. It will take place in a mobile unit at the Beach Club parking lot. The drive is from 9:00 a.m. to 3:00 p.m.; closed 11:00 a.m. to noon for lunch. Appointments can be made by calling 1-800-398-7888.
Community Meetings

Dine and Discover

Dine and Discover will meet at the Bay Club on **Tuesday, January 7** instead of Monday as previously scheduled, due to a conflict.

Ben Napheys will speak on the Civil War. He has become very knowledgeable about the history of the Civil War and feels that the events of 150 years ago still have relevance today. He subtitles his talk, “The Successful Persistence in Achieving a Goal by Principled Use of Flexible Means.”

There may still be time to sign up at the Bay Club for Mr. Napheys talk. If you have questions, wish to cancel or be put on the wait list, call Michael or Hilda Cahn at 437-8223.

On **Monday February 3**, again at the Bay Club, Dean Morgan and Adele Govert will share their experiences walking the El Camino de Santiago in Spain. In the spring of 2013, they walked 500 miles on the route of an ancient pilgrimage that is the subject of the recent film, *The Way*, starring Martin Sheen. We will see maps and photos of their walk from France, across the Pyrenees to the city of Santiago. They will discuss the history of El Camino and some of the people they met on their walk. They will also show some of the places they visited and the art, fauna and flora, food and wine they enjoyed along “the way.” This is an opportunity to share in an unusual journey; there will be plenty of time for questions.

Sign up for the February event at the Bay Club and indicate your preference of a potluck dish for ten.

Doors open at 5:30 p.m. for all Dine and Discover events. Remember your potluck dish for 10 and $2 per person, as well your place setting including placemat, dishes, glass, utensils, napkin, and your favorite beverage.

First (Second) Wednesday Luncheon

Our First Wednesday lunch will actually be on **Wednesday, January 8**, 11:00 a.m., at the Bay Club because of New Year’s Day. We meet at the Bay Club due to the kitchen update project at the Beach Club. So please join us for our annual Brown Bag (bring your own lunch) and Bingo, for a fun and casual afternoon as we relax after the hustle and bustle of the holiday season. Bingo cards will be $1 each, or six for $5, with a prize for every game. For even more fun, we are going to have a “funniest hat contest.” Wear one if you’d like to join in the competition. Dessert will be provided by our board. Sign up at the Beach Club or Bay Club by **Monday, January 6**. After that, contact Fran Bodman at 437-5110.

What a festive time we had at our December lunch; the tables were beautifully decorated by the food committee. The volunteer committee served us a delicious chicken salad and yummy holiday cake. We were entertained by piano teacher Kathie Sharp and eight of her talented students. A little humor was provided as Ned Luce interviewed the students in a remake of *Kids Say the Darndest Things*. We had a very successful drawing for gift baskets prepared by Joanne Racki and Sharon Draper, raising even more money for the Food Bank. A very special thank you to all those who helped us kick off the holiday season with such joy.

Our donations to the Tri Area Food Bank have been outstanding this season. Let’s keep it up. Bring your donations of food and toiletries or cash or checks with you to the Bay Club in January. Remember, there are boxes at both the Beach Club and Bay Club for food which is taken to the Tri Area Food Bank on a regular basis.

Port Ludlow Garden Club

Mark your calendars. For this month only, the Garden Club will meet at 10:00 a.m., **Wednesday, January 8**, at the Bay Club.

Treats will be served with coffee and tea as we elect new officers, discuss 2014 upcoming events and collect annual Garden Club dues of $20.

Following the one hour business meeting, we’re invited to join in the fun with the First Wednesday Lunch group. Carpool with friends, arrive early and bring your brown bag lunch.

For more information, please call Mari Stuart, 302-0067 or Rita Clark, 437-9104.
Monthly Footcare Clinic

Beginning Wednesday, January 15 at the Bay Club, Darcy Hansted (BSN, RN, Certified Footcare Nurse) will offer a footcare clinic every four weeks from 8:30 a.m. to 4:00 p.m. Check the Voice calendar each month for the clinic date.

The 30 to 45 minute appointments will include foot and nail assessment, care and teaching for adults including those with special needs, diabetes, neuropathy, fungal nails, callus, corns, and pain.

Fees per appointment are $35 for SBCA members and $37 for non-members. Payment is made directly to Darcy Hansted. To schedule an appointment, please contact Darcy in advance at 775-5834, or hanstedfootcare@gmail.com.

Out to Lunch on Bainbridge Island

Community Enrichment Alliance (CEA) plans monthly luncheons for the entire community’s enjoyment. It’s a great way to make new friends and discover new restaurant favorites.

For our first Out to Lunch Bunch of 2014, we will head to Casa Rojas Restaurant on Bainbridge Island at noon on Thursday, January 16. The restaurant is located at 403 Madison Avenue N., Suite 100 between Henshaw Place and Madrona Way. We will be ordering from their extensive menu and separate checks will be provided. Their menu can be found online at casarojasrestaurant.com. Don’t forget all the quaint shops just around the corner along Winslow Way – there just may be some enticing after-holiday sales.

Sign up at either the Bay or the Beach clubs or by calling Ginger at 437-8059. Reservation deadline is Monday, January 13.

Stamping and Paper Arts

The start of a new year brings with it the start of more new and creative ways to make beautiful cards. We will be meeting at the Beach Club on the fourth Wednesday, January 22 at 10:00 a.m. Barbara Emerson and Barbara McCaughin have yet another new technique to demonstrate called Triple Time Stamping. You’ll be asking yourselves, “How do they do that?” It’s a card that looks time consuming and difficult, but is actually very easy and quick to make. Stamping all 3 layers of cardstock at one time is the trick and it’s a card that you’ll want to make over and over again. Join us for the beginning of another fun and creative year.

Bring the “show ‘n tell” items you’ve received since we last met, along with gently used rubber stamps and supplies donated for others to purchase at a reduced price. Proceeds from these sales are used for postage for our ongoing Cards for the Troops project.

What a joy to report that 4,970 cards have been boxed up and delivered to our dispatcher, Oregon Coast Avid Stampers (ORCAS) in Lincoln City, OR during 2013, exceeding last year’s total by 600. Handmade cards from our group totaled 420. The cards will be put into small packets and sent out in Operation Care packages to our troops overseas. Thank you Port Ludlow for your continued support.

The Big Shot/Die Cut machine meetings will not be held on a regular monthly basis; but rather quarterly, or when the need or desire presents itself. Any questions, please call Barbara Emerson at 437-7800.

Soup’s On at the Artists’ League

The best way to spend a chilly afternoon is with a bowl of soup and a little stay-inside creative project; add to that a mix of good friends and artists, and voilà!—what could be better? The Port Ludlow Artists’ League traditional meeting for January is a crockpot of hot, homemade soup along with little creative bursts on note cards. Barring heavy snow, the League members will be meeting at the Bay Club, making original cards for their Sunshine Committee as well as cards to be sent to our armed forces serving outside the country. Having a special card to send back to loved ones creates a lot of joy for both giver and recipient.

So, all you artists out there, brave the cold, bring your favorite paints, colored pencils or paper and glue, and be prepared to add color to the blank cardstock provided by the League. Start your new 2014 calendars with the meeting on Wednesday, January 15, from 1:00 to 3:00 p.m. at the Bay Club. Guests are welcome to attend this monthly meeting, joining in the fun and social time. A guest fee of $5 may be paid for an individual meeting, or dues of $30 will provide a year of inspiring programs for art lovers and artists of all levels. More information can be obtained by contacting League President Judy Danberg at 437-0342 or at shortline@cablespeed.com.
Port Ludlow Book Club

The Book Club will usher in the New Year on Tuesday, January 14 at 6:30 p.m. at the Bay Club with an outstanding book by acclaimed author, Lisa See. *Dreams of Joy* is a powerful novel that is a follow-up to her sensational book, *Shanghai Girls*, which introduced us to the story of sisters Pearl and May, who left the torments of their life in China and worked hard for a better life in the United States. That book ended with Pearl’s strong-willed nineteen-year old daughter, Joy, running away to Shanghai in early 1957 to find her birth father.

Now we discover that Joy is charmed by the New Society of Red China, but unaware of the dangers in the Communist Regime and the potential for jeopardizing her safety. Her mother follows, terrified for her daughter, and follows Joy’s journey from huge, pulsating cities to remote villages. Pearl confronts old demons and challenging difficulties, plus life-threatening circumstances in her quest to reconcile with her daughter.

The book selection for February is *Animals in Translation* by Temple Grandin. Everyone is welcome. For questions, please call Martha Dawson at 437-4167.

Cartooning Workshop

On Saturday, January 18 from 11:00 a.m. to 3:00 p.m., the South Bay Community Association is sponsoring “Cartooniversity” at the Bay Club. This class, for ages 9-14 years, is limited to a minimum enrollment of 10 and a maximum of 20.

Join Seattle-area editorial cartoonist Jeff Johnson in this action-packed, hands-on cartooning workshop. You’ll work with a pro and learn expressions, exaggeration, directional views, motion/movement/action, backgrounds and many other ways to improve your cartooning skills. Develop your own characters (human, animal, alien, object, etc.) using your own style in a positive, encouraging classroom environment. You’ll also work on fun, challenging projects like flip-book animation, character profiles, cartoon puzzles, exaggerated cereal box covers and more.

All experience levels are welcome. Bring a snack or sack lunch, a good attitude and your sense of humor; all other materials provided. Come join the fun!

To register, sign up at the Bay Club in person or by calling 437-2208. The fee is $45 for members and $50 for non-members.
Port Ludlow Village Council

Port Ludlow Village Council Report

by Beverly Browne, Voice Managing Editor/Reporter

President Terry Umbreit called the December 5 meeting of the Port Ludlow Village Council (PLVC) to order at 3:00 p.m. at the Bay Club. Other council members present were Dave Armitage, Bob Grant, Rose Hablutzel-Jackson, Ed Knodle, Linda Haskin, Tamra McDearmid, Larry Nobles, and Elizabeth Van Zonneveld. Bob Grant recorded minutes in the absence of Vicki Tallerico. The meeting was recorded for accuracy.

Larry Nobles announced that the Christmas lights have been installed on the trees in the Village Center by Port Ludlow Fire and Rescue. Some of the lights were replaced this year.

Community Reports

Jefferson County Department of Community Development: David Wayne Johnson, lead planner and liaison for the Master Planned Resort (MPR), reported on an environmental protection grant to study low-impact techniques for improving the watershed and environmental conditions for salmon, particularly in Snow and Chimacum Creeks. The county knows that retaining natural vegetation and reducing impervious surfaces will have a positive effect on habitat. The county is rewriting the storm water code and will be opening a new service center. The grant provides for workshops on storm water management.

Johnson reported that the county has deemed the use of tennis courts for playing pickleball is inappropriate. Johnson said that the decision was in response to a resident’s complaint. An appeal of the code interpretation is on-going. He said that studies to investigate whether noise levels exceeded allowable limits had not been done.

Asked to provide an update on the “pit to pier” project, Johnson said that a letter on scoping had been issued and the county is completing the Environmental Impact Statement (EIS). The Navy is waiting for the draft EIS before commenting on the project. The Army Core of Engineers and the Navy are primarily responsible for the safety of the Hood Canal Bridge according to Johnson.

Port Ludlow Associates (PLA): President Diana Smeland reported that the Department of Transportation (DOT) has established that the Hood Canal Bridge will not open for marine traffic during the hours of 6:30 to 9:30 a.m. to accommodate commuters. She hoped that similar hours will be established for late afternoon travel.

The Ludlow Cove project is progressing. A gate into the area has been moved to facilitate the beginning of the project and the process of permitting has been started.

The water system plan will be submitted to the Department of Ecology for approval. The plan is available on-line. An Olympic Water and Sewer surcharge on rate-payers for well contamination clean-up is planned. Smeland also announced events occurring at the Resort, including the layoffs of seasonal employees.

Council Business and Committee Reports

Minutes: The council approved the minutes of the October and November meetings. Contents of the minutes were discussed. Larry Nobles opined that the minutes should only include official actions. Other statements should be appended.

Financial Report: Linda Haskin reported on the current and projected financial status of the PLVC. Donations this month will be in the neighborhood of $200. The largest bill received was $600 for storage. Total expenditures for the month were $1278. Year to date expenditures totaled $12,618; income has been $8,720.

Haskin’s forecasts indicate that the PLVC must develop a fund-raising campaign which should include putting out a new phone directory for the community. She estimates that advertising sales would bring in $14,000. Based on last year’s sales, sale of directories could generate about $6,000. The other option to reverse the financial trend would involve reducing the funding of important programs such as Disaster Preparedness, Wellness, and Trails. There are no plans to resurrect the Friday Market.

continued on next page
PLVC continued from previous page

Disaster Preparedness: Chairman David Aho distributed the pamphlet, *Prepare for a Year*, to the Council. The committee plans to distribute information about ways the community can prepare for an extended period of isolation. It is planning four informational seminars on actions the public can take to be prepared and how to contact persons outside of the geographical area.

Some specific tasks being addressed include: making the process more efficient, upgrading the ham radio operation, performing earthquake, forest fire, and tsunami drills, putting information on CDs, and talking to the clubs about contingencies. The committee will also hold a CERT training event. Communication efforts include using the Boy Scouts to hand out literature, improving the website and increasing the use of the *Port Ludlow Voice*.

Aho also promoted subscribing to Nixle to send messages when phones are not available. Because boats might also be used as shelter, representatives will try to involve the Yacht Club. A last strategy is to “map the neighborhoods” by identifying persons with critical skills or tools.

Utility Committee: Elizabeth Van Zonneveld said that Larry Smith (OWSI) confirmed that Pope Resource and PLA have reached an agreement about the reparation of the contaminated well off Walker Way. The plan is to use a surcharge on rate payers to help fund the project. Pope Resources and PLA would be responsible for the rest of the costs. The surcharge is estimated to collect $155,000 over three years. The committee did not ask for actions at the current time.

Trails and Natural Resources: Doug Huber requested the Council’s approval to submit a trail expansion/improvement plan to the Department of Natural Resources. The proposal involves using cleared forest roads for bikers. The committee is seeking PLVC approval as well. Issues cited were multiple use status, legal liability, and the number of trails already in existence. Action was postponed to allow consulting legal experts. It will be considered in a workshop.

Announcements: The dates of future meetings are displayed in the box at the top of the page. Other information about the PLVC and copies of the official minutes are on the PLVC website, plvc.org. All meetings of the Council are open to the public. Your attendance is encouraged.

Are you Prepared?
by David Aho, Disaster Preparedness Committee Chair

It is two o’clock in the morning on a Sunday in December in Port Ludlow. It is raining outside and the wind is blowing sufficiently to break off small branches. The tide is rising. You suddenly feel the earth moving. There is an earthquake on Admiralty Inlet and Eastern Jefferson County, Kitsap County and Whidbey Island are affected.

The power lines are down. Water and sewer lines are broken. Multiple trees are down on your street and throughout the community. Oak Bay Road is blocked between the fire station and Port Hadlock. Paradise Bay Road is blocked between Teal Lake and South Bay Club due to arcing power lines at South Bay Lane. Sparks are flying on Oak Bay and Paradise Bay Roads.

Some fires are burning in multiple homes with propane and wood stoves in North Bay and Ludlow Bay Road. Structural damage is widespread. Roads are impassable and damage is evident with huge cracking and mud slides.

If this happens, will you be ready? Can you shelter in your home for 7-10 days with food and water? Whom do you contact? How can someone contact you? Where do you go? How do you get there? Can you open your garage door without power? What do you do if you cannot flush your toilet? The community will be on its own.

The Port Ludlow Village Council (PLVC) Disaster Preparedness Committee will hold a series of educational seminars and exercises in *February, May, August, and November 2014* to address these issues. Block captains radio drills will follow each session. If you have questions about the programs, contact David Aho at daho@cablespeed.com.

What can you do today? To receive emergency text messages from the Jefferson County Emergency Operations Center, go to the website www.jeffcooeoc.org and sign up for Nixle. For additional information about the committee, review the monthly *Voice* articles or go to the *PLVC.org* website. Select Committees, and then select, Disaster Preparedness Committee.
Village Activities Calendar

Most events are open to everyone in the community unless members-only is indicated, or unless obviously for special-interest groups

January

Wed., January 1
Beach Club is closed today
Bay Club opens at noon today

Thurs., January 2
9:00 a.m. – noon, Bayview Board meeting (members), Bay Club
3:00 – 5:00 p.m., PLVC General meeting, Beach Club

Fri., January 3
9:30 – 11:00 a.m., SBCA Board meeting (members), Bay Club

Mon., January 6
9:30 – 11:00 a.m., LOA meeting (members), Beach Club
10:30 – noon, PLDL Office SIG, Bay Club
3:00 – 5:00 p.m., Timberton Board meeting (members), Bay Club
4:00 – 5:00 p.m., WALI 3, Bay Club

Tues., January 7
10:00 a.m. – noon, CEA meeting, Inn At Port Ludlow
Noon – 5:00 p.m., PLUSH Investment meeting, Bay Club
5:30 – 8:00 p.m., Dine and Discover, Bay Club

Wed., January 8
10:00 – 10:30 a.m., Garden Club Brown-bag Luncheon, Bay Club
11:00 a.m. – 1:00 p.m., First Wednesday Luncheon, Bay Club
3:00 – 5:00 p.m., CEA Live and Learn Lecture Series, Bay Club
7:00 – 9:00 p.m., USCG General meeting, Fire Station

Thurs., January 9
10:00 a.m. – noon, Drainage Committee, Beach Club
Noon – 5:00 p.m., Hands on Clay, Bay Club

Fri., January 10
8:30 a.m., Hiking Club leaves for Winslow trails, Bridge Deck
9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club
10:00 a.m. – noon, Inner Harbor Board meeting (members), Bay Club
5:30 – 7:30 p.m., SBCA Monthly Social (members), Bay Club

Sat., January 11
10:00 a.m. – noon, North Bay Condo II meeting (members), Beach Club
1:30 – 3:30 p.m., North Bay Condo I meeting (members), Beach Club

Mon., January 13
9:00 a.m. – 3:00 p.m., Blood Drive, Beach Club
3:30 – 5:30 p.m., MGA Board meeting, Bay Club

Tues., January 14
9:30 – 11:00 a.m., Long Range planning, Bay Club
6:30 p.m., Readers’ Theater, call for location, 437-2861
6:30 – 8:00 p.m., Book Club, Bay Club

Wed., January 15
8:30 a.m. – 4:00 p.m., Footcare clinic, Bay Club
1:00 – 3:00 p.m., Artists League meeting, Bay Club
3:00 – 5:00 p.m., CEA Live and Learn Lecture Series, Bay Club
5:00 – 7:00 p.m., Timberton Special meeting (members), Bay Club

Thurs., January 16
Noon, CEA Out to Lunch at Casa Rojas Restaurant, Bainbridge Island
1:00 – 4:00 p.m., LMC Board meeting, Beach Club

Fri., January 17
9:30 – 11:00 a.m., ARC Review Committee, Bay Club

Sat., January 18
11:00 a.m. – 3:00 p.m., Cartooniversity, Bay Club

Mon., January 20
6:00 – 7:30 p.m., PLDL Mac SIG, Bay Club

Tues., January 21
1:00 – 3:00 p.m., Fly Fisher general meeting, Bay Club
2:00 – 3:30 p.m., Finance Committee meeting, Bay Club
3:00 – 5:00 p.m., PLVC Workshop, Beach Club

Wed., January 22
10:00 a.m. – noon, Stamp and Paper Arts, Beach Club
3:00 – 5:00 p.m., CEA Live and Learn Lecture Series, Bay Club

Thurs., January 23
Noon – 8:00 p.m., Hands on Clay, Bay Club

Fri., January 24
9:00 a.m. – 3:00 p.m., Hands on Clay, Bay Club

Mon., January 27
10:00 a.m. – noon, PLDL Photo SIG, Bay Club
6:00 – 8:00 p.m., PLDL Women’s’ Workshop, Bay Club

Tues., January 28
9:30 – 11:00 a.m., Facilities meeting, Bay Club

Wed., January 29
9:00 a.m. – 1:00 p.m., AARP Drivers Class, Beach Club
3:00 – 5:00 p.m., CEA Live and Learn Lecture Series, Bay Club

Fri., January 31
9:00 a.m. – 1:00 p.m., AARP Drivers Class, Beach Club
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Beach Club/ North Bay Bay News

LMC November Board Meeting Highlights
by Vaughn Bradshaw, LMC Secretary

The monthly business meeting of the Ludlow Maintenance Commission (LMC) Board of Trustees was held November 21 at the Beach Club. The following are highlights of that meeting:

Mike Nilssen was approved as a new member of the Finance Committee.

The following were approved as members of the Elections Service Committee: Gene Carmody, Sharon and Vic Draper, Bill Hansen, Peggy Manspeaker, Monica Brown, and Kim Bond as the committee’s ex officio member. Trustees Vaughn Bradshaw and Mari Stuart are the Trustee Representatives, and General Manager Brian Belmont is the Chair.

The Elections Service Committee has begun looking at developing a process for secret balloting to be in place by the Saturday, April 19 annual meeting. A voting procedure similar to that of Jefferson County is under consideration. The main difference would be that the LMC needs to be able to verify that a member is either present at the member meeting or is represented by a proxy who is present.

The following were approved as members of the Ad Hoc Kitchen Committee: BJ Luce, Elizabeth Van Zonneveld, Jami Bima, Sharon Draper, Kathy Larkin, Fran Bodman, Marilyn Durand, Joanne Racki, Geri Goudie, Terri Ross, Kim Bond (ex officio), Sue Milner, Monica Brown, Bev Nelson, Shelia Brunstad, Karen Hills, Judy Newell, Claudia Wicks, Wendy Chesney, Ann Hotz, Shelly O’Brien, Frank Fischer and Brian Belmont. Trustees Rose Hablutzel-Jackson and Mari Stuart are the Trustee Representatives, and Jeanne Joseph is the Chair.

The transmission recently went out on the LMC’s nine-year-old Husqvarna riding lawn mower. Repair would be about two-thirds of the cost to buy a new one. The decision was made to replace the mower in 2014 instead of 2015 as previously planned. A rented lawn mower will be used in the meantime.

Chad Patterson has been hired as a new part-time employee.

The next regular business meeting of the LMC Board of Trustees was held Tuesday, December 19. The meeting after that is scheduled for 1:00 p.m. Thursday, January 16.

President’s Perspective
by Rose Hablutzel/Jackson, LMC President

There’s nothing like a brisk, cold wind to make one step up the pace. The holidays entered with weather that challenged the best to dare go out in the cold to shop. The number of shoppers dropped, which allowed a slower and more leisurely stroll through the maze of shops in the mall. The New Year is here and the holiday season is over. More serious issues come to the forefront as Port Ludlow Village prepares for another year of challenges.

There is beauty in Port Ludlow for all to share. Some of the factors influencing people to buy property here are the advantages of living by the beautiful golf course, the marina, the trails, trees and view lots, the resort ambiance and the quiet village atmosphere. I’m sure there are many other reasons, but these are a good start.

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Perspective continued from previous page

We have the opportunity to further beautify our surroundings when it comes to landscaping our properties. I have learned there are slide areas and pooling areas where water collects during storms. Each presents its own factors to consider. Informational gatherings are held throughout the community to help property owners become more aware of which landscaping practices promote the prevention of erosion and slippage of soil. The future impact on neighboring landscapes is an important factor to consider when planting or rearranging the landscape of one’s home.

Another important fact in the equation is the importance of knowing and understanding what a natural disaster might do to you. A disaster is anything that brings your capability to maneuver with freedom to a total standstill. Are you really ready for the high probability of extreme inconvenience, or worse, when nature’s forces keep you from obtaining help? Trees fall, forest fires happen, electricity goes out—for how long? This community has opportunities available to become informed. Here’s to preparing for the future as a community by having each neighbor know the neighborhood contacts that will enable an effective response in an emergency. Hopefully, your interest will promote the concept of being a good neighbor!

Nominations for the “Big John” Award

by Brian Belmont, LMC General Manager

The late John Van Zonneveld was a man who often volunteered in our community and was a very noticeable presence with his energy, size and ideas. John was quick to meet people and share his thoughts, concerns and ideas. John began volunteering at a young age in Holland during World War II and members of his family and several friends were involved with Dutch resistance efforts. John continued volunteering for the rest of his life.

Following John’s death, former Ludlow Maintenance Commission (LMC) Trustee Jim Boyer suggested a Big John Award be presented each year to a member of our community who exemplifies the spirit of volunteerism. The LMC Board of Trustees agreed with Trustee Boyer’s idea and the Big John Award was established.

The first Big John Award was presented to LMC member Peggy Schafran in 2010 and since then, Ian Feltham, Diane Campo, and Larry Scott have been recipients.

In conjunction with the LMC Annual Member Meeting in April 2014, the Board of Trustees will be presenting the Big John Award for exceptional volunteerism in service to the community. This award commemorates John’s commitment to the Port Ludlow community and recognizes those who share that value. Nominations are open to North Bay residents and should be delivered to the LMC Board by Friday, February 28. Written nominations will be sought through articles in this publication of the Voice and the winter issue of the LMC Navigator. For further information, contact the Beach Club at 437-9201 or by email at beachclub@olympus.net.

This award may be presented each year, the recipient of which may or may not be an LMC member, for outstanding and dedicated volunteer service to the North Bay community. The intent of this award is to recognize exceptional volunteerism.

The LMC Board will consider prospects each year at its March meeting. The annual recipient will be determined by a majority vote of the board. Current board members are ineligible.

The recognition is in the form of a certificate, placement of the honoree’s name on a brass plate attached to the John Van Zonneveld Big John Award plaque in the Beach Club, presentation at the annual meeting of members and publication in the Voice and Navigator.

North Bay Potlucks News

Due to the kitchen remodeling project, which is expected to be in full swing during January, the annual Chili Cook-Off will be rescheduled for this coming spring.

The next potluck event will be Saturday, February 15 and will include the annual talent show. This evening is always fun, with surprising displays of talent—maybe this year one of the talents will be you.

Nancy Bonderson organized last year’s musical extravaganza and will begin rehearsals in January for a new musical number for this year’s show. Mark your calendar for this event, because you won’t want to miss it.

For more information, to volunteer to help, be in the talent show or join Nancy Bonderson’s group, please contact Fran Bodman at 437-5110 or franbodman@cablespeed.com.

Welcome North Bay Neighbors

David and Sandra Rothwell
Robert and Carla Wall

Rainier Lane
Ames Lane
Bay Club/South Bay News

Submit articles to Judy Thomas, 437-7906, Bay Club Editor., by e-mail at judythomas2@yahoo.com
Janet Force, 437-0419, ludlow4c@gmail.com is the SBCA Editor.

Denotes Bay Club members-only activity.

SBCA Meeting Highlights
by Jerry Conover, SBCA Board Vice President

The South Bay Community Association (SBCA) meets the first Friday of each month. All SBCA members are invited to attend. This is the monthly forum for growth and activities in your community, conducted at the Bay Club by your elected board members. Minutes of each meeting may be found on our website at plsbcac.org.

President Ed Knodle called the meeting to order December 6, 2013, at 9:30 a.m. Knodle reminded attendees and board members that proper conduct and decorum is to be observed in a meeting protocol. The meeting had fourteen members attending besides the board members. The secretary reported we had a quorum.

First order of business was the announcement that John Walker was available for reinstatement as an active board member. A motion was made, seconded and passed to welcome and include John as a board member. The minutes of the previous meeting on November 1, 2013 were approved, with Kay Cathcart abstaining.

Operations Report: Jeremy Bubnick informed the board that the spa work is finished, including the replacement of the sand filters and the installation of a booster pump. Jeremy has collected estimates for the parking lot maintenance. The Club’s fire extinguishers will be inspected, charged and warranted by our Port Ludlow Fire Department officials. Safety and security has been addressed by our membership and Jeremy recommends a reserved parking space for opening and closing staff for their safety, an improved portable panic button and adjusting the SBCA policy for private nonmember late night events.

Financial Report: Kay Cathcart read the treasurer’s report and has forwarded the balance sheet to be included as an attachment to the minutes on the SBCA website.

Correspondence: Jerry Conover, acting Secretary, read a letter from Sherry Robinson. She has resigned from her position as Chairman of the Long Range Planning Committee. As Knodle noted, Robinson shaped and pointed SBCA forward, ensuring a quality of life in our community we would be without had it not been for her leadership. Thank you, Sherry.

Conover reported that we received correspondence commenting on the Timberton Phase 2 lawsuit. None favored the action. In response to a letter from the plaintiff requesting our position, Knodle reminded the assembly that we are not attorneys and we are seeking direction from the attorney assigned to our particular issue.

Committee Reports
Architectural Review Committee (ARC): Harlan Whitten spoke of the receipt of applications and approval. Harlan felt mediation may help resolve an issue of view maintenance of a common tract area, important to Woodridge Village, Teal Lake Village and Olympic Terrace Village.

Facilities: Diane Ridgley is tabulating results of extended hours of operation and feels more community input would be helpful.

Human Resources: Knodle and Bubnick are coordinating the health care package and the Christmas bonus proposal approval.

Port Ludlow Village Council (PLVC): Single-family homes are proposed for the Ludlow Bay area, and the Farmers Market is to be discontinued due to lack of vendor and community interest.

Unfinished Business: Goals for this year are to be massaged into a “to be” scheduled workshop.

Tennis Court, Pool Repair and Dry Rot containment: Received approval votes from the board.

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SBCA Board Meeting continued from previous page

Member Assessment Receivable Procedures and Policy Guidelines: The motion was withdrawn for further study. An attachment to the minutes will have more information.

2014 Reserve Study Updates: A motion was seconded and passed to award Association Reserves, a company in Federal Way, WA to provide SBCA with a site visit as they complete a reserve study and analysis.

New Business: Larry Scott reported the trails projects were completed for 2013 and requested the annual contribution of $1,000 be approved. The motion was seconded and approved.

The next meeting is scheduled for Friday, January 3, 2014.

South Bay Members’ Social

On Friday, January 10 at 5:30 p.m., our members will gather for our first hosted social of 2014. You furnish the nibbles to go with provided beverages, and lets all relax with our friends and neighbors.

New Members in South Bay

Please welcome:
Robert and Cheryl Decker  Associate
Dennis and Leilani Wilds  Associate
Dinko and Ruzarija Zampera
Nance Johnson
Christina King-Talley
Steve and Nicole Frenzl
Louis and Vicki Kasing
Steve & Victoria Harrison

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Steve & Victoria Harrison

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We put our money where our heart is: the community.
Port Ludlow Associates

Developer News
by Diana Smeland, Port Ludlow Associates, President

Personnel Update: This month we are happy to announce that William “Bill” Couch has accepted the role of Dock Master down at the marina. Bill will oversee all of the dock attendants and be responsible for the repairs and maintenance of the marina. He has worked part-time as a seasonal dock attendant since May of this year; however, with his extensive knowledge of Puget Sound boating waterways, his ability to connect with guests, and his experience within the electrical industry, Bill was an ideal choice for the position.

Bill is a long-time Pacific Northwest resident and for many years he worked for the City of Seattle as the Director of Bridge Maintenance. He also worked as part of the team that completed and accepted the electrical work on the Hood Canal Bridge for the Washington State Department of Transportation. While living on Bainbridge Island and in Port Gamble through the years, Bill often found himself boating to Port Ludlow and eventually decided to make it home. I hope you will stop by the docks one of these days to congratulate him on his new position at the marina.

In addition to Bill’s new position, we are also excited to share Kori Ward’s promotion from Marina Manager to Marina Director. Kori began working at the Port Ludlow Marina over 21 years ago as a seasonal dockhand. She was promoted to Dock Master following her seasonal employment and after almost ten years, Kori became Marina Manager. She has held the position of Marina Manager for an additional ten years and has become a true leader within our organization and the community.

Community Information: Thank you to those of you who donated to our Holiday Food Drive this year. On December 15, we collected an overwhelming amount of food and delivered it to the Bremerton Foodline in Kitsap County and the Jefferson County Food Bank Association located in Port Hadlock. Your donations made such a difference to so many of our neighbors. Also, a very big “thank you” for those of you who participated in The Inn’s giving tree last month. Your donations of unwrapped presents went to a number of children in need this holiday season.

Share Your Favorite Port Ludlow Memory: Happy New Year! In an effort to showcase the best of what Port Ludlow is about to our community, resort guests, and prospective residents, our Marketing Department is featuring a contest on the resort Facebook page encouraging everyone who lives here or who has visited to share their favorite Port Ludlow memory.

If you are on Facebook, we hope you will share your own favorite memory for a chance to win two free tickets to our Obelisco Estates winemaker dinner at The Inn on Friday, January 17. Simply post your Port Ludlow memory to the resort Facebook page at facebook.com/portludlow and add the hashtag, #ludlowmemories, to the end of it to be entered to win. The more “likes” or “shares” that your memory receives, the better your chances of winning. You are welcome to enter the contest as many times as you like, with different memories as well. The winner will be announced on the Facebook page on Tuesday, January 14.

I look forward to reading each of your favorite memories of Port Ludlow and to sharing those memories with the rest of the world. Let me know your thoughts on Port Ludlow. My direct line is 437-8342 and my e-mail address is dsmeland@portludlowassociates.com.
Save The Dates

January 12 ~ Niblicks Cafe Dinner Social
January 17 ~ Winemaker Dinner at The Fireside
January 18 ~ New Year’s Stableford Golf Tournament
January 21 ~ Afternoon Tea at The Fireside
Jan. 24 - Feb. 2 ~ Seattle Boat Show

Enjoy Happy Hour at The Fireside, EVERY day from 4pm-6pm

Please visit www.PortLudlowResort.com for additional information

WIN TWO FREE TICKETS to The Obelisco Estate winemaker dinner.
Simply share your favorite Port Ludlow memory on The Resort’s Facebook page: www.facebook.com/portludlow before January 13th for a chance to win.

The more likes your memory gets, the better your chances of winning!
(Be sure to add #ludlowmemories to your post so we can track the entries.)

Winner to be selected by a panel of judges employed by Port Ludlow Associates.
Winning memory will be featured in a post on January 14th to our social media accounts --it is the winners responsibility to contact us to collect their prize. Winemaker dinner is on January 17.
Regional News

This Month on the Peninsula

Gateway Visitor Center: Route 19, open 9:00 a.m. to 5:00 p.m. Memorial through Labor Day. After Labor Day, open 10:00 a.m. to 4:00 p.m. For information or to volunteer, call 437-0120 or visit gatewayvcr@olympus.net.

New Years Eve Cruise: To Protection Island, December 31. Sponsored by the Port Townsend Marine Science Center, 800-566-3932, ptmsc.org.

Northwest Maritime Center: Wooden Boat Chandlery, 431 Water Street. Tours available, 2:00 p.m. on Friday, Saturday and Sunday. Call 385-3628.

Parks: Fort Flagler, Marrowstone Island, beach access, hiking, WWII defenses; Fort Worden, Port Townsend, beach access, lighthouse, museums, Centrum; H.J. Carroll, Port Hadlock, playing fields.

Polar Bear Dip: January 1, 12 noon, Nordland, 385-0777.

Port Townsend Aero Museum: Jefferson County International Airport, 195 Airport Road, 9:00 a.m. to 4:00 p.m. Admission fee.

Quilcene Fish Hatchery: 281 Fish Hatchery Road, Quilcene, 10:00 a.m. to 4:00 p.m., call 765-3334.

Jefferson Healthcare Leading Patient Engagement

Jefferson Healthcare Chief Nurse Executive Joyce Cardinal, Center for Medicaid/Medicare Services (CMS), has been a champion for improving Jefferson Healthcare’s patient care experience and quality measures. Jefferson Healthcare’s teamwork is being recognized by Washington State Hospital Association as one of the leaders in the state for patient engagement. Partnership for Patients and the Patient and Family Engagement initiative is quality based improvement from CMS.

Washington State Hospital Association has asked Ms. Cardinal to tell the story about the strong program at Jefferson Healthcare and what other hospitals can learn from their patient engagement implementation. Cardinal says it is a combination of many programs that focus on positive outcomes being put into action. These programs include:

• Providing strong social worker case management that includes clear discharge instructions.
• Having a swing bed unit where the patients can stay after hospitalization and work daily with physical therapists on strengthening their condition before discharge.
• Giving patients and their families a journal in which to write questions and observations about their hospital stay and care. These observations and questions are then part of the daily conversations with the health care team. By having a journal, patients and their families are encouraged to gather information on procedures, diagnoses, expectations, discharge instructions, medications or anything else that may take place during their stay in the hospital.
• Conducting follow-up phone calls by the Emergency Department (ED) staff to patients that have come through the Emergency Room for treatment. Jefferson Healthcare ED staff speak with patients about the care they received, questions they may have and encourage follow-up appointments or treatments when recommended by the ED physicians. The goal is to reach 100% of all patients.
• Launching the Patient and Family Advisory Council. This council will have five community members who will provide another level to the patient’s perspective on programs and processes to Jefferson Healthcare staff and providers.

All these programs provide Jefferson Healthcare with a wealth of information on what they are doing well and where improvements can be made. Each one by itself is important, but it is the strength of the overall set of programs that truly gives the healthcare teams the well-formed insights on the patient care experience.

Jefferson Healthcare (Jefferson County Public Hospital District No. 2) is the primary healthcare provider for the more than 29,000 residents of eastern Jefferson County on the Olympic Peninsula. Located in Port Townsend, the 25-bed critical access hospital provides a comprehensive array of services, including top rated surgical services, full service orthopedic clinic, acute and emergency care, oncology and infusion services, advanced diagnostic imaging, a Baby Friendly Family Birth Center, physical therapy and rehabilitation, Coumadin clinic, and sleep medicine services. In addition, Jefferson Healthcare operates eight primary care clinics, including ones in Port Ludlow and in Quilcene, as well as a home health and hospice agency.

For more information, visit jeffersonhealthcare.org.
SMP Finally Adopted by County Commissioners

The Board of County Commissioners took formal action regarding the new SMP and its supporting documents this last month. The next step will be to forward the SMP to Ecology for final adoption. If passed, it is anticipated that the new program will be in effect by mid-January.

According to Michelle McConnell, this has been a long and collaborative project for the community that involved many people, submitted comments, and public hearings. The result is an updated Shoreline Master Program that is robust and flexible, rooted in current science, reflective of local values, and better able to address the diversity of our approximate 500 miles of lake, river, and saltwater shorelines under SMP jurisdiction.

The SMP has not been without criticism. However, the developers believe it provides a much-improved toolbox for allowing appropriate waterfront development in balance with our fragile natural resources. A large sticking point was the issue of net pens. The adopted plan restricts net pens to specified locations which include Strait of Juan de Fuca, Glenn Cove, Mats Mats and Port Ludlow Bay.

JHC Diabetes Education Program Merits ADA Recognition

The prestigious American Diabetes Association (ADA) Education Recognition Certificate for a quality diabetes self management education program was again awarded to Jefferson Healthcare this December, 2013. Jefferson Healthcare has received this recognition since 2000. Diabetes Self Management Education is part of Jefferson Healthcare’s Wellness Programs and offers high quality education that is an essential component of effective diabetes treatment.

The ADA’s Education Recognition Certificate assures that the education program meets the national standards for the Diabetes Self-Management Education Program. These standards were developed and tested under the auspices of the National Diabetes Advisory Board in 1983 and were revised in 2012.

Programs that achieve recognition status have a staff of knowledgeable health professionals who can provide participants with comprehensive information about diabetes management. “The process gives professionals a national standard by which to measure the quality of services they provide,” said Amber Benner, Diabetes Education Program Manager, “and of course, it assures that our Jefferson Healthcare patients receive the highest quality diabetes self management education.” Education recognition status is verified by an ADA official certificate and is awarded every four years. Jefferson Healthcare’s program applied for the recognition voluntarily.

Based on 2009-2011 data from Washington Department of Health, one in 11 adults in Jefferson County has diabetes. According to the ADA, there are 25.8 million people or 8.5 percent of the population in the United States who have diabetes. While an estimated 18.8 million have been diagnosed, unfortunately, seven million people are not aware that they have this disease. Each day approximately 5,205 people are diagnosed with diabetes. Many will first learn that they have diabetes when they are treated for one of its life-threatening complications such as heart disease and stroke, kidney or nerve disease, or blindness. About 1.9 million new cases of diabetes were diagnosed in people aged 20 years or older in 2010 in the US.

Jefferson County Chamber of Commerce

by Laura Brackenridge, Meeting and Events Coordinator

Monthly Member Lunch Meetings: Noon to 1:00 p.m. at the Elks Lodge, 555 Otto Street, Port Townsend.

January 6 – Speaker Peter Schrappen, NMTA, discusses What’s hot, what’s not and what’s ahead for marine trades and recreational boating. Sponsored by UGN.

January 13 – Speakers Jonathan Safir and Nate Malgren. Sponsored by Wells Fargo Home Mortgage.

January 20 – No meeting schedule.

January 27 – Carolyn Stimbert discusses Peninsula Housing Authority’s expansion of their Mutual Self Help Program to Jefferson County. Sponsored by KWA.

Other Events and Meetings

Thursday, January 9, 5:30 to 7:00 p.m., Ambassador Meeting at Silverwater Café, 237 Taylor St., Port Townsend.

Tuesday, January 14, 5:30 to 7:00 p.m., After Hours Mixer at The Wandering Wardrobe, 936 Washington St. Port Townsend.

Thursday, January 26, 11:00 a.m. to 1:00 p.m., Business Leader, Citizen and Young Professional Network of the Year Brunch at Fort Worden Commons.

For additional information refer to jeffcountychamber.org.
Forestry and Environmental Groups Talk

Forestry and environmental groups have created a 16-member Olympic Peninsula Collaborative to discuss ways of increasing timber harvests. Diverse interests, including the Wild Olympics Campaign, Simpson Lumber Co., the Olympic Peninsula Audubon Society, the American Forest Resource Council and the Olympic Forest Coalition are involved in the talks.

Representative Derek Kilmer of the 6th congressional district announced the formation on the group in mid-December. Kilmer said the group would focus on areas that would improve the health of the Olympic National Forest. One goal is to elucidate ways for the Forest Service to operate more efficiently. Members also will try to identify ways to increase funding for forestry efforts.

County Parks and Recreation Unsupportable

Jefferson County is desperately seeking ways to support county parks and recreation programs as funds from a voter approved tax increase dry up. Options include a levy lid lift or other voter approved measure and handing off the programs to other community organizations. A plan to form a metropolitan parks district failed to get off the ground due to South County opposition.

Programs affected by the fiscal crisis are Kid Fit, Grant Street after school, Heron pick up soccer, Kids Day Camp, the Junior CIT program, Kinder Camp, Kinder Sports, wrestling and basketball camps, Quilcene Middle School Cheerleading, Friday Pre-K Playgroup, Friday Family Fun Nights and 3-on-3 Basketball. Support for Port Townsend Recreational Center and Memorial Field are also threatened.

Jefferson County GAL Volunteer Training

The Jefferson County Guardian ad Litem (GAL) Program provides volunteer advocates for the county’s abused and neglected children. You can become a part of this rewarding program and help the county’s youth thrive. The next training begins on Tuesday, February 11.

For more information, call Paula Martin at 385-9190 and also check out the website, JeffersonCountyGAL.org. The deadline to apply is Monday, February 3.

More Dirt Arrives at Mats Mats

Despite the fact that “Big Bertha” has hit a snag in Seattle, Mats Mats continues to receive shipments of dirt via barge. Each of the barges will hold close to 6,000 tons according to managers for the Alaskan Way Viaduct Replacement Program. Neighbors living close to the shores at Mats Mats say that they can hear the operation but are not sure how disruptive the operation will be at this point.

The only soil that is being accepted in the reclamation project is native clean soil. The amount that is received will depend on the ability of Bertha to produce it. The responsibility of getting rid of the tunnel detritus falls on Seattle Tunnel Partners; Foss Maritime hauls the materials to Mats Mats. Neither service pays taxes on the transfer.

The dirt from the Seattle tunnel will not completely reclaim the mine. Nevertheless “dig dirt,” expected to be 1.8 million tons will constitute a substantial portion of the required fill.

Mats Mats quarry was closed to hard rock mining in 2004. It was considered as a site for construction of the floating bridge pontoons in 2006 but was rejected as being too small.
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Acupuncture in Port Ludlow. Come relax & feel better with Traditional Chinese Medicine. We treat arthritis, pain, women’s health & more. Call for your free 15 min. consultation. 437-3798, growinghealthacupuncture@gmail.com.

Therapeutic Massage Therapy in Port Ludlow. Support your healthiest life with massage. Jamie Deering, LMP, offers 60 and 90 minute sessions by appointment. Call 253-370-1170. Some insurances accepted. 9481 Oak Bay Road.

The Green Angel - Secure and Discreet Medical Marijuana delivery to your home. We take your privacy very seriously. Must have medical marijuana authorization and valid identification and be 21+. For orders and inquiries, please call 774-0169 or check out our menu on www.leafly.com.

PET CARE


Big Valley Pet Resort is a great place for your socialized pet to play while you are away. Check out bigvalleyanimalcarecenter.com or call 697-1451 for more information.

Dog Townsend. Community-style boarding & daycare for your socialized dog. Dogs are carefully supervised while playing together in a healthy, safe & loving environment. Please call for interview. 379-3388.

GRAPHIC & WEBSITE DESIGN

Graphic & Website Design. Quality design adds value to your products/services and helps reach your target clientele. Design locally in Port Ludlow. www.mejiographics.com


Mercandise

Financial Disclosure

The Port Ludlow Voice is a 501(c)(4) tax-exempt organization, whose entire staff is volunteer and unpaid. All writing and editing is done in the homes of staff members on their personal computers, while a volunteer staff member does all the formatting, which is provided to the printer on disc.

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2. Ludlow Maintenance Commission (LMC) $200
3. South Bay Community Association (SBCA) $200
4. Port Ludlow Village Council (PLVC) $200
5. Subscriptions Average $44
6. Classified Advertising Average $628
7. Display Advertising Average $4,084
8. $5,956

This issue proofread by
Gene Carmody, Cherie Germaine, M.J. McCulloch, and Mary Small.

Paper Content

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Jefferson Healthcare is committed to providing the best primary care to the Port Ludlow community. The Port Ludlow Clinic has been growing over the last two years and is shifting to meet the changing needs of our patients. On November 11, Port Ludlow Clinic closed on Saturdays for the season and increased access by opening every day on Mondays through Fridays at 8 am for blood draws and flu shots. We are also expanding anticoagulation services to every Tuesday.

We are expanding availability of medical services including lab work, anticoagulation services and cardiology services for your convenience. You don’t have to travel far to find excellent healthcare in Port Ludlow. Our team of professionals is dedicated to serving your community.

Now accepting new patients. Call us today at (360) 437-5067 and (360) 344-0400 for orthopedic appointments.

Heron in Flight at Hidden Cove
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<td><strong>Aerobics Light.</strong></td>
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<td>9-10:30 a.m.</td>
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<td>9-10:30 a.m.</td>
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<td>Combines music, Pilates,</td>
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<td>resistance training, Yoga,</td>
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<td>kick boxing. A true cardio</td>
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<td>workout. Instructed, fee.</td>
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<td>Bay Club</td>
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<td><strong>Aquacise.</strong></td>
<td>Women's:</td>
<td>9-10 a.m.</td>
<td>Women's:</td>
<td>9-10 a.m.</td>
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<td>Water fitness. Instructed</td>
<td>Co-Ed.:</td>
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<td>Co-Ed.:</td>
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<td>Co-Ed.:</td>
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<td>no fee. Beach Club</td>
<td>10-11 a.m.</td>
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<td>10-11 a.m.</td>
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<td><strong>Aquarobics.</strong></td>
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<td>8-9 a.m.</td>
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<td>Exercise Program. No-impact</td>
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<td>water exercise. No instructor, no fee. Members only. Bay Club</td>
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<td><strong>Aquawalk.</strong></td>
<td>9-10 a.m.</td>
<td>8-9 a.m.</td>
<td>9-10 a.m.</td>
<td>8-9 a.m.</td>
<td>9-10 a.m.</td>
<td>10-11 a.m.</td>
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<td>Exercise Program. Walk your way to fitness. No instructor, no fee. Members only. Bay Club</td>
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<td><strong>Casual Bridge.</strong></td>
<td>1-4 p.m.</td>
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<td>Learn while playing. Bay Club</td>
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<td><strong>Bridge ACBL.</strong></td>
<td>12:30-4 p.m.</td>
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<td>Duplicate. Bridge Deck</td>
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<td><strong>Bridge Overtricks.</strong></td>
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<td>1-4 p.m.</td>
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<td>Chicago-style bridge. Bay Club</td>
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<td><strong>Computer Club Workshop.</strong></td>
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<td>10:30 a.m.-noon</td>
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<td>Topics vary. Bring your questions and problems. Bay Club</td>
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<td><strong>Exercise Group.</strong></td>
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<td>7:30 a.m.</td>
<td>7:30 a.m.</td>
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<td>Men and women welcome. Instructed, no fee. Bay Club</td>
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<td>9:00</td>
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<td><strong>Flyfishers.</strong></td>
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<td>9 a.m.-noon</td>
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<tr>
<td>Feathers, thread, and imagination come together in creations that tempt fish. Bay Club</td>
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<td><strong>Golf.</strong></td>
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<td>See Bulletin Board in Pro Shop</td>
<td>See Bulletin Board in Pro Shop</td>
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<td>Ladies’18 hole. WGA</td>
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<td><strong>Golf.</strong></td>
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<td>See Bulletin Board in Pro Shop</td>
<td>See Bulletin Board in Pro Shop</td>
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<tr>
<td>Men’s 18 hole. MGA</td>
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<td>9 hole. Nifty Niners</td>
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<td><strong>Hikers.</strong></td>
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<td>9 a.m.</td>
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<td>Timberton Loop Hike. Meet at Timberton Road parking area</td>
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<td>4:15-5:15 p.m.</td>
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# Regularly Scheduled Community Activities

### January 2014

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<td><strong>Line Dancing</strong>. All levels of dancers welcome. No fee, great fun, exercise. Bay Club</td>
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<td>9:30-10:30 a.m.</td>
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<td><strong>Mahjongg</strong> Bay Club</td>
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<td>12:45-4:45 p.m.</td>
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<td><strong>North Bay Arts Group</strong>. Workshop for all experience levels. Bridge Deck</td>
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<td><strong>Quilters by the Bay</strong>. Beginners through expert. Bay Club</td>
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<td><strong>Swimming.</strong> Open swim - adults Open swim (children welcome) Lap Swim - adults Open swim (children welcome) Bay Club Pool</td>
<td>10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30</td>
<td>10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30</td>
<td>10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30</td>
<td>10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30</td>
<td>10-noon noon-3 p.m. 3-4:30 p.m. 4:30-7:30</td>
<td>11-noon noon-3:00 3-4:30</td>
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<td><strong>Tap Dancing.</strong> Intermediate to advanced. Instructed, fee. Bay Club</td>
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<td><strong>Tennis.</strong> Organized doubles play. Kehele Park / South Bay Courts Mixed Men’s Women’s Pickleball Round Robin</td>
<td>9:30 a.m. 12:00 p.m. 3:30 p.m.</td>
<td>9:30 a.m. 12:00 p.m. 3:30 p.m.</td>
<td>9:30 a.m. 12:00 p.m. 3:30 p.m.</td>
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<td>9:30 a.m.</td>
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<td><strong>U.S. Coast Guard Auxiliary.</strong> America’sVolunteer Guardians. Flotilla 41. Snug Harbor Cafe</td>
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<td>9:00 a.m.</td>
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<td><strong>Yoga.</strong> Excellent non-aerobic exercise. Instructed, fee.</td>
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<td>9:45-10:45</td>
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<td><strong>Yolates.</strong> Cross training workout combining Yoga and Pilates. Instructed, no fee. Bay Club</td>
<td>8:15-9:30 a.m.</td>
<td>8:15-9:30 a.m.</td>
<td>8:15-9:30 a.m.</td>
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<tr>
<td><strong>Zumba Classes</strong> Instructed, fee. Bay Club</td>
<td>8-9:00 a.m. 5:15-6:15 p.m. 8-9:15 a.m. 4:00-5:00 p.m.</td>
<td>8-9:00 a.m. 5:15-6:15 p.m. 8-9:15 a.m. 4:00-5:00 p.m.</td>
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<td>9:00-10:00 a.m., Beach Club</td>
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Quarterly insert printed four times a year, in January, April, July, and October. Call Kathie Bomke at 437-4086 with changes and corrections.